



THE UNITED REPUBLIC OF TANZANIA



RUKWA

REGIONAL AND DISTRICT PROJECTIONS

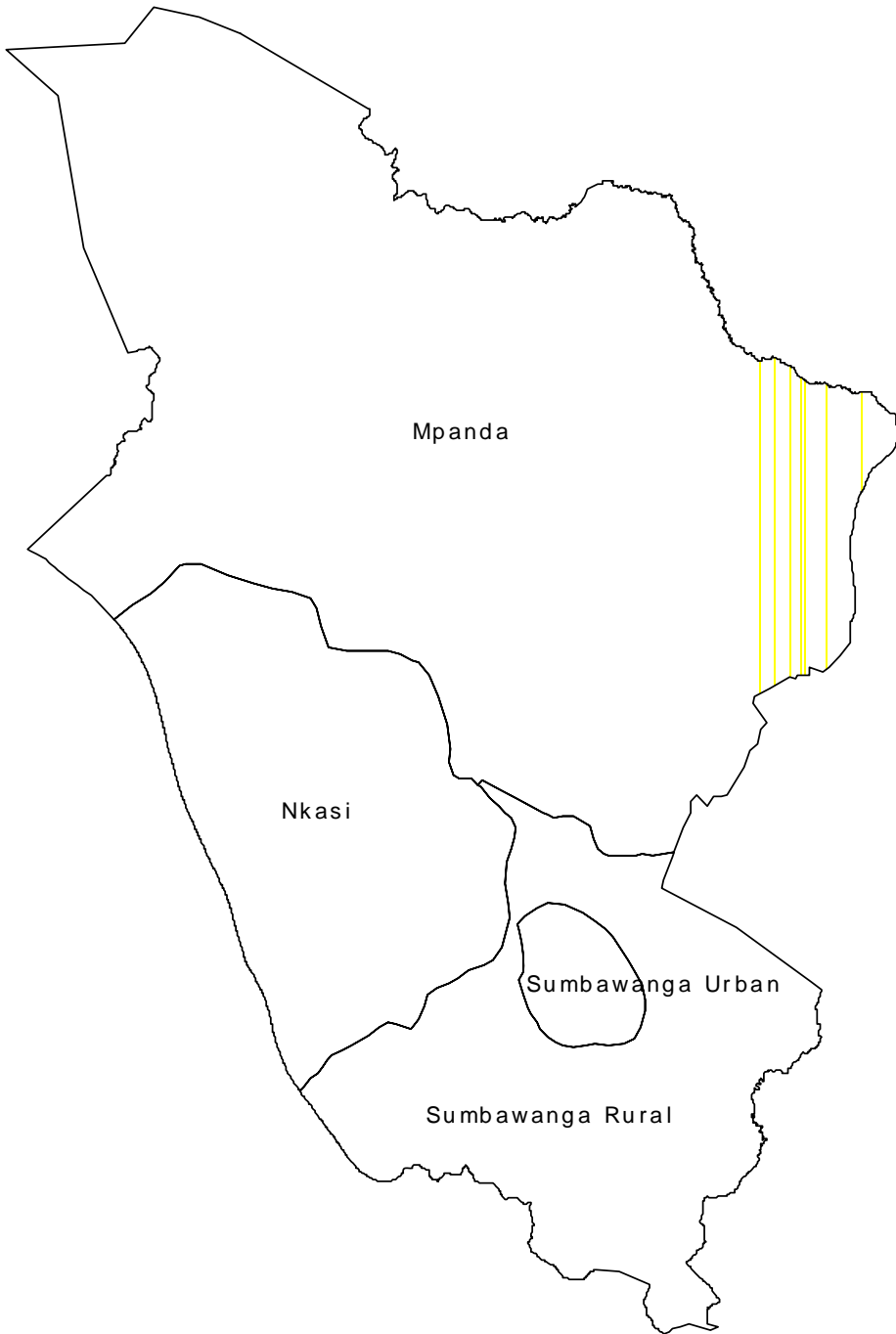
Volume XII

National Bureau of Statistics
Ministry of Planning,
Economy and Empowerment

Dar es Salaam

December, 2006

RUKWA REGION



10 0 10 20 30 40 Kilometres



TABLE OF CONTENTS

| | |
|---|------------|
| LIST OF TABLES..... | ii |
| ABBREVIATIONS | iii |
| FOREWORD..... | iv |
| EXECUTIVE SUMMARY | v |
| CHAPTER ONE: INTRODUCTION | 1 |
| 1.1 Background | 1 |
| 1.2 Population Projections..... | 1 |
| 1.3 The Population Projection Software | 2 |
| CHAPTER TWO: PROJECTION ASSUMPTIONS | 4 |
| 2.1 Base Population | 4 |
| 2.2 Mortality Assumptions | 4 |
| 2.3 Fertility Assumptions | 6 |
| 2.4 Migration Assumptions | 7 |
| 2.5 HIV/AIDS Assumptions | 8 |
| CHAPTER THREE: PROJECTIONS..... | 10 |
| 3.1 Introduction..... | 10 |
| 3.2 Highlights of Population Projections Results for Rukwa..... | 10 |
| 3.2.1 Population Growth..... | 10 |
| 3.2.2 Life Expectancy at Birth..... | 10 |
| 3.2.3 Infant and under five Mortality | 10 |
| 3.2.4 Total Fertility Rate (TFR)..... | 10 |
| 3.3 Detailed Projections | 10 |
| Annex: Explanatory Notes on Population Analysis Spreadsheets (PAS) | 186 |
| References..... | 187 |

LIST OF TABLES

| | |
|--|-----|
| Table 1: Rukwa Region Mortality Assumptions - Life Expectancy at Birth (2002 – 2025) | 6 |
| Table 2: Rukwa Region Fertility (TFR) Assumptions (2002-2025)..... | 7 |
| Table 3: Summary of Demographic Indicators..... | 11 |
| Table 4: Regional Population in Single Years by Sex and Place of Residence..... | 12 |
| Table 5: Regional Population in Age Group by Sex and Place of Residence..... | 58 |
| Table 6: Regional Population by Sex and Place of Residence..... | 69 |
| Table 7: District Total Population by Sex | 70 |
| Table 8: District Population in Single Year by Sex..... | 71 |
| Table 9: District Population in Age Group by Sex..... | 163 |

ABBREVIATIONS

| | |
|---------|---|
| AIDS | Acquired ImmunoDeficiency Syndrome |
| AIM | AIDS Impact Model |
| ARV | Anti-Retroviral |
| ASDR | Age Specific Death Rate |
| ASFR | Age Specific Fertility Rate |
| CBR | Crude Birth Rate |
| CDR | Crude Death Rate |
| Demproj | Demographic Projection Package |
| EPP | Epidemic Projection Package |
| GR | Growth Rate |
| HIV | Human Immunodeficiency Virus |
| IMR | Infant Mortality Rate |
| LE | Life Expectancy at Birth |
| MDG | Millennium Development Goals |
| MKUKUTA | Mkakati wa Kukuza Uchumi na Kupunguza Umaskini Tanzania |
| NRR | Net Reproduction Rate |
| NSGRP | National Strategy for Growth and Reduction of Poverty |
| PAS | Population Analysis Spread Sheet |
| PES | Post Enumeration Survey |
| STI | Sexual Transmitted Infections |
| TDHS | Tanzania Demographic and Health Survey |
| TFR | Total Fertility Rate |
| THIS | Tanzania HIV/AIDS Indicator Survey |
| U5MR | Under Five Mortality Rate |
| UNFPA | United Nations Population Fund |
| UNHCR | United Nations High Commission for Refugees |
| USAID | United States Agency for International Development |

FOREWORD

This report presents a methodology and projections for the Rukwa Region as well as its districts based on the 2002 Population and Housing Census data. The projection exercise was undertaken by the National Bureau of Statistics in collaboration with the Office of the Chief Government Statistician in Zanzibar as one of strategies of coordinating statistical activities in the country so as to avoid duplication of efforts in the production of official statistics.

The results include population projections of Rukwa Region and its districts aggregated by sex in single years and five-year age groups; and a summary of some demographic indicators.

A successful completion of these projections was made possible by joint efforts of a number of organizations and individuals, whose participation we would like to acknowledge with gratitude. In particular we wish to recognize UNFPA and USAID for providing financial support that enabled working sessions to be undertaken. It is noted that printing of this volume was supported by Japan International Cooperation Agency (JICA). We would also like to thank experts from the higher learning institutions in the country for their valuable technical assistance.

Finally, we would like to thank the whole National Team of Analysts: Mr. Cletus P. B. Mkai, Mr. A. M. Kaimu, Mr. S.M. Aboud, Ms. A. A. Chuwa, Mr. B. H. Amour, Mr. G. L. Ntimba, Prof M. Mbonile, Dr. I. Ngalinda, Dr. G. M. Naimani; and Ms A. Chuma for type setting the report. This team of analysts are particularly thanked for their commitment and active participation in the production of these projections.

We welcome any comments regarding these projections and other publications of the 2002 Population and Housing Census. They should be channelled to the Director General, National Bureau of Statistics, P. O. Box 796, Dar Es Salaam, e-mail dq@nbs.go.tz, or to the Chief Government Statistician, P. O. Box 2331 Zanzibar, e-mail zanstat@zanlink.com

Mr. Cletus P. B. Mkai
Director General,
National Bureau of Statistics,
Dar es Salaam.

Mr. Mohammed H. Rajab,
Chief Government Statistician,
Office of The Chief Government Statistician,
Zanzibar.

December, 2006

EXECUTIVE SUMMARY

This report presents population projections for the period 2003 to 2025 for the Rukwa Region and its districts. The projections were made using a Cohort Component Method (Spectrum System), whereby three components responsible for population change, namely: mortality, fertility and migration were projected separately as well as HIV/AIDS prevalence. The projected components were then applied to 2002 midyear base population in order to come up with the desired projections from 2003 to 2025.

The report gives mortality, fertility, migration and HIV/AIDS assumptions, and depicts Rukwa's demographic and socio-economic future trends. The results include estimated population by sex in single years and five-year age groups as well as some demographic indicators.

Population growth for the period 2003 to 2025 shows an increase in growth rates. The projections show that population growth rate will increase from 3.2 percent in 2003 (with a population of 1,173,159) to 3.6 percent in 2025 (with a population of 2,566,980). Sex Ratio at birth is projected to increase from 96 male births per 100 females in 2003 to 97 male births per 100 females in 2025.

Mortality estimates show that Infant Mortality Rate (IMR) is expected to decline for both sexes from 132 deaths per 1,000 live births in 2003 to 79 deaths per 1,000 live births in 2025. Under Five Mortality Rate (U5MR) for both sexes will also decline from 219 deaths per 1,000 live births in 2003 to 124 deaths per 1,000 live births in the year 2025. The mortality projected estimates further show that the life expectancy at birth for females is higher compared to that of males as expected. Life expectancy at birth for Rukwa will increase from 45 years in 2003 to 52 years in 2025 for both sexes. For male population, life expectancy at birth will increase from 43 years in year 2003 to 50 years in 2025, while for female population the life expectancy at birth will increase from 48 years in 2003 to 54 years in 2025.

Fertility is projected to decline as TFR will increase from 6.9 children per woman in 2003 to 7.0 children per woman in 2025.

CHAPTER ONE: INTRODUCTION

1.1 Background

The 2002 Population and Housing Census was the fourth census to be undertaken during the post-independence period. It was carried out on 25th August 2002 with the main objective of providing accurate and reliable population data to users.

Censuses are among most important sources of demographic and socio-economic data in the country for the preparation, monitoring and evaluation of social and economic development policies such as the National Strategy for Growth and Reduction of Poverty (NSGRP) and the Zanzibar Poverty Reduction Plan (ZPRP). At the planning level, up-to-date and reliable data are essential for the formulation of realistic development plans for socio-economic development.

Evaluation of the quality of the census data is often necessary to determine whether data collection was properly done and that the data are of acceptable quality. The evaluation and quality control measures were undertaken at pre-enumeration, enumeration and post-enumeration stages. At each stage quality standards were established and maintained to minimize errors in the Population and Housing Census undertaking. This resulted in good quality data for most of the basic variables as evaluated in the 2002 Post-Enumeration Survey (PES).

This report contains the methodology used in making projections and the projections for the Rukwa Region for the period from 2003 to 2025 based on the 2002 Population and Housing Census data. It is anticipated that the projections in this report will be used by data users for monitoring and evaluating progress made towards achieving Tanzania Development Vision which ends in the year 2025 and in Zanzibar Vision 2020.

1.2 Population Projections

There are two methods of obtaining the base population for projections, namely: interpolation and extrapolation. If the desired date is between census dates, an estimate of the population can be obtained by interpolating between the two censuses. Interpolation can be done using either the same cohort or the same age groups in the census. Cohort interpolation is advisable if the age information is reliable. This interpolation technique is recommended if data are available by single ages for populations that have actual and significant age fluctuations. In addition, information on annual intercensal births is needed for determining the population of persons born during the intercensal period, thus were enumerated only in the last census.

Interpolation using the same age groups in each census is frequently used in developing countries, since information on single ages is unreliable, and the age structure usually does not have actual fluctuations. The procedure is acceptable, particularly when the interpolation date is close to the census date. The interpolation can be made either linearly or exponentially. If the desired date is close to one of the census date, both possibilities give similar results. But, if the interpolation date is several years distant from the

census date, linear interpolation produces higher values than exponential. In most cases, the exponential interpolation is more suitable than the linear interpolation.

Another procedure for adjusting the population is to shift or move the population from a given date (for instance, a census date) to another date (for instance midyear). If the total population for desired date is available, extrapolation can be used. Another possibility is to use the levels of mortality, fertility and migration to estimate the population growth rate, and then use the growth rate to calculate the total population at the desired date. Once the new total has been calculated, the age structure can be adjusted proportionately to the new total. The base population used for projections was based on extrapolated population taking into consideration the levels of mortality, fertility, migration and HIV/AIDS.

1.3 The Population Projection Software

The population projection software used for this projection is the Spectrum System which is a computer model that analyses existing information to determine the future consequences of today's development programs and policies. Spectrum is a Windows-based system of integrated policy models. The integration is based on Demographic Projection (DemProj), which is used to create the population projections that support many of the calculations in the other components, such as AIDS Impact Model (AIM).

The DemProj, is a computer program for making population projections for countries or regions. The program requires information on the number of people by age and sex in the base year, as well as current year data and future assumptions about the Total Fertility Rate (TFR), the age distribution of fertility, life expectancy at birth by sex, the most appropriate model life table, and the magnitude and pattern of international migration.

This information is used to project the size of the future population by age and sex for many years into the future. If desired, the projection can also estimate the size of the urban and rural populations. Linking DemProj with other modules in Spectrum makes it possible to examine the demographic impact of AIDS (AIM).

DemProj was first produced in 1980. Since then, it has been used by a large number of planners and researchers around the world. It has been updated from time to time in response to comments and suggestions from users. The DemProj 4, incorporates a number of new features in response to these comments.

The demographic projection is modified by AIM through AIDS deaths and the impact of HIV infection on fertility. A demographic projection must be prepared first, before AIM can be used.

AIM is a computer program for projecting the impact of the AIDS epidemic. This program projects the future number of HIV infections, AIDS cases, and AIDS deaths, given an assumption about adult HIV prevalence. It can also project the demographic and social impacts of AIDS including the number of people needing treatment and the number of orphans.

AIM requires an assumption about the future course of adult HIV prevalence. Assumptions about other HIV/AIDS characteristics can also be entered for such variables as the survival period from HIV infection to AIDS death, the age and sex distribution of infections, and the Perinatal Transmission Rate. The Epidemiology section of AIM calculates the number of HIV infections, AIDS cases, and AIDS deaths.

HIV/AIDS projections illustrate the magnitude of the AIDS epidemic and the demographic, social and economic consequences. This illustration also shows policymakers the impacts on other areas of development and the size of the impacts that could be expected without effective action. HIV/AIDS projections are also needed to plan the response. For example, AIM can project the number of people needing anti-retroviral therapy, which can serve as the basis for planning expanded access to treatment. It can be used to estimate the number of orphans in order to develop support programs.

AIM requires data describing the characteristics of the HIV/AIDS epidemic and the response to it. Some of these data (e.g., adult HIV prevalence) must be specific for the area being studied, whereas others (e.g., the mother-to-child transmission rate) can be based either on local data or on international averages when local data are unavailable.

CHAPTER TWO: PROJECTION ASSUMPTIONS

2.1 Base Population

Population projections require a base population that is distributed by age and sex. Since the 2002 Population and Housing Census night was on 25th August 2002, the population was therefore to be adjusted to midyear in order to obtain the base population for the projection.

The generated base population figures were obtained by smoothing population ages 10 years and over and adjusting population under age 10 consistently with fertility and mortality. This was done by applying the BASEPOP.XLS spreadsheet.

The following inputs were used to obtain the base population:

- Reported population distributed by five year age-groups and sex was obtained from the 2002 Population and Housing Census.
- Sex ratio at birth (male births per 100 female births) was assumed to be 103.
- Mortality data at two points in time that is earlier (1988) and later (2002) these are nL_x values for males and females.
- Earlier and later date fertility data were Age Specific Fertility Rates (ASFRs) from the 1991/92 and 2004/05 TDHS. This is due to the fact that TDHS provides more reliable fertility information compared with census. Furthermore, TDHS fertility data collection is based on birth history of individual women.

The next step was to move the population to a desired point in time (mid-year of 2002) using population growth rate based on estimated fertility and mortality. This provided the adjusted population estimates by using MOVEPOP spreadsheets.

The inputs used in the MOVEPOP were:

- Adjusted Population disaggregated by five-year age groups and sex was generated from BASEPOP.XLS spreadsheets.
- Age-Specific Central Death Rates - $M(x)$ – these estimates were generated from LTPOPDTH.XLS spreadsheets.
- Age-Specific Fertility Rate - the same as those applied in BASEPOP.XLS spreadsheets

2.2 Mortality Assumptions

2.2.1 Introduction

Population projections are affected by several factors including Infant Mortality Rate (IMR), Under Five Mortality Rate (U5MR), Crude Death Rate (CDR) and Life expectancy at birth. Application of any index depends mainly on the availability of information or the requirement of models to be used in the exercise. In all mortality indices, life expectancy at birth is considered to be more appropriate as an input for population projection.

Considering strategies, which are being taken under recent national and international programmes such as NSGRP, Millennium Development Goals (MDG's) and ZPRP, it is expected that life expectancy will improve. Some of the outcome of the Strategies includes:

- a rise in level education
- improved social services including health facilities; and
- increase in per capita income.

These and other strategies have direct impact in reducing both child and adult mortality. Furthermore, in the health sector there are a number of interventions like Prevention from Mother to Child Transmission of HIV and prolonging the life of HIV infected population by using Anti-Retrovirals (ARVs). Also immunization coverage is expected to improve leading to reduced child mortality.

2.2.2 Assumptions

Despite a large amount of available Census data for mortality estimates, generally in developing world, it is known that mortality information derived from censuses has all along been inadequate. The most reliable data for mortality estimates are obtained from registration of deaths for countries where vital registration systems are in place. However, Tanzania, like many countries in sub-Saharan Africa does not have a vital registration system that provides information of the required quality for reliable mortality estimates. Errors in the number of deaths reported through the 2002 Population and Housing Census in Tanzania were due to the:

- reluctance of respondents to talk about recent dead relatives;
- inability of respondents to remember dates of deaths;
- misinterpretation of the past one year to be the same as the previous calendar year; and
- break-up of a household as a result of the death of the head of household.

To get desired mortality levels, the quality of data was evaluated by using the Growth Balance Technique and the Preston-Coale Technique. The growth balance technique estimates the completeness of reporting the deaths of over age 5 by comparing the age distribution of deaths to get the age distribution of population. It provides information on the quality of death data and permits an adjustment in cases where the population meets the assumptions. For the 2002 census, adjustment of the data was done by using the spreadsheet namely *LTPOPDTH.XLS* for males and females to generate central mortality rates and life expectancy at birth. Life expectancy at birth was projected between year 2003 and 2025 using *E0PRJ.XLS* Spread Sheet. The mortality assumptions for Rukwa are summarized in Table 1.

Table 1: Rukwa Region Mortality Assumptions - Life Expectancy at Birth (2002 – 2025)

| Year | Males | Females |
|------|-------|---------|
| 2002 | 42.0 | 47.0 |
| 2003 | 43.8 | 48.8 |
| 2004 | 45.7 | 50.6 |
| 2005 | 47.5 | 52.4 |
| 2006 | 47.8 | 52.8 |
| 2007 | 48.2 | 53.3 |
| 2008 | 48.6 | 53.7 |
| 2009 | 48.9 | 54.1 |
| 2010 | 49.3 | 54.5 |
| 2011 | 49.7 | 54.9 |
| 2012 | 50.0 | 55.4 |
| 2013 | 50.4 | 55.8 |
| 2014 | 50.7 | 56.3 |
| 2015 | 51.1 | 56.7 |
| 2016 | 51.5 | 57.1 |
| 2017 | 51.8 | 57.5 |
| 2018 | 52.2 | 58.0 |
| 2019 | 52.5 | 58.4 |
| 2020 | 52.9 | 58.8 |
| 2021 | 53.3 | 59.2 |
| 2022 | 53.7 | 59.7 |
| 2023 | 54.0 | 60.1 |
| 2024 | 54.4 | 60.6 |
| 2025 | 54.8 | 61.0 |

2.3 Fertility Assumptions

2.3.1 Introduction

The 2002 Population and Housing Census in Tanzania provided two sources from which fertility indices were derived. These include a question directed to women of age 12 and above regarding whether they had given birth to a child or not during the last 12 months prior to the census date. This information was used to obtain the current fertility. Another question also asked to women of age 12 and above was related to the total number of children born alive that they had ever had. This provided information on the average number of children born alive by age group of women and in the case of women who had passed their reproductive age, the average size of completed families. Apart from the census data, fertility data can also be obtained from demographic sample surveys.

2.3.2 Assumptions

Fertility as one of the components of population change has shown an indication of decreasing slightly over the last decade or so. The sex ratio at birth was assumed to be 103 males per 100 females.

However, the fertility patterns obtained using censuses data were found to be on the high side in comparison with TDHS results. In view of this, fertility data from the TDHS of 1991/92, 1996 and 2004/05 were used. This is due to the fact that TDHS provides more reliable fertility results than censuses.

Trends in fertility patterns for the period from 2003 to 2025 were then generated using the spreadsheet that interpolates and extrapolates total fertility rates known as **TFRLGST.XLS**. Fertility assumptions for Rukwa are summarized in Table 2.

Table 2: Rukwa Region Fertility (TFR) Assumptions (2002-2025)

| Year | TFR |
|------|-----|
| 2002 | 6.9 |
| 2003 | 6.9 |
| 2004 | 6.9 |
| 2005 | 6.9 |
| 2006 | 6.9 |
| 2007 | 6.9 |
| 2008 | 6.9 |
| 2009 | 7.0 |
| 2010 | 7.0 |
| 2011 | 7.0 |
| 2012 | 7.0 |
| 2013 | 7.0 |
| 2014 | 7.0 |
| 2015 | 7.0 |
| 2016 | 7.0 |
| 2017 | 7.0 |
| 2018 | 7.0 |
| 2019 | 7.0 |
| 2020 | 7.0 |
| 2021 | 7.0 |
| 2022 | 7.0 |
| 2023 | 7.0 |
| 2024 | 7.0 |
| 2025 | 7.0 |

2.4 Migration Assumptions

2.4.1 Introduction

Inclusion of migration assumptions in population projections is important because it is one of the major components of population dynamics. The other components of population change are fertility and mortality. There are two types of migration data that are considered in population projections i.e. internal migration and international migration data.

Internal migration data is used in regional or district population projections because it does not change the total population of the country. Meanwhile, international migration data is used at national level population projections because it involves crossing national boundaries that change the population of the respective countries.

Generally, migration data from the census are obtained from the questions on the place of birth and residence. However, data of foreign-born population might be valuable for measuring migration when data on place of birth and residence are lacking. Measurement of the volume of immigrants can be obtained from census data, but the volume of emigrants cannot be captured in the census. Due to lack of emigration data in the census, data from Immigration Department of the Ministry of Home Affairs were outsourced for the projection.

2.4.2 Assumptions

Migration projection normally considers three separate sources of data – net internal migration, refugee movements and non-refugee international migration.

For internal migration, it is a fact that internal migrants were already included in the regional populations. Therefore, the assumption on internal migration is that the situation found during the 2002 census concerning internal movements will prevail for the entire population projection period.

2.5 HIV/AIDS Assumptions

2.5.1 Introduction

In Tanzania the first HIV/AIDS cases were clinically diagnosed and reported in 1983 in Kagera region. It was then followed by a rapid spread of the pandemic to the extent that by 1986 all regions of the Tanzania Mainland had reported HIV/AIDS cases. According to a report published by National Aids Control Programme (NACP) in the Ministry of Health in 2004, it was estimated that by year 2003 there were about 1.8 million people living with HIV/AIDS. The data were based on pregnant women attending Ante Natal Clinics and STI/ HIV/AIDS Surveillance data. However, in 2003/04 Tanzania HIV/AIDS Indicator Survey (THIS) was conducted by the National Bureau of Statistics in collaboration with the Tanzania Commission for AIDS, Ministry of Health and USAID. This was the first household based survey conducted in Tanzania Mainland. The prevalence rates estimated from THIS were used to generate an input for HIV/AIDS projection.

The Demographic Impact of AIDS (AIM) projection as explained in section 1.3 above requires an estimate of future levels of HIV prevalence. Usually AIM is used to illustrate the future consequences of an epidemic. Therefore, AIM is used with plausible projections of future prevalence to show what would happen if prevalence followed the indicated path. In this case it is only necessary to have a plausible projection. Various approaches and tools outside of the Spectrum system are available to make HIV prevalence projections. The approach used in this projection was the Epidemic Projection Package (EPP).

EPP is a software that assists in making estimates and projections on HIV. Generally EPP can be used to model prevalence even below one percent. It just requires a sufficient number of data points to estimate a reliable trend. In its present form, EPP is meant to model generalized epidemics only. This software was

used to assist in incorporating HIV/AIDS assumption into population projection based on the 2002 Census. The HIV/AIDS input data for the EPP was obtained from the Sentinel Surveillance data available in the Ministry of Health and the 2003/04 Tanzania HIV/AIDS Indicator Survey.

2.5.2 Assumptions

The HIV/AIDS Surveillance data from the Ministry of Health were used to observe trend for both concentrated and generalized forms of HIV prevalence. Modeling through use of the EPP estimates along with epidemiological assumptions about the HIV epidemic were used to estimate AIDS mortality that were inputs for the AIM. Thus the HIV/AIDS assumptions for the projections are as follows:

- Incidence was presumed to be 50 percent of the relative 2010 estimated level by 2025.
- Anti-retroviral coverage was presumed to be zero percent before 2005 but 20 percent of new AIDS cases from 2005 to 2025
- For years 2005 to 2010 a more or less stable epidemic of about 6.0 percent was assumed.

Input for HIV prevalence for Rukwa was 6.0 percent according to the 2004 Tanzania HIV Indicator Survey.

2.5.3 District Assumptions

The generated base population figures at district level were obtained by smoothing population age 10 years and over and adjusting population under age 10 consistently with fertility and mortality. This was done by applying the BASEPOP.XLS spreadsheet.

Regional assumptions of fertility, mortality, migration and HIV/AIDS were used to project district population from 2003 to 2025

CHAPTER THREE: PROJECTIONS

3.1 Introduction

Information presented in this chapter include: projected total population of Rukwa Region by sex in single and five-year age groups as well as summary of demographic indicators derived by using Spectrum Software.

3.2 Highlights of Population Projections Results for Rukwa

This section discusses all demographic indicators for midyear population between 2003 and 2025.

3.2.1 Population Growth

The projections show that population growth rate will increase from 3.2 percent in 2003 (with a population of 1,173,159) to 3.6 percent in 2025 (with a population of 2,566,980).

3.2.2 Life Expectancy at Birth

Life expectancy at birth for Rukwa will increase from 45 years in 2003 to 52 years in 2025 for both sexes. For male population life expectancy at birth will increase from 43 years in year 2003 to 50 years in 2025 while for female population the life expectancy at birth will increase from 48 years in 2003 to 54 years in 2025.

3.2.3 Infant and under five Mortality

The Infant Mortality Rate (IMR) is expected to decline for both sexes from 132 deaths per 1,000 live births in 2003 to 79 deaths per 1,000 live births in 2025. Under five mortality Rate (U5MR) for both sexes will also decline from 219 deaths per 1,000 live births in 2003 to 124 deaths per 1,000 live births in the year 2025.

3.2.4 Total Fertility Rate (TFR)

The projected TFR in 2003 is 6.9 children per woman and 7.0 children per woman in 2025.

3.3 Detailed Projections

The projection results for the Rukwa Region and its districts are presented in Table 3 to Table 9 below.

Table 3: Summary of Demographic Indicators

| Indicators | 2003 | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 |
|--------------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| Fertility | | | | | | | | | | | |
| TFR | 6.88 | 6.89 | 6.91 | 6.92 | 6.93 | 6.94 | 6.95 | 6.95 | 6.96 | 6.96 | 6.97 |
| GRR | 3.39 | 3.39 | 3.40 | 3.41 | 3.41 | 3.42 | 3.42 | 3.42 | 3.43 | 3.43 | 3.43 |
| NRR | 2.37 | 2.44 | 2.52 | 2.54 | 2.56 | 2.58 | 2.60 | 2.62 | 2.64 | 2.66 | 2.68 |
| Mean Age of Childbearing | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 |
| Child-woman ratio | 0.83 | 0.84 | 0.85 | 0.86 | 0.88 | 0.89 | 0.90 | 0.90 | 0.91 | 0.91 | 0.91 |
| Mortality | | | | | | | | | | | |
| Male LE | 42.70 | 44.20 | 46.00 | 46.40 | 46.80 | 47.10 | 47.50 | 47.90 | 48.20 | 48.40 | 48.60 |
| Female LE | 47.60 | 49.10 | 50.90 | 51.00 | 50.90 | 51.10 | 51.20 | 50.90 | 50.80 | 50.70 | 50.50 |
| Total LE | 45.20 | 46.70 | 48.50 | 48.80 | 48.90 | 49.20 | 49.40 | 49.40 | 49.50 | 49.60 | 49.60 |
| IMR | 131.60 | 122.20 | 113.40 | 111.30 | 109.30 | 107.50 | 105.80 | 104.00 | 102.20 | 100.40 | 98.70 |
| U5MR | 219.10 | 203.00 | 187.30 | 183.90 | 180.40 | 176.90 | 173.60 | 170.20 | 166.90 | 163.60 | 160.40 |
| Life table: Coale-Demeny North | | | | | | | | | | | |
| Vital Rates | | | | | | | | | | | |
| CBR per 1000 | 51.80 | 52.00 | 52.20 | 52.20 | 52.20 | 52.10 | 52.00 | 51.70 | 51.50 | 51.20 | 51.00 |
| CDR per 1000 | 20.20 | 18.90 | 17.60 | 17.30 | 17.10 | 16.90 | 16.60 | 16.40 | 16.20 | 16.00 | 15.80 |
| Rate of Natural Increase | 3.16 | 3.31 | 3.46 | 3.49 | 3.51 | 3.52 | 3.53 | 3.53 | 3.53 | 3.52 | 3.52 |
| GR percent | 3.16 | 3.31 | 3.46 | 3.49 | 3.51 | 3.52 | 3.53 | 3.53 | 3.53 | 3.52 | 3.52 |
| Net Migration | 0.39 | 0.36 | 0.34 | 0.45 | 0.44 | 0.43 | 0.42 | 0.42 | 0.4 | 0.4 | 0.37 |
| Doubling time | 22.30 | 21.30 | 20.40 | 20.20 | 20.10 | 20.00 | 20.00 | 20.00 | 20.00 | 20.00 | 20.10 |
| Annual births and deaths | | | | | | | | | | | |
| Births | 60,801 | 63,128 | 65,601 | 68,006 | 70,420 | 72,866 | 75,343 | 77,731 | 80,265 | 82,732 | 85,332 |
| Deaths | 23,701 | 22,971 | 22,087 | 22,557 | 23,108 | 23,584 | 24,096 | 24,672 | 25,234 | 25,844 | 26,479 |
| Population | | | | | | | | | | | |
| Sex ratio | 95.70 | 95.64 | 95.61 | 95.60 | 95.62 | 95.65 | 95.69 | 95.76 | 95.85 | 95.95 | 96.07 |
| Percent urban | 17.84 | 18.09 | 18.33 | 18.57 | 18.81 | 19.06 | 19.30 | 19.54 | 19.79 | 20.03 | 20.27 |
| Percent rural | 82.16 | 81.91 | 81.67 | 81.43 | 81.19 | 80.94 | 80.70 | 80.46 | 80.21 | 79.97 | 79.73 |

Table 3: Summary of Demographic Indicators

| Indicators | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 | 2025 |
|--------------------------------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|---------|---------|
| Fertility | | | | | | | | | | | | |
| TFR | 6.97 | 6.98 | 6.98 | 6.98 | 6.98 | 6.99 | 6.99 | 6.99 | 6.99 | 6.99 | 6.99 | 6.99 |
| GRR | 3.43 | 3.44 | 3.44 | 3.44 | 3.44 | 3.44 | 3.44 | 3.44 | 3.44 | 3.44 | 3.44 | 3.44 |
| NRR | 2.70 | 2.72 | 2.73 | 2.75 | 2.76 | 2.78 | 2.80 | 2.81 | 2.83 | 2.85 | 2.86 | 2.88 |
| Mean Age of Childbearing | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 | 28.90 |
| Child-woman ratio | 0.91 | 0.92 | 0.92 | 0.92 | 0.92 | 0.92 | 0.92 | 0.92 | 0.92 | 0.92 | 0.92 | 0.92 |
| Mortality | | | | | | | | | | | | |
| Male LE | 48.70 | 48.70 | 48.80 | 48.70 | 48.60 | 48.60 | 48.60 | 48.70 | 48.90 | 49.20 | 49.40 | 49.80 |
| Female LE | 50.50 | 50.70 | 50.90 | 51.20 | 51.50 | 51.40 | 52.00 | 52.40 | 53.00 | 53.30 | 53.60 | 53.90 |
| Total LE | 49.60 | 49.70 | 49.90 | 50.00 | 50.10 | 50.00 | 50.30 | 50.60 | 51.00 | 51.30 | 51.60 | 51.90 |
| IMR | 96.90 | 95.20 | 93.50 | 91.90 | 90.20 | 88.60 | 87.00 | 85.30 | 83.60 | 81.90 | 80.20 | 78.60 |
| U5MR | 157.30 | 154.10 | 151.00 | 148.00 | 145.10 | 142.20 | 139.20 | 136.10 | 133.10 | 130.00 | 127.10 | 124.20 |
| Life table: Coale-Demeny North | | | | | | | | | | | | |
| Vital Rates | | | | | | | | | | | | |
| CBR per 1000 | 50.60 | 50.40 | 50.00 | 49.70 | 49.40 | 49.30 | 49.10 | 49.00 | 48.80 | 48.80 | 48.70 | 48.70 |
| CDR per 1000 | 15.60 | 15.40 | 15.10 | 14.90 | 14.70 | 14.60 | 14.30 | 14.10 | 13.80 | 13.60 | 13.30 | 13.10 |
| Rate of Natural Increase | 3.5 | 3.5 | 3.49 | 3.47 | 3.47 | 3.47 | 3.48 | 3.49 | 3.5 | 3.52 | 3.54 | 3.56 |
| GR percent | 3.50 | 3.50 | 3.49 | 3.47 | 3.47 | 3.47 | 3.48 | 3.49 | 3.50 | 3.52 | 3.54 | 3.56 |
| Net Migration | 0.37 | 0.35 | 0.34 | 0.34 | 0.32 | 0.3 | 0.28 | 0.27 | 0.26 | 0.24 | 0.23 | 0.22 |
| Doubling time | 20.10 | 20.10 | 20.20 | 20.30 | 20.30 | 20.30 | 20.30 | 20.20 | 20.10 | 20.00 | 19.90 | 19.80 |
| Annual births and deaths | | | | | | | | | | | | |
| Births | 87,857 | 90,567 | 93,194 | 95,835 | 98,823 | 102,115 | 105,441 | 108,894 | 112,436 | 116,413 | 120,643 | 125,126 |
| Deaths | 27,074 | 27,648 | 28,205 | 28,795 | 29,429 | 30,212 | 30,754 | 31,319 | 31,794 | 32,380 | 33,034 | 33,669 |
| Population | | | | | | | | | | | | |
| Sex ratio | 96.18 | 96.29 | 96.39 | 96.47 | 96.54 | 96.61 | 96.65 | 96.69 | 96.71 | 96.74 | 96.76 | 96.79 |
| Percent urban | 20.51 | 20.76 | 21.00 | 21.24 | 21.49 | 21.73 | 21.97 | 22.21 | 22.46 | 22.70 | 22.94 | 23.19 |
| Percent rural | 79.49 | 79.24 | 79.00 | 78.76 | 78.51 | 78.27 | 78.03 | 77.79 | 77.54 | 77.30 | 77.06 | 76.81 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2003 | All Ages | 1,173,159 | 573,682 | 599,477 | 963,863 | 471,336 | 492,527 | 209,296 | 102,346 | 106,950 |
| | 0 | 52,626 | 26,261 | 26,365 | 44,253 | 21,957 | 22,296 | 8,373 | 4,304 | 4,069 |
| | 1 | 44,564 | 21,925 | 22,639 | 37,476 | 18,331 | 19,145 | 7,088 | 3,594 | 3,494 |
| | 2 | 43,718 | 21,612 | 22,106 | 36,764 | 18,070 | 18,694 | 6,954 | 3,542 | 3,412 |
| | 3 | 42,549 | 21,092 | 21,457 | 35,781 | 17,635 | 18,146 | 6,768 | 3,457 | 3,311 |
| | 4 | 41,259 | 20,480 | 20,779 | 34,695 | 17,123 | 17,572 | 6,564 | 3,357 | 3,207 |
| | 5 | 39,743 | 19,731 | 20,012 | 33,160 | 16,418 | 16,742 | 6,583 | 3,313 | 3,270 |
| | 6 | 38,727 | 19,243 | 19,484 | 32,312 | 16,012 | 16,300 | 6,415 | 3,231 | 3,184 |
| | 7 | 37,322 | 18,547 | 18,775 | 31,140 | 15,433 | 15,707 | 6,182 | 3,114 | 3,068 |
| | 8 | 35,982 | 17,893 | 18,089 | 30,022 | 14,889 | 15,133 | 5,960 | 3,004 | 2,956 |
| | 9 | 34,712 | 17,289 | 17,423 | 28,962 | 14,386 | 14,576 | 5,750 | 2,903 | 2,847 |
| | 10 | 33,507 | 16,728 | 16,779 | 27,492 | 13,765 | 13,727 | 6,015 | 2,963 | 3,052 |
| | 11 | 32,392 | 16,212 | 16,180 | 26,577 | 13,340 | 13,237 | 5,815 | 2,872 | 2,943 |
| | 12 | 31,259 | 15,667 | 15,592 | 25,648 | 12,892 | 12,756 | 5,611 | 2,775 | 2,836 |
| | 13 | 30,119 | 15,074 | 15,045 | 24,712 | 12,404 | 12,308 | 5,407 | 2,670 | 2,737 |
| | 14 | 28,954 | 14,413 | 14,541 | 23,756 | 11,860 | 11,896 | 5,198 | 2,553 | 2,645 |
| | 15 | 27,781 | 13,705 | 14,076 | 22,539 | 11,121 | 11,418 | 5,242 | 2,584 | 2,658 |
| | 16 | 26,600 | 12,987 | 13,613 | 21,581 | 10,539 | 11,042 | 5,019 | 2,448 | 2,571 |
| | 17 | 25,503 | 12,323 | 13,180 | 20,691 | 10,000 | 10,691 | 4,812 | 2,323 | 2,489 |
| | 18 | 24,473 | 11,666 | 12,807 | 19,856 | 9,467 | 10,389 | 4,617 | 2,199 | 2,418 |
| | 19 | 23,529 | 11,021 | 12,508 | 19,089 | 8,943 | 10,146 | 4,440 | 2,078 | 2,362 |
| | 20 | 22,658 | 10,401 | 12,257 | 18,292 | 8,423 | 9,869 | 4,366 | 1,978 | 2,388 |
| | 21 | 21,785 | 9,759 | 12,026 | 17,586 | 7,903 | 9,683 | 4,199 | 1,856 | 2,343 |
| | 22 | 20,957 | 9,176 | 11,781 | 16,917 | 7,431 | 9,486 | 4,040 | 1,745 | 2,295 |
| | 23 | 20,193 | 8,738 | 11,455 | 16,299 | 7,076 | 9,223 | 3,894 | 1,662 | 2,232 |
| | 24 | 19,496 | 8,485 | 11,011 | 15,737 | 6,871 | 8,866 | 3,759 | 1,614 | 2,145 |
| | 25 | 18,845 | 8,365 | 10,480 | 15,081 | 6,701 | 8,380 | 3,764 | 1,664 | 2,100 |
| | 26 | 18,236 | 8,309 | 9,927 | 14,594 | 6,656 | 7,938 | 3,642 | 1,653 | 1,989 |
| | 27 | 17,631 | 8,227 | 9,404 | 14,111 | 6,591 | 7,520 | 3,520 | 1,636 | 1,884 |
| | 28 | 16,929 | 8,061 | 8,868 | 13,549 | 6,458 | 7,091 | 3,380 | 1,603 | 1,777 |
| | 29 | 16,083 | 7,759 | 8,324 | 12,872 | 6,216 | 6,656 | 3,211 | 1,543 | 1,668 |
| | 30 | 15,145 | 7,362 | 7,783 | 12,160 | 5,897 | 6,263 | 2,985 | 1,465 | 1,520 |
| | 31 | 14,176 | 6,948 | 7,228 | 11,381 | 5,565 | 5,816 | 2,795 | 1,383 | 1,412 |
| | 32 | 13,287 | 6,581 | 6,706 | 10,667 | 5,271 | 5,396 | 2,620 | 1,310 | 1,310 |
| | 33 | 12,488 | 6,225 | 6,263 | 10,026 | 4,986 | 5,040 | 2,462 | 1,239 | 1,223 |
| | 34 | 11,821 | 5,894 | 5,927 | 9,490 | 4,721 | 4,769 | 2,331 | 1,173 | 1,158 |
| | 35 | 11,261 | 5,587 | 5,674 | 9,055 | 4,488 | 4,567 | 2,206 | 1,099 | 1,107 |
| | 36 | 10,712 | 5,265 | 5,447 | 8,614 | 4,230 | 4,384 | 2,098 | 1,035 | 1,063 |
| | 37 | 10,192 | 4,963 | 5,229 | 8,196 | 3,987 | 4,209 | 1,996 | 976 | 1,020 |
| | 38 | 9,747 | 4,720 | 5,027 | 7,838 | 3,792 | 4,046 | 1,909 | 928 | 981 |
| | 39 | 9,387 | 4,555 | 4,832 | 7,548 | 3,659 | 3,889 | 1,839 | 896 | 943 |
| | 40 | 9,087 | 4,444 | 4,643 | 7,400 | 3,602 | 3,798 | 1,687 | 842 | 845 |
| | 41 | 8,832 | 4,360 | 4,472 | 7,192 | 3,534 | 3,658 | 1,640 | 826 | 814 |
| | 42 | 8,590 | 4,272 | 4,318 | 6,995 | 3,463 | 3,532 | 1,595 | 809 | 786 |
| | 43 | 8,276 | 4,138 | 4,138 | 6,739 | 3,354 | 3,385 | 1,537 | 784 | 753 |
| | 44 | 7,848 | 3,927 | 3,921 | 6,391 | 3,183 | 3,208 | 1,457 | 744 | 713 |
| | 45 | 7,347 | 3,666 | 3,681 | 6,036 | 2,997 | 3,039 | 1,311 | 669 | 642 |
| | 46 | 6,796 | 3,375 | 3,421 | 5,584 | 2,759 | 2,825 | 1,212 | 616 | 596 |
| | 47 | 6,316 | 3,127 | 3,189 | 5,189 | 2,556 | 2,633 | 1,127 | 571 | 556 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2003 | | | | | | | | | | |
| | 48 | 5,948 | 2,942 | 3,006 | 4,887 | 2,405 | 2,482 | 1,061 | 537 | 524 |
| | 49 | 5,737 | 2,847 | 2,890 | 4,713 | 2,327 | 2,386 | 1,024 | 520 | 504 |
| | 50 | 5,634 | 2,813 | 2,821 | 4,657 | 2,338 | 2,319 | 977 | 475 | 502 |
| | 51 | 5,575 | 2,800 | 2,775 | 4,608 | 2,327 | 2,281 | 967 | 473 | 494 |
| | 52 | 5,496 | 2,775 | 2,721 | 4,543 | 2,306 | 2,237 | 953 | 469 | 484 |
| | 53 | 5,295 | 2,690 | 2,605 | 4,377 | 2,236 | 2,141 | 918 | 454 | 464 |
| | 54 | 4,910 | 2,516 | 2,394 | 4,059 | 2,091 | 1,968 | 851 | 425 | 426 |
| | 55 | 4,407 | 2,282 | 2,125 | 3,625 | 1,881 | 1,744 | 782 | 401 | 381 |
| | 56 | 3,830 | 2,013 | 1,817 | 3,150 | 1,659 | 1,491 | 680 | 354 | 326 |
| | 57 | 3,354 | 1,792 | 1,562 | 2,759 | 1,477 | 1,282 | 595 | 315 | 280 |
| | 58 | 3,031 | 1,632 | 1,399 | 2,493 | 1,345 | 1,148 | 538 | 287 | 251 |
| | 59 | 2,924 | 1,559 | 1,365 | 2,405 | 1,285 | 1,120 | 519 | 274 | 245 |
| | 60 | 2,971 | 1,549 | 1,422 | 2,466 | 1,289 | 1,177 | 505 | 260 | 245 |
| | 61 | 3,046 | 1,544 | 1,502 | 2,528 | 1,285 | 1,243 | 518 | 259 | 259 |
| | 62 | 3,108 | 1,540 | 1,568 | 2,580 | 1,282 | 1,298 | 528 | 258 | 270 |
| | 63 | 3,093 | 1,513 | 1,580 | 2,567 | 1,259 | 1,308 | 526 | 254 | 272 |
| | 64 | 2,948 | 1,442 | 1,506 | 2,447 | 1,200 | 1,247 | 501 | 242 | 259 |
| | 65 | 2,715 | 1,343 | 1,372 | 2,260 | 1,133 | 1,127 | 455 | 210 | 245 |
| | 66 | 2,419 | 1,217 | 1,202 | 2,015 | 1,027 | 988 | 404 | 190 | 214 |
| | 67 | 2,207 | 1,129 | 1,078 | 1,838 | 952 | 886 | 369 | 177 | 192 |
| | 68 | 2,045 | 1,059 | 986 | 1,703 | 893 | 810 | 342 | 166 | 176 |
| | 69 | 1,956 | 1,014 | 942 | 1,629 | 855 | 774 | 327 | 159 | 168 |
| | 70 | 1,919 | 988 | 931 | 1,606 | 846 | 760 | 313 | 142 | 171 |
| | 71 | 1,866 | 950 | 916 | 1,561 | 813 | 748 | 305 | 137 | 168 |
| | 72 | 1,839 | 930 | 909 | 1,538 | 796 | 742 | 301 | 134 | 167 |
| | 73 | 1,758 | 889 | 869 | 1,470 | 761 | 709 | 288 | 128 | 160 |
| | 74 | 1,598 | 816 | 782 | 1,337 | 699 | 638 | 261 | 117 | 144 |
| | 75 | 1,389 | 724 | 665 | 1,161 | 623 | 538 | 228 | 101 | 127 |
| | 76 | 1,241 | 660 | 581 | 1,038 | 568 | 470 | 203 | 92 | 111 |
| | 77 | 1,070 | 587 | 483 | 896 | 505 | 391 | 174 | 82 | 92 |
| | 78 | 915 | 518 | 397 | 767 | 446 | 321 | 148 | 72 | 76 |
| | 79 | 789 | 458 | 331 | 662 | 394 | 268 | 127 | 64 | 63 |
| | 80+ | 6,686 | 3,593 | 3,093 | 5,473 | 3,078 | 2,395 | 1,213 | 515 | 698 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2004 | All Ages | 1,213,309 | 593,134 | 620,175 | 993,822 | 485,835 | 507,987 | 219,487 | 107,299 | 112,188 |
| | 0 | 55,238 | 27,602 | 27,636 | 46,324 | 23,015 | 23,309 | 8,914 | 4,587 | 4,327 |
| | 1 | 50,444 | 25,096 | 25,348 | 42,304 | 20,925 | 21,379 | 8,140 | 4,171 | 3,969 |
| | 2 | 43,488 | 21,356 | 22,132 | 36,474 | 17,807 | 18,667 | 7,014 | 3,549 | 3,465 |
| | 3 | 42,918 | 21,190 | 21,728 | 35,994 | 17,668 | 18,326 | 6,924 | 3,522 | 3,402 |
| | 4 | 41,947 | 20,773 | 21,174 | 35,180 | 17,321 | 17,859 | 6,767 | 3,452 | 3,315 |
| | 5 | 40,623 | 20,141 | 20,482 | 33,799 | 16,712 | 17,087 | 6,824 | 3,429 | 3,395 |
| | 6 | 39,525 | 19,616 | 19,909 | 32,886 | 16,277 | 16,609 | 6,639 | 3,339 | 3,300 |
| | 7 | 38,514 | 19,131 | 19,383 | 32,044 | 15,874 | 16,170 | 6,470 | 3,257 | 3,213 |
| | 8 | 37,117 | 18,439 | 18,678 | 30,882 | 15,300 | 15,582 | 6,235 | 3,139 | 3,096 |
| | 9 | 35,785 | 17,789 | 17,996 | 29,774 | 14,761 | 15,013 | 6,011 | 3,028 | 2,983 |
| | 10 | 34,521 | 17,188 | 17,333 | 28,237 | 14,101 | 14,136 | 6,284 | 3,087 | 3,197 |
| | 11 | 33,358 | 16,649 | 16,709 | 27,286 | 13,659 | 13,627 | 6,072 | 2,990 | 3,082 |
| | 12 | 32,248 | 16,136 | 16,112 | 26,378 | 13,238 | 13,140 | 5,870 | 2,898 | 2,972 |
| | 13 | 31,120 | 15,593 | 15,527 | 25,456 | 12,793 | 12,663 | 5,664 | 2,800 | 2,864 |
| | 14 | 29,985 | 15,003 | 14,982 | 24,528 | 12,309 | 12,219 | 5,457 | 2,694 | 2,763 |
| | 15 | 28,825 | 14,345 | 14,480 | 23,312 | 11,604 | 11,708 | 5,513 | 2,741 | 2,772 |
| | 16 | 27,629 | 13,620 | 14,009 | 22,345 | 11,018 | 11,327 | 5,284 | 2,602 | 2,682 |
| | 17 | 26,455 | 12,907 | 13,548 | 21,395 | 10,441 | 10,954 | 5,060 | 2,466 | 2,594 |
| | 18 | 25,363 | 12,247 | 13,116 | 20,512 | 9,907 | 10,605 | 4,851 | 2,340 | 2,511 |
| | 19 | 24,340 | 11,594 | 12,746 | 19,685 | 9,379 | 10,306 | 4,655 | 2,215 | 2,440 |
| | 20 | 23,401 | 10,952 | 12,449 | 18,831 | 8,841 | 9,990 | 4,570 | 2,111 | 2,459 |
| | 21 | 22,510 | 10,323 | 12,187 | 18,113 | 8,333 | 9,780 | 4,397 | 1,990 | 2,407 |
| | 22 | 21,644 | 9,685 | 11,959 | 17,415 | 7,818 | 9,597 | 4,229 | 1,867 | 2,362 |
| | 23 | 20,823 | 9,108 | 11,715 | 16,753 | 7,352 | 9,401 | 4,070 | 1,756 | 2,314 |
| | 24 | 20,062 | 8,672 | 11,390 | 16,140 | 7,000 | 9,140 | 3,922 | 1,672 | 2,250 |
| | 25 | 19,369 | 8,420 | 10,949 | 15,448 | 6,723 | 8,725 | 3,921 | 1,697 | 2,224 |
| | 26 | 18,709 | 8,297 | 10,412 | 14,922 | 6,625 | 8,297 | 3,787 | 1,672 | 2,115 |
| | 27 | 18,103 | 8,241 | 9,862 | 14,439 | 6,580 | 7,859 | 3,664 | 1,661 | 2,003 |
| | 28 | 17,504 | 8,161 | 9,343 | 13,961 | 6,516 | 7,445 | 3,543 | 1,645 | 1,898 |
| | 29 | 16,805 | 7,996 | 8,809 | 13,404 | 6,384 | 7,020 | 3,401 | 1,612 | 1,789 |
| | 30 | 15,964 | 7,696 | 8,268 | 12,775 | 6,144 | 6,631 | 3,189 | 1,552 | 1,637 |
| | 31 | 15,019 | 7,296 | 7,723 | 12,018 | 5,824 | 6,194 | 3,001 | 1,472 | 1,529 |
| | 32 | 14,058 | 6,886 | 7,172 | 11,249 | 5,497 | 5,752 | 2,809 | 1,389 | 1,420 |
| | 33 | 13,174 | 6,521 | 6,653 | 10,542 | 5,206 | 5,336 | 2,632 | 1,315 | 1,317 |
| | 34 | 12,384 | 6,169 | 6,215 | 9,909 | 4,925 | 4,984 | 2,475 | 1,244 | 1,231 |
| | 35 | 11,720 | 5,840 | 5,880 | 9,393 | 4,676 | 4,717 | 2,327 | 1,164 | 1,163 |
| | 36 | 11,149 | 5,526 | 5,623 | 8,936 | 4,425 | 4,511 | 2,213 | 1,101 | 1,112 |
| | 37 | 10,607 | 5,209 | 5,398 | 8,501 | 4,171 | 4,330 | 2,106 | 1,038 | 1,068 |
| | 38 | 10,091 | 4,909 | 5,182 | 8,088 | 3,931 | 4,157 | 2,003 | 978 | 1,025 |
| | 39 | 9,651 | 4,670 | 4,981 | 7,735 | 3,739 | 3,996 | 1,916 | 931 | 985 |
| | 40 | 9,293 | 4,505 | 4,788 | 7,545 | 3,640 | 3,905 | 1,748 | 865 | 883 |
| | 41 | 8,982 | 4,386 | 4,596 | 7,292 | 3,544 | 3,748 | 1,690 | 842 | 848 |
| | 42 | 8,729 | 4,302 | 4,427 | 7,086 | 3,476 | 3,610 | 1,643 | 826 | 817 |
| | 43 | 8,491 | 4,217 | 4,274 | 6,892 | 3,407 | 3,485 | 1,599 | 810 | 789 |
| | 44 | 8,180 | 4,083 | 4,097 | 6,640 | 3,299 | 3,341 | 1,540 | 784 | 756 |
| | 45 | 7,756 | 3,875 | 3,881 | 6,353 | 3,158 | 3,195 | 1,403 | 717 | 686 |
| | 46 | 7,245 | 3,608 | 3,637 | 5,934 | 2,940 | 2,994 | 1,311 | 668 | 643 |
| | 47 | 6,703 | 3,322 | 3,381 | 5,490 | 2,707 | 2,783 | 1,213 | 615 | 598 |
| | 48 | 6,227 | 3,076 | 3,151 | 5,101 | 2,507 | 2,594 | 1,126 | 569 | 557 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2004 | | | | | | | | | | |
| | 49 | 5,866 | 2,895 | 2,971 | 4,805 | 2,359 | 2,446 | 1,061 | 536 | 525 |
| | 50 | 5,658 | 2,801 | 2,857 | 4,662 | 2,321 | 2,341 | 996 | 480 | 516 |
| | 51 | 5,535 | 2,756 | 2,779 | 4,561 | 2,284 | 2,277 | 974 | 472 | 502 |
| | 52 | 5,476 | 2,743 | 2,733 | 4,513 | 2,273 | 2,240 | 963 | 470 | 493 |
| | 53 | 5,400 | 2,719 | 2,681 | 4,450 | 2,253 | 2,197 | 950 | 466 | 484 |
| | 54 | 5,200 | 2,635 | 2,565 | 4,286 | 2,184 | 2,102 | 914 | 451 | 463 |
| | 55 | 4,824 | 2,465 | 2,359 | 3,956 | 2,026 | 1,930 | 868 | 439 | 429 |
| | 56 | 4,302 | 2,221 | 2,081 | 3,528 | 1,825 | 1,703 | 774 | 396 | 378 |
| | 57 | 3,738 | 1,958 | 1,780 | 3,065 | 1,609 | 1,456 | 673 | 349 | 324 |
| | 58 | 3,273 | 1,744 | 1,529 | 2,684 | 1,433 | 1,251 | 589 | 311 | 278 |
| | 59 | 2,958 | 1,588 | 1,370 | 2,426 | 1,305 | 1,121 | 532 | 283 | 249 |
| | 60 | 2,853 | 1,517 | 1,336 | 2,362 | 1,259 | 1,103 | 491 | 258 | 233 |
| | 61 | 2,869 | 1,490 | 1,379 | 2,375 | 1,237 | 1,138 | 494 | 253 | 241 |
| | 62 | 2,943 | 1,487 | 1,456 | 2,436 | 1,234 | 1,202 | 507 | 253 | 254 |
| | 63 | 3,005 | 1,484 | 1,521 | 2,487 | 1,232 | 1,255 | 518 | 252 | 266 |
| | 64 | 2,990 | 1,457 | 1,533 | 2,474 | 1,209 | 1,265 | 516 | 248 | 268 |
| | 65 | 2,850 | 1,389 | 1,461 | 2,366 | 1,169 | 1,197 | 484 | 220 | 264 |
| | 66 | 2,584 | 1,273 | 1,311 | 2,145 | 1,071 | 1,074 | 439 | 202 | 237 |
| | 67 | 2,303 | 1,154 | 1,149 | 1,912 | 971 | 941 | 391 | 183 | 208 |
| | 68 | 2,100 | 1,070 | 1,030 | 1,744 | 900 | 844 | 356 | 170 | 186 |
| | 69 | 1,945 | 1,003 | 942 | 1,616 | 844 | 772 | 329 | 159 | 170 |
| | 70 | 1,861 | 961 | 900 | 1,553 | 821 | 732 | 308 | 140 | 168 |
| | 71 | 1,783 | 913 | 870 | 1,488 | 780 | 708 | 295 | 133 | 162 |
| | 72 | 1,734 | 878 | 856 | 1,447 | 750 | 697 | 287 | 128 | 159 |
| | 73 | 1,710 | 861 | 849 | 1,426 | 735 | 691 | 284 | 126 | 158 |
| | 74 | 1,634 | 822 | 812 | 1,363 | 702 | 661 | 271 | 120 | 151 |
| | 75 | 1,485 | 755 | 730 | 1,237 | 648 | 589 | 248 | 107 | 141 |
| | 76 | 1,254 | 650 | 604 | 1,045 | 558 | 487 | 209 | 92 | 117 |
| | 77 | 1,121 | 593 | 528 | 935 | 509 | 426 | 186 | 84 | 102 |
| | 78 | 967 | 528 | 439 | 807 | 453 | 354 | 160 | 75 | 85 |
| | 79 | 825 | 465 | 360 | 689 | 399 | 290 | 136 | 66 | 70 |
| | 80+ | 6,467 | 3,493 | 2,974 | 5,279 | 2,985 | 2,294 | 1,188 | 508 | 680 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2005 | All Ages | 1,256,828 | 614,331 | 642,497 | 1,026,448 | 501,720 | 524,728 | 230,380 | 112,611 | 117,769 |
| | 0 | 57,986 | 29,016 | 28,970 | 48,500 | 24,129 | 24,371 | 9,486 | 4,887 | 4,599 |
| | 1 | 53,259 | 26,536 | 26,723 | 44,548 | 22,067 | 22,481 | 8,711 | 4,469 | 4,242 |
| | 2 | 49,285 | 24,479 | 24,806 | 41,224 | 20,356 | 20,868 | 8,061 | 4,123 | 3,938 |
| | 3 | 42,773 | 20,982 | 21,791 | 35,780 | 17,448 | 18,332 | 6,993 | 3,534 | 3,459 |
| | 4 | 42,372 | 20,903 | 21,469 | 35,444 | 17,383 | 18,061 | 6,928 | 3,520 | 3,408 |
| | 5 | 41,364 | 20,462 | 20,902 | 34,322 | 16,932 | 17,390 | 7,042 | 3,530 | 3,512 |
| | 6 | 40,416 | 20,032 | 20,384 | 33,535 | 16,576 | 16,959 | 6,881 | 3,456 | 3,425 |
| | 7 | 39,327 | 19,512 | 19,815 | 32,632 | 16,146 | 16,486 | 6,695 | 3,366 | 3,329 |
| | 8 | 38,322 | 19,030 | 19,292 | 31,798 | 15,747 | 16,051 | 6,524 | 3,283 | 3,241 |
| | 9 | 36,933 | 18,342 | 18,591 | 30,645 | 15,178 | 15,467 | 6,288 | 3,164 | 3,124 |
| | 10 | 35,606 | 17,695 | 17,911 | 29,039 | 14,476 | 14,563 | 6,567 | 3,219 | 3,348 |
| | 11 | 34,380 | 17,113 | 17,267 | 28,038 | 13,999 | 14,039 | 6,342 | 3,114 | 3,228 |
| | 12 | 33,221 | 16,576 | 16,645 | 27,094 | 13,560 | 13,534 | 6,127 | 3,016 | 3,111 |
| | 13 | 32,115 | 16,065 | 16,050 | 26,192 | 13,142 | 13,050 | 5,923 | 2,923 | 3,000 |
| | 14 | 30,993 | 15,525 | 15,468 | 25,277 | 12,700 | 12,577 | 5,716 | 2,825 | 2,891 |
| | 15 | 29,862 | 14,938 | 14,924 | 24,076 | 12,047 | 12,029 | 5,786 | 2,891 | 2,895 |
| | 16 | 28,678 | 14,262 | 14,416 | 23,121 | 11,502 | 11,619 | 5,557 | 2,760 | 2,797 |
| | 17 | 27,489 | 13,542 | 13,947 | 22,162 | 10,921 | 11,241 | 5,327 | 2,621 | 2,706 |
| | 18 | 26,321 | 12,833 | 13,488 | 21,220 | 10,349 | 10,871 | 5,101 | 2,484 | 2,617 |
| | 19 | 25,234 | 12,176 | 13,058 | 20,344 | 9,819 | 10,525 | 4,890 | 2,357 | 2,533 |
| | 20 | 24,217 | 11,527 | 12,690 | 19,426 | 9,276 | 10,150 | 4,791 | 2,251 | 2,540 |
| | 21 | 23,259 | 10,876 | 12,383 | 18,657 | 8,752 | 9,905 | 4,602 | 2,124 | 2,478 |
| | 22 | 22,373 | 10,249 | 12,124 | 17,946 | 8,248 | 9,698 | 4,427 | 2,001 | 2,426 |
| | 23 | 21,513 | 9,617 | 11,896 | 17,254 | 7,739 | 9,515 | 4,259 | 1,878 | 2,381 |
| | 24 | 20,696 | 9,043 | 11,653 | 16,598 | 7,277 | 9,321 | 4,098 | 1,766 | 2,332 |
| | 25 | 19,941 | 8,610 | 11,331 | 15,851 | 6,852 | 8,999 | 4,090 | 1,758 | 2,332 |
| | 26 | 19,239 | 8,357 | 10,882 | 15,294 | 6,651 | 8,643 | 3,945 | 1,706 | 2,239 |
| | 27 | 18,582 | 8,235 | 10,347 | 14,772 | 6,554 | 8,218 | 3,810 | 1,681 | 2,129 |
| | 28 | 17,981 | 8,179 | 9,802 | 14,294 | 6,509 | 7,785 | 3,687 | 1,670 | 2,017 |
| | 29 | 17,383 | 8,098 | 9,285 | 13,819 | 6,445 | 7,374 | 3,564 | 1,653 | 1,911 |
| | 30 | 16,688 | 7,934 | 8,754 | 13,311 | 6,313 | 6,998 | 3,377 | 1,621 | 1,756 |
| | 31 | 15,841 | 7,632 | 8,209 | 12,635 | 6,073 | 6,562 | 3,206 | 1,559 | 1,647 |
| | 32 | 14,904 | 7,235 | 7,669 | 11,887 | 5,757 | 6,130 | 3,017 | 1,478 | 1,539 |
| | 33 | 13,949 | 6,828 | 7,121 | 11,125 | 5,433 | 5,692 | 2,824 | 1,395 | 1,429 |
| | 34 | 13,071 | 6,466 | 6,605 | 10,425 | 5,145 | 5,280 | 2,646 | 1,321 | 1,325 |
| | 35 | 12,283 | 6,115 | 6,168 | 9,813 | 4,881 | 4,932 | 2,470 | 1,234 | 1,236 |
| | 36 | 11,612 | 5,781 | 5,831 | 9,276 | 4,614 | 4,662 | 2,336 | 1,167 | 1,169 |
| | 37 | 11,046 | 5,470 | 5,576 | 8,824 | 4,366 | 4,458 | 2,222 | 1,104 | 1,118 |
| | 38 | 10,509 | 5,156 | 5,353 | 8,395 | 4,115 | 4,280 | 2,114 | 1,041 | 1,073 |
| | 39 | 9,997 | 4,859 | 5,138 | 7,986 | 3,878 | 4,108 | 2,011 | 981 | 1,030 |
| | 40 | 9,560 | 4,620 | 4,940 | 7,738 | 3,722 | 4,016 | 1,822 | 898 | 924 |
| | 41 | 9,192 | 4,449 | 4,743 | 7,440 | 3,584 | 3,856 | 1,752 | 865 | 887 |
| | 42 | 8,883 | 4,331 | 4,552 | 7,190 | 3,489 | 3,701 | 1,693 | 842 | 851 |
| | 43 | 8,634 | 4,249 | 4,385 | 6,988 | 3,423 | 3,565 | 1,646 | 826 | 820 |
| | 44 | 8,399 | 4,165 | 4,234 | 6,797 | 3,355 | 3,442 | 1,602 | 810 | 792 |
| | 45 | 8,091 | 4,033 | 4,058 | 6,608 | 3,277 | 3,331 | 1,483 | 756 | 727 |
| | 46 | 7,655 | 3,816 | 3,839 | 6,252 | 3,101 | 3,151 | 1,403 | 715 | 688 |
| | 47 | 7,150 | 3,553 | 3,597 | 5,839 | 2,887 | 2,952 | 1,311 | 666 | 645 |
| | 48 | 6,613 | 3,270 | 3,343 | 5,401 | 2,657 | 2,744 | 1,212 | 613 | 599 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2005 | | | | | | | | | | |
| | 49 | 6,147 | 3,030 | 3,117 | 5,020 | 2,462 | 2,558 | 1,127 | 568 | 559 |
| | 50 | 5,788 | 2,851 | 2,937 | 4,756 | 2,356 | 2,400 | 1,032 | 495 | 537 |
| | 51 | 5,563 | 2,747 | 2,816 | 4,571 | 2,270 | 2,301 | 992 | 477 | 515 |
| | 52 | 5,442 | 2,703 | 2,739 | 4,472 | 2,234 | 2,238 | 970 | 469 | 501 |
| | 53 | 5,385 | 2,690 | 2,695 | 4,425 | 2,223 | 2,202 | 960 | 467 | 493 |
| | 54 | 5,311 | 2,667 | 2,644 | 4,364 | 2,204 | 2,160 | 947 | 463 | 484 |
| | 55 | 5,114 | 2,585 | 2,529 | 4,181 | 2,118 | 2,063 | 933 | 467 | 466 |
| | 56 | 4,714 | 2,402 | 2,312 | 3,854 | 1,968 | 1,886 | 860 | 434 | 426 |
| | 57 | 4,204 | 2,164 | 2,040 | 3,437 | 1,773 | 1,664 | 767 | 391 | 376 |
| | 58 | 3,651 | 1,907 | 1,744 | 2,986 | 1,563 | 1,423 | 665 | 344 | 321 |
| | 59 | 3,198 | 1,699 | 1,499 | 2,615 | 1,392 | 1,223 | 583 | 307 | 276 |
| | 60 | 2,889 | 1,546 | 1,343 | 2,385 | 1,280 | 1,105 | 504 | 266 | 238 |
| | 61 | 2,760 | 1,462 | 1,298 | 2,278 | 1,210 | 1,068 | 482 | 252 | 230 |
| | 62 | 2,777 | 1,438 | 1,339 | 2,292 | 1,190 | 1,102 | 485 | 248 | 237 |
| | 63 | 2,848 | 1,434 | 1,414 | 2,351 | 1,187 | 1,164 | 497 | 247 | 250 |
| | 64 | 2,908 | 1,432 | 1,476 | 2,400 | 1,185 | 1,215 | 508 | 247 | 261 |
| | 65 | 2,893 | 1,405 | 1,488 | 2,394 | 1,179 | 1,215 | 499 | 226 | 273 |
| | 66 | 2,716 | 1,319 | 1,397 | 2,248 | 1,107 | 1,141 | 468 | 212 | 256 |
| | 67 | 2,462 | 1,208 | 1,254 | 2,038 | 1,014 | 1,024 | 424 | 194 | 230 |
| | 68 | 2,193 | 1,095 | 1,098 | 1,816 | 919 | 897 | 377 | 176 | 201 |
| | 69 | 2,002 | 1,016 | 986 | 1,658 | 853 | 805 | 344 | 163 | 181 |
| | 70 | 1,854 | 953 | 901 | 1,543 | 812 | 731 | 311 | 141 | 170 |
| | 71 | 1,733 | 891 | 842 | 1,442 | 759 | 683 | 291 | 132 | 159 |
| | 72 | 1,662 | 847 | 815 | 1,383 | 722 | 661 | 279 | 125 | 154 |
| | 73 | 1,615 | 814 | 801 | 1,344 | 694 | 650 | 271 | 120 | 151 |
| | 74 | 1,593 | 798 | 795 | 1,325 | 680 | 645 | 268 | 118 | 150 |
| | 75 | 1,522 | 762 | 760 | 1,264 | 653 | 611 | 258 | 109 | 149 |
| | 76 | 1,343 | 679 | 664 | 1,116 | 582 | 534 | 227 | 97 | 130 |
| | 77 | 1,134 | 585 | 549 | 942 | 501 | 441 | 192 | 84 | 108 |
| | 78 | 1,014 | 534 | 480 | 843 | 457 | 386 | 171 | 77 | 94 |
| | 79 | 873 | 474 | 399 | 727 | 406 | 321 | 146 | 68 | 78 |
| | 80+ | 6,323 | 3,422 | 2,901 | 5,146 | 2,917 | 2,229 | 1,177 | 505 | 672 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2006 | All Ages | 1,302,278 | 636,509 | 665,769 | 1,060,449 | 518,309 | 542,140 | 241,829 | 118,200 | 123,629 |
| | 0 | 60,255 | 30,155 | 30,100 | 50,265 | 25,009 | 25,256 | 9,990 | 5,146 | 4,844 |
| | 1 | 55,959 | 27,919 | 28,040 | 46,682 | 23,155 | 23,527 | 9,277 | 4,764 | 4,513 |
| | 2 | 52,096 | 25,914 | 26,182 | 43,460 | 21,492 | 21,968 | 8,636 | 4,422 | 4,214 |
| | 3 | 48,458 | 24,042 | 24,416 | 40,426 | 19,939 | 20,487 | 8,032 | 4,103 | 3,929 |
| | 4 | 42,242 | 20,704 | 21,538 | 35,243 | 17,171 | 18,072 | 6,999 | 3,533 | 3,466 |
| | 5 | 41,797 | 20,596 | 21,201 | 34,586 | 16,996 | 17,590 | 7,211 | 3,600 | 3,611 |
| | 6 | 41,159 | 20,354 | 20,805 | 34,059 | 16,797 | 17,262 | 7,100 | 3,557 | 3,543 |
| | 7 | 40,217 | 19,927 | 20,290 | 33,278 | 16,444 | 16,834 | 6,939 | 3,483 | 3,456 |
| | 8 | 39,136 | 19,411 | 19,725 | 32,384 | 16,018 | 16,366 | 6,752 | 3,393 | 3,359 |
| | 9 | 38,135 | 18,931 | 19,204 | 31,555 | 15,622 | 15,933 | 6,580 | 3,309 | 3,271 |
| | 10 | 36,753 | 18,247 | 18,506 | 29,885 | 14,884 | 15,001 | 6,868 | 3,363 | 3,505 |
| | 11 | 35,462 | 17,618 | 17,844 | 28,835 | 14,371 | 14,464 | 6,627 | 3,247 | 3,380 |
| | 12 | 34,240 | 17,038 | 17,202 | 27,842 | 13,898 | 13,944 | 6,398 | 3,140 | 3,258 |
| | 13 | 33,088 | 16,505 | 16,583 | 26,905 | 13,463 | 13,442 | 6,183 | 3,042 | 3,141 |
| | 14 | 31,986 | 15,996 | 15,990 | 26,009 | 13,048 | 12,961 | 5,977 | 2,948 | 3,029 |
| | 15 | 30,868 | 15,458 | 15,410 | 24,809 | 12,428 | 12,381 | 6,059 | 3,030 | 3,029 |
| | 16 | 29,713 | 14,853 | 14,860 | 23,880 | 11,941 | 11,939 | 5,833 | 2,912 | 2,921 |
| | 17 | 28,535 | 14,181 | 14,354 | 22,933 | 11,401 | 11,532 | 5,602 | 2,780 | 2,822 |
| | 18 | 27,348 | 13,464 | 13,884 | 21,980 | 10,825 | 11,155 | 5,368 | 2,639 | 2,729 |
| | 19 | 26,186 | 12,759 | 13,427 | 21,046 | 10,258 | 10,788 | 5,140 | 2,501 | 2,639 |
| | 20 | 25,105 | 12,106 | 12,999 | 20,075 | 9,712 | 10,363 | 5,030 | 2,394 | 2,636 |
| | 21 | 24,069 | 11,447 | 12,622 | 19,246 | 9,183 | 10,063 | 4,823 | 2,264 | 2,559 |
| | 22 | 23,118 | 10,800 | 12,318 | 18,484 | 8,664 | 9,820 | 4,634 | 2,136 | 2,498 |
| | 23 | 22,236 | 10,178 | 12,058 | 17,778 | 8,165 | 9,613 | 4,458 | 2,013 | 2,445 |
| | 24 | 21,381 | 9,550 | 11,831 | 17,093 | 7,661 | 9,432 | 4,288 | 1,889 | 2,399 |
| | 25 | 20,569 | 8,979 | 11,590 | 16,297 | 7,123 | 9,174 | 4,272 | 1,856 | 2,416 |
| | 26 | 19,804 | 8,545 | 11,259 | 15,691 | 6,779 | 8,912 | 4,113 | 1,766 | 2,347 |
| | 27 | 19,107 | 8,294 | 10,813 | 15,138 | 6,579 | 8,559 | 3,969 | 1,715 | 2,254 |
| | 28 | 18,453 | 8,172 | 10,281 | 14,621 | 6,483 | 8,138 | 3,832 | 1,689 | 2,143 |
| | 29 | 17,855 | 8,117 | 9,738 | 14,147 | 6,439 | 7,708 | 3,708 | 1,678 | 2,030 |
| | 30 | 17,261 | 8,037 | 9,224 | 13,723 | 6,374 | 7,349 | 3,538 | 1,663 | 1,875 |
| | 31 | 16,558 | 7,869 | 8,689 | 13,164 | 6,241 | 6,923 | 3,394 | 1,628 | 1,766 |
| | 32 | 15,717 | 7,569 | 8,148 | 12,495 | 6,003 | 6,492 | 3,222 | 1,566 | 1,656 |
| | 33 | 14,785 | 7,174 | 7,611 | 11,754 | 5,690 | 6,064 | 3,031 | 1,484 | 1,547 |
| | 34 | 13,835 | 6,769 | 7,066 | 10,999 | 5,369 | 5,630 | 2,836 | 1,400 | 1,436 |
| | 35 | 12,965 | 6,410 | 6,555 | 10,324 | 5,100 | 5,224 | 2,641 | 1,310 | 1,331 |
| | 36 | 12,171 | 6,055 | 6,116 | 9,691 | 4,817 | 4,874 | 2,480 | 1,238 | 1,242 |
| | 37 | 11,504 | 5,723 | 5,781 | 9,160 | 4,553 | 4,607 | 2,344 | 1,170 | 1,174 |
| | 38 | 10,944 | 5,415 | 5,529 | 8,714 | 4,308 | 4,406 | 2,230 | 1,107 | 1,123 |
| | 39 | 10,410 | 5,103 | 5,307 | 8,289 | 4,060 | 4,229 | 2,121 | 1,043 | 1,078 |
| | 40 | 9,903 | 4,809 | 5,094 | 7,991 | 3,862 | 4,129 | 1,912 | 947 | 965 |
| | 41 | 9,456 | 4,564 | 4,892 | 7,630 | 3,665 | 3,965 | 1,826 | 899 | 927 |
| | 42 | 9,091 | 4,394 | 4,697 | 7,336 | 3,529 | 3,807 | 1,755 | 865 | 890 |
| | 43 | 8,788 | 4,279 | 4,509 | 7,091 | 3,436 | 3,655 | 1,697 | 843 | 854 |
| | 44 | 8,540 | 4,196 | 4,344 | 6,891 | 3,370 | 3,521 | 1,649 | 826 | 823 |
| | 45 | 8,307 | 4,113 | 4,194 | 6,764 | 3,332 | 3,432 | 1,543 | 781 | 762 |
| | 46 | 7,985 | 3,972 | 4,013 | 6,502 | 3,218 | 3,284 | 1,483 | 754 | 729 |
| | 47 | 7,554 | 3,759 | 3,795 | 6,151 | 3,045 | 3,106 | 1,403 | 714 | 689 |
| | 48 | 7,056 | 3,499 | 3,557 | 5,746 | 2,835 | 2,911 | 1,310 | 664 | 646 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2006 | | | | | | | | | | |
| | 49 | 6,528 | 3,221 | 3,307 | 5,315 | 2,609 | 2,706 | 1,213 | 612 | 601 |
| | 50 | 6,066 | 2,984 | 3,082 | 4,970 | 2,459 | 2,511 | 1,096 | 525 | 571 |
| | 51 | 5,691 | 2,795 | 2,896 | 4,663 | 2,304 | 2,359 | 1,028 | 491 | 537 |
| | 52 | 5,470 | 2,694 | 2,776 | 4,481 | 2,220 | 2,261 | 989 | 474 | 515 |
| | 53 | 5,351 | 2,650 | 2,701 | 4,384 | 2,184 | 2,200 | 967 | 466 | 501 |
| | 54 | 5,295 | 2,638 | 2,657 | 4,338 | 2,174 | 2,164 | 957 | 464 | 493 |
| | 55 | 5,221 | 2,615 | 2,606 | 4,256 | 2,137 | 2,119 | 965 | 478 | 487 |
| | 56 | 4,999 | 2,519 | 2,480 | 4,075 | 2,058 | 2,017 | 924 | 461 | 463 |
| | 57 | 4,608 | 2,341 | 2,267 | 3,757 | 1,913 | 1,844 | 851 | 428 | 423 |
| | 58 | 4,110 | 2,109 | 2,001 | 3,350 | 1,723 | 1,627 | 760 | 386 | 374 |
| | 59 | 3,568 | 1,859 | 1,709 | 2,909 | 1,519 | 1,390 | 659 | 340 | 319 |
| | 60 | 3,125 | 1,655 | 1,470 | 2,572 | 1,366 | 1,206 | 553 | 289 | 264 |
| | 61 | 2,795 | 1,491 | 1,304 | 2,301 | 1,231 | 1,070 | 494 | 260 | 234 |
| | 62 | 2,670 | 1,410 | 1,260 | 2,198 | 1,164 | 1,034 | 472 | 246 | 226 |
| | 63 | 2,686 | 1,386 | 1,300 | 2,211 | 1,144 | 1,067 | 475 | 242 | 233 |
| | 64 | 2,756 | 1,383 | 1,373 | 2,269 | 1,142 | 1,127 | 487 | 241 | 246 |
| | 65 | 2,815 | 1,381 | 1,434 | 2,324 | 1,156 | 1,168 | 491 | 225 | 266 |
| | 66 | 2,757 | 1,334 | 1,423 | 2,276 | 1,117 | 1,159 | 481 | 217 | 264 |
| | 67 | 2,589 | 1,252 | 1,337 | 2,137 | 1,048 | 1,089 | 452 | 204 | 248 |
| | 68 | 2,348 | 1,148 | 1,200 | 1,938 | 961 | 977 | 410 | 187 | 223 |
| | 69 | 2,092 | 1,041 | 1,051 | 1,727 | 871 | 856 | 365 | 170 | 195 |
| | 70 | 1,908 | 965 | 943 | 1,583 | 820 | 763 | 325 | 145 | 180 |
| | 71 | 1,727 | 883 | 844 | 1,434 | 751 | 683 | 293 | 132 | 161 |
| | 72 | 1,616 | 827 | 789 | 1,341 | 703 | 638 | 275 | 124 | 151 |
| | 73 | 1,549 | 786 | 763 | 1,285 | 668 | 617 | 264 | 118 | 146 |
| | 74 | 1,506 | 756 | 750 | 1,250 | 643 | 607 | 256 | 113 | 143 |
| | 75 | 1,486 | 741 | 745 | 1,230 | 633 | 597 | 256 | 108 | 148 |
| | 76 | 1,379 | 687 | 692 | 1,142 | 587 | 555 | 237 | 100 | 137 |
| | 77 | 1,217 | 612 | 605 | 1,008 | 523 | 485 | 209 | 89 | 120 |
| | 78 | 1,027 | 527 | 500 | 851 | 450 | 401 | 176 | 77 | 99 |
| | 79 | 917 | 480 | 437 | 760 | 410 | 350 | 157 | 70 | 87 |
| | 80+ | 6,246 | 3,370 | 2,876 | 5,067 | 2,866 | 2,201 | 1,179 | 504 | 675 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2007 | All Ages | 1,349,579 | 659,685 | 689,894 | 1,095,724 | 535,601 | 560,123 | 253,855 | 124,084 | 129,771 |
| | 0 | 62,540 | 31,299 | 31,241 | 52,032 | 25,888 | 26,144 | 10,508 | 5,411 | 5,097 |
| | 1 | 58,207 | 29,042 | 29,165 | 48,428 | 24,021 | 24,407 | 9,779 | 5,021 | 4,758 |
| | 2 | 54,770 | 27,281 | 27,489 | 45,568 | 22,564 | 23,004 | 9,202 | 4,717 | 4,485 |
| | 3 | 51,259 | 25,469 | 25,790 | 42,648 | 21,066 | 21,582 | 8,611 | 4,403 | 4,208 |
| | 4 | 47,851 | 23,721 | 24,130 | 39,813 | 19,620 | 20,193 | 8,038 | 4,101 | 3,937 |
| | 5 | 41,682 | 20,406 | 21,276 | 34,396 | 16,793 | 17,603 | 7,286 | 3,613 | 3,673 |
| | 6 | 41,594 | 20,490 | 21,104 | 34,323 | 16,862 | 17,461 | 7,271 | 3,628 | 3,643 |
| | 7 | 40,959 | 20,248 | 20,711 | 33,799 | 16,663 | 17,136 | 7,160 | 3,585 | 3,575 |
| | 8 | 40,021 | 19,823 | 20,198 | 33,024 | 16,313 | 16,711 | 6,997 | 3,510 | 3,487 |
| | 9 | 38,949 | 19,312 | 19,637 | 32,140 | 15,893 | 16,247 | 6,809 | 3,419 | 3,390 |
| | 10 | 37,953 | 18,834 | 19,119 | 30,767 | 15,318 | 15,449 | 7,186 | 3,516 | 3,670 |
| | 11 | 36,607 | 18,169 | 18,438 | 29,676 | 14,777 | 14,899 | 6,931 | 3,392 | 3,539 |
| | 12 | 35,321 | 17,543 | 17,778 | 28,634 | 14,268 | 14,366 | 6,687 | 3,275 | 3,412 |
| | 13 | 34,106 | 16,967 | 17,139 | 27,648 | 13,799 | 13,849 | 6,458 | 3,168 | 3,290 |
| | 14 | 32,956 | 16,434 | 16,522 | 26,717 | 13,366 | 13,351 | 6,239 | 3,068 | 3,171 |
| | 15 | 31,860 | 15,928 | 15,932 | 25,525 | 12,766 | 12,759 | 6,335 | 3,162 | 3,173 |
| | 16 | 30,716 | 15,371 | 15,345 | 24,608 | 12,319 | 12,289 | 6,108 | 3,052 | 3,056 |
| | 17 | 29,566 | 14,769 | 14,797 | 23,687 | 11,837 | 11,850 | 5,879 | 2,932 | 2,947 |
| | 18 | 28,391 | 14,100 | 14,291 | 22,746 | 11,301 | 11,445 | 5,645 | 2,799 | 2,846 |
| | 19 | 27,204 | 13,388 | 13,816 | 21,794 | 10,730 | 11,064 | 5,410 | 2,658 | 2,752 |
| | 20 | 26,048 | 12,687 | 13,361 | 20,762 | 10,146 | 10,616 | 5,286 | 2,541 | 2,745 |
| | 21 | 24,948 | 12,023 | 12,925 | 19,885 | 9,615 | 10,270 | 5,063 | 2,408 | 2,655 |
| | 22 | 23,918 | 11,368 | 12,550 | 19,063 | 9,091 | 9,972 | 4,855 | 2,277 | 2,578 |
| | 23 | 22,972 | 10,725 | 12,247 | 18,308 | 8,577 | 9,731 | 4,664 | 2,148 | 2,516 |
| | 24 | 22,093 | 10,107 | 11,986 | 17,607 | 8,083 | 9,524 | 4,486 | 2,024 | 2,462 |
| | 25 | 21,242 | 9,483 | 11,759 | 16,774 | 7,498 | 9,276 | 4,468 | 1,985 | 2,483 |
| | 26 | 20,424 | 8,913 | 11,511 | 16,127 | 7,047 | 9,080 | 4,297 | 1,866 | 2,431 |
| | 27 | 19,663 | 8,482 | 11,181 | 15,527 | 6,707 | 8,820 | 4,136 | 1,775 | 2,361 |
| | 28 | 18,970 | 8,232 | 10,738 | 14,979 | 6,509 | 8,470 | 3,991 | 1,723 | 2,268 |
| | 29 | 18,320 | 8,112 | 10,208 | 14,466 | 6,414 | 8,052 | 3,854 | 1,698 | 2,156 |
| | 30 | 17,725 | 8,057 | 9,668 | 14,046 | 6,369 | 7,677 | 3,679 | 1,688 | 1,991 |
| | 31 | 17,119 | 7,971 | 9,148 | 13,565 | 6,301 | 7,264 | 3,554 | 1,670 | 1,884 |
| | 32 | 16,420 | 7,804 | 8,616 | 13,011 | 6,169 | 6,842 | 3,409 | 1,635 | 1,774 |
| | 33 | 15,584 | 7,505 | 8,079 | 12,348 | 5,933 | 6,415 | 3,236 | 1,572 | 1,664 |
| | 34 | 14,664 | 7,114 | 7,550 | 11,619 | 5,624 | 5,995 | 3,045 | 1,490 | 1,555 |
| | 35 | 13,721 | 6,712 | 7,009 | 10,890 | 5,323 | 5,567 | 2,831 | 1,389 | 1,442 |
| | 36 | 12,842 | 6,348 | 6,494 | 10,192 | 5,034 | 5,158 | 2,650 | 1,314 | 1,336 |
| | 37 | 12,052 | 5,995 | 6,057 | 9,565 | 4,754 | 4,811 | 2,487 | 1,241 | 1,246 |
| | 38 | 11,392 | 5,666 | 5,726 | 9,041 | 4,493 | 4,548 | 2,351 | 1,173 | 1,178 |
| | 39 | 10,839 | 5,361 | 5,478 | 8,602 | 4,251 | 4,351 | 2,237 | 1,110 | 1,127 |
| | 40 | 10,309 | 5,050 | 5,259 | 8,292 | 4,043 | 4,249 | 2,017 | 1,007 | 1,010 |
| | 41 | 9,792 | 4,750 | 5,042 | 7,877 | 3,803 | 4,074 | 1,915 | 947 | 968 |
| | 42 | 9,350 | 4,508 | 4,842 | 7,521 | 3,609 | 3,912 | 1,829 | 899 | 930 |
| | 43 | 8,991 | 4,341 | 4,650 | 7,232 | 3,475 | 3,757 | 1,759 | 866 | 893 |
| | 44 | 8,691 | 4,226 | 4,465 | 6,991 | 3,383 | 3,608 | 1,700 | 843 | 857 |
| | 45 | 8,447 | 4,145 | 4,302 | 6,858 | 3,348 | 3,510 | 1,589 | 797 | 792 |
| | 46 | 8,198 | 4,052 | 4,146 | 6,656 | 3,273 | 3,383 | 1,542 | 779 | 763 |
| | 47 | 7,880 | 3,913 | 3,967 | 6,397 | 3,160 | 3,237 | 1,483 | 753 | 730 |
| | 48 | 7,456 | 3,703 | 3,753 | 6,053 | 2,991 | 3,062 | 1,403 | 712 | 691 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2007 | | | | | | | | | | |
| | 49 | 6,964 | 3,447 | 3,517 | 5,654 | 2,784 | 2,870 | 1,310 | 663 | 647 |
| | 50 | 6,442 | 3,173 | 3,269 | 5,263 | 2,608 | 2,655 | 1,179 | 565 | 614 |
| | 51 | 5,964 | 2,926 | 3,038 | 4,872 | 2,405 | 2,467 | 1,092 | 521 | 571 |
| | 52 | 5,595 | 2,741 | 2,854 | 4,571 | 2,253 | 2,318 | 1,024 | 488 | 536 |
| | 53 | 5,377 | 2,641 | 2,736 | 4,393 | 2,171 | 2,222 | 984 | 470 | 514 |
| | 54 | 5,261 | 2,599 | 2,662 | 4,298 | 2,136 | 2,162 | 963 | 463 | 500 |
| | 55 | 5,207 | 2,587 | 2,620 | 4,232 | 2,108 | 2,124 | 975 | 479 | 496 |
| | 56 | 5,103 | 2,549 | 2,554 | 4,148 | 2,077 | 2,071 | 955 | 472 | 483 |
| | 57 | 4,886 | 2,455 | 2,431 | 3,971 | 2,000 | 1,971 | 915 | 455 | 460 |
| | 58 | 4,505 | 2,282 | 2,223 | 3,661 | 1,859 | 1,802 | 844 | 423 | 421 |
| | 59 | 4,016 | 2,055 | 1,961 | 3,264 | 1,674 | 1,590 | 752 | 381 | 371 |
| | 60 | 3,487 | 1,811 | 1,676 | 2,862 | 1,491 | 1,371 | 625 | 320 | 305 |
| | 61 | 3,024 | 1,596 | 1,428 | 2,482 | 1,314 | 1,168 | 542 | 282 | 260 |
| | 62 | 2,704 | 1,438 | 1,266 | 2,220 | 1,184 | 1,036 | 484 | 254 | 230 |
| | 63 | 2,584 | 1,361 | 1,223 | 2,121 | 1,120 | 1,001 | 463 | 241 | 222 |
| | 64 | 2,601 | 1,338 | 1,263 | 2,134 | 1,101 | 1,033 | 467 | 237 | 230 |
| | 65 | 2,668 | 1,334 | 1,334 | 2,197 | 1,114 | 1,083 | 471 | 220 | 251 |
| | 66 | 2,684 | 1,312 | 1,372 | 2,209 | 1,095 | 1,114 | 475 | 217 | 258 |
| | 67 | 2,630 | 1,267 | 1,363 | 2,164 | 1,058 | 1,106 | 466 | 209 | 257 |
| | 68 | 2,471 | 1,191 | 1,280 | 2,033 | 994 | 1,039 | 438 | 197 | 241 |
| | 69 | 2,240 | 1,091 | 1,149 | 1,844 | 911 | 933 | 396 | 180 | 216 |
| | 70 | 1,995 | 988 | 1,007 | 1,650 | 838 | 812 | 345 | 150 | 195 |
| | 71 | 1,778 | 895 | 883 | 1,471 | 759 | 712 | 307 | 136 | 171 |
| | 72 | 1,610 | 820 | 790 | 1,332 | 695 | 637 | 278 | 125 | 153 |
| | 73 | 1,507 | 768 | 739 | 1,247 | 651 | 596 | 260 | 117 | 143 |
| | 74 | 1,444 | 730 | 714 | 1,195 | 619 | 576 | 249 | 111 | 138 |
| | 75 | 1,404 | 701 | 703 | 1,160 | 598 | 562 | 244 | 103 | 141 |
| | 76 | 1,345 | 667 | 678 | 1,111 | 569 | 542 | 234 | 98 | 136 |
| | 77 | 1,248 | 618 | 630 | 1,030 | 527 | 503 | 218 | 91 | 127 |
| | 78 | 1,102 | 551 | 551 | 910 | 470 | 440 | 192 | 81 | 111 |
| | 79 | 931 | 475 | 456 | 769 | 405 | 364 | 162 | 70 | 92 |
| | 80+ | 6,220 | 3,331 | 2,889 | 5,029 | 2,826 | 2,203 | 1,191 | 505 | 686 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2008 | All Ages | 1,398,866 | 683,874 | 714,992 | 1,132,248 | 553,532 | 578,716 | 266,618 | 130,342 | 136,276 |
| | 0 | 64,842 | 32,454 | 32,388 | 53,797 | 26,767 | 27,030 | 11,045 | 5,687 | 5,358 |
| | 1 | 60,473 | 30,173 | 30,300 | 50,173 | 24,886 | 25,287 | 10,300 | 5,287 | 5,013 |
| | 2 | 57,001 | 28,393 | 28,608 | 47,293 | 23,418 | 23,875 | 9,708 | 4,975 | 4,733 |
| | 3 | 53,912 | 26,823 | 27,089 | 44,730 | 22,123 | 22,607 | 9,182 | 4,700 | 4,482 |
| | 4 | 50,642 | 25,142 | 25,500 | 42,017 | 20,736 | 21,281 | 8,625 | 4,406 | 4,219 |
| | 5 | 47,216 | 23,380 | 23,836 | 38,849 | 19,185 | 19,664 | 8,367 | 4,195 | 4,172 |
| | 6 | 41,486 | 20,303 | 21,183 | 34,135 | 16,660 | 17,475 | 7,351 | 3,643 | 3,708 |
| | 7 | 41,397 | 20,385 | 21,012 | 34,061 | 16,727 | 17,334 | 7,336 | 3,658 | 3,678 |
| | 8 | 40,766 | 20,146 | 20,620 | 33,542 | 16,531 | 17,011 | 7,224 | 3,615 | 3,609 |
| | 9 | 39,831 | 19,722 | 20,109 | 32,772 | 16,183 | 16,589 | 7,059 | 3,539 | 3,520 |
| | 10 | 38,768 | 19,215 | 19,553 | 31,329 | 15,580 | 15,749 | 7,439 | 3,635 | 3,804 |
| | 11 | 37,805 | 18,755 | 19,050 | 30,551 | 15,207 | 15,344 | 7,254 | 3,548 | 3,706 |
| | 12 | 36,465 | 18,093 | 18,372 | 29,468 | 14,670 | 14,798 | 6,997 | 3,423 | 3,574 |
| | 13 | 35,185 | 17,470 | 17,715 | 28,434 | 14,165 | 14,269 | 6,751 | 3,305 | 3,446 |
| | 14 | 33,972 | 16,895 | 17,077 | 27,454 | 13,699 | 13,755 | 6,518 | 3,196 | 3,322 |
| | 15 | 32,829 | 16,366 | 16,463 | 26,214 | 13,074 | 13,140 | 6,615 | 3,292 | 3,323 |
| | 16 | 31,704 | 15,839 | 15,865 | 25,316 | 12,653 | 12,663 | 6,388 | 3,186 | 3,202 |
| | 17 | 30,565 | 15,285 | 15,280 | 24,407 | 12,211 | 12,196 | 6,158 | 3,074 | 3,084 |
| | 18 | 29,421 | 14,687 | 14,734 | 23,493 | 11,733 | 11,760 | 5,928 | 2,954 | 2,974 |
| | 19 | 28,250 | 14,022 | 14,228 | 22,558 | 11,202 | 11,356 | 5,692 | 2,820 | 2,872 |
| | 20 | 27,058 | 13,313 | 13,745 | 21,496 | 10,612 | 10,884 | 5,562 | 2,701 | 2,861 |
| | 21 | 25,883 | 12,601 | 13,282 | 20,561 | 10,044 | 10,517 | 5,322 | 2,557 | 2,765 |
| | 22 | 24,789 | 11,941 | 12,848 | 19,692 | 9,518 | 10,174 | 5,097 | 2,423 | 2,674 |
| | 23 | 23,766 | 11,291 | 12,475 | 18,878 | 9,000 | 9,878 | 4,888 | 2,291 | 2,597 |
| | 24 | 22,826 | 10,652 | 12,174 | 18,131 | 8,491 | 9,640 | 4,695 | 2,161 | 2,534 |
| | 25 | 21,950 | 10,038 | 11,912 | 17,273 | 7,910 | 9,363 | 4,677 | 2,128 | 2,549 |
| | 26 | 21,092 | 9,414 | 11,678 | 16,597 | 7,418 | 9,179 | 4,495 | 1,996 | 2,499 |
| | 27 | 20,277 | 8,848 | 11,429 | 15,955 | 6,972 | 8,983 | 4,322 | 1,876 | 2,446 |
| | 28 | 19,521 | 8,420 | 11,101 | 15,361 | 6,635 | 8,726 | 4,160 | 1,785 | 2,375 |
| | 29 | 18,832 | 8,172 | 10,660 | 14,818 | 6,439 | 8,379 | 4,014 | 1,733 | 2,281 |
| | 30 | 18,183 | 8,052 | 10,131 | 14,361 | 6,344 | 8,017 | 3,822 | 1,708 | 2,114 |
| | 31 | 17,577 | 7,992 | 9,585 | 13,881 | 6,296 | 7,585 | 3,696 | 1,696 | 2,000 |
| | 32 | 16,976 | 7,907 | 9,069 | 13,406 | 6,229 | 7,177 | 3,570 | 1,678 | 1,892 |
| | 33 | 16,281 | 7,740 | 8,541 | 12,857 | 6,098 | 6,759 | 3,424 | 1,642 | 1,782 |
| | 34 | 15,453 | 7,444 | 8,009 | 12,203 | 5,865 | 6,338 | 3,250 | 1,579 | 1,671 |
| | 35 | 14,543 | 7,055 | 7,488 | 11,503 | 5,576 | 5,927 | 3,040 | 1,479 | 1,561 |
| | 36 | 13,591 | 6,648 | 6,943 | 10,750 | 5,254 | 5,496 | 2,841 | 1,394 | 1,447 |
| | 37 | 12,718 | 6,286 | 6,432 | 10,059 | 4,968 | 5,091 | 2,659 | 1,318 | 1,341 |
| | 38 | 11,936 | 5,936 | 6,000 | 9,440 | 4,691 | 4,749 | 2,496 | 1,245 | 1,251 |
| | 39 | 11,279 | 5,609 | 5,670 | 8,921 | 4,433 | 4,488 | 2,358 | 1,176 | 1,182 |
| | 40 | 10,734 | 5,306 | 5,428 | 8,606 | 4,234 | 4,372 | 2,128 | 1,072 | 1,056 |
| | 41 | 10,196 | 4,990 | 5,206 | 8,175 | 3,982 | 4,193 | 2,021 | 1,008 | 1,013 |
| | 42 | 9,684 | 4,693 | 4,991 | 7,765 | 3,745 | 4,020 | 1,919 | 948 | 971 |
| | 43 | 9,247 | 4,454 | 4,793 | 7,414 | 3,554 | 3,860 | 1,833 | 900 | 933 |
| | 44 | 8,890 | 4,288 | 4,602 | 7,128 | 3,422 | 3,706 | 1,762 | 866 | 896 |
| | 45 | 8,598 | 4,175 | 4,423 | 6,959 | 3,361 | 3,598 | 1,639 | 814 | 825 |
| | 46 | 8,338 | 4,084 | 4,254 | 6,748 | 3,288 | 3,460 | 1,590 | 796 | 794 |
| | 47 | 8,092 | 3,992 | 4,100 | 6,549 | 3,214 | 3,335 | 1,543 | 778 | 765 |
| | 48 | 7,778 | 3,855 | 3,923 | 6,295 | 3,104 | 3,191 | 1,483 | 751 | 732 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2008 | | | | | | | | | | |
| | 49 | 7,358 | 3,648 | 3,710 | 5,955 | 2,937 | 3,018 | 1,403 | 711 | 692 |
| | 50 | 6,875 | 3,396 | 3,479 | 5,599 | 2,783 | 2,816 | 1,276 | 613 | 663 |
| | 51 | 6,337 | 3,113 | 3,224 | 5,161 | 2,551 | 2,610 | 1,176 | 562 | 614 |
| | 52 | 5,866 | 2,871 | 2,995 | 4,778 | 2,353 | 2,425 | 1,088 | 518 | 570 |
| | 53 | 5,503 | 2,689 | 2,814 | 4,482 | 2,204 | 2,278 | 1,021 | 485 | 536 |
| | 54 | 5,289 | 2,591 | 2,698 | 4,307 | 2,123 | 2,184 | 982 | 468 | 514 |
| | 55 | 5,175 | 2,550 | 2,625 | 4,192 | 2,071 | 2,121 | 983 | 479 | 504 |
| | 56 | 5,091 | 2,522 | 2,569 | 4,125 | 2,049 | 2,076 | 966 | 473 | 493 |
| | 57 | 4,990 | 2,484 | 2,506 | 4,043 | 2,018 | 2,025 | 947 | 466 | 481 |
| | 58 | 4,777 | 2,393 | 2,384 | 3,871 | 1,944 | 1,927 | 906 | 449 | 457 |
| | 59 | 4,402 | 2,223 | 2,179 | 3,567 | 1,806 | 1,761 | 835 | 417 | 418 |
| | 60 | 3,927 | 2,003 | 1,924 | 3,213 | 1,644 | 1,569 | 714 | 359 | 355 |
| | 61 | 3,376 | 1,748 | 1,628 | 2,763 | 1,435 | 1,328 | 613 | 313 | 300 |
| | 62 | 2,927 | 1,540 | 1,387 | 2,395 | 1,264 | 1,131 | 532 | 276 | 256 |
| | 63 | 2,618 | 1,388 | 1,230 | 2,142 | 1,139 | 1,003 | 476 | 249 | 227 |
| | 64 | 2,500 | 1,312 | 1,188 | 2,046 | 1,077 | 969 | 454 | 235 | 219 |
| | 65 | 2,518 | 1,291 | 1,227 | 2,068 | 1,075 | 993 | 450 | 216 | 234 |
| | 66 | 2,546 | 1,268 | 1,278 | 2,090 | 1,056 | 1,034 | 456 | 212 | 244 |
| | 67 | 2,562 | 1,247 | 1,315 | 2,102 | 1,038 | 1,064 | 460 | 209 | 251 |
| | 68 | 2,510 | 1,205 | 1,305 | 2,059 | 1,003 | 1,056 | 451 | 202 | 249 |
| | 69 | 2,357 | 1,131 | 1,226 | 1,934 | 942 | 992 | 423 | 189 | 234 |
| | 70 | 2,138 | 1,037 | 1,101 | 1,762 | 877 | 885 | 376 | 160 | 216 |
| | 71 | 1,860 | 917 | 943 | 1,534 | 776 | 758 | 326 | 141 | 185 |
| | 72 | 1,659 | 831 | 828 | 1,368 | 703 | 665 | 291 | 128 | 163 |
| | 73 | 1,501 | 761 | 740 | 1,239 | 644 | 595 | 262 | 117 | 145 |
| | 74 | 1,405 | 713 | 692 | 1,159 | 603 | 556 | 246 | 110 | 136 |
| | 75 | 1,346 | 677 | 669 | 1,109 | 576 | 533 | 237 | 101 | 136 |
| | 76 | 1,273 | 632 | 641 | 1,048 | 538 | 510 | 225 | 94 | 131 |
| | 77 | 1,219 | 601 | 618 | 1,003 | 511 | 492 | 216 | 90 | 126 |
| | 78 | 1,131 | 557 | 574 | 931 | 474 | 457 | 200 | 83 | 117 |
| | 79 | 999 | 497 | 502 | 823 | 423 | 400 | 176 | 74 | 102 |
| | 80+ | 6,213 | 3,294 | 2,919 | 5,005 | 2,788 | 2,217 | 1,208 | 506 | 702 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2009 | All Ages | 1,450,117 | 709,104 | 741,013 | 1,170,248 | 572,250 | 597,998 | 279,869 | 136,854 | 143,015 |
| | 0 | 67,178 | 33,626 | 33,552 | 55,585 | 27,658 | 27,927 | 11,593 | 5,968 | 5,625 |
| | 1 | 62,751 | 31,311 | 31,440 | 51,923 | 25,754 | 26,169 | 10,828 | 5,557 | 5,271 |
| | 2 | 59,253 | 29,514 | 29,739 | 49,029 | 24,276 | 24,753 | 10,224 | 5,238 | 4,986 |
| | 3 | 56,134 | 27,929 | 28,205 | 46,448 | 22,972 | 23,476 | 9,686 | 4,957 | 4,729 |
| | 4 | 53,279 | 26,487 | 26,792 | 44,086 | 21,786 | 22,300 | 9,193 | 4,701 | 4,492 |
| | 5 | 49,990 | 24,790 | 25,200 | 41,016 | 20,285 | 20,731 | 8,974 | 4,505 | 4,469 |
| | 6 | 46,984 | 23,257 | 23,727 | 38,549 | 19,030 | 19,519 | 8,435 | 4,227 | 4,208 |
| | 7 | 41,293 | 20,201 | 21,092 | 33,881 | 16,530 | 17,351 | 7,412 | 3,671 | 3,741 |
| | 8 | 41,205 | 20,284 | 20,921 | 33,809 | 16,598 | 17,211 | 7,396 | 3,686 | 3,710 |
| | 9 | 40,576 | 20,045 | 20,531 | 33,292 | 16,402 | 16,890 | 7,284 | 3,643 | 3,641 |
| | 10 | 39,645 | 19,623 | 20,022 | 31,940 | 15,864 | 16,076 | 7,705 | 3,759 | 3,946 |
| | 11 | 38,620 | 19,136 | 19,484 | 31,114 | 15,470 | 15,644 | 7,506 | 3,666 | 3,840 |
| | 12 | 37,662 | 18,678 | 18,984 | 30,343 | 15,100 | 15,243 | 7,319 | 3,578 | 3,741 |
| | 13 | 36,327 | 18,019 | 18,308 | 29,267 | 14,567 | 14,700 | 7,060 | 3,452 | 3,608 |
| | 14 | 35,051 | 17,398 | 17,653 | 28,239 | 14,065 | 14,174 | 6,812 | 3,333 | 3,479 |
| | 15 | 33,844 | 16,826 | 17,018 | 26,939 | 13,400 | 13,539 | 6,905 | 3,426 | 3,479 |
| | 16 | 32,671 | 16,275 | 16,396 | 26,005 | 12,961 | 13,044 | 6,666 | 3,314 | 3,352 |
| | 17 | 31,553 | 15,753 | 15,800 | 25,115 | 12,545 | 12,570 | 6,438 | 3,208 | 3,230 |
| | 18 | 30,418 | 15,201 | 15,217 | 24,212 | 12,106 | 12,106 | 6,206 | 3,095 | 3,111 |
| | 19 | 29,276 | 14,606 | 14,670 | 23,303 | 11,632 | 11,671 | 5,973 | 2,974 | 2,999 |
| | 20 | 28,108 | 13,946 | 14,162 | 22,258 | 11,081 | 11,177 | 5,850 | 2,865 | 2,985 |
| | 21 | 26,885 | 13,225 | 13,660 | 21,288 | 10,508 | 10,780 | 5,597 | 2,717 | 2,880 |
| | 22 | 25,715 | 12,517 | 13,198 | 20,362 | 9,946 | 10,416 | 5,353 | 2,571 | 2,782 |
| | 23 | 24,629 | 11,862 | 12,767 | 19,501 | 9,425 | 10,076 | 5,128 | 2,437 | 2,691 |
| | 24 | 23,611 | 11,215 | 12,396 | 18,694 | 8,911 | 9,783 | 4,917 | 2,304 | 2,613 |
| | 25 | 22,678 | 10,581 | 12,097 | 17,786 | 8,310 | 9,476 | 4,892 | 2,271 | 2,621 |
| | 26 | 21,791 | 9,967 | 11,824 | 17,090 | 7,828 | 9,262 | 4,701 | 2,139 | 2,562 |
| | 27 | 20,937 | 9,347 | 11,590 | 16,420 | 7,341 | 9,079 | 4,517 | 2,006 | 2,511 |
| | 28 | 20,127 | 8,784 | 11,343 | 15,784 | 6,899 | 8,885 | 4,343 | 1,885 | 2,458 |
| | 29 | 19,375 | 8,359 | 11,016 | 15,194 | 6,565 | 8,629 | 4,181 | 1,794 | 2,387 |
| | 30 | 18,688 | 8,112 | 10,576 | 14,711 | 6,370 | 8,341 | 3,977 | 1,742 | 2,235 |
| | 31 | 18,028 | 7,988 | 10,040 | 14,190 | 6,272 | 7,918 | 3,838 | 1,716 | 2,122 |
| | 32 | 17,425 | 7,928 | 9,497 | 13,715 | 6,225 | 7,490 | 3,710 | 1,703 | 2,007 |
| | 33 | 16,828 | 7,842 | 8,986 | 13,245 | 6,158 | 7,087 | 3,583 | 1,684 | 1,899 |
| | 34 | 16,140 | 7,677 | 8,463 | 12,703 | 6,028 | 6,675 | 3,437 | 1,649 | 1,788 |
| | 35 | 15,318 | 7,383 | 7,935 | 12,076 | 5,816 | 6,260 | 3,242 | 1,567 | 1,675 |
| | 36 | 14,405 | 6,988 | 7,417 | 11,356 | 5,505 | 5,851 | 3,049 | 1,483 | 1,566 |
| | 37 | 13,461 | 6,585 | 6,876 | 10,611 | 5,187 | 5,424 | 2,850 | 1,398 | 1,452 |
| | 38 | 12,593 | 6,225 | 6,368 | 9,928 | 4,904 | 5,024 | 2,665 | 1,321 | 1,344 |
| | 39 | 11,817 | 5,878 | 5,939 | 9,315 | 4,630 | 4,685 | 2,502 | 1,248 | 1,254 |
| | 40 | 11,167 | 5,554 | 5,613 | 8,925 | 4,418 | 4,507 | 2,242 | 1,136 | 1,106 |
| | 41 | 10,617 | 5,244 | 5,373 | 8,485 | 4,171 | 4,314 | 2,132 | 1,073 | 1,059 |
| | 42 | 10,083 | 4,931 | 5,152 | 8,058 | 3,922 | 4,136 | 2,025 | 1,009 | 1,016 |
| | 43 | 9,577 | 4,637 | 4,940 | 7,654 | 3,688 | 3,966 | 1,923 | 949 | 974 |
| | 44 | 9,143 | 4,400 | 4,743 | 7,308 | 3,500 | 3,808 | 1,835 | 900 | 935 |
| | 45 | 8,792 | 4,237 | 4,555 | 7,095 | 3,401 | 3,694 | 1,697 | 836 | 861 |
| | 46 | 8,488 | 4,114 | 4,374 | 6,849 | 3,302 | 3,547 | 1,639 | 812 | 827 |
| | 47 | 8,230 | 4,024 | 4,206 | 6,641 | 3,230 | 3,411 | 1,589 | 794 | 795 |
| | 48 | 7,987 | 3,933 | 4,054 | 6,445 | 3,157 | 3,288 | 1,542 | 776 | 766 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2009 | | | | | | | | | | |
| | 49 | 7,677 | 3,798 | 3,879 | 6,195 | 3,049 | 3,146 | 1,482 | 749 | 733 |
| | 50 | 7,264 | 3,595 | 3,669 | 5,899 | 2,938 | 2,961 | 1,365 | 657 | 708 |
| | 51 | 6,762 | 3,332 | 3,430 | 5,491 | 2,723 | 2,768 | 1,271 | 609 | 662 |
| | 52 | 6,232 | 3,054 | 3,178 | 5,061 | 2,496 | 2,565 | 1,171 | 558 | 613 |
| | 53 | 5,770 | 2,817 | 2,953 | 4,685 | 2,302 | 2,383 | 1,085 | 515 | 570 |
| | 54 | 5,412 | 2,638 | 2,774 | 4,395 | 2,156 | 2,239 | 1,017 | 482 | 535 |
| | 55 | 5,202 | 2,542 | 2,660 | 4,202 | 2,059 | 2,143 | 1,000 | 483 | 517 |
| | 56 | 5,060 | 2,486 | 2,574 | 4,087 | 2,013 | 2,074 | 973 | 473 | 500 |
| | 57 | 4,976 | 2,458 | 2,518 | 4,020 | 1,991 | 2,029 | 956 | 467 | 489 |
| | 58 | 4,878 | 2,422 | 2,456 | 3,941 | 1,962 | 1,979 | 937 | 460 | 477 |
| | 59 | 4,672 | 2,334 | 2,338 | 3,774 | 1,890 | 1,884 | 898 | 444 | 454 |
| | 60 | 4,306 | 2,169 | 2,137 | 3,513 | 1,775 | 1,738 | 793 | 394 | 399 |
| | 61 | 3,803 | 1,934 | 1,869 | 3,103 | 1,583 | 1,520 | 700 | 351 | 349 |
| | 62 | 3,269 | 1,687 | 1,582 | 2,668 | 1,381 | 1,287 | 601 | 306 | 295 |
| | 63 | 2,834 | 1,487 | 1,347 | 2,312 | 1,217 | 1,095 | 522 | 270 | 252 |
| | 64 | 2,534 | 1,340 | 1,194 | 2,068 | 1,097 | 971 | 466 | 243 | 223 |
| | 65 | 2,421 | 1,267 | 1,154 | 1,983 | 1,052 | 931 | 438 | 215 | 223 |
| | 66 | 2,402 | 1,227 | 1,175 | 1,967 | 1,019 | 948 | 435 | 208 | 227 |
| | 67 | 2,428 | 1,205 | 1,223 | 1,988 | 1,001 | 987 | 440 | 204 | 236 |
| | 68 | 2,444 | 1,185 | 1,259 | 2,000 | 984 | 1,016 | 444 | 201 | 243 |
| | 69 | 2,396 | 1,145 | 1,251 | 1,960 | 951 | 1,009 | 436 | 194 | 242 |
| | 70 | 2,251 | 1,076 | 1,175 | 1,849 | 908 | 941 | 402 | 168 | 234 |
| | 71 | 1,995 | 963 | 1,032 | 1,640 | 813 | 827 | 355 | 150 | 205 |
| | 72 | 1,737 | 852 | 885 | 1,428 | 719 | 709 | 309 | 133 | 176 |
| | 73 | 1,548 | 772 | 776 | 1,274 | 652 | 622 | 274 | 120 | 154 |
| | 74 | 1,401 | 707 | 694 | 1,153 | 597 | 556 | 248 | 110 | 138 |
| | 75 | 1,310 | 661 | 649 | 1,076 | 561 | 515 | 234 | 100 | 134 |
| | 76 | 1,220 | 610 | 610 | 1,002 | 518 | 484 | 218 | 92 | 126 |
| | 77 | 1,155 | 570 | 585 | 948 | 484 | 464 | 207 | 86 | 121 |
| | 78 | 1,105 | 542 | 563 | 907 | 460 | 447 | 198 | 82 | 116 |
| | 79 | 1,027 | 503 | 524 | 843 | 427 | 416 | 184 | 76 | 108 |
| | 80+ | 6,273 | 3,284 | 2,989 | 5,034 | 2,773 | 2,261 | 1,239 | 511 | 728 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2010 | All Ages | 1,503,183 | 735,332 | 767,851 | 1,209,461 | 591,645 | 617,816 | 293,722 | 143,687 | 150,035 |
| | 0 | 69,447 | 34,764 | 34,683 | 57,307 | 28,516 | 28,791 | 12,140 | 6,248 | 5,892 |
| | 1 | 65,068 | 32,468 | 32,600 | 53,694 | 26,632 | 27,062 | 11,374 | 5,836 | 5,538 |
| | 2 | 61,518 | 30,643 | 30,875 | 50,765 | 25,135 | 25,630 | 10,753 | 5,508 | 5,245 |
| | 3 | 58,376 | 29,044 | 29,332 | 48,173 | 23,824 | 24,349 | 10,203 | 5,220 | 4,983 |
| | 4 | 55,492 | 27,588 | 27,904 | 45,793 | 22,629 | 23,164 | 9,699 | 4,959 | 4,740 |
| | 5 | 52,613 | 26,125 | 26,488 | 43,046 | 21,317 | 21,729 | 9,567 | 4,808 | 4,759 |
| | 6 | 49,753 | 24,663 | 25,090 | 40,706 | 20,124 | 20,582 | 9,047 | 4,539 | 4,508 |
| | 7 | 46,757 | 23,136 | 23,621 | 38,255 | 18,878 | 19,377 | 8,502 | 4,258 | 4,244 |
| | 8 | 41,107 | 20,103 | 21,004 | 33,633 | 16,403 | 17,230 | 7,474 | 3,700 | 3,774 |
| | 9 | 41,019 | 20,185 | 20,834 | 33,561 | 16,470 | 17,091 | 7,458 | 3,715 | 3,743 |
| | 10 | 40,393 | 19,947 | 20,446 | 32,443 | 16,078 | 16,365 | 7,950 | 3,869 | 4,081 |
| | 11 | 39,492 | 19,541 | 19,951 | 31,720 | 15,751 | 15,969 | 7,772 | 3,790 | 3,982 |
| | 12 | 38,476 | 19,059 | 19,417 | 30,904 | 15,362 | 15,542 | 7,572 | 3,697 | 3,875 |
| | 13 | 37,521 | 18,602 | 18,919 | 30,137 | 14,994 | 15,143 | 7,384 | 3,608 | 3,776 |
| | 14 | 36,191 | 17,946 | 18,245 | 29,069 | 14,465 | 14,604 | 7,122 | 3,481 | 3,641 |
| | 15 | 34,920 | 17,328 | 17,592 | 27,706 | 13,756 | 13,950 | 7,214 | 3,572 | 3,642 |
| | 16 | 33,685 | 16,735 | 16,950 | 26,726 | 13,285 | 13,441 | 6,959 | 3,450 | 3,509 |
| | 17 | 32,518 | 16,188 | 16,330 | 25,800 | 12,851 | 12,949 | 6,718 | 3,337 | 3,381 |
| | 18 | 31,403 | 15,667 | 15,736 | 24,915 | 12,437 | 12,478 | 6,488 | 3,230 | 3,258 |
| | 19 | 30,271 | 15,119 | 15,152 | 24,017 | 12,002 | 12,015 | 6,254 | 3,117 | 3,137 |
| | 20 | 29,130 | 14,527 | 14,603 | 22,992 | 11,506 | 11,486 | 6,138 | 3,021 | 3,117 |
| | 21 | 27,937 | 13,854 | 14,083 | 22,050 | 10,973 | 11,077 | 5,887 | 2,881 | 3,006 |
| | 22 | 26,704 | 13,138 | 13,566 | 21,076 | 10,406 | 10,670 | 5,628 | 2,732 | 2,896 |
| | 23 | 25,542 | 12,435 | 13,107 | 20,158 | 9,849 | 10,309 | 5,384 | 2,586 | 2,798 |
| | 24 | 24,462 | 11,783 | 12,679 | 19,306 | 9,333 | 9,973 | 5,156 | 2,450 | 2,706 |
| | 25 | 23,451 | 11,140 | 12,311 | 18,330 | 8,720 | 9,610 | 5,121 | 2,420 | 2,701 |
| | 26 | 22,511 | 10,506 | 12,005 | 17,595 | 8,224 | 9,371 | 4,916 | 2,282 | 2,634 |
| | 27 | 21,625 | 9,897 | 11,728 | 16,902 | 7,747 | 9,155 | 4,723 | 2,150 | 2,573 |
| | 28 | 20,775 | 9,280 | 11,495 | 16,237 | 7,264 | 8,973 | 4,538 | 2,016 | 2,522 |
| | 29 | 19,969 | 8,721 | 11,248 | 15,607 | 6,827 | 8,780 | 4,362 | 1,894 | 2,468 |
| | 30 | 19,221 | 8,299 | 10,922 | 15,080 | 6,495 | 8,585 | 4,141 | 1,804 | 2,337 |
| | 31 | 18,523 | 8,049 | 10,474 | 14,532 | 6,299 | 8,233 | 3,991 | 1,750 | 2,241 |
| | 32 | 17,864 | 7,925 | 9,939 | 14,014 | 6,202 | 7,812 | 3,850 | 1,723 | 2,127 |
| | 33 | 17,265 | 7,865 | 9,400 | 13,544 | 6,155 | 7,389 | 3,721 | 1,710 | 2,011 |
| | 34 | 16,673 | 7,780 | 8,893 | 13,079 | 6,089 | 6,990 | 3,594 | 1,691 | 1,903 |
| | 35 | 15,993 | 7,616 | 8,377 | 12,566 | 5,980 | 6,586 | 3,427 | 1,636 | 1,791 |
| | 36 | 15,162 | 7,315 | 7,847 | 11,913 | 5,743 | 6,170 | 3,249 | 1,572 | 1,677 |
| | 37 | 14,262 | 6,922 | 7,340 | 11,206 | 5,435 | 5,771 | 3,056 | 1,487 | 1,569 |
| | 38 | 13,325 | 6,522 | 6,803 | 10,470 | 5,121 | 5,349 | 2,855 | 1,401 | 1,454 |
| | 39 | 12,465 | 6,165 | 6,300 | 9,794 | 4,841 | 4,953 | 2,671 | 1,324 | 1,347 |
| | 40 | 11,695 | 5,820 | 5,875 | 9,317 | 4,615 | 4,702 | 2,378 | 1,205 | 1,173 |
| | 41 | 11,035 | 5,489 | 5,546 | 8,791 | 4,352 | 4,439 | 2,244 | 1,137 | 1,107 |
| | 42 | 10,497 | 5,182 | 5,315 | 8,363 | 4,109 | 4,254 | 2,134 | 1,073 | 1,061 |
| | 43 | 9,968 | 4,872 | 5,096 | 7,942 | 3,863 | 4,079 | 2,026 | 1,009 | 1,017 |
| | 44 | 9,467 | 4,582 | 4,885 | 7,543 | 3,633 | 3,910 | 1,924 | 949 | 975 |
| | 45 | 9,040 | 4,349 | 4,691 | 7,273 | 3,480 | 3,793 | 1,767 | 869 | 898 |
| | 46 | 8,672 | 4,175 | 4,497 | 6,977 | 3,341 | 3,636 | 1,695 | 834 | 861 |
| | 47 | 8,379 | 4,054 | 4,325 | 6,741 | 3,244 | 3,497 | 1,638 | 810 | 828 |
| | 48 | 8,124 | 3,965 | 4,159 | 6,536 | 3,173 | 3,363 | 1,588 | 792 | 796 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2010 | | | | | | | | | | |
| | 49 | 7,884 | 3,876 | 4,008 | 6,343 | 3,102 | 3,241 | 1,541 | 774 | 767 |
| | 50 | 7,579 | 3,744 | 3,835 | 6,137 | 3,051 | 3,086 | 1,442 | 693 | 749 |
| | 51 | 7,144 | 3,528 | 3,616 | 5,784 | 2,875 | 2,909 | 1,360 | 653 | 707 |
| | 52 | 6,652 | 3,270 | 3,382 | 5,386 | 2,665 | 2,721 | 1,266 | 605 | 661 |
| | 53 | 6,131 | 2,998 | 3,133 | 4,964 | 2,443 | 2,521 | 1,167 | 555 | 612 |
| | 54 | 5,676 | 2,765 | 2,911 | 4,595 | 2,253 | 2,342 | 1,081 | 512 | 569 |
| | 55 | 5,324 | 2,589 | 2,735 | 4,288 | 2,091 | 2,197 | 1,036 | 498 | 538 |
| | 56 | 5,086 | 2,479 | 2,607 | 4,096 | 2,002 | 2,094 | 990 | 477 | 513 |
| | 57 | 4,950 | 2,425 | 2,525 | 3,986 | 1,958 | 2,028 | 964 | 467 | 497 |
| | 58 | 4,867 | 2,397 | 2,470 | 3,920 | 1,936 | 1,984 | 947 | 461 | 486 |
| | 59 | 4,772 | 2,363 | 2,409 | 3,843 | 1,908 | 1,935 | 929 | 455 | 474 |
| | 60 | 4,569 | 2,276 | 2,293 | 3,717 | 1,858 | 1,859 | 852 | 418 | 434 |
| | 61 | 4,171 | 2,094 | 2,077 | 3,393 | 1,709 | 1,684 | 778 | 385 | 393 |
| | 62 | 3,684 | 1,867 | 1,817 | 2,997 | 1,524 | 1,473 | 687 | 343 | 344 |
| | 63 | 3,167 | 1,629 | 1,538 | 2,577 | 1,330 | 1,247 | 590 | 299 | 291 |
| | 64 | 2,745 | 1,436 | 1,309 | 2,233 | 1,172 | 1,061 | 512 | 264 | 248 |
| | 65 | 2,453 | 1,293 | 1,160 | 2,004 | 1,071 | 933 | 449 | 222 | 227 |
| | 66 | 2,310 | 1,205 | 1,105 | 1,887 | 998 | 889 | 423 | 207 | 216 |
| | 67 | 2,291 | 1,166 | 1,125 | 1,871 | 966 | 905 | 420 | 200 | 220 |
| | 68 | 2,319 | 1,147 | 1,172 | 1,893 | 950 | 943 | 426 | 197 | 229 |
| | 69 | 2,333 | 1,127 | 1,206 | 1,903 | 933 | 970 | 430 | 194 | 236 |
| | 70 | 2,287 | 1,089 | 1,198 | 1,874 | 917 | 957 | 413 | 172 | 241 |
| | 71 | 2,100 | 999 | 1,101 | 1,720 | 841 | 879 | 380 | 158 | 222 |
| | 72 | 1,862 | 894 | 968 | 1,526 | 753 | 773 | 336 | 141 | 195 |
| | 73 | 1,622 | 792 | 830 | 1,330 | 667 | 663 | 292 | 125 | 167 |
| | 74 | 1,446 | 717 | 729 | 1,186 | 604 | 582 | 260 | 113 | 147 |
| | 75 | 1,308 | 657 | 651 | 1,071 | 556 | 515 | 237 | 101 | 136 |
| | 76 | 1,189 | 597 | 592 | 973 | 505 | 468 | 216 | 92 | 124 |
| | 77 | 1,106 | 550 | 556 | 906 | 466 | 440 | 200 | 84 | 116 |
| | 78 | 1,046 | 514 | 532 | 856 | 435 | 421 | 190 | 79 | 111 |
| | 79 | 1,003 | 489 | 514 | 821 | 414 | 407 | 182 | 75 | 107 |
| | 80+ | 6,351 | 3,282 | 3,069 | 5,077 | 2,764 | 2,313 | 1,274 | 518 | 756 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2011 | All Ages | 1,558,200 | 762,601 | 795,599 | 1,249,835 | 611,683 | 638,152 | 308,365 | 150,918 | 157,447 |
| | 0 | 71,856 | 35,970 | 35,886 | 59,126 | 29,420 | 29,706 | 12,730 | 6,550 | 6,180 |
| | 1 | 67,321 | 33,592 | 33,729 | 55,396 | 27,475 | 27,921 | 11,925 | 6,117 | 5,808 |
| | 2 | 63,823 | 31,791 | 32,032 | 52,518 | 26,002 | 26,516 | 11,305 | 5,789 | 5,516 |
| | 3 | 60,631 | 30,166 | 30,465 | 49,892 | 24,673 | 25,219 | 10,739 | 5,493 | 5,246 |
| | 4 | 57,728 | 28,699 | 29,029 | 47,503 | 23,473 | 24,030 | 10,225 | 5,226 | 4,999 |
| | 5 | 54,818 | 27,220 | 27,598 | 44,717 | 22,145 | 22,572 | 10,101 | 5,075 | 5,026 |
| | 6 | 52,369 | 25,994 | 26,375 | 42,720 | 21,148 | 21,572 | 9,649 | 4,846 | 4,803 |
| | 7 | 49,521 | 24,539 | 24,982 | 40,397 | 19,964 | 20,433 | 9,124 | 4,575 | 4,549 |
| | 8 | 46,531 | 23,016 | 23,515 | 37,958 | 18,725 | 19,233 | 8,573 | 4,291 | 4,282 |
| | 9 | 40,924 | 20,006 | 20,918 | 33,385 | 16,276 | 17,109 | 7,539 | 3,730 | 3,809 |
| | 10 | 40,836 | 20,087 | 20,749 | 32,694 | 16,141 | 16,553 | 8,142 | 3,946 | 4,196 |
| | 11 | 40,238 | 19,864 | 20,374 | 32,216 | 15,962 | 16,254 | 8,022 | 3,902 | 4,120 |
| | 12 | 39,341 | 19,460 | 19,881 | 31,498 | 15,637 | 15,861 | 7,843 | 3,823 | 4,020 |
| | 13 | 38,335 | 18,982 | 19,353 | 30,692 | 15,253 | 15,439 | 7,643 | 3,729 | 3,914 |
| | 14 | 37,383 | 18,528 | 18,855 | 29,930 | 14,888 | 15,042 | 7,453 | 3,640 | 3,813 |
| | 15 | 36,058 | 17,874 | 18,184 | 28,513 | 14,143 | 14,370 | 7,545 | 3,731 | 3,814 |
| | 16 | 34,758 | 17,235 | 17,523 | 27,485 | 13,637 | 13,848 | 7,273 | 3,598 | 3,675 |
| | 17 | 33,529 | 16,646 | 16,883 | 26,513 | 13,171 | 13,342 | 7,016 | 3,475 | 3,541 |
| | 18 | 32,365 | 16,101 | 16,264 | 25,593 | 12,740 | 12,853 | 6,772 | 3,361 | 3,411 |
| | 19 | 31,252 | 15,583 | 15,669 | 24,713 | 12,330 | 12,383 | 6,539 | 3,253 | 3,286 |
| | 20 | 30,121 | 15,038 | 15,083 | 23,693 | 11,871 | 11,822 | 6,428 | 3,167 | 3,261 |
| | 21 | 28,955 | 14,433 | 14,522 | 22,776 | 11,394 | 11,382 | 6,179 | 3,039 | 3,140 |
| | 22 | 27,762 | 13,764 | 13,998 | 21,837 | 10,866 | 10,971 | 5,925 | 2,898 | 3,027 |
| | 23 | 26,515 | 13,052 | 13,463 | 20,856 | 10,304 | 10,552 | 5,659 | 2,748 | 2,911 |
| | 24 | 25,362 | 12,353 | 13,009 | 19,948 | 9,752 | 10,196 | 5,414 | 2,601 | 2,813 |
| | 25 | 24,290 | 11,706 | 12,584 | 18,919 | 9,131 | 9,788 | 5,371 | 2,575 | 2,796 |
| | 26 | 23,272 | 11,062 | 12,210 | 18,126 | 8,629 | 9,497 | 5,146 | 2,433 | 2,713 |
| | 27 | 22,341 | 10,433 | 11,908 | 17,400 | 8,138 | 9,262 | 4,941 | 2,295 | 2,646 |
| | 28 | 21,452 | 9,827 | 11,625 | 16,708 | 7,666 | 9,042 | 4,744 | 2,161 | 2,583 |
| | 29 | 20,606 | 9,215 | 11,391 | 16,048 | 7,188 | 8,860 | 4,558 | 2,027 | 2,531 |
| | 30 | 19,805 | 8,660 | 11,145 | 15,483 | 6,754 | 8,729 | 4,322 | 1,906 | 2,416 |
| | 31 | 19,046 | 8,236 | 10,810 | 14,890 | 6,423 | 8,467 | 4,156 | 1,813 | 2,343 |
| | 32 | 18,350 | 7,987 | 10,363 | 14,346 | 6,229 | 8,117 | 4,004 | 1,758 | 2,246 |
| | 33 | 17,690 | 7,862 | 9,828 | 13,830 | 6,132 | 7,698 | 3,860 | 1,730 | 2,130 |
| | 34 | 17,097 | 7,801 | 9,296 | 13,365 | 6,084 | 7,281 | 3,732 | 1,717 | 2,015 |
| | 35 | 16,514 | 7,718 | 8,796 | 12,930 | 6,039 | 6,891 | 3,584 | 1,679 | 1,905 |
| | 36 | 15,820 | 7,544 | 8,276 | 12,387 | 5,903 | 6,484 | 3,433 | 1,641 | 1,792 |
| | 37 | 15,000 | 7,246 | 7,754 | 11,745 | 5,670 | 6,075 | 3,255 | 1,576 | 1,679 |
| | 38 | 14,118 | 6,857 | 7,261 | 11,054 | 5,365 | 5,689 | 3,064 | 1,492 | 1,572 |
| | 39 | 13,187 | 6,459 | 6,728 | 10,325 | 5,054 | 5,271 | 2,862 | 1,405 | 1,457 |
| | 40 | 12,333 | 6,105 | 6,228 | 9,793 | 4,825 | 4,968 | 2,540 | 1,280 | 1,260 |
| | 41 | 11,552 | 5,752 | 5,800 | 9,173 | 4,546 | 4,627 | 2,379 | 1,206 | 1,173 |
| | 42 | 10,902 | 5,425 | 5,477 | 8,656 | 4,287 | 4,369 | 2,246 | 1,138 | 1,108 |
| | 43 | 10,377 | 5,121 | 5,256 | 8,240 | 4,047 | 4,193 | 2,137 | 1,074 | 1,063 |
| | 44 | 9,857 | 4,816 | 5,041 | 7,827 | 3,806 | 4,021 | 2,030 | 1,010 | 1,020 |
| | 45 | 9,359 | 4,528 | 4,831 | 7,506 | 3,612 | 3,894 | 1,853 | 916 | 937 |
| | 46 | 8,917 | 4,285 | 4,632 | 7,151 | 3,418 | 3,733 | 1,766 | 867 | 899 |
| | 47 | 8,555 | 4,114 | 4,441 | 6,861 | 3,282 | 3,579 | 1,694 | 832 | 862 |
| | 48 | 8,271 | 3,995 | 4,276 | 6,633 | 3,187 | 3,446 | 1,638 | 808 | 830 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2011 | | | | | | | | | | |
| | 49 | 8,021 | 3,909 | 4,112 | 6,432 | 3,118 | 3,314 | 1,589 | 791 | 798 |
| | 50 | 7,784 | 3,821 | 3,963 | 6,282 | 3,104 | 3,178 | 1,502 | 717 | 785 |
| | 51 | 7,454 | 3,675 | 3,779 | 6,017 | 2,986 | 3,031 | 1,437 | 689 | 748 |
| | 52 | 7,027 | 3,464 | 3,563 | 5,672 | 2,814 | 2,858 | 1,355 | 650 | 705 |
| | 53 | 6,544 | 3,211 | 3,333 | 5,282 | 2,609 | 2,673 | 1,262 | 602 | 660 |
| | 54 | 6,031 | 2,943 | 3,088 | 4,868 | 2,391 | 2,477 | 1,163 | 552 | 611 |
| | 55 | 5,583 | 2,714 | 2,869 | 4,482 | 2,185 | 2,297 | 1,101 | 529 | 572 |
| | 56 | 5,207 | 2,525 | 2,682 | 4,180 | 2,033 | 2,147 | 1,027 | 492 | 535 |
| | 57 | 4,974 | 2,417 | 2,557 | 3,993 | 1,946 | 2,047 | 981 | 471 | 510 |
| | 58 | 4,841 | 2,365 | 2,476 | 3,886 | 1,904 | 1,982 | 955 | 461 | 494 |
| | 59 | 4,761 | 2,339 | 2,422 | 3,822 | 1,883 | 1,939 | 939 | 456 | 483 |
| | 60 | 4,667 | 2,304 | 2,363 | 3,785 | 1,875 | 1,910 | 882 | 429 | 453 |
| | 61 | 4,426 | 2,198 | 2,228 | 3,590 | 1,789 | 1,801 | 836 | 409 | 427 |
| | 62 | 4,041 | 2,023 | 2,018 | 3,277 | 1,646 | 1,631 | 764 | 377 | 387 |
| | 63 | 3,569 | 1,803 | 1,766 | 2,894 | 1,467 | 1,427 | 675 | 336 | 339 |
| | 64 | 3,068 | 1,573 | 1,495 | 2,488 | 1,280 | 1,208 | 580 | 293 | 287 |
| | 65 | 2,658 | 1,386 | 1,272 | 2,165 | 1,145 | 1,020 | 493 | 241 | 252 |
| | 66 | 2,342 | 1,230 | 1,112 | 1,907 | 1,016 | 891 | 435 | 214 | 221 |
| | 67 | 2,204 | 1,145 | 1,059 | 1,795 | 946 | 849 | 409 | 199 | 210 |
| | 68 | 2,189 | 1,110 | 1,079 | 1,782 | 917 | 865 | 407 | 193 | 214 |
| | 69 | 2,214 | 1,091 | 1,123 | 1,801 | 901 | 900 | 413 | 190 | 223 |
| | 70 | 2,228 | 1,072 | 1,156 | 1,820 | 900 | 920 | 408 | 172 | 236 |
| | 71 | 2,135 | 1,012 | 1,123 | 1,744 | 850 | 894 | 391 | 162 | 229 |
| | 72 | 1,962 | 929 | 1,033 | 1,602 | 780 | 822 | 360 | 149 | 211 |
| | 73 | 1,739 | 831 | 908 | 1,421 | 698 | 723 | 318 | 133 | 185 |
| | 74 | 1,515 | 736 | 779 | 1,238 | 618 | 620 | 277 | 118 | 159 |
| | 75 | 1,351 | 667 | 684 | 1,102 | 563 | 539 | 249 | 104 | 145 |
| | 76 | 1,188 | 593 | 595 | 970 | 501 | 469 | 218 | 92 | 126 |
| | 77 | 1,079 | 539 | 540 | 881 | 455 | 426 | 198 | 84 | 114 |
| | 78 | 1,006 | 497 | 509 | 821 | 420 | 401 | 185 | 77 | 108 |
| | 79 | 950 | 464 | 486 | 775 | 392 | 383 | 175 | 72 | 103 |
| | 80+ | 6,399 | 3,268 | 3,131 | 5,096 | 2,746 | 2,350 | 1,303 | 522 | 781 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2012 | All Ages | 1,615,098 | 790,865 | 824,233 | 1,291,599 | 632,460 | 659,139 | 323,499 | 158,405 | 165,094 |
| | 0 | 74,208 | 37,150 | 37,058 | 60,894 | 30,301 | 30,593 | 13,314 | 6,849 | 6,465 |
| | 1 | 69,710 | 34,784 | 34,926 | 57,204 | 28,371 | 28,833 | 12,506 | 6,413 | 6,093 |
| | 2 | 66,066 | 32,908 | 33,158 | 54,214 | 26,841 | 27,373 | 11,852 | 6,067 | 5,785 |
| | 3 | 62,926 | 31,308 | 31,618 | 51,638 | 25,536 | 26,102 | 11,288 | 5,772 | 5,516 |
| | 4 | 59,976 | 29,816 | 30,160 | 49,217 | 24,319 | 24,898 | 10,759 | 5,497 | 5,262 |
| | 5 | 57,044 | 28,324 | 28,720 | 46,400 | 22,978 | 23,422 | 10,644 | 5,346 | 5,298 |
| | 6 | 54,570 | 27,086 | 27,484 | 44,388 | 21,974 | 22,414 | 10,182 | 5,112 | 5,070 |
| | 7 | 52,131 | 25,866 | 26,265 | 42,404 | 20,984 | 21,420 | 9,727 | 4,882 | 4,845 |
| | 8 | 49,294 | 24,417 | 24,877 | 40,096 | 19,808 | 20,288 | 9,198 | 4,609 | 4,589 |
| | 9 | 46,311 | 22,898 | 23,413 | 37,670 | 18,576 | 19,094 | 8,641 | 4,322 | 4,319 |
| | 10 | 40,748 | 19,912 | 20,836 | 32,521 | 15,952 | 16,569 | 8,227 | 3,960 | 4,267 |
| | 11 | 40,684 | 20,005 | 20,679 | 32,471 | 16,027 | 16,444 | 8,213 | 3,978 | 4,235 |
| | 12 | 40,088 | 19,783 | 20,305 | 31,996 | 15,849 | 16,147 | 8,092 | 3,934 | 4,158 |
| | 13 | 39,194 | 19,381 | 19,813 | 31,283 | 15,527 | 15,756 | 7,911 | 3,854 | 4,057 |
| | 14 | 38,197 | 18,908 | 19,289 | 30,487 | 15,148 | 15,339 | 7,710 | 3,760 | 3,950 |
| | 15 | 37,249 | 18,455 | 18,794 | 29,359 | 14,556 | 14,803 | 7,890 | 3,899 | 3,991 |
| | 16 | 35,894 | 17,779 | 18,115 | 28,291 | 14,023 | 14,268 | 7,603 | 3,756 | 3,847 |
| | 17 | 34,600 | 17,144 | 17,456 | 27,271 | 13,522 | 13,749 | 7,329 | 3,622 | 3,707 |
| | 18 | 33,374 | 16,557 | 16,817 | 26,305 | 13,059 | 13,246 | 7,069 | 3,498 | 3,571 |
| | 19 | 32,213 | 16,016 | 16,197 | 25,389 | 12,632 | 12,757 | 6,824 | 3,384 | 3,440 |
| | 20 | 31,101 | 15,501 | 15,600 | 24,383 | 12,198 | 12,185 | 6,718 | 3,303 | 3,415 |
| | 21 | 29,943 | 14,942 | 15,001 | 23,475 | 11,758 | 11,717 | 6,468 | 3,184 | 3,284 |
| | 22 | 28,775 | 14,340 | 14,435 | 22,559 | 11,284 | 11,275 | 6,216 | 3,056 | 3,160 |
| | 23 | 27,581 | 13,675 | 13,906 | 21,623 | 10,761 | 10,862 | 5,958 | 2,914 | 3,044 |
| | 24 | 26,320 | 12,967 | 13,353 | 20,634 | 10,204 | 10,430 | 5,686 | 2,763 | 2,923 |
| | 25 | 25,176 | 12,272 | 12,904 | 19,542 | 9,541 | 10,001 | 5,634 | 2,731 | 2,903 |
| | 26 | 24,098 | 11,624 | 12,474 | 18,705 | 9,037 | 9,668 | 5,393 | 2,587 | 2,806 |
| | 27 | 23,090 | 10,986 | 12,104 | 17,922 | 8,541 | 9,381 | 5,168 | 2,445 | 2,723 |
| | 28 | 22,164 | 10,360 | 11,804 | 17,203 | 8,054 | 9,149 | 4,961 | 2,306 | 2,655 |
| | 29 | 21,272 | 9,759 | 11,513 | 16,510 | 7,587 | 8,923 | 4,762 | 2,172 | 2,590 |
| | 30 | 20,430 | 9,151 | 11,279 | 15,917 | 7,113 | 8,804 | 4,513 | 2,038 | 2,475 |
| | 31 | 19,617 | 8,594 | 11,023 | 15,284 | 6,680 | 8,604 | 4,333 | 1,914 | 2,419 |
| | 32 | 18,861 | 8,172 | 10,689 | 14,695 | 6,352 | 8,343 | 4,166 | 1,820 | 2,346 |
| | 33 | 18,169 | 7,925 | 10,244 | 14,156 | 6,160 | 7,996 | 4,013 | 1,765 | 2,248 |
| | 34 | 17,508 | 7,796 | 9,712 | 13,641 | 6,060 | 7,581 | 3,867 | 1,736 | 2,131 |
| | 35 | 16,922 | 7,736 | 9,186 | 13,205 | 6,033 | 7,172 | 3,717 | 1,703 | 2,014 |
| | 36 | 16,327 | 7,643 | 8,684 | 12,741 | 5,961 | 6,780 | 3,586 | 1,682 | 1,904 |
| | 37 | 15,643 | 7,472 | 8,171 | 12,207 | 5,827 | 6,380 | 3,436 | 1,645 | 1,791 |
| | 38 | 14,834 | 7,176 | 7,658 | 11,575 | 5,596 | 5,979 | 3,259 | 1,580 | 1,679 |
| | 39 | 13,970 | 6,791 | 7,179 | 10,901 | 5,296 | 5,605 | 3,069 | 1,495 | 1,574 |
| | 40 | 13,045 | 6,396 | 6,649 | 10,326 | 5,039 | 5,287 | 2,719 | 1,357 | 1,362 |
| | 41 | 12,181 | 6,034 | 6,147 | 9,641 | 4,753 | 4,888 | 2,540 | 1,281 | 1,259 |
| | 42 | 11,409 | 5,684 | 5,725 | 9,030 | 4,478 | 4,552 | 2,379 | 1,206 | 1,173 |
| | 43 | 10,764 | 5,359 | 5,405 | 8,520 | 4,222 | 4,298 | 2,244 | 1,137 | 1,107 |
| | 44 | 10,259 | 5,061 | 5,198 | 8,120 | 3,987 | 4,133 | 2,139 | 1,074 | 1,065 |
| | 45 | 9,741 | 4,758 | 4,983 | 7,788 | 3,784 | 4,004 | 1,953 | 974 | 979 |
| | 46 | 9,232 | 4,463 | 4,769 | 7,381 | 3,549 | 3,832 | 1,851 | 914 | 937 |
| | 47 | 8,794 | 4,223 | 4,571 | 7,031 | 3,358 | 3,673 | 1,763 | 865 | 898 |
| | 48 | 8,438 | 4,055 | 4,383 | 6,747 | 3,225 | 3,522 | 1,691 | 830 | 861 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2012 | | | | | | | | | | |
| | 49 | 8,165 | 3,937 | 4,228 | 6,528 | 3,131 | 3,397 | 1,637 | 806 | 831 |
| | 50 | 7,917 | 3,852 | 4,065 | 6,371 | 3,121 | 3,250 | 1,546 | 731 | 815 |
| | 51 | 7,657 | 3,751 | 3,906 | 6,162 | 3,039 | 3,123 | 1,495 | 712 | 783 |
| | 52 | 7,333 | 3,608 | 3,725 | 5,901 | 2,923 | 2,978 | 1,432 | 685 | 747 |
| | 53 | 6,912 | 3,401 | 3,511 | 5,562 | 2,755 | 2,807 | 1,350 | 646 | 704 |
| | 54 | 6,440 | 3,153 | 3,287 | 5,182 | 2,554 | 2,628 | 1,258 | 599 | 659 |
| | 55 | 5,934 | 2,889 | 3,045 | 4,749 | 2,319 | 2,430 | 1,185 | 570 | 615 |
| | 56 | 5,461 | 2,647 | 2,814 | 4,371 | 2,125 | 2,246 | 1,090 | 522 | 568 |
| | 57 | 5,093 | 2,463 | 2,630 | 4,076 | 1,977 | 2,099 | 1,017 | 486 | 531 |
| | 58 | 4,865 | 2,358 | 2,507 | 3,894 | 1,893 | 2,001 | 971 | 465 | 506 |
| | 59 | 4,734 | 2,306 | 2,428 | 3,789 | 1,851 | 1,938 | 945 | 455 | 490 |
| | 60 | 4,658 | 2,282 | 2,376 | 3,767 | 1,852 | 1,915 | 891 | 430 | 461 |
| | 61 | 4,523 | 2,226 | 2,297 | 3,657 | 1,806 | 1,851 | 866 | 420 | 446 |
| | 62 | 4,288 | 2,123 | 2,165 | 3,468 | 1,723 | 1,745 | 820 | 400 | 420 |
| | 63 | 3,915 | 1,953 | 1,962 | 3,166 | 1,585 | 1,581 | 749 | 368 | 381 |
| | 64 | 3,458 | 1,741 | 1,717 | 2,797 | 1,413 | 1,384 | 661 | 328 | 333 |
| | 65 | 2,973 | 1,520 | 1,453 | 2,413 | 1,252 | 1,161 | 560 | 268 | 292 |
| | 66 | 2,538 | 1,319 | 1,219 | 2,061 | 1,087 | 974 | 477 | 232 | 245 |
| | 67 | 2,235 | 1,170 | 1,065 | 1,815 | 964 | 851 | 420 | 206 | 214 |
| | 68 | 2,105 | 1,090 | 1,015 | 1,709 | 898 | 811 | 396 | 192 | 204 |
| | 69 | 2,090 | 1,056 | 1,034 | 1,696 | 870 | 826 | 394 | 186 | 208 |
| | 70 | 2,115 | 1,038 | 1,077 | 1,724 | 870 | 854 | 391 | 168 | 223 |
| | 71 | 2,082 | 997 | 1,085 | 1,696 | 835 | 861 | 386 | 162 | 224 |
| | 72 | 1,997 | 942 | 1,055 | 1,626 | 789 | 837 | 371 | 153 | 218 |
| | 73 | 1,833 | 864 | 969 | 1,493 | 724 | 769 | 340 | 140 | 200 |
| | 74 | 1,625 | 773 | 852 | 1,324 | 648 | 676 | 301 | 125 | 176 |
| | 75 | 1,416 | 685 | 731 | 1,151 | 577 | 574 | 265 | 108 | 157 |
| | 76 | 1,226 | 602 | 624 | 997 | 507 | 490 | 229 | 95 | 134 |
| | 77 | 1,078 | 535 | 543 | 878 | 451 | 427 | 200 | 84 | 116 |
| | 78 | 981 | 487 | 494 | 798 | 410 | 388 | 183 | 77 | 106 |
| | 79 | 913 | 449 | 464 | 743 | 378 | 365 | 170 | 71 | 99 |
| | 80+ | 6,397 | 3,236 | 3,161 | 5,075 | 2,712 | 2,363 | 1,322 | 524 | 798 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2013 | All Ages | 1,673,954 | 820,180 | 853,774 | 1,334,643 | 653,930 | 680,713 | 339,311 | 166,250 | 173,061 |
| | 0 | 76,690 | 38,395 | 38,295 | 62,759 | 31,230 | 31,529 | 13,931 | 7,165 | 6,766 |
| | 1 | 72,046 | 35,952 | 36,094 | 58,960 | 29,243 | 29,717 | 13,086 | 6,709 | 6,377 |
| | 2 | 68,443 | 34,093 | 34,350 | 56,012 | 27,731 | 28,281 | 12,431 | 6,362 | 6,069 |
| | 3 | 65,161 | 32,421 | 32,740 | 53,326 | 26,371 | 26,955 | 11,835 | 6,050 | 5,785 |
| | 4 | 62,262 | 30,953 | 31,309 | 50,954 | 25,177 | 25,777 | 11,308 | 5,776 | 5,532 |
| | 5 | 59,281 | 29,435 | 29,846 | 48,083 | 23,812 | 24,271 | 11,198 | 5,623 | 5,575 |
| | 6 | 56,792 | 28,188 | 28,604 | 46,064 | 22,803 | 23,261 | 10,728 | 5,385 | 5,343 |
| | 7 | 54,330 | 26,957 | 27,373 | 44,067 | 21,807 | 22,260 | 10,263 | 5,150 | 5,113 |
| | 8 | 51,897 | 25,740 | 26,157 | 42,094 | 20,823 | 21,271 | 9,803 | 4,917 | 4,886 |
| | 9 | 49,069 | 24,297 | 24,772 | 39,800 | 19,655 | 20,145 | 9,269 | 4,642 | 4,627 |
| | 10 | 46,092 | 22,781 | 23,311 | 36,675 | 18,196 | 18,479 | 9,417 | 4,585 | 4,832 |
| | 11 | 40,599 | 19,832 | 20,767 | 32,303 | 15,841 | 16,462 | 8,296 | 3,991 | 4,305 |
| | 12 | 40,536 | 19,926 | 20,610 | 32,254 | 15,916 | 16,338 | 8,282 | 4,010 | 4,272 |
| | 13 | 39,941 | 19,704 | 20,237 | 31,781 | 15,739 | 16,042 | 8,160 | 3,965 | 4,195 |
| | 14 | 39,050 | 19,303 | 19,747 | 31,072 | 15,418 | 15,654 | 7,978 | 3,885 | 4,093 |
| | 15 | 38,063 | 18,835 | 19,228 | 29,904 | 14,809 | 15,095 | 8,159 | 4,026 | 4,133 |
| | 16 | 37,083 | 18,360 | 18,723 | 29,134 | 14,435 | 14,699 | 7,949 | 3,925 | 4,024 |
| | 17 | 35,733 | 17,687 | 18,046 | 28,073 | 13,906 | 14,167 | 7,660 | 3,781 | 3,879 |
| | 18 | 34,445 | 17,055 | 17,390 | 27,061 | 13,409 | 13,652 | 7,384 | 3,646 | 3,738 |
| | 19 | 33,220 | 16,471 | 16,749 | 26,099 | 12,950 | 13,149 | 7,121 | 3,521 | 3,600 |
| | 20 | 32,059 | 15,932 | 16,127 | 25,051 | 12,497 | 12,554 | 7,008 | 3,435 | 3,573 |
| | 21 | 30,918 | 15,402 | 15,516 | 24,159 | 12,081 | 12,078 | 6,759 | 3,321 | 3,438 |
| | 22 | 29,758 | 14,846 | 14,912 | 23,253 | 11,645 | 11,608 | 6,505 | 3,201 | 3,304 |
| | 23 | 28,590 | 14,249 | 14,341 | 22,341 | 11,177 | 11,164 | 6,249 | 3,072 | 3,177 |
| | 24 | 27,396 | 13,588 | 13,808 | 21,407 | 10,658 | 10,749 | 5,989 | 2,930 | 3,059 |
| | 25 | 26,117 | 12,882 | 13,235 | 20,204 | 9,982 | 10,222 | 5,913 | 2,900 | 3,013 |
| | 26 | 24,967 | 12,187 | 12,780 | 19,314 | 9,443 | 9,871 | 5,653 | 2,744 | 2,909 |
| | 27 | 23,900 | 11,543 | 12,357 | 18,488 | 8,944 | 9,544 | 5,412 | 2,599 | 2,813 |
| | 28 | 22,899 | 10,908 | 11,991 | 17,713 | 8,452 | 9,261 | 5,186 | 2,456 | 2,730 |
| | 29 | 21,978 | 10,286 | 11,692 | 17,000 | 7,970 | 9,030 | 4,978 | 2,316 | 2,662 |
| | 30 | 21,081 | 9,689 | 11,392 | 16,368 | 7,506 | 8,862 | 4,713 | 2,183 | 2,530 |
| | 31 | 20,229 | 9,080 | 11,149 | 15,707 | 7,034 | 8,673 | 4,522 | 2,046 | 2,476 |
| | 32 | 19,417 | 8,526 | 10,891 | 15,077 | 6,605 | 8,472 | 4,340 | 1,921 | 2,419 |
| | 33 | 18,666 | 8,108 | 10,558 | 14,494 | 6,281 | 8,213 | 4,172 | 1,827 | 2,345 |
| | 34 | 17,979 | 7,861 | 10,118 | 13,961 | 6,090 | 7,871 | 4,018 | 1,771 | 2,247 |
| | 35 | 17,317 | 7,729 | 9,588 | 13,469 | 6,008 | 7,461 | 3,848 | 1,721 | 2,127 |
| | 36 | 16,719 | 7,659 | 9,060 | 13,003 | 5,953 | 7,050 | 3,716 | 1,706 | 2,010 |
| | 37 | 16,131 | 7,566 | 8,565 | 12,546 | 5,881 | 6,665 | 3,585 | 1,685 | 1,900 |
| | 38 | 15,460 | 7,397 | 8,063 | 12,024 | 5,750 | 6,274 | 3,436 | 1,647 | 1,789 |
| | 39 | 14,662 | 7,105 | 7,557 | 11,403 | 5,523 | 5,880 | 3,259 | 1,582 | 1,677 |
| | 40 | 13,817 | 6,724 | 7,093 | 10,902 | 5,280 | 5,622 | 2,915 | 1,444 | 1,471 |
| | 41 | 12,881 | 6,321 | 6,560 | 10,164 | 4,964 | 5,200 | 2,717 | 1,357 | 1,360 |
| | 42 | 12,025 | 5,962 | 6,063 | 9,488 | 4,682 | 4,806 | 2,537 | 1,280 | 1,257 |
| | 43 | 11,262 | 5,616 | 5,646 | 8,885 | 4,410 | 4,475 | 2,377 | 1,206 | 1,171 |
| | 44 | 10,628 | 5,295 | 5,333 | 8,385 | 4,158 | 4,227 | 2,243 | 1,137 | 1,106 |
| | 45 | 10,139 | 5,001 | 5,138 | 8,081 | 3,965 | 4,116 | 2,058 | 1,036 | 1,022 |
| | 46 | 9,607 | 4,690 | 4,917 | 7,657 | 3,718 | 3,939 | 1,950 | 972 | 978 |
| | 47 | 9,104 | 4,398 | 4,706 | 7,257 | 3,487 | 3,770 | 1,847 | 911 | 936 |
| | 48 | 8,672 | 4,161 | 4,511 | 6,913 | 3,299 | 3,614 | 1,759 | 862 | 897 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2013 | | | | | | | | | | |
| | 49 | 8,322 | 3,996 | 4,326 | 6,633 | 3,168 | 3,465 | 1,689 | 828 | 861 |
| | 50 | 8,062 | 3,881 | 4,181 | 6,467 | 3,135 | 3,332 | 1,595 | 746 | 849 |
| | 51 | 7,789 | 3,782 | 4,007 | 6,249 | 3,055 | 3,194 | 1,540 | 727 | 813 |
| | 52 | 7,532 | 3,683 | 3,849 | 6,043 | 2,975 | 3,068 | 1,489 | 708 | 781 |
| | 53 | 7,213 | 3,542 | 3,671 | 5,787 | 2,861 | 2,926 | 1,426 | 681 | 745 |
| | 54 | 6,798 | 3,338 | 3,460 | 5,455 | 2,697 | 2,758 | 1,343 | 641 | 702 |
| | 55 | 6,336 | 3,096 | 3,240 | 5,056 | 2,478 | 2,578 | 1,280 | 618 | 662 |
| | 56 | 5,805 | 2,819 | 2,986 | 4,632 | 2,256 | 2,376 | 1,173 | 563 | 610 |
| | 57 | 5,342 | 2,583 | 2,759 | 4,262 | 2,067 | 2,195 | 1,080 | 516 | 564 |
| | 58 | 4,983 | 2,404 | 2,579 | 3,976 | 1,924 | 2,052 | 1,007 | 480 | 527 |
| | 59 | 4,759 | 2,300 | 2,459 | 3,797 | 1,841 | 1,956 | 962 | 459 | 503 |
| | 60 | 4,632 | 2,250 | 2,382 | 3,735 | 1,821 | 1,914 | 897 | 429 | 468 |
| | 61 | 4,515 | 2,205 | 2,310 | 3,640 | 1,784 | 1,856 | 875 | 421 | 454 |
| | 62 | 4,383 | 2,150 | 2,233 | 3,534 | 1,740 | 1,794 | 849 | 410 | 439 |
| | 63 | 4,157 | 2,051 | 2,106 | 3,352 | 1,660 | 1,692 | 805 | 391 | 414 |
| | 64 | 3,794 | 1,887 | 1,907 | 3,059 | 1,527 | 1,532 | 735 | 360 | 375 |
| | 65 | 3,353 | 1,683 | 1,670 | 2,713 | 1,383 | 1,330 | 640 | 300 | 340 |
| | 66 | 2,840 | 1,447 | 1,393 | 2,299 | 1,189 | 1,110 | 541 | 258 | 283 |
| | 67 | 2,425 | 1,256 | 1,169 | 1,963 | 1,032 | 931 | 462 | 224 | 238 |
| | 68 | 2,137 | 1,115 | 1,022 | 1,730 | 916 | 814 | 407 | 199 | 208 |
| | 69 | 2,010 | 1,037 | 973 | 1,627 | 852 | 775 | 383 | 185 | 198 |
| | 70 | 1,996 | 1,005 | 991 | 1,624 | 840 | 784 | 372 | 165 | 207 |
| | 71 | 1,978 | 966 | 1,012 | 1,607 | 807 | 800 | 371 | 159 | 212 |
| | 72 | 1,946 | 927 | 1,019 | 1,581 | 775 | 806 | 365 | 152 | 213 |
| | 73 | 1,866 | 876 | 990 | 1,515 | 732 | 783 | 351 | 144 | 207 |
| | 74 | 1,714 | 804 | 910 | 1,392 | 672 | 720 | 322 | 132 | 190 |
| | 75 | 1,521 | 720 | 801 | 1,232 | 605 | 627 | 289 | 115 | 174 |
| | 76 | 1,287 | 619 | 668 | 1,043 | 520 | 523 | 244 | 99 | 145 |
| | 77 | 1,114 | 544 | 570 | 903 | 457 | 446 | 211 | 87 | 124 |
| | 78 | 980 | 484 | 496 | 795 | 407 | 388 | 185 | 77 | 108 |
| | 79 | 890 | 439 | 451 | 722 | 369 | 353 | 168 | 70 | 98 |
| | 80+ | 6,364 | 3,195 | 3,169 | 5,031 | 2,671 | 2,360 | 1,333 | 524 | 809 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2014 | All Ages | 1,734,729 | 850,494 | 884,235 | 1,378,937 | 676,059 | 702,878 | 355,792 | 174,435 | 181,357 |
| | 0 | 79,111 | 39,610 | 39,501 | 64,564 | 32,129 | 32,435 | 14,547 | 7,481 | 7,066 |
| | 1 | 74,512 | 37,186 | 37,326 | 60,812 | 30,163 | 30,649 | 13,700 | 7,023 | 6,677 |
| | 2 | 70,770 | 35,256 | 35,514 | 57,759 | 28,598 | 29,161 | 13,011 | 6,658 | 6,353 |
| | 3 | 67,530 | 33,601 | 33,929 | 55,114 | 27,255 | 27,859 | 12,416 | 6,346 | 6,070 |
| | 4 | 64,490 | 32,063 | 32,427 | 52,634 | 26,008 | 26,626 | 11,856 | 6,055 | 5,801 |
| | 5 | 61,560 | 30,568 | 30,992 | 49,790 | 24,658 | 25,132 | 11,770 | 5,910 | 5,860 |
| | 6 | 59,026 | 29,298 | 29,728 | 47,741 | 23,634 | 24,107 | 11,285 | 5,664 | 5,621 |
| | 7 | 56,547 | 28,056 | 28,491 | 45,736 | 22,632 | 23,104 | 10,811 | 5,424 | 5,387 |
| | 8 | 54,090 | 26,827 | 27,263 | 43,749 | 21,641 | 22,108 | 10,341 | 5,186 | 5,155 |
| | 9 | 51,667 | 25,616 | 26,051 | 41,789 | 20,664 | 21,125 | 9,878 | 4,952 | 4,926 |
| | 10 | 48,847 | 24,177 | 24,670 | 38,749 | 19,254 | 19,495 | 10,098 | 4,923 | 5,175 |
| | 11 | 45,902 | 22,679 | 23,223 | 36,412 | 18,061 | 18,351 | 9,490 | 4,618 | 4,872 |
| | 12 | 40,452 | 19,754 | 20,698 | 32,088 | 15,732 | 16,356 | 8,364 | 4,022 | 4,342 |
| | 13 | 40,390 | 19,847 | 20,543 | 32,039 | 15,806 | 16,233 | 8,351 | 4,041 | 4,310 |
| | 14 | 39,797 | 19,626 | 20,171 | 31,569 | 15,630 | 15,939 | 8,228 | 3,996 | 4,232 |
| | 15 | 38,908 | 19,226 | 19,682 | 30,469 | 15,068 | 15,401 | 8,439 | 4,158 | 4,281 |
| | 16 | 37,895 | 18,738 | 19,157 | 29,676 | 14,686 | 14,990 | 8,219 | 4,052 | 4,167 |
| | 17 | 36,921 | 18,266 | 18,655 | 28,913 | 14,316 | 14,597 | 8,008 | 3,950 | 4,058 |
| | 18 | 35,576 | 17,596 | 17,980 | 27,860 | 13,791 | 14,069 | 7,716 | 3,805 | 3,911 |
| | 19 | 34,288 | 16,967 | 17,321 | 26,852 | 13,298 | 13,554 | 7,436 | 3,669 | 3,767 |
| | 20 | 33,064 | 16,385 | 16,679 | 25,751 | 12,811 | 12,940 | 7,313 | 3,574 | 3,739 |
| | 21 | 31,872 | 15,831 | 16,041 | 24,823 | 12,378 | 12,445 | 7,049 | 3,453 | 3,596 |
| | 22 | 30,731 | 15,305 | 15,426 | 23,935 | 11,967 | 11,968 | 6,796 | 3,338 | 3,458 |
| | 23 | 29,568 | 14,753 | 14,815 | 23,029 | 11,535 | 11,494 | 6,539 | 3,218 | 3,321 |
| | 24 | 28,398 | 14,158 | 14,240 | 22,118 | 11,070 | 11,048 | 6,280 | 3,088 | 3,192 |
| | 25 | 27,203 | 13,500 | 13,703 | 20,973 | 10,426 | 10,547 | 6,230 | 3,074 | 3,156 |
| | 26 | 25,893 | 12,793 | 13,100 | 19,963 | 9,880 | 10,083 | 5,930 | 2,913 | 3,017 |
| | 27 | 24,754 | 12,102 | 12,652 | 19,084 | 9,346 | 9,738 | 5,670 | 2,756 | 2,914 |
| | 28 | 23,697 | 11,462 | 12,235 | 18,269 | 8,852 | 9,417 | 5,428 | 2,610 | 2,818 |
| | 29 | 22,701 | 10,830 | 11,871 | 17,501 | 8,364 | 9,137 | 5,200 | 2,466 | 2,734 |
| | 30 | 21,784 | 10,210 | 11,574 | 16,856 | 7,883 | 8,973 | 4,928 | 2,327 | 2,601 |
| | 31 | 20,870 | 9,614 | 11,256 | 16,150 | 7,423 | 8,727 | 4,720 | 2,191 | 2,529 |
| | 32 | 20,018 | 9,008 | 11,010 | 15,491 | 6,955 | 8,536 | 4,527 | 2,053 | 2,474 |
| | 33 | 19,209 | 8,457 | 10,752 | 14,866 | 6,530 | 8,336 | 4,343 | 1,927 | 2,416 |
| | 34 | 18,462 | 8,040 | 10,422 | 14,288 | 6,208 | 8,080 | 4,174 | 1,832 | 2,342 |
| | 35 | 17,781 | 7,795 | 9,986 | 13,783 | 6,039 | 7,744 | 3,998 | 1,756 | 2,242 |
| | 36 | 17,100 | 7,649 | 9,451 | 13,255 | 5,926 | 7,329 | 3,845 | 1,723 | 2,122 |
| | 37 | 16,510 | 7,578 | 8,932 | 12,798 | 5,871 | 6,927 | 3,712 | 1,707 | 2,005 |
| | 38 | 15,934 | 7,488 | 8,446 | 12,351 | 5,801 | 6,550 | 3,583 | 1,687 | 1,896 |
| | 39 | 15,272 | 7,321 | 7,951 | 11,838 | 5,672 | 6,166 | 3,434 | 1,649 | 1,785 |
| | 40 | 14,487 | 7,034 | 7,453 | 11,395 | 5,506 | 5,889 | 3,092 | 1,528 | 1,564 |
| | 41 | 13,645 | 6,646 | 6,999 | 10,732 | 5,202 | 5,530 | 2,913 | 1,444 | 1,469 |
| | 42 | 12,716 | 6,246 | 6,470 | 10,001 | 4,889 | 5,112 | 2,715 | 1,357 | 1,358 |
| | 43 | 11,870 | 5,891 | 5,979 | 9,335 | 4,611 | 4,724 | 2,535 | 1,280 | 1,255 |
| | 44 | 11,115 | 5,548 | 5,567 | 8,742 | 4,343 | 4,399 | 2,373 | 1,205 | 1,168 |
| | 45 | 10,490 | 5,230 | 5,260 | 8,335 | 4,134 | 4,201 | 2,155 | 1,096 | 1,059 |
| | 46 | 9,998 | 4,928 | 5,070 | 7,944 | 3,895 | 4,049 | 2,054 | 1,033 | 1,021 |
| | 47 | 9,475 | 4,622 | 4,853 | 7,529 | 3,653 | 3,876 | 1,946 | 969 | 977 |
| | 48 | 8,976 | 4,333 | 4,643 | 7,133 | 3,425 | 3,708 | 1,843 | 908 | 935 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2014 | | | | | | | | | | |
| | 49 | 8,552 | 4,101 | 4,451 | 6,796 | 3,241 | 3,555 | 1,756 | 860 | 896 |
| | 50 | 8,207 | 3,938 | 4,269 | 6,564 | 3,172 | 3,392 | 1,643 | 766 | 877 |
| | 51 | 7,932 | 3,810 | 4,122 | 6,344 | 3,069 | 3,275 | 1,588 | 741 | 847 |
| | 52 | 7,663 | 3,712 | 3,951 | 6,129 | 2,990 | 3,139 | 1,534 | 722 | 812 |
| | 53 | 7,408 | 3,614 | 3,794 | 5,926 | 2,911 | 3,015 | 1,482 | 703 | 779 |
| | 54 | 7,094 | 3,477 | 3,617 | 5,675 | 2,801 | 2,874 | 1,419 | 676 | 743 |
| | 55 | 6,685 | 3,277 | 3,408 | 5,318 | 2,615 | 2,703 | 1,367 | 662 | 705 |
| | 56 | 6,198 | 3,021 | 3,177 | 4,931 | 2,411 | 2,520 | 1,267 | 610 | 657 |
| | 57 | 5,680 | 2,751 | 2,929 | 4,518 | 2,195 | 2,323 | 1,162 | 556 | 606 |
| | 58 | 5,227 | 2,521 | 2,706 | 4,158 | 2,012 | 2,146 | 1,069 | 509 | 560 |
| | 59 | 4,875 | 2,346 | 2,529 | 3,878 | 1,872 | 2,006 | 997 | 474 | 523 |
| | 60 | 4,655 | 2,244 | 2,411 | 3,742 | 1,811 | 1,931 | 913 | 433 | 480 |
| | 61 | 4,491 | 2,175 | 2,316 | 3,610 | 1,755 | 1,855 | 881 | 420 | 461 |
| | 62 | 4,376 | 2,130 | 2,246 | 3,518 | 1,719 | 1,799 | 858 | 411 | 447 |
| | 63 | 4,249 | 2,078 | 2,171 | 3,416 | 1,677 | 1,739 | 833 | 401 | 432 |
| | 64 | 4,030 | 1,983 | 2,047 | 3,240 | 1,600 | 1,640 | 790 | 383 | 407 |
| | 65 | 3,679 | 1,824 | 1,855 | 2,968 | 1,495 | 1,473 | 711 | 329 | 382 |
| | 66 | 3,204 | 1,602 | 1,602 | 2,585 | 1,313 | 1,272 | 619 | 289 | 330 |
| | 67 | 2,714 | 1,378 | 1,336 | 2,190 | 1,129 | 1,061 | 524 | 249 | 275 |
| | 68 | 2,317 | 1,196 | 1,121 | 1,870 | 980 | 890 | 447 | 216 | 231 |
| | 69 | 2,042 | 1,062 | 980 | 1,648 | 870 | 778 | 394 | 192 | 202 |
| | 70 | 1,922 | 988 | 934 | 1,560 | 824 | 736 | 362 | 164 | 198 |
| | 71 | 1,867 | 936 | 931 | 1,514 | 780 | 734 | 353 | 156 | 197 |
| | 72 | 1,848 | 898 | 950 | 1,498 | 749 | 749 | 350 | 149 | 201 |
| | 73 | 1,821 | 864 | 957 | 1,474 | 720 | 754 | 347 | 144 | 203 |
| | 74 | 1,746 | 816 | 930 | 1,413 | 680 | 733 | 333 | 136 | 197 |
| | 75 | 1,603 | 748 | 855 | 1,294 | 627 | 667 | 309 | 121 | 188 |
| | 76 | 1,382 | 650 | 732 | 1,116 | 545 | 571 | 266 | 105 | 161 |
| | 77 | 1,169 | 559 | 610 | 945 | 469 | 476 | 224 | 90 | 134 |
| | 78 | 1,012 | 491 | 521 | 819 | 412 | 407 | 193 | 79 | 114 |
| | 79 | 892 | 438 | 454 | 721 | 367 | 354 | 171 | 71 | 100 |
| | 80+ | 6,317 | 3,152 | 3,165 | 4,976 | 2,629 | 2,347 | 1,341 | 523 | 818 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2015 | All Ages | 1,797,656 | 881,857 | 915,799 | 1,424,464 | 698,783 | 725,681 | 373,192 | 183,074 | 190,118 |
| | 0 | 81,710 | 40,914 | 40,796 | 66,495 | 33,091 | 33,404 | 15,215 | 7,823 | 7,392 |
| | 1 | 76,924 | 38,393 | 38,531 | 62,602 | 31,052 | 31,550 | 14,322 | 7,341 | 6,981 |
| | 2 | 73,227 | 36,484 | 36,743 | 59,594 | 29,508 | 30,086 | 13,633 | 6,976 | 6,657 |
| | 3 | 69,852 | 34,761 | 35,091 | 56,848 | 28,115 | 28,733 | 13,004 | 6,646 | 6,358 |
| | 4 | 66,854 | 33,241 | 33,613 | 54,408 | 26,885 | 27,523 | 12,446 | 6,356 | 6,090 |
| | 5 | 63,783 | 31,674 | 32,109 | 51,436 | 25,475 | 25,961 | 12,347 | 6,199 | 6,148 |
| | 6 | 61,302 | 30,428 | 30,874 | 49,435 | 24,473 | 24,962 | 11,867 | 5,955 | 5,912 |
| | 7 | 58,778 | 29,163 | 29,615 | 47,400 | 23,456 | 23,944 | 11,378 | 5,707 | 5,671 |
| | 8 | 56,305 | 27,925 | 28,380 | 45,406 | 22,460 | 22,946 | 10,899 | 5,465 | 5,434 |
| | 9 | 53,858 | 26,702 | 27,156 | 43,432 | 21,476 | 21,956 | 10,426 | 5,226 | 5,200 |
| | 10 | 51,440 | 25,494 | 25,946 | 40,676 | 20,240 | 20,436 | 10,764 | 5,254 | 5,510 |
| | 11 | 48,657 | 24,075 | 24,582 | 38,474 | 19,113 | 19,361 | 10,183 | 4,962 | 5,221 |
| | 12 | 45,712 | 22,577 | 23,135 | 36,146 | 17,924 | 18,222 | 9,566 | 4,653 | 4,913 |
| | 13 | 40,311 | 19,678 | 20,633 | 31,873 | 15,622 | 16,251 | 8,438 | 4,056 | 4,382 |
| | 14 | 40,247 | 19,770 | 20,477 | 31,823 | 15,695 | 16,128 | 8,424 | 4,075 | 4,349 |
| | 15 | 39,656 | 19,549 | 20,107 | 30,951 | 15,271 | 15,680 | 8,705 | 4,278 | 4,427 |
| | 16 | 38,733 | 19,125 | 19,608 | 30,231 | 14,940 | 15,291 | 8,502 | 4,185 | 4,317 |
| | 17 | 37,733 | 18,644 | 19,089 | 29,450 | 14,564 | 14,886 | 8,283 | 4,080 | 4,203 |
| | 18 | 36,759 | 18,173 | 18,586 | 28,690 | 14,196 | 14,494 | 8,069 | 3,977 | 4,092 |
| | 19 | 35,420 | 17,507 | 17,913 | 27,645 | 13,676 | 13,969 | 7,775 | 3,831 | 3,944 |
| | 20 | 34,131 | 16,880 | 17,251 | 26,491 | 13,154 | 13,337 | 7,640 | 3,726 | 3,914 |
| | 21 | 32,876 | 16,282 | 16,594 | 25,517 | 12,688 | 12,829 | 7,359 | 3,594 | 3,765 |
| | 22 | 31,683 | 15,732 | 15,951 | 24,592 | 12,260 | 12,332 | 7,091 | 3,472 | 3,619 |
| | 23 | 30,538 | 15,209 | 15,329 | 23,703 | 11,852 | 11,851 | 6,835 | 3,357 | 3,478 |
| | 24 | 29,373 | 14,660 | 14,713 | 22,799 | 11,424 | 11,375 | 6,574 | 3,236 | 3,338 |
| | 25 | 28,201 | 14,068 | 14,133 | 21,666 | 10,827 | 10,839 | 6,535 | 3,241 | 3,294 |
| | 26 | 26,991 | 13,408 | 13,583 | 20,736 | 10,319 | 10,417 | 6,255 | 3,089 | 3,166 |
| | 27 | 25,669 | 12,704 | 12,965 | 19,720 | 9,777 | 9,943 | 5,949 | 2,927 | 3,022 |
| | 28 | 24,540 | 12,017 | 12,523 | 18,852 | 9,248 | 9,604 | 5,688 | 2,769 | 2,919 |
| | 29 | 23,490 | 11,380 | 12,110 | 18,045 | 8,758 | 9,287 | 5,445 | 2,622 | 2,823 |
| | 30 | 22,500 | 10,751 | 11,749 | 17,349 | 8,272 | 9,077 | 5,151 | 2,479 | 2,672 |
| | 31 | 21,571 | 10,127 | 11,444 | 16,633 | 7,792 | 8,841 | 4,938 | 2,335 | 2,603 |
| | 32 | 20,653 | 9,537 | 11,116 | 15,926 | 7,338 | 8,588 | 4,727 | 2,199 | 2,528 |
| | 33 | 19,803 | 8,934 | 10,869 | 15,271 | 6,874 | 8,397 | 4,532 | 2,060 | 2,472 |
| | 34 | 18,999 | 8,387 | 10,612 | 14,651 | 6,453 | 8,198 | 4,348 | 1,934 | 2,414 |
| | 35 | 18,257 | 7,972 | 10,285 | 14,103 | 6,155 | 7,948 | 4,154 | 1,817 | 2,337 |
| | 36 | 17,562 | 7,717 | 9,845 | 13,566 | 5,958 | 7,608 | 3,996 | 1,759 | 2,237 |
| | 37 | 16,879 | 7,564 | 9,315 | 13,038 | 5,840 | 7,198 | 3,841 | 1,724 | 2,117 |
| | 38 | 16,301 | 7,494 | 8,807 | 12,592 | 5,786 | 6,806 | 3,709 | 1,708 | 2,001 |
| | 39 | 15,732 | 7,405 | 8,327 | 12,152 | 5,717 | 6,435 | 3,580 | 1,688 | 1,892 |
| | 40 | 15,085 | 7,243 | 7,842 | 11,827 | 5,651 | 6,176 | 3,258 | 1,592 | 1,666 |
| | 41 | 14,292 | 6,948 | 7,344 | 11,205 | 5,421 | 5,784 | 3,087 | 1,527 | 1,560 |
| | 42 | 13,470 | 6,566 | 6,904 | 10,560 | 5,123 | 5,437 | 2,910 | 1,443 | 1,467 |
| | 43 | 12,549 | 6,170 | 6,379 | 9,838 | 4,814 | 5,024 | 2,711 | 1,356 | 1,355 |
| | 44 | 11,712 | 5,815 | 5,897 | 9,181 | 4,537 | 4,644 | 2,531 | 1,278 | 1,253 |
| | 45 | 10,968 | 5,477 | 5,491 | 8,687 | 4,315 | 4,372 | 2,281 | 1,162 | 1,119 |
| | 46 | 10,329 | 5,148 | 5,181 | 8,181 | 4,056 | 4,125 | 2,148 | 1,092 | 1,056 |
| | 47 | 9,858 | 4,854 | 5,004 | 7,808 | 3,824 | 3,984 | 2,050 | 1,030 | 1,020 |
| | 48 | 9,343 | 4,552 | 4,791 | 7,400 | 3,586 | 3,814 | 1,943 | 966 | 977 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2015 | | | | | | | | | | |
| | 49 | 8,849 | 4,267 | 4,582 | 7,010 | 3,362 | 3,648 | 1,839 | 905 | 934 |
| | 50 | 8,431 | 4,038 | 4,393 | 6,722 | 3,243 | 3,479 | 1,709 | 795 | 914 |
| | 51 | 8,064 | 3,862 | 4,202 | 6,430 | 3,102 | 3,328 | 1,634 | 760 | 874 |
| | 52 | 7,799 | 3,736 | 4,063 | 6,219 | 3,001 | 3,218 | 1,580 | 735 | 845 |
| | 53 | 7,535 | 3,641 | 3,894 | 6,008 | 2,924 | 3,084 | 1,527 | 717 | 810 |
| | 54 | 7,285 | 3,546 | 3,739 | 5,809 | 2,848 | 2,961 | 1,476 | 698 | 778 |
| | 55 | 6,973 | 3,411 | 3,562 | 5,529 | 2,713 | 2,816 | 1,444 | 698 | 746 |
| | 56 | 6,535 | 3,196 | 3,339 | 5,182 | 2,542 | 2,640 | 1,353 | 654 | 699 |
| | 57 | 6,063 | 2,948 | 3,115 | 4,808 | 2,345 | 2,463 | 1,255 | 603 | 652 |
| | 58 | 5,554 | 2,684 | 2,870 | 4,404 | 2,135 | 2,269 | 1,150 | 549 | 601 |
| | 59 | 5,114 | 2,460 | 2,654 | 4,055 | 1,957 | 2,098 | 1,059 | 503 | 556 |
| | 60 | 4,769 | 2,288 | 2,481 | 3,822 | 1,841 | 1,981 | 947 | 447 | 500 |
| | 61 | 4,512 | 2,169 | 2,343 | 3,616 | 1,745 | 1,871 | 896 | 424 | 472 |
| | 62 | 4,354 | 2,102 | 2,252 | 3,489 | 1,691 | 1,798 | 865 | 411 | 454 |
| | 63 | 4,242 | 2,058 | 2,184 | 3,400 | 1,656 | 1,744 | 842 | 402 | 440 |
| | 64 | 4,122 | 2,009 | 2,113 | 3,303 | 1,616 | 1,687 | 819 | 393 | 426 |
| | 65 | 3,908 | 1,916 | 1,992 | 3,143 | 1,566 | 1,577 | 765 | 350 | 415 |
| | 66 | 3,517 | 1,738 | 1,779 | 2,828 | 1,420 | 1,408 | 689 | 318 | 371 |
| | 67 | 3,064 | 1,527 | 1,537 | 2,465 | 1,248 | 1,217 | 599 | 279 | 320 |
| | 68 | 2,595 | 1,313 | 1,282 | 2,088 | 1,073 | 1,015 | 507 | 240 | 267 |
| | 69 | 2,214 | 1,139 | 1,075 | 1,782 | 931 | 851 | 432 | 208 | 224 |
| | 70 | 1,950 | 1,011 | 939 | 1,579 | 841 | 738 | 371 | 170 | 201 |
| | 71 | 1,797 | 920 | 877 | 1,454 | 765 | 689 | 343 | 155 | 188 |
| | 72 | 1,747 | 871 | 876 | 1,412 | 724 | 688 | 335 | 147 | 188 |
| | 73 | 1,729 | 837 | 892 | 1,397 | 696 | 701 | 332 | 141 | 191 |
| | 74 | 1,704 | 804 | 900 | 1,376 | 669 | 707 | 328 | 135 | 193 |
| | 75 | 1,633 | 759 | 874 | 1,315 | 635 | 680 | 318 | 124 | 194 |
| | 76 | 1,459 | 677 | 782 | 1,174 | 566 | 608 | 285 | 111 | 174 |
| | 77 | 1,258 | 588 | 670 | 1,013 | 492 | 521 | 245 | 96 | 149 |
| | 78 | 1,064 | 506 | 558 | 857 | 423 | 434 | 207 | 83 | 124 |
| | 79 | 922 | 445 | 477 | 743 | 372 | 371 | 179 | 73 | 106 |
| | 80+ | 6,278 | 3,113 | 3,165 | 4,928 | 2,590 | 2,338 | 1,350 | 523 | 827 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2016 | All Ages | 1,862,644 | 914,209 | 948,435 | 1,471,487 | 722,224 | 749,263 | 391,157 | 191,985 | 199,172 |
| | 0 | 84,237 | 42,184 | 42,053 | 68,364 | 34,023 | 34,341 | 15,873 | 8,161 | 7,712 |
| | 1 | 79,508 | 39,686 | 39,822 | 64,528 | 32,009 | 32,519 | 14,980 | 7,677 | 7,303 |
| | 2 | 75,631 | 37,685 | 37,946 | 61,382 | 30,395 | 30,987 | 14,249 | 7,290 | 6,959 |
| | 3 | 72,301 | 35,984 | 36,317 | 58,680 | 29,023 | 29,657 | 13,621 | 6,961 | 6,660 |
| | 4 | 69,170 | 34,397 | 34,773 | 56,139 | 27,743 | 28,396 | 13,031 | 6,654 | 6,377 |
| | 5 | 66,139 | 32,846 | 33,293 | 53,183 | 26,342 | 26,841 | 12,956 | 6,504 | 6,452 |
| | 6 | 63,521 | 31,531 | 31,990 | 51,079 | 25,288 | 25,791 | 12,442 | 6,243 | 6,199 |
| | 7 | 61,049 | 30,291 | 30,758 | 49,091 | 24,293 | 24,798 | 11,958 | 5,998 | 5,960 |
| | 8 | 58,533 | 29,030 | 29,503 | 47,068 | 23,282 | 23,786 | 11,465 | 5,748 | 5,717 |
| | 9 | 56,070 | 27,798 | 28,272 | 45,087 | 22,294 | 22,793 | 10,983 | 5,504 | 5,479 |
| | 10 | 53,627 | 26,577 | 27,050 | 42,274 | 21,036 | 21,238 | 11,353 | 5,541 | 5,812 |
| | 11 | 51,245 | 25,388 | 25,857 | 40,396 | 20,095 | 20,301 | 10,849 | 5,293 | 5,556 |
| | 12 | 48,467 | 23,972 | 24,495 | 38,206 | 18,974 | 19,232 | 10,261 | 4,998 | 5,263 |
| | 13 | 45,526 | 22,477 | 23,049 | 35,888 | 17,791 | 18,097 | 9,638 | 4,686 | 4,952 |
| | 14 | 40,170 | 19,602 | 20,568 | 31,664 | 15,515 | 16,149 | 8,506 | 4,087 | 4,419 |
| | 15 | 40,107 | 19,694 | 20,413 | 31,202 | 15,335 | 15,867 | 8,905 | 4,359 | 4,546 |
| | 16 | 39,482 | 19,449 | 20,033 | 30,715 | 15,144 | 15,571 | 8,767 | 4,305 | 4,462 |
| | 17 | 38,563 | 19,027 | 19,536 | 30,001 | 14,816 | 15,185 | 8,562 | 4,211 | 4,351 |
| | 18 | 37,571 | 18,551 | 19,020 | 29,229 | 14,445 | 14,784 | 8,342 | 4,106 | 4,236 |
| | 19 | 36,598 | 18,082 | 18,516 | 28,472 | 14,080 | 14,392 | 8,126 | 4,002 | 4,124 |
| | 20 | 35,263 | 17,420 | 17,843 | 27,279 | 13,531 | 13,748 | 7,984 | 3,889 | 4,095 |
| | 21 | 33,943 | 16,776 | 17,167 | 26,258 | 13,031 | 13,227 | 7,685 | 3,745 | 3,940 |
| | 22 | 32,685 | 16,180 | 16,505 | 25,285 | 12,568 | 12,717 | 7,400 | 3,612 | 3,788 |
| | 23 | 31,488 | 15,634 | 15,854 | 24,359 | 12,144 | 12,215 | 7,129 | 3,490 | 3,639 |
| | 24 | 30,337 | 15,112 | 15,225 | 23,470 | 11,739 | 11,731 | 6,867 | 3,373 | 3,494 |
| | 25 | 29,168 | 14,567 | 14,601 | 22,332 | 11,173 | 11,159 | 6,836 | 3,394 | 3,442 |
| | 26 | 27,982 | 13,974 | 14,008 | 21,424 | 10,718 | 10,706 | 6,558 | 3,256 | 3,302 |
| | 27 | 26,773 | 13,317 | 13,456 | 20,498 | 10,214 | 10,284 | 6,275 | 3,103 | 3,172 |
| | 28 | 25,441 | 12,614 | 12,827 | 19,478 | 9,675 | 9,803 | 5,963 | 2,939 | 3,024 |
| | 29 | 24,321 | 11,929 | 12,392 | 18,621 | 9,150 | 9,471 | 5,700 | 2,779 | 2,921 |
| | 30 | 23,279 | 11,296 | 11,983 | 17,888 | 8,662 | 9,226 | 5,391 | 2,634 | 2,757 |
| | 31 | 22,278 | 10,662 | 11,616 | 17,120 | 8,176 | 8,944 | 5,158 | 2,486 | 2,672 |
| | 32 | 21,351 | 10,041 | 11,310 | 16,408 | 7,700 | 8,708 | 4,943 | 2,341 | 2,602 |
| | 33 | 20,432 | 9,457 | 10,975 | 15,702 | 7,252 | 8,450 | 4,730 | 2,205 | 2,525 |
| | 34 | 19,585 | 8,857 | 10,728 | 15,052 | 6,792 | 8,260 | 4,533 | 2,065 | 2,468 |
| | 35 | 18,779 | 8,309 | 10,470 | 14,458 | 6,394 | 8,064 | 4,321 | 1,915 | 2,406 |
| | 36 | 18,025 | 7,887 | 10,138 | 13,877 | 6,069 | 7,808 | 4,148 | 1,818 | 2,330 |
| | 37 | 17,338 | 7,632 | 9,706 | 13,348 | 5,873 | 7,475 | 3,990 | 1,759 | 2,231 |
| | 38 | 16,656 | 7,472 | 9,184 | 12,823 | 5,750 | 7,073 | 3,833 | 1,722 | 2,111 |
| | 39 | 16,091 | 7,406 | 8,685 | 12,388 | 5,699 | 6,689 | 3,703 | 1,707 | 1,996 |
| | 40 | 15,532 | 7,320 | 8,212 | 12,140 | 5,693 | 6,447 | 3,392 | 1,627 | 1,765 |
| | 41 | 14,879 | 7,151 | 7,728 | 11,628 | 5,561 | 6,067 | 3,251 | 1,590 | 1,661 |
| | 42 | 14,101 | 6,862 | 7,239 | 11,019 | 5,336 | 5,683 | 3,082 | 1,526 | 1,556 |
| | 43 | 13,297 | 6,486 | 6,811 | 10,391 | 5,044 | 5,347 | 2,906 | 1,442 | 1,464 |
| | 44 | 12,383 | 6,092 | 6,291 | 9,677 | 4,738 | 4,939 | 2,706 | 1,354 | 1,352 |
| | 45 | 11,557 | 5,739 | 5,818 | 9,125 | 4,507 | 4,618 | 2,432 | 1,232 | 1,200 |
| | 46 | 10,798 | 5,388 | 5,410 | 8,526 | 4,232 | 4,294 | 2,272 | 1,156 | 1,116 |
| | 47 | 10,172 | 5,066 | 5,106 | 8,032 | 3,979 | 4,053 | 2,140 | 1,087 | 1,053 |
| | 48 | 9,720 | 4,777 | 4,943 | 7,675 | 3,752 | 3,923 | 2,045 | 1,025 | 1,020 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2016 | | | | | | | | | | |
| | 49 | 9,214 | 4,482 | 4,732 | 7,276 | 3,520 | 3,756 | 1,938 | 962 | 976 |
| | 50 | 8,723 | 4,200 | 4,523 | 6,935 | 3,364 | 3,571 | 1,788 | 836 | 952 |
| | 51 | 8,282 | 3,958 | 4,324 | 6,584 | 3,170 | 3,414 | 1,698 | 788 | 910 |
| | 52 | 7,923 | 3,787 | 4,136 | 6,299 | 3,033 | 3,266 | 1,624 | 754 | 870 |
| | 53 | 7,669 | 3,664 | 4,005 | 6,096 | 2,934 | 3,162 | 1,573 | 730 | 843 |
| | 54 | 7,408 | 3,570 | 3,838 | 5,889 | 2,859 | 3,030 | 1,519 | 711 | 808 |
| | 55 | 7,162 | 3,478 | 3,684 | 5,661 | 2,758 | 2,903 | 1,501 | 720 | 781 |
| | 56 | 6,818 | 3,326 | 3,492 | 5,390 | 2,638 | 2,752 | 1,428 | 688 | 740 |
| | 57 | 6,389 | 3,117 | 3,272 | 5,051 | 2,472 | 2,579 | 1,338 | 645 | 693 |
| | 58 | 5,930 | 2,876 | 3,054 | 4,688 | 2,281 | 2,407 | 1,242 | 595 | 647 |
| | 59 | 5,433 | 2,619 | 2,814 | 4,295 | 2,077 | 2,218 | 1,138 | 542 | 596 |
| | 60 | 5,005 | 2,401 | 2,604 | 3,999 | 1,926 | 2,073 | 1,006 | 475 | 531 |
| | 61 | 4,624 | 2,211 | 2,413 | 3,695 | 1,774 | 1,921 | 929 | 437 | 492 |
| | 62 | 4,374 | 2,095 | 2,279 | 3,495 | 1,681 | 1,814 | 879 | 414 | 465 |
| | 63 | 4,220 | 2,031 | 2,189 | 3,372 | 1,629 | 1,743 | 848 | 402 | 446 |
| | 64 | 4,112 | 1,988 | 2,124 | 3,286 | 1,595 | 1,691 | 826 | 393 | 433 |
| | 65 | 3,997 | 1,942 | 2,055 | 3,205 | 1,583 | 1,622 | 792 | 359 | 433 |
| | 66 | 3,738 | 1,826 | 1,912 | 2,997 | 1,488 | 1,509 | 741 | 338 | 403 |
| | 67 | 3,362 | 1,655 | 1,707 | 2,696 | 1,349 | 1,347 | 666 | 306 | 360 |
| | 68 | 2,931 | 1,455 | 1,476 | 2,351 | 1,186 | 1,165 | 580 | 269 | 311 |
| | 69 | 2,483 | 1,251 | 1,232 | 1,992 | 1,020 | 972 | 491 | 231 | 260 |
| | 70 | 2,119 | 1,086 | 1,033 | 1,710 | 901 | 809 | 409 | 185 | 224 |
| | 71 | 1,826 | 942 | 884 | 1,473 | 781 | 692 | 353 | 161 | 192 |
| | 72 | 1,681 | 857 | 824 | 1,356 | 711 | 645 | 325 | 146 | 179 |
| | 73 | 1,634 | 811 | 823 | 1,318 | 673 | 645 | 316 | 138 | 178 |
| | 74 | 1,619 | 780 | 839 | 1,304 | 647 | 657 | 315 | 133 | 182 |
| | 75 | 1,595 | 749 | 846 | 1,281 | 625 | 656 | 314 | 124 | 190 |
| | 76 | 1,487 | 687 | 800 | 1,193 | 573 | 620 | 294 | 114 | 180 |
| | 77 | 1,327 | 612 | 715 | 1,065 | 511 | 554 | 262 | 101 | 161 |
| | 78 | 1,145 | 532 | 613 | 919 | 444 | 475 | 226 | 88 | 138 |
| | 79 | 969 | 458 | 511 | 778 | 382 | 396 | 191 | 76 | 115 |
| | 80+ | 6,276 | 3,089 | 3,187 | 4,909 | 2,564 | 2,345 | 1,367 | 525 | 842 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2017 | All Ages | 1,929,677 | 947,523 | 982,154 | 1,519,818 | 746,271 | 773,547 | 409,859 | 201,252 | 208,607 |
| | 0 | 86,779 | 43,458 | 43,321 | 70,233 | 34,952 | 35,281 | 16,546 | 8,506 | 8,040 |
| | 1 | 82,027 | 40,948 | 41,079 | 66,389 | 32,934 | 33,455 | 15,638 | 8,014 | 7,624 |
| | 2 | 78,203 | 38,970 | 39,233 | 63,295 | 31,343 | 31,952 | 14,908 | 7,627 | 7,281 |
| | 3 | 74,698 | 37,180 | 37,518 | 60,458 | 29,903 | 30,555 | 14,240 | 7,277 | 6,963 |
| | 4 | 71,613 | 35,616 | 35,997 | 57,961 | 28,645 | 29,316 | 13,652 | 6,971 | 6,681 |
| | 5 | 68,450 | 33,998 | 34,452 | 54,885 | 27,188 | 27,697 | 13,565 | 6,810 | 6,755 |
| | 6 | 65,873 | 32,701 | 33,172 | 52,819 | 26,151 | 26,668 | 13,054 | 6,550 | 6,504 |
| | 7 | 63,266 | 31,392 | 31,874 | 50,728 | 25,104 | 25,624 | 12,538 | 6,288 | 6,250 |
| | 8 | 60,800 | 30,155 | 30,645 | 48,751 | 24,115 | 24,636 | 12,049 | 6,040 | 6,009 |
| | 9 | 58,293 | 28,900 | 29,393 | 46,741 | 23,111 | 23,630 | 11,552 | 5,789 | 5,763 |
| | 10 | 55,837 | 27,671 | 28,166 | 43,880 | 21,836 | 22,044 | 11,957 | 5,835 | 6,122 |
| | 11 | 53,427 | 26,469 | 26,958 | 41,986 | 20,887 | 21,099 | 11,441 | 5,582 | 5,859 |
| | 12 | 51,048 | 25,281 | 25,767 | 40,117 | 19,950 | 20,167 | 10,931 | 5,331 | 5,600 |
| | 13 | 48,280 | 23,871 | 24,409 | 37,941 | 18,837 | 19,104 | 10,339 | 5,034 | 5,305 |
| | 14 | 45,342 | 22,378 | 22,964 | 35,632 | 17,659 | 17,973 | 9,710 | 4,719 | 4,991 |
| | 15 | 40,033 | 19,528 | 20,505 | 31,043 | 15,157 | 15,886 | 8,990 | 4,371 | 4,619 |
| | 16 | 39,934 | 19,594 | 20,340 | 30,966 | 15,208 | 15,758 | 8,968 | 4,386 | 4,582 |
| | 17 | 39,310 | 19,350 | 19,960 | 30,483 | 15,019 | 15,464 | 8,827 | 4,331 | 4,496 |
| | 18 | 38,395 | 18,930 | 19,465 | 29,773 | 14,693 | 15,080 | 8,622 | 4,237 | 4,385 |
| | 19 | 37,408 | 18,458 | 18,950 | 29,008 | 14,327 | 14,681 | 8,400 | 4,131 | 4,269 |
| | 20 | 36,434 | 17,991 | 18,443 | 28,092 | 13,930 | 14,162 | 8,342 | 4,061 | 4,281 |
| | 21 | 35,072 | 17,313 | 17,759 | 27,042 | 13,405 | 13,637 | 8,030 | 3,908 | 4,122 |
| | 22 | 33,747 | 16,671 | 17,076 | 26,021 | 12,908 | 13,113 | 7,726 | 3,763 | 3,963 |
| | 23 | 32,484 | 16,077 | 16,407 | 25,047 | 12,448 | 12,599 | 7,437 | 3,629 | 3,808 |
| | 24 | 31,282 | 15,534 | 15,748 | 24,120 | 12,027 | 12,093 | 7,162 | 3,507 | 3,655 |
| | 25 | 30,127 | 15,015 | 15,112 | 22,987 | 11,478 | 11,509 | 7,140 | 3,537 | 3,603 |
| | 26 | 28,940 | 14,469 | 14,471 | 22,081 | 11,060 | 11,021 | 6,859 | 3,409 | 3,450 |
| | 27 | 27,754 | 13,877 | 13,877 | 21,177 | 10,608 | 10,569 | 6,577 | 3,269 | 3,308 |
| | 28 | 26,548 | 13,223 | 13,325 | 20,256 | 10,108 | 10,148 | 6,292 | 3,115 | 3,177 |
| | 29 | 25,210 | 12,521 | 12,689 | 19,235 | 9,571 | 9,664 | 5,975 | 2,950 | 3,025 |
| | 30 | 24,098 | 11,838 | 12,260 | 18,455 | 9,047 | 9,408 | 5,643 | 2,791 | 2,852 |
| | 31 | 23,048 | 11,202 | 11,846 | 17,651 | 8,561 | 9,090 | 5,397 | 2,641 | 2,756 |
| | 32 | 22,051 | 10,570 | 11,481 | 16,888 | 8,078 | 8,810 | 5,163 | 2,492 | 2,671 |
| | 33 | 21,125 | 9,951 | 11,174 | 16,179 | 7,605 | 8,574 | 4,946 | 2,346 | 2,600 |
| | 34 | 20,203 | 9,371 | 10,832 | 15,474 | 7,162 | 8,312 | 4,729 | 2,209 | 2,520 |
| | 35 | 19,359 | 8,774 | 10,585 | 14,854 | 6,729 | 8,125 | 4,505 | 2,045 | 2,460 |
| | 36 | 18,538 | 8,217 | 10,321 | 14,224 | 6,302 | 7,922 | 4,314 | 1,915 | 2,399 |
| | 37 | 17,790 | 7,796 | 9,994 | 13,650 | 5,979 | 7,671 | 4,140 | 1,817 | 2,323 |
| | 38 | 17,113 | 7,543 | 9,570 | 13,131 | 5,785 | 7,346 | 3,982 | 1,758 | 2,224 |
| | 39 | 16,433 | 7,376 | 9,057 | 12,609 | 5,657 | 6,952 | 3,824 | 1,719 | 2,105 |
| | 40 | 15,883 | 7,314 | 8,569 | 12,376 | 5,670 | 6,706 | 3,507 | 1,644 | 1,863 |
| | 41 | 15,313 | 7,219 | 8,094 | 11,930 | 5,596 | 6,334 | 3,383 | 1,623 | 1,760 |
| | 42 | 14,673 | 7,055 | 7,618 | 11,431 | 5,469 | 5,962 | 3,242 | 1,586 | 1,656 |
| | 43 | 13,911 | 6,774 | 7,137 | 10,836 | 5,251 | 5,585 | 3,075 | 1,523 | 1,552 |
| | 44 | 13,125 | 6,404 | 6,721 | 10,224 | 4,964 | 5,260 | 2,901 | 1,440 | 1,461 |
| | 45 | 12,219 | 6,013 | 6,206 | 9,619 | 4,708 | 4,911 | 2,600 | 1,305 | 1,295 |
| | 46 | 11,378 | 5,644 | 5,734 | 8,956 | 4,419 | 4,537 | 2,422 | 1,225 | 1,197 |
| | 47 | 10,632 | 5,299 | 5,333 | 8,369 | 4,149 | 4,220 | 2,263 | 1,150 | 1,113 |
| | 48 | 10,017 | 4,981 | 5,036 | 7,885 | 3,900 | 3,985 | 2,132 | 1,081 | 1,051 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2017 | | | | | | | | | | |
| | 49 | 9,584 | 4,702 | 4,882 | 7,544 | 3,681 | 3,863 | 2,040 | 1,021 | 1,019 |
| | 50 | 9,085 | 4,410 | 4,675 | 7,202 | 3,522 | 3,680 | 1,883 | 888 | 995 |
| | 51 | 8,569 | 4,116 | 4,453 | 6,792 | 3,287 | 3,505 | 1,777 | 829 | 948 |
| | 52 | 8,136 | 3,879 | 4,257 | 6,449 | 3,098 | 3,351 | 1,687 | 781 | 906 |
| | 53 | 7,785 | 3,712 | 4,073 | 6,170 | 2,964 | 3,206 | 1,615 | 748 | 867 |
| | 54 | 7,539 | 3,590 | 3,949 | 5,975 | 2,867 | 3,108 | 1,564 | 723 | 841 |
| | 55 | 7,284 | 3,501 | 3,783 | 5,740 | 2,768 | 2,972 | 1,544 | 733 | 811 |
| | 56 | 7,001 | 3,390 | 3,611 | 5,518 | 2,681 | 2,837 | 1,483 | 709 | 774 |
| | 57 | 6,665 | 3,243 | 3,422 | 5,252 | 2,564 | 2,688 | 1,413 | 679 | 734 |
| | 58 | 6,245 | 3,039 | 3,206 | 4,922 | 2,403 | 2,519 | 1,323 | 636 | 687 |
| | 59 | 5,800 | 2,806 | 2,994 | 4,571 | 2,219 | 2,352 | 1,229 | 587 | 642 |
| | 60 | 5,314 | 2,555 | 2,759 | 4,234 | 2,044 | 2,190 | 1,080 | 511 | 569 |
| | 61 | 4,853 | 2,320 | 2,533 | 3,867 | 1,856 | 2,011 | 986 | 464 | 522 |
| | 62 | 4,483 | 2,136 | 2,347 | 3,572 | 1,709 | 1,863 | 911 | 427 | 484 |
| | 63 | 4,240 | 2,024 | 2,216 | 3,378 | 1,619 | 1,759 | 862 | 405 | 457 |
| | 64 | 4,093 | 1,963 | 2,130 | 3,261 | 1,570 | 1,691 | 832 | 393 | 439 |
| | 65 | 3,989 | 1,922 | 2,067 | 3,188 | 1,562 | 1,626 | 801 | 360 | 441 |
| | 66 | 3,824 | 1,850 | 1,974 | 3,057 | 1,504 | 1,553 | 767 | 346 | 421 |
| | 67 | 3,576 | 1,740 | 1,836 | 2,858 | 1,414 | 1,444 | 718 | 326 | 392 |
| | 68 | 3,217 | 1,577 | 1,640 | 2,572 | 1,282 | 1,290 | 645 | 295 | 350 |
| | 69 | 2,805 | 1,387 | 1,418 | 2,243 | 1,127 | 1,116 | 562 | 260 | 302 |
| | 70 | 2,375 | 1,193 | 1,182 | 1,910 | 987 | 923 | 465 | 206 | 259 |
| | 71 | 1,984 | 1,013 | 971 | 1,596 | 838 | 758 | 388 | 175 | 213 |
| | 72 | 1,708 | 877 | 831 | 1,375 | 726 | 649 | 333 | 151 | 182 |
| | 73 | 1,574 | 799 | 775 | 1,266 | 661 | 605 | 308 | 138 | 170 |
| | 74 | 1,530 | 756 | 774 | 1,230 | 626 | 604 | 300 | 130 | 170 |
| | 75 | 1,517 | 727 | 790 | 1,215 | 605 | 610 | 302 | 122 | 180 |
| | 76 | 1,452 | 678 | 774 | 1,162 | 564 | 598 | 290 | 114 | 176 |
| | 77 | 1,354 | 622 | 732 | 1,084 | 518 | 566 | 270 | 104 | 166 |
| | 78 | 1,209 | 554 | 655 | 967 | 461 | 506 | 242 | 93 | 149 |
| | 79 | 1,044 | 482 | 562 | 835 | 401 | 434 | 209 | 81 | 128 |
| | 80+ | 6,320 | 3,080 | 3,240 | 4,925 | 2,550 | 2,375 | 1,395 | 530 | 865 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2018 | All Ages | 1,999,082 | 981,961 | 1,017,121 | 1,569,479 | 770,937 | 798,542 | 429,603 | 211,024 | 218,579 |
| | 0 | 89,645 | 44,895 | 44,750 | 72,346 | 36,003 | 36,343 | 17,299 | 8,892 | 8,407 |
| | 1 | 84,563 | 42,216 | 42,347 | 68,246 | 33,855 | 34,391 | 16,317 | 8,361 | 7,956 |
| | 2 | 80,714 | 40,225 | 40,489 | 65,140 | 32,258 | 32,882 | 15,574 | 7,967 | 7,607 |
| | 3 | 77,261 | 38,458 | 38,803 | 62,354 | 30,841 | 31,513 | 14,907 | 7,617 | 7,290 |
| | 4 | 74,002 | 36,806 | 37,196 | 59,724 | 29,516 | 30,208 | 14,278 | 7,290 | 6,988 |
| | 5 | 70,885 | 35,211 | 35,674 | 56,668 | 28,074 | 28,594 | 14,217 | 7,137 | 7,080 |
| | 6 | 68,181 | 33,851 | 34,330 | 54,507 | 26,990 | 27,517 | 13,674 | 6,861 | 6,813 |
| | 7 | 65,614 | 32,559 | 33,055 | 52,455 | 25,960 | 26,495 | 13,159 | 6,599 | 6,560 |
| | 8 | 63,014 | 31,255 | 31,759 | 50,376 | 24,920 | 25,456 | 12,638 | 6,335 | 6,303 |
| | 9 | 60,556 | 30,022 | 30,534 | 48,411 | 23,937 | 24,474 | 12,145 | 6,085 | 6,060 |
| | 10 | 58,055 | 28,770 | 29,285 | 45,477 | 22,632 | 22,845 | 12,578 | 6,138 | 6,440 |
| | 11 | 55,634 | 27,560 | 28,074 | 43,580 | 21,680 | 21,900 | 12,054 | 5,880 | 6,174 |
| | 12 | 53,230 | 26,361 | 26,869 | 41,697 | 20,737 | 20,960 | 11,533 | 5,624 | 5,909 |
| | 13 | 50,857 | 25,178 | 25,679 | 39,838 | 19,806 | 20,032 | 11,019 | 5,372 | 5,647 |
| | 14 | 48,097 | 23,772 | 24,325 | 37,676 | 18,700 | 18,976 | 10,421 | 5,072 | 5,349 |
| | 15 | 45,164 | 22,282 | 22,882 | 34,904 | 17,237 | 17,667 | 10,260 | 5,045 | 5,215 |
| | 16 | 39,864 | 19,430 | 20,434 | 30,808 | 15,031 | 15,777 | 9,056 | 4,399 | 4,657 |
| | 17 | 39,764 | 19,496 | 20,268 | 30,731 | 15,082 | 15,649 | 9,033 | 4,414 | 4,619 |
| | 18 | 39,142 | 19,253 | 19,889 | 30,250 | 14,894 | 15,356 | 8,892 | 4,359 | 4,533 |
| | 19 | 38,225 | 18,834 | 19,391 | 29,542 | 14,570 | 14,972 | 8,683 | 4,264 | 4,419 |
| | 20 | 37,242 | 18,366 | 18,876 | 28,616 | 14,172 | 14,444 | 8,626 | 4,194 | 4,432 |
| | 21 | 36,236 | 17,882 | 18,354 | 27,844 | 13,799 | 14,045 | 8,392 | 4,083 | 4,309 |
| | 22 | 34,878 | 17,208 | 17,670 | 26,800 | 13,279 | 13,521 | 8,078 | 3,929 | 4,149 |
| | 23 | 33,547 | 16,567 | 16,980 | 25,777 | 12,784 | 12,993 | 7,770 | 3,783 | 3,987 |
| | 24 | 32,278 | 15,975 | 16,303 | 24,802 | 12,327 | 12,475 | 7,476 | 3,648 | 3,828 |
| | 25 | 31,068 | 15,434 | 15,634 | 23,621 | 11,757 | 11,864 | 7,447 | 3,677 | 3,770 |
| | 26 | 29,893 | 14,913 | 14,980 | 22,728 | 11,360 | 11,368 | 7,165 | 3,553 | 3,612 |
| | 27 | 28,706 | 14,370 | 14,336 | 21,825 | 10,946 | 10,879 | 6,881 | 3,424 | 3,457 |
| | 28 | 27,522 | 13,780 | 13,742 | 20,925 | 10,497 | 10,428 | 6,597 | 3,283 | 3,314 |
| | 29 | 26,317 | 13,126 | 13,191 | 20,009 | 9,999 | 10,010 | 6,308 | 3,127 | 3,181 |
| | 30 | 24,975 | 12,424 | 12,551 | 19,059 | 9,462 | 9,597 | 5,916 | 2,962 | 2,954 |
| | 31 | 23,857 | 11,736 | 12,121 | 18,206 | 8,938 | 9,268 | 5,651 | 2,798 | 2,853 |
| | 32 | 22,810 | 11,103 | 11,707 | 17,408 | 8,456 | 8,952 | 5,402 | 2,647 | 2,755 |
| | 33 | 21,817 | 10,473 | 11,344 | 16,650 | 7,976 | 8,674 | 5,167 | 2,497 | 2,670 |
| | 34 | 20,894 | 9,856 | 11,038 | 15,946 | 7,506 | 8,440 | 4,948 | 2,350 | 2,598 |
| | 35 | 19,970 | 9,281 | 10,689 | 15,269 | 7,093 | 8,176 | 4,701 | 2,188 | 2,513 |
| | 36 | 19,109 | 8,675 | 10,434 | 14,611 | 6,630 | 7,981 | 4,498 | 2,045 | 2,453 |
| | 37 | 18,292 | 8,119 | 10,173 | 13,986 | 6,205 | 7,781 | 4,306 | 1,914 | 2,392 |
| | 38 | 17,555 | 7,700 | 9,855 | 13,423 | 5,885 | 7,538 | 4,132 | 1,815 | 2,317 |
| | 39 | 16,890 | 7,449 | 9,441 | 12,914 | 5,693 | 7,221 | 3,976 | 1,756 | 2,220 |
| | 40 | 16,210 | 7,274 | 8,936 | 12,590 | 5,620 | 6,970 | 3,620 | 1,654 | 1,966 |
| | 41 | 15,657 | 7,206 | 8,451 | 12,159 | 5,567 | 6,592 | 3,498 | 1,639 | 1,859 |
| | 42 | 15,093 | 7,115 | 7,978 | 11,720 | 5,497 | 6,223 | 3,373 | 1,618 | 1,755 |
| | 43 | 14,470 | 6,960 | 7,510 | 11,235 | 5,377 | 5,858 | 3,235 | 1,583 | 1,652 |
| | 44 | 13,721 | 6,684 | 7,037 | 10,653 | 5,164 | 5,489 | 3,068 | 1,520 | 1,548 |
| | 45 | 12,953 | 6,321 | 6,632 | 10,164 | 4,933 | 5,231 | 2,789 | 1,388 | 1,401 |
| | 46 | 12,028 | 5,915 | 6,113 | 9,438 | 4,616 | 4,822 | 2,590 | 1,299 | 1,291 |
| | 47 | 11,200 | 5,547 | 5,653 | 8,788 | 4,329 | 4,459 | 2,412 | 1,218 | 1,194 |
| | 48 | 10,465 | 5,206 | 5,259 | 8,211 | 4,063 | 4,148 | 2,254 | 1,143 | 1,111 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2018 | | | | | | | | | | |
| | 49 | 9,866 | 4,896 | 4,970 | 7,741 | 3,821 | 3,920 | 2,125 | 1,075 | 1,050 |
| | 50 | 9,450 | 4,625 | 4,825 | 7,468 | 3,682 | 3,786 | 1,982 | 943 | 1,039 |
| | 51 | 8,928 | 4,321 | 4,607 | 7,055 | 3,440 | 3,615 | 1,873 | 881 | 992 |
| | 52 | 8,416 | 4,032 | 4,384 | 6,650 | 3,210 | 3,440 | 1,766 | 822 | 944 |
| | 53 | 7,990 | 3,798 | 4,192 | 6,313 | 3,024 | 3,289 | 1,677 | 774 | 903 |
| | 54 | 7,646 | 3,635 | 4,011 | 6,041 | 2,894 | 3,147 | 1,605 | 741 | 864 |
| | 55 | 7,408 | 3,517 | 3,891 | 5,819 | 2,772 | 3,047 | 1,589 | 745 | 844 |
| | 56 | 7,117 | 3,409 | 3,708 | 5,591 | 2,687 | 2,904 | 1,526 | 722 | 804 |
| | 57 | 6,842 | 3,303 | 3,539 | 5,375 | 2,604 | 2,771 | 1,467 | 699 | 768 |
| | 58 | 6,512 | 3,160 | 3,352 | 5,116 | 2,491 | 2,625 | 1,396 | 669 | 727 |
| | 59 | 6,101 | 2,961 | 3,140 | 4,793 | 2,334 | 2,459 | 1,308 | 627 | 681 |
| | 60 | 5,671 | 2,737 | 2,934 | 4,505 | 2,183 | 2,322 | 1,166 | 554 | 612 |
| | 61 | 5,149 | 2,467 | 2,682 | 4,090 | 1,968 | 2,122 | 1,059 | 499 | 560 |
| | 62 | 4,707 | 2,242 | 2,465 | 3,739 | 1,788 | 1,951 | 968 | 454 | 514 |
| | 63 | 4,349 | 2,065 | 2,284 | 3,454 | 1,647 | 1,807 | 895 | 418 | 477 |
| | 64 | 4,113 | 1,956 | 2,157 | 3,267 | 1,560 | 1,707 | 846 | 396 | 450 |
| | 65 | 3,970 | 1,896 | 2,074 | 3,163 | 1,537 | 1,626 | 807 | 359 | 448 |
| | 66 | 3,814 | 1,830 | 1,984 | 3,039 | 1,483 | 1,556 | 775 | 347 | 428 |
| | 67 | 3,660 | 1,764 | 1,896 | 2,917 | 1,430 | 1,487 | 743 | 334 | 409 |
| | 68 | 3,423 | 1,659 | 1,764 | 2,728 | 1,345 | 1,383 | 695 | 314 | 381 |
| | 69 | 3,079 | 1,504 | 1,575 | 2,454 | 1,219 | 1,235 | 625 | 285 | 340 |
| | 70 | 2,685 | 1,323 | 1,362 | 2,152 | 1,092 | 1,060 | 533 | 231 | 302 |
| | 71 | 2,225 | 1,112 | 1,113 | 1,784 | 918 | 866 | 441 | 194 | 247 |
| | 72 | 1,858 | 944 | 914 | 1,490 | 779 | 711 | 368 | 165 | 203 |
| | 73 | 1,602 | 819 | 783 | 1,285 | 676 | 609 | 317 | 143 | 174 |
| | 74 | 1,475 | 745 | 730 | 1,183 | 615 | 568 | 292 | 130 | 162 |
| | 75 | 1,435 | 706 | 729 | 1,147 | 586 | 561 | 288 | 120 | 168 |
| | 76 | 1,382 | 659 | 723 | 1,104 | 547 | 557 | 278 | 112 | 166 |
| | 77 | 1,323 | 614 | 709 | 1,056 | 510 | 546 | 267 | 104 | 163 |
| | 78 | 1,234 | 564 | 670 | 984 | 468 | 516 | 250 | 96 | 154 |
| | 79 | 1,102 | 502 | 600 | 879 | 417 | 462 | 223 | 85 | 138 |
| | 80+ | 6,430 | 3,097 | 3,333 | 4,990 | 2,557 | 2,433 | 1,440 | 540 | 900 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2019 | All Ages | 2,070,988 | 1,017,628 | 1,053,360 | 1,620,962 | 796,497 | 824,465 | 450,026 | 221,131 | 228,895 |
| | 0 | 92,796 | 46,474 | 46,322 | 74,683 | 37,165 | 37,518 | 18,113 | 9,309 | 8,804 |
| | 1 | 87,418 | 43,643 | 43,775 | 70,356 | 34,901 | 35,455 | 17,062 | 8,742 | 8,320 |
| | 2 | 83,244 | 41,486 | 41,758 | 66,997 | 33,176 | 33,821 | 16,247 | 8,310 | 7,937 |
| | 3 | 79,764 | 39,705 | 40,059 | 64,197 | 31,752 | 32,445 | 15,567 | 7,953 | 7,614 |
| | 4 | 76,557 | 38,077 | 38,480 | 61,616 | 30,450 | 31,166 | 14,941 | 7,627 | 7,314 |
| | 5 | 73,269 | 36,396 | 36,873 | 58,407 | 28,936 | 29,471 | 14,862 | 7,460 | 7,402 |
| | 6 | 70,612 | 35,060 | 35,552 | 56,289 | 27,874 | 28,415 | 14,323 | 7,186 | 7,137 |
| | 7 | 67,919 | 33,707 | 34,212 | 54,142 | 26,798 | 27,344 | 13,777 | 6,909 | 6,868 |
| | 8 | 65,359 | 32,419 | 32,940 | 52,101 | 25,774 | 26,327 | 13,258 | 6,645 | 6,613 |
| | 9 | 62,765 | 31,118 | 31,647 | 50,034 | 24,740 | 25,294 | 12,731 | 6,378 | 6,353 |
| | 10 | 60,316 | 29,891 | 30,425 | 47,102 | 23,443 | 23,659 | 13,214 | 6,448 | 6,766 |
| | 11 | 57,849 | 28,657 | 29,192 | 45,175 | 22,475 | 22,700 | 12,674 | 6,182 | 6,492 |
| | 12 | 55,432 | 27,450 | 27,982 | 43,287 | 21,528 | 21,759 | 12,145 | 5,922 | 6,223 |
| | 13 | 53,035 | 26,255 | 26,780 | 41,416 | 20,591 | 20,825 | 11,619 | 5,664 | 5,955 |
| | 14 | 50,668 | 25,074 | 25,594 | 39,567 | 19,665 | 19,902 | 11,101 | 5,409 | 5,692 |
| | 15 | 47,919 | 23,675 | 24,244 | 36,913 | 18,256 | 18,657 | 11,006 | 5,419 | 5,587 |
| | 16 | 44,948 | 22,159 | 22,789 | 34,625 | 17,087 | 17,538 | 10,323 | 5,072 | 5,251 |
| | 17 | 39,697 | 19,334 | 20,363 | 30,580 | 14,909 | 15,671 | 9,117 | 4,425 | 4,692 |
| | 18 | 39,596 | 19,399 | 20,197 | 30,502 | 14,959 | 15,543 | 9,094 | 4,440 | 4,654 |
| | 19 | 38,973 | 19,157 | 19,816 | 30,022 | 14,772 | 15,250 | 8,951 | 4,385 | 4,566 |
| | 20 | 38,055 | 18,739 | 19,316 | 29,145 | 14,414 | 14,731 | 8,910 | 4,325 | 4,585 |
| | 21 | 37,041 | 18,253 | 18,788 | 28,368 | 14,040 | 14,328 | 8,673 | 4,213 | 4,460 |
| | 22 | 36,031 | 17,772 | 18,259 | 27,595 | 13,670 | 13,925 | 8,436 | 4,102 | 4,334 |
| | 23 | 34,677 | 17,103 | 17,574 | 26,557 | 13,155 | 13,402 | 8,120 | 3,948 | 4,172 |
| | 24 | 33,338 | 16,463 | 16,875 | 25,532 | 12,663 | 12,869 | 7,806 | 3,800 | 4,006 |
| | 25 | 32,060 | 15,872 | 16,188 | 24,292 | 12,050 | 12,242 | 7,768 | 3,822 | 3,946 |
| | 26 | 30,830 | 15,330 | 15,500 | 23,360 | 11,638 | 11,722 | 7,470 | 3,692 | 3,778 |
| | 27 | 29,653 | 14,811 | 14,842 | 22,468 | 11,244 | 11,224 | 7,185 | 3,567 | 3,618 |
| | 28 | 28,463 | 14,269 | 14,194 | 21,567 | 10,833 | 10,734 | 6,896 | 3,436 | 3,460 |
| | 29 | 27,284 | 13,681 | 13,603 | 20,673 | 10,386 | 10,287 | 6,611 | 3,295 | 3,316 |
| | 30 | 26,081 | 13,026 | 13,055 | 19,836 | 9,887 | 9,949 | 6,245 | 3,139 | 3,106 |
| | 31 | 24,718 | 12,316 | 12,402 | 18,799 | 9,348 | 9,451 | 5,919 | 2,968 | 2,951 |
| | 32 | 23,607 | 11,630 | 11,977 | 17,954 | 8,827 | 9,127 | 5,653 | 2,803 | 2,850 |
| | 33 | 22,564 | 11,000 | 11,564 | 17,161 | 8,349 | 8,812 | 5,403 | 2,651 | 2,752 |
| | 34 | 21,572 | 10,370 | 11,202 | 16,408 | 7,871 | 8,537 | 5,164 | 2,499 | 2,665 |
| | 35 | 20,649 | 9,754 | 10,895 | 15,735 | 7,430 | 8,305 | 4,914 | 2,324 | 2,590 |
| | 36 | 19,707 | 9,174 | 10,533 | 15,017 | 6,988 | 8,029 | 4,690 | 2,186 | 2,504 |
| | 37 | 18,850 | 8,568 | 10,282 | 14,365 | 6,527 | 7,838 | 4,485 | 2,041 | 2,444 |
| | 38 | 18,037 | 8,012 | 10,025 | 13,745 | 6,103 | 7,642 | 4,292 | 1,909 | 2,383 |
| | 39 | 17,311 | 7,597 | 9,714 | 13,192 | 5,787 | 7,405 | 4,119 | 1,810 | 2,309 |
| | 40 | 16,659 | 7,348 | 9,311 | 12,899 | 5,659 | 7,240 | 3,760 | 1,689 | 2,071 |
| | 41 | 15,963 | 7,156 | 8,807 | 12,359 | 5,511 | 6,848 | 3,604 | 1,645 | 1,959 |
| | 42 | 15,427 | 7,096 | 8,331 | 11,943 | 5,465 | 6,478 | 3,484 | 1,631 | 1,853 |
| | 43 | 14,870 | 7,011 | 7,859 | 11,510 | 5,399 | 6,111 | 3,360 | 1,612 | 1,748 |
| | 44 | 14,262 | 6,863 | 7,399 | 11,038 | 5,285 | 5,753 | 3,224 | 1,578 | 1,646 |
| | 45 | 13,529 | 6,595 | 6,934 | 10,584 | 5,131 | 5,453 | 2,945 | 1,464 | 1,481 |
| | 46 | 12,750 | 6,220 | 6,530 | 9,974 | 4,839 | 5,135 | 2,776 | 1,381 | 1,395 |
| | 47 | 11,833 | 5,815 | 6,018 | 9,257 | 4,524 | 4,733 | 2,576 | 1,291 | 1,285 |
| | 48 | 11,021 | 5,448 | 5,573 | 8,622 | 4,239 | 4,383 | 2,399 | 1,209 | 1,190 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2019 | | | | | | | | | | |
| | 49 | 10,299 | 5,113 | 5,186 | 8,056 | 3,978 | 4,078 | 2,243 | 1,135 | 1,108 |
| | 50 | 9,712 | 4,809 | 4,903 | 7,653 | 3,818 | 3,835 | 2,059 | 991 | 1,068 |
| | 51 | 9,284 | 4,530 | 4,754 | 7,314 | 3,596 | 3,718 | 1,970 | 934 | 1,036 |
| | 52 | 8,771 | 4,232 | 4,539 | 6,910 | 3,360 | 3,550 | 1,861 | 872 | 989 |
| | 53 | 8,261 | 3,946 | 4,315 | 6,508 | 3,133 | 3,375 | 1,753 | 813 | 940 |
| | 54 | 7,843 | 3,717 | 4,126 | 6,178 | 2,951 | 3,227 | 1,665 | 766 | 899 |
| | 55 | 7,505 | 3,558 | 3,947 | 5,877 | 2,796 | 3,081 | 1,628 | 762 | 866 |
| | 56 | 7,238 | 3,423 | 3,815 | 5,668 | 2,690 | 2,978 | 1,570 | 733 | 837 |
| | 57 | 6,953 | 3,319 | 3,634 | 5,445 | 2,608 | 2,837 | 1,508 | 711 | 797 |
| | 58 | 6,684 | 3,218 | 3,466 | 5,235 | 2,529 | 2,706 | 1,449 | 689 | 760 |
| | 59 | 6,362 | 3,079 | 3,283 | 4,983 | 2,420 | 2,563 | 1,379 | 659 | 720 |
| | 60 | 5,961 | 2,886 | 3,075 | 4,721 | 2,295 | 2,426 | 1,240 | 591 | 649 |
| | 61 | 5,494 | 2,643 | 2,851 | 4,351 | 2,102 | 2,249 | 1,143 | 541 | 602 |
| | 62 | 4,988 | 2,383 | 2,605 | 3,950 | 1,895 | 2,055 | 1,038 | 488 | 550 |
| | 63 | 4,567 | 2,168 | 2,399 | 3,617 | 1,724 | 1,893 | 950 | 444 | 506 |
| | 64 | 4,218 | 1,995 | 2,223 | 3,341 | 1,587 | 1,754 | 877 | 408 | 469 |
| | 65 | 3,989 | 1,890 | 2,099 | 3,169 | 1,528 | 1,641 | 820 | 362 | 458 |
| | 66 | 3,798 | 1,806 | 1,992 | 3,017 | 1,460 | 1,557 | 781 | 346 | 435 |
| | 67 | 3,648 | 1,742 | 1,906 | 2,898 | 1,408 | 1,490 | 750 | 334 | 416 |
| | 68 | 3,505 | 1,682 | 1,823 | 2,785 | 1,360 | 1,425 | 720 | 322 | 398 |
| | 69 | 3,277 | 1,582 | 1,695 | 2,604 | 1,279 | 1,325 | 673 | 303 | 370 |
| | 70 | 2,948 | 1,434 | 1,514 | 2,355 | 1,181 | 1,174 | 593 | 253 | 340 |
| | 71 | 2,517 | 1,234 | 1,283 | 2,011 | 1,016 | 995 | 506 | 218 | 288 |
| | 72 | 2,084 | 1,037 | 1,047 | 1,666 | 854 | 812 | 418 | 183 | 235 |
| | 73 | 1,742 | 881 | 861 | 1,393 | 725 | 668 | 349 | 156 | 193 |
| | 74 | 1,500 | 764 | 736 | 1,200 | 629 | 571 | 300 | 135 | 165 |
| | 75 | 1,382 | 695 | 687 | 1,103 | 576 | 527 | 279 | 119 | 160 |
| | 76 | 1,308 | 640 | 668 | 1,043 | 530 | 513 | 265 | 110 | 155 |
| | 77 | 1,259 | 596 | 663 | 1,003 | 494 | 509 | 256 | 102 | 154 |
| | 78 | 1,207 | 557 | 650 | 960 | 461 | 499 | 247 | 96 | 151 |
| | 79 | 1,126 | 511 | 615 | 895 | 423 | 472 | 231 | 88 | 143 |
| | 80+ | 6,580 | 3,130 | 3,450 | 5,087 | 2,578 | 2,509 | 1,493 | 552 | 941 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2020 | All Ages | 2,145,672 | 1,054,583 | 1,091,089 | 1,674,268 | 822,892 | 851,376 | 471,404 | 231,691 | 239,713 |
| | 0 | 95,990 | 48,075 | 47,915 | 77,041 | 38,338 | 38,703 | 18,949 | 9,737 | 9,212 |
| | 1 | 90,556 | 45,211 | 45,345 | 72,681 | 36,054 | 36,627 | 17,875 | 9,157 | 8,718 |
| | 2 | 86,089 | 42,904 | 43,185 | 69,096 | 34,214 | 34,882 | 16,993 | 8,690 | 8,303 |
| | 3 | 82,286 | 40,960 | 41,326 | 66,045 | 32,664 | 33,381 | 16,241 | 8,296 | 7,945 |
| | 4 | 79,054 | 39,320 | 39,734 | 63,451 | 31,356 | 32,095 | 15,603 | 7,964 | 7,639 |
| | 5 | 75,819 | 37,663 | 38,156 | 60,266 | 29,857 | 30,409 | 15,553 | 7,806 | 7,747 |
| | 6 | 72,994 | 36,245 | 36,749 | 58,021 | 28,733 | 29,288 | 14,973 | 7,512 | 7,461 |
| | 7 | 70,348 | 34,915 | 35,433 | 55,918 | 27,679 | 28,239 | 14,430 | 7,236 | 7,194 |
| | 8 | 67,662 | 33,565 | 34,097 | 53,783 | 26,609 | 27,174 | 13,879 | 6,956 | 6,923 |
| | 9 | 65,108 | 32,281 | 32,827 | 51,753 | 25,591 | 26,162 | 13,355 | 6,690 | 6,665 |
| | 10 | 62,523 | 30,985 | 31,538 | 48,674 | 24,227 | 24,447 | 13,849 | 6,758 | 7,091 |
| | 11 | 60,103 | 29,774 | 30,329 | 46,791 | 23,281 | 23,510 | 13,312 | 6,493 | 6,819 |
| | 12 | 57,643 | 28,544 | 29,099 | 44,875 | 22,319 | 22,556 | 12,768 | 6,225 | 6,543 |
| | 13 | 55,234 | 27,342 | 27,892 | 43,000 | 21,379 | 21,621 | 12,234 | 5,963 | 6,271 |
| | 14 | 52,843 | 26,149 | 26,694 | 41,138 | 20,446 | 20,692 | 11,705 | 5,703 | 6,002 |
| | 15 | 50,485 | 24,974 | 25,511 | 38,764 | 19,196 | 19,568 | 11,721 | 5,778 | 5,943 |
| | 16 | 47,700 | 23,549 | 24,151 | 36,626 | 18,101 | 18,525 | 11,074 | 5,448 | 5,626 |
| | 17 | 44,739 | 22,039 | 22,700 | 34,352 | 16,940 | 17,412 | 10,387 | 5,099 | 5,288 |
| | 18 | 39,533 | 19,240 | 20,293 | 30,355 | 14,789 | 15,566 | 9,178 | 4,451 | 4,727 |
| | 19 | 39,428 | 19,304 | 20,124 | 30,274 | 14,838 | 15,436 | 9,154 | 4,466 | 4,688 |
| | 20 | 38,802 | 19,061 | 19,741 | 29,618 | 14,614 | 15,004 | 9,184 | 4,447 | 4,737 |
| | 21 | 37,850 | 18,625 | 19,225 | 28,892 | 14,280 | 14,612 | 8,958 | 4,345 | 4,613 |
| | 22 | 36,834 | 18,142 | 18,692 | 28,116 | 13,909 | 14,207 | 8,718 | 4,233 | 4,485 |
| | 23 | 35,819 | 17,662 | 18,157 | 27,341 | 13,541 | 13,800 | 8,478 | 4,121 | 4,357 |
| | 24 | 34,466 | 16,997 | 17,469 | 26,308 | 13,031 | 13,277 | 8,158 | 3,966 | 4,192 |
| | 25 | 33,117 | 16,358 | 16,759 | 25,007 | 12,377 | 12,630 | 8,110 | 3,981 | 4,129 |
| | 26 | 31,818 | 15,763 | 16,055 | 24,026 | 11,927 | 12,099 | 7,792 | 3,836 | 3,956 |
| | 27 | 30,582 | 15,224 | 15,358 | 23,093 | 11,519 | 11,574 | 7,489 | 3,705 | 3,784 |
| | 28 | 29,404 | 14,705 | 14,699 | 22,203 | 11,126 | 11,077 | 7,201 | 3,579 | 3,622 |
| | 29 | 28,216 | 14,166 | 14,050 | 21,306 | 10,718 | 10,588 | 6,910 | 3,448 | 3,462 |
| | 30 | 27,040 | 13,578 | 13,462 | 20,495 | 10,271 | 10,224 | 6,545 | 3,307 | 3,238 |
| | 31 | 25,824 | 12,915 | 12,909 | 19,574 | 9,770 | 9,804 | 6,250 | 3,145 | 3,105 |
| | 32 | 24,460 | 12,204 | 12,256 | 18,540 | 9,232 | 9,308 | 5,920 | 2,972 | 2,948 |
| | 33 | 23,355 | 11,519 | 11,836 | 17,703 | 8,714 | 8,989 | 5,652 | 2,805 | 2,847 |
| | 34 | 22,312 | 10,890 | 11,422 | 16,913 | 8,238 | 8,675 | 5,399 | 2,652 | 2,747 |
| | 35 | 21,324 | 10,262 | 11,062 | 16,195 | 7,791 | 8,404 | 5,129 | 2,471 | 2,658 |
| | 36 | 20,381 | 9,635 | 10,746 | 15,479 | 7,315 | 8,164 | 4,902 | 2,320 | 2,582 |
| | 37 | 19,441 | 9,058 | 10,383 | 14,765 | 6,877 | 7,888 | 4,676 | 2,181 | 2,495 |
| | 38 | 18,593 | 8,455 | 10,138 | 14,121 | 6,419 | 7,702 | 4,472 | 2,036 | 2,436 |
| | 39 | 17,786 | 7,899 | 9,887 | 13,508 | 5,997 | 7,511 | 4,278 | 1,902 | 2,376 |
| | 40 | 17,074 | 7,488 | 9,586 | 13,178 | 5,748 | 7,430 | 3,896 | 1,740 | 2,156 |
| | 41 | 16,413 | 7,230 | 9,183 | 12,668 | 5,550 | 7,118 | 3,745 | 1,680 | 2,065 |
| | 42 | 15,724 | 7,037 | 8,687 | 12,135 | 5,402 | 6,733 | 3,589 | 1,635 | 1,954 |
| | 43 | 15,206 | 6,988 | 8,218 | 11,734 | 5,364 | 6,370 | 3,472 | 1,624 | 1,848 |
| | 44 | 14,654 | 6,907 | 7,747 | 11,307 | 5,302 | 6,005 | 3,347 | 1,605 | 1,742 |
| | 45 | 14,064 | 6,768 | 7,296 | 10,969 | 5,249 | 5,720 | 3,095 | 1,519 | 1,576 |
| | 46 | 13,316 | 6,488 | 6,828 | 10,385 | 5,032 | 5,353 | 2,931 | 1,456 | 1,475 |
| | 47 | 12,552 | 6,118 | 6,434 | 9,789 | 4,745 | 5,044 | 2,763 | 1,373 | 1,390 |
| | 48 | 11,647 | 5,716 | 5,931 | 9,083 | 4,433 | 4,650 | 2,564 | 1,283 | 1,281 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2020 | | | | | | | | | | |
| | 49 | 10,850 | 5,349 | 5,501 | 8,462 | 4,149 | 4,313 | 2,388 | 1,200 | 1,188 |
| | 50 | 10,140 | 5,020 | 5,120 | 7,966 | 3,974 | 3,992 | 2,174 | 1,046 | 1,128 |
| | 51 | 9,535 | 4,706 | 4,829 | 7,490 | 3,725 | 3,765 | 2,045 | 981 | 1,064 |
| | 52 | 9,121 | 4,435 | 4,686 | 7,165 | 3,511 | 3,654 | 1,956 | 924 | 1,032 |
| | 53 | 8,619 | 4,144 | 4,475 | 6,769 | 3,280 | 3,489 | 1,850 | 864 | 986 |
| | 54 | 8,111 | 3,862 | 4,249 | 6,370 | 3,057 | 3,313 | 1,741 | 805 | 936 |
| | 55 | 7,700 | 3,637 | 4,063 | 6,012 | 2,850 | 3,162 | 1,688 | 787 | 901 |
| | 56 | 7,328 | 3,460 | 3,868 | 5,721 | 2,711 | 3,010 | 1,607 | 749 | 858 |
| | 57 | 7,071 | 3,330 | 3,741 | 5,520 | 2,609 | 2,911 | 1,551 | 721 | 830 |
| | 58 | 6,793 | 3,231 | 3,562 | 5,304 | 2,532 | 2,772 | 1,489 | 699 | 790 |
| | 59 | 6,529 | 3,134 | 3,395 | 5,098 | 2,456 | 2,642 | 1,431 | 678 | 753 |
| | 60 | 6,216 | 3,001 | 3,215 | 4,909 | 2,380 | 2,529 | 1,307 | 621 | 686 |
| | 61 | 5,771 | 2,786 | 2,985 | 4,557 | 2,209 | 2,348 | 1,214 | 577 | 637 |
| | 62 | 5,323 | 2,554 | 2,769 | 4,203 | 2,025 | 2,178 | 1,120 | 529 | 591 |
| | 63 | 4,832 | 2,301 | 2,531 | 3,816 | 1,825 | 1,991 | 1,016 | 476 | 540 |
| | 64 | 4,431 | 2,095 | 2,336 | 3,498 | 1,661 | 1,837 | 933 | 434 | 499 |
| | 65 | 4,094 | 1,929 | 2,165 | 3,242 | 1,555 | 1,687 | 852 | 374 | 478 |
| | 66 | 3,816 | 1,800 | 2,016 | 3,022 | 1,451 | 1,571 | 794 | 349 | 445 |
| | 67 | 3,633 | 1,720 | 1,913 | 2,878 | 1,387 | 1,491 | 755 | 333 | 422 |
| | 68 | 3,491 | 1,660 | 1,831 | 2,765 | 1,338 | 1,427 | 726 | 322 | 404 |
| | 69 | 3,358 | 1,605 | 1,753 | 2,660 | 1,294 | 1,366 | 698 | 311 | 387 |
| | 70 | 3,140 | 1,510 | 1,630 | 2,500 | 1,240 | 1,260 | 640 | 270 | 370 |
| | 71 | 2,765 | 1,338 | 1,427 | 2,202 | 1,099 | 1,103 | 563 | 239 | 324 |
| | 72 | 2,361 | 1,152 | 1,209 | 1,881 | 946 | 935 | 480 | 206 | 274 |
| | 73 | 1,955 | 968 | 987 | 1,558 | 795 | 763 | 397 | 173 | 224 |
| | 74 | 1,633 | 822 | 811 | 1,302 | 675 | 627 | 331 | 147 | 184 |
| | 75 | 1,407 | 713 | 694 | 1,120 | 589 | 531 | 287 | 124 | 163 |
| | 76 | 1,260 | 630 | 630 | 1,003 | 521 | 482 | 257 | 109 | 148 |
| | 77 | 1,193 | 580 | 613 | 948 | 479 | 469 | 245 | 101 | 144 |
| | 78 | 1,149 | 541 | 608 | 912 | 447 | 465 | 237 | 94 | 143 |
| | 79 | 1,101 | 505 | 596 | 873 | 417 | 456 | 228 | 88 | 140 |
| | 80+ | 6,735 | 3,168 | 3,567 | 5,187 | 2,603 | 2,584 | 1,548 | 565 | 983 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2021 | All Ages | 2,223,246 | 1,092,918 | 1,130,328 | 1,729,459 | 850,178 | 879,281 | 493,787 | 242,740 | 251,047 |
| | 0 | 99,319 | 49,744 | 49,575 | 79,492 | 39,557 | 39,935 | 19,827 | 10,187 | 9,640 |
| | 1 | 93,743 | 46,804 | 46,939 | 75,031 | 37,219 | 37,812 | 18,712 | 9,585 | 9,127 |
| | 2 | 89,216 | 44,463 | 44,753 | 71,408 | 35,357 | 36,051 | 17,808 | 9,106 | 8,702 |
| | 3 | 85,127 | 42,374 | 42,753 | 68,136 | 33,696 | 34,440 | 16,991 | 8,678 | 8,313 |
| | 4 | 81,574 | 40,572 | 41,002 | 65,292 | 32,263 | 33,029 | 16,282 | 8,309 | 7,973 |
| | 5 | 78,316 | 38,904 | 39,412 | 62,072 | 30,752 | 31,320 | 16,244 | 8,152 | 8,092 |
| | 6 | 75,543 | 37,510 | 38,033 | 59,874 | 29,650 | 30,224 | 15,669 | 7,860 | 7,809 |
| | 7 | 72,728 | 36,097 | 36,631 | 57,643 | 28,533 | 29,110 | 15,085 | 7,564 | 7,521 |
| | 8 | 70,088 | 34,771 | 35,317 | 55,551 | 27,485 | 28,066 | 14,537 | 7,286 | 7,251 |
| | 9 | 67,408 | 33,425 | 33,983 | 53,427 | 26,421 | 27,006 | 13,981 | 7,004 | 6,977 |
| | 10 | 64,862 | 32,146 | 32,716 | 50,339 | 25,059 | 25,280 | 14,523 | 7,087 | 7,436 |
| | 11 | 62,309 | 30,867 | 31,442 | 48,357 | 24,062 | 24,295 | 13,952 | 6,805 | 7,147 |
| | 12 | 59,895 | 29,659 | 30,236 | 46,483 | 23,120 | 23,363 | 13,412 | 6,539 | 6,873 |
| | 13 | 57,441 | 28,433 | 29,008 | 44,579 | 22,165 | 22,414 | 12,862 | 6,268 | 6,594 |
| | 14 | 55,039 | 27,234 | 27,805 | 42,715 | 21,230 | 21,485 | 12,324 | 6,004 | 6,320 |
| | 15 | 52,655 | 26,046 | 26,609 | 40,299 | 19,956 | 20,343 | 12,356 | 6,090 | 6,266 |
| | 16 | 50,260 | 24,844 | 25,416 | 38,466 | 19,035 | 19,431 | 11,794 | 5,809 | 5,985 |
| | 17 | 47,489 | 23,427 | 24,062 | 36,345 | 17,949 | 18,396 | 11,144 | 5,478 | 5,666 |
| | 18 | 44,535 | 21,922 | 22,613 | 34,084 | 16,796 | 17,288 | 10,451 | 5,126 | 5,325 |
| | 19 | 39,368 | 19,146 | 20,222 | 30,129 | 14,669 | 15,460 | 9,239 | 4,477 | 4,762 |
| | 20 | 39,258 | 19,208 | 20,050 | 29,866 | 14,679 | 15,187 | 9,392 | 4,529 | 4,863 |
| | 21 | 38,597 | 18,947 | 19,650 | 29,363 | 14,479 | 14,884 | 9,234 | 4,468 | 4,766 |
| | 22 | 37,639 | 18,511 | 19,128 | 28,635 | 14,146 | 14,489 | 9,004 | 4,365 | 4,639 |
| | 23 | 36,618 | 18,028 | 18,590 | 27,858 | 13,777 | 14,081 | 8,760 | 4,251 | 4,509 |
| | 24 | 35,594 | 17,550 | 18,044 | 27,080 | 13,412 | 13,668 | 8,514 | 4,138 | 4,376 |
| | 25 | 34,245 | 16,890 | 17,355 | 25,769 | 12,736 | 13,033 | 8,476 | 4,154 | 4,322 |
| | 26 | 32,871 | 16,246 | 16,625 | 24,736 | 12,251 | 12,485 | 8,135 | 3,995 | 4,140 |
| | 27 | 31,568 | 15,654 | 15,914 | 23,755 | 11,804 | 11,951 | 7,813 | 3,850 | 3,963 |
| | 28 | 30,328 | 15,117 | 15,211 | 22,822 | 11,399 | 11,423 | 7,506 | 3,718 | 3,788 |
| | 29 | 29,147 | 14,597 | 14,550 | 21,934 | 11,007 | 10,927 | 7,213 | 3,590 | 3,623 |
| | 30 | 27,961 | 14,059 | 13,902 | 21,121 | 10,599 | 10,522 | 6,840 | 3,460 | 3,380 |
| | 31 | 26,773 | 13,462 | 13,311 | 20,224 | 10,149 | 10,075 | 6,549 | 3,313 | 3,236 |
| | 32 | 25,560 | 12,800 | 12,760 | 19,308 | 9,650 | 9,658 | 6,252 | 3,150 | 3,102 |
| | 33 | 24,200 | 12,089 | 12,111 | 18,281 | 9,114 | 9,167 | 5,919 | 2,975 | 2,944 |
| | 34 | 23,098 | 11,402 | 11,696 | 17,449 | 8,596 | 8,853 | 5,649 | 2,806 | 2,843 |
| | 35 | 22,058 | 10,776 | 11,282 | 16,696 | 8,154 | 8,542 | 5,362 | 2,622 | 2,740 |
| | 36 | 21,047 | 10,135 | 10,912 | 15,931 | 7,669 | 8,262 | 5,116 | 2,466 | 2,650 |
| | 37 | 20,109 | 9,510 | 10,599 | 15,221 | 7,196 | 8,025 | 4,888 | 2,314 | 2,574 |
| | 38 | 19,178 | 8,938 | 10,240 | 14,516 | 6,763 | 7,753 | 4,662 | 2,175 | 2,487 |
| | 39 | 18,340 | 8,338 | 10,002 | 13,882 | 6,309 | 7,573 | 4,458 | 2,029 | 2,429 |
| | 40 | 17,538 | 7,782 | 9,756 | 13,492 | 5,954 | 7,538 | 4,046 | 1,828 | 2,218 |
| | 41 | 16,819 | 7,363 | 9,456 | 12,940 | 5,634 | 7,306 | 3,879 | 1,729 | 2,150 |
| | 42 | 16,173 | 7,112 | 9,061 | 12,443 | 5,442 | 7,001 | 3,730 | 1,670 | 2,060 |
| | 43 | 15,493 | 6,920 | 8,573 | 11,919 | 5,295 | 6,624 | 3,574 | 1,625 | 1,949 |
| | 44 | 14,995 | 6,882 | 8,113 | 11,534 | 5,266 | 6,268 | 3,461 | 1,616 | 1,845 |
| | 45 | 14,447 | 6,807 | 7,640 | 11,235 | 5,263 | 5,972 | 3,212 | 1,544 | 1,668 |
| | 46 | 13,842 | 6,657 | 7,185 | 10,763 | 5,147 | 5,616 | 3,079 | 1,510 | 1,569 |
| | 47 | 13,112 | 6,384 | 6,728 | 10,195 | 4,936 | 5,259 | 2,917 | 1,448 | 1,469 |
| | 48 | 12,362 | 6,019 | 6,343 | 9,612 | 4,654 | 4,958 | 2,750 | 1,365 | 1,385 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2021 | | | | | | | | | | |
| | 49 | 11,467 | 5,618 | 5,849 | 8,916 | 4,344 | 4,572 | 2,551 | 1,274 | 1,277 |
| | 50 | 10,686 | 5,252 | 5,434 | 8,369 | 4,145 | 4,224 | 2,317 | 1,107 | 1,210 |
| | 51 | 9,954 | 4,910 | 5,044 | 7,796 | 3,875 | 3,921 | 2,158 | 1,035 | 1,123 |
| | 52 | 9,364 | 4,604 | 4,760 | 7,334 | 3,634 | 3,700 | 2,030 | 970 | 1,060 |
| | 53 | 8,964 | 4,342 | 4,622 | 7,020 | 3,427 | 3,593 | 1,944 | 915 | 1,029 |
| | 54 | 8,470 | 4,057 | 4,413 | 6,632 | 3,202 | 3,430 | 1,838 | 855 | 983 |
| | 55 | 7,963 | 3,779 | 4,184 | 6,198 | 2,952 | 3,246 | 1,765 | 827 | 938 |
| | 56 | 7,519 | 3,537 | 3,982 | 5,852 | 2,763 | 3,089 | 1,667 | 774 | 893 |
| | 57 | 7,156 | 3,365 | 3,791 | 5,570 | 2,629 | 2,941 | 1,586 | 736 | 850 |
| | 58 | 6,907 | 3,240 | 3,667 | 5,376 | 2,531 | 2,845 | 1,531 | 709 | 822 |
| | 59 | 6,638 | 3,146 | 3,492 | 5,167 | 2,458 | 2,709 | 1,471 | 688 | 783 |
| | 60 | 6,380 | 3,054 | 3,326 | 5,023 | 2,415 | 2,608 | 1,357 | 639 | 718 |
| | 61 | 6,019 | 2,897 | 3,122 | 4,739 | 2,291 | 2,448 | 1,280 | 606 | 674 |
| | 62 | 5,589 | 2,690 | 2,899 | 4,400 | 2,127 | 2,273 | 1,189 | 563 | 626 |
| | 63 | 5,156 | 2,466 | 2,690 | 4,059 | 1,950 | 2,109 | 1,097 | 516 | 581 |
| | 64 | 4,682 | 2,222 | 2,460 | 3,686 | 1,757 | 1,929 | 996 | 465 | 531 |
| | 65 | 4,301 | 2,026 | 2,275 | 3,396 | 1,629 | 1,767 | 905 | 397 | 508 |
| | 66 | 3,917 | 1,837 | 2,080 | 3,093 | 1,477 | 1,616 | 824 | 360 | 464 |
| | 67 | 3,652 | 1,715 | 1,937 | 2,884 | 1,379 | 1,505 | 768 | 336 | 432 |
| | 68 | 3,477 | 1,639 | 1,838 | 2,746 | 1,318 | 1,428 | 731 | 321 | 410 |
| | 69 | 3,341 | 1,581 | 1,760 | 2,638 | 1,271 | 1,367 | 703 | 310 | 393 |
| | 70 | 3,217 | 1,531 | 1,686 | 2,553 | 1,254 | 1,299 | 664 | 277 | 387 |
| | 71 | 2,945 | 1,409 | 1,536 | 2,338 | 1,154 | 1,184 | 607 | 255 | 352 |
| | 72 | 2,594 | 1,250 | 1,344 | 2,060 | 1,024 | 1,036 | 534 | 226 | 308 |
| | 73 | 2,214 | 1,075 | 1,139 | 1,759 | 881 | 878 | 455 | 194 | 261 |
| | 74 | 1,835 | 905 | 930 | 1,458 | 741 | 717 | 377 | 164 | 213 |
| | 75 | 1,533 | 768 | 765 | 1,216 | 633 | 583 | 317 | 135 | 182 |
| | 76 | 1,283 | 647 | 636 | 1,018 | 533 | 485 | 265 | 114 | 151 |
| | 77 | 1,148 | 571 | 577 | 911 | 471 | 440 | 237 | 100 | 137 |
| | 78 | 1,089 | 526 | 563 | 863 | 434 | 429 | 226 | 92 | 134 |
| | 79 | 1,049 | 491 | 558 | 830 | 405 | 425 | 219 | 86 | 133 |
| | 80+ | 6,852 | 3,197 | 3,655 | 5,257 | 2,620 | 2,637 | 1,595 | 577 | 1,018 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2022 | All Ages | 2,303,885 | 1,132,697 | 1,171,188 | 1,786,431 | 878,294 | 908,137 | 517,454 | 254,403 | 263,051 |
| | 0 | 102,741 | 51,460 | 51,281 | 81,993 | 40,801 | 41,192 | 20,748 | 10,659 | 10,089 |
| | 1 | 97,068 | 48,466 | 48,602 | 77,467 | 38,427 | 39,040 | 19,601 | 10,039 | 9,562 |
| | 2 | 92,395 | 46,048 | 46,347 | 73,739 | 36,510 | 37,229 | 18,656 | 9,538 | 9,118 |
| | 3 | 88,247 | 43,925 | 44,322 | 70,429 | 34,827 | 35,602 | 17,818 | 9,098 | 8,720 |
| | 4 | 84,407 | 41,979 | 42,428 | 67,365 | 33,284 | 34,081 | 17,042 | 8,695 | 8,347 |
| | 5 | 80,833 | 40,152 | 40,681 | 63,875 | 31,643 | 32,232 | 16,958 | 8,509 | 8,449 |
| | 6 | 78,036 | 38,748 | 39,288 | 61,665 | 30,537 | 31,128 | 16,371 | 8,211 | 8,160 |
| | 7 | 75,274 | 37,360 | 37,914 | 59,482 | 29,443 | 30,039 | 15,792 | 7,917 | 7,875 |
| | 8 | 72,465 | 35,951 | 36,514 | 57,262 | 28,332 | 28,930 | 15,203 | 7,619 | 7,584 |
| | 9 | 69,831 | 34,628 | 35,203 | 55,181 | 27,290 | 27,891 | 14,650 | 7,338 | 7,312 |
| | 10 | 67,159 | 33,287 | 33,872 | 51,952 | 25,866 | 26,086 | 15,207 | 7,421 | 7,786 |
| | 11 | 64,643 | 32,024 | 32,619 | 50,006 | 24,885 | 25,121 | 14,637 | 7,139 | 7,498 |
| | 12 | 62,095 | 30,749 | 31,346 | 48,035 | 23,894 | 24,141 | 14,060 | 6,855 | 7,205 |
| | 13 | 59,690 | 29,546 | 30,144 | 46,174 | 22,959 | 23,215 | 13,516 | 6,587 | 6,929 |
| | 14 | 57,243 | 28,323 | 28,920 | 44,281 | 22,009 | 22,272 | 12,962 | 6,314 | 6,648 |
| | 15 | 54,850 | 27,130 | 27,720 | 41,837 | 20,717 | 21,120 | 13,013 | 6,413 | 6,600 |
| | 16 | 52,427 | 25,914 | 26,513 | 39,988 | 19,788 | 20,200 | 12,439 | 6,126 | 6,313 |
| | 17 | 50,043 | 24,718 | 25,325 | 38,170 | 18,875 | 19,295 | 11,873 | 5,843 | 6,030 |
| | 18 | 47,284 | 23,308 | 23,976 | 36,065 | 17,798 | 18,267 | 11,219 | 5,510 | 5,709 |
| | 19 | 44,332 | 21,807 | 22,525 | 33,814 | 16,652 | 17,162 | 10,518 | 5,155 | 5,363 |
| | 20 | 39,200 | 19,053 | 20,147 | 29,718 | 14,511 | 15,207 | 9,482 | 4,542 | 4,940 |
| | 21 | 39,054 | 19,095 | 19,959 | 29,608 | 14,543 | 15,065 | 9,446 | 4,552 | 4,894 |
| | 22 | 38,385 | 18,832 | 19,553 | 29,101 | 14,343 | 14,758 | 9,284 | 4,489 | 4,795 |
| | 23 | 37,419 | 18,395 | 19,024 | 28,369 | 14,010 | 14,359 | 9,050 | 4,385 | 4,665 |
| | 24 | 36,390 | 17,913 | 18,477 | 27,589 | 13,643 | 13,946 | 8,801 | 4,270 | 4,531 |
| | 25 | 35,360 | 17,438 | 17,922 | 26,513 | 13,103 | 13,410 | 8,847 | 4,335 | 4,512 |
| | 26 | 33,997 | 16,777 | 17,220 | 25,491 | 12,606 | 12,885 | 8,506 | 4,171 | 4,335 |
| | 27 | 32,614 | 16,134 | 16,480 | 24,454 | 12,123 | 12,331 | 8,160 | 4,011 | 4,149 |
| | 28 | 31,308 | 15,543 | 15,765 | 23,475 | 11,679 | 11,796 | 7,833 | 3,864 | 3,969 |
| | 29 | 30,066 | 15,007 | 15,059 | 22,544 | 11,276 | 11,268 | 7,522 | 3,731 | 3,791 |
| | 30 | 28,884 | 14,486 | 14,398 | 21,741 | 10,882 | 10,859 | 7,143 | 3,604 | 3,539 |
| | 31 | 27,683 | 13,941 | 13,742 | 20,837 | 10,473 | 10,364 | 6,846 | 3,468 | 3,378 |
| | 32 | 26,500 | 13,343 | 13,157 | 19,947 | 10,024 | 9,923 | 6,553 | 3,319 | 3,234 |
| | 33 | 25,290 | 12,679 | 12,611 | 19,036 | 9,525 | 9,511 | 6,254 | 3,154 | 3,100 |
| | 34 | 23,938 | 11,967 | 11,971 | 18,019 | 8,990 | 9,029 | 5,919 | 2,977 | 2,942 |
| | 35 | 22,840 | 11,281 | 11,559 | 17,227 | 8,506 | 8,721 | 5,613 | 2,775 | 2,838 |
| | 36 | 21,777 | 10,643 | 11,134 | 16,425 | 8,025 | 8,400 | 5,352 | 2,618 | 2,734 |
| | 37 | 20,773 | 10,004 | 10,769 | 15,668 | 7,543 | 8,125 | 5,105 | 2,461 | 2,644 |
| | 38 | 19,841 | 9,380 | 10,461 | 14,965 | 7,073 | 7,892 | 4,876 | 2,307 | 2,569 |
| | 39 | 18,921 | 8,814 | 10,107 | 14,271 | 6,646 | 7,625 | 4,650 | 2,168 | 2,482 |
| | 40 | 18,094 | 8,216 | 9,878 | 13,872 | 6,265 | 7,607 | 4,222 | 1,951 | 2,271 |
| | 41 | 17,277 | 7,649 | 9,628 | 13,247 | 5,833 | 7,414 | 4,030 | 1,816 | 2,214 |
| | 42 | 16,574 | 7,239 | 9,335 | 12,709 | 5,520 | 7,189 | 3,865 | 1,719 | 2,146 |
| | 43 | 15,945 | 6,996 | 8,949 | 12,226 | 5,335 | 6,891 | 3,719 | 1,661 | 2,058 |
| | 44 | 15,276 | 6,807 | 8,469 | 11,713 | 5,191 | 6,522 | 3,563 | 1,616 | 1,947 |
| | 45 | 14,796 | 6,781 | 8,015 | 11,471 | 5,226 | 6,245 | 3,325 | 1,555 | 1,770 |
| | 46 | 14,223 | 6,694 | 7,529 | 11,025 | 5,159 | 5,866 | 3,198 | 1,535 | 1,663 |
| | 47 | 13,635 | 6,550 | 7,085 | 10,568 | 5,048 | 5,520 | 3,067 | 1,502 | 1,565 |
| | 48 | 12,919 | 6,282 | 6,637 | 10,012 | 4,841 | 5,171 | 2,907 | 1,441 | 1,466 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2022 | | | | | | | | | | |
| | 49 | 12,180 | 5,921 | 6,259 | 9,440 | 4,563 | 4,877 | 2,740 | 1,358 | 1,382 |
| | 50 | 11,298 | 5,522 | 5,776 | 8,820 | 4,345 | 4,475 | 2,478 | 1,177 | 1,301 |
| | 51 | 10,496 | 5,136 | 5,360 | 8,194 | 4,041 | 4,153 | 2,302 | 1,095 | 1,207 |
| | 52 | 9,780 | 4,802 | 4,978 | 7,636 | 3,779 | 3,857 | 2,144 | 1,023 | 1,121 |
| | 53 | 9,202 | 4,505 | 4,697 | 7,184 | 3,545 | 3,639 | 2,018 | 960 | 1,058 |
| | 54 | 8,813 | 4,252 | 4,561 | 6,880 | 3,346 | 3,534 | 1,933 | 906 | 1,027 |
| | 55 | 8,325 | 3,973 | 4,352 | 6,459 | 3,094 | 3,365 | 1,866 | 879 | 987 |
| | 56 | 7,778 | 3,676 | 4,102 | 6,035 | 2,863 | 3,172 | 1,743 | 813 | 930 |
| | 57 | 7,343 | 3,440 | 3,903 | 5,697 | 2,679 | 3,018 | 1,646 | 761 | 885 |
| | 58 | 6,990 | 3,273 | 3,717 | 5,423 | 2,549 | 2,874 | 1,567 | 724 | 843 |
| | 59 | 6,748 | 3,153 | 3,595 | 5,235 | 2,455 | 2,780 | 1,513 | 698 | 815 |
| | 60 | 6,488 | 3,065 | 3,423 | 5,092 | 2,416 | 2,676 | 1,396 | 649 | 747 |
| | 61 | 6,179 | 2,949 | 3,230 | 4,850 | 2,325 | 2,525 | 1,329 | 624 | 705 |
| | 62 | 5,830 | 2,798 | 3,032 | 4,576 | 2,206 | 2,370 | 1,254 | 592 | 662 |
| | 63 | 5,414 | 2,598 | 2,816 | 4,249 | 2,048 | 2,201 | 1,165 | 550 | 615 |
| | 64 | 4,998 | 2,383 | 2,615 | 3,923 | 1,879 | 2,044 | 1,075 | 504 | 571 |
| | 65 | 4,539 | 2,147 | 2,392 | 3,573 | 1,721 | 1,852 | 966 | 426 | 540 |
| | 66 | 4,120 | 1,932 | 2,188 | 3,243 | 1,549 | 1,694 | 877 | 383 | 494 |
| | 67 | 3,751 | 1,751 | 2,000 | 2,953 | 1,404 | 1,549 | 798 | 347 | 451 |
| | 68 | 3,497 | 1,634 | 1,863 | 2,753 | 1,310 | 1,443 | 744 | 324 | 420 |
| | 69 | 3,331 | 1,563 | 1,768 | 2,622 | 1,253 | 1,369 | 709 | 310 | 399 |
| | 70 | 3,200 | 1,507 | 1,693 | 2,531 | 1,231 | 1,300 | 669 | 276 | 393 |
| | 71 | 3,020 | 1,430 | 1,590 | 2,389 | 1,168 | 1,221 | 631 | 262 | 369 |
| | 72 | 2,765 | 1,316 | 1,449 | 2,188 | 1,075 | 1,113 | 577 | 241 | 336 |
| | 73 | 2,435 | 1,167 | 1,268 | 1,928 | 954 | 974 | 507 | 213 | 294 |
| | 74 | 2,079 | 1,005 | 1,074 | 1,646 | 821 | 825 | 433 | 184 | 249 |
| | 75 | 1,722 | 845 | 877 | 1,361 | 695 | 666 | 361 | 150 | 211 |
| | 76 | 1,400 | 698 | 702 | 1,107 | 574 | 533 | 293 | 124 | 169 |
| | 77 | 1,171 | 587 | 584 | 927 | 483 | 444 | 244 | 104 | 140 |
| | 78 | 1,050 | 519 | 531 | 830 | 427 | 403 | 220 | 92 | 128 |
| | 79 | 994 | 478 | 516 | 785 | 393 | 392 | 209 | 85 | 124 |
| | 80+ | 6,907 | 3,210 | 3,697 | 5,281 | 2,624 | 2,657 | 1,626 | 586 | 1,040 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2023 | All Ages | 2,387,922 | 1,174,153 | 1,213,769 | 1,845,863 | 907,618 | 938,245 | 542,059 | 266,535 | 275,524 |
| | 0 | 106,571 | 53,381 | 53,190 | 84,813 | 42,204 | 42,609 | 21,758 | 11,177 | 10,581 |
| | 1 | 100,485 | 50,176 | 50,309 | 79,971 | 39,670 | 40,301 | 20,514 | 10,506 | 10,008 |
| | 2 | 95,711 | 47,702 | 48,009 | 76,173 | 37,714 | 38,459 | 19,538 | 9,988 | 9,550 |
| | 3 | 91,419 | 45,504 | 45,915 | 72,757 | 35,976 | 36,781 | 18,662 | 9,528 | 9,134 |
| | 4 | 87,521 | 43,525 | 43,996 | 69,656 | 34,412 | 35,244 | 17,865 | 9,113 | 8,752 |
| | 5 | 83,664 | 41,555 | 42,109 | 65,921 | 32,654 | 33,267 | 17,743 | 8,901 | 8,842 |
| | 6 | 80,553 | 39,995 | 40,558 | 63,470 | 31,428 | 32,042 | 17,083 | 8,567 | 8,516 |
| | 7 | 77,766 | 38,597 | 39,169 | 61,273 | 30,329 | 30,944 | 16,493 | 8,268 | 8,225 |
| | 8 | 75,009 | 37,212 | 37,797 | 59,102 | 29,241 | 29,861 | 15,907 | 7,971 | 7,936 |
| | 9 | 72,207 | 35,807 | 36,400 | 56,894 | 28,137 | 28,757 | 15,313 | 7,670 | 7,643 |
| | 10 | 69,580 | 34,489 | 35,091 | 53,657 | 26,718 | 26,939 | 15,923 | 7,771 | 8,152 |
| | 11 | 66,938 | 33,164 | 33,774 | 51,620 | 25,692 | 25,928 | 15,318 | 7,472 | 7,846 |
| | 12 | 64,427 | 31,904 | 32,523 | 49,683 | 24,716 | 24,967 | 14,744 | 7,188 | 7,556 |
| | 13 | 61,887 | 30,633 | 31,254 | 47,724 | 23,731 | 23,993 | 14,163 | 6,902 | 7,261 |
| | 14 | 59,488 | 29,434 | 30,054 | 45,874 | 22,802 | 23,072 | 13,614 | 6,632 | 6,982 |
| | 15 | 57,050 | 28,217 | 28,833 | 43,372 | 21,477 | 21,895 | 13,678 | 6,740 | 6,938 |
| | 16 | 54,618 | 26,994 | 27,624 | 41,523 | 20,546 | 20,977 | 13,095 | 6,448 | 6,647 |
| | 17 | 52,207 | 25,785 | 26,422 | 39,690 | 19,626 | 20,064 | 12,517 | 6,159 | 6,358 |
| | 18 | 49,831 | 24,595 | 25,236 | 37,884 | 18,720 | 19,164 | 11,947 | 5,875 | 6,072 |
| | 19 | 47,080 | 23,192 | 23,888 | 35,792 | 17,652 | 18,140 | 11,288 | 5,540 | 5,748 |
| | 20 | 44,131 | 21,695 | 22,436 | 33,346 | 16,469 | 16,877 | 10,785 | 5,226 | 5,559 |
| | 21 | 38,999 | 18,941 | 20,058 | 29,467 | 14,379 | 15,088 | 9,532 | 4,562 | 4,970 |
| | 22 | 38,843 | 18,981 | 19,862 | 29,350 | 14,409 | 14,941 | 9,493 | 4,572 | 4,921 |
| | 23 | 38,164 | 18,716 | 19,448 | 28,837 | 14,208 | 14,629 | 9,327 | 4,508 | 4,819 |
| | 24 | 37,188 | 18,279 | 18,909 | 28,100 | 13,876 | 14,224 | 9,088 | 4,403 | 4,685 |
| | 25 | 36,150 | 17,798 | 18,352 | 27,012 | 13,328 | 13,684 | 9,138 | 4,470 | 4,668 |
| | 26 | 35,096 | 17,319 | 17,777 | 26,224 | 12,969 | 13,255 | 8,872 | 4,350 | 4,522 |
| | 27 | 33,736 | 16,662 | 17,074 | 25,208 | 12,477 | 12,731 | 8,528 | 4,185 | 4,343 |
| | 28 | 32,348 | 16,021 | 16,327 | 24,171 | 11,997 | 12,174 | 8,177 | 4,024 | 4,153 |
| | 29 | 31,038 | 15,430 | 15,608 | 23,193 | 11,555 | 11,638 | 7,845 | 3,875 | 3,970 |
| | 30 | 29,795 | 14,894 | 14,901 | 22,351 | 11,151 | 11,200 | 7,444 | 3,743 | 3,701 |
| | 31 | 28,596 | 14,363 | 14,233 | 21,451 | 10,753 | 10,698 | 7,145 | 3,610 | 3,535 |
| | 32 | 27,398 | 13,818 | 13,580 | 20,552 | 10,345 | 10,207 | 6,846 | 3,473 | 3,373 |
| | 33 | 26,219 | 13,218 | 13,001 | 19,668 | 9,896 | 9,772 | 6,551 | 3,322 | 3,229 |
| | 34 | 25,015 | 12,553 | 12,462 | 18,765 | 9,398 | 9,367 | 6,250 | 3,155 | 3,095 |
| | 35 | 23,670 | 11,840 | 11,830 | 17,793 | 8,898 | 8,895 | 5,877 | 2,942 | 2,935 |
| | 36 | 22,552 | 11,139 | 11,413 | 16,952 | 8,371 | 8,581 | 5,600 | 2,768 | 2,832 |
| | 37 | 21,494 | 10,505 | 10,989 | 16,156 | 7,894 | 8,262 | 5,338 | 2,611 | 2,727 |
| | 38 | 20,496 | 9,867 | 10,629 | 15,407 | 7,415 | 7,992 | 5,089 | 2,452 | 2,637 |
| | 39 | 19,573 | 9,247 | 10,326 | 14,713 | 6,949 | 7,764 | 4,860 | 2,298 | 2,562 |
| | 40 | 18,667 | 8,687 | 9,980 | 14,264 | 6,603 | 7,661 | 4,403 | 2,084 | 2,319 |
| | 41 | 17,830 | 8,079 | 9,751 | 13,626 | 6,141 | 7,485 | 4,204 | 1,938 | 2,266 |
| | 42 | 17,021 | 7,516 | 9,505 | 13,009 | 5,713 | 7,296 | 4,012 | 1,803 | 2,209 |
| | 43 | 16,337 | 7,118 | 9,219 | 12,487 | 5,410 | 7,077 | 3,850 | 1,708 | 2,142 |
| | 44 | 15,722 | 6,882 | 8,840 | 12,017 | 5,231 | 6,786 | 3,705 | 1,651 | 2,054 |
| | 45 | 15,069 | 6,701 | 8,368 | 11,648 | 5,148 | 6,500 | 3,421 | 1,553 | 1,868 |
| | 46 | 14,578 | 6,670 | 7,908 | 11,267 | 5,124 | 6,143 | 3,311 | 1,546 | 1,765 |
| | 47 | 14,011 | 6,587 | 7,424 | 10,827 | 5,060 | 5,767 | 3,184 | 1,527 | 1,657 |
| | 48 | 13,436 | 6,447 | 6,989 | 10,382 | 4,953 | 5,429 | 3,054 | 1,494 | 1,560 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2023 | | | | | | | | | | |
| | 49 | 12,735 | 6,183 | 6,552 | 9,839 | 4,750 | 5,089 | 2,896 | 1,433 | 1,463 |
| | 50 | 12,007 | 5,825 | 6,182 | 9,345 | 4,570 | 4,775 | 2,662 | 1,255 | 1,407 |
| | 51 | 11,098 | 5,407 | 5,691 | 8,638 | 4,242 | 4,396 | 2,460 | 1,165 | 1,295 |
| | 52 | 10,314 | 5,023 | 5,291 | 8,028 | 3,941 | 4,087 | 2,286 | 1,082 | 1,204 |
| | 53 | 9,611 | 4,698 | 4,913 | 7,481 | 3,686 | 3,795 | 2,130 | 1,012 | 1,118 |
| | 54 | 9,045 | 4,410 | 4,635 | 7,040 | 3,460 | 3,580 | 2,005 | 950 | 1,055 |
| | 55 | 8,666 | 4,166 | 4,500 | 6,703 | 3,234 | 3,469 | 1,963 | 932 | 1,031 |
| | 56 | 8,143 | 3,871 | 4,272 | 6,298 | 3,005 | 3,293 | 1,845 | 866 | 979 |
| | 57 | 7,600 | 3,578 | 4,022 | 5,878 | 2,778 | 3,100 | 1,722 | 800 | 922 |
| | 58 | 7,176 | 3,349 | 3,827 | 5,550 | 2,600 | 2,950 | 1,626 | 749 | 877 |
| | 59 | 6,831 | 3,187 | 3,644 | 5,283 | 2,474 | 2,809 | 1,548 | 713 | 835 |
| | 60 | 6,595 | 3,070 | 3,525 | 5,160 | 2,413 | 2,747 | 1,435 | 657 | 778 |
| | 61 | 6,287 | 2,959 | 3,328 | 4,920 | 2,326 | 2,594 | 1,367 | 633 | 734 |
| | 62 | 5,988 | 2,848 | 3,140 | 4,686 | 2,239 | 2,447 | 1,302 | 609 | 693 |
| | 63 | 5,650 | 2,703 | 2,947 | 4,422 | 2,125 | 2,297 | 1,228 | 578 | 650 |
| | 64 | 5,248 | 2,511 | 2,737 | 4,107 | 1,974 | 2,133 | 1,141 | 537 | 604 |
| | 65 | 4,848 | 2,305 | 2,543 | 3,806 | 1,843 | 1,963 | 1,042 | 462 | 580 |
| | 66 | 4,342 | 2,046 | 2,296 | 3,408 | 1,636 | 1,772 | 934 | 410 | 524 |
| | 67 | 3,947 | 1,842 | 2,105 | 3,098 | 1,473 | 1,625 | 849 | 369 | 480 |
| | 68 | 3,595 | 1,670 | 1,925 | 2,821 | 1,335 | 1,486 | 774 | 335 | 439 |
| | 69 | 3,351 | 1,558 | 1,793 | 2,630 | 1,246 | 1,384 | 721 | 312 | 409 |
| | 70 | 3,192 | 1,490 | 1,702 | 2,517 | 1,214 | 1,303 | 675 | 276 | 399 |
| | 71 | 3,001 | 1,405 | 1,596 | 2,367 | 1,145 | 1,222 | 634 | 260 | 374 |
| | 72 | 2,837 | 1,336 | 1,501 | 2,238 | 1,089 | 1,149 | 599 | 247 | 352 |
| | 73 | 2,597 | 1,229 | 1,368 | 2,049 | 1,002 | 1,047 | 548 | 227 | 321 |
| | 74 | 2,287 | 1,091 | 1,196 | 1,805 | 889 | 916 | 482 | 202 | 280 |
| | 75 | 1,953 | 939 | 1,014 | 1,538 | 770 | 768 | 415 | 169 | 246 |
| | 76 | 1,574 | 768 | 806 | 1,240 | 630 | 610 | 334 | 138 | 196 |
| | 77 | 1,280 | 634 | 646 | 1,009 | 520 | 489 | 271 | 114 | 157 |
| | 78 | 1,071 | 534 | 537 | 845 | 438 | 407 | 226 | 96 | 130 |
| | 79 | 959 | 472 | 487 | 756 | 387 | 369 | 203 | 85 | 118 |
| | 80+ | 6,910 | 3,212 | 3,698 | 5,266 | 2,619 | 2,647 | 1,644 | 593 | 1,051 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2024 | All Ages | 2,475,527 | 1,217,378 | 1,258,149 | 1,907,641 | 938,110 | 969,531 | 567,886 | 279,268 | 288,618 |
| | 0 | 110,642 | 55,426 | 55,216 | 87,807 | 43,696 | 44,111 | 22,835 | 11,730 | 11,105 |
| | 1 | 104,302 | 52,089 | 52,213 | 82,777 | 41,065 | 41,712 | 21,525 | 11,024 | 10,501 |
| | 2 | 99,118 | 49,404 | 49,714 | 78,664 | 38,948 | 39,716 | 20,454 | 10,456 | 9,998 |
| | 3 | 94,726 | 47,151 | 47,575 | 75,179 | 37,172 | 38,007 | 19,547 | 9,979 | 9,568 |
| | 4 | 90,685 | 45,098 | 45,587 | 71,972 | 35,553 | 36,419 | 18,713 | 9,545 | 9,168 |
| | 5 | 86,772 | 43,098 | 43,674 | 68,171 | 33,767 | 34,404 | 18,601 | 9,331 | 9,270 |
| | 6 | 83,383 | 41,398 | 41,985 | 65,508 | 32,435 | 33,073 | 17,875 | 8,963 | 8,912 |
| | 7 | 80,281 | 39,843 | 40,438 | 63,072 | 31,217 | 31,855 | 17,209 | 8,626 | 8,583 |
| | 8 | 77,500 | 38,448 | 39,052 | 60,887 | 30,124 | 30,763 | 16,613 | 8,324 | 8,289 |
| | 9 | 74,749 | 37,067 | 37,682 | 58,726 | 29,042 | 29,684 | 16,023 | 8,025 | 7,998 |
| | 10 | 71,954 | 35,666 | 36,288 | 55,314 | 27,545 | 27,769 | 16,640 | 8,121 | 8,519 |
| | 11 | 69,355 | 34,363 | 34,992 | 53,316 | 26,539 | 26,777 | 16,039 | 7,824 | 8,215 |
| | 12 | 66,718 | 33,042 | 33,676 | 51,289 | 25,519 | 25,770 | 15,429 | 7,523 | 7,906 |
| | 13 | 64,214 | 31,786 | 32,428 | 49,364 | 24,549 | 24,815 | 14,850 | 7,237 | 7,613 |
| | 14 | 61,681 | 30,519 | 31,162 | 47,416 | 23,570 | 23,846 | 14,265 | 6,949 | 7,316 |
| | 15 | 59,291 | 29,324 | 29,967 | 44,928 | 22,247 | 22,681 | 14,363 | 7,077 | 7,286 |
| | 16 | 56,811 | 28,077 | 28,734 | 43,049 | 21,301 | 21,748 | 13,762 | 6,776 | 6,986 |
| | 17 | 54,394 | 26,863 | 27,531 | 41,217 | 20,380 | 20,837 | 13,177 | 6,483 | 6,694 |
| | 18 | 51,990 | 25,659 | 26,331 | 39,395 | 19,466 | 19,929 | 12,595 | 6,193 | 6,402 |
| | 19 | 49,620 | 24,474 | 25,146 | 37,599 | 18,567 | 19,032 | 12,021 | 5,907 | 6,114 |
| | 20 | 46,876 | 23,077 | 23,799 | 35,302 | 17,461 | 17,841 | 11,574 | 5,616 | 5,958 |
| | 21 | 43,895 | 21,563 | 22,332 | 33,056 | 16,315 | 16,741 | 10,839 | 5,248 | 5,591 |
| | 22 | 38,789 | 18,829 | 19,960 | 29,210 | 14,247 | 14,963 | 9,579 | 4,582 | 4,997 |
| | 23 | 38,622 | 18,865 | 19,757 | 29,085 | 14,274 | 14,811 | 9,537 | 4,591 | 4,946 |
| | 24 | 37,932 | 18,599 | 19,333 | 28,566 | 14,073 | 14,493 | 9,366 | 4,526 | 4,840 |
| | 25 | 36,945 | 18,161 | 18,784 | 27,510 | 13,553 | 13,957 | 9,435 | 4,608 | 4,827 |
| | 26 | 35,881 | 17,675 | 18,206 | 26,719 | 13,191 | 13,528 | 9,162 | 4,484 | 4,678 |
| | 27 | 34,821 | 17,199 | 17,622 | 25,929 | 12,835 | 13,094 | 8,892 | 4,364 | 4,528 |
| | 28 | 33,463 | 16,546 | 16,917 | 24,918 | 12,348 | 12,570 | 8,545 | 4,198 | 4,347 |
| | 29 | 32,070 | 15,904 | 16,166 | 23,881 | 11,869 | 12,012 | 8,189 | 4,035 | 4,154 |
| | 30 | 30,760 | 15,314 | 15,446 | 22,996 | 11,426 | 11,570 | 7,764 | 3,888 | 3,876 |
| | 31 | 29,496 | 14,769 | 14,727 | 22,051 | 11,019 | 11,032 | 7,445 | 3,750 | 3,695 |
| | 32 | 28,298 | 14,235 | 14,063 | 21,155 | 10,621 | 10,534 | 7,143 | 3,614 | 3,529 |
| | 33 | 27,105 | 13,690 | 13,415 | 20,263 | 10,214 | 10,049 | 6,842 | 3,476 | 3,366 |
| | 34 | 25,932 | 13,087 | 12,845 | 19,386 | 9,764 | 9,622 | 6,546 | 3,323 | 3,223 |
| | 35 | 24,732 | 12,419 | 12,313 | 18,527 | 9,301 | 9,226 | 6,205 | 3,118 | 3,087 |
| | 36 | 23,375 | 11,694 | 11,681 | 17,511 | 8,758 | 8,753 | 5,864 | 2,936 | 2,928 |
| | 37 | 22,262 | 10,993 | 11,269 | 16,677 | 8,233 | 8,444 | 5,585 | 2,760 | 2,825 |
| | 38 | 21,208 | 10,361 | 10,847 | 15,888 | 7,760 | 8,128 | 5,320 | 2,601 | 2,719 |
| | 39 | 20,219 | 9,727 | 10,492 | 15,147 | 7,285 | 7,862 | 5,072 | 2,442 | 2,630 |
| | 40 | 19,310 | 9,113 | 10,197 | 14,706 | 6,904 | 7,802 | 4,604 | 2,209 | 2,395 |
| | 41 | 18,394 | 8,544 | 9,850 | 14,010 | 6,473 | 7,537 | 4,384 | 2,071 | 2,313 |
| | 42 | 17,572 | 7,944 | 9,628 | 13,385 | 6,018 | 7,367 | 4,187 | 1,926 | 2,261 |
| | 43 | 16,775 | 7,389 | 9,386 | 12,780 | 5,598 | 7,182 | 3,995 | 1,791 | 2,204 |
| | 44 | 16,108 | 7,000 | 9,108 | 12,272 | 5,303 | 6,969 | 3,836 | 1,697 | 2,139 |
| | 45 | 15,512 | 6,776 | 8,736 | 11,954 | 5,189 | 6,765 | 3,558 | 1,587 | 1,971 |
| | 46 | 14,841 | 6,583 | 8,258 | 11,436 | 5,041 | 6,395 | 3,405 | 1,542 | 1,863 |
| | 47 | 14,369 | 6,563 | 7,806 | 11,071 | 5,026 | 6,045 | 3,298 | 1,537 | 1,761 |
| | 48 | 13,805 | 6,482 | 7,323 | 10,635 | 4,964 | 5,671 | 3,170 | 1,518 | 1,652 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2024 | | | | | | | | | | |
| | 49 | 13,246 | 6,346 | 6,900 | 10,203 | 4,860 | 5,343 | 3,043 | 1,486 | 1,557 |
| | 50 | 12,555 | 6,082 | 6,473 | 9,742 | 4,758 | 4,984 | 2,813 | 1,324 | 1,489 |
| | 51 | 11,800 | 5,706 | 6,094 | 9,156 | 4,464 | 4,692 | 2,644 | 1,242 | 1,402 |
| | 52 | 10,904 | 5,292 | 5,612 | 8,461 | 4,140 | 4,321 | 2,443 | 1,152 | 1,291 |
| | 53 | 10,139 | 4,914 | 5,225 | 7,867 | 3,844 | 4,023 | 2,272 | 1,070 | 1,202 |
| | 54 | 9,448 | 4,598 | 4,850 | 7,331 | 3,597 | 3,734 | 2,117 | 1,001 | 1,116 |
| | 55 | 8,892 | 4,319 | 4,573 | 6,857 | 3,343 | 3,514 | 2,035 | 976 | 1,059 |
| | 56 | 8,479 | 4,061 | 4,418 | 6,538 | 3,143 | 3,395 | 1,941 | 918 | 1,023 |
| | 57 | 7,964 | 3,772 | 4,192 | 6,141 | 2,920 | 3,221 | 1,823 | 852 | 971 |
| | 58 | 7,429 | 3,486 | 3,943 | 5,728 | 2,698 | 3,030 | 1,701 | 788 | 913 |
| | 59 | 7,014 | 3,261 | 3,753 | 5,408 | 2,524 | 2,884 | 1,606 | 737 | 869 |
| | 60 | 6,678 | 3,104 | 3,574 | 5,210 | 2,433 | 2,777 | 1,468 | 671 | 797 |
| | 61 | 6,392 | 2,963 | 3,429 | 4,986 | 2,322 | 2,664 | 1,406 | 641 | 765 |
| | 62 | 6,096 | 2,859 | 3,237 | 4,756 | 2,241 | 2,515 | 1,340 | 618 | 722 |
| | 63 | 5,806 | 2,753 | 3,053 | 4,530 | 2,158 | 2,372 | 1,276 | 595 | 681 |
| | 64 | 5,480 | 2,614 | 2,866 | 4,276 | 2,049 | 2,227 | 1,204 | 565 | 639 |
| | 65 | 5,091 | 2,428 | 2,663 | 3,985 | 1,936 | 2,049 | 1,106 | 492 | 614 |
| | 66 | 4,639 | 2,197 | 2,442 | 3,631 | 1,752 | 1,879 | 1,008 | 445 | 563 |
| | 67 | 4,156 | 1,950 | 2,206 | 3,253 | 1,555 | 1,698 | 903 | 395 | 508 |
| | 68 | 3,785 | 1,758 | 2,027 | 2,962 | 1,402 | 1,560 | 823 | 356 | 467 |
| | 69 | 3,448 | 1,594 | 1,854 | 2,698 | 1,271 | 1,427 | 750 | 323 | 427 |
| | 70 | 3,213 | 1,487 | 1,726 | 2,526 | 1,209 | 1,317 | 687 | 278 | 409 |
| | 71 | 2,995 | 1,390 | 1,605 | 2,355 | 1,130 | 1,225 | 640 | 260 | 380 |
| | 72 | 2,817 | 1,311 | 1,506 | 2,215 | 1,066 | 1,149 | 602 | 245 | 357 |
| | 73 | 2,665 | 1,248 | 1,417 | 2,096 | 1,015 | 1,081 | 569 | 233 | 336 |
| | 74 | 2,440 | 1,149 | 1,291 | 1,919 | 934 | 985 | 521 | 215 | 306 |
| | 75 | 2,149 | 1,020 | 1,129 | 1,687 | 835 | 852 | 462 | 185 | 277 |
| | 76 | 1,785 | 853 | 932 | 1,401 | 698 | 703 | 384 | 155 | 229 |
| | 77 | 1,439 | 698 | 741 | 1,130 | 571 | 559 | 309 | 127 | 182 |
| | 78 | 1,170 | 576 | 594 | 919 | 471 | 448 | 251 | 105 | 146 |
| | 79 | 979 | 485 | 494 | 770 | 397 | 373 | 209 | 88 | 121 |
| | 80+ | 6,881 | 3,208 | 3,673 | 5,228 | 2,609 | 2,619 | 1,653 | 599 | 1,054 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|-----------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2025 | All Ages | 2,566,980 | 1,262,542 | 1,304,438 | 1,971,698 | 969,757 | 1,001,941 | 595,282 | 292,785 | 302,497 |
| | 0 | 114,957 | 57,594 | 57,363 | 90,964 | 45,269 | 45,695 | 23,993 | 12,325 | 11,668 |
| | 1 | 108,358 | 54,126 | 54,232 | 85,744 | 42,543 | 43,201 | 22,614 | 11,583 | 11,031 |
| | 2 | 102,922 | 51,308 | 51,614 | 81,444 | 40,328 | 41,116 | 21,478 | 10,980 | 10,498 |
| | 3 | 98,125 | 48,847 | 49,278 | 77,649 | 38,394 | 39,255 | 20,476 | 10,453 | 10,023 |
| | 4 | 93,985 | 46,740 | 47,245 | 74,373 | 36,738 | 37,635 | 19,612 | 10,002 | 9,610 |
| | 5 | 89,930 | 44,666 | 45,264 | 70,438 | 34,889 | 35,549 | 19,492 | 9,777 | 9,715 |
| | 6 | 86,486 | 42,937 | 43,549 | 67,740 | 33,538 | 34,202 | 18,746 | 9,399 | 9,347 |
| | 7 | 83,108 | 41,243 | 41,865 | 65,094 | 32,215 | 32,879 | 18,014 | 9,028 | 8,986 |
| | 8 | 80,013 | 39,692 | 40,321 | 62,671 | 31,004 | 31,667 | 17,342 | 8,688 | 8,654 |
| | 9 | 77,237 | 38,301 | 38,936 | 60,496 | 29,917 | 30,579 | 16,741 | 8,384 | 8,357 |
| | 10 | 74,493 | 36,924 | 37,569 | 57,078 | 28,425 | 28,653 | 17,415 | 8,499 | 8,916 |
| | 11 | 71,726 | 35,539 | 36,187 | 54,958 | 27,359 | 27,599 | 16,768 | 8,180 | 8,588 |
| | 12 | 69,132 | 34,239 | 34,893 | 52,970 | 26,358 | 26,612 | 16,162 | 7,881 | 8,281 |
| | 13 | 66,503 | 32,921 | 33,582 | 50,956 | 25,344 | 25,612 | 15,547 | 7,577 | 7,970 |
| | 14 | 64,006 | 31,670 | 32,336 | 49,043 | 24,381 | 24,662 | 14,963 | 7,289 | 7,674 |
| | 15 | 61,481 | 30,407 | 31,074 | 46,428 | 22,990 | 23,438 | 15,053 | 7,417 | 7,636 |
| | 16 | 59,049 | 29,182 | 29,867 | 44,591 | 22,064 | 22,527 | 14,458 | 7,118 | 7,340 |
| | 17 | 56,583 | 27,943 | 28,640 | 42,729 | 21,127 | 21,602 | 13,854 | 6,816 | 7,038 |
| | 18 | 54,173 | 26,734 | 27,439 | 40,909 | 20,213 | 20,696 | 13,264 | 6,521 | 6,743 |
| | 19 | 51,774 | 25,535 | 26,239 | 39,097 | 19,306 | 19,791 | 12,677 | 6,229 | 6,448 |
| | 20 | 49,408 | 24,354 | 25,054 | 37,079 | 18,364 | 18,715 | 12,329 | 5,990 | 6,339 |
| | 21 | 46,632 | 22,941 | 23,691 | 34,995 | 17,298 | 17,697 | 11,637 | 5,643 | 5,994 |
| | 22 | 43,654 | 21,433 | 22,221 | 32,760 | 16,161 | 16,599 | 10,894 | 5,272 | 5,622 |
| | 23 | 38,568 | 18,715 | 19,853 | 28,942 | 14,112 | 14,830 | 9,626 | 4,603 | 5,023 |
| | 24 | 38,388 | 18,748 | 19,640 | 28,808 | 14,137 | 14,671 | 9,580 | 4,611 | 4,969 |
| | 25 | 37,687 | 18,481 | 19,206 | 27,962 | 13,743 | 14,219 | 9,725 | 4,738 | 4,987 |
| | 26 | 36,672 | 18,036 | 18,636 | 27,209 | 13,412 | 13,797 | 9,463 | 4,624 | 4,839 |
| | 27 | 35,602 | 17,552 | 18,050 | 26,415 | 13,052 | 13,363 | 9,187 | 4,500 | 4,687 |
| | 28 | 34,535 | 17,078 | 17,457 | 25,623 | 12,699 | 12,924 | 8,912 | 4,379 | 4,533 |
| | 29 | 33,179 | 16,427 | 16,752 | 24,617 | 12,215 | 12,402 | 8,562 | 4,212 | 4,350 |
| | 30 | 31,783 | 15,785 | 15,998 | 23,676 | 11,735 | 11,941 | 8,107 | 4,050 | 4,057 |
| | 31 | 30,454 | 15,186 | 15,268 | 22,686 | 11,290 | 11,396 | 7,768 | 3,896 | 3,872 |
| | 32 | 29,190 | 14,639 | 14,551 | 21,744 | 10,883 | 10,861 | 7,446 | 3,756 | 3,690 |
| | 33 | 27,994 | 14,102 | 13,892 | 20,853 | 10,484 | 10,369 | 7,141 | 3,618 | 3,523 |
| | 34 | 26,808 | 13,555 | 13,253 | 19,969 | 10,077 | 9,892 | 6,839 | 3,478 | 3,361 |
| | 35 | 25,640 | 12,949 | 12,691 | 19,140 | 9,664 | 9,476 | 6,500 | 3,285 | 3,215 |
| | 36 | 24,420 | 12,266 | 12,154 | 18,229 | 9,154 | 9,075 | 6,191 | 3,112 | 3,079 |
| | 37 | 23,073 | 11,540 | 11,533 | 17,223 | 8,612 | 8,611 | 5,850 | 2,928 | 2,922 |
| | 38 | 21,967 | 10,840 | 11,127 | 16,398 | 8,090 | 8,308 | 5,569 | 2,750 | 2,819 |
| | 39 | 20,923 | 10,215 | 10,708 | 15,618 | 7,623 | 7,995 | 5,305 | 2,592 | 2,713 |
| | 40 | 19,948 | 9,587 | 10,361 | 15,139 | 7,238 | 7,901 | 4,809 | 2,349 | 2,460 |
| | 41 | 19,026 | 8,963 | 10,063 | 14,441 | 6,767 | 7,674 | 4,585 | 2,196 | 2,389 |
| | 42 | 18,127 | 8,404 | 9,723 | 13,760 | 6,345 | 7,415 | 4,367 | 2,059 | 2,308 |
| | 43 | 17,320 | 7,812 | 9,508 | 13,149 | 5,898 | 7,251 | 4,171 | 1,914 | 2,257 |
| | 44 | 16,538 | 7,266 | 9,272 | 12,557 | 5,486 | 7,071 | 3,981 | 1,780 | 2,201 |
| | 45 | 15,889 | 6,890 | 8,999 | 12,205 | 5,259 | 6,946 | 3,684 | 1,631 | 2,053 |
| | 46 | 15,278 | 6,658 | 8,620 | 11,736 | 5,082 | 6,654 | 3,542 | 1,576 | 1,966 |
| | 47 | 14,622 | 6,472 | 8,150 | 11,231 | 4,940 | 6,291 | 3,391 | 1,532 | 1,859 |
| | 48 | 14,169 | 6,462 | 7,707 | 10,881 | 4,932 | 5,949 | 3,288 | 1,530 | 1,758 |

Table 4: Regional Population in Single Years by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|-----|------------|-------|---------|------------|-------|---------|------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2025 | | | | | | | | | | |
| | 49 | 13,611 | 6,382 | 7,229 | 10,451 | 4,871 | 5,580 | 3,160 | 1,511 | 1,649 |
| | 50 | 13,061 | 6,246 | 6,815 | 10,101 | 4,871 | 5,230 | 2,960 | 1,375 | 1,585 |
| | 51 | 12,344 | 5,963 | 6,381 | 9,547 | 4,650 | 4,897 | 2,797 | 1,313 | 1,484 |
| | 52 | 11,602 | 5,591 | 6,011 | 8,973 | 4,360 | 4,613 | 2,629 | 1,231 | 1,398 |
| | 53 | 10,720 | 5,182 | 5,538 | 8,291 | 4,041 | 4,250 | 2,429 | 1,141 | 1,288 |
| | 54 | 9,969 | 4,810 | 5,159 | 7,710 | 3,751 | 3,959 | 2,259 | 1,059 | 1,200 |
| | 55 | 9,291 | 4,504 | 4,787 | 7,141 | 3,475 | 3,666 | 2,150 | 1,029 | 1,121 |
| | 56 | 8,703 | 4,211 | 4,492 | 6,689 | 3,249 | 3,440 | 2,014 | 962 | 1,052 |
| | 57 | 8,297 | 3,961 | 4,336 | 6,377 | 3,056 | 3,321 | 1,920 | 905 | 1,015 |
| | 58 | 7,793 | 3,680 | 4,113 | 5,989 | 2,839 | 3,150 | 1,804 | 841 | 963 |
| | 59 | 7,264 | 3,398 | 3,866 | 5,583 | 2,622 | 2,961 | 1,681 | 776 | 905 |
| | 60 | 6,859 | 3,179 | 3,680 | 5,334 | 2,484 | 2,850 | 1,525 | 695 | 830 |
| | 61 | 6,474 | 2,997 | 3,477 | 5,035 | 2,342 | 2,693 | 1,439 | 655 | 784 |
| | 62 | 6,199 | 2,863 | 3,336 | 4,821 | 2,237 | 2,584 | 1,378 | 626 | 752 |
| | 63 | 5,914 | 2,764 | 3,150 | 4,600 | 2,160 | 2,440 | 1,314 | 604 | 710 |
| | 64 | 5,636 | 2,665 | 2,971 | 4,383 | 2,082 | 2,301 | 1,253 | 583 | 670 |
| | 65 | 5,320 | 2,530 | 2,790 | 4,152 | 2,012 | 2,140 | 1,168 | 518 | 650 |
| | 66 | 4,876 | 2,317 | 2,559 | 3,805 | 1,842 | 1,963 | 1,071 | 475 | 596 |
| | 67 | 4,446 | 2,098 | 2,348 | 3,469 | 1,668 | 1,801 | 977 | 430 | 547 |
| | 68 | 3,982 | 1,861 | 2,121 | 3,107 | 1,480 | 1,627 | 875 | 381 | 494 |
| | 69 | 3,632 | 1,679 | 1,953 | 2,833 | 1,335 | 1,498 | 799 | 344 | 455 |
| | 70 | 3,309 | 1,522 | 1,787 | 2,593 | 1,234 | 1,359 | 716 | 288 | 428 |
| | 71 | 3,019 | 1,389 | 1,630 | 2,366 | 1,126 | 1,240 | 653 | 263 | 390 |
| | 72 | 2,815 | 1,299 | 1,516 | 2,206 | 1,053 | 1,153 | 609 | 246 | 363 |
| | 73 | 2,646 | 1,225 | 1,421 | 2,074 | 993 | 1,081 | 572 | 232 | 340 |
| | 74 | 2,507 | 1,168 | 1,339 | 1,965 | 947 | 1,018 | 542 | 221 | 321 |
| | 75 | 2,295 | 1,075 | 1,220 | 1,794 | 877 | 917 | 501 | 198 | 303 |
| | 76 | 1,966 | 927 | 1,039 | 1,538 | 757 | 781 | 428 | 170 | 258 |
| | 77 | 1,634 | 776 | 858 | 1,278 | 633 | 645 | 356 | 143 | 213 |
| | 78 | 1,316 | 635 | 681 | 1,030 | 518 | 512 | 286 | 117 | 169 |
| | 79 | 1,068 | 523 | 545 | 837 | 427 | 410 | 231 | 96 | 135 |
| | 80+ | 6,877 | 3,218 | 3,659 | 5,209 | 2,611 | 2,598 | 1,668 | 607 | 1,061 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2003 | All Ages | 1,173,159 | 573,682 | 599,477 | 963,863 | 471,336 | 492,527 | 209,296 | 102,346 | 106,950 |
| | 0-4 | 224,716 | 111,370 | 113,346 | 188,969 | 93,116 | 95,853 | 35,747 | 18,254 | 17,493 |
| | 5-9 | 186,486 | 92,703 | 93,783 | 155,596 | 77,138 | 78,458 | 30,890 | 15,565 | 15,325 |
| | 10-14 | 156,231 | 78,094 | 78,137 | 128,185 | 64,261 | 63,924 | 28,046 | 13,833 | 14,213 |
| | 15-19 | 127,886 | 61,702 | 66,184 | 103,756 | 50,070 | 53,686 | 24,130 | 11,632 | 12,498 |
| | 20-24 | 105,089 | 46,559 | 58,530 | 84,831 | 37,704 | 47,127 | 20,258 | 8,855 | 11,403 |
| | 25-29 | 87,724 | 40,721 | 47,003 | 70,207 | 32,622 | 37,585 | 17,517 | 8,099 | 9,418 |
| | 30-34 | 66,917 | 33,010 | 33,907 | 53,724 | 26,440 | 27,284 | 13,193 | 6,570 | 6,623 |
| | 35-39 | 51,299 | 25,090 | 26,209 | 41,251 | 20,156 | 21,095 | 10,048 | 4,934 | 5,114 |
| | 40-44 | 42,633 | 21,141 | 21,492 | 34,717 | 17,136 | 17,581 | 7,916 | 4,005 | 3,911 |
| | 45-49 | 32,144 | 15,957 | 16,187 | 26,409 | 13,044 | 13,365 | 5,735 | 2,913 | 2,822 |
| | 50-54 | 26,910 | 13,594 | 13,316 | 22,244 | 11,298 | 10,946 | 4,666 | 2,296 | 2,370 |
| | 55-59 | 17,546 | 9,278 | 8,268 | 14,432 | 7,647 | 6,785 | 3,114 | 1,631 | 1,483 |
| | 60-64 | 15,166 | 7,588 | 7,578 | 12,588 | 6,315 | 6,273 | 2,578 | 1,273 | 1,305 |
| | 65-69 | 11,342 | 5,762 | 5,580 | 9,445 | 4,860 | 4,585 | 1,897 | 902 | 995 |
| | 70-74 | 8,980 | 4,573 | 4,407 | 7,512 | 3,915 | 3,597 | 1,468 | 658 | 810 |
| | 75-79 | 5,404 | 2,947 | 2,457 | 4,524 | 2,536 | 1,988 | 880 | 411 | 469 |
| | 80+ | 6,686 | 3,593 | 3,093 | 5,473 | 3,078 | 2,395 | 1,213 | 515 | 698 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2004 | All Ages | 1,213,309 | 593,134 | 620,175 | 993,822 | 485,835 | 507,987 | 219,487 | 107,299 | 112,188 |
| | 0-4 | 234,035 | 116,017 | 118,018 | 196,276 | 96,736 | 99,540 | 37,759 | 19,281 | 18,478 |
| | 5-9 | 191,564 | 95,116 | 96,448 | 159,385 | 78,924 | 80,461 | 32,179 | 16,192 | 15,987 |
| | 10-14 | 161,232 | 80,569 | 80,663 | 131,885 | 66,100 | 65,785 | 29,347 | 14,469 | 14,878 |
| | 15-19 | 132,612 | 64,713 | 67,899 | 107,249 | 52,349 | 54,900 | 25,363 | 12,364 | 12,999 |
| | 20-24 | 108,440 | 48,740 | 59,700 | 87,252 | 39,344 | 47,908 | 21,188 | 9,396 | 11,792 |
| | 25-29 | 90,490 | 41,115 | 49,375 | 72,174 | 32,828 | 39,346 | 18,316 | 8,287 | 10,029 |
| | 30-34 | 70,599 | 34,568 | 36,031 | 56,493 | 27,596 | 28,897 | 14,106 | 6,972 | 7,134 |
| | 35-39 | 53,218 | 26,154 | 27,064 | 42,653 | 20,942 | 21,711 | 10,565 | 5,212 | 5,353 |
| | 40-44 | 43,675 | 21,493 | 22,182 | 35,455 | 17,366 | 18,089 | 8,220 | 4,127 | 4,093 |
| | 45-49 | 33,797 | 16,776 | 17,021 | 27,683 | 13,671 | 14,012 | 6,114 | 3,105 | 3,009 |
| | 50-54 | 27,269 | 13,654 | 13,615 | 22,472 | 11,315 | 11,157 | 4,797 | 2,339 | 2,458 |
| | 55-59 | 19,095 | 9,976 | 9,119 | 15,659 | 8,198 | 7,461 | 3,436 | 1,778 | 1,658 |
| | 60-64 | 14,660 | 7,435 | 7,225 | 12,134 | 6,171 | 5,963 | 2,526 | 1,264 | 1,262 |
| | 65-69 | 11,782 | 5,889 | 5,893 | 9,783 | 4,955 | 4,828 | 1,999 | 934 | 1,065 |
| | 70-74 | 8,722 | 4,435 | 4,287 | 7,277 | 3,788 | 3,489 | 1,445 | 647 | 798 |
| | 75-79 | 5,652 | 2,991 | 2,661 | 4,713 | 2,567 | 2,146 | 939 | 424 | 515 |
| | 80+ | 6,467 | 3,493 | 2,974 | 5,279 | 2,985 | 2,294 | 1,188 | 508 | 680 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2005 | All Ages | 1,256,828 | 614,331 | 642,497 | 1,026,448 | 501,720 | 524,728 | 230,380 | 112,611 | 117,769 |
| | 0-4 | 245,675 | 121,916 | 123,759 | 205,496 | 101,383 | 104,113 | 40,179 | 20,533 | 19,646 |
| | 5-9 | 196,362 | 97,378 | 98,984 | 162,932 | 80,579 | 82,353 | 33,430 | 16,799 | 16,631 |
| | 10-14 | 166,315 | 82,974 | 83,341 | 135,640 | 67,877 | 67,763 | 30,675 | 15,097 | 15,578 |
| | 15-19 | 137,584 | 67,751 | 69,833 | 110,923 | 54,638 | 56,285 | 26,661 | 13,113 | 13,548 |
| | 20-24 | 112,058 | 51,312 | 60,746 | 89,881 | 41,292 | 48,589 | 22,177 | 10,020 | 12,157 |
| | 25-29 | 93,126 | 41,479 | 51,647 | 74,030 | 33,011 | 41,019 | 19,096 | 8,468 | 10,628 |
| | 30-34 | 74,453 | 36,095 | 38,358 | 59,383 | 28,721 | 30,662 | 15,070 | 7,374 | 7,696 |
| | 35-39 | 55,447 | 27,381 | 28,066 | 44,294 | 21,854 | 22,440 | 11,153 | 5,527 | 5,626 |
| | 40-44 | 44,668 | 21,814 | 22,854 | 36,153 | 17,573 | 18,580 | 8,515 | 4,241 | 4,274 |
| | 45-49 | 35,656 | 17,702 | 17,954 | 29,120 | 14,384 | 14,736 | 6,536 | 3,318 | 3,218 |
| | 50-54 | 27,489 | 13,658 | 13,831 | 22,588 | 11,287 | 11,301 | 4,901 | 2,371 | 2,530 |
| | 55-59 | 20,881 | 10,757 | 10,124 | 17,073 | 8,814 | 8,259 | 3,808 | 1,943 | 1,865 |
| | 60-64 | 14,182 | 7,312 | 6,870 | 11,706 | 6,052 | 5,654 | 2,476 | 1,260 | 1,216 |
| | 65-69 | 12,266 | 6,043 | 6,223 | 10,154 | 5,072 | 5,082 | 2,112 | 971 | 1,141 |
| | 70-74 | 8,457 | 4,303 | 4,154 | 7,037 | 3,667 | 3,370 | 1,420 | 636 | 784 |
| | 75-79 | 5,886 | 3,034 | 2,852 | 4,892 | 2,599 | 2,293 | 994 | 435 | 559 |
| | 80+ | 6,323 | 3,422 | 2,901 | 5,146 | 2,917 | 2,229 | 1,177 | 505 | 672 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2006 | All Ages | 1,302,278 | 636,509 | 665,769 | 1,060,449 | 518,309 | 542,140 | 241,829 | 118,200 | 123,629 |
| | 0-4 | 259,010 | 128,734 | 130,276 | 216,076 | 106,766 | 109,310 | 42,934 | 21,968 | 20,966 |
| | 5-9 | 200,444 | 99,219 | 101,225 | 165,862 | 81,877 | 83,985 | 34,582 | 17,342 | 17,240 |
| | 10-14 | 171,529 | 85,404 | 86,125 | 139,476 | 69,664 | 69,812 | 32,053 | 15,740 | 16,313 |
| | 15-19 | 142,650 | 70,715 | 71,935 | 114,648 | 56,853 | 57,795 | 28,002 | 13,862 | 14,140 |
| | 20-24 | 115,909 | 54,081 | 61,828 | 92,676 | 43,385 | 49,291 | 23,233 | 10,696 | 12,537 |
| | 25-29 | 95,788 | 42,107 | 53,681 | 75,894 | 33,403 | 42,491 | 19,894 | 8,704 | 11,190 |
| | 30-34 | 78,156 | 37,418 | 40,738 | 62,135 | 29,677 | 32,458 | 16,021 | 7,741 | 8,280 |
| | 35-39 | 57,994 | 28,706 | 29,288 | 46,178 | 22,838 | 23,340 | 11,816 | 5,868 | 5,948 |
| | 40-44 | 45,778 | 22,242 | 23,536 | 36,939 | 17,862 | 19,077 | 8,839 | 4,380 | 4,459 |
| | 45-49 | 37,430 | 18,564 | 18,866 | 30,478 | 15,039 | 15,439 | 6,952 | 3,525 | 3,427 |
| | 50-54 | 27,873 | 13,761 | 14,112 | 22,836 | 11,341 | 11,495 | 5,037 | 2,420 | 2,617 |
| | 55-59 | 22,506 | 11,443 | 11,063 | 18,347 | 9,350 | 8,997 | 4,159 | 2,093 | 2,066 |
| | 60-64 | 14,032 | 7,325 | 6,707 | 11,551 | 6,047 | 5,504 | 2,481 | 1,278 | 1,203 |
| | 65-69 | 12,601 | 6,156 | 6,445 | 10,402 | 5,153 | 5,249 | 2,199 | 1,003 | 1,196 |
| | 70-74 | 8,306 | 4,217 | 4,089 | 6,893 | 3,585 | 3,308 | 1,413 | 632 | 781 |
| | 75-79 | 6,026 | 3,047 | 2,979 | 4,991 | 2,603 | 2,388 | 1,035 | 444 | 591 |
| | 80+ | 6,246 | 3,370 | 2,876 | 5,067 | 2,866 | 2,201 | 1,179 | 504 | 675 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2007 | All Ages | 1,349,579 | 659,685 | 689,894 | 1,095,724 | 535,601 | 560,123 | 253,855 | 124,084 | 129,771 |
| | 0-4 | 274,627 | 136,812 | 137,815 | 228,489 | 113,159 | 115,330 | 46,138 | 23,653 | 22,485 |
| | 5-9 | 203,205 | 100,279 | 102,926 | 167,682 | 82,524 | 85,158 | 35,523 | 17,755 | 17,768 |
| | 10-14 | 176,943 | 87,947 | 88,996 | 143,442 | 71,528 | 71,914 | 33,501 | 16,419 | 17,082 |
| | 15-19 | 147,737 | 73,556 | 74,181 | 118,360 | 58,953 | 59,407 | 29,377 | 14,603 | 14,774 |
| | 20-24 | 119,979 | 56,910 | 63,069 | 95,625 | 45,512 | 50,113 | 24,354 | 11,398 | 12,956 |
| | 25-29 | 98,619 | 43,222 | 55,397 | 77,873 | 34,175 | 43,698 | 20,746 | 9,047 | 11,699 |
| | 30-34 | 81,512 | 38,451 | 43,061 | 64,589 | 30,396 | 34,193 | 16,923 | 8,055 | 8,868 |
| | 35-39 | 60,846 | 30,082 | 30,764 | 48,290 | 23,855 | 24,435 | 12,556 | 6,227 | 6,329 |
| | 40-44 | 47,133 | 22,875 | 24,258 | 37,913 | 18,313 | 19,600 | 9,220 | 4,562 | 4,658 |
| | 45-49 | 38,945 | 19,260 | 19,685 | 31,618 | 15,556 | 16,062 | 7,327 | 3,704 | 3,623 |
| | 50-54 | 28,639 | 14,080 | 14,559 | 23,397 | 11,573 | 11,824 | 5,242 | 2,507 | 2,735 |
| | 55-59 | 23,717 | 11,928 | 11,789 | 19,276 | 9,718 | 9,558 | 4,441 | 2,210 | 2,231 |
| | 60-64 | 14,400 | 7,544 | 6,856 | 11,819 | 6,210 | 5,609 | 2,581 | 1,334 | 1,247 |
| | 65-69 | 12,693 | 6,195 | 6,498 | 10,447 | 5,172 | 5,275 | 2,246 | 1,023 | 1,223 |
| | 70-74 | 8,334 | 4,201 | 4,133 | 6,895 | 3,562 | 3,333 | 1,439 | 639 | 800 |
| | 75-79 | 6,030 | 3,012 | 3,018 | 4,980 | 2,569 | 2,411 | 1,050 | 443 | 607 |
| | 80+ | 6,220 | 3,331 | 2,889 | 5,029 | 2,826 | 2,203 | 1,191 | 505 | 686 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2008 | All Ages | 1,398,866 | 683,874 | 714,992 | 1,132,248 | 553,532 | 578,716 | 266,618 | 130,342 | 136,276 |
| | 0-4 | 286,870 | 142,985 | 143,885 | 238,010 | 117,930 | 120,080 | 48,860 | 25,055 | 23,805 |
| | 5-9 | 210,696 | 103,936 | 106,760 | 173,359 | 85,286 | 88,073 | 37,337 | 18,650 | 18,687 |
| | 10-14 | 182,195 | 90,428 | 91,767 | 147,236 | 73,321 | 73,915 | 34,959 | 17,107 | 17,852 |
| | 15-19 | 152,769 | 76,199 | 76,570 | 121,988 | 60,873 | 61,115 | 30,781 | 15,326 | 15,455 |
| | 20-24 | 124,322 | 59,798 | 64,524 | 98,758 | 47,665 | 51,093 | 25,564 | 12,133 | 13,431 |
| | 25-29 | 101,672 | 44,892 | 56,780 | 80,004 | 35,374 | 44,630 | 21,668 | 9,518 | 12,150 |
| | 30-34 | 84,470 | 39,135 | 45,335 | 66,708 | 30,832 | 35,876 | 17,762 | 8,303 | 9,459 |
| | 35-39 | 64,067 | 31,534 | 32,533 | 50,673 | 24,922 | 25,751 | 13,394 | 6,612 | 6,782 |
| | 40-44 | 48,751 | 23,731 | 25,020 | 39,088 | 18,937 | 20,151 | 9,663 | 4,794 | 4,869 |
| | 45-49 | 40,164 | 19,754 | 20,410 | 32,506 | 15,904 | 16,602 | 7,658 | 3,850 | 3,808 |
| | 50-54 | 29,870 | 14,660 | 15,210 | 24,327 | 12,014 | 12,313 | 5,543 | 2,646 | 2,897 |
| | 55-59 | 24,435 | 12,172 | 12,263 | 19,798 | 9,888 | 9,910 | 4,637 | 2,284 | 2,353 |
| | 60-64 | 15,348 | 7,991 | 7,357 | 12,559 | 6,559 | 6,000 | 2,789 | 1,432 | 1,357 |
| | 65-69 | 12,493 | 6,142 | 6,351 | 10,253 | 5,114 | 5,139 | 2,240 | 1,028 | 1,212 |
| | 70-74 | 8,563 | 4,259 | 4,304 | 7,062 | 3,603 | 3,459 | 1,501 | 656 | 845 |
| | 75-79 | 5,968 | 2,964 | 3,004 | 4,914 | 2,522 | 2,392 | 1,054 | 442 | 612 |
| | 80+ | 6,213 | 3,294 | 2,919 | 5,005 | 2,788 | 2,217 | 1,208 | 506 | 702 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2009 | All Ages | 1,450,117 | 709,104 | 741,013 | 1,170,248 | 572,250 | 597,998 | 279,869 | 136,854 | 143,015 |
| | 0-4 | 298,595 | 148,867 | 149,728 | 247,071 | 122,446 | 124,625 | 51,524 | 26,421 | 25,103 |
| | 5-9 | 220,048 | 108,577 | 111,471 | 180,547 | 88,845 | 91,702 | 39,501 | 19,732 | 19,769 |
| | 10-14 | 187,305 | 92,854 | 94,451 | 150,903 | 75,066 | 75,837 | 36,402 | 17,788 | 18,614 |
| | 15-19 | 157,762 | 78,661 | 79,101 | 125,574 | 62,644 | 62,930 | 32,188 | 16,017 | 16,171 |
| | 20-24 | 128,948 | 62,765 | 66,183 | 102,103 | 49,871 | 52,232 | 26,845 | 12,894 | 13,951 |
| | 25-29 | 104,908 | 47,038 | 57,870 | 82,274 | 36,943 | 45,331 | 22,634 | 10,095 | 12,539 |
| | 30-34 | 87,109 | 39,547 | 47,562 | 68,564 | 31,053 | 37,511 | 18,545 | 8,494 | 10,051 |
| | 35-39 | 67,594 | 33,059 | 34,535 | 53,286 | 26,042 | 27,244 | 14,308 | 7,017 | 7,291 |
| | 40-44 | 50,587 | 24,766 | 25,821 | 40,430 | 19,699 | 20,731 | 10,157 | 5,067 | 5,090 |
| | 45-49 | 41,174 | 20,106 | 21,068 | 33,225 | 16,139 | 17,086 | 7,949 | 3,967 | 3,982 |
| | 50-54 | 31,440 | 15,436 | 16,004 | 25,531 | 12,615 | 12,916 | 5,909 | 2,821 | 3,088 |
| | 55-59 | 24,788 | 12,242 | 12,546 | 20,024 | 9,915 | 10,109 | 4,764 | 2,327 | 2,437 |
| | 60-64 | 16,746 | 8,617 | 8,129 | 13,664 | 7,053 | 6,611 | 3,082 | 1,564 | 1,518 |
| | 65-69 | 12,091 | 6,029 | 6,062 | 9,898 | 5,007 | 4,891 | 2,193 | 1,022 | 1,171 |
| | 70-74 | 8,932 | 4,370 | 4,562 | 7,344 | 3,689 | 3,655 | 1,588 | 681 | 907 |
| | 75-79 | 5,817 | 2,886 | 2,931 | 4,776 | 2,450 | 2,326 | 1,041 | 436 | 605 |
| | 80+ | 6,273 | 3,284 | 2,989 | 5,034 | 2,773 | 2,261 | 1,239 | 511 | 728 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2010 | All Ages | 1,503,183 | 735,332 | 767,851 | 1,209,461 | 591,645 | 617,816 | 293,722 | 143,687 | 150,035 |
| | 0-4 | 309,901 | 154,507 | 155,394 | 255,732 | 126,736 | 128,996 | 54,169 | 27,771 | 26,398 |
| | 5-9 | 231,249 | 114,212 | 117,037 | 189,201 | 93,192 | 96,009 | 42,048 | 21,020 | 21,028 |
| | 10-14 | 192,073 | 95,095 | 96,978 | 154,273 | 76,650 | 77,623 | 37,800 | 18,445 | 19,355 |
| | 15-19 | 162,797 | 81,037 | 81,760 | 129,164 | 64,331 | 64,833 | 33,633 | 16,706 | 16,927 |
| | 20-24 | 133,775 | 65,737 | 68,038 | 105,582 | 52,067 | 53,515 | 28,193 | 13,670 | 14,523 |
| | 25-29 | 108,331 | 49,544 | 58,787 | 84,671 | 38,782 | 45,889 | 23,660 | 10,762 | 12,898 |
| | 30-34 | 89,546 | 39,918 | 49,628 | 70,249 | 31,240 | 39,009 | 19,297 | 8,678 | 10,619 |
| | 35-39 | 71,207 | 34,540 | 36,667 | 55,949 | 27,120 | 28,829 | 15,258 | 7,420 | 7,838 |
| | 40-44 | 52,662 | 25,945 | 26,717 | 41,956 | 20,572 | 21,384 | 10,706 | 5,373 | 5,333 |
| | 45-49 | 42,099 | 20,419 | 21,680 | 33,870 | 16,340 | 17,530 | 8,229 | 4,079 | 4,150 |
| | 50-54 | 33,182 | 16,305 | 16,877 | 26,866 | 13,287 | 13,579 | 6,316 | 3,018 | 3,298 |
| | 55-59 | 24,999 | 12,253 | 12,746 | 20,133 | 9,895 | 10,238 | 4,866 | 2,358 | 2,508 |
| | 60-64 | 18,336 | 9,302 | 9,034 | 14,917 | 7,593 | 7,324 | 3,419 | 1,709 | 1,710 |
| | 65-69 | 11,706 | 5,938 | 5,768 | 9,558 | 4,918 | 4,640 | 2,148 | 1,020 | 1,128 |
| | 70-74 | 9,317 | 4,491 | 4,826 | 7,636 | 3,782 | 3,854 | 1,681 | 709 | 972 |
| | 75-79 | 5,652 | 2,807 | 2,845 | 4,627 | 2,376 | 2,251 | 1,025 | 431 | 594 |
| | 80+ | 6,351 | 3,282 | 3,069 | 5,077 | 2,764 | 2,313 | 1,274 | 518 | 756 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2011 | All Ages | 1,558,200 | 762,601 | 795,599 | 1,249,835 | 611,683 | 638,152 | 308,365 | 150,918 | 157,447 |
| | 0-4 | 321,359 | 160,218 | 161,141 | 264,435 | 131,043 | 133,392 | 56,924 | 29,175 | 27,749 |
| | 5-9 | 244,163 | 120,775 | 123,388 | 199,177 | 98,258 | 100,919 | 44,986 | 22,517 | 22,469 |
| | 10-14 | 196,133 | 96,921 | 99,212 | 157,030 | 77,881 | 79,149 | 39,103 | 19,040 | 20,063 |
| | 15-19 | 167,962 | 83,439 | 84,523 | 132,817 | 66,021 | 66,796 | 35,145 | 17,418 | 17,727 |
| | 20-24 | 138,715 | 68,640 | 70,075 | 109,110 | 54,187 | 54,923 | 29,605 | 14,453 | 15,152 |
| | 25-29 | 111,961 | 52,243 | 59,718 | 87,201 | 40,752 | 46,449 | 24,760 | 11,491 | 13,269 |
| | 30-34 | 91,988 | 40,546 | 51,442 | 71,914 | 31,622 | 40,292 | 20,074 | 8,924 | 11,150 |
| | 35-39 | 74,639 | 35,824 | 38,815 | 58,441 | 28,031 | 30,410 | 16,198 | 7,793 | 8,405 |
| | 40-44 | 55,021 | 27,219 | 27,802 | 43,689 | 21,511 | 22,178 | 11,332 | 5,708 | 5,624 |
| | 45-49 | 43,123 | 20,831 | 22,292 | 34,583 | 16,617 | 17,966 | 8,540 | 4,214 | 4,326 |
| | 50-54 | 34,840 | 17,114 | 17,726 | 28,121 | 13,904 | 14,217 | 6,719 | 3,210 | 3,509 |
| | 55-59 | 25,366 | 12,360 | 13,006 | 20,363 | 9,951 | 10,412 | 5,003 | 2,409 | 2,594 |
| | 60-64 | 19,771 | 9,901 | 9,870 | 16,034 | 8,057 | 7,977 | 3,737 | 1,844 | 1,893 |
| | 65-69 | 11,607 | 5,962 | 5,645 | 9,450 | 4,925 | 4,525 | 2,157 | 1,037 | 1,120 |
| | 70-74 | 9,579 | 4,580 | 4,999 | 7,825 | 3,846 | 3,979 | 1,754 | 734 | 1,020 |
| | 75-79 | 5,574 | 2,760 | 2,814 | 4,549 | 2,331 | 2,218 | 1,025 | 429 | 596 |
| | 80+ | 6,399 | 3,268 | 3,131 | 5,096 | 2,746 | 2,350 | 1,303 | 522 | 781 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2012 | All Ages | 1,615,098 | 790,865 | 824,233 | 1,291,599 | 632,460 | 659,139 | 323,499 | 158,405 | 165,094 |
| | 0-4 | 332,886 | 165,966 | 166,920 | 273,167 | 135,368 | 137,799 | 59,719 | 30,598 | 29,121 |
| | 5-9 | 259,350 | 128,591 | 130,759 | 210,958 | 104,320 | 106,638 | 48,392 | 24,271 | 24,121 |
| | 10-14 | 198,911 | 97,989 | 100,922 | 158,758 | 78,503 | 80,255 | 40,153 | 19,486 | 20,667 |
| | 15-19 | 173,330 | 85,951 | 87,379 | 136,615 | 67,792 | 68,823 | 36,715 | 18,159 | 18,556 |
| | 20-24 | 143,720 | 71,425 | 72,295 | 112,674 | 56,205 | 56,469 | 31,046 | 15,220 | 15,826 |
| | 25-29 | 115,800 | 55,001 | 60,799 | 89,882 | 42,760 | 47,122 | 25,918 | 12,241 | 13,677 |
| | 30-34 | 94,585 | 41,638 | 52,947 | 73,693 | 32,365 | 41,328 | 20,892 | 9,273 | 11,619 |
| | 35-39 | 77,696 | 36,818 | 40,878 | 60,629 | 28,713 | 31,916 | 17,067 | 8,105 | 8,962 |
| | 40-44 | 57,658 | 28,534 | 29,124 | 45,637 | 22,479 | 23,158 | 12,021 | 6,055 | 5,966 |
| | 45-49 | 44,370 | 21,436 | 22,934 | 35,475 | 17,047 | 18,428 | 8,895 | 4,389 | 4,506 |
| | 50-54 | 36,259 | 17,765 | 18,494 | 29,178 | 14,392 | 14,786 | 7,081 | 3,373 | 3,708 |
| | 55-59 | 26,087 | 12,663 | 13,424 | 20,879 | 10,165 | 10,714 | 5,208 | 2,498 | 2,710 |
| | 60-64 | 20,842 | 10,325 | 10,517 | 16,855 | 8,379 | 8,476 | 3,987 | 1,946 | 2,041 |
| | 65-69 | 11,941 | 6,155 | 5,786 | 9,694 | 5,071 | 4,623 | 2,247 | 1,084 | 1,163 |
| | 70-74 | 9,652 | 4,614 | 5,038 | 7,863 | 3,866 | 3,997 | 1,789 | 748 | 1,041 |
| | 75-79 | 5,614 | 2,758 | 2,856 | 4,567 | 2,323 | 2,244 | 1,047 | 435 | 612 |
| | 80+ | 6,397 | 3,236 | 3,161 | 5,075 | 2,712 | 2,363 | 1,322 | 524 | 798 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2013 | All Ages | 1,673,954 | 820,180 | 853,774 | 1,334,643 | 653,930 | 680,713 | 339,311 | 166,250 | 173,061 |
| | 0-4 | 344,602 | 171,814 | 172,788 | 282,011 | 139,752 | 142,259 | 62,591 | 32,062 | 30,529 |
| | 5-9 | 271,369 | 134,617 | 136,752 | 220,108 | 108,900 | 111,208 | 51,261 | 25,717 | 25,544 |
| | 10-14 | 206,218 | 101,546 | 104,672 | 164,085 | 81,110 | 82,975 | 42,133 | 20,436 | 21,697 |
| | 15-19 | 178,544 | 88,408 | 90,136 | 140,271 | 69,509 | 70,762 | 38,273 | 18,899 | 19,374 |
| | 20-24 | 148,721 | 74,017 | 74,704 | 116,211 | 58,058 | 58,153 | 32,510 | 15,959 | 16,551 |
| | 25-29 | 119,861 | 57,806 | 62,055 | 92,719 | 44,791 | 47,928 | 27,142 | 13,015 | 14,127 |
| | 30-34 | 97,372 | 43,264 | 54,108 | 75,607 | 33,516 | 42,091 | 21,765 | 9,748 | 12,017 |
| | 35-39 | 80,289 | 37,456 | 42,833 | 62,445 | 29,115 | 33,330 | 17,844 | 8,341 | 9,503 |
| | 40-44 | 60,613 | 29,918 | 30,695 | 47,824 | 23,494 | 24,330 | 12,789 | 6,424 | 6,365 |
| | 45-49 | 45,844 | 22,246 | 23,598 | 36,541 | 17,637 | 18,904 | 9,303 | 4,609 | 4,694 |
| | 50-54 | 37,394 | 18,226 | 19,168 | 30,001 | 14,723 | 15,278 | 7,393 | 3,503 | 3,890 |
| | 55-59 | 27,225 | 13,202 | 14,023 | 21,723 | 10,566 | 11,157 | 5,502 | 2,636 | 2,866 |
| | 60-64 | 21,481 | 10,543 | 10,938 | 17,320 | 8,532 | 8,788 | 4,161 | 2,011 | 2,150 |
| | 65-69 | 12,765 | 6,538 | 6,227 | 10,332 | 5,372 | 4,960 | 2,433 | 1,166 | 1,267 |
| | 70-74 | 9,500 | 4,578 | 4,922 | 7,719 | 3,826 | 3,893 | 1,781 | 752 | 1,029 |
| | 75-79 | 5,792 | 2,806 | 2,986 | 4,695 | 2,358 | 2,337 | 1,097 | 448 | 649 |
| | 80+ | 6,364 | 3,195 | 3,169 | 5,031 | 2,671 | 2,360 | 1,333 | 524 | 809 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2014 | All Ages | 1,734,729 | 850,494 | 884,235 | 1,378,937 | 676,059 | 702,878 | 355,792 | 174,435 | 181,357 |
| | 0-4 | 356,413 | 177,716 | 178,697 | 290,883 | 144,153 | 146,730 | 65,530 | 33,563 | 31,967 |
| | 5-9 | 282,890 | 140,365 | 142,525 | 228,805 | 113,229 | 115,576 | 54,085 | 27,136 | 26,949 |
| | 10-14 | 215,388 | 106,083 | 109,305 | 170,857 | 84,483 | 86,374 | 44,531 | 21,600 | 22,931 |
| | 15-19 | 183,588 | 90,793 | 92,795 | 143,770 | 71,159 | 72,611 | 39,818 | 19,634 | 20,184 |
| | 20-24 | 153,633 | 76,432 | 77,201 | 119,656 | 59,761 | 59,895 | 33,977 | 16,671 | 17,306 |
| | 25-29 | 124,248 | 60,687 | 63,561 | 95,790 | 46,868 | 48,922 | 28,458 | 13,819 | 14,639 |
| | 30-34 | 100,343 | 45,329 | 55,014 | 77,651 | 34,999 | 42,652 | 22,692 | 10,330 | 12,362 |
| | 35-39 | 82,597 | 37,831 | 44,766 | 64,025 | 29,309 | 34,716 | 18,572 | 8,522 | 10,050 |
| | 40-44 | 63,833 | 31,365 | 32,468 | 50,205 | 24,551 | 25,654 | 13,628 | 6,814 | 6,814 |
| | 45-49 | 47,491 | 23,214 | 24,277 | 37,737 | 18,348 | 19,389 | 9,754 | 4,866 | 4,888 |
| | 50-54 | 38,304 | 18,551 | 19,753 | 30,638 | 14,943 | 15,695 | 7,666 | 3,608 | 4,058 |
| | 55-59 | 28,665 | 13,916 | 14,749 | 22,803 | 11,105 | 11,698 | 5,862 | 2,811 | 3,051 |
| | 60-64 | 21,801 | 10,610 | 11,191 | 17,526 | 8,562 | 8,964 | 4,275 | 2,048 | 2,227 |
| | 65-69 | 13,956 | 7,062 | 6,894 | 11,261 | 5,787 | 5,474 | 2,695 | 1,275 | 1,420 |
| | 70-74 | 9,204 | 4,502 | 4,702 | 7,459 | 3,753 | 3,706 | 1,745 | 749 | 996 |
| | 75-79 | 6,058 | 2,886 | 3,172 | 4,895 | 2,420 | 2,475 | 1,163 | 466 | 697 |
| | 80+ | 6,317 | 3,152 | 3,165 | 4,976 | 2,629 | 2,347 | 1,341 | 523 | 818 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2015 | All Ages | 1,797,656 | 881,857 | 915,799 | 1,424,464 | 698,783 | 725,681 | 373,192 | 183,074 | 190,118 |
| | 0-4 | 368,567 | 183,793 | 184,774 | 299,947 | 148,651 | 151,296 | 68,620 | 35,142 | 33,478 |
| | 5-9 | 294,026 | 145,892 | 148,134 | 237,109 | 117,340 | 119,769 | 56,917 | 28,552 | 28,365 |
| | 10-14 | 226,367 | 111,594 | 114,773 | 178,992 | 88,594 | 90,398 | 47,375 | 23,000 | 24,375 |
| | 15-19 | 188,301 | 92,998 | 95,303 | 146,967 | 72,647 | 74,320 | 41,334 | 20,351 | 20,983 |
| | 20-24 | 158,601 | 78,763 | 79,838 | 123,102 | 61,378 | 61,724 | 35,499 | 17,385 | 18,114 |
| | 25-29 | 128,891 | 63,577 | 65,314 | 99,019 | 48,929 | 50,090 | 29,872 | 14,648 | 15,224 |
| | 30-34 | 103,526 | 47,736 | 55,790 | 79,830 | 36,729 | 43,101 | 23,696 | 11,007 | 12,689 |
| | 35-39 | 84,731 | 38,152 | 46,579 | 65,451 | 29,456 | 35,995 | 19,280 | 8,696 | 10,584 |
| | 40-44 | 67,108 | 32,742 | 34,366 | 52,611 | 25,546 | 27,065 | 14,497 | 7,196 | 7,301 |
| | 45-49 | 49,347 | 24,298 | 25,049 | 39,086 | 19,143 | 19,943 | 10,261 | 5,155 | 5,106 |
| | 50-54 | 39,114 | 18,823 | 20,291 | 31,188 | 15,118 | 16,070 | 7,926 | 3,705 | 4,221 |
| | 55-59 | 30,239 | 14,699 | 15,540 | 23,978 | 11,692 | 12,286 | 6,261 | 3,007 | 3,254 |
| | 60-64 | 21,999 | 10,626 | 11,373 | 17,630 | 8,549 | 9,081 | 4,369 | 2,077 | 2,292 |
| | 65-69 | 15,298 | 7,633 | 7,665 | 12,306 | 6,238 | 6,068 | 2,992 | 1,395 | 1,597 |
| | 70-74 | 8,927 | 4,443 | 4,484 | 7,218 | 3,695 | 3,523 | 1,709 | 748 | 961 |
| | 75-79 | 6,336 | 2,975 | 3,361 | 5,102 | 2,488 | 2,614 | 1,234 | 487 | 747 |
| | 80+ | 6,278 | 3,113 | 3,165 | 4,928 | 2,590 | 2,338 | 1,350 | 523 | 827 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2016 | All Ages | 1,862,644 | 914,209 | 948,435 | 1,471,487 | 722,224 | 749,263 | 391,157 | 191,985 | 199,172 |
| | 0-4 | 380,847 | 189,936 | 190,911 | 309,093 | 153,193 | 155,900 | 71,754 | 36,743 | 35,011 |
| | 5-9 | 305,312 | 151,496 | 153,816 | 245,508 | 121,499 | 124,009 | 59,804 | 29,997 | 29,807 |
| | 10-14 | 239,035 | 118,016 | 121,019 | 188,428 | 93,411 | 95,017 | 50,607 | 24,605 | 26,002 |
| | 15-19 | 192,321 | 94,803 | 97,518 | 149,619 | 73,820 | 75,799 | 42,702 | 20,983 | 21,719 |
| | 20-24 | 163,716 | 81,122 | 82,594 | 126,651 | 63,013 | 63,638 | 37,065 | 18,109 | 18,956 |
| | 25-29 | 133,685 | 66,401 | 67,284 | 102,353 | 50,930 | 51,423 | 31,332 | 15,471 | 15,861 |
| | 30-34 | 106,925 | 50,313 | 56,612 | 82,170 | 38,582 | 43,588 | 24,755 | 11,731 | 13,024 |
| | 35-39 | 86,889 | 38,706 | 48,183 | 66,894 | 29,785 | 37,109 | 19,995 | 8,921 | 11,074 |
| | 40-44 | 70,192 | 33,911 | 36,281 | 54,855 | 26,372 | 28,483 | 15,337 | 7,539 | 7,798 |
| | 45-49 | 51,461 | 25,452 | 26,009 | 40,634 | 19,990 | 20,644 | 10,827 | 5,462 | 5,365 |
| | 50-54 | 40,005 | 19,179 | 20,826 | 31,803 | 15,360 | 16,443 | 8,202 | 3,819 | 4,383 |
| | 55-59 | 31,732 | 15,416 | 16,316 | 25,085 | 12,226 | 12,859 | 6,647 | 3,190 | 3,457 |
| | 60-64 | 22,335 | 10,726 | 11,609 | 17,847 | 8,605 | 9,242 | 4,488 | 2,121 | 2,367 |
| | 65-69 | 16,511 | 8,129 | 8,382 | 13,241 | 6,626 | 6,615 | 3,270 | 1,503 | 1,767 |
| | 70-74 | 8,879 | 4,476 | 4,403 | 7,161 | 3,713 | 3,448 | 1,718 | 763 | 955 |
| | 75-79 | 6,523 | 3,038 | 3,485 | 5,236 | 2,535 | 2,701 | 1,287 | 503 | 784 |
| | 80+ | 6,276 | 3,089 | 3,187 | 4,909 | 2,564 | 2,345 | 1,367 | 525 | 842 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|---------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2017 | All Ages | 1,929,677 | 947,523 | 982,154 | 1,519,818 | 746,271 | 773,547 | 409,859 | 201,252 | 208,607 |
| | 0-4 | 393,320 | 196,172 | 197,148 | 318,336 | 157,777 | 160,559 | 74,984 | 38,395 | 36,589 |
| | 5-9 | 316,682 | 157,146 | 159,536 | 253,924 | 125,669 | 128,255 | 62,758 | 31,477 | 31,281 |
| | 10-14 | 253,934 | 125,670 | 128,264 | 199,556 | 99,169 | 100,387 | 54,378 | 26,501 | 27,877 |
| | 15-19 | 195,080 | 95,860 | 99,220 | 151,273 | 74,404 | 76,869 | 43,807 | 21,456 | 22,351 |
| | 20-24 | 169,019 | 83,586 | 85,433 | 130,322 | 64,718 | 65,604 | 38,697 | 18,868 | 19,829 |
| | 25-29 | 138,579 | 69,105 | 69,474 | 105,736 | 52,825 | 52,911 | 32,843 | 16,280 | 16,563 |
| | 30-34 | 110,525 | 52,932 | 57,593 | 84,647 | 40,453 | 44,194 | 25,878 | 12,479 | 13,399 |
| | 35-39 | 89,233 | 39,706 | 49,527 | 68,468 | 30,452 | 38,016 | 20,765 | 9,254 | 11,511 |
| | 40-44 | 72,905 | 34,766 | 38,139 | 56,797 | 26,950 | 29,847 | 16,108 | 7,816 | 8,292 |
| | 45-49 | 53,830 | 26,639 | 27,191 | 42,373 | 20,857 | 21,516 | 11,457 | 5,782 | 5,675 |
| | 50-54 | 41,114 | 19,707 | 21,407 | 32,588 | 15,738 | 16,850 | 8,526 | 3,969 | 4,557 |
| | 55-59 | 32,995 | 15,979 | 17,016 | 26,003 | 12,635 | 13,368 | 6,992 | 3,344 | 3,648 |
| | 60-64 | 22,983 | 10,998 | 11,985 | 18,312 | 8,798 | 9,514 | 4,671 | 2,200 | 2,471 |
| | 65-69 | 17,411 | 8,476 | 8,935 | 13,918 | 6,889 | 7,029 | 3,493 | 1,587 | 1,906 |
| | 70-74 | 9,171 | 4,638 | 4,533 | 7,377 | 3,838 | 3,539 | 1,794 | 800 | 994 |
| | 75-79 | 6,576 | 3,063 | 3,513 | 5,263 | 2,549 | 2,714 | 1,313 | 514 | 799 |
| | 80+ | 6,320 | 3,080 | 3,240 | 4,925 | 2,550 | 2,375 | 1,395 | 530 | 865 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|---------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2018 | All Ages | 1,999,082 | 981,961 | 1,017,121 | 1,569,479 | 770,937 | 798,542 | 429,603 | 211,024 | 218,579 |
| | 0-4 | 406,185 | 202,600 | 203,585 | 327,810 | 162,473 | 165,337 | 78,375 | 40,127 | 38,248 |
| | 5-9 | 328,250 | 162,898 | 165,352 | 262,417 | 129,881 | 132,536 | 65,833 | 33,017 | 32,816 |
| | 10-14 | 265,873 | 131,641 | 134,232 | 208,268 | 103,555 | 104,713 | 57,605 | 28,086 | 29,519 |
| | 15-19 | 202,159 | 99,295 | 102,864 | 156,235 | 76,814 | 79,421 | 45,924 | 22,481 | 23,443 |
| | 20-24 | 174,181 | 85,998 | 88,183 | 133,839 | 66,361 | 67,478 | 40,342 | 19,637 | 20,705 |
| | 25-29 | 143,506 | 71,623 | 71,883 | 109,108 | 54,559 | 54,549 | 34,398 | 17,064 | 17,334 |
| | 30-34 | 114,353 | 55,592 | 58,761 | 87,269 | 42,338 | 44,931 | 27,084 | 13,254 | 13,830 |
| | 35-39 | 91,816 | 41,224 | 50,592 | 70,203 | 31,506 | 38,697 | 21,613 | 9,718 | 11,895 |
| | 40-44 | 75,151 | 35,239 | 39,912 | 58,357 | 27,225 | 31,132 | 16,794 | 8,014 | 8,780 |
| | 45-49 | 56,512 | 27,885 | 28,627 | 44,342 | 21,762 | 22,580 | 12,170 | 6,123 | 6,047 |
| | 50-54 | 42,430 | 20,411 | 22,019 | 33,527 | 16,250 | 17,277 | 8,903 | 4,161 | 4,742 |
| | 55-59 | 33,980 | 16,350 | 17,630 | 26,694 | 12,888 | 13,806 | 7,286 | 3,462 | 3,824 |
| | 60-64 | 23,989 | 11,467 | 12,522 | 19,055 | 9,146 | 9,909 | 4,934 | 2,321 | 2,613 |
| | 65-69 | 17,946 | 8,653 | 9,293 | 14,301 | 7,014 | 7,287 | 3,645 | 1,639 | 2,006 |
| | 70-74 | 9,845 | 4,943 | 4,902 | 7,894 | 4,080 | 3,814 | 1,951 | 863 | 1,088 |
| | 75-79 | 6,476 | 3,045 | 3,431 | 5,170 | 2,528 | 2,642 | 1,306 | 517 | 789 |
| | 80+ | 6,430 | 3,097 | 3,333 | 4,990 | 2,557 | 2,433 | 1,440 | 540 | 900 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2019 | All Ages | 2,070,988 | 1,017,628 | 1,053,360 | 1,620,962 | 796,497 | 824,465 | 450,026 | 221,131 | 228,895 |
| | 0-4 | 419,779 | 209,385 | 210,394 | 337,849 | 167,444 | 170,405 | 81,930 | 41,941 | 39,989 |
| | 5-9 | 339,924 | 168,700 | 171,224 | 270,973 | 134,122 | 136,851 | 68,951 | 34,578 | 34,373 |
| | 10-14 | 277,300 | 137,327 | 139,973 | 216,547 | 107,702 | 108,845 | 60,753 | 29,625 | 31,128 |
| | 15-19 | 211,133 | 103,724 | 107,409 | 162,642 | 79,983 | 82,659 | 48,491 | 23,741 | 24,750 |
| | 20-24 | 179,142 | 88,330 | 90,812 | 137,197 | 67,942 | 69,255 | 41,945 | 20,388 | 21,557 |
| | 25-29 | 148,290 | 73,963 | 74,327 | 112,360 | 56,151 | 56,209 | 35,930 | 17,812 | 18,118 |
| | 30-34 | 118,542 | 58,342 | 60,200 | 90,158 | 44,282 | 45,876 | 28,384 | 14,060 | 14,324 |
| | 35-39 | 94,554 | 43,105 | 51,449 | 72,054 | 32,835 | 39,219 | 22,500 | 10,270 | 12,230 |
| | 40-44 | 77,181 | 35,474 | 41,707 | 59,749 | 27,319 | 32,430 | 17,432 | 8,155 | 9,277 |
| | 45-49 | 59,432 | 29,191 | 30,241 | 46,493 | 22,711 | 23,782 | 12,939 | 6,480 | 6,459 |
| | 50-54 | 43,871 | 21,234 | 22,637 | 34,563 | 16,858 | 17,705 | 9,308 | 4,376 | 4,932 |
| | 55-59 | 34,742 | 16,597 | 18,145 | 27,208 | 13,043 | 14,165 | 7,534 | 3,554 | 3,980 |
| | 60-64 | 25,228 | 12,075 | 13,153 | 19,980 | 9,603 | 10,377 | 5,248 | 2,472 | 2,776 |
| | 65-69 | 18,217 | 8,702 | 9,515 | 14,473 | 7,035 | 7,438 | 3,744 | 1,667 | 2,077 |
| | 70-74 | 10,791 | 5,350 | 5,441 | 8,625 | 4,405 | 4,220 | 2,166 | 945 | 1,221 |
| | 75-79 | 6,282 | 2,999 | 3,283 | 5,004 | 2,484 | 2,520 | 1,278 | 515 | 763 |
| | 80+ | 6,580 | 3,130 | 3,450 | 5,087 | 2,578 | 2,509 | 1,493 | 552 | 941 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2020 | All Ages | 2,145,672 | 1,054,583 | 1,091,089 | 1,674,268 | 822,892 | 851,376 | 471,404 | 231,691 | 239,713 |
| | 0-4 | 433,975 | 216,470 | 217,505 | 348,314 | 172,626 | 175,688 | 85,661 | 43,844 | 41,817 |
| | 5-9 | 351,931 | 174,669 | 177,262 | 279,741 | 138,469 | 141,272 | 72,190 | 36,200 | 35,990 |
| | 10-14 | 288,346 | 142,794 | 145,552 | 224,478 | 111,652 | 112,826 | 63,868 | 31,142 | 32,726 |
| | 15-19 | 221,885 | 109,106 | 112,779 | 170,371 | 83,864 | 86,507 | 51,514 | 25,242 | 26,272 |
| | 20-24 | 183,771 | 90,487 | 93,284 | 140,275 | 69,375 | 70,900 | 43,496 | 21,112 | 22,384 |
| | 25-29 | 153,137 | 76,216 | 76,921 | 115,635 | 57,667 | 57,968 | 37,502 | 18,549 | 18,953 |
| | 30-34 | 122,991 | 61,106 | 61,885 | 93,225 | 46,225 | 47,000 | 29,766 | 14,881 | 14,885 |
| | 35-39 | 97,525 | 45,309 | 52,216 | 74,068 | 34,399 | 39,669 | 23,457 | 10,910 | 12,547 |
| | 40-44 | 79,071 | 35,650 | 43,421 | 61,022 | 27,366 | 33,656 | 18,049 | 8,284 | 9,765 |
| | 45-49 | 62,429 | 30,439 | 31,990 | 48,688 | 23,608 | 25,080 | 13,741 | 6,831 | 6,910 |
| | 50-54 | 45,526 | 22,167 | 23,359 | 35,760 | 17,547 | 18,213 | 9,766 | 4,620 | 5,146 |
| | 55-59 | 35,421 | 16,792 | 18,629 | 27,655 | 13,158 | 14,497 | 7,766 | 3,634 | 4,132 |
| | 60-64 | 26,573 | 12,737 | 13,836 | 20,983 | 10,100 | 10,883 | 5,590 | 2,637 | 2,953 |
| | 65-69 | 18,392 | 8,714 | 9,678 | 14,567 | 7,025 | 7,542 | 3,825 | 1,689 | 2,136 |
| | 70-74 | 11,854 | 5,790 | 6,064 | 9,443 | 4,755 | 4,688 | 2,411 | 1,035 | 1,376 |
| | 75-79 | 6,110 | 2,969 | 3,141 | 4,856 | 2,453 | 2,403 | 1,254 | 516 | 738 |
| | 80+ | 6,735 | 3,168 | 3,567 | 5,187 | 2,603 | 2,584 | 1,548 | 565 | 983 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2021 | All Ages | 2,223,246 | 1,092,918 | 1,130,328 | 1,729,459 | 850,178 | 879,281 | 493,787 | 242,740 | 251,047 |
| | 0-4 | 448,979 | 223,957 | 225,022 | 359,359 | 178,092 | 181,267 | 89,620 | 45,865 | 43,755 |
| | 5-9 | 364,083 | 180,707 | 183,376 | 288,567 | 142,841 | 145,726 | 75,516 | 37,866 | 37,650 |
| | 10-14 | 299,546 | 148,339 | 151,207 | 232,473 | 115,636 | 116,837 | 67,073 | 32,703 | 34,370 |
| | 15-19 | 234,307 | 115,385 | 118,922 | 179,323 | 88,405 | 90,918 | 54,984 | 26,980 | 28,004 |
| | 20-24 | 187,706 | 92,244 | 95,462 | 142,802 | 70,493 | 72,309 | 44,904 | 21,751 | 23,153 |
| | 25-29 | 158,159 | 78,504 | 79,655 | 119,016 | 59,197 | 59,819 | 39,143 | 19,307 | 19,836 |
| | 30-34 | 127,592 | 63,812 | 63,780 | 96,383 | 48,108 | 48,275 | 31,209 | 15,704 | 15,505 |
| | 35-39 | 100,732 | 47,697 | 53,035 | 76,246 | 36,091 | 40,155 | 24,486 | 11,606 | 12,880 |
| | 40-44 | 81,018 | 36,059 | 44,959 | 62,328 | 27,591 | 34,737 | 18,690 | 8,468 | 10,222 |
| | 45-49 | 65,230 | 31,485 | 33,745 | 50,721 | 24,344 | 26,377 | 14,509 | 7,141 | 7,368 |
| | 50-54 | 47,438 | 23,165 | 24,273 | 37,151 | 18,283 | 18,868 | 10,287 | 4,882 | 5,405 |
| | 55-59 | 36,183 | 17,067 | 19,116 | 28,163 | 13,333 | 14,830 | 8,020 | 3,734 | 4,286 |
| | 60-64 | 27,826 | 13,329 | 14,497 | 21,907 | 10,540 | 11,367 | 5,919 | 2,789 | 3,130 |
| | 65-69 | 18,688 | 8,798 | 9,890 | 14,757 | 7,074 | 7,683 | 3,931 | 1,724 | 2,207 |
| | 70-74 | 12,805 | 6,170 | 6,635 | 10,168 | 5,054 | 5,114 | 2,637 | 1,116 | 1,521 |
| | 75-79 | 6,102 | 3,003 | 3,099 | 4,838 | 2,476 | 2,362 | 1,264 | 527 | 737 |
| | 80+ | 6,852 | 3,197 | 3,655 | 5,257 | 2,620 | 2,637 | 1,595 | 577 | 1,018 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2022 | All Ages | 2,303,885 | 1,132,697 | 1,171,188 | 1,786,431 | 878,294 | 908,137 | 517,454 | 254,403 | 263,051 |
| | 0-4 | 464,858 | 231,878 | 232,980 | 370,993 | 183,849 | 187,144 | 93,865 | 48,029 | 45,836 |
| | 5-9 | 376,439 | 186,839 | 189,600 | 297,465 | 147,245 | 150,220 | 78,974 | 39,594 | 39,380 |
| | 10-14 | 310,830 | 153,929 | 156,901 | 240,448 | 119,613 | 120,835 | 70,382 | 34,316 | 36,066 |
| | 15-19 | 248,936 | 122,877 | 126,059 | 189,874 | 93,830 | 96,044 | 59,062 | 29,047 | 30,015 |
| | 20-24 | 190,448 | 93,288 | 97,160 | 144,385 | 71,050 | 73,335 | 46,063 | 22,238 | 23,825 |
| | 25-29 | 163,345 | 80,899 | 82,446 | 122,477 | 60,787 | 61,690 | 40,868 | 20,112 | 20,756 |
| | 30-34 | 132,295 | 66,416 | 65,879 | 99,580 | 49,894 | 49,686 | 32,715 | 16,522 | 16,193 |
| | 35-39 | 104,152 | 50,122 | 54,030 | 78,556 | 37,793 | 40,763 | 25,596 | 12,329 | 13,267 |
| | 40-44 | 83,166 | 36,907 | 46,259 | 63,767 | 28,144 | 35,623 | 19,399 | 8,763 | 10,636 |
| | 45-49 | 67,753 | 32,228 | 35,525 | 52,516 | 24,837 | 27,679 | 15,237 | 7,391 | 7,846 |
| | 50-54 | 49,589 | 24,217 | 25,372 | 38,714 | 19,056 | 19,658 | 10,875 | 5,161 | 5,714 |
| | 55-59 | 37,184 | 17,515 | 19,669 | 28,849 | 13,640 | 15,209 | 8,335 | 3,875 | 4,460 |
| | 60-64 | 28,909 | 13,793 | 15,116 | 22,690 | 10,874 | 11,816 | 6,219 | 2,919 | 3,300 |
| | 65-69 | 19,238 | 9,027 | 10,211 | 15,144 | 7,237 | 7,907 | 4,094 | 1,790 | 2,304 |
| | 70-74 | 13,499 | 6,425 | 7,074 | 10,682 | 5,249 | 5,433 | 2,817 | 1,176 | 1,641 |
| | 75-79 | 6,337 | 3,127 | 3,210 | 5,010 | 2,572 | 2,438 | 1,327 | 555 | 772 |
| | 80+ | 6,907 | 3,210 | 3,697 | 5,281 | 2,624 | 2,657 | 1,626 | 586 | 1,040 |

Table 5: Population in Single Year by Age Group, Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2023 | All Ages | 2,387,922 | 1,174,153 | 1,213,769 | 1,845,863 | 907,618 | 938,245 | 542,059 | 266,535 | 275,524 |
| | 0-4 | 481,707 | 240,288 | 241,419 | 383,370 | 189,976 | 193,394 | 98,337 | 50,312 | 48,025 |
| | 5-9 | 389,199 | 193,166 | 196,033 | 306,660 | 151,789 | 154,871 | 82,539 | 41,377 | 41,162 |
| | 10-14 | 322,320 | 159,624 | 162,696 | 248,558 | 123,659 | 124,899 | 73,762 | 35,965 | 37,797 |
| | 15-19 | 260,786 | 128,783 | 132,003 | 198,261 | 98,021 | 100,240 | 62,525 | 30,762 | 31,763 |
| | 20-24 | 197,325 | 96,612 | 100,713 | 149,100 | 73,341 | 75,759 | 48,225 | 23,271 | 24,954 |
| | 25-29 | 168,368 | 83,230 | 85,138 | 125,808 | 62,326 | 63,482 | 42,560 | 20,904 | 21,656 |
| | 30-34 | 137,023 | 68,846 | 68,177 | 102,787 | 51,543 | 51,244 | 34,236 | 17,303 | 16,933 |
| | 35-39 | 107,785 | 52,598 | 55,187 | 81,021 | 39,527 | 41,494 | 26,764 | 13,071 | 13,693 |
| | 40-44 | 85,577 | 38,282 | 47,295 | 65,403 | 29,098 | 36,305 | 20,174 | 9,184 | 10,990 |
| | 45-49 | 69,829 | 32,588 | 37,241 | 53,963 | 25,035 | 28,928 | 15,866 | 7,553 | 8,313 |
| | 50-54 | 52,075 | 25,363 | 26,712 | 40,532 | 19,899 | 20,633 | 11,543 | 5,464 | 6,079 |
| | 55-59 | 38,416 | 18,151 | 20,265 | 29,712 | 14,091 | 15,621 | 8,704 | 4,060 | 4,644 |
| | 60-64 | 29,768 | 14,091 | 15,677 | 23,295 | 11,077 | 12,218 | 6,473 | 3,014 | 3,459 |
| | 65-69 | 20,083 | 9,421 | 10,662 | 15,763 | 7,533 | 8,230 | 4,320 | 1,888 | 2,432 |
| | 70-74 | 13,914 | 6,551 | 7,363 | 10,976 | 5,339 | 5,637 | 2,938 | 1,212 | 1,726 |
| | 75-79 | 6,837 | 3,347 | 3,490 | 5,388 | 2,745 | 2,643 | 1,449 | 602 | 847 |
| | 80+ | 6,910 | 3,212 | 3,698 | 5,266 | 2,619 | 2,647 | 1,644 | 593 | 1,051 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|---------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2024 | All Ages | 2,475,527 | 1,217,378 | 1,258,149 | 1,907,641 | 938,110 | 969,531 | 567,886 | 279,268 | 288,618 |
| | 0-4 | 499,473 | 249,168 | 250,305 | 396,399 | 196,434 | 199,965 | 103,074 | 52,734 | 50,340 |
| | 5-9 | 402,685 | 199,854 | 202,831 | 316,364 | 156,585 | 159,779 | 86,321 | 43,269 | 43,052 |
| | 10-14 | 333,922 | 165,376 | 168,546 | 256,699 | 127,722 | 128,977 | 77,223 | 37,654 | 39,569 |
| | 15-19 | 272,106 | 134,397 | 137,709 | 206,188 | 101,961 | 104,227 | 65,918 | 32,436 | 33,482 |
| | 20-24 | 206,114 | 100,933 | 105,181 | 155,219 | 76,370 | 78,849 | 50,895 | 24,563 | 26,332 |
| | 25-29 | 173,180 | 85,485 | 87,695 | 128,957 | 63,796 | 65,161 | 44,223 | 21,689 | 22,534 |
| | 30-34 | 141,591 | 71,095 | 70,496 | 105,851 | 53,044 | 52,807 | 35,740 | 18,051 | 17,689 |
| | 35-39 | 111,796 | 55,194 | 56,602 | 83,750 | 41,337 | 42,413 | 28,046 | 13,857 | 14,189 |
| | 40-44 | 88,159 | 39,990 | 48,169 | 67,153 | 30,296 | 36,857 | 21,006 | 9,694 | 11,312 |
| | 45-49 | 71,773 | 32,750 | 39,023 | 55,299 | 25,080 | 30,219 | 16,474 | 7,670 | 8,804 |
| | 50-54 | 54,846 | 26,592 | 28,254 | 42,557 | 20,803 | 21,754 | 12,289 | 5,789 | 6,500 |
| | 55-59 | 39,778 | 18,899 | 20,879 | 30,672 | 14,628 | 16,044 | 9,106 | 4,271 | 4,835 |
| | 60-64 | 30,452 | 14,293 | 16,159 | 23,758 | 11,203 | 12,555 | 6,694 | 3,090 | 3,604 |
| | 65-69 | 21,119 | 9,927 | 11,192 | 16,529 | 7,916 | 8,613 | 4,590 | 2,011 | 2,579 |
| | 70-74 | 14,130 | 6,585 | 7,545 | 11,111 | 5,354 | 5,757 | 3,019 | 1,231 | 1,788 |
| | 75-79 | 7,522 | 3,632 | 3,890 | 5,907 | 2,972 | 2,935 | 1,615 | 660 | 955 |
| | 80+ | 6,881 | 3,208 | 3,673 | 5,228 | 2,609 | 2,619 | 1,653 | 599 | 1,054 |

Table 5: Regional Population in Age Group by Sex and Place of Residence

| Year | Age | Total | | | Rural | | | Urban | | |
|------|----------|------------|-----------|-----------|------------|---------|-----------|------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2025 | All Ages | 2,566,980 | 1,262,542 | 1,304,438 | 1,971,698 | 969,757 | 1,001,941 | 595,282 | 292,785 | 302,497 |
| | 0-4 | 518,347 | 258,615 | 259,732 | 410,174 | 203,272 | 206,902 | 108,173 | 55,343 | 52,830 |
| | 5-9 | 416,774 | 206,839 | 209,935 | 326,439 | 161,563 | 164,876 | 90,335 | 45,276 | 45,059 |
| | 10-14 | 345,860 | 171,293 | 174,567 | 265,005 | 131,867 | 133,138 | 80,855 | 39,426 | 41,429 |
| | 15-19 | 283,060 | 139,801 | 143,259 | 213,754 | 105,700 | 108,054 | 69,306 | 34,101 | 35,205 |
| | 20-24 | 216,650 | 106,191 | 110,459 | 162,584 | 80,072 | 82,512 | 54,066 | 26,119 | 27,947 |
| | 25-29 | 177,675 | 87,574 | 90,101 | 131,826 | 65,121 | 66,705 | 45,849 | 22,453 | 23,396 |
| | 30-34 | 146,229 | 73,267 | 72,962 | 108,928 | 54,469 | 54,459 | 37,301 | 18,798 | 18,503 |
| | 35-39 | 116,023 | 57,810 | 58,213 | 86,608 | 43,143 | 43,465 | 29,415 | 14,667 | 14,748 |
| | 40-44 | 90,959 | 42,032 | 48,927 | 69,046 | 31,734 | 37,312 | 21,913 | 10,298 | 11,615 |
| | 45-49 | 73,569 | 32,864 | 40,705 | 56,504 | 25,084 | 31,420 | 17,065 | 7,780 | 9,285 |
| | 50-54 | 57,696 | 27,792 | 29,904 | 44,622 | 21,673 | 22,949 | 13,074 | 6,119 | 6,955 |
| | 55-59 | 41,348 | 19,754 | 21,594 | 31,779 | 15,241 | 16,538 | 9,569 | 4,513 | 5,056 |
| | 60-64 | 31,082 | 14,468 | 16,614 | 24,173 | 11,305 | 12,868 | 6,909 | 3,163 | 3,746 |
| | 65-69 | 22,256 | 10,485 | 11,771 | 17,366 | 8,337 | 9,029 | 4,890 | 2,148 | 2,742 |
| | 70-74 | 14,296 | 6,603 | 7,693 | 11,204 | 5,353 | 5,851 | 3,092 | 1,250 | 1,842 |
| | 75-79 | 8,279 | 3,936 | 4,343 | 6,477 | 3,212 | 3,265 | 1,802 | 724 | 1,078 |
| | 80+ | 6,877 | 3,218 | 3,659 | 5,209 | 2,611 | 2,598 | 1,668 | 607 | 1,061 |

Table 6: Regional Population by Sex and Place of Residence

| Year | Total | | | Rural | | | Urban | | |
|------|------------|-----------|-----------|------------|---------|-----------|------------|---------|---------|
| | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2003 | 1,173,159 | 573,682 | 599,477 | 963,863 | 471,336 | 492,527 | 209,296 | 102,346 | 106,950 |
| 2004 | 1,213,309 | 593,134 | 620,175 | 993,822 | 485,835 | 507,987 | 219,487 | 107,299 | 112,188 |
| 2005 | 1,256,828 | 614,331 | 642,497 | 1,026,448 | 501,720 | 524,728 | 230,380 | 112,611 | 117,769 |
| 2006 | 1,302,278 | 636,509 | 665,769 | 1,060,449 | 518,309 | 542,140 | 241,829 | 118,200 | 123,629 |
| 2007 | 1,349,579 | 659,685 | 689,894 | 1,095,724 | 535,601 | 560,123 | 253,855 | 124,084 | 129,771 |
| 2008 | 1,398,866 | 683,874 | 714,992 | 1,132,248 | 553,532 | 578,716 | 266,618 | 130,342 | 136,276 |
| 2009 | 1,450,117 | 709,104 | 741,013 | 1,170,248 | 572,250 | 597,998 | 279,869 | 136,854 | 143,015 |
| 2010 | 1,503,183 | 735,332 | 767,851 | 1,209,461 | 591,645 | 617,816 | 293,722 | 143,687 | 150,035 |
| 2011 | 1,558,200 | 762,601 | 795,599 | 1,249,835 | 611,683 | 638,152 | 308,365 | 150,918 | 157,447 |
| 2012 | 1,615,098 | 790,865 | 824,233 | 1,291,599 | 632,460 | 659,139 | 323,499 | 158,405 | 165,094 |
| 2013 | 1,673,954 | 820,180 | 853,774 | 1,334,643 | 653,930 | 680,713 | 339,311 | 166,250 | 173,061 |
| 2014 | 1,734,729 | 850,494 | 884,235 | 1,378,937 | 676,059 | 702,878 | 355,792 | 174,435 | 181,357 |
| 2015 | 1,797,656 | 881,857 | 915,799 | 1,424,464 | 698,783 | 725,681 | 373,192 | 183,074 | 190,118 |
| 2016 | 1,862,644 | 914,209 | 948,435 | 1,471,487 | 722,224 | 749,263 | 391,157 | 191,985 | 199,172 |
| 2017 | 1,929,677 | 947,523 | 982,154 | 1,519,818 | 746,271 | 773,547 | 409,859 | 201,252 | 208,607 |
| 2018 | 1,999,082 | 981,961 | 1,017,121 | 1,569,479 | 770,937 | 798,542 | 429,603 | 211,024 | 218,579 |
| 2019 | 2,070,988 | 1,017,628 | 1,053,360 | 1,620,962 | 796,497 | 824,465 | 450,026 | 221,131 | 228,895 |
| 2020 | 2,145,672 | 1,054,583 | 1,091,089 | 1,674,268 | 822,892 | 851,376 | 471,404 | 231,691 | 239,713 |
| 2021 | 2,223,246 | 1,092,918 | 1,130,328 | 1,729,459 | 850,178 | 879,281 | 493,787 | 242,740 | 251,047 |
| 2022 | 2,303,885 | 1,132,697 | 1,171,188 | 1,786,431 | 878,294 | 908,137 | 517,454 | 254,403 | 263,051 |
| 2023 | 2,387,922 | 1,174,153 | 1,213,769 | 1,845,863 | 907,618 | 938,245 | 542,059 | 266,535 | 275,524 |
| 2024 | 2,475,527 | 1,217,378 | 1,258,149 | 1,907,641 | 938,110 | 969,531 | 567,886 | 279,268 | 288,618 |
| 2025 | 2,566,980 | 1,262,542 | 1,304,438 | 1,971,698 | 969,757 | 1,001,941 | 595,282 | 292,785 | 302,497 |

Table 7: District Total Population by Sex

| Year | Mpanda District | | | Sumbawanga Rural District | | | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----------------|---------|---------|---------------------------|---------|---------|----------------|---------|---------|---------------------------|---------|---------|
| | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2003 | 421,099 | 206,736 | 214,363 | 382,238 | 185,910 | 196,329 | 216,883 | 106,478 | 110,405 | 152,939 | 74,559 | 78,380 |
| 2004 | 435,287 | 213,619 | 221,668 | 394,524 | 191,850 | 202,674 | 224,406 | 110,124 | 114,283 | 159,092 | 77,541 | 81,551 |
| 2005 | 450,604 | 221,073 | 229,530 | 407,927 | 198,369 | 209,558 | 232,559 | 114,110 | 118,449 | 165,738 | 80,779 | 84,960 |
| 2006 | 466,752 | 228,961 | 237,791 | 421,851 | 205,141 | 216,710 | 241,023 | 118,251 | 122,772 | 172,652 | 84,156 | 88,496 |
| 2007 | 483,526 | 237,178 | 246,348 | 436,325 | 212,213 | 224,112 | 249,856 | 122,598 | 127,258 | 179,872 | 87,697 | 92,175 |
| 2008 | 501,073 | 245,803 | 255,270 | 451,312 | 219,536 | 231,776 | 259,038 | 127,115 | 131,924 | 187,443 | 91,420 | 96,023 |
| 2009 | 519,253 | 254,763 | 264,490 | 466,934 | 227,217 | 239,717 | 268,595 | 131,822 | 136,772 | 195,336 | 95,302 | 100,034 |
| 2010 | 538,139 | 264,125 | 274,014 | 482,987 | 235,125 | 247,862 | 278,523 | 136,744 | 141,778 | 203,535 | 99,338 | 104,197 |
| 2011 | 557,668 | 273,817 | 283,851 | 499,587 | 243,328 | 256,259 | 288,803 | 141,868 | 146,935 | 212,142 | 103,588 | 108,554 |
| 2012 | 577,901 | 283,891 | 294,010 | 516,750 | 251,832 | 264,918 | 299,413 | 147,157 | 152,257 | 221,033 | 107,985 | 113,048 |
| 2013 | 598,781 | 294,314 | 304,467 | 534,507 | 260,647 | 273,861 | 310,393 | 152,650 | 157,743 | 230,273 | 112,569 | 117,703 |
| 2014 | 620,390 | 305,142 | 315,248 | 552,686 | 269,670 | 283,017 | 321,783 | 158,357 | 163,426 | 239,869 | 117,326 | 122,544 |
| 2015 | 642,654 | 316,277 | 326,377 | 571,540 | 279,030 | 292,510 | 333,556 | 164,244 | 169,312 | 249,906 | 122,305 | 127,601 |
| 2016 | 665,705 | 327,792 | 337,913 | 590,962 | 288,668 | 302,293 | 345,704 | 170,307 | 175,397 | 260,274 | 127,441 | 132,832 |
| 2017 | 689,458 | 339,636 | 349,822 | 610,940 | 298,552 | 312,387 | 358,260 | 176,569 | 181,691 | 271,020 | 132,766 | 138,254 |
| 2018 | 714,065 | 351,896 | 362,169 | 631,528 | 308,726 | 322,802 | 371,251 | 183,033 | 188,219 | 282,238 | 138,306 | 143,932 |
| 2019 | 739,528 | 364,585 | 374,943 | 652,835 | 319,235 | 333,600 | 384,762 | 189,757 | 195,005 | 293,864 | 144,051 | 149,812 |
| 2020 | 766,035 | 377,751 | 388,284 | 674,843 | 330,060 | 344,783 | 398,822 | 196,757 | 202,065 | 305,972 | 150,015 | 155,957 |
| 2021 | 793,554 | 391,417 | 402,137 | 697,769 | 341,324 | 356,445 | 413,341 | 203,958 | 209,383 | 318,582 | 156,219 | 162,363 |
| 2022 | 822,074 | 405,544 | 416,529 | 721,505 | 352,967 | 368,538 | 428,501 | 211,458 | 217,043 | 331,805 | 162,727 | 169,078 |
| 2023 | 851,872 | 420,300 | 431,572 | 746,270 | 365,111 | 381,159 | 444,211 | 219,232 | 224,978 | 345,569 | 169,509 | 176,060 |
| 2024 | 882,794 | 435,611 | 447,183 | 772,080 | 377,799 | 394,282 | 460,635 | 227,361 | 233,275 | 360,017 | 176,607 | 183,410 |
| 2025 | 915,090 | 451,612 | 463,478 | 798,886 | 390,987 | 407,900 | 477,774 | 235,839 | 241,935 | 375,230 | 184,104 | 191,126 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2003 | All Ages | 421,099 | 206,736 | 214,363 | 382,238 | 185,910 | 196,329 |
| | 0 | 18,118 | 9,166 | 8,952 | 17,805 | 8,795 | 9,010 |
| | 1 | 15,423 | 7,586 | 7,838 | 15,484 | 7,623 | 7,861 |
| | 2 | 15,048 | 7,367 | 7,681 | 15,047 | 7,413 | 7,633 |
| | 3 | 16,045 | 7,929 | 8,116 | 14,022 | 6,861 | 7,161 |
| | 4 | 15,051 | 7,389 | 7,662 | 13,743 | 6,793 | 6,950 |
| | 5 | 14,750 | 7,347 | 7,402 | 12,996 | 6,396 | 6,600 |
| | 6 | 13,727 | 6,825 | 6,902 | 12,885 | 6,506 | 6,379 |
| | 7 | 13,632 | 6,820 | 6,812 | 11,946 | 5,924 | 6,021 |
| | 8 | 12,886 | 6,287 | 6,599 | 11,903 | 5,921 | 5,982 |
| | 9 | 12,747 | 6,299 | 6,448 | 11,350 | 5,691 | 5,660 |
| | 10 | 11,986 | 5,956 | 6,031 | 11,055 | 5,501 | 5,554 |
| | 11 | 12,062 | 6,089 | 5,973 | 9,863 | 4,927 | 4,935 |
| | 12 | 10,897 | 5,460 | 5,437 | 10,530 | 5,294 | 5,236 |
| | 13 | 11,031 | 5,489 | 5,542 | 9,664 | 4,926 | 4,739 |
| | 14 | 10,334 | 5,137 | 5,197 | 9,370 | 4,642 | 4,727 |
| | 15 | 9,916 | 4,911 | 5,005 | 9,127 | 4,492 | 4,635 |
| | 16 | 9,371 | 4,553 | 4,818 | 8,534 | 4,117 | 4,417 |
| | 17 | 9,315 | 4,410 | 4,905 | 7,953 | 3,808 | 4,145 |
| | 18 | 8,716 | 4,150 | 4,565 | 8,383 | 3,960 | 4,423 |
| | 19 | 7,981 | 3,709 | 4,272 | 7,977 | 3,701 | 4,275 |
| | 20 | 8,202 | 3,716 | 4,486 | 7,532 | 3,416 | 4,116 |
| | 21 | 7,259 | 3,207 | 4,052 | 7,234 | 3,334 | 3,899 |
| | 22 | 7,356 | 3,151 | 4,205 | 6,753 | 3,017 | 3,736 |
| | 23 | 7,039 | 2,941 | 4,098 | 6,449 | 2,887 | 3,561 |
| | 24 | 6,763 | 2,890 | 3,873 | 6,263 | 2,772 | 3,491 |
| | 25 | 6,797 | 2,957 | 3,840 | 6,147 | 2,757 | 3,390 |
| | 26 | 6,415 | 2,892 | 3,523 | 5,675 | 2,579 | 3,096 |
| | 27 | 6,312 | 2,881 | 3,431 | 5,488 | 2,552 | 2,936 |
| | 28 | 5,863 | 2,823 | 3,040 | 5,737 | 2,655 | 3,082 |
| | 29 | 5,584 | 2,751 | 2,833 | 5,035 | 2,415 | 2,620 |
| | 30 | 5,751 | 2,769 | 2,982 | 4,836 | 2,335 | 2,501 |
| | 31 | 4,699 | 2,249 | 2,451 | 4,557 | 2,289 | 2,269 |
| | 32 | 4,708 | 2,362 | 2,346 | 4,130 | 2,029 | 2,101 |
| | 33 | 4,542 | 2,232 | 2,311 | 3,754 | 1,852 | 1,902 |
| | 34 | 4,214 | 2,118 | 2,097 | 3,666 | 1,818 | 1,849 |
| | 35 | 4,312 | 2,081 | 2,231 | 3,528 | 1,766 | 1,762 |
| | 36 | 3,759 | 1,898 | 1,861 | 3,392 | 1,586 | 1,806 |
| | 37 | 3,848 | 1,905 | 1,943 | 3,002 | 1,424 | 1,578 |
| | 38 | 3,489 | 1,737 | 1,752 | 3,260 | 1,535 | 1,725 |
| | 39 | 3,333 | 1,638 | 1,695 | 2,954 | 1,397 | 1,557 |
| | 40 | 3,675 | 1,823 | 1,852 | 2,880 | 1,357 | 1,523 |
| | 41 | 2,880 | 1,506 | 1,374 | 2,913 | 1,429 | 1,483 |
| | 42 | 3,159 | 1,637 | 1,522 | 2,754 | 1,353 | 1,401 |
| | 43 | 2,844 | 1,473 | 1,371 | 2,564 | 1,247 | 1,317 |
| | 44 | 2,731 | 1,408 | 1,323 | 2,396 | 1,157 | 1,238 |
| | 45 | 3,051 | 1,543 | 1,507 | 2,315 | 1,143 | 1,171 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2003 | | | | | | | |
| | 46 | 2,364 | 1,238 | 1,127 | 2,170 | 1,039 | 1,131 |
| | 47 | 2,442 | 1,271 | 1,170 | 1,796 | 863 | 933 |
| | 48 | 2,206 | 1,128 | 1,078 | 1,927 | 925 | 1,003 |
| | 49 | 1,937 | 1,024 | 913 | 1,885 | 891 | 994 |
| | 50 | 2,425 | 1,189 | 1,235 | 1,709 | 855 | 854 |
| | 51 | 1,900 | 997 | 903 | 1,777 | 860 | 917 |
| | 52 | 2,099 | 1,120 | 979 | 1,687 | 818 | 869 |
| | 53 | 1,929 | 1,025 | 904 | 1,645 | 797 | 848 |
| | 54 | 1,752 | 954 | 798 | 1,553 | 747 | 806 |
| | 55 | 1,889 | 984 | 905 | 1,310 | 647 | 663 |
| | 56 | 1,348 | 742 | 606 | 1,250 | 624 | 626 |
| | 57 | 1,325 | 719 | 606 | 987 | 516 | 471 |
| | 58 | 1,083 | 602 | 481 | 1,034 | 531 | 503 |
| | 59 | 956 | 554 | 403 | 965 | 476 | 489 |
| | 60 | 1,259 | 665 | 594 | 980 | 503 | 477 |
| | 61 | 1,033 | 568 | 465 | 1,016 | 479 | 538 |
| | 62 | 1,158 | 631 | 527 | 1,019 | 453 | 566 |
| | 63 | 1,227 | 632 | 594 | 978 | 448 | 530 |
| | 64 | 1,039 | 563 | 476 | 957 | 455 | 502 |
| | 65 | 1,101 | 563 | 538 | 948 | 458 | 490 |
| | 66 | 853 | 491 | 362 | 812 | 369 | 443 |
| | 67 | 796 | 454 | 343 | 719 | 351 | 368 |
| | 68 | 721 | 414 | 307 | 759 | 373 | 386 |
| | 69 | 680 | 364 | 317 | 664 | 338 | 326 |
| | 70 | 802 | 410 | 392 | 632 | 343 | 289 |
| | 71 | 716 | 402 | 315 | 566 | 249 | 317 |
| | 72 | 657 | 355 | 302 | 659 | 325 | 334 |
| | 73 | 627 | 341 | 286 | 521 | 271 | 249 |
| | 74 | 542 | 308 | 233 | 547 | 263 | 284 |
| | 75 | 592 | 322 | 270 | 418 | 216 | 202 |
| | 76 | 424 | 225 | 199 | 437 | 248 | 189 |
| | 77 | 399 | 239 | 160 | 288 | 166 | 122 |
| | 78 | 318 | 191 | 128 | 320 | 183 | 137 |
| | 79 | 249 | 156 | 93 | 282 | 171 | 110 |
| | 80+ | 2,628 | 1,432 | 1,195 | 2,171 | 1,263 | 908 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2004 | All Ages | 435,287 | 213,619 | 221,668 | 394,524 | 191,850 | 202,674 |
| | 0 | 19,012 | 9,631 | 9,381 | 18,654 | 9,226 | 9,428 |
| | 1 | 17,457 | 8,682 | 8,775 | 17,493 | 8,708 | 8,785 |
| | 2 | 14,966 | 7,278 | 7,688 | 14,941 | 7,312 | 7,629 |
| | 3 | 16,179 | 7,963 | 8,216 | 14,118 | 6,879 | 7,239 |
| | 4 | 15,297 | 7,492 | 7,805 | 13,947 | 6,877 | 7,070 |
| | 5 | 15,071 | 7,497 | 7,574 | 13,259 | 6,517 | 6,742 |
| | 6 | 14,005 | 6,955 | 7,050 | 13,125 | 6,619 | 6,505 |
| | 7 | 14,063 | 7,033 | 7,030 | 12,303 | 6,099 | 6,204 |
| | 8 | 13,288 | 6,476 | 6,812 | 12,254 | 6,089 | 6,165 |
| | 9 | 13,137 | 6,478 | 6,658 | 11,678 | 5,844 | 5,834 |
| | 10 | 12,344 | 6,117 | 6,227 | 11,367 | 5,641 | 5,725 |
| | 11 | 12,416 | 6,250 | 6,165 | 10,135 | 5,050 | 5,086 |
| | 12 | 11,240 | 5,622 | 5,618 | 10,840 | 5,442 | 5,398 |
| | 13 | 11,393 | 5,676 | 5,717 | 9,965 | 5,085 | 4,880 |
| | 14 | 10,699 | 5,346 | 5,353 | 9,683 | 4,822 | 4,860 |
| | 15 | 10,286 | 5,140 | 5,147 | 9,449 | 4,692 | 4,758 |
| | 16 | 9,730 | 4,774 | 4,956 | 8,844 | 4,308 | 4,535 |
| | 17 | 9,657 | 4,617 | 5,040 | 8,231 | 3,980 | 4,251 |
| | 18 | 9,031 | 4,357 | 4,674 | 8,667 | 4,148 | 4,519 |
| | 19 | 8,254 | 3,901 | 4,353 | 8,232 | 3,885 | 4,347 |
| | 20 | 8,468 | 3,913 | 4,556 | 7,759 | 3,589 | 4,171 |
| | 21 | 7,498 | 3,392 | 4,106 | 7,462 | 3,520 | 3,942 |
| | 22 | 7,594 | 3,326 | 4,268 | 6,960 | 3,177 | 3,784 |
| | 23 | 7,255 | 3,065 | 4,190 | 6,635 | 3,002 | 3,633 |
| | 24 | 6,958 | 2,954 | 4,004 | 6,429 | 2,827 | 3,602 |
| | 25 | 6,987 | 2,977 | 4,011 | 6,302 | 2,768 | 3,534 |
| | 26 | 6,581 | 2,887 | 3,694 | 5,808 | 2,569 | 3,239 |
| | 27 | 6,483 | 2,886 | 3,597 | 5,621 | 2,550 | 3,071 |
| | 28 | 6,060 | 2,858 | 3,202 | 5,920 | 2,681 | 3,239 |
| | 29 | 5,832 | 2,835 | 2,997 | 5,249 | 2,483 | 2,766 |
| | 30 | 6,059 | 2,893 | 3,167 | 5,086 | 2,436 | 2,650 |
| | 31 | 4,978 | 2,360 | 2,618 | 4,816 | 2,398 | 2,418 |
| | 32 | 4,980 | 2,471 | 2,508 | 4,360 | 2,118 | 2,242 |
| | 33 | 4,791 | 2,337 | 2,454 | 3,951 | 1,936 | 2,015 |
| | 34 | 4,413 | 2,216 | 2,198 | 3,832 | 1,898 | 1,934 |
| | 35 | 4,485 | 2,174 | 2,311 | 3,663 | 1,842 | 1,821 |
| | 36 | 3,912 | 1,992 | 1,921 | 3,521 | 1,661 | 1,861 |
| | 37 | 4,003 | 1,999 | 2,005 | 3,116 | 1,492 | 1,625 |
| | 38 | 3,612 | 1,806 | 1,806 | 3,367 | 1,593 | 1,774 |
| | 39 | 3,425 | 1,679 | 1,746 | 3,030 | 1,429 | 1,601 |
| | 40 | 3,756 | 1,847 | 1,909 | 2,940 | 1,372 | 1,568 |
| | 41 | 2,926 | 1,515 | 1,412 | 2,956 | 1,434 | 1,521 |
| | 42 | 3,208 | 1,648 | 1,560 | 2,792 | 1,359 | 1,433 |
| | 43 | 2,916 | 1,500 | 1,416 | 2,625 | 1,268 | 1,358 |
| | 44 | 2,846 | 1,464 | 1,382 | 2,492 | 1,201 | 1,291 |
| | 45 | 3,219 | 1,631 | 1,588 | 2,438 | 1,206 | 1,233 |
| | 46 | 2,520 | 1,322 | 1,198 | 2,308 | 1,109 | 1,200 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2004 | | | | | | | |
| | 47 | 2,591 | 1,350 | 1,240 | 1,902 | 915 | 987 |
| | 48 | 2,309 | 1,179 | 1,130 | 2,013 | 965 | 1,049 |
| | 49 | 1,979 | 1,041 | 939 | 1,924 | 904 | 1,020 |
| | 50 | 2,434 | 1,184 | 1,251 | 1,713 | 850 | 864 |
| | 51 | 1,885 | 981 | 904 | 1,761 | 845 | 916 |
| | 52 | 2,090 | 1,107 | 983 | 1,679 | 807 | 871 |
| | 53 | 1,966 | 1,036 | 931 | 1,675 | 804 | 871 |
| | 54 | 1,853 | 999 | 855 | 1,642 | 780 | 862 |
| | 55 | 2,067 | 1,063 | 1,004 | 1,432 | 697 | 735 |
| | 56 | 1,513 | 819 | 694 | 1,403 | 687 | 716 |
| | 57 | 1,475 | 785 | 690 | 1,099 | 563 | 536 |
| | 58 | 1,169 | 643 | 526 | 1,115 | 566 | 548 |
| | 59 | 968 | 564 | 404 | 974 | 484 | 490 |
| | 60 | 1,209 | 651 | 557 | 939 | 491 | 448 |
| | 61 | 975 | 548 | 428 | 954 | 461 | 493 |
| | 62 | 1,098 | 609 | 490 | 961 | 437 | 524 |
| | 63 | 1,192 | 620 | 572 | 948 | 438 | 510 |
| | 64 | 1,053 | 569 | 484 | 968 | 459 | 509 |
| | 65 | 1,155 | 583 | 573 | 994 | 473 | 521 |
| | 66 | 909 | 513 | 395 | 867 | 386 | 481 |
| | 67 | 829 | 464 | 365 | 749 | 358 | 391 |
| | 68 | 739 | 418 | 321 | 779 | 376 | 403 |
| | 69 | 676 | 360 | 317 | 659 | 334 | 325 |
| | 70 | 777 | 399 | 379 | 612 | 333 | 279 |
| | 71 | 685 | 386 | 299 | 540 | 239 | 300 |
| | 72 | 620 | 336 | 285 | 620 | 306 | 314 |
| | 73 | 609 | 330 | 279 | 505 | 262 | 243 |
| | 74 | 553 | 310 | 242 | 559 | 265 | 294 |
| | 75 | 632 | 335 | 297 | 446 | 225 | 221 |
| | 76 | 428 | 222 | 206 | 440 | 244 | 196 |
| | 77 | 416 | 241 | 175 | 301 | 168 | 133 |
| | 78 | 336 | 194 | 141 | 337 | 187 | 151 |
| | 79 | 259 | 158 | 101 | 293 | 174 | 119 |
| | 80+ | 2,542 | 1,393 | 1,149 | 2,096 | 1,226 | 871 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2005 | All Ages | 450,604 | 221,073 | 229,530 | 407,927 | 198,369 | 209,558 |
| | 0 | 19,952 | 10,122 | 9,830 | 19,547 | 9,681 | 9,866 |
| | 1 | 18,429 | 9,179 | 9,250 | 18,435 | 9,191 | 9,244 |
| | 2 | 16,955 | 8,341 | 8,614 | 16,902 | 8,366 | 8,537 |
| | 3 | 16,119 | 7,882 | 8,237 | 14,046 | 6,799 | 7,247 |
| | 4 | 15,447 | 7,536 | 7,911 | 14,064 | 6,908 | 7,156 |
| | 5 | 15,341 | 7,615 | 7,727 | 13,476 | 6,609 | 6,867 |
| | 6 | 14,316 | 7,100 | 7,216 | 13,395 | 6,747 | 6,648 |
| | 7 | 14,355 | 7,171 | 7,184 | 12,539 | 6,209 | 6,330 |
| | 8 | 13,715 | 6,681 | 7,034 | 12,628 | 6,272 | 6,355 |
| | 9 | 13,553 | 6,677 | 6,876 | 12,030 | 6,015 | 6,015 |
| | 10 | 12,728 | 6,295 | 6,432 | 11,701 | 5,797 | 5,904 |
| | 11 | 12,789 | 6,421 | 6,368 | 10,424 | 5,180 | 5,244 |
| | 12 | 11,578 | 5,775 | 5,803 | 11,144 | 5,579 | 5,565 |
| | 13 | 11,753 | 5,846 | 5,907 | 10,262 | 5,229 | 5,033 |
| | 14 | 11,056 | 5,531 | 5,525 | 9,987 | 4,980 | 5,007 |
| | 15 | 10,654 | 5,351 | 5,303 | 9,768 | 4,875 | 4,893 |
| | 16 | 10,096 | 4,998 | 5,098 | 9,158 | 4,502 | 4,657 |
| | 17 | 10,029 | 4,843 | 5,186 | 8,533 | 4,166 | 4,366 |
| | 18 | 9,370 | 4,565 | 4,805 | 8,975 | 4,338 | 4,637 |
| | 19 | 8,555 | 4,096 | 4,459 | 8,515 | 4,071 | 4,443 |
| | 20 | 8,761 | 4,118 | 4,643 | 8,010 | 3,769 | 4,242 |
| | 21 | 7,744 | 3,573 | 4,171 | 7,697 | 3,701 | 3,996 |
| | 22 | 7,846 | 3,520 | 4,326 | 7,182 | 3,354 | 3,827 |
| | 23 | 7,489 | 3,237 | 4,253 | 6,843 | 3,163 | 3,680 |
| | 24 | 7,175 | 3,080 | 4,095 | 6,618 | 2,941 | 3,677 |
| | 25 | 7,193 | 3,044 | 4,150 | 6,474 | 2,824 | 3,649 |
| | 26 | 6,767 | 2,907 | 3,860 | 5,958 | 2,582 | 3,377 |
| | 27 | 6,656 | 2,883 | 3,773 | 5,757 | 2,542 | 3,214 |
| | 28 | 6,222 | 2,864 | 3,358 | 6,070 | 2,680 | 3,390 |
| | 29 | 6,029 | 2,871 | 3,158 | 5,417 | 2,509 | 2,908 |
| | 30 | 6,332 | 2,981 | 3,351 | 5,305 | 2,506 | 2,800 |
| | 31 | 5,251 | 2,468 | 2,782 | 5,067 | 2,502 | 2,565 |
| | 32 | 5,278 | 2,597 | 2,681 | 4,611 | 2,220 | 2,391 |
| | 33 | 5,073 | 2,446 | 2,626 | 4,174 | 2,022 | 2,151 |
| | 34 | 4,657 | 2,322 | 2,334 | 4,036 | 1,985 | 2,051 |
| | 35 | 4,699 | 2,276 | 2,423 | 3,830 | 1,924 | 1,906 |
| | 36 | 4,075 | 2,083 | 1,991 | 3,658 | 1,733 | 1,925 |
| | 37 | 4,168 | 2,098 | 2,070 | 3,237 | 1,563 | 1,674 |
| | 38 | 3,761 | 1,896 | 1,865 | 3,497 | 1,669 | 1,828 |
| | 39 | 3,547 | 1,746 | 1,801 | 3,130 | 1,483 | 1,647 |
| | 40 | 3,862 | 1,893 | 1,969 | 3,019 | 1,405 | 1,614 |
| | 41 | 2,992 | 1,536 | 1,456 | 3,018 | 1,452 | 1,566 |
| | 42 | 3,262 | 1,659 | 1,604 | 2,836 | 1,365 | 1,471 |
| | 43 | 2,963 | 1,510 | 1,452 | 2,665 | 1,275 | 1,390 |
| | 44 | 2,921 | 1,493 | 1,428 | 2,553 | 1,222 | 1,331 |
| | 45 | 3,357 | 1,697 | 1,660 | 2,538 | 1,252 | 1,286 |
| | 46 | 2,662 | 1,398 | 1,264 | 2,434 | 1,170 | 1,264 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2005 | | | | | | | |
| | 47 | 2,763 | 1,444 | 1,319 | 2,024 | 976 | 1,048 |
| | 48 | 2,452 | 1,253 | 1,199 | 2,134 | 1,023 | 1,110 |
| | 49 | 2,074 | 1,089 | 984 | 2,012 | 944 | 1,068 |
| | 50 | 2,490 | 1,205 | 1,285 | 1,750 | 863 | 886 |
| | 51 | 1,894 | 977 | 917 | 1,767 | 841 | 927 |
| | 52 | 2,075 | 1,091 | 985 | 1,666 | 794 | 871 |
| | 53 | 1,960 | 1,024 | 936 | 1,667 | 793 | 874 |
| | 54 | 1,892 | 1,011 | 881 | 1,675 | 788 | 887 |
| | 55 | 2,190 | 1,114 | 1,076 | 1,516 | 730 | 786 |
| | 56 | 1,657 | 886 | 771 | 1,535 | 741 | 794 |
| | 57 | 1,658 | 867 | 791 | 1,234 | 621 | 613 |
| | 58 | 1,303 | 703 | 600 | 1,242 | 618 | 624 |
| | 59 | 1,046 | 603 | 443 | 1,052 | 517 | 535 |
| | 60 | 1,224 | 664 | 560 | 949 | 500 | 449 |
| | 61 | 940 | 537 | 403 | 914 | 452 | 463 |
| | 62 | 1,039 | 588 | 450 | 903 | 422 | 481 |
| | 63 | 1,131 | 599 | 532 | 895 | 423 | 473 |
| | 64 | 1,026 | 559 | 466 | 940 | 450 | 489 |
| | 65 | 1,172 | 589 | 583 | 1,007 | 478 | 530 |
| | 66 | 953 | 532 | 421 | 911 | 399 | 512 |
| | 67 | 884 | 485 | 399 | 800 | 374 | 426 |
| | 68 | 769 | 428 | 342 | 813 | 384 | 428 |
| | 69 | 696 | 364 | 332 | 677 | 338 | 340 |
| | 70 | 774 | 395 | 379 | 608 | 330 | 279 |
| | 71 | 666 | 377 | 289 | 523 | 233 | 290 |
| | 72 | 595 | 324 | 271 | 593 | 295 | 298 |
| | 73 | 575 | 312 | 263 | 477 | 248 | 229 |
| | 74 | 539 | 301 | 237 | 544 | 256 | 287 |
| | 75 | 647 | 338 | 309 | 456 | 227 | 229 |
| | 76 | 459 | 232 | 227 | 469 | 254 | 215 |
| | 77 | 420 | 238 | 182 | 303 | 165 | 138 |
| | 78 | 351 | 197 | 155 | 353 | 188 | 164 |
| | 79 | 273 | 161 | 112 | 309 | 177 | 132 |
| | 80+ | 2,486 | 1,365 | 1,121 | 2,046 | 1,199 | 847 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2006 | All Ages | 466,752 | 228,961 | 237,791 | 421,851 | 205,141 | 216,710 |
| | 0 | 20,727 | 10,516 | 10,211 | 20,276 | 10,043 | 10,233 |
| | 1 | 19,362 | 9,657 | 9,706 | 19,333 | 9,651 | 9,682 |
| | 2 | 17,917 | 8,828 | 9,089 | 17,835 | 8,840 | 8,995 |
| | 3 | 18,255 | 9,029 | 9,227 | 15,882 | 7,777 | 8,105 |
| | 4 | 15,395 | 7,462 | 7,933 | 13,996 | 6,829 | 7,167 |
| | 5 | 15,497 | 7,662 | 7,835 | 13,592 | 6,640 | 6,952 |
| | 6 | 14,575 | 7,212 | 7,363 | 13,615 | 6,843 | 6,772 |
| | 7 | 14,675 | 7,321 | 7,354 | 12,797 | 6,329 | 6,469 |
| | 8 | 14,002 | 6,813 | 7,189 | 12,871 | 6,385 | 6,486 |
| | 9 | 13,990 | 6,889 | 7,101 | 12,398 | 6,196 | 6,202 |
| | 10 | 13,133 | 6,489 | 6,643 | 12,054 | 5,966 | 6,088 |
| | 11 | 13,185 | 6,608 | 6,578 | 10,730 | 5,322 | 5,408 |
| | 12 | 11,932 | 5,935 | 5,997 | 11,462 | 5,723 | 5,738 |
| | 13 | 12,104 | 6,004 | 6,100 | 10,550 | 5,361 | 5,189 |
| | 14 | 11,406 | 5,697 | 5,710 | 10,286 | 5,121 | 5,164 |
| | 15 | 11,010 | 5,536 | 5,473 | 10,075 | 5,035 | 5,041 |
| | 16 | 10,458 | 5,204 | 5,254 | 9,467 | 4,678 | 4,789 |
| | 17 | 10,405 | 5,069 | 5,335 | 8,837 | 4,353 | 4,484 |
| | 18 | 9,734 | 4,789 | 4,945 | 9,304 | 4,542 | 4,762 |
| | 19 | 8,875 | 4,291 | 4,584 | 8,816 | 4,257 | 4,558 |
| | 20 | 9,079 | 4,324 | 4,755 | 8,284 | 3,949 | 4,335 |
| | 21 | 8,011 | 3,760 | 4,251 | 7,951 | 3,887 | 4,064 |
| | 22 | 8,104 | 3,710 | 4,395 | 7,406 | 3,527 | 3,879 |
| | 23 | 7,734 | 3,425 | 4,309 | 7,061 | 3,340 | 3,721 |
| | 24 | 7,408 | 3,253 | 4,156 | 6,823 | 3,099 | 3,724 |
| | 25 | 7,418 | 3,174 | 4,243 | 6,663 | 2,939 | 3,725 |
| | 26 | 6,965 | 2,972 | 3,992 | 6,118 | 2,633 | 3,485 |
| | 27 | 6,846 | 2,904 | 3,942 | 5,905 | 2,555 | 3,351 |
| | 28 | 6,382 | 2,861 | 3,521 | 6,219 | 2,671 | 3,547 |
| | 29 | 6,188 | 2,877 | 3,311 | 5,552 | 2,509 | 3,043 |
| | 30 | 6,548 | 3,019 | 3,529 | 5,476 | 2,533 | 2,943 |
| | 31 | 5,489 | 2,544 | 2,944 | 5,282 | 2,574 | 2,708 |
| | 32 | 5,565 | 2,716 | 2,848 | 4,852 | 2,317 | 2,535 |
| | 33 | 5,376 | 2,569 | 2,806 | 4,414 | 2,120 | 2,294 |
| | 34 | 4,927 | 2,431 | 2,496 | 4,263 | 2,073 | 2,189 |
| | 35 | 4,958 | 2,385 | 2,573 | 4,033 | 2,012 | 2,021 |
| | 36 | 4,270 | 2,182 | 2,088 | 3,825 | 1,811 | 2,014 |
| | 37 | 4,339 | 2,194 | 2,144 | 3,364 | 1,632 | 1,732 |
| | 38 | 3,917 | 1,991 | 1,926 | 3,633 | 1,749 | 1,884 |
| | 39 | 3,693 | 1,833 | 1,860 | 3,251 | 1,554 | 1,697 |
| | 40 | 3,999 | 1,970 | 2,029 | 3,120 | 1,459 | 1,661 |
| | 41 | 3,077 | 1,576 | 1,501 | 3,098 | 1,486 | 1,612 |
| | 42 | 3,336 | 1,682 | 1,654 | 2,896 | 1,382 | 1,514 |
| | 43 | 3,013 | 1,520 | 1,492 | 2,707 | 1,281 | 1,426 |
| | 44 | 2,969 | 1,503 | 1,465 | 2,592 | 1,229 | 1,363 |
| | 45 | 3,445 | 1,730 | 1,715 | 2,601 | 1,274 | 1,327 |
| | 46 | 2,776 | 1,455 | 1,321 | 2,534 | 1,215 | 1,319 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2006 | | | | | | | |
| | 47 | 2,918 | 1,527 | 1,391 | 2,134 | 1,031 | 1,103 |
| | 48 | 2,616 | 1,341 | 1,275 | 2,272 | 1,093 | 1,179 |
| | 49 | 2,202 | 1,157 | 1,044 | 2,132 | 1,001 | 1,131 |
| | 50 | 2,608 | 1,260 | 1,348 | 1,830 | 902 | 928 |
| | 51 | 1,937 | 994 | 943 | 1,805 | 854 | 951 |
| | 52 | 2,085 | 1,087 | 998 | 1,671 | 790 | 881 |
| | 53 | 1,947 | 1,009 | 938 | 1,654 | 780 | 874 |
| | 54 | 1,885 | 999 | 885 | 1,667 | 778 | 890 |
| | 55 | 2,234 | 1,126 | 1,108 | 1,545 | 737 | 808 |
| | 56 | 1,756 | 929 | 827 | 1,625 | 776 | 850 |
| | 57 | 1,816 | 938 | 878 | 1,350 | 670 | 680 |
| | 58 | 1,466 | 777 | 689 | 1,397 | 682 | 715 |
| | 59 | 1,164 | 660 | 505 | 1,173 | 565 | 608 |
| | 60 | 1,323 | 710 | 613 | 1,025 | 534 | 491 |
| | 61 | 952 | 547 | 405 | 923 | 460 | 464 |
| | 62 | 1,001 | 577 | 424 | 865 | 413 | 452 |
| | 63 | 1,068 | 579 | 489 | 842 | 408 | 434 |
| | 64 | 974 | 540 | 434 | 889 | 434 | 454 |
| | 65 | 1,141 | 579 | 562 | 979 | 469 | 510 |
| | 66 | 967 | 538 | 429 | 923 | 403 | 520 |
| | 67 | 928 | 503 | 425 | 840 | 387 | 453 |
| | 68 | 822 | 448 | 373 | 869 | 402 | 467 |
| | 69 | 727 | 373 | 354 | 706 | 345 | 361 |
| | 70 | 797 | 400 | 397 | 624 | 333 | 291 |
| | 71 | 663 | 373 | 290 | 520 | 231 | 290 |
| | 72 | 579 | 316 | 263 | 575 | 287 | 288 |
| | 73 | 552 | 301 | 250 | 456 | 239 | 217 |
| | 74 | 510 | 285 | 224 | 513 | 243 | 271 |
| | 75 | 631 | 329 | 303 | 444 | 220 | 224 |
| | 76 | 471 | 235 | 236 | 480 | 257 | 224 |
| | 77 | 450 | 249 | 201 | 324 | 172 | 152 |
| | 78 | 355 | 194 | 161 | 357 | 186 | 171 |
| | 79 | 286 | 163 | 123 | 323 | 179 | 144 |
| | 80+ | 2,456 | 1,344 | 1,112 | 2,016 | 1,179 | 838 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2007 | All Ages | 483,526 | 237,178 | 246,348 | 436,325 | 212,213 | 224,112 |
| | 0 | 21,506 | 10,911 | 10,595 | 21,007 | 10,405 | 10,602 |
| | 1 | 20,139 | 10,044 | 10,094 | 20,071 | 10,020 | 10,051 |
| | 2 | 18,832 | 9,292 | 9,540 | 18,717 | 9,289 | 9,428 |
| | 3 | 19,304 | 9,561 | 9,743 | 16,769 | 8,223 | 8,546 |
| | 4 | 17,431 | 8,547 | 8,884 | 15,825 | 7,810 | 8,015 |
| | 5 | 15,449 | 7,589 | 7,860 | 13,530 | 6,567 | 6,963 |
| | 6 | 14,724 | 7,258 | 7,466 | 13,731 | 6,875 | 6,856 |
| | 7 | 14,941 | 7,437 | 7,504 | 13,008 | 6,418 | 6,590 |
| | 8 | 14,314 | 6,955 | 7,359 | 13,137 | 6,508 | 6,628 |
| | 9 | 14,284 | 7,025 | 7,259 | 12,638 | 6,309 | 6,329 |
| | 10 | 13,556 | 6,695 | 6,861 | 12,423 | 6,146 | 6,277 |
| | 11 | 13,604 | 6,811 | 6,793 | 11,054 | 5,478 | 5,576 |
| | 12 | 12,307 | 6,110 | 6,197 | 11,798 | 5,881 | 5,917 |
| | 13 | 12,472 | 6,170 | 6,301 | 10,851 | 5,500 | 5,351 |
| | 14 | 11,749 | 5,851 | 5,898 | 10,576 | 5,251 | 5,325 |
| | 15 | 11,360 | 5,704 | 5,657 | 10,376 | 5,177 | 5,199 |
| | 16 | 10,807 | 5,384 | 5,423 | 9,765 | 4,830 | 4,935 |
| | 17 | 10,776 | 5,278 | 5,498 | 9,136 | 4,524 | 4,612 |
| | 18 | 10,104 | 5,015 | 5,088 | 9,637 | 4,746 | 4,891 |
| | 19 | 9,218 | 4,502 | 4,716 | 9,137 | 4,457 | 4,680 |
| | 20 | 9,418 | 4,531 | 4,887 | 8,574 | 4,129 | 4,445 |
| | 21 | 8,301 | 3,948 | 4,353 | 8,226 | 4,075 | 4,151 |
| | 22 | 8,382 | 3,905 | 4,477 | 7,647 | 3,704 | 3,943 |
| | 23 | 7,984 | 3,609 | 4,375 | 7,281 | 3,511 | 3,770 |
| | 24 | 7,650 | 3,442 | 4,208 | 7,036 | 3,272 | 3,763 |
| | 25 | 7,656 | 3,353 | 4,304 | 6,867 | 3,096 | 3,771 |
| | 26 | 7,180 | 3,100 | 4,080 | 6,293 | 2,740 | 3,554 |
| | 27 | 7,044 | 2,969 | 4,075 | 6,063 | 2,607 | 3,456 |
| | 28 | 6,558 | 2,882 | 3,676 | 6,380 | 2,684 | 3,696 |
| | 29 | 6,345 | 2,875 | 3,470 | 5,684 | 2,502 | 3,182 |
| | 30 | 6,722 | 3,025 | 3,697 | 5,611 | 2,534 | 3,077 |
| | 31 | 5,676 | 2,577 | 3,099 | 5,446 | 2,601 | 2,844 |
| | 32 | 5,812 | 2,800 | 3,011 | 5,058 | 2,384 | 2,674 |
| | 33 | 5,665 | 2,687 | 2,978 | 4,641 | 2,213 | 2,429 |
| | 34 | 5,220 | 2,554 | 2,666 | 4,508 | 2,174 | 2,334 |
| | 35 | 5,246 | 2,497 | 2,749 | 4,257 | 2,101 | 2,156 |
| | 36 | 4,504 | 2,288 | 2,216 | 4,028 | 1,894 | 2,134 |
| | 37 | 4,543 | 2,298 | 2,246 | 3,516 | 1,706 | 1,810 |
| | 38 | 4,077 | 2,083 | 1,994 | 3,772 | 1,826 | 1,946 |
| | 39 | 3,845 | 1,926 | 1,919 | 3,376 | 1,629 | 1,747 |
| | 40 | 4,162 | 2,068 | 2,094 | 3,241 | 1,529 | 1,712 |
| | 41 | 3,187 | 1,640 | 1,547 | 3,201 | 1,543 | 1,658 |
| | 42 | 3,430 | 1,725 | 1,705 | 2,972 | 1,415 | 1,557 |
| | 43 | 3,080 | 1,541 | 1,538 | 2,765 | 1,297 | 1,468 |
| | 44 | 3,020 | 1,514 | 1,506 | 2,632 | 1,235 | 1,398 |
| | 45 | 3,501 | 1,743 | 1,758 | 2,640 | 1,281 | 1,358 |
| | 46 | 2,848 | 1,483 | 1,365 | 2,597 | 1,237 | 1,360 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2007 | | | | | | | |
| | 47 | 3,042 | 1,589 | 1,453 | 2,222 | 1,071 | 1,151 |
| | 48 | 2,764 | 1,419 | 1,345 | 2,395 | 1,154 | 1,241 |
| | 49 | 2,349 | 1,238 | 1,110 | 2,270 | 1,070 | 1,200 |
| | 50 | 2,769 | 1,340 | 1,429 | 1,940 | 957 | 983 |
| | 51 | 2,029 | 1,040 | 989 | 1,888 | 892 | 995 |
| | 52 | 2,131 | 1,106 | 1,026 | 1,707 | 802 | 904 |
| | 53 | 1,955 | 1,005 | 950 | 1,660 | 776 | 883 |
| | 54 | 1,871 | 985 | 887 | 1,654 | 764 | 890 |
| | 55 | 2,227 | 1,113 | 1,113 | 1,538 | 727 | 811 |
| | 56 | 1,791 | 940 | 852 | 1,656 | 783 | 873 |
| | 57 | 1,924 | 983 | 941 | 1,429 | 701 | 728 |
| | 58 | 1,606 | 841 | 765 | 1,529 | 736 | 792 |
| | 59 | 1,308 | 729 | 579 | 1,320 | 623 | 697 |
| | 60 | 1,475 | 777 | 699 | 1,142 | 584 | 558 |
| | 61 | 1,029 | 586 | 444 | 998 | 491 | 506 |
| | 62 | 1,014 | 588 | 426 | 873 | 420 | 453 |
| | 63 | 1,028 | 568 | 460 | 807 | 399 | 407 |
| | 64 | 922 | 523 | 399 | 836 | 419 | 417 |
| | 65 | 1,082 | 559 | 522 | 925 | 452 | 473 |
| | 66 | 943 | 529 | 414 | 896 | 395 | 500 |
| | 67 | 942 | 508 | 434 | 852 | 391 | 461 |
| | 68 | 863 | 465 | 398 | 914 | 416 | 497 |
| | 69 | 778 | 391 | 387 | 755 | 361 | 394 |
| | 70 | 833 | 410 | 423 | 651 | 341 | 310 |
| | 71 | 682 | 378 | 304 | 535 | 233 | 302 |
| | 72 | 577 | 314 | 263 | 572 | 284 | 287 |
| | 73 | 537 | 294 | 242 | 443 | 233 | 210 |
| | 74 | 489 | 275 | 213 | 491 | 234 | 257 |
| | 75 | 596 | 311 | 286 | 419 | 208 | 211 |
| | 76 | 459 | 228 | 232 | 468 | 249 | 219 |
| | 77 | 461 | 251 | 209 | 331 | 174 | 157 |
| | 78 | 381 | 203 | 178 | 382 | 194 | 188 |
| | 79 | 290 | 162 | 128 | 327 | 177 | 150 |
| | 80+ | 2,446 | 1,329 | 1,117 | 2,002 | 1,163 | 839 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2008 | All Ages | 501,073 | 245,803 | 255,270 | 451,312 | 219,536 | 231,776 |
| | 0 | 22,291 | 11,310 | 10,980 | 21,739 | 10,768 | 10,971 |
| | 1 | 20,921 | 10,434 | 10,487 | 20,811 | 10,389 | 10,422 |
| | 2 | 19,594 | 9,669 | 9,925 | 19,444 | 9,649 | 9,794 |
| | 3 | 20,296 | 10,066 | 10,230 | 17,603 | 8,643 | 8,960 |
| | 4 | 18,441 | 9,056 | 9,385 | 16,717 | 8,262 | 8,455 |
| | 5 | 17,495 | 8,692 | 8,803 | 15,295 | 7,510 | 7,785 |
| | 6 | 14,680 | 7,189 | 7,491 | 13,667 | 6,799 | 6,867 |
| | 7 | 15,095 | 7,485 | 7,610 | 13,121 | 6,449 | 6,672 |
| | 8 | 14,576 | 7,066 | 7,511 | 13,354 | 6,601 | 6,753 |
| | 9 | 14,602 | 7,171 | 7,431 | 12,898 | 6,430 | 6,468 |
| | 10 | 13,842 | 6,828 | 7,014 | 12,664 | 6,258 | 6,406 |
| | 11 | 14,042 | 7,027 | 7,015 | 11,390 | 5,642 | 5,748 |
| | 12 | 12,704 | 6,301 | 6,403 | 12,153 | 6,052 | 6,101 |
| | 13 | 12,861 | 6,351 | 6,510 | 11,170 | 5,651 | 5,519 |
| | 14 | 12,108 | 6,014 | 6,094 | 10,878 | 5,387 | 5,491 |
| | 15 | 11,702 | 5,859 | 5,843 | 10,667 | 5,307 | 5,360 |
| | 16 | 11,152 | 5,547 | 5,605 | 10,055 | 4,965 | 5,090 |
| | 17 | 11,135 | 5,460 | 5,675 | 9,423 | 4,671 | 4,752 |
| | 18 | 10,468 | 5,224 | 5,245 | 9,963 | 4,933 | 5,031 |
| | 19 | 9,570 | 4,714 | 4,856 | 9,466 | 4,658 | 4,808 |
| | 20 | 9,781 | 4,755 | 5,026 | 8,885 | 4,323 | 4,562 |
| | 21 | 8,610 | 4,137 | 4,473 | 8,517 | 4,261 | 4,256 |
| | 22 | 8,685 | 4,102 | 4,582 | 7,909 | 3,881 | 4,027 |
| | 23 | 8,255 | 3,800 | 4,455 | 7,517 | 3,687 | 3,830 |
| | 24 | 7,900 | 3,628 | 4,272 | 7,253 | 3,441 | 3,813 |
| | 25 | 7,907 | 3,549 | 4,359 | 7,081 | 3,270 | 3,811 |
| | 26 | 7,412 | 3,273 | 4,138 | 6,482 | 2,887 | 3,596 |
| | 27 | 7,261 | 3,097 | 4,164 | 6,236 | 2,713 | 3,524 |
| | 28 | 6,747 | 2,948 | 3,799 | 6,550 | 2,738 | 3,811 |
| | 29 | 6,518 | 2,896 | 3,623 | 5,829 | 2,514 | 3,315 |
| | 30 | 6,894 | 3,022 | 3,872 | 5,743 | 2,526 | 3,217 |
| | 31 | 5,829 | 2,583 | 3,247 | 5,575 | 2,602 | 2,973 |
| | 32 | 6,006 | 2,837 | 3,169 | 5,217 | 2,409 | 2,807 |
| | 33 | 5,918 | 2,770 | 3,148 | 4,838 | 2,276 | 2,561 |
| | 34 | 5,499 | 2,672 | 2,827 | 4,740 | 2,270 | 2,470 |
| | 35 | 5,558 | 2,623 | 2,935 | 4,500 | 2,203 | 2,297 |
| | 36 | 4,764 | 2,396 | 2,368 | 4,255 | 1,979 | 2,276 |
| | 37 | 4,792 | 2,408 | 2,383 | 3,702 | 1,785 | 1,918 |
| | 38 | 4,270 | 2,181 | 2,089 | 3,943 | 1,908 | 2,035 |
| | 39 | 4,000 | 2,014 | 1,986 | 3,504 | 1,700 | 1,804 |
| | 40 | 4,332 | 2,172 | 2,160 | 3,366 | 1,603 | 1,763 |
| | 41 | 3,319 | 1,722 | 1,597 | 3,325 | 1,617 | 1,708 |
| | 42 | 3,552 | 1,796 | 1,757 | 3,071 | 1,469 | 1,602 |
| | 43 | 3,165 | 1,580 | 1,585 | 2,837 | 1,328 | 1,510 |
| | 44 | 3,087 | 1,535 | 1,552 | 2,687 | 1,250 | 1,437 |
| | 45 | 3,561 | 1,755 | 1,807 | 2,681 | 1,287 | 1,394 |
| | 46 | 2,894 | 1,494 | 1,400 | 2,636 | 1,244 | 1,392 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2008 | | | | | | | |
| | 47 | 3,121 | 1,620 | 1,501 | 2,277 | 1,090 | 1,187 |
| | 48 | 2,882 | 1,477 | 1,405 | 2,494 | 1,199 | 1,295 |
| | 49 | 2,481 | 1,310 | 1,171 | 2,393 | 1,129 | 1,263 |
| | 50 | 2,954 | 1,434 | 1,520 | 2,066 | 1,023 | 1,044 |
| | 51 | 2,156 | 1,106 | 1,050 | 2,001 | 947 | 1,054 |
| | 52 | 2,234 | 1,158 | 1,076 | 1,786 | 839 | 947 |
| | 53 | 2,001 | 1,023 | 977 | 1,695 | 789 | 907 |
| | 54 | 1,880 | 981 | 899 | 1,661 | 760 | 900 |
| | 55 | 2,212 | 1,097 | 1,115 | 1,526 | 715 | 811 |
| | 56 | 1,787 | 929 | 857 | 1,649 | 773 | 876 |
| | 57 | 1,964 | 995 | 969 | 1,457 | 708 | 749 |
| | 58 | 1,703 | 882 | 821 | 1,618 | 771 | 848 |
| | 59 | 1,433 | 788 | 644 | 1,446 | 673 | 772 |
| | 60 | 1,660 | 859 | 802 | 1,284 | 644 | 640 |
| | 61 | 1,147 | 641 | 506 | 1,113 | 537 | 576 |
| | 62 | 1,096 | 630 | 467 | 944 | 449 | 495 |
| | 63 | 1,042 | 579 | 463 | 815 | 406 | 409 |
| | 64 | 888 | 512 | 375 | 802 | 411 | 391 |
| | 65 | 1,022 | 541 | 480 | 871 | 437 | 434 |
| | 66 | 897 | 511 | 386 | 846 | 381 | 465 |
| | 67 | 918 | 500 | 418 | 828 | 384 | 443 |
| | 68 | 876 | 471 | 405 | 926 | 420 | 506 |
| | 69 | 818 | 405 | 413 | 793 | 374 | 419 |
| | 70 | 893 | 430 | 463 | 695 | 357 | 338 |
| | 71 | 712 | 387 | 325 | 560 | 238 | 322 |
| | 72 | 594 | 318 | 276 | 588 | 288 | 300 |
| | 73 | 534 | 291 | 243 | 440 | 230 | 210 |
| | 74 | 476 | 269 | 207 | 476 | 228 | 248 |
| | 75 | 572 | 300 | 272 | 401 | 200 | 201 |
| | 76 | 435 | 216 | 219 | 442 | 236 | 206 |
| | 77 | 450 | 244 | 205 | 322 | 169 | 154 |
| | 78 | 390 | 205 | 185 | 391 | 196 | 195 |
| | 79 | 311 | 170 | 141 | 350 | 185 | 165 |
| | 80+ | 2,443 | 1,314 | 1,129 | 1,994 | 1,148 | 846 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2009 | All Ages | 519,253 | 254,763 | 264,490 | 466,934 | 227,217 | 239,717 |
| | 0 | 23,087 | 11,715 | 11,372 | 22,482 | 11,137 | 11,345 |
| | 1 | 21,707 | 10,827 | 10,881 | 21,553 | 10,760 | 10,793 |
| | 2 | 20,363 | 10,049 | 10,314 | 20,176 | 10,012 | 10,164 |
| | 3 | 21,126 | 10,477 | 10,649 | 18,294 | 8,983 | 9,312 |
| | 4 | 19,394 | 9,537 | 9,857 | 17,556 | 8,688 | 8,868 |
| | 5 | 18,517 | 9,213 | 9,303 | 16,163 | 7,949 | 8,214 |
| | 6 | 16,620 | 8,233 | 8,388 | 15,451 | 7,774 | 7,677 |
| | 7 | 15,052 | 7,416 | 7,636 | 13,062 | 6,378 | 6,684 |
| | 8 | 14,729 | 7,112 | 7,618 | 13,472 | 6,633 | 6,839 |
| | 9 | 14,870 | 7,286 | 7,585 | 13,114 | 6,523 | 6,591 |
| | 10 | 14,150 | 6,971 | 7,179 | 12,924 | 6,378 | 6,546 |
| | 11 | 14,338 | 7,167 | 7,171 | 11,611 | 5,745 | 5,866 |
| | 12 | 13,119 | 6,503 | 6,616 | 12,526 | 6,235 | 6,290 |
| | 13 | 13,273 | 6,549 | 6,725 | 11,508 | 5,817 | 5,691 |
| | 14 | 12,489 | 6,191 | 6,297 | 11,200 | 5,536 | 5,663 |
| | 15 | 12,061 | 6,023 | 6,038 | 10,973 | 5,445 | 5,528 |
| | 16 | 11,489 | 5,698 | 5,791 | 10,339 | 5,091 | 5,248 |
| | 17 | 11,491 | 5,626 | 5,865 | 9,706 | 4,804 | 4,902 |
| | 18 | 10,821 | 5,406 | 5,415 | 10,279 | 5,095 | 5,184 |
| | 19 | 9,916 | 4,909 | 5,007 | 9,787 | 4,841 | 4,946 |
| | 20 | 10,158 | 4,980 | 5,178 | 9,208 | 4,518 | 4,690 |
| | 21 | 8,941 | 4,342 | 4,599 | 8,829 | 4,463 | 4,366 |
| | 22 | 9,007 | 4,301 | 4,706 | 8,187 | 4,060 | 4,127 |
| | 23 | 8,549 | 3,992 | 4,557 | 7,775 | 3,865 | 3,910 |
| | 24 | 8,168 | 3,820 | 4,348 | 7,487 | 3,614 | 3,873 |
| | 25 | 8,166 | 3,741 | 4,425 | 7,300 | 3,439 | 3,862 |
| | 26 | 7,654 | 3,465 | 4,189 | 6,680 | 3,049 | 3,631 |
| | 27 | 7,493 | 3,272 | 4,221 | 6,424 | 2,859 | 3,565 |
| | 28 | 6,955 | 3,075 | 3,880 | 6,734 | 2,849 | 3,885 |
| | 29 | 6,704 | 2,961 | 3,743 | 5,983 | 2,566 | 3,417 |
| | 30 | 7,083 | 3,043 | 4,040 | 5,890 | 2,540 | 3,350 |
| | 31 | 5,981 | 2,581 | 3,400 | 5,701 | 2,594 | 3,107 |
| | 32 | 6,162 | 2,845 | 3,317 | 5,343 | 2,410 | 2,933 |
| | 33 | 6,117 | 2,806 | 3,311 | 4,989 | 2,301 | 2,688 |
| | 34 | 5,741 | 2,755 | 2,986 | 4,940 | 2,335 | 2,604 |
| | 35 | 5,852 | 2,744 | 3,108 | 4,728 | 2,300 | 2,429 |
| | 36 | 5,047 | 2,518 | 2,529 | 4,501 | 2,075 | 2,425 |
| | 37 | 5,068 | 2,522 | 2,546 | 3,911 | 1,866 | 2,045 |
| | 38 | 4,503 | 2,287 | 2,216 | 4,151 | 1,997 | 2,154 |
| | 39 | 4,190 | 2,110 | 2,080 | 3,662 | 1,777 | 1,885 |
| | 40 | 4,505 | 2,272 | 2,233 | 3,494 | 1,675 | 1,819 |
| | 41 | 3,457 | 1,810 | 1,647 | 3,454 | 1,695 | 1,759 |
| | 42 | 3,698 | 1,886 | 1,813 | 3,190 | 1,540 | 1,650 |
| | 43 | 3,277 | 1,644 | 1,633 | 2,932 | 1,379 | 1,553 |
| | 44 | 3,174 | 1,575 | 1,600 | 2,758 | 1,280 | 1,478 |
| | 45 | 3,640 | 1,780 | 1,860 | 2,736 | 1,304 | 1,432 |
| | 46 | 2,944 | 1,504 | 1,439 | 2,679 | 1,250 | 1,429 |
| | 47 | 3,172 | 1,633 | 1,539 | 2,312 | 1,096 | 1,216 |
| | 48 | 2,958 | 1,506 | 1,452 | 2,556 | 1,220 | 1,335 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2009 | | | | | | | |
| | 49 | 2,588 | 1,364 | 1,224 | 2,492 | 1,174 | 1,318 |
| | 50 | 3,120 | 1,517 | 1,603 | 2,179 | 1,081 | 1,099 |
| | 51 | 2,300 | 1,183 | 1,117 | 2,131 | 1,012 | 1,119 |
| | 52 | 2,373 | 1,231 | 1,142 | 1,894 | 891 | 1,003 |
| | 53 | 2,098 | 1,072 | 1,026 | 1,774 | 824 | 949 |
| | 54 | 1,923 | 999 | 924 | 1,697 | 773 | 924 |
| | 55 | 2,222 | 1,093 | 1,129 | 1,532 | 712 | 820 |
| | 56 | 1,775 | 916 | 859 | 1,636 | 760 | 876 |
| | 57 | 1,957 | 984 | 973 | 1,451 | 700 | 751 |
| | 58 | 1,738 | 892 | 846 | 1,650 | 778 | 872 |
| | 59 | 1,519 | 828 | 691 | 1,533 | 705 | 827 |
| | 60 | 1,820 | 930 | 890 | 1,406 | 697 | 709 |
| | 61 | 1,290 | 709 | 581 | 1,253 | 593 | 659 |
| | 62 | 1,222 | 689 | 533 | 1,055 | 491 | 564 |
| | 63 | 1,127 | 620 | 507 | 881 | 435 | 447 |
| | 64 | 901 | 523 | 377 | 811 | 419 | 392 |
| | 65 | 983 | 531 | 452 | 836 | 428 | 408 |
| | 66 | 849 | 494 | 355 | 795 | 368 | 426 |
| | 67 | 872 | 483 | 389 | 782 | 371 | 412 |
| | 68 | 854 | 463 | 391 | 900 | 413 | 487 |
| | 69 | 832 | 410 | 422 | 804 | 378 | 427 |
| | 70 | 940 | 446 | 494 | 730 | 370 | 360 |
| | 71 | 762 | 407 | 356 | 601 | 250 | 351 |
| | 72 | 621 | 326 | 295 | 615 | 294 | 321 |
| | 73 | 550 | 296 | 254 | 453 | 233 | 220 |
| | 74 | 474 | 267 | 208 | 474 | 226 | 248 |
| | 75 | 556 | 293 | 264 | 389 | 195 | 194 |
| | 76 | 417 | 208 | 208 | 423 | 227 | 196 |
| | 77 | 426 | 232 | 195 | 305 | 160 | 145 |
| | 78 | 381 | 200 | 182 | 381 | 190 | 191 |
| | 79 | 319 | 172 | 148 | 359 | 187 | 172 |
| | 80+ | 2,467 | 1,310 | 1,156 | 2,006 | 1,143 | 863 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2010 | All Ages | 538,139 | 264,125 | 274,014 | 482,987 | 235,125 | 247,862 |
| | 0 | 23,859 | 12,108 | 11,751 | 23,199 | 11,492 | 11,707 |
| | 1 | 22,507 | 11,226 | 11,281 | 22,306 | 11,136 | 11,170 |
| | 2 | 21,135 | 10,431 | 10,705 | 20,909 | 10,375 | 10,534 |
| | 3 | 21,962 | 10,892 | 11,071 | 18,990 | 9,324 | 9,666 |
| | 4 | 20,192 | 9,930 | 10,262 | 18,252 | 9,032 | 9,219 |
| | 5 | 19,482 | 9,706 | 9,776 | 16,978 | 8,361 | 8,617 |
| | 6 | 17,594 | 8,728 | 8,866 | 16,330 | 8,228 | 8,102 |
| | 7 | 17,039 | 8,491 | 8,548 | 14,761 | 7,291 | 7,470 |
| | 8 | 14,691 | 7,046 | 7,646 | 13,413 | 6,560 | 6,853 |
| | 9 | 15,028 | 7,334 | 7,694 | 13,231 | 6,557 | 6,675 |
| | 10 | 14,411 | 7,083 | 7,328 | 13,142 | 6,471 | 6,671 |
| | 11 | 14,654 | 7,315 | 7,339 | 11,849 | 5,855 | 5,994 |
| | 12 | 13,401 | 6,635 | 6,766 | 12,769 | 6,349 | 6,420 |
| | 13 | 13,704 | 6,759 | 6,946 | 11,861 | 5,993 | 5,868 |
| | 14 | 12,891 | 6,385 | 6,506 | 11,540 | 5,699 | 5,840 |
| | 15 | 12,441 | 6,202 | 6,239 | 11,296 | 5,595 | 5,701 |
| | 16 | 11,842 | 5,858 | 5,984 | 10,636 | 5,223 | 5,413 |
| | 17 | 11,838 | 5,779 | 6,059 | 9,981 | 4,925 | 5,055 |
| | 18 | 11,169 | 5,571 | 5,598 | 10,588 | 5,239 | 5,348 |
| | 19 | 10,251 | 5,080 | 5,170 | 10,097 | 5,000 | 5,096 |
| | 20 | 10,525 | 5,187 | 5,338 | 9,520 | 4,696 | 4,824 |
| | 21 | 9,288 | 4,547 | 4,741 | 9,157 | 4,666 | 4,491 |
| | 22 | 9,351 | 4,514 | 4,837 | 8,484 | 4,251 | 4,232 |
| | 23 | 8,862 | 4,185 | 4,677 | 8,046 | 4,042 | 4,004 |
| | 24 | 8,459 | 4,013 | 4,445 | 7,740 | 3,789 | 3,951 |
| | 25 | 8,441 | 3,939 | 4,502 | 7,533 | 3,612 | 3,921 |
| | 26 | 7,903 | 3,651 | 4,252 | 6,883 | 3,206 | 3,677 |
| | 27 | 7,734 | 3,464 | 4,271 | 6,618 | 3,020 | 3,598 |
| | 28 | 7,179 | 3,249 | 3,931 | 6,930 | 3,003 | 3,927 |
| | 29 | 6,910 | 3,089 | 3,820 | 6,151 | 2,671 | 3,481 |
| | 30 | 7,282 | 3,112 | 4,170 | 6,044 | 2,592 | 3,451 |
| | 31 | 6,146 | 2,599 | 3,546 | 5,841 | 2,608 | 3,233 |
| | 32 | 6,314 | 2,844 | 3,471 | 5,465 | 2,404 | 3,062 |
| | 33 | 6,277 | 2,813 | 3,463 | 5,107 | 2,302 | 2,805 |
| | 34 | 5,928 | 2,791 | 3,137 | 5,092 | 2,361 | 2,730 |
| | 35 | 6,109 | 2,830 | 3,279 | 4,924 | 2,366 | 2,558 |
| | 36 | 5,310 | 2,636 | 2,675 | 4,727 | 2,167 | 2,560 |
| | 37 | 5,367 | 2,650 | 2,717 | 4,135 | 1,957 | 2,178 |
| | 38 | 4,762 | 2,395 | 2,367 | 4,383 | 2,087 | 2,296 |
| | 39 | 4,418 | 2,213 | 2,206 | 3,854 | 1,859 | 1,994 |
| | 40 | 4,716 | 2,380 | 2,336 | 3,651 | 1,751 | 1,900 |
| | 41 | 3,594 | 1,894 | 1,700 | 3,582 | 1,771 | 1,811 |
| | 42 | 3,851 | 1,981 | 1,869 | 3,314 | 1,615 | 1,699 |
| | 43 | 3,410 | 1,727 | 1,684 | 3,044 | 1,446 | 1,598 |
| | 44 | 3,287 | 1,639 | 1,648 | 2,849 | 1,329 | 1,519 |
| | 45 | 3,741 | 1,827 | 1,914 | 2,807 | 1,335 | 1,472 |
| | 46 | 3,006 | 1,526 | 1,480 | 2,732 | 1,266 | 1,466 |
| | 47 | 3,226 | 1,645 | 1,582 | 2,350 | 1,102 | 1,247 |
| | 48 | 3,007 | 1,518 | 1,489 | 2,595 | 1,228 | 1,367 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2010 | 49 | 2,656 | 1,391 | 1,265 | 2,555 | 1,195 | 1,360 |
| | 50 | 3,254 | 1,580 | 1,675 | 2,270 | 1,123 | 1,146 |
| | 51 | 2,430 | 1,252 | 1,178 | 2,247 | 1,070 | 1,177 |
| | 52 | 2,533 | 1,318 | 1,215 | 2,017 | 952 | 1,065 |
| | 53 | 2,229 | 1,141 | 1,088 | 1,881 | 876 | 1,005 |
| | 54 | 2,016 | 1,047 | 969 | 1,776 | 808 | 968 |
| | 55 | 2,273 | 1,112 | 1,161 | 1,565 | 723 | 841 |
| | 56 | 1,783 | 913 | 870 | 1,642 | 757 | 885 |
| | 57 | 1,945 | 971 | 975 | 1,440 | 689 | 751 |
| | 58 | 1,734 | 883 | 851 | 1,643 | 769 | 875 |
| | 59 | 1,550 | 838 | 713 | 1,563 | 713 | 850 |
| | 60 | 1,930 | 975 | 955 | 1,490 | 730 | 760 |
| | 61 | 1,414 | 767 | 647 | 1,372 | 641 | 731 |
| | 62 | 1,375 | 763 | 612 | 1,189 | 543 | 646 |
| | 63 | 1,258 | 679 | 578 | 984 | 475 | 509 |
| | 64 | 975 | 561 | 414 | 877 | 448 | 429 |
| | 65 | 996 | 542 | 454 | 845 | 436 | 409 |
| | 66 | 819 | 485 | 334 | 761 | 361 | 400 |
| | 67 | 825 | 467 | 358 | 736 | 358 | 378 |
| | 68 | 812 | 448 | 364 | 851 | 399 | 452 |
| | 69 | 810 | 403 | 407 | 781 | 371 | 411 |
| | 70 | 954 | 451 | 503 | 741 | 374 | 367 |
| | 71 | 801 | 422 | 380 | 632 | 259 | 373 |
| | 72 | 665 | 342 | 323 | 658 | 308 | 350 |
| | 73 | 575 | 303 | 272 | 473 | 239 | 234 |
| | 74 | 489 | 270 | 218 | 489 | 228 | 260 |
| | 75 | 555 | 291 | 264 | 388 | 194 | 194 |
| | 76 | 406 | 204 | 202 | 411 | 222 | 189 |
| | 77 | 409 | 224 | 185 | 291 | 154 | 138 |
| | 78 | 361 | 189 | 172 | 360 | 180 | 180 |
| | 79 | 312 | 167 | 145 | 350 | 181 | 169 |
| | 80+ | 2,497 | 1,310 | 1,188 | 2,024 | 1,140 | 884 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2011 | All Ages | 557,668 | 273,817 | 283,851 | 499,587 | 243,328 | 256,259 |
| | 0 | 24,679 | 12,524 | 12,155 | 23,958 | 11,868 | 12,090 |
| | 1 | 23,284 | 11,613 | 11,671 | 23,032 | 11,498 | 11,533 |
| | 2 | 21,921 | 10,819 | 11,102 | 21,652 | 10,743 | 10,909 |
| | 3 | 22,803 | 11,309 | 11,494 | 19,685 | 9,665 | 10,021 |
| | 4 | 20,998 | 10,327 | 10,671 | 18,951 | 9,378 | 9,573 |
| | 5 | 20,291 | 10,110 | 10,182 | 17,655 | 8,695 | 8,960 |
| | 6 | 18,513 | 9,196 | 9,317 | 17,154 | 8,655 | 8,499 |
| | 7 | 18,041 | 9,003 | 9,038 | 15,601 | 7,717 | 7,884 |
| | 8 | 16,621 | 8,064 | 8,557 | 15,152 | 7,495 | 7,656 |
| | 9 | 14,988 | 7,266 | 7,723 | 13,173 | 6,486 | 6,688 |
| | 10 | 14,564 | 7,130 | 7,434 | 13,258 | 6,503 | 6,755 |
| | 11 | 14,923 | 7,432 | 7,491 | 12,046 | 5,939 | 6,107 |
| | 12 | 13,701 | 6,774 | 6,927 | 13,027 | 6,469 | 6,558 |
| | 13 | 13,996 | 6,895 | 7,101 | 12,091 | 6,103 | 5,988 |
| | 14 | 13,312 | 6,590 | 6,722 | 11,893 | 5,872 | 6,022 |
| | 15 | 12,843 | 6,396 | 6,447 | 11,637 | 5,758 | 5,879 |
| | 16 | 12,215 | 6,031 | 6,184 | 10,949 | 5,366 | 5,583 |
| | 17 | 12,202 | 5,941 | 6,261 | 10,267 | 5,053 | 5,214 |
| | 18 | 11,509 | 5,725 | 5,784 | 10,888 | 5,373 | 5,515 |
| | 19 | 10,581 | 5,235 | 5,346 | 10,400 | 5,142 | 5,258 |
| | 20 | 10,881 | 5,369 | 5,512 | 9,820 | 4,849 | 4,971 |
| | 21 | 9,625 | 4,737 | 4,888 | 9,470 | 4,851 | 4,619 |
| | 22 | 9,720 | 4,730 | 4,990 | 8,800 | 4,443 | 4,356 |
| | 23 | 9,195 | 4,392 | 4,802 | 8,334 | 4,232 | 4,102 |
| | 24 | 8,766 | 4,207 | 4,559 | 8,006 | 3,963 | 4,043 |
| | 25 | 8,739 | 4,139 | 4,600 | 7,785 | 3,786 | 3,999 |
| | 26 | 8,167 | 3,844 | 4,323 | 7,097 | 3,367 | 3,730 |
| | 27 | 7,986 | 3,651 | 4,335 | 6,819 | 3,176 | 3,644 |
| | 28 | 7,414 | 3,440 | 3,974 | 7,133 | 3,171 | 3,962 |
| | 29 | 7,132 | 3,264 | 3,868 | 6,331 | 2,815 | 3,516 |
| | 30 | 7,499 | 3,246 | 4,253 | 6,212 | 2,699 | 3,513 |
| | 31 | 6,318 | 2,659 | 3,659 | 5,991 | 2,662 | 3,329 |
| | 32 | 6,484 | 2,866 | 3,618 | 5,601 | 2,417 | 3,184 |
| | 33 | 6,431 | 2,811 | 3,620 | 5,221 | 2,296 | 2,925 |
| | 34 | 6,076 | 2,798 | 3,277 | 5,209 | 2,362 | 2,847 |
| | 35 | 6,308 | 2,867 | 3,441 | 5,071 | 2,392 | 2,679 |
| | 36 | 5,538 | 2,718 | 2,820 | 4,923 | 2,230 | 2,693 |
| | 37 | 5,641 | 2,773 | 2,868 | 4,339 | 2,044 | 2,295 |
| | 38 | 5,043 | 2,517 | 2,526 | 4,634 | 2,189 | 2,444 |
| | 39 | 4,673 | 2,318 | 2,355 | 4,067 | 1,943 | 2,124 |
| | 40 | 4,970 | 2,495 | 2,475 | 3,843 | 1,833 | 2,010 |
| | 41 | 3,761 | 1,984 | 1,777 | 3,741 | 1,851 | 1,890 |
| | 42 | 3,999 | 2,073 | 1,926 | 3,433 | 1,687 | 1,746 |
| | 43 | 3,550 | 1,814 | 1,736 | 3,161 | 1,516 | 1,645 |
| | 44 | 3,422 | 1,722 | 1,700 | 2,958 | 1,394 | 1,564 |
| | 45 | 3,872 | 1,901 | 1,970 | 2,900 | 1,387 | 1,513 |
| | 46 | 3,089 | 1,566 | 1,524 | 2,803 | 1,297 | 1,507 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2011 | | | | | | | |
| | 47 | 3,292 | 1,668 | 1,623 | 2,394 | 1,116 | 1,278 |
| | 48 | 3,060 | 1,529 | 1,530 | 2,637 | 1,234 | 1,402 |
| | 49 | 2,700 | 1,403 | 1,297 | 2,594 | 1,203 | 1,392 |
| | 50 | 3,341 | 1,612 | 1,730 | 2,326 | 1,144 | 1,182 |
| | 51 | 2,535 | 1,303 | 1,231 | 2,340 | 1,112 | 1,227 |
| | 52 | 2,676 | 1,396 | 1,280 | 2,126 | 1,006 | 1,120 |
| | 53 | 2,379 | 1,221 | 1,158 | 2,003 | 936 | 1,067 |
| | 54 | 2,142 | 1,114 | 1,028 | 1,883 | 858 | 1,025 |
| | 55 | 2,382 | 1,165 | 1,217 | 1,637 | 757 | 881 |
| | 56 | 1,825 | 930 | 895 | 1,677 | 769 | 908 |
| | 57 | 1,953 | 967 | 986 | 1,445 | 685 | 759 |
| | 58 | 1,724 | 871 | 853 | 1,631 | 757 | 875 |
| | 59 | 1,546 | 829 | 717 | 1,557 | 704 | 853 |
| | 60 | 1,971 | 987 | 984 | 1,519 | 737 | 781 |
| | 61 | 1,499 | 805 | 694 | 1,454 | 672 | 782 |
| | 62 | 1,506 | 826 | 680 | 1,302 | 587 | 716 |
| | 63 | 1,416 | 752 | 664 | 1,108 | 525 | 583 |
| | 64 | 1,087 | 614 | 473 | 979 | 490 | 489 |
| | 65 | 1,078 | 581 | 498 | 914 | 467 | 448 |
| | 66 | 832 | 495 | 336 | 769 | 368 | 401 |
| | 67 | 796 | 459 | 337 | 706 | 351 | 355 |
| | 68 | 768 | 434 | 335 | 801 | 385 | 416 |
| | 69 | 769 | 390 | 379 | 740 | 358 | 381 |
| | 70 | 930 | 444 | 486 | 721 | 367 | 353 |
| | 71 | 814 | 427 | 387 | 641 | 261 | 380 |
| | 72 | 701 | 356 | 345 | 692 | 320 | 373 |
| | 73 | 615 | 318 | 297 | 506 | 250 | 256 |
| | 74 | 511 | 277 | 233 | 511 | 234 | 277 |
| | 75 | 573 | 295 | 278 | 400 | 196 | 203 |
| | 76 | 406 | 203 | 203 | 410 | 220 | 190 |
| | 77 | 399 | 219 | 180 | 284 | 150 | 133 |
| | 78 | 348 | 183 | 165 | 346 | 174 | 172 |
| | 79 | 296 | 159 | 137 | 331 | 172 | 159 |
| | 80+ | 2,516 | 1,304 | 1,212 | 2,033 | 1,134 | 900 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2012 | All Ages | 577,901 | 283,891 | 294,010 | 516,750 | 251,832 | 264,918 |
| | 0 | 25,479 | 12,931 | 12,548 | 24,697 | 12,234 | 12,463 |
| | 1 | 24,109 | 12,024 | 12,085 | 23,802 | 11,883 | 11,919 |
| | 2 | 22,686 | 11,197 | 11,489 | 22,372 | 11,100 | 11,272 |
| | 3 | 23,658 | 11,733 | 11,926 | 20,392 | 10,011 | 10,381 |
| | 4 | 21,808 | 10,725 | 11,083 | 19,653 | 9,725 | 9,928 |
| | 5 | 21,109 | 10,516 | 10,592 | 18,336 | 9,031 | 9,305 |
| | 6 | 19,284 | 9,579 | 9,705 | 17,840 | 9,001 | 8,838 |
| | 7 | 18,985 | 9,487 | 9,498 | 16,391 | 8,119 | 8,272 |
| | 8 | 17,601 | 8,552 | 9,050 | 16,019 | 7,936 | 8,084 |
| | 9 | 16,954 | 8,313 | 8,641 | 14,879 | 7,409 | 7,470 |
| | 10 | 14,527 | 7,065 | 7,462 | 13,203 | 6,433 | 6,769 |
| | 11 | 15,080 | 7,481 | 7,599 | 12,153 | 5,969 | 6,184 |
| | 12 | 13,960 | 6,885 | 7,074 | 13,245 | 6,563 | 6,682 |
| | 13 | 14,304 | 7,037 | 7,267 | 12,335 | 6,219 | 6,117 |
| | 14 | 13,598 | 6,723 | 6,874 | 12,126 | 5,980 | 6,146 |
| | 15 | 13,263 | 6,602 | 6,661 | 11,995 | 5,933 | 6,062 |
| | 16 | 12,611 | 6,220 | 6,391 | 11,281 | 5,523 | 5,758 |
| | 17 | 12,588 | 6,117 | 6,471 | 10,571 | 5,192 | 5,379 |
| | 18 | 11,866 | 5,887 | 5,979 | 11,202 | 5,513 | 5,689 |
| | 19 | 10,905 | 5,380 | 5,525 | 10,695 | 5,273 | 5,422 |
| | 20 | 11,234 | 5,534 | 5,700 | 10,116 | 4,987 | 5,128 |
| | 21 | 9,952 | 4,903 | 5,049 | 9,771 | 5,011 | 4,760 |
| | 22 | 10,073 | 4,928 | 5,145 | 9,101 | 4,619 | 4,482 |
| | 23 | 9,560 | 4,602 | 4,958 | 8,649 | 4,423 | 4,226 |
| | 24 | 9,094 | 4,416 | 4,677 | 8,290 | 4,150 | 4,140 |
| | 25 | 9,055 | 4,339 | 4,716 | 8,051 | 3,960 | 4,091 |
| | 26 | 8,453 | 4,038 | 4,415 | 7,329 | 3,529 | 3,801 |
| | 27 | 8,249 | 3,844 | 4,405 | 7,031 | 3,336 | 3,694 |
| | 28 | 7,660 | 3,627 | 4,033 | 7,347 | 3,334 | 4,013 |
| | 29 | 7,364 | 3,456 | 3,908 | 6,519 | 2,974 | 3,545 |
| | 30 | 7,730 | 3,428 | 4,302 | 6,392 | 2,846 | 3,547 |
| | 31 | 6,505 | 2,774 | 3,731 | 6,157 | 2,771 | 3,386 |
| | 32 | 6,663 | 2,932 | 3,731 | 5,743 | 2,467 | 3,276 |
| | 33 | 6,606 | 2,833 | 3,773 | 5,350 | 2,309 | 3,041 |
| | 34 | 6,219 | 2,796 | 3,423 | 5,323 | 2,355 | 2,968 |
| | 35 | 6,463 | 2,873 | 3,591 | 5,182 | 2,391 | 2,791 |
| | 36 | 5,711 | 2,754 | 2,957 | 5,073 | 2,254 | 2,819 |
| | 37 | 5,879 | 2,858 | 3,021 | 4,516 | 2,103 | 2,413 |
| | 38 | 5,297 | 2,634 | 2,663 | 4,857 | 2,286 | 2,572 |
| | 39 | 4,948 | 2,436 | 2,512 | 4,299 | 2,038 | 2,261 |
| | 40 | 5,254 | 2,613 | 2,641 | 4,058 | 1,916 | 2,142 |
| | 41 | 3,964 | 2,081 | 1,882 | 3,935 | 1,937 | 1,998 |
| | 42 | 4,184 | 2,172 | 2,012 | 3,585 | 1,763 | 1,821 |
| | 43 | 3,681 | 1,897 | 1,784 | 3,271 | 1,583 | 1,688 |
| | 44 | 3,562 | 1,809 | 1,753 | 3,071 | 1,462 | 1,609 |
| | 45 | 4,029 | 1,997 | 2,031 | 3,012 | 1,454 | 1,557 |
| | 46 | 3,198 | 1,630 | 1,569 | 2,896 | 1,347 | 1,548 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2012 | | | | | | | |
| | 47 | 3,382 | 1,712 | 1,670 | 2,456 | 1,143 | 1,313 |
| | 48 | 3,120 | 1,552 | 1,568 | 2,685 | 1,250 | 1,435 |
| | 49 | 2,746 | 1,413 | 1,334 | 2,637 | 1,209 | 1,428 |
| | 50 | 3,398 | 1,624 | 1,773 | 2,362 | 1,152 | 1,210 |
| | 51 | 2,603 | 1,330 | 1,273 | 2,399 | 1,133 | 1,266 |
| | 52 | 2,792 | 1,454 | 1,338 | 2,215 | 1,046 | 1,168 |
| | 53 | 2,513 | 1,293 | 1,220 | 2,111 | 989 | 1,122 |
| | 54 | 2,288 | 1,193 | 1,094 | 2,006 | 917 | 1,089 |
| | 55 | 2,530 | 1,240 | 1,291 | 1,736 | 804 | 933 |
| | 56 | 1,914 | 975 | 939 | 1,755 | 805 | 951 |
| | 57 | 1,999 | 985 | 1,014 | 1,477 | 697 | 780 |
| | 58 | 1,732 | 868 | 864 | 1,637 | 753 | 884 |
| | 59 | 1,536 | 817 | 719 | 1,547 | 693 | 853 |
| | 60 | 1,966 | 977 | 989 | 1,513 | 729 | 784 |
| | 61 | 1,531 | 815 | 716 | 1,483 | 679 | 804 |
| | 62 | 1,596 | 867 | 729 | 1,381 | 615 | 766 |
| | 63 | 1,552 | 814 | 738 | 1,214 | 567 | 647 |
| | 64 | 1,223 | 680 | 543 | 1,102 | 541 | 561 |
| | 65 | 1,205 | 637 | 568 | 1,021 | 511 | 510 |
| | 66 | 900 | 531 | 369 | 833 | 394 | 439 |
| | 67 | 808 | 468 | 339 | 714 | 358 | 356 |
| | 68 | 741 | 426 | 315 | 767 | 377 | 390 |
| | 69 | 727 | 378 | 349 | 696 | 346 | 350 |
| | 70 | 882 | 430 | 452 | 684 | 355 | 328 |
| | 71 | 795 | 421 | 374 | 623 | 257 | 366 |
| | 72 | 714 | 361 | 353 | 703 | 324 | 380 |
| | 73 | 647 | 331 | 317 | 532 | 260 | 272 |
| | 74 | 547 | 291 | 255 | 548 | 245 | 302 |
| | 75 | 599 | 303 | 297 | 418 | 202 | 217 |
| | 76 | 419 | 206 | 213 | 421 | 223 | 199 |
| | 77 | 398 | 217 | 181 | 283 | 149 | 134 |
| | 78 | 339 | 179 | 160 | 336 | 170 | 166 |
| | 79 | 285 | 154 | 131 | 317 | 166 | 152 |
| | 80+ | 2,515 | 1,292 | 1,224 | 2,026 | 1,120 | 906 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2013 | All Ages | 598,781 | 294,314 | 304,467 | 534,507 | 260,647 | 273,861 |
| | 0 | 26,323 | 13,360 | 12,963 | 25,476 | 12,621 | 12,855 |
| | 1 | 24,915 | 12,427 | 12,488 | 24,552 | 12,258 | 12,294 |
| | 2 | 23,496 | 11,598 | 11,898 | 23,135 | 11,478 | 11,657 |
| | 3 | 24,491 | 12,146 | 12,345 | 21,077 | 10,348 | 10,729 |
| | 4 | 22,631 | 11,130 | 11,501 | 20,365 | 10,077 | 10,288 |
| | 5 | 21,929 | 10,925 | 11,004 | 19,019 | 9,368 | 9,651 |
| | 6 | 20,063 | 9,966 | 10,097 | 18,530 | 9,350 | 9,180 |
| | 7 | 19,780 | 9,885 | 9,895 | 17,048 | 8,445 | 8,603 |
| | 8 | 18,524 | 9,012 | 9,512 | 16,832 | 8,349 | 8,483 |
| | 9 | 17,957 | 8,817 | 9,140 | 15,735 | 7,847 | 7,888 |
| | 10 | 16,425 | 8,080 | 8,345 | 14,904 | 7,346 | 7,558 |
| | 11 | 15,040 | 7,413 | 7,627 | 12,102 | 5,905 | 6,197 |
| | 12 | 14,114 | 6,934 | 7,180 | 13,365 | 6,597 | 6,767 |
| | 13 | 14,571 | 7,152 | 7,419 | 12,543 | 6,309 | 6,234 |
| | 14 | 13,897 | 6,862 | 7,035 | 12,371 | 6,092 | 6,278 |
| | 15 | 13,549 | 6,737 | 6,812 | 12,230 | 6,042 | 6,188 |
| | 16 | 13,025 | 6,422 | 6,603 | 11,629 | 5,691 | 5,938 |
| | 17 | 12,995 | 6,308 | 6,687 | 10,893 | 5,345 | 5,548 |
| | 18 | 12,244 | 6,064 | 6,181 | 11,536 | 5,667 | 5,869 |
| | 19 | 11,244 | 5,531 | 5,713 | 11,005 | 5,411 | 5,594 |
| | 20 | 11,579 | 5,688 | 5,891 | 10,403 | 5,114 | 5,289 |
| | 21 | 10,274 | 5,053 | 5,222 | 10,067 | 5,155 | 4,912 |
| | 22 | 10,417 | 5,102 | 5,314 | 9,390 | 4,771 | 4,619 |
| | 23 | 9,907 | 4,795 | 5,111 | 8,945 | 4,598 | 4,347 |
| | 24 | 9,462 | 4,628 | 4,835 | 8,609 | 4,339 | 4,271 |
| | 25 | 9,390 | 4,555 | 4,836 | 8,334 | 4,147 | 4,187 |
| | 26 | 8,755 | 4,233 | 4,522 | 7,574 | 3,690 | 3,884 |
| | 27 | 8,535 | 4,039 | 4,496 | 7,259 | 3,497 | 3,762 |
| | 28 | 7,914 | 3,818 | 4,096 | 7,568 | 3,502 | 4,066 |
| | 29 | 7,610 | 3,642 | 3,968 | 6,718 | 3,127 | 3,591 |
| | 30 | 7,971 | 3,628 | 4,343 | 6,580 | 3,006 | 3,573 |
| | 31 | 6,702 | 2,930 | 3,773 | 6,338 | 2,921 | 3,417 |
| | 32 | 6,859 | 3,059 | 3,800 | 5,898 | 2,568 | 3,330 |
| | 33 | 6,785 | 2,898 | 3,887 | 5,483 | 2,356 | 3,127 |
| | 34 | 6,383 | 2,819 | 3,564 | 5,454 | 2,369 | 3,085 |
| | 35 | 6,615 | 2,869 | 3,745 | 5,290 | 2,383 | 2,906 |
| | 36 | 5,844 | 2,760 | 3,084 | 5,187 | 2,253 | 2,935 |
| | 37 | 6,058 | 2,893 | 3,165 | 4,649 | 2,125 | 2,523 |
| | 38 | 5,518 | 2,714 | 2,804 | 5,052 | 2,351 | 2,701 |
| | 39 | 5,192 | 2,548 | 2,644 | 4,501 | 2,127 | 2,374 |
| | 40 | 5,562 | 2,746 | 2,816 | 4,290 | 2,010 | 2,280 |
| | 41 | 4,188 | 2,180 | 2,008 | 4,153 | 2,025 | 2,128 |
| | 42 | 4,407 | 2,277 | 2,130 | 3,770 | 1,845 | 1,925 |
| | 43 | 3,850 | 1,986 | 1,863 | 3,414 | 1,656 | 1,759 |
| | 44 | 3,691 | 1,892 | 1,798 | 3,173 | 1,526 | 1,647 |
| | 45 | 4,192 | 2,098 | 2,094 | 3,128 | 1,525 | 1,602 |
| | 46 | 3,329 | 1,712 | 1,617 | 3,006 | 1,413 | 1,593 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2013 | | | | | | | |
| | 47 | 3,501 | 1,782 | 1,718 | 2,537 | 1,188 | 1,349 |
| | 48 | 3,206 | 1,592 | 1,613 | 2,754 | 1,280 | 1,473 |
| | 49 | 2,798 | 1,433 | 1,365 | 2,682 | 1,224 | 1,458 |
| | 50 | 3,459 | 1,636 | 1,823 | 2,400 | 1,158 | 1,242 |
| | 51 | 2,646 | 1,340 | 1,306 | 2,436 | 1,140 | 1,296 |
| | 52 | 2,866 | 1,484 | 1,382 | 2,271 | 1,066 | 1,205 |
| | 53 | 2,622 | 1,347 | 1,276 | 2,198 | 1,028 | 1,170 |
| | 54 | 2,415 | 1,263 | 1,152 | 2,113 | 969 | 1,144 |
| | 55 | 2,700 | 1,328 | 1,373 | 1,850 | 859 | 990 |
| | 56 | 2,035 | 1,038 | 997 | 1,861 | 855 | 1,007 |
| | 57 | 2,095 | 1,033 | 1,062 | 1,546 | 730 | 816 |
| | 58 | 1,774 | 885 | 889 | 1,673 | 766 | 907 |
| | 59 | 1,543 | 815 | 728 | 1,553 | 690 | 862 |
| | 60 | 1,954 | 963 | 991 | 1,502 | 718 | 785 |
| | 61 | 1,527 | 807 | 720 | 1,478 | 672 | 806 |
| | 62 | 1,630 | 878 | 752 | 1,410 | 621 | 789 |
| | 63 | 1,647 | 855 | 792 | 1,288 | 595 | 693 |
| | 64 | 1,340 | 737 | 603 | 1,206 | 585 | 621 |
| | 65 | 1,358 | 705 | 653 | 1,150 | 565 | 585 |
| | 66 | 1,004 | 582 | 422 | 932 | 432 | 500 |
| | 67 | 875 | 503 | 372 | 773 | 384 | 390 |
| | 68 | 752 | 436 | 317 | 777 | 385 | 392 |
| | 69 | 699 | 371 | 329 | 668 | 340 | 329 |
| | 70 | 832 | 416 | 416 | 645 | 344 | 302 |
| | 71 | 757 | 407 | 349 | 588 | 248 | 340 |
| | 72 | 696 | 355 | 341 | 684 | 318 | 366 |
| | 73 | 658 | 335 | 323 | 540 | 263 | 277 |
| | 74 | 576 | 303 | 273 | 577 | 255 | 322 |
| | 75 | 643 | 318 | 325 | 448 | 211 | 237 |
| | 76 | 440 | 212 | 228 | 441 | 229 | 212 |
| | 77 | 411 | 221 | 190 | 291 | 151 | 140 |
| | 78 | 339 | 178 | 161 | 335 | 169 | 167 |
| | 79 | 278 | 150 | 127 | 309 | 162 | 147 |
| | 80+ | 2,503 | 1,276 | 1,227 | 2,010 | 1,104 | 906 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2014 | All Ages | 620,390 | 305,142 | 315,248 | 552,686 | 269,670 | 283,017 |
| | 0 | 27,146 | 13,778 | 13,368 | 26,232 | 12,996 | 13,237 |
| | 1 | 25,765 | 12,852 | 12,914 | 25,343 | 12,654 | 12,689 |
| | 2 | 24,288 | 11,991 | 12,297 | 23,879 | 11,847 | 12,032 |
| | 3 | 25,373 | 12,583 | 12,789 | 21,803 | 10,704 | 11,099 |
| | 4 | 23,432 | 11,526 | 11,907 | 21,055 | 10,419 | 10,637 |
| | 5 | 22,765 | 11,342 | 11,423 | 19,713 | 9,711 | 10,002 |
| | 6 | 20,845 | 10,355 | 10,490 | 19,222 | 9,699 | 9,522 |
| | 7 | 20,580 | 10,285 | 10,295 | 17,709 | 8,772 | 8,937 |
| | 8 | 19,300 | 9,389 | 9,911 | 17,509 | 8,684 | 8,825 |
| | 9 | 18,901 | 9,292 | 9,609 | 16,536 | 8,257 | 8,279 |
| | 10 | 17,400 | 8,572 | 8,828 | 15,763 | 7,781 | 7,982 |
| | 11 | 16,998 | 8,473 | 8,525 | 13,654 | 6,739 | 6,915 |
| | 12 | 14,083 | 6,873 | 7,210 | 13,308 | 6,527 | 6,781 |
| | 13 | 14,729 | 7,202 | 7,527 | 12,656 | 6,342 | 6,314 |
| | 14 | 14,159 | 6,975 | 7,184 | 12,581 | 6,182 | 6,399 |
| | 15 | 13,846 | 6,876 | 6,970 | 12,473 | 6,154 | 6,319 |
| | 16 | 13,306 | 6,552 | 6,754 | 11,857 | 5,795 | 6,062 |
| | 17 | 13,422 | 6,513 | 6,909 | 11,230 | 5,507 | 5,722 |
| | 18 | 12,644 | 6,256 | 6,389 | 11,889 | 5,834 | 6,055 |
| | 19 | 11,604 | 5,697 | 5,907 | 11,334 | 5,562 | 5,772 |
| | 20 | 11,941 | 5,849 | 6,092 | 10,705 | 5,247 | 5,457 |
| | 21 | 10,590 | 5,193 | 5,398 | 10,354 | 5,288 | 5,066 |
| | 22 | 10,757 | 5,260 | 5,497 | 9,675 | 4,907 | 4,767 |
| | 23 | 10,243 | 4,965 | 5,278 | 9,229 | 4,749 | 4,480 |
| | 24 | 9,806 | 4,822 | 4,984 | 8,904 | 4,510 | 4,393 |
| | 25 | 9,779 | 4,773 | 5,005 | 8,661 | 4,336 | 4,326 |
| | 26 | 9,077 | 4,443 | 4,634 | 7,835 | 3,865 | 3,971 |
| | 27 | 8,836 | 4,234 | 4,602 | 7,500 | 3,658 | 3,842 |
| | 28 | 8,189 | 4,012 | 4,177 | 7,810 | 3,671 | 4,139 |
| | 29 | 7,861 | 3,834 | 4,027 | 6,923 | 3,285 | 3,637 |
| | 30 | 8,232 | 3,822 | 4,410 | 6,783 | 3,161 | 3,622 |
| | 31 | 6,909 | 3,101 | 3,808 | 6,527 | 3,085 | 3,441 |
| | 32 | 7,073 | 3,232 | 3,841 | 6,065 | 2,706 | 3,358 |
| | 33 | 6,979 | 3,021 | 3,958 | 5,628 | 2,452 | 3,176 |
| | 34 | 6,552 | 2,882 | 3,670 | 5,588 | 2,418 | 3,170 |
| | 35 | 6,791 | 2,893 | 3,898 | 5,417 | 2,397 | 3,020 |
| | 36 | 5,972 | 2,756 | 3,216 | 5,299 | 2,245 | 3,054 |
| | 37 | 6,195 | 2,897 | 3,298 | 4,749 | 2,124 | 2,625 |
| | 38 | 5,683 | 2,747 | 2,936 | 5,197 | 2,374 | 2,823 |
| | 39 | 5,406 | 2,625 | 2,781 | 4,678 | 2,186 | 2,492 |
| | 40 | 5,828 | 2,871 | 2,957 | 4,489 | 2,099 | 2,391 |
| | 41 | 4,434 | 2,292 | 2,142 | 4,389 | 2,124 | 2,265 |
| | 42 | 4,657 | 2,385 | 2,273 | 3,978 | 1,929 | 2,049 |
| | 43 | 4,055 | 2,082 | 1,972 | 3,591 | 1,733 | 1,859 |
| | 44 | 3,859 | 1,982 | 1,877 | 3,311 | 1,595 | 1,716 |
| | 45 | 4,336 | 2,194 | 2,142 | 3,229 | 1,592 | 1,637 |
| | 46 | 3,465 | 1,798 | 1,667 | 3,120 | 1,481 | 1,639 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2014 | | | | | | | |
| | 47 | 3,644 | 1,873 | 1,771 | 2,634 | 1,246 | 1,388 |
| | 48 | 3,318 | 1,658 | 1,660 | 2,843 | 1,330 | 1,513 |
| | 49 | 2,874 | 1,471 | 1,404 | 2,751 | 1,254 | 1,497 |
| | 50 | 3,521 | 1,660 | 1,861 | 2,439 | 1,173 | 1,266 |
| | 51 | 2,693 | 1,349 | 1,344 | 2,477 | 1,147 | 1,330 |
| | 52 | 2,914 | 1,495 | 1,419 | 2,307 | 1,072 | 1,234 |
| | 53 | 2,692 | 1,374 | 1,318 | 2,254 | 1,047 | 1,207 |
| | 54 | 2,520 | 1,316 | 1,204 | 2,200 | 1,007 | 1,193 |
| | 55 | 2,848 | 1,404 | 1,443 | 1,947 | 908 | 1,039 |
| | 56 | 2,173 | 1,112 | 1,061 | 1,983 | 914 | 1,069 |
| | 57 | 2,227 | 1,100 | 1,127 | 1,640 | 776 | 865 |
| | 58 | 1,861 | 928 | 933 | 1,751 | 801 | 950 |
| | 59 | 1,580 | 831 | 749 | 1,588 | 703 | 885 |
| | 60 | 1,963 | 960 | 1,003 | 1,507 | 715 | 793 |
| | 61 | 1,518 | 795 | 723 | 1,468 | 662 | 806 |
| | 62 | 1,626 | 869 | 757 | 1,406 | 615 | 791 |
| | 63 | 1,682 | 866 | 816 | 1,314 | 601 | 713 |
| | 64 | 1,421 | 774 | 647 | 1,279 | 614 | 666 |
| | 65 | 1,489 | 764 | 725 | 1,260 | 611 | 649 |
| | 66 | 1,130 | 645 | 485 | 1,051 | 477 | 574 |
| | 67 | 977 | 551 | 426 | 864 | 420 | 445 |
| | 68 | 814 | 467 | 347 | 841 | 412 | 429 |
| | 69 | 711 | 380 | 331 | 677 | 347 | 330 |
| | 70 | 801 | 409 | 392 | 621 | 337 | 283 |
| | 71 | 716 | 395 | 322 | 552 | 240 | 312 |
| | 72 | 662 | 344 | 318 | 648 | 307 | 340 |
| | 73 | 643 | 330 | 312 | 526 | 259 | 267 |
| | 74 | 586 | 307 | 279 | 586 | 258 | 328 |
| | 75 | 677 | 330 | 347 | 472 | 219 | 252 |
| | 76 | 472 | 222 | 250 | 472 | 240 | 232 |
| | 77 | 431 | 227 | 204 | 304 | 155 | 149 |
| | 78 | 350 | 181 | 169 | 346 | 171 | 175 |
| | 79 | 279 | 150 | 128 | 309 | 161 | 148 |
| | 80+ | 2,484 | 1,259 | 1,226 | 1,990 | 1,088 | 902 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2015 | All Ages | 642,654 | 316,277 | 326,377 | 571,540 | 279,030 | 292,510 |
| | 0 | 28,029 | 14,227 | 13,802 | 27,043 | 13,397 | 13,645 |
| | 1 | 26,597 | 13,268 | 13,330 | 26,111 | 13,038 | 13,073 |
| | 2 | 25,125 | 12,407 | 12,718 | 24,662 | 12,236 | 12,426 |
| | 3 | 26,236 | 13,013 | 13,223 | 22,509 | 11,052 | 11,457 |
| | 4 | 24,282 | 11,945 | 12,337 | 21,786 | 10,780 | 11,006 |
| | 5 | 23,579 | 11,749 | 11,830 | 20,384 | 10,043 | 10,341 |
| | 6 | 21,641 | 10,751 | 10,890 | 19,922 | 10,053 | 9,869 |
| | 7 | 21,385 | 10,687 | 10,698 | 18,370 | 9,100 | 9,270 |
| | 8 | 20,084 | 9,770 | 10,314 | 18,189 | 9,021 | 9,168 |
| | 9 | 19,695 | 9,682 | 10,013 | 17,202 | 8,590 | 8,612 |
| | 10 | 18,316 | 9,036 | 9,281 | 16,565 | 8,188 | 8,377 |
| | 11 | 18,009 | 8,990 | 9,019 | 14,442 | 7,139 | 7,303 |
| | 12 | 15,912 | 7,854 | 8,058 | 15,006 | 7,444 | 7,562 |
| | 13 | 14,695 | 7,138 | 7,556 | 12,602 | 6,275 | 6,327 |
| | 14 | 14,315 | 7,024 | 7,291 | 12,695 | 6,214 | 6,481 |
| | 15 | 14,108 | 6,990 | 7,118 | 12,684 | 6,244 | 6,440 |
| | 16 | 13,596 | 6,686 | 6,910 | 12,091 | 5,901 | 6,190 |
| | 17 | 13,712 | 6,645 | 7,067 | 11,450 | 5,608 | 5,842 |
| | 18 | 13,062 | 6,460 | 6,602 | 12,256 | 6,012 | 6,244 |
| | 19 | 11,985 | 5,877 | 6,108 | 11,680 | 5,726 | 5,955 |
| | 20 | 12,324 | 6,025 | 6,299 | 11,024 | 5,393 | 5,631 |
| | 21 | 10,923 | 5,340 | 5,583 | 10,654 | 5,426 | 5,228 |
| | 22 | 11,090 | 5,407 | 5,683 | 9,950 | 5,032 | 4,917 |
| | 23 | 10,578 | 5,118 | 5,459 | 9,507 | 4,884 | 4,623 |
| | 24 | 10,140 | 4,993 | 5,147 | 9,187 | 4,659 | 4,528 |
| | 25 | 10,135 | 4,974 | 5,161 | 8,958 | 4,507 | 4,451 |
| | 26 | 9,459 | 4,655 | 4,803 | 8,146 | 4,040 | 4,106 |
| | 27 | 9,159 | 4,444 | 4,714 | 7,758 | 3,831 | 3,927 |
| | 28 | 8,480 | 4,206 | 4,274 | 8,064 | 3,838 | 4,226 |
| | 29 | 8,135 | 4,028 | 4,107 | 7,145 | 3,444 | 3,701 |
| | 30 | 8,497 | 4,023 | 4,474 | 6,989 | 3,321 | 3,668 |
| | 31 | 7,137 | 3,266 | 3,871 | 6,732 | 3,242 | 3,490 |
| | 32 | 7,298 | 3,421 | 3,877 | 6,241 | 2,858 | 3,382 |
| | 33 | 7,191 | 3,191 | 4,000 | 5,787 | 2,584 | 3,203 |
| | 34 | 6,741 | 3,006 | 3,735 | 5,736 | 2,516 | 3,220 |
| | 35 | 6,970 | 2,957 | 4,012 | 5,548 | 2,445 | 3,102 |
| | 36 | 6,129 | 2,780 | 3,349 | 5,432 | 2,259 | 3,174 |
| | 37 | 6,328 | 2,890 | 3,438 | 4,846 | 2,116 | 2,731 |
| | 38 | 5,809 | 2,748 | 3,061 | 5,307 | 2,371 | 2,936 |
| | 39 | 5,566 | 2,654 | 2,912 | 4,808 | 2,205 | 2,603 |
| | 40 | 6,065 | 2,955 | 3,110 | 4,667 | 2,157 | 2,510 |
| | 41 | 4,642 | 2,396 | 2,246 | 4,586 | 2,215 | 2,371 |
| | 42 | 4,930 | 2,506 | 2,424 | 4,205 | 2,023 | 2,182 |
| | 43 | 4,283 | 2,180 | 2,103 | 3,790 | 1,811 | 1,979 |
| | 44 | 4,065 | 2,077 | 1,988 | 3,481 | 1,668 | 1,813 |
| | 45 | 4,532 | 2,297 | 2,235 | 3,369 | 1,663 | 1,706 |
| | 46 | 3,581 | 1,877 | 1,704 | 3,216 | 1,544 | 1,671 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2015 | | | | | | | |
| | 47 | 3,791 | 1,966 | 1,825 | 2,734 | 1,305 | 1,429 |
| | 48 | 3,454 | 1,741 | 1,713 | 2,952 | 1,394 | 1,558 |
| | 49 | 2,975 | 1,530 | 1,445 | 2,840 | 1,302 | 1,538 |
| | 50 | 3,615 | 1,701 | 1,914 | 2,501 | 1,200 | 1,300 |
| | 51 | 2,737 | 1,367 | 1,370 | 2,513 | 1,160 | 1,353 |
| | 52 | 2,964 | 1,505 | 1,459 | 2,344 | 1,077 | 1,267 |
| | 53 | 2,737 | 1,384 | 1,353 | 2,288 | 1,053 | 1,236 |
| | 54 | 2,586 | 1,342 | 1,244 | 2,256 | 1,024 | 1,231 |
| | 55 | 2,968 | 1,461 | 1,507 | 2,027 | 943 | 1,084 |
| | 56 | 2,292 | 1,176 | 1,115 | 2,085 | 965 | 1,120 |
| | 57 | 2,376 | 1,178 | 1,198 | 1,747 | 829 | 918 |
| | 58 | 1,978 | 988 | 990 | 1,856 | 851 | 1,005 |
| | 59 | 1,658 | 871 | 787 | 1,662 | 735 | 927 |
| | 60 | 2,010 | 979 | 1,032 | 1,541 | 727 | 814 |
| | 61 | 1,524 | 793 | 732 | 1,472 | 659 | 813 |
| | 62 | 1,617 | 857 | 759 | 1,397 | 605 | 792 |
| | 63 | 1,678 | 857 | 821 | 1,310 | 594 | 716 |
| | 64 | 1,452 | 784 | 668 | 1,306 | 621 | 685 |
| | 65 | 1,581 | 802 | 779 | 1,337 | 641 | 696 |
| | 66 | 1,238 | 699 | 539 | 1,152 | 516 | 636 |
| | 67 | 1,100 | 610 | 490 | 975 | 465 | 510 |
| | 68 | 910 | 513 | 397 | 941 | 452 | 489 |
| | 69 | 770 | 407 | 363 | 733 | 372 | 361 |
| | 70 | 813 | 418 | 394 | 629 | 345 | 285 |
| | 71 | 691 | 388 | 303 | 529 | 236 | 293 |
| | 72 | 627 | 334 | 294 | 610 | 297 | 313 |
| | 73 | 611 | 320 | 291 | 499 | 250 | 249 |
| | 74 | 573 | 303 | 270 | 571 | 254 | 317 |
| | 75 | 689 | 335 | 354 | 480 | 222 | 257 |
| | 76 | 499 | 232 | 267 | 497 | 249 | 247 |
| | 77 | 462 | 238 | 224 | 326 | 163 | 163 |
| | 78 | 367 | 186 | 181 | 362 | 176 | 187 |
| | 79 | 288 | 153 | 135 | 318 | 163 | 155 |
| | 80+ | 2,469 | 1,243 | 1,226 | 1,972 | 1,073 | 900 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2016 | All Ages | 665,705 | 327,792 | 337,913 | 590,962 | 288,668 | 302,293 |
| | 0 | 28,887 | 14,664 | 14,223 | 27,828 | 13,787 | 14,041 |
| | 1 | 27,489 | 13,713 | 13,775 | 26,935 | 13,451 | 13,485 |
| | 2 | 25,943 | 12,812 | 13,131 | 25,425 | 12,615 | 12,810 |
| | 3 | 27,147 | 13,466 | 13,681 | 23,255 | 11,419 | 11,836 |
| | 4 | 25,115 | 12,356 | 12,758 | 22,499 | 11,134 | 11,365 |
| | 5 | 24,442 | 12,180 | 12,263 | 21,096 | 10,395 | 10,701 |
| | 6 | 22,417 | 11,137 | 11,280 | 20,603 | 10,398 | 10,205 |
| | 7 | 22,204 | 11,098 | 11,106 | 19,041 | 9,433 | 9,608 |
| | 8 | 20,872 | 10,153 | 10,719 | 18,871 | 9,359 | 9,512 |
| | 9 | 20,497 | 10,076 | 10,422 | 17,874 | 8,926 | 8,948 |
| | 10 | 19,088 | 9,416 | 9,672 | 17,234 | 8,519 | 8,716 |
| | 11 | 18,958 | 9,476 | 9,482 | 15,178 | 7,513 | 7,665 |
| | 12 | 16,869 | 8,338 | 8,531 | 15,876 | 7,887 | 7,989 |
| | 13 | 16,588 | 8,151 | 8,437 | 14,205 | 7,153 | 7,052 |
| | 14 | 14,284 | 6,963 | 7,321 | 12,644 | 6,149 | 6,495 |
| | 15 | 14,264 | 7,040 | 7,224 | 12,800 | 6,276 | 6,523 |
| | 16 | 13,855 | 6,798 | 7,058 | 12,297 | 5,987 | 6,310 |
| | 17 | 14,009 | 6,779 | 7,229 | 11,676 | 5,711 | 5,965 |
| | 18 | 13,348 | 6,594 | 6,754 | 12,499 | 6,124 | 6,375 |
| | 19 | 12,382 | 6,069 | 6,313 | 12,041 | 5,901 | 6,141 |
| | 20 | 12,732 | 6,217 | 6,514 | 11,363 | 5,553 | 5,810 |
| | 21 | 11,276 | 5,501 | 5,775 | 10,975 | 5,580 | 5,395 |
| | 22 | 11,441 | 5,562 | 5,879 | 10,240 | 5,164 | 5,076 |
| | 23 | 10,906 | 5,261 | 5,644 | 9,778 | 5,009 | 4,769 |
| | 24 | 10,470 | 5,147 | 5,324 | 9,466 | 4,792 | 4,674 |
| | 25 | 10,481 | 5,151 | 5,330 | 9,244 | 4,656 | 4,589 |
| | 26 | 9,803 | 4,851 | 4,952 | 8,424 | 4,200 | 4,224 |
| | 27 | 9,550 | 4,658 | 4,891 | 8,072 | 4,006 | 4,066 |
| | 28 | 8,791 | 4,415 | 4,376 | 8,336 | 4,018 | 4,318 |
| | 29 | 8,423 | 4,222 | 4,202 | 7,380 | 3,602 | 3,778 |
| | 30 | 8,786 | 4,225 | 4,561 | 7,213 | 3,482 | 3,732 |
| | 31 | 7,366 | 3,437 | 3,928 | 6,939 | 3,405 | 3,534 |
| | 32 | 7,545 | 3,602 | 3,944 | 6,435 | 3,002 | 3,433 |
| | 33 | 7,415 | 3,376 | 4,038 | 5,955 | 2,729 | 3,226 |
| | 34 | 6,948 | 3,174 | 3,774 | 5,899 | 2,651 | 3,248 |
| | 35 | 7,163 | 3,082 | 4,082 | 5,693 | 2,542 | 3,151 |
| | 36 | 6,289 | 2,842 | 3,448 | 5,564 | 2,303 | 3,260 |
| | 37 | 6,495 | 2,915 | 3,580 | 4,969 | 2,130 | 2,839 |
| | 38 | 5,930 | 2,739 | 3,191 | 5,413 | 2,358 | 3,054 |
| | 39 | 5,690 | 2,654 | 3,036 | 4,908 | 2,200 | 2,708 |
| | 40 | 6,241 | 2,985 | 3,256 | 4,798 | 2,175 | 2,623 |
| | 41 | 4,828 | 2,465 | 2,363 | 4,764 | 2,274 | 2,490 |
| | 42 | 5,159 | 2,618 | 2,541 | 4,392 | 2,109 | 2,283 |
| | 43 | 4,535 | 2,290 | 2,245 | 4,007 | 1,899 | 2,108 |
| | 44 | 4,296 | 2,175 | 2,121 | 3,674 | 1,743 | 1,930 |
| | 45 | 4,773 | 2,406 | 2,367 | 3,542 | 1,739 | 1,803 |
| | 46 | 3,743 | 1,964 | 1,779 | 3,354 | 1,613 | 1,742 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2016 | | | | | | | |
| | 47 | 3,913 | 2,051 | 1,862 | 2,814 | 1,360 | 1,455 |
| | 48 | 3,593 | 1,827 | 1,766 | 3,064 | 1,460 | 1,604 |
| | 49 | 3,098 | 1,606 | 1,492 | 2,950 | 1,364 | 1,585 |
| | 50 | 3,739 | 1,769 | 1,970 | 2,583 | 1,246 | 1,336 |
| | 51 | 2,811 | 1,400 | 1,410 | 2,576 | 1,187 | 1,389 |
| | 52 | 3,010 | 1,525 | 1,485 | 2,377 | 1,090 | 1,287 |
| | 53 | 2,784 | 1,392 | 1,392 | 2,325 | 1,057 | 1,268 |
| | 54 | 2,628 | 1,350 | 1,277 | 2,291 | 1,029 | 1,261 |
| | 55 | 3,047 | 1,489 | 1,558 | 2,078 | 959 | 1,119 |
| | 56 | 2,391 | 1,224 | 1,167 | 2,171 | 1,002 | 1,169 |
| | 57 | 2,502 | 1,245 | 1,257 | 1,837 | 875 | 962 |
| | 58 | 2,112 | 1,059 | 1,054 | 1,977 | 910 | 1,067 |
| | 59 | 1,761 | 927 | 834 | 1,762 | 781 | 981 |
| | 60 | 2,109 | 1,027 | 1,082 | 1,615 | 762 | 853 |
| | 61 | 1,562 | 808 | 754 | 1,506 | 670 | 835 |
| | 62 | 1,623 | 854 | 768 | 1,402 | 602 | 799 |
| | 63 | 1,669 | 846 | 823 | 1,301 | 585 | 716 |
| | 64 | 1,448 | 776 | 672 | 1,301 | 613 | 687 |
| | 65 | 1,616 | 813 | 803 | 1,365 | 649 | 716 |
| | 66 | 1,314 | 734 | 580 | 1,223 | 542 | 682 |
| | 67 | 1,206 | 661 | 544 | 1,068 | 503 | 565 |
| | 68 | 1,025 | 568 | 457 | 1,062 | 500 | 562 |
| | 69 | 863 | 447 | 416 | 821 | 408 | 413 |
| | 70 | 883 | 449 | 433 | 682 | 370 | 312 |
| | 71 | 703 | 397 | 306 | 535 | 241 | 295 |
| | 72 | 605 | 329 | 276 | 586 | 292 | 294 |
| | 73 | 578 | 310 | 268 | 471 | 242 | 229 |
| | 74 | 545 | 294 | 252 | 540 | 246 | 295 |
| | 75 | 673 | 331 | 343 | 467 | 219 | 248 |
| | 76 | 508 | 235 | 273 | 505 | 252 | 253 |
| | 77 | 487 | 248 | 239 | 343 | 169 | 174 |
| | 78 | 395 | 196 | 199 | 389 | 185 | 204 |
| | 79 | 302 | 157 | 145 | 333 | 168 | 166 |
| | 80+ | 2,468 | 1,234 | 1,235 | 1,966 | 1,063 | 903 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2017 | All Ages | 689,458 | 339,636 | 349,822 | 610,940 | 298,552 | 312,387 |
| | 0 | 29,750 | 15,103 | 14,647 | 28,615 | 14,177 | 14,438 |
| | 1 | 28,357 | 14,148 | 14,209 | 27,734 | 13,851 | 13,883 |
| | 2 | 26,818 | 13,247 | 13,572 | 26,242 | 13,021 | 13,222 |
| | 3 | 28,038 | 13,909 | 14,129 | 23,980 | 11,775 | 12,205 |
| | 4 | 25,992 | 12,790 | 13,202 | 23,251 | 11,507 | 11,744 |
| | 5 | 25,288 | 12,603 | 12,685 | 21,792 | 10,740 | 11,052 |
| | 6 | 23,239 | 11,547 | 11,693 | 21,324 | 10,763 | 10,561 |
| | 7 | 23,003 | 11,498 | 11,505 | 19,694 | 9,757 | 9,937 |
| | 8 | 21,673 | 10,543 | 11,130 | 19,563 | 9,702 | 9,861 |
| | 9 | 21,303 | 10,471 | 10,832 | 18,546 | 9,262 | 9,285 |
| | 10 | 19,867 | 9,800 | 10,067 | 17,908 | 8,852 | 9,056 |
| | 11 | 19,755 | 9,874 | 9,881 | 15,790 | 7,816 | 7,974 |
| | 12 | 17,765 | 8,793 | 8,973 | 16,686 | 8,301 | 8,385 |
| | 13 | 17,585 | 8,654 | 8,931 | 15,033 | 7,581 | 7,452 |
| | 14 | 16,118 | 7,947 | 8,171 | 14,241 | 7,005 | 7,236 |
| | 15 | 14,234 | 6,980 | 7,254 | 12,748 | 6,210 | 6,538 |
| | 16 | 14,010 | 6,847 | 7,163 | 12,410 | 6,018 | 6,392 |
| | 17 | 14,275 | 6,892 | 7,383 | 11,876 | 5,794 | 6,081 |
| | 18 | 13,639 | 6,729 | 6,910 | 12,745 | 6,235 | 6,510 |
| | 19 | 12,654 | 6,194 | 6,460 | 12,280 | 6,010 | 6,270 |
| | 20 | 13,153 | 6,421 | 6,732 | 11,714 | 5,722 | 5,992 |
| | 21 | 11,650 | 5,676 | 5,974 | 11,315 | 5,746 | 5,568 |
| | 22 | 11,813 | 5,731 | 6,082 | 10,548 | 5,308 | 5,240 |
| | 23 | 11,249 | 5,410 | 5,839 | 10,061 | 5,138 | 4,923 |
| | 24 | 10,795 | 5,290 | 5,504 | 9,736 | 4,914 | 4,822 |
| | 25 | 10,825 | 5,309 | 5,515 | 9,526 | 4,788 | 4,739 |
| | 26 | 10,136 | 5,022 | 5,114 | 8,690 | 4,338 | 4,352 |
| | 27 | 9,897 | 4,854 | 5,043 | 8,348 | 4,165 | 4,182 |
| | 28 | 9,172 | 4,628 | 4,544 | 8,676 | 4,202 | 4,475 |
| | 29 | 8,732 | 4,431 | 4,301 | 7,630 | 3,771 | 3,859 |
| | 30 | 9,090 | 4,426 | 4,664 | 7,450 | 3,641 | 3,809 |
| | 31 | 7,616 | 3,610 | 4,005 | 7,165 | 3,569 | 3,595 |
| | 32 | 7,794 | 3,791 | 4,002 | 6,629 | 3,153 | 3,477 |
| | 33 | 7,662 | 3,552 | 4,111 | 6,141 | 2,865 | 3,276 |
| | 34 | 7,167 | 3,358 | 3,809 | 6,071 | 2,798 | 3,272 |
| | 35 | 7,377 | 3,253 | 4,124 | 5,856 | 2,678 | 3,178 |
| | 36 | 6,469 | 2,960 | 3,508 | 5,705 | 2,394 | 3,312 |
| | 37 | 6,661 | 2,976 | 3,684 | 5,087 | 2,171 | 2,916 |
| | 38 | 6,089 | 2,764 | 3,325 | 5,550 | 2,375 | 3,175 |
| | 39 | 5,808 | 2,642 | 3,165 | 5,003 | 2,186 | 2,817 |
| | 40 | 6,377 | 2,981 | 3,396 | 4,900 | 2,169 | 2,731 |
| | 41 | 4,963 | 2,489 | 2,474 | 4,892 | 2,291 | 2,601 |
| | 42 | 5,364 | 2,691 | 2,673 | 4,561 | 2,164 | 2,397 |
| | 43 | 4,741 | 2,390 | 2,351 | 4,183 | 1,979 | 2,204 |
| | 44 | 4,551 | 2,285 | 2,266 | 3,886 | 1,828 | 2,058 |
| | 45 | 5,044 | 2,520 | 2,524 | 3,737 | 1,818 | 1,920 |
| | 46 | 3,941 | 2,056 | 1,885 | 3,528 | 1,685 | 1,842 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2017 | | | | | | | |
| | 47 | 4,088 | 2,145 | 1,943 | 2,935 | 1,419 | 1,516 |
| | 48 | 3,704 | 1,904 | 1,799 | 3,150 | 1,519 | 1,631 |
| | 49 | 3,224 | 1,685 | 1,539 | 3,060 | 1,428 | 1,632 |
| | 50 | 3,892 | 1,857 | 2,035 | 2,685 | 1,306 | 1,379 |
| | 51 | 2,908 | 1,455 | 1,453 | 2,659 | 1,232 | 1,428 |
| | 52 | 3,090 | 1,562 | 1,528 | 2,436 | 1,114 | 1,322 |
| | 53 | 2,826 | 1,410 | 1,416 | 2,356 | 1,069 | 1,287 |
| | 54 | 2,672 | 1,358 | 1,314 | 2,328 | 1,033 | 1,296 |
| | 55 | 3,097 | 1,498 | 1,599 | 2,110 | 964 | 1,146 |
| | 56 | 2,454 | 1,247 | 1,207 | 2,225 | 1,019 | 1,206 |
| | 57 | 2,609 | 1,295 | 1,313 | 1,913 | 909 | 1,004 |
| | 58 | 2,225 | 1,118 | 1,106 | 2,078 | 960 | 1,118 |
| | 59 | 1,881 | 993 | 888 | 1,877 | 836 | 1,041 |
| | 60 | 2,239 | 1,092 | 1,146 | 1,711 | 809 | 902 |
| | 61 | 1,639 | 847 | 792 | 1,577 | 702 | 875 |
| | 62 | 1,662 | 871 | 791 | 1,434 | 613 | 822 |
| | 63 | 1,676 | 842 | 833 | 1,305 | 582 | 723 |
| | 64 | 1,440 | 766 | 674 | 1,292 | 604 | 688 |
| | 65 | 1,612 | 805 | 807 | 1,360 | 641 | 719 |
| | 66 | 1,342 | 744 | 599 | 1,250 | 548 | 702 |
| | 67 | 1,280 | 695 | 586 | 1,134 | 527 | 607 |
| | 68 | 1,123 | 616 | 507 | 1,164 | 541 | 623 |
| | 69 | 975 | 495 | 480 | 925 | 451 | 474 |
| | 70 | 989 | 493 | 496 | 762 | 405 | 357 |
| | 71 | 763 | 427 | 336 | 581 | 258 | 323 |
| | 72 | 615 | 336 | 279 | 594 | 298 | 296 |
| | 73 | 558 | 305 | 252 | 453 | 238 | 215 |
| | 74 | 517 | 285 | 232 | 509 | 238 | 271 |
| | 75 | 641 | 321 | 320 | 443 | 212 | 231 |
| | 76 | 497 | 232 | 264 | 492 | 249 | 244 |
| | 77 | 497 | 252 | 245 | 349 | 171 | 178 |
| | 78 | 417 | 204 | 213 | 410 | 192 | 218 |
| | 79 | 325 | 166 | 159 | 358 | 176 | 182 |
| | 80+ | 2,486 | 1,230 | 1,256 | 1,974 | 1,058 | 916 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2018 | All Ages | 714,065 | 351,896 | 362,169 | 631,528 | 308,726 | 322,802 |
| | 0 | 30,723 | 15,597 | 15,126 | 29,504 | 14,617 | 14,887 |
| | 1 | 29,232 | 14,584 | 14,647 | 28,534 | 14,251 | 14,283 |
| | 2 | 27,672 | 13,670 | 14,002 | 27,034 | 13,414 | 13,620 |
| | 3 | 28,990 | 14,382 | 14,608 | 24,755 | 12,156 | 12,599 |
| | 4 | 26,850 | 13,213 | 13,637 | 23,981 | 11,868 | 12,113 |
| | 5 | 26,179 | 13,048 | 13,131 | 22,522 | 11,101 | 11,421 |
| | 6 | 24,045 | 11,949 | 12,096 | 22,027 | 11,119 | 10,907 |
| | 7 | 23,849 | 11,922 | 11,927 | 20,382 | 10,099 | 10,283 |
| | 8 | 22,454 | 10,923 | 11,531 | 20,233 | 10,035 | 10,199 |
| | 9 | 22,122 | 10,873 | 11,248 | 19,227 | 9,602 | 9,625 |
| | 10 | 20,648 | 10,185 | 10,462 | 18,581 | 9,184 | 9,396 |
| | 11 | 20,561 | 10,276 | 10,285 | 16,407 | 8,121 | 8,286 |
| | 12 | 18,523 | 9,167 | 9,356 | 17,360 | 8,637 | 8,723 |
| | 13 | 18,516 | 9,125 | 9,391 | 15,801 | 7,979 | 7,821 |
| | 14 | 17,092 | 8,439 | 8,653 | 15,073 | 7,426 | 7,647 |
| | 15 | 16,054 | 7,963 | 8,092 | 14,348 | 7,070 | 7,278 |
| | 16 | 13,982 | 6,788 | 7,194 | 12,360 | 5,953 | 6,407 |
| | 17 | 14,436 | 6,942 | 7,494 | 11,985 | 5,825 | 6,161 |
| | 18 | 13,901 | 6,843 | 7,058 | 12,964 | 6,328 | 6,636 |
| | 19 | 12,928 | 6,319 | 6,609 | 12,519 | 6,118 | 6,401 |
| | 20 | 13,443 | 6,554 | 6,889 | 11,945 | 5,827 | 6,118 |
| | 21 | 12,034 | 5,861 | 6,173 | 11,663 | 5,922 | 5,741 |
| | 22 | 12,209 | 5,916 | 6,292 | 10,875 | 5,466 | 5,409 |
| | 23 | 11,616 | 5,575 | 6,041 | 10,363 | 5,282 | 5,082 |
| | 24 | 11,136 | 5,440 | 5,696 | 10,021 | 5,042 | 4,979 |
| | 25 | 11,162 | 5,458 | 5,704 | 9,800 | 4,909 | 4,891 |
| | 26 | 10,467 | 5,175 | 5,293 | 8,953 | 4,459 | 4,493 |
| | 27 | 10,234 | 5,026 | 5,208 | 8,612 | 4,303 | 4,309 |
| | 28 | 9,507 | 4,823 | 4,685 | 8,970 | 4,367 | 4,603 |
| | 29 | 9,114 | 4,644 | 4,470 | 7,946 | 3,944 | 4,002 |
| | 30 | 9,416 | 4,643 | 4,773 | 7,702 | 3,812 | 3,890 |
| | 31 | 7,879 | 3,781 | 4,097 | 7,400 | 3,730 | 3,670 |
| | 32 | 8,062 | 3,982 | 4,080 | 6,840 | 3,304 | 3,536 |
| | 33 | 7,909 | 3,737 | 4,172 | 6,325 | 3,007 | 3,317 |
| | 34 | 7,411 | 3,531 | 3,880 | 6,263 | 2,936 | 3,327 |
| | 35 | 7,601 | 3,440 | 4,161 | 6,026 | 2,825 | 3,201 |
| | 36 | 6,671 | 3,125 | 3,546 | 5,861 | 2,521 | 3,340 |
| | 37 | 6,847 | 3,098 | 3,748 | 5,217 | 2,256 | 2,961 |
| | 38 | 6,244 | 2,821 | 3,423 | 5,680 | 2,419 | 3,262 |
| | 39 | 5,967 | 2,668 | 3,299 | 5,130 | 2,202 | 2,929 |
| | 40 | 6,503 | 2,964 | 3,539 | 4,994 | 2,152 | 2,842 |
| | 41 | 5,066 | 2,484 | 2,582 | 4,991 | 2,281 | 2,710 |
| | 42 | 5,511 | 2,713 | 2,799 | 4,682 | 2,177 | 2,505 |
| | 43 | 4,927 | 2,454 | 2,473 | 4,343 | 2,029 | 2,314 |
| | 44 | 4,757 | 2,385 | 2,372 | 4,053 | 1,904 | 2,150 |
| | 45 | 5,344 | 2,648 | 2,696 | 3,953 | 1,906 | 2,047 |
| | 46 | 4,163 | 2,154 | 2,009 | 3,722 | 1,762 | 1,960 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2018 | | | | | | | |
| | 47 | 4,303 | 2,244 | 2,059 | 3,086 | 1,482 | 1,604 |
| | 48 | 3,868 | 1,990 | 1,878 | 3,284 | 1,584 | 1,699 |
| | 49 | 3,320 | 1,754 | 1,566 | 3,142 | 1,484 | 1,658 |
| | 50 | 4,047 | 1,947 | 2,100 | 2,787 | 1,367 | 1,420 |
| | 51 | 3,030 | 1,527 | 1,503 | 2,764 | 1,290 | 1,474 |
| | 52 | 3,196 | 1,623 | 1,573 | 2,515 | 1,156 | 1,359 |
| | 53 | 2,900 | 1,443 | 1,457 | 2,413 | 1,091 | 1,322 |
| | 54 | 2,709 | 1,375 | 1,334 | 2,356 | 1,043 | 1,313 |
| | 55 | 3,148 | 1,504 | 1,644 | 2,142 | 966 | 1,177 |
| | 56 | 2,493 | 1,254 | 1,239 | 2,258 | 1,022 | 1,236 |
| | 57 | 2,676 | 1,319 | 1,357 | 1,960 | 924 | 1,036 |
| | 58 | 2,320 | 1,163 | 1,157 | 2,162 | 996 | 1,166 |
| | 59 | 1,979 | 1,048 | 932 | 1,970 | 880 | 1,090 |
| | 60 | 2,388 | 1,169 | 1,219 | 1,823 | 866 | 957 |
| | 61 | 1,740 | 900 | 839 | 1,669 | 745 | 924 |
| | 62 | 1,745 | 914 | 831 | 1,503 | 642 | 861 |
| | 63 | 1,718 | 859 | 859 | 1,336 | 592 | 744 |
| | 64 | 1,446 | 763 | 682 | 1,296 | 601 | 695 |
| | 65 | 1,604 | 794 | 810 | 1,351 | 631 | 720 |
| | 66 | 1,338 | 736 | 602 | 1,245 | 541 | 704 |
| | 67 | 1,309 | 704 | 605 | 1,159 | 534 | 625 |
| | 68 | 1,193 | 648 | 545 | 1,237 | 568 | 669 |
| | 69 | 1,070 | 537 | 533 | 1,013 | 488 | 525 |
| | 70 | 1,118 | 547 | 571 | 859 | 449 | 410 |
| | 71 | 854 | 469 | 385 | 652 | 283 | 369 |
| | 72 | 669 | 362 | 307 | 645 | 320 | 325 |
| | 73 | 568 | 313 | 255 | 460 | 244 | 217 |
| | 74 | 500 | 280 | 219 | 489 | 234 | 255 |
| | 75 | 607 | 311 | 295 | 419 | 206 | 213 |
| | 76 | 473 | 226 | 247 | 469 | 241 | 227 |
| | 77 | 486 | 249 | 237 | 340 | 169 | 171 |
| | 78 | 425 | 208 | 218 | 418 | 195 | 222 |
| | 79 | 343 | 173 | 170 | 377 | 184 | 194 |
| | 80+ | 2,529 | 1,237 | 1,292 | 2,001 | 1,061 | 940 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2019 | All Ages | 739,528 | 364,585 | 374,943 | 652,835 | 319,235 | 333,600 |
| | 0 | 31,793 | 16,140 | 15,653 | 30,485 | 15,103 | 15,382 |
| | 1 | 30,216 | 15,076 | 15,140 | 29,440 | 14,703 | 14,737 |
| | 2 | 28,532 | 14,096 | 14,436 | 27,831 | 13,808 | 14,023 |
| | 3 | 29,920 | 14,843 | 15,076 | 25,509 | 12,526 | 12,983 |
| | 4 | 27,767 | 13,665 | 14,102 | 24,764 | 12,255 | 12,509 |
| | 5 | 27,051 | 13,483 | 13,568 | 23,235 | 11,454 | 11,782 |
| | 6 | 24,894 | 12,372 | 12,522 | 22,767 | 11,494 | 11,273 |
| | 7 | 24,679 | 12,339 | 12,340 | 21,056 | 10,434 | 10,622 |
| | 8 | 23,282 | 11,326 | 11,956 | 20,945 | 10,388 | 10,557 |
| | 9 | 22,921 | 11,266 | 11,655 | 19,890 | 9,934 | 9,956 |
| | 10 | 21,444 | 10,578 | 10,865 | 19,265 | 9,523 | 9,742 |
| | 11 | 21,369 | 10,680 | 10,689 | 17,024 | 8,427 | 8,597 |
| | 12 | 19,286 | 9,544 | 9,742 | 18,040 | 8,975 | 9,064 |
| | 13 | 19,301 | 9,512 | 9,789 | 16,442 | 8,304 | 8,139 |
| | 14 | 18,000 | 8,899 | 9,101 | 15,844 | 7,817 | 8,028 |
| | 15 | 17,029 | 8,459 | 8,570 | 15,189 | 7,495 | 7,694 |
| | 16 | 15,759 | 7,739 | 8,020 | 13,903 | 6,774 | 7,129 |
| | 17 | 14,408 | 6,882 | 7,526 | 11,939 | 5,763 | 6,176 |
| | 18 | 14,060 | 6,894 | 7,166 | 13,085 | 6,362 | 6,723 |
| | 19 | 13,179 | 6,426 | 6,753 | 12,736 | 6,209 | 6,526 |
| | 20 | 13,734 | 6,687 | 7,048 | 12,178 | 5,932 | 6,246 |
| | 21 | 12,300 | 5,982 | 6,318 | 11,895 | 6,033 | 5,862 |
| | 22 | 12,612 | 6,110 | 6,501 | 11,209 | 5,633 | 5,576 |
| | 23 | 12,005 | 5,756 | 6,250 | 10,686 | 5,440 | 5,246 |
| | 24 | 11,500 | 5,607 | 5,893 | 10,325 | 5,184 | 5,141 |
| | 25 | 11,517 | 5,613 | 5,905 | 10,090 | 5,037 | 5,054 |
| | 26 | 10,793 | 5,318 | 5,475 | 9,210 | 4,572 | 4,637 |
| | 27 | 10,570 | 5,180 | 5,391 | 8,875 | 4,424 | 4,450 |
| | 28 | 9,830 | 4,993 | 4,837 | 9,254 | 4,510 | 4,743 |
| | 29 | 9,448 | 4,840 | 4,608 | 8,218 | 4,101 | 4,117 |
| | 30 | 9,828 | 4,866 | 4,962 | 8,024 | 3,988 | 4,036 |
| | 31 | 8,159 | 3,967 | 4,192 | 7,651 | 3,905 | 3,746 |
| | 32 | 8,344 | 4,171 | 4,173 | 7,061 | 3,452 | 3,609 |
| | 33 | 8,176 | 3,924 | 4,252 | 6,525 | 3,151 | 3,373 |
| | 34 | 7,650 | 3,714 | 3,936 | 6,451 | 3,082 | 3,369 |
| | 35 | 7,853 | 3,614 | 4,239 | 6,217 | 2,962 | 3,255 |
| | 36 | 6,883 | 3,305 | 3,578 | 6,023 | 2,660 | 3,363 |
| | 37 | 7,055 | 3,269 | 3,786 | 5,362 | 2,376 | 2,986 |
| | 38 | 6,416 | 2,935 | 3,481 | 5,821 | 2,511 | 3,310 |
| | 39 | 6,114 | 2,720 | 3,393 | 5,246 | 2,240 | 3,006 |
| | 40 | 6,679 | 2,992 | 3,686 | 5,125 | 2,169 | 2,956 |
| | 41 | 5,156 | 2,466 | 2,690 | 5,078 | 2,260 | 2,818 |
| | 42 | 5,626 | 2,705 | 2,922 | 4,776 | 2,166 | 2,610 |
| | 43 | 5,057 | 2,471 | 2,587 | 4,456 | 2,040 | 2,416 |
| | 44 | 4,942 | 2,448 | 2,494 | 4,206 | 1,950 | 2,255 |
| | 45 | 5,579 | 2,762 | 2,817 | 4,121 | 1,984 | 2,136 |
| | 46 | 4,410 | 2,264 | 2,146 | 3,938 | 1,849 | 2,089 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2019 | | | | | | | |
| | 47 | 4,543 | 2,352 | 2,191 | 3,255 | 1,550 | 1,704 |
| | 48 | 4,072 | 2,082 | 1,990 | 3,452 | 1,654 | 1,797 |
| | 49 | 3,465 | 1,831 | 1,634 | 3,273 | 1,546 | 1,727 |
| | 50 | 4,157 | 2,024 | 2,133 | 2,859 | 1,419 | 1,440 |
| | 51 | 3,152 | 1,600 | 1,551 | 2,868 | 1,350 | 1,517 |
| | 52 | 3,332 | 1,703 | 1,629 | 2,615 | 1,211 | 1,404 |
| | 53 | 2,999 | 1,499 | 1,500 | 2,489 | 1,132 | 1,358 |
| | 54 | 2,778 | 1,405 | 1,373 | 2,413 | 1,064 | 1,348 |
| | 55 | 3,187 | 1,520 | 1,667 | 2,166 | 975 | 1,191 |
| | 56 | 2,534 | 1,259 | 1,275 | 2,292 | 1,024 | 1,268 |
| | 57 | 2,717 | 1,325 | 1,393 | 1,988 | 927 | 1,062 |
| | 58 | 2,381 | 1,184 | 1,196 | 2,215 | 1,012 | 1,203 |
| | 59 | 2,064 | 1,089 | 974 | 2,051 | 914 | 1,137 |
| | 60 | 2,510 | 1,233 | 1,277 | 1,912 | 911 | 1,001 |
| | 61 | 1,857 | 964 | 893 | 1,776 | 797 | 979 |
| | 62 | 1,850 | 971 | 879 | 1,589 | 681 | 908 |
| | 63 | 1,804 | 902 | 902 | 1,401 | 621 | 780 |
| | 64 | 1,482 | 778 | 703 | 1,327 | 612 | 715 |
| | 65 | 1,611 | 791 | 820 | 1,356 | 628 | 728 |
| | 66 | 1,330 | 726 | 605 | 1,238 | 533 | 705 |
| | 67 | 1,303 | 695 | 608 | 1,153 | 526 | 627 |
| | 68 | 1,220 | 657 | 563 | 1,264 | 574 | 690 |
| | 69 | 1,138 | 565 | 574 | 1,077 | 512 | 564 |
| | 70 | 1,228 | 593 | 635 | 941 | 486 | 455 |
| | 71 | 964 | 520 | 444 | 737 | 313 | 424 |
| | 72 | 750 | 398 | 352 | 722 | 351 | 371 |
| | 73 | 616 | 336 | 280 | 499 | 262 | 238 |
| | 74 | 508 | 287 | 221 | 496 | 239 | 257 |
| | 75 | 584 | 306 | 278 | 402 | 202 | 200 |
| | 76 | 447 | 219 | 228 | 444 | 234 | 210 |
| | 77 | 464 | 241 | 222 | 323 | 163 | 160 |
| | 78 | 416 | 205 | 211 | 408 | 192 | 215 |
| | 79 | 350 | 176 | 174 | 384 | 186 | 198 |
| | 80+ | 2,588 | 1,251 | 1,337 | 2,041 | 1,071 | 970 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2020 | All Ages | 766,035 | 377,751 | 388,284 | 674,843 | 330,060 | 344,783 |
| | 0 | 32,877 | 16,691 | 16,186 | 31,477 | 15,594 | 15,883 |
| | 1 | 31,298 | 15,616 | 15,682 | 30,437 | 15,202 | 15,236 |
| | 2 | 29,499 | 14,575 | 14,924 | 28,730 | 14,253 | 14,477 |
| | 3 | 30,855 | 15,307 | 15,548 | 26,267 | 12,897 | 13,370 |
| | 4 | 28,662 | 14,106 | 14,556 | 25,525 | 12,631 | 12,894 |
| | 5 | 27,983 | 13,948 | 14,036 | 23,998 | 11,830 | 12,167 |
| | 6 | 25,726 | 12,786 | 12,939 | 23,489 | 11,860 | 11,630 |
| | 7 | 25,553 | 12,777 | 12,776 | 21,766 | 10,787 | 10,979 |
| | 8 | 24,095 | 11,722 | 12,372 | 21,640 | 10,733 | 10,907 |
| | 9 | 23,768 | 11,682 | 12,086 | 20,592 | 10,285 | 10,306 |
| | 10 | 22,220 | 10,961 | 11,258 | 19,930 | 9,852 | 10,078 |
| | 11 | 22,191 | 11,091 | 11,100 | 17,650 | 8,737 | 8,912 |
| | 12 | 20,053 | 9,923 | 10,130 | 18,719 | 9,314 | 9,405 |
| | 13 | 20,093 | 9,903 | 10,190 | 17,088 | 8,630 | 8,458 |
| | 14 | 18,768 | 9,278 | 9,489 | 16,490 | 8,135 | 8,354 |
| | 15 | 17,936 | 8,921 | 9,015 | 15,967 | 7,890 | 8,077 |
| | 16 | 16,719 | 8,223 | 8,497 | 14,721 | 7,183 | 7,538 |
| | 17 | 16,228 | 7,842 | 8,386 | 13,424 | 6,555 | 6,869 |
| | 18 | 14,035 | 6,838 | 7,198 | 13,037 | 6,296 | 6,740 |
| | 19 | 13,331 | 6,474 | 6,857 | 12,856 | 6,243 | 6,612 |
| | 20 | 14,002 | 6,801 | 7,201 | 12,388 | 6,020 | 6,368 |
| | 21 | 12,567 | 6,103 | 6,464 | 12,128 | 6,143 | 5,985 |
| | 22 | 12,893 | 6,238 | 6,654 | 11,432 | 5,737 | 5,695 |
| | 23 | 12,398 | 5,944 | 6,455 | 11,011 | 5,604 | 5,407 |
| | 24 | 11,886 | 5,788 | 6,098 | 10,649 | 5,339 | 5,309 |
| | 25 | 11,896 | 5,785 | 6,111 | 10,399 | 5,179 | 5,220 |
| | 26 | 11,137 | 5,467 | 5,669 | 9,481 | 4,690 | 4,791 |
| | 27 | 10,900 | 5,324 | 5,577 | 9,131 | 4,537 | 4,594 |
| | 28 | 10,153 | 5,146 | 5,007 | 9,536 | 4,636 | 4,900 |
| | 29 | 9,769 | 5,011 | 4,758 | 8,478 | 4,237 | 4,242 |
| | 30 | 10,184 | 5,070 | 5,114 | 8,300 | 4,148 | 4,152 |
| | 31 | 8,521 | 4,159 | 4,362 | 7,975 | 4,085 | 3,890 |
| | 32 | 8,646 | 4,377 | 4,269 | 7,298 | 3,614 | 3,684 |
| | 33 | 8,459 | 4,108 | 4,352 | 6,737 | 3,292 | 3,444 |
| | 34 | 7,912 | 3,900 | 4,012 | 6,656 | 3,229 | 3,427 |
| | 35 | 8,102 | 3,801 | 4,301 | 6,405 | 3,108 | 3,297 |
| | 36 | 7,120 | 3,471 | 3,649 | 6,210 | 2,787 | 3,424 |
| | 37 | 7,275 | 3,454 | 3,821 | 5,514 | 2,506 | 3,008 |
| | 38 | 6,615 | 3,096 | 3,519 | 5,983 | 2,643 | 3,340 |
| | 39 | 6,281 | 2,828 | 3,453 | 5,375 | 2,323 | 3,052 |
| | 40 | 6,841 | 3,048 | 3,793 | 5,243 | 2,206 | 3,037 |
| | 41 | 5,295 | 2,491 | 2,804 | 5,210 | 2,278 | 2,932 |
| | 42 | 5,727 | 2,681 | 3,046 | 4,859 | 2,143 | 2,716 |
| | 43 | 5,165 | 2,461 | 2,704 | 4,550 | 2,028 | 2,521 |
| | 44 | 5,074 | 2,462 | 2,611 | 4,315 | 1,958 | 2,356 |
| | 45 | 5,796 | 2,834 | 2,963 | 4,275 | 2,032 | 2,243 |
| | 46 | 4,604 | 2,361 | 2,244 | 4,105 | 1,924 | 2,180 |
| | 47 | 4,815 | 2,474 | 2,341 | 3,446 | 1,628 | 1,818 |
| | 48 | 4,301 | 2,184 | 2,117 | 3,641 | 1,732 | 1,909 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2020 | 49 | 3,648 | 1,915 | 1,733 | 3,442 | 1,614 | 1,828 |
| | 50 | 4,339 | 2,112 | 2,226 | 2,980 | 1,478 | 1,501 |
| | 51 | 3,238 | 1,662 | 1,576 | 2,938 | 1,400 | 1,538 |
| | 52 | 3,466 | 1,785 | 1,681 | 2,713 | 1,267 | 1,446 |
| | 53 | 3,129 | 1,573 | 1,556 | 2,591 | 1,186 | 1,405 |
| | 54 | 2,873 | 1,460 | 1,413 | 2,489 | 1,103 | 1,386 |
| | 55 | 3,268 | 1,553 | 1,715 | 2,218 | 995 | 1,223 |
| | 56 | 2,566 | 1,272 | 1,293 | 2,316 | 1,033 | 1,283 |
| | 57 | 2,761 | 1,329 | 1,432 | 2,019 | 928 | 1,091 |
| | 58 | 2,419 | 1,189 | 1,230 | 2,248 | 1,014 | 1,234 |
| | 59 | 2,116 | 1,108 | 1,008 | 2,102 | 928 | 1,173 |
| | 60 | 2,616 | 1,281 | 1,335 | 1,991 | 946 | 1,045 |
| | 61 | 1,951 | 1,016 | 935 | 1,861 | 839 | 1,023 |
| | 62 | 1,974 | 1,040 | 934 | 1,691 | 728 | 963 |
| | 63 | 1,908 | 957 | 952 | 1,479 | 658 | 821 |
| | 64 | 1,557 | 817 | 739 | 1,391 | 641 | 749 |
| | 65 | 1,652 | 807 | 845 | 1,389 | 640 | 749 |
| | 66 | 1,335 | 723 | 612 | 1,242 | 530 | 712 |
| | 67 | 1,297 | 686 | 611 | 1,146 | 518 | 628 |
| | 68 | 1,214 | 649 | 565 | 1,257 | 566 | 691 |
| | 69 | 1,166 | 573 | 594 | 1,101 | 519 | 582 |
| | 70 | 1,308 | 624 | 683 | 999 | 511 | 489 |
| | 71 | 1,058 | 563 | 494 | 809 | 339 | 470 |
| | 72 | 849 | 442 | 406 | 817 | 389 | 428 |
| | 73 | 690 | 370 | 321 | 559 | 287 | 272 |
| | 74 | 553 | 309 | 244 | 539 | 257 | 282 |
| | 75 | 595 | 314 | 281 | 409 | 207 | 202 |
| | 76 | 431 | 216 | 215 | 427 | 230 | 197 |
| | 77 | 440 | 235 | 206 | 306 | 159 | 147 |
| | 78 | 397 | 199 | 198 | 387 | 187 | 201 |
| | 79 | 343 | 174 | 169 | 375 | 184 | 192 |
| | 80+ | 2,649 | 1,266 | 1,383 | 2,083 | 1,082 | 1,000 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2021 | All Ages | 793,554 | 391,417 | 402,137 | 697,769 | 341,324 | 356,445 |
| | 0 | 34,007 | 17,265 | 16,742 | 32,509 | 16,105 | 16,404 |
| | 1 | 32,397 | 16,165 | 16,232 | 31,447 | 15,706 | 15,741 |
| | 2 | 30,563 | 15,102 | 15,461 | 29,720 | 14,743 | 14,976 |
| | 3 | 31,910 | 15,830 | 16,080 | 27,123 | 13,317 | 13,806 |
| | 4 | 29,566 | 14,551 | 15,015 | 26,290 | 13,009 | 13,282 |
| | 5 | 28,896 | 14,403 | 14,493 | 24,741 | 12,197 | 12,543 |
| | 6 | 26,615 | 13,228 | 13,387 | 24,262 | 12,250 | 12,012 |
| | 7 | 26,409 | 13,206 | 13,203 | 22,457 | 11,130 | 11,327 |
| | 8 | 24,950 | 12,139 | 12,811 | 22,371 | 11,096 | 11,275 |
| | 9 | 24,599 | 12,092 | 12,508 | 21,277 | 10,629 | 10,648 |
| | 10 | 23,042 | 11,368 | 11,674 | 20,634 | 10,201 | 10,433 |
| | 11 | 22,994 | 11,493 | 11,501 | 18,258 | 9,039 | 9,219 |
| | 12 | 20,834 | 10,309 | 10,525 | 19,409 | 9,658 | 9,751 |
| | 13 | 20,888 | 10,295 | 10,593 | 17,733 | 8,956 | 8,777 |
| | 14 | 19,542 | 9,661 | 9,881 | 17,138 | 8,456 | 8,683 |
| | 15 | 18,702 | 9,303 | 9,400 | 16,616 | 8,210 | 8,406 |
| | 16 | 17,611 | 8,673 | 8,939 | 15,475 | 7,560 | 7,915 |
| | 17 | 17,219 | 8,334 | 8,885 | 14,217 | 6,952 | 7,265 |
| | 18 | 15,808 | 7,790 | 8,018 | 14,652 | 7,158 | 7,494 |
| | 19 | 13,309 | 6,419 | 6,890 | 12,807 | 6,178 | 6,629 |
| | 20 | 14,166 | 6,853 | 7,313 | 12,505 | 6,053 | 6,452 |
| | 21 | 12,814 | 6,207 | 6,607 | 12,339 | 6,236 | 6,102 |
| | 22 | 13,174 | 6,365 | 6,809 | 11,654 | 5,840 | 5,814 |
| | 23 | 12,673 | 6,067 | 6,606 | 11,228 | 5,707 | 5,521 |
| | 24 | 12,272 | 5,977 | 6,296 | 10,971 | 5,501 | 5,471 |
| | 25 | 12,300 | 5,973 | 6,327 | 10,728 | 5,334 | 5,394 |
| | 26 | 11,503 | 5,634 | 5,869 | 9,770 | 4,822 | 4,948 |
| | 27 | 11,250 | 5,473 | 5,777 | 9,402 | 4,654 | 4,748 |
| | 28 | 10,470 | 5,290 | 5,180 | 9,812 | 4,754 | 5,058 |
| | 29 | 10,089 | 5,163 | 4,926 | 8,737 | 4,355 | 4,382 |
| | 30 | 10,526 | 5,248 | 5,278 | 8,563 | 4,286 | 4,277 |
| | 31 | 8,831 | 4,334 | 4,497 | 8,250 | 4,248 | 4,001 |
| | 32 | 9,034 | 4,591 | 4,444 | 7,608 | 3,782 | 3,826 |
| | 33 | 8,761 | 4,309 | 4,452 | 6,963 | 3,447 | 3,516 |
| | 34 | 8,189 | 4,082 | 4,106 | 6,875 | 3,373 | 3,501 |
| | 35 | 8,373 | 3,990 | 4,383 | 6,610 | 3,256 | 3,355 |
| | 36 | 7,355 | 3,651 | 3,704 | 6,393 | 2,924 | 3,468 |
| | 37 | 7,524 | 3,625 | 3,899 | 5,689 | 2,626 | 3,064 |
| | 38 | 6,826 | 3,272 | 3,554 | 6,153 | 2,788 | 3,365 |
| | 39 | 6,476 | 2,984 | 3,492 | 5,526 | 2,446 | 3,080 |
| | 40 | 7,025 | 3,166 | 3,859 | 5,372 | 2,288 | 3,084 |
| | 41 | 5,423 | 2,537 | 2,886 | 5,327 | 2,315 | 3,012 |
| | 42 | 5,885 | 2,709 | 3,176 | 4,988 | 2,161 | 2,826 |
| | 43 | 5,255 | 2,436 | 2,819 | 4,629 | 2,004 | 2,625 |
| | 44 | 5,187 | 2,453 | 2,735 | 4,409 | 1,947 | 2,462 |
| | 45 | 5,950 | 2,849 | 3,101 | 4,383 | 2,039 | 2,344 |
| | 46 | 4,782 | 2,421 | 2,361 | 4,260 | 1,970 | 2,290 |
| | 47 | 5,027 | 2,581 | 2,447 | 3,592 | 1,695 | 1,898 |
| | 48 | 4,563 | 2,299 | 2,263 | 3,857 | 1,820 | 2,037 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2021 | 49 | 3,853 | 2,011 | 1,843 | 3,632 | 1,692 | 1,940 |
| | 50 | 4,571 | 2,209 | 2,362 | 3,134 | 1,544 | 1,590 |
| | 51 | 3,379 | 1,733 | 1,647 | 3,061 | 1,458 | 1,603 |
| | 52 | 3,560 | 1,852 | 1,708 | 2,779 | 1,313 | 1,466 |
| | 53 | 3,256 | 1,648 | 1,607 | 2,688 | 1,240 | 1,448 |
| | 54 | 3,001 | 1,533 | 1,468 | 2,593 | 1,156 | 1,437 |
| | 55 | 3,378 | 1,613 | 1,765 | 2,288 | 1,031 | 1,257 |
| | 56 | 2,632 | 1,301 | 1,332 | 2,371 | 1,053 | 1,318 |
| | 57 | 2,793 | 1,342 | 1,450 | 2,039 | 936 | 1,103 |
| | 58 | 2,458 | 1,192 | 1,266 | 2,282 | 1,014 | 1,268 |
| | 59 | 2,150 | 1,112 | 1,037 | 2,134 | 930 | 1,204 |
| | 60 | 2,684 | 1,304 | 1,380 | 2,039 | 961 | 1,079 |
| | 61 | 2,034 | 1,056 | 979 | 1,937 | 871 | 1,067 |
| | 62 | 2,074 | 1,095 | 979 | 1,772 | 766 | 1,006 |
| | 63 | 2,036 | 1,025 | 1,011 | 1,574 | 703 | 871 |
| | 64 | 1,645 | 867 | 779 | 1,467 | 679 | 787 |
| | 65 | 1,736 | 848 | 888 | 1,456 | 671 | 786 |
| | 66 | 1,370 | 738 | 632 | 1,272 | 540 | 732 |
| | 67 | 1,302 | 684 | 618 | 1,150 | 516 | 635 |
| | 68 | 1,208 | 640 | 567 | 1,250 | 558 | 693 |
| | 69 | 1,160 | 564 | 596 | 1,093 | 510 | 583 |
| | 70 | 1,340 | 633 | 707 | 1,021 | 517 | 504 |
| | 71 | 1,126 | 593 | 532 | 861 | 356 | 505 |
| | 72 | 932 | 480 | 452 | 896 | 422 | 474 |
| | 73 | 780 | 410 | 370 | 631 | 318 | 313 |
| | 74 | 620 | 340 | 280 | 605 | 282 | 323 |
| | 75 | 648 | 338 | 310 | 444 | 223 | 222 |
| | 76 | 439 | 222 | 217 | 434 | 236 | 199 |
| | 77 | 425 | 231 | 194 | 294 | 156 | 138 |
| | 78 | 377 | 194 | 183 | 367 | 181 | 185 |
| | 79 | 328 | 170 | 158 | 357 | 179 | 179 |
| | 80+ | 2,695 | 1,278 | 1,418 | 2,112 | 1,090 | 1,022 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2022 | All Ages | 822,074 | 405,544 | 416,529 | 721,505 | 352,967 | 368,538 |
| | 0 | 35,168 | 17,855 | 17,313 | 33,564 | 16,628 | 16,936 |
| | 1 | 33,544 | 16,737 | 16,807 | 32,495 | 16,230 | 16,265 |
| | 2 | 31,644 | 15,637 | 16,007 | 30,720 | 15,239 | 15,482 |
| | 3 | 33,069 | 16,404 | 16,665 | 28,062 | 13,777 | 14,285 |
| | 4 | 30,581 | 15,050 | 15,531 | 27,151 | 13,433 | 13,718 |
| | 5 | 29,814 | 14,860 | 14,955 | 25,485 | 12,564 | 12,920 |
| | 6 | 27,484 | 13,661 | 13,823 | 25,011 | 12,629 | 12,382 |
| | 7 | 27,324 | 13,664 | 13,660 | 23,195 | 11,496 | 11,699 |
| | 8 | 25,788 | 12,547 | 13,241 | 23,082 | 11,449 | 11,634 |
| | 9 | 25,474 | 12,522 | 12,953 | 21,997 | 10,990 | 11,007 |
| | 10 | 23,849 | 11,767 | 12,082 | 21,320 | 10,541 | 10,778 |
| | 11 | 23,843 | 11,918 | 11,926 | 18,900 | 9,358 | 9,543 |
| | 12 | 21,597 | 10,687 | 10,910 | 20,077 | 9,991 | 10,085 |
| | 13 | 21,697 | 10,694 | 11,003 | 18,386 | 9,286 | 9,099 |
| | 14 | 20,319 | 10,044 | 10,274 | 17,785 | 8,775 | 9,010 |
| | 15 | 19,477 | 9,688 | 9,789 | 17,269 | 8,533 | 8,736 |
| | 16 | 18,365 | 9,044 | 9,321 | 16,104 | 7,867 | 8,237 |
| | 17 | 18,137 | 8,790 | 9,347 | 14,946 | 7,318 | 7,628 |
| | 18 | 16,781 | 8,282 | 8,499 | 15,520 | 7,594 | 7,926 |
| | 19 | 14,983 | 7,310 | 7,673 | 14,387 | 7,021 | 7,367 |
| | 20 | 14,144 | 6,797 | 7,347 | 12,457 | 5,989 | 6,468 |
| | 21 | 12,964 | 6,255 | 6,710 | 12,455 | 6,271 | 6,183 |
| | 22 | 13,435 | 6,476 | 6,959 | 11,856 | 5,927 | 5,929 |
| | 23 | 12,948 | 6,190 | 6,758 | 11,444 | 5,808 | 5,636 |
| | 24 | 12,544 | 6,100 | 6,444 | 11,188 | 5,601 | 5,587 |
| | 25 | 12,698 | 6,167 | 6,532 | 11,051 | 5,494 | 5,558 |
| | 26 | 11,894 | 5,817 | 6,077 | 10,078 | 4,966 | 5,112 |
| | 27 | 11,621 | 5,641 | 5,981 | 9,689 | 4,785 | 4,904 |
| | 28 | 10,805 | 5,439 | 5,366 | 10,104 | 4,875 | 5,229 |
| | 29 | 10,404 | 5,307 | 5,097 | 8,990 | 4,467 | 4,524 |
| | 30 | 10,869 | 5,405 | 5,464 | 8,825 | 4,405 | 4,419 |
| | 31 | 9,128 | 4,487 | 4,642 | 8,509 | 4,389 | 4,121 |
| | 32 | 9,366 | 4,785 | 4,581 | 7,868 | 3,933 | 3,935 |
| | 33 | 9,153 | 4,518 | 4,635 | 7,257 | 3,606 | 3,651 |
| | 34 | 8,485 | 4,284 | 4,201 | 7,107 | 3,532 | 3,575 |
| | 35 | 8,664 | 4,176 | 4,488 | 6,828 | 3,399 | 3,429 |
| | 36 | 7,612 | 3,834 | 3,778 | 6,593 | 3,063 | 3,530 |
| | 37 | 7,771 | 3,812 | 3,959 | 5,861 | 2,756 | 3,105 |
| | 38 | 7,063 | 3,433 | 3,630 | 6,348 | 2,919 | 3,429 |
| | 39 | 6,682 | 3,153 | 3,528 | 5,683 | 2,579 | 3,104 |
| | 40 | 7,246 | 3,341 | 3,905 | 5,526 | 2,410 | 3,116 |
| | 41 | 5,572 | 2,635 | 2,937 | 5,458 | 2,399 | 3,059 |
| | 42 | 6,027 | 2,756 | 3,271 | 5,100 | 2,194 | 2,905 |
| | 43 | 5,403 | 2,461 | 2,942 | 4,755 | 2,022 | 2,733 |
| | 44 | 5,280 | 2,425 | 2,855 | 4,485 | 1,921 | 2,564 |
| | 45 | 6,089 | 2,837 | 3,251 | 4,481 | 2,027 | 2,454 |
| | 46 | 4,907 | 2,433 | 2,473 | 4,371 | 1,977 | 2,394 |
| | 47 | 5,222 | 2,647 | 2,575 | 3,729 | 1,735 | 1,994 |
| | 48 | 4,767 | 2,399 | 2,368 | 4,022 | 1,895 | 2,127 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2022 | 49 | 4,090 | 2,119 | 1,971 | 3,851 | 1,779 | 2,071 |
| | 50 | 4,832 | 2,322 | 2,509 | 3,307 | 1,620 | 1,687 |
| | 51 | 3,562 | 1,812 | 1,750 | 3,222 | 1,522 | 1,700 |
| | 52 | 3,717 | 1,932 | 1,786 | 2,897 | 1,366 | 1,530 |
| | 53 | 3,343 | 1,710 | 1,634 | 2,752 | 1,284 | 1,468 |
| | 54 | 3,124 | 1,607 | 1,517 | 2,692 | 1,209 | 1,482 |
| | 55 | 3,530 | 1,695 | 1,835 | 2,387 | 1,082 | 1,305 |
| | 56 | 2,723 | 1,351 | 1,372 | 2,447 | 1,092 | 1,354 |
| | 57 | 2,864 | 1,372 | 1,492 | 2,088 | 955 | 1,134 |
| | 58 | 2,488 | 1,204 | 1,284 | 2,304 | 1,022 | 1,282 |
| | 59 | 2,183 | 1,115 | 1,068 | 2,168 | 930 | 1,237 |
| | 60 | 2,728 | 1,308 | 1,420 | 2,070 | 962 | 1,108 |
| | 61 | 2,087 | 1,074 | 1,013 | 1,985 | 885 | 1,101 |
| | 62 | 2,162 | 1,139 | 1,024 | 1,845 | 795 | 1,050 |
| | 63 | 2,138 | 1,080 | 1,059 | 1,649 | 739 | 910 |
| | 64 | 1,757 | 929 | 828 | 1,562 | 727 | 835 |
| | 65 | 1,832 | 898 | 933 | 1,534 | 710 | 824 |
| | 66 | 1,441 | 776 | 665 | 1,335 | 567 | 768 |
| | 67 | 1,336 | 698 | 639 | 1,179 | 526 | 654 |
| | 68 | 1,213 | 639 | 575 | 1,255 | 555 | 701 |
| | 69 | 1,156 | 557 | 599 | 1,087 | 503 | 584 |
| | 70 | 1,332 | 623 | 710 | 1,014 | 508 | 505 |
| | 71 | 1,153 | 602 | 551 | 881 | 360 | 521 |
| | 72 | 993 | 506 | 488 | 953 | 443 | 510 |
| | 73 | 857 | 445 | 411 | 692 | 345 | 347 |
| | 74 | 701 | 378 | 323 | 684 | 313 | 371 |
| | 75 | 727 | 372 | 355 | 498 | 245 | 254 |
| | 76 | 479 | 239 | 240 | 473 | 254 | 219 |
| | 77 | 434 | 237 | 196 | 300 | 160 | 140 |
| | 78 | 364 | 191 | 173 | 353 | 179 | 174 |
| | 79 | 312 | 165 | 146 | 339 | 174 | 165 |
| | 80+ | 2,717 | 1,283 | 1,434 | 2,124 | 1,093 | 1,031 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2023 | All Ages | 851,872 | 420,300 | 431,572 | 746,270 | 365,111 | 381,159 |
| | 0 | 36,468 | 18,516 | 17,952 | 34,751 | 17,216 | 17,535 |
| | 1 | 34,722 | 17,326 | 17,396 | 33,573 | 16,769 | 16,804 |
| | 2 | 32,771 | 16,195 | 16,576 | 31,765 | 15,756 | 16,009 |
| | 3 | 34,246 | 16,987 | 17,259 | 29,016 | 14,244 | 14,771 |
| | 4 | 31,698 | 15,599 | 16,099 | 28,101 | 13,901 | 14,200 |
| | 5 | 30,849 | 15,374 | 15,474 | 26,327 | 12,979 | 13,347 |
| | 6 | 28,361 | 14,096 | 14,265 | 25,767 | 13,010 | 12,757 |
| | 7 | 28,220 | 14,113 | 14,107 | 23,915 | 11,853 | 12,062 |
| | 8 | 26,684 | 12,982 | 13,702 | 23,845 | 11,826 | 12,019 |
| | 9 | 26,332 | 12,943 | 13,389 | 22,701 | 11,342 | 11,359 |
| | 10 | 24,699 | 12,187 | 12,512 | 22,043 | 10,900 | 11,143 |
| | 11 | 24,678 | 12,336 | 12,342 | 19,530 | 9,671 | 9,859 |
| | 12 | 22,406 | 11,086 | 11,319 | 20,786 | 10,345 | 10,441 |
| | 13 | 22,487 | 11,084 | 11,402 | 19,022 | 9,608 | 9,414 |
| | 14 | 21,110 | 10,436 | 10,674 | 18,443 | 9,100 | 9,342 |
| | 15 | 20,252 | 10,074 | 10,178 | 17,921 | 8,855 | 9,066 |
| | 16 | 19,127 | 9,419 | 9,709 | 16,739 | 8,176 | 8,563 |
| | 17 | 18,914 | 9,166 | 9,748 | 15,557 | 7,616 | 7,941 |
| | 18 | 17,682 | 8,739 | 8,943 | 16,320 | 7,996 | 8,324 |
| | 19 | 15,909 | 7,773 | 8,137 | 15,244 | 7,450 | 7,794 |
| | 20 | 15,919 | 7,739 | 8,180 | 13,990 | 6,804 | 7,186 |
| | 21 | 12,945 | 6,203 | 6,742 | 12,407 | 6,208 | 6,199 |
| | 22 | 13,596 | 6,528 | 7,068 | 11,969 | 5,960 | 6,009 |
| | 23 | 13,204 | 6,298 | 6,906 | 11,642 | 5,895 | 5,747 |
| | 24 | 12,817 | 6,225 | 6,592 | 11,406 | 5,702 | 5,704 |
| | 25 | 12,981 | 6,294 | 6,687 | 11,272 | 5,594 | 5,678 |
| | 26 | 12,275 | 6,003 | 6,272 | 10,377 | 5,114 | 5,263 |
| | 27 | 12,019 | 5,825 | 6,195 | 9,999 | 4,930 | 5,068 |
| | 28 | 11,161 | 5,606 | 5,556 | 10,415 | 5,012 | 5,403 |
| | 29 | 10,737 | 5,456 | 5,281 | 9,259 | 4,582 | 4,677 |
| | 30 | 11,207 | 5,555 | 5,652 | 9,082 | 4,520 | 4,563 |
| | 31 | 9,428 | 4,621 | 4,807 | 8,768 | 4,510 | 4,258 |
| | 32 | 9,682 | 4,955 | 4,727 | 8,115 | 4,063 | 4,052 |
| | 33 | 9,486 | 4,709 | 4,777 | 7,506 | 3,751 | 3,755 |
| | 34 | 8,864 | 4,493 | 4,372 | 7,410 | 3,697 | 3,713 |
| | 35 | 8,971 | 4,381 | 4,590 | 7,059 | 3,559 | 3,501 |
| | 36 | 7,883 | 4,012 | 3,871 | 6,808 | 3,198 | 3,610 |
| | 37 | 8,039 | 4,001 | 4,037 | 6,048 | 2,888 | 3,161 |
| | 38 | 7,297 | 3,610 | 3,687 | 6,539 | 3,063 | 3,476 |
| | 39 | 6,911 | 3,308 | 3,604 | 5,863 | 2,699 | 3,163 |
| | 40 | 7,475 | 3,531 | 3,944 | 5,685 | 2,543 | 3,142 |
| | 41 | 5,757 | 2,783 | 2,974 | 5,619 | 2,528 | 3,092 |
| | 42 | 6,190 | 2,861 | 3,329 | 5,225 | 2,273 | 2,952 |
| | 43 | 5,531 | 2,502 | 3,029 | 4,862 | 2,052 | 2,810 |
| | 44 | 5,430 | 2,451 | 2,979 | 4,609 | 1,938 | 2,671 |
| | 45 | 6,196 | 2,803 | 3,393 | 4,555 | 1,998 | 2,557 |
| | 46 | 5,021 | 2,423 | 2,598 | 4,475 | 1,965 | 2,510 |
| | 47 | 5,358 | 2,661 | 2,697 | 3,826 | 1,741 | 2,085 |
| | 48 | 4,955 | 2,462 | 2,493 | 4,176 | 1,941 | 2,235 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2023 | 49 | 4,275 | 2,212 | 2,063 | 4,018 | 1,854 | 2,164 |
| | 50 | 5,134 | 2,449 | 2,685 | 3,508 | 1,706 | 1,802 |
| | 51 | 3,765 | 1,906 | 1,858 | 3,400 | 1,599 | 1,801 |
| | 52 | 3,918 | 2,020 | 1,898 | 3,050 | 1,427 | 1,623 |
| | 53 | 3,491 | 1,783 | 1,709 | 2,869 | 1,336 | 1,533 |
| | 54 | 3,207 | 1,666 | 1,541 | 2,755 | 1,251 | 1,504 |
| | 55 | 3,672 | 1,776 | 1,897 | 2,478 | 1,132 | 1,346 |
| | 56 | 2,852 | 1,423 | 1,429 | 2,555 | 1,148 | 1,407 |
| | 57 | 2,963 | 1,427 | 1,536 | 2,157 | 991 | 1,166 |
| | 58 | 2,554 | 1,232 | 1,322 | 2,361 | 1,044 | 1,317 |
| | 59 | 2,209 | 1,126 | 1,083 | 2,190 | 939 | 1,252 |
| | 60 | 2,772 | 1,309 | 1,462 | 2,101 | 962 | 1,139 |
| | 61 | 2,122 | 1,077 | 1,045 | 2,017 | 886 | 1,131 |
| | 62 | 2,219 | 1,159 | 1,060 | 1,893 | 808 | 1,085 |
| | 63 | 2,231 | 1,123 | 1,108 | 1,718 | 768 | 950 |
| | 64 | 1,846 | 979 | 866 | 1,637 | 765 | 872 |
| | 65 | 1,956 | 964 | 992 | 1,635 | 761 | 875 |
| | 66 | 1,520 | 822 | 698 | 1,403 | 599 | 804 |
| | 67 | 1,406 | 734 | 672 | 1,238 | 552 | 686 |
| | 68 | 1,246 | 653 | 594 | 1,288 | 566 | 722 |
| | 69 | 1,163 | 555 | 608 | 1,092 | 501 | 591 |
| | 70 | 1,329 | 616 | 713 | 1,009 | 502 | 507 |
| | 71 | 1,145 | 591 | 554 | 875 | 353 | 521 |
| | 72 | 1,019 | 513 | 506 | 976 | 449 | 527 |
| | 73 | 913 | 469 | 444 | 736 | 362 | 374 |
| | 74 | 770 | 410 | 360 | 752 | 339 | 413 |
| | 75 | 823 | 413 | 410 | 564 | 271 | 293 |
| | 76 | 539 | 263 | 275 | 529 | 279 | 250 |
| | 77 | 474 | 256 | 217 | 326 | 172 | 154 |
| | 78 | 372 | 196 | 175 | 360 | 183 | 176 |
| | 79 | 302 | 163 | 138 | 327 | 171 | 156 |
| | 80+ | 2,719 | 1,284 | 1,435 | 2,120 | 1,092 | 1,029 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2024 | All Ages | 882,794 | 435,611 | 447,183 | 772,080 | 377,799 | 394,282 |
| | 0 | 37,849 | 19,219 | 18,630 | 36,012 | 17,841 | 18,171 |
| | 1 | 36,038 | 17,985 | 18,053 | 34,780 | 17,374 | 17,406 |
| | 2 | 33,929 | 16,770 | 17,159 | 32,836 | 16,287 | 16,549 |
| | 3 | 35,473 | 17,596 | 17,877 | 30,009 | 14,731 | 15,278 |
| | 4 | 32,832 | 16,158 | 16,675 | 29,063 | 14,376 | 14,687 |
| | 5 | 31,984 | 15,940 | 16,044 | 27,252 | 13,436 | 13,816 |
| | 6 | 29,347 | 14,586 | 14,762 | 26,619 | 13,440 | 13,180 |
| | 7 | 29,123 | 14,564 | 14,559 | 24,639 | 12,212 | 12,427 |
| | 8 | 27,561 | 13,409 | 14,153 | 24,588 | 12,194 | 12,394 |
| | 9 | 27,249 | 13,393 | 13,856 | 23,454 | 11,718 | 11,735 |
| | 10 | 25,532 | 12,598 | 12,934 | 22,749 | 11,250 | 11,500 |
| | 11 | 25,556 | 12,776 | 12,781 | 20,192 | 9,999 | 10,192 |
| | 12 | 23,200 | 11,480 | 11,719 | 21,478 | 10,692 | 10,787 |
| | 13 | 23,323 | 11,498 | 11,825 | 19,695 | 9,949 | 9,745 |
| | 14 | 21,881 | 10,818 | 11,064 | 19,081 | 9,417 | 9,665 |
| | 15 | 21,042 | 10,467 | 10,575 | 18,583 | 9,183 | 9,401 |
| | 16 | 19,889 | 9,794 | 10,095 | 17,371 | 8,485 | 8,887 |
| | 17 | 19,699 | 9,547 | 10,153 | 16,172 | 7,917 | 8,255 |
| | 18 | 18,445 | 9,116 | 9,328 | 16,989 | 8,324 | 8,665 |
| | 19 | 16,765 | 8,201 | 8,564 | 16,030 | 7,844 | 8,186 |
| | 20 | 16,906 | 8,231 | 8,675 | 14,825 | 7,221 | 7,604 |
| | 21 | 14,566 | 7,061 | 7,506 | 13,938 | 7,052 | 6,885 |
| | 22 | 13,578 | 6,476 | 7,102 | 11,923 | 5,899 | 6,024 |
| | 23 | 13,361 | 6,348 | 7,013 | 11,751 | 5,928 | 5,823 |
| | 24 | 13,070 | 6,334 | 6,737 | 11,606 | 5,788 | 5,818 |
| | 25 | 13,265 | 6,423 | 6,842 | 11,494 | 5,694 | 5,799 |
| | 26 | 12,547 | 6,126 | 6,421 | 10,583 | 5,206 | 5,377 |
| | 27 | 12,404 | 6,012 | 6,392 | 10,295 | 5,077 | 5,218 |
| | 28 | 11,543 | 5,789 | 5,754 | 10,747 | 5,163 | 5,585 |
| | 29 | 11,091 | 5,622 | 5,469 | 9,544 | 4,712 | 4,833 |
| | 30 | 11,565 | 5,709 | 5,856 | 9,355 | 4,637 | 4,718 |
| | 31 | 9,723 | 4,750 | 4,973 | 9,022 | 4,627 | 4,395 |
| | 32 | 9,998 | 5,105 | 4,894 | 8,362 | 4,176 | 4,186 |
| | 33 | 9,804 | 4,876 | 4,928 | 7,740 | 3,875 | 3,865 |
| | 34 | 9,187 | 4,683 | 4,504 | 7,664 | 3,845 | 3,819 |
| | 35 | 9,368 | 4,594 | 4,774 | 7,358 | 3,723 | 3,635 |
| | 36 | 8,173 | 4,212 | 3,960 | 7,036 | 3,350 | 3,686 |
| | 37 | 8,324 | 4,186 | 4,138 | 6,249 | 3,015 | 3,234 |
| | 38 | 7,552 | 3,790 | 3,762 | 6,748 | 3,209 | 3,539 |
| | 39 | 7,139 | 3,478 | 3,661 | 6,039 | 2,833 | 3,206 |
| | 40 | 7,730 | 3,703 | 4,028 | 5,866 | 2,662 | 3,203 |
| | 41 | 5,945 | 2,942 | 3,003 | 5,783 | 2,667 | 3,116 |
| | 42 | 6,394 | 3,023 | 3,371 | 5,380 | 2,397 | 2,983 |
| | 43 | 5,679 | 2,596 | 3,083 | 4,980 | 2,126 | 2,855 |
| | 44 | 5,562 | 2,492 | 3,070 | 4,712 | 1,966 | 2,746 |
| | 45 | 6,374 | 2,833 | 3,541 | 4,680 | 2,016 | 2,664 |
| | 46 | 5,103 | 2,391 | 2,712 | 4,551 | 1,935 | 2,616 |
| | 47 | 5,485 | 2,650 | 2,834 | 3,919 | 1,731 | 2,188 |
| | 48 | 5,086 | 2,475 | 2,611 | 4,284 | 1,947 | 2,337 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2024 | 49 | 4,442 | 2,270 | 2,173 | 4,173 | 1,899 | 2,274 |
| | 50 | 5,366 | 2,556 | 2,810 | 3,661 | 1,778 | 1,884 |
| | 51 | 4,001 | 2,011 | 1,990 | 3,609 | 1,685 | 1,924 |
| | 52 | 4,141 | 2,128 | 2,013 | 3,218 | 1,500 | 1,718 |
| | 53 | 3,682 | 1,864 | 1,817 | 3,021 | 1,395 | 1,627 |
| | 54 | 3,350 | 1,737 | 1,613 | 2,872 | 1,302 | 1,570 |
| | 55 | 3,766 | 1,840 | 1,926 | 2,536 | 1,171 | 1,365 |
| | 56 | 2,971 | 1,492 | 1,478 | 2,653 | 1,201 | 1,452 |
| | 57 | 3,103 | 1,503 | 1,600 | 2,256 | 1,043 | 1,213 |
| | 58 | 2,645 | 1,282 | 1,363 | 2,438 | 1,084 | 1,354 |
| | 59 | 2,268 | 1,152 | 1,116 | 2,245 | 959 | 1,286 |
| | 60 | 2,805 | 1,324 | 1,482 | 2,124 | 971 | 1,152 |
| | 61 | 2,155 | 1,078 | 1,077 | 2,048 | 886 | 1,162 |
| | 62 | 2,256 | 1,163 | 1,093 | 1,925 | 809 | 1,116 |
| | 63 | 2,291 | 1,143 | 1,148 | 1,763 | 780 | 983 |
| | 64 | 1,927 | 1,019 | 907 | 1,706 | 795 | 911 |
| | 65 | 2,054 | 1,016 | 1,038 | 1,714 | 800 | 914 |
| | 66 | 1,625 | 882 | 743 | 1,496 | 642 | 853 |
| | 67 | 1,481 | 776 | 705 | 1,301 | 583 | 718 |
| | 68 | 1,312 | 687 | 625 | 1,353 | 594 | 759 |
| | 69 | 1,197 | 568 | 629 | 1,121 | 511 | 610 |
| | 70 | 1,337 | 614 | 723 | 1,013 | 500 | 513 |
| | 71 | 1,142 | 585 | 557 | 872 | 349 | 523 |
| | 72 | 1,012 | 504 | 508 | 968 | 440 | 528 |
| | 73 | 935 | 476 | 459 | 754 | 367 | 386 |
| | 74 | 820 | 432 | 389 | 801 | 357 | 444 |
| | 75 | 905 | 448 | 457 | 619 | 294 | 325 |
| | 76 | 611 | 293 | 318 | 598 | 309 | 289 |
| | 77 | 531 | 282 | 249 | 365 | 189 | 176 |
| | 78 | 406 | 212 | 194 | 392 | 197 | 194 |
| | 79 | 308 | 168 | 140 | 333 | 176 | 157 |
| | 80+ | 2,708 | 1,283 | 1,425 | 2,107 | 1,088 | 1,019 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2025 | All Ages | 915,090 | 451,612 | 463,478 | 798,886 | 390,987 | 407,900 |
| | 0 | 39,313 | 19,965 | 19,349 | 37,344 | 18,502 | 18,842 |
| | 1 | 37,436 | 18,686 | 18,750 | 36,058 | 18,015 | 18,042 |
| | 2 | 35,221 | 17,412 | 17,809 | 34,031 | 16,881 | 17,150 |
| | 3 | 36,734 | 18,223 | 18,511 | 31,024 | 15,230 | 15,794 |
| | 4 | 34,015 | 16,740 | 17,274 | 30,062 | 14,870 | 15,193 |
| | 5 | 33,137 | 16,514 | 16,623 | 28,187 | 13,897 | 14,289 |
| | 6 | 30,429 | 15,123 | 15,306 | 27,553 | 13,911 | 13,642 |
| | 7 | 30,138 | 15,072 | 15,067 | 25,453 | 12,615 | 12,838 |
| | 8 | 28,445 | 13,837 | 14,608 | 25,332 | 12,562 | 12,770 |
| | 9 | 28,146 | 13,833 | 14,313 | 24,184 | 12,084 | 12,101 |
| | 10 | 26,422 | 13,038 | 13,385 | 23,502 | 11,622 | 11,880 |
| | 11 | 26,416 | 13,206 | 13,210 | 20,835 | 10,319 | 10,516 |
| | 12 | 24,036 | 11,894 | 12,142 | 22,205 | 11,055 | 11,150 |
| | 13 | 24,144 | 11,905 | 12,240 | 20,351 | 10,282 | 10,069 |
| | 14 | 22,700 | 11,223 | 11,477 | 19,757 | 9,751 | 10,006 |
| | 15 | 21,813 | 10,852 | 10,961 | 19,225 | 9,500 | 9,725 |
| | 16 | 20,667 | 10,177 | 10,490 | 18,013 | 8,798 | 9,215 |
| | 17 | 20,484 | 9,927 | 10,557 | 16,783 | 8,215 | 8,568 |
| | 18 | 19,216 | 9,498 | 9,718 | 17,662 | 8,653 | 9,009 |
| | 19 | 17,490 | 8,555 | 8,935 | 16,686 | 8,165 | 8,521 |
| | 20 | 17,817 | 8,686 | 9,131 | 15,588 | 7,602 | 7,986 |
| | 21 | 15,472 | 7,511 | 7,961 | 14,773 | 7,487 | 7,286 |
| | 22 | 15,277 | 7,372 | 7,905 | 13,389 | 6,699 | 6,690 |
| | 23 | 13,342 | 6,298 | 7,045 | 11,702 | 5,866 | 5,836 |
| | 24 | 13,225 | 6,384 | 6,841 | 11,715 | 5,821 | 5,895 |
| | 25 | 13,530 | 6,536 | 6,994 | 11,697 | 5,780 | 5,916 |
| | 26 | 12,820 | 6,249 | 6,571 | 10,787 | 5,298 | 5,489 |
| | 27 | 12,680 | 6,135 | 6,545 | 10,500 | 5,169 | 5,331 |
| | 28 | 11,911 | 5,975 | 5,936 | 11,062 | 5,314 | 5,748 |
| | 29 | 11,472 | 5,806 | 5,665 | 9,850 | 4,854 | 4,995 |
| | 30 | 11,944 | 5,882 | 6,062 | 9,643 | 4,768 | 4,875 |
| | 31 | 10,037 | 4,883 | 5,154 | 9,291 | 4,746 | 4,545 |
| | 32 | 10,312 | 5,249 | 5,062 | 8,604 | 4,283 | 4,320 |
| | 33 | 10,123 | 5,021 | 5,102 | 7,974 | 3,982 | 3,992 |
| | 34 | 9,495 | 4,849 | 4,645 | 7,903 | 3,973 | 3,931 |
| | 35 | 9,706 | 4,788 | 4,918 | 7,609 | 3,872 | 3,737 |
| | 36 | 8,537 | 4,418 | 4,119 | 7,331 | 3,505 | 3,826 |
| | 37 | 8,625 | 4,392 | 4,233 | 6,460 | 3,158 | 3,301 |
| | 38 | 7,822 | 3,964 | 3,858 | 6,970 | 3,349 | 3,621 |
| | 39 | 7,387 | 3,652 | 3,735 | 6,230 | 2,967 | 3,264 |
| | 40 | 7,984 | 3,894 | 4,090 | 6,042 | 2,795 | 3,248 |
| | 41 | 6,153 | 3,086 | 3,067 | 5,966 | 2,791 | 3,176 |
| | 42 | 6,600 | 3,197 | 3,403 | 5,536 | 2,530 | 3,006 |
| | 43 | 5,864 | 2,743 | 3,122 | 5,127 | 2,242 | 2,885 |
| | 44 | 5,711 | 2,586 | 3,125 | 4,825 | 2,036 | 2,789 |
| | 45 | 6,525 | 2,880 | 3,645 | 4,784 | 2,045 | 2,738 |
| | 46 | 5,248 | 2,417 | 2,831 | 4,677 | 1,953 | 2,725 |
| | 47 | 5,570 | 2,613 | 2,958 | 3,983 | 1,703 | 2,280 |
| | 48 | 5,214 | 2,467 | 2,747 | 4,390 | 1,937 | 2,454 |

Table 8: District Population in Single Year by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|-----|-----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2025 | 49 | 4,558 | 2,282 | 2,276 | 4,283 | 1,905 | 2,378 |
| | 50 | 5,582 | 2,624 | 2,957 | 3,801 | 1,822 | 1,979 |
| | 51 | 4,185 | 2,100 | 2,084 | 3,767 | 1,757 | 2,010 |
| | 52 | 4,403 | 2,248 | 2,155 | 3,418 | 1,582 | 1,837 |
| | 53 | 3,892 | 1,966 | 1,927 | 3,188 | 1,467 | 1,720 |
| | 54 | 3,532 | 1,817 | 1,715 | 3,025 | 1,358 | 1,667 |
| | 55 | 3,933 | 1,918 | 2,015 | 2,644 | 1,218 | 1,426 |
| | 56 | 3,050 | 1,547 | 1,503 | 2,715 | 1,243 | 1,473 |
| | 57 | 3,232 | 1,578 | 1,654 | 2,345 | 1,093 | 1,252 |
| | 58 | 2,775 | 1,353 | 1,422 | 2,551 | 1,142 | 1,409 |
| | 59 | 2,350 | 1,200 | 1,150 | 2,319 | 997 | 1,322 |
| | 60 | 2,880 | 1,355 | 1,525 | 2,177 | 993 | 1,184 |
| | 61 | 2,183 | 1,090 | 1,093 | 2,070 | 894 | 1,176 |
| | 62 | 2,291 | 1,164 | 1,127 | 1,956 | 809 | 1,148 |
| | 63 | 2,332 | 1,148 | 1,184 | 1,793 | 782 | 1,012 |
| | 64 | 1,980 | 1,039 | 941 | 1,751 | 808 | 943 |
| | 65 | 2,146 | 1,058 | 1,088 | 1,788 | 832 | 956 |
| | 66 | 1,709 | 930 | 779 | 1,568 | 676 | 892 |
| | 67 | 1,585 | 835 | 750 | 1,388 | 626 | 762 |
| | 68 | 1,381 | 727 | 653 | 1,420 | 628 | 792 |
| | 69 | 1,261 | 598 | 663 | 1,178 | 538 | 640 |
| | 70 | 1,377 | 629 | 749 | 1,041 | 511 | 530 |
| | 71 | 1,150 | 584 | 566 | 877 | 348 | 529 |
| | 72 | 1,011 | 500 | 511 | 965 | 434 | 530 |
| | 73 | 927 | 467 | 460 | 746 | 360 | 386 |
| | 74 | 842 | 439 | 403 | 821 | 362 | 459 |
| | 75 | 965 | 472 | 493 | 660 | 310 | 350 |
| | 76 | 673 | 318 | 355 | 657 | 336 | 321 |
| | 77 | 602 | 313 | 289 | 413 | 210 | 203 |
| | 78 | 456 | 234 | 222 | 439 | 217 | 222 |
| | 79 | 336 | 181 | 155 | 362 | 189 | 173 |
| | 80+ | 2,707 | 1,287 | 1,420 | 2,102 | 1,090 | 1,012 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2003 | All Ages | 216,883 | 106,478 | 110,405 | 152,939 | 74,559 | 78,380 |
| | 0 | 10,194 | 5,059 | 5,134 | 6,510 | 3,241 | 3,269 |
| | 1 | 8,279 | 4,037 | 4,242 | 5,378 | 2,680 | 2,698 |
| | 2 | 8,143 | 4,112 | 4,030 | 5,480 | 2,719 | 2,761 |
| | 3 | 7,562 | 3,799 | 3,764 | 4,920 | 2,504 | 2,416 |
| | 4 | 7,614 | 3,838 | 3,776 | 4,851 | 2,461 | 2,390 |
| | 5 | 7,228 | 3,564 | 3,664 | 4,769 | 2,424 | 2,345 |
| | 6 | 7,142 | 3,484 | 3,658 | 4,973 | 2,429 | 2,544 |
| | 7 | 7,024 | 3,509 | 3,516 | 4,719 | 2,294 | 2,426 |
| | 8 | 6,458 | 3,309 | 3,149 | 4,736 | 2,376 | 2,359 |
| | 9 | 6,112 | 3,027 | 3,085 | 4,503 | 2,273 | 2,231 |
| | 10 | 5,973 | 3,016 | 2,956 | 4,493 | 2,255 | 2,238 |
| | 11 | 5,977 | 3,019 | 2,958 | 4,490 | 2,177 | 2,313 |
| | 12 | 5,491 | 2,743 | 2,748 | 4,341 | 2,170 | 2,172 |
| | 13 | 5,238 | 2,608 | 2,630 | 4,185 | 2,051 | 2,134 |
| | 14 | 5,205 | 2,631 | 2,574 | 4,045 | 2,003 | 2,042 |
| | 15 | 4,908 | 2,457 | 2,451 | 3,830 | 1,845 | 1,985 |
| | 16 | 4,940 | 2,490 | 2,449 | 3,755 | 1,826 | 1,929 |
| | 17 | 4,752 | 2,428 | 2,324 | 3,483 | 1,677 | 1,806 |
| | 18 | 4,164 | 1,994 | 2,170 | 3,210 | 1,561 | 1,649 |
| | 19 | 4,386 | 2,032 | 2,354 | 3,185 | 1,579 | 1,606 |
| | 20 | 3,811 | 1,783 | 2,029 | 3,112 | 1,486 | 1,626 |
| | 21 | 3,996 | 1,803 | 2,194 | 3,296 | 1,415 | 1,881 |
| | 22 | 3,827 | 1,635 | 2,193 | 3,021 | 1,373 | 1,647 |
| | 23 | 3,823 | 1,642 | 2,181 | 2,882 | 1,268 | 1,614 |
| | 24 | 3,660 | 1,587 | 2,074 | 2,810 | 1,236 | 1,574 |
| | 25 | 3,281 | 1,445 | 1,836 | 2,620 | 1,206 | 1,414 |
| | 26 | 3,511 | 1,603 | 1,908 | 2,635 | 1,235 | 1,400 |
| | 27 | 3,395 | 1,632 | 1,764 | 2,436 | 1,163 | 1,273 |
| | 28 | 3,137 | 1,506 | 1,631 | 2,192 | 1,077 | 1,115 |
| | 29 | 3,292 | 1,600 | 1,692 | 2,171 | 993 | 1,178 |
| | 30 | 2,605 | 1,293 | 1,312 | 1,953 | 965 | 988 |
| | 31 | 2,978 | 1,491 | 1,487 | 1,941 | 920 | 1,022 |
| | 32 | 2,569 | 1,303 | 1,266 | 1,880 | 887 | 993 |
| | 33 | 2,506 | 1,296 | 1,209 | 1,686 | 845 | 841 |
| | 34 | 2,300 | 1,178 | 1,121 | 1,641 | 780 | 860 |
| | 35 | 1,892 | 983 | 909 | 1,529 | 756 | 772 |
| | 36 | 2,038 | 1,044 | 994 | 1,523 | 738 | 785 |
| | 37 | 2,011 | 1,008 | 1,003 | 1,331 | 625 | 706 |
| | 38 | 1,689 | 820 | 869 | 1,309 | 628 | 681 |
| | 39 | 1,815 | 887 | 928 | 1,286 | 633 | 653 |
| | 40 | 1,414 | 710 | 704 | 1,118 | 555 | 564 |
| | 41 | 1,840 | 864 | 976 | 1,200 | 561 | 639 |
| | 42 | 1,598 | 740 | 858 | 1,079 | 542 | 537 |
| | 43 | 1,797 | 886 | 911 | 1,070 | 532 | 538 |
| | 44 | 1,681 | 835 | 846 | 1,040 | 526 | 514 |
| | 45 | 1,133 | 562 | 571 | 849 | 417 | 432 |
| | 46 | 1,370 | 633 | 737 | 891 | 465 | 427 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2003 | | | | | | | |
| | 47 | 1,327 | 636 | 690 | 752 | 357 | 395 |
| | 48 | 1,114 | 555 | 559 | 701 | 335 | 366 |
| | 49 | 1,205 | 590 | 615 | 710 | 342 | 368 |
| | 50 | 879 | 450 | 429 | 621 | 319 | 303 |
| | 51 | 1,184 | 603 | 581 | 714 | 339 | 374 |
| | 52 | 1,086 | 526 | 559 | 624 | 310 | 314 |
| | 53 | 1,108 | 556 | 551 | 613 | 312 | 301 |
| | 54 | 999 | 507 | 492 | 606 | 309 | 298 |
| | 55 | 705 | 396 | 309 | 503 | 255 | 248 |
| | 56 | 758 | 396 | 362 | 473 | 250 | 223 |
| | 57 | 643 | 334 | 308 | 399 | 223 | 176 |
| | 58 | 533 | 293 | 240 | 381 | 207 | 175 |
| | 59 | 661 | 338 | 323 | 341 | 191 | 150 |
| | 60 | 429 | 234 | 195 | 304 | 147 | 156 |
| | 61 | 623 | 310 | 313 | 373 | 188 | 186 |
| | 62 | 610 | 305 | 305 | 321 | 151 | 171 |
| | 63 | 528 | 260 | 268 | 360 | 174 | 187 |
| | 64 | 639 | 275 | 364 | 313 | 148 | 165 |
| | 65 | 387 | 185 | 202 | 278 | 136 | 142 |
| | 66 | 496 | 242 | 253 | 258 | 114 | 144 |
| | 67 | 440 | 203 | 237 | 252 | 121 | 131 |
| | 68 | 344 | 182 | 162 | 221 | 91 | 130 |
| | 69 | 433 | 208 | 225 | 179 | 104 | 74 |
| | 70 | 294 | 145 | 150 | 191 | 91 | 100 |
| | 71 | 391 | 187 | 204 | 192 | 112 | 80 |
| | 72 | 346 | 166 | 180 | 177 | 84 | 93 |
| | 73 | 394 | 173 | 221 | 217 | 104 | 113 |
| | 74 | 343 | 182 | 162 | 166 | 63 | 103 |
| | 75 | 231 | 119 | 112 | 148 | 68 | 81 |
| | 76 | 244 | 128 | 115 | 137 | 59 | 78 |
| | 77 | 269 | 130 | 139 | 113 | 51 | 62 |
| | 78 | 156 | 78 | 78 | 120 | 66 | 54 |
| | 79 | 181 | 96 | 85 | 78 | 35 | 42 |
| | 80+ | 1,144 | 563 | 581 | 744 | 335 | 409 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2004 | All Ages | 224,406 | 110,124 | 114,283 | 159,092 | 77,541 | 81,551 |
| | 0 | 10,705 | 5,320 | 5,385 | 6,867 | 3,424 | 3,443 |
| | 1 | 9,373 | 4,622 | 4,751 | 6,121 | 3,084 | 3,037 |
| | 2 | 8,104 | 4,066 | 4,037 | 5,477 | 2,700 | 2,777 |
| | 3 | 7,632 | 3,818 | 3,813 | 4,989 | 2,529 | 2,460 |
| | 4 | 7,745 | 3,894 | 3,851 | 4,958 | 2,509 | 2,449 |
| | 5 | 7,392 | 3,639 | 3,752 | 4,901 | 2,487 | 2,414 |
| | 6 | 7,293 | 3,553 | 3,740 | 5,102 | 2,489 | 2,613 |
| | 7 | 7,251 | 3,621 | 3,630 | 4,897 | 2,379 | 2,519 |
| | 8 | 6,665 | 3,412 | 3,253 | 4,910 | 2,462 | 2,448 |
| | 9 | 6,303 | 3,116 | 3,187 | 4,667 | 2,350 | 2,317 |
| | 10 | 6,156 | 3,101 | 3,055 | 4,654 | 2,329 | 2,325 |
| | 11 | 6,158 | 3,101 | 3,057 | 4,649 | 2,248 | 2,401 |
| | 12 | 5,666 | 2,826 | 2,840 | 4,502 | 2,246 | 2,256 |
| | 13 | 5,414 | 2,699 | 2,716 | 4,348 | 2,133 | 2,215 |
| | 14 | 5,392 | 2,739 | 2,653 | 4,211 | 2,095 | 2,116 |
| | 15 | 5,093 | 2,572 | 2,522 | 3,996 | 1,942 | 2,054 |
| | 16 | 5,133 | 2,612 | 2,521 | 3,922 | 1,925 | 1,997 |
| | 17 | 4,933 | 2,544 | 2,389 | 3,634 | 1,766 | 1,868 |
| | 18 | 4,317 | 2,094 | 2,223 | 3,348 | 1,648 | 1,700 |
| | 19 | 4,538 | 2,138 | 2,399 | 3,316 | 1,670 | 1,647 |
| | 20 | 3,937 | 1,877 | 2,061 | 3,236 | 1,574 | 1,662 |
| | 21 | 4,130 | 1,907 | 2,223 | 3,421 | 1,504 | 1,917 |
| | 22 | 3,951 | 1,725 | 2,226 | 3,139 | 1,457 | 1,682 |
| | 23 | 3,943 | 1,711 | 2,232 | 2,990 | 1,329 | 1,661 |
| | 24 | 3,767 | 1,622 | 2,145 | 2,908 | 1,270 | 1,638 |
| | 25 | 3,372 | 1,455 | 1,918 | 2,707 | 1,220 | 1,487 |
| | 26 | 3,602 | 1,600 | 2,001 | 2,718 | 1,240 | 1,478 |
| | 27 | 3,483 | 1,634 | 1,849 | 2,516 | 1,171 | 1,344 |
| | 28 | 3,244 | 1,525 | 1,719 | 2,280 | 1,097 | 1,183 |
| | 29 | 3,439 | 1,649 | 1,790 | 2,285 | 1,030 | 1,255 |
| | 30 | 2,747 | 1,352 | 1,395 | 2,072 | 1,015 | 1,057 |
| | 31 | 3,155 | 1,566 | 1,588 | 2,070 | 972 | 1,098 |
| | 32 | 2,717 | 1,363 | 1,354 | 2,002 | 934 | 1,068 |
| | 33 | 2,642 | 1,358 | 1,284 | 1,790 | 890 | 899 |
| | 34 | 2,409 | 1,233 | 1,176 | 1,729 | 822 | 907 |
| | 35 | 1,971 | 1,028 | 942 | 1,601 | 796 | 806 |
| | 36 | 2,122 | 1,095 | 1,027 | 1,594 | 779 | 815 |
| | 37 | 2,094 | 1,058 | 1,036 | 1,393 | 660 | 733 |
| | 38 | 1,749 | 853 | 895 | 1,364 | 657 | 707 |
| | 39 | 1,866 | 910 | 957 | 1,330 | 652 | 677 |
| | 40 | 1,446 | 720 | 726 | 1,151 | 566 | 585 |
| | 41 | 1,873 | 869 | 1,003 | 1,227 | 567 | 660 |
| | 42 | 1,625 | 745 | 880 | 1,103 | 549 | 554 |
| | 43 | 1,844 | 903 | 941 | 1,105 | 546 | 559 |
| | 44 | 1,752 | 868 | 884 | 1,090 | 550 | 540 |
| | 45 | 1,197 | 595 | 602 | 902 | 444 | 458 |
| | 46 | 1,460 | 677 | 783 | 956 | 500 | 456 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2004 | | | | | | | |
| | 47 | 1,409 | 676 | 732 | 802 | 381 | 421 |
| | 48 | 1,167 | 580 | 587 | 738 | 352 | 386 |
| | 49 | 1,233 | 600 | 633 | 730 | 350 | 380 |
| | 50 | 883 | 448 | 435 | 627 | 319 | 308 |
| | 51 | 1,176 | 594 | 582 | 712 | 336 | 377 |
| | 52 | 1,083 | 521 | 562 | 625 | 308 | 317 |
| | 53 | 1,130 | 563 | 568 | 629 | 317 | 312 |
| | 54 | 1,059 | 531 | 528 | 645 | 325 | 321 |
| | 55 | 771 | 428 | 343 | 554 | 277 | 277 |
| | 56 | 852 | 437 | 415 | 534 | 278 | 256 |
| | 57 | 717 | 366 | 352 | 446 | 245 | 202 |
| | 58 | 576 | 313 | 263 | 414 | 222 | 192 |
| | 59 | 669 | 344 | 324 | 347 | 195 | 152 |
| | 60 | 412 | 229 | 183 | 293 | 145 | 148 |
| | 61 | 587 | 299 | 287 | 353 | 182 | 171 |
| | 62 | 578 | 295 | 283 | 305 | 146 | 159 |
| | 63 | 513 | 255 | 258 | 352 | 171 | 181 |
| | 64 | 648 | 278 | 371 | 320 | 151 | 169 |
| | 65 | 407 | 191 | 215 | 294 | 142 | 152 |
| | 66 | 530 | 254 | 276 | 278 | 120 | 158 |
| | 67 | 460 | 208 | 253 | 265 | 124 | 140 |
| | 68 | 354 | 184 | 170 | 229 | 92 | 137 |
| | 69 | 431 | 206 | 225 | 178 | 104 | 75 |
| | 70 | 286 | 141 | 145 | 186 | 89 | 98 |
| | 71 | 374 | 180 | 194 | 184 | 108 | 76 |
| | 72 | 326 | 157 | 170 | 167 | 79 | 88 |
| | 73 | 384 | 168 | 216 | 212 | 101 | 111 |
| | 74 | 351 | 183 | 168 | 171 | 64 | 107 |
| | 75 | 247 | 124 | 123 | 160 | 71 | 89 |
| | 76 | 247 | 126 | 120 | 140 | 58 | 82 |
| | 77 | 283 | 132 | 151 | 120 | 52 | 69 |
| | 78 | 166 | 80 | 87 | 127 | 67 | 60 |
| | 79 | 190 | 97 | 93 | 83 | 36 | 47 |
| | 80+ | 1,107 | 548 | 559 | 722 | 327 | 395 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2005 | All Ages | 232,559 | 114,110 | 118,449 | 165,738 | 80,779 | 84,960 |
| | 0 | 11,243 | 5,595 | 5,648 | 7,244 | 3,618 | 3,626 |
| | 1 | 9,899 | 4,889 | 5,011 | 6,495 | 3,278 | 3,218 |
| | 2 | 9,192 | 4,664 | 4,527 | 6,236 | 3,108 | 3,128 |
| | 3 | 7,609 | 3,783 | 3,827 | 4,998 | 2,518 | 2,480 |
| | 4 | 7,827 | 3,920 | 3,907 | 5,034 | 2,538 | 2,495 |
| | 5 | 7,530 | 3,699 | 3,831 | 5,017 | 2,540 | 2,477 |
| | 6 | 7,461 | 3,630 | 3,831 | 5,244 | 2,555 | 2,689 |
| | 7 | 7,406 | 3,694 | 3,712 | 5,027 | 2,439 | 2,589 |
| | 8 | 6,884 | 3,522 | 3,362 | 5,095 | 2,554 | 2,541 |
| | 9 | 6,508 | 3,214 | 3,293 | 4,842 | 2,436 | 2,406 |
| | 10 | 6,353 | 3,194 | 3,159 | 4,825 | 2,409 | 2,415 |
| | 11 | 6,350 | 3,189 | 3,161 | 4,817 | 2,323 | 2,494 |
| | 12 | 5,838 | 2,904 | 2,934 | 4,662 | 2,318 | 2,343 |
| | 13 | 5,589 | 2,781 | 2,808 | 4,511 | 2,209 | 2,302 |
| | 14 | 5,575 | 2,835 | 2,740 | 4,375 | 2,179 | 2,196 |
| | 15 | 5,278 | 2,678 | 2,599 | 4,162 | 2,033 | 2,129 |
| | 16 | 5,331 | 2,736 | 2,595 | 4,092 | 2,026 | 2,066 |
| | 17 | 5,130 | 2,670 | 2,459 | 3,798 | 1,863 | 1,935 |
| | 18 | 4,481 | 2,194 | 2,286 | 3,495 | 1,736 | 1,759 |
| | 19 | 4,705 | 2,246 | 2,459 | 3,460 | 1,763 | 1,697 |
| | 20 | 4,076 | 1,975 | 2,101 | 3,370 | 1,666 | 1,704 |
| | 21 | 4,268 | 2,010 | 2,258 | 3,550 | 1,593 | 1,957 |
| | 22 | 4,081 | 1,825 | 2,256 | 3,264 | 1,549 | 1,715 |
| | 23 | 4,073 | 1,806 | 2,267 | 3,107 | 1,411 | 1,696 |
| | 24 | 3,886 | 1,691 | 2,195 | 3,017 | 1,331 | 1,686 |
| | 25 | 3,472 | 1,487 | 1,984 | 2,802 | 1,255 | 1,548 |
| | 26 | 3,704 | 1,612 | 2,092 | 2,810 | 1,256 | 1,554 |
| | 27 | 3,573 | 1,632 | 1,940 | 2,596 | 1,177 | 1,419 |
| | 28 | 3,333 | 1,529 | 1,804 | 2,356 | 1,106 | 1,250 |
| | 29 | 3,556 | 1,670 | 1,886 | 2,381 | 1,049 | 1,332 |
| | 30 | 2,871 | 1,394 | 1,477 | 2,179 | 1,053 | 1,126 |
| | 31 | 3,327 | 1,639 | 1,688 | 2,197 | 1,022 | 1,174 |
| | 32 | 2,879 | 1,432 | 1,448 | 2,135 | 986 | 1,149 |
| | 33 | 2,796 | 1,422 | 1,375 | 1,906 | 938 | 969 |
| | 34 | 2,543 | 1,293 | 1,250 | 1,836 | 866 | 970 |
| | 35 | 2,066 | 1,077 | 989 | 1,688 | 838 | 851 |
| | 36 | 2,210 | 1,145 | 1,065 | 1,669 | 819 | 850 |
| | 37 | 2,182 | 1,112 | 1,070 | 1,459 | 697 | 762 |
| | 38 | 1,821 | 896 | 925 | 1,429 | 694 | 735 |
| | 39 | 1,934 | 947 | 987 | 1,385 | 683 | 703 |
| | 40 | 1,488 | 738 | 750 | 1,191 | 584 | 607 |
| | 41 | 1,918 | 882 | 1,036 | 1,263 | 579 | 684 |
| | 42 | 1,655 | 751 | 905 | 1,130 | 556 | 573 |
| | 43 | 1,876 | 910 | 966 | 1,130 | 553 | 577 |
| | 44 | 1,799 | 885 | 913 | 1,126 | 565 | 561 |
| | 45 | 1,249 | 619 | 630 | 946 | 465 | 481 |
| | 46 | 1,543 | 716 | 827 | 1,016 | 532 | 484 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2005 | | | | | | | |
| | 47 | 1,503 | 723 | 780 | 860 | 410 | 451 |
| | 48 | 1,239 | 617 | 623 | 788 | 377 | 411 |
| | 49 | 1,292 | 628 | 664 | 769 | 369 | 401 |
| | 50 | 904 | 457 | 448 | 645 | 327 | 318 |
| | 51 | 1,183 | 593 | 590 | 719 | 336 | 383 |
| | 52 | 1,077 | 513 | 563 | 624 | 305 | 319 |
| | 53 | 1,128 | 557 | 571 | 630 | 315 | 315 |
| | 54 | 1,082 | 538 | 544 | 662 | 330 | 332 |
| | 55 | 818 | 450 | 369 | 590 | 292 | 298 |
| | 56 | 935 | 473 | 461 | 588 | 302 | 286 |
| | 57 | 808 | 404 | 404 | 504 | 272 | 232 |
| | 58 | 642 | 342 | 300 | 464 | 244 | 220 |
| | 59 | 723 | 368 | 355 | 377 | 210 | 167 |
| | 60 | 418 | 234 | 184 | 298 | 149 | 149 |
| | 61 | 564 | 294 | 270 | 342 | 179 | 162 |
| | 62 | 546 | 286 | 261 | 289 | 142 | 147 |
| | 63 | 487 | 246 | 240 | 335 | 166 | 169 |
| | 64 | 630 | 273 | 357 | 312 | 149 | 163 |
| | 65 | 413 | 194 | 220 | 300 | 144 | 156 |
| | 66 | 558 | 263 | 295 | 294 | 125 | 169 |
| | 67 | 494 | 218 | 276 | 284 | 131 | 154 |
| | 68 | 370 | 188 | 181 | 241 | 95 | 147 |
| | 69 | 445 | 209 | 236 | 184 | 105 | 79 |
| | 70 | 285 | 140 | 145 | 186 | 88 | 98 |
| | 71 | 364 | 176 | 189 | 180 | 106 | 74 |
| | 72 | 313 | 151 | 162 | 161 | 77 | 84 |
| | 73 | 363 | 159 | 204 | 201 | 96 | 105 |
| | 74 | 343 | 178 | 165 | 168 | 62 | 106 |
| | 75 | 254 | 125 | 128 | 165 | 72 | 93 |
| | 76 | 264 | 132 | 132 | 151 | 61 | 90 |
| | 77 | 288 | 130 | 157 | 123 | 51 | 72 |
| | 78 | 176 | 81 | 95 | 134 | 68 | 66 |
| | 79 | 202 | 99 | 103 | 89 | 37 | 52 |
| | 80+ | 1,083 | 537 | 546 | 708 | 322 | 387 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2006 | All Ages | 241,023 | 118,251 | 122,772 | 172,652 | 84,156 | 88,496 |
| | 0 | 11,689 | 5,817 | 5,872 | 7,563 | 3,779 | 3,784 |
| | 1 | 10,404 | 5,145 | 5,260 | 6,860 | 3,466 | 3,393 |
| | 2 | 9,722 | 4,941 | 4,781 | 6,622 | 3,305 | 3,317 |
| | 3 | 8,627 | 4,336 | 4,290 | 5,694 | 2,900 | 2,794 |
| | 4 | 7,807 | 3,885 | 3,922 | 5,044 | 2,527 | 2,516 |
| | 5 | 7,612 | 3,724 | 3,888 | 5,096 | 2,569 | 2,527 |
| | 6 | 7,602 | 3,690 | 3,911 | 5,368 | 2,609 | 2,759 |
| | 7 | 7,575 | 3,774 | 3,802 | 5,169 | 2,503 | 2,666 |
| | 8 | 7,034 | 3,594 | 3,439 | 5,229 | 2,619 | 2,611 |
| | 9 | 6,722 | 3,319 | 3,403 | 5,025 | 2,527 | 2,498 |
| | 10 | 6,560 | 3,295 | 3,265 | 5,006 | 2,497 | 2,509 |
| | 11 | 6,553 | 3,284 | 3,269 | 4,993 | 2,404 | 2,590 |
| | 12 | 6,018 | 2,986 | 3,032 | 4,829 | 2,394 | 2,435 |
| | 13 | 5,761 | 2,858 | 2,903 | 4,673 | 2,282 | 2,391 |
| | 14 | 5,755 | 2,922 | 2,833 | 4,539 | 2,256 | 2,283 |
| | 15 | 5,456 | 2,772 | 2,685 | 4,327 | 2,115 | 2,212 |
| | 16 | 5,525 | 2,851 | 2,675 | 4,263 | 2,121 | 2,142 |
| | 17 | 5,329 | 2,797 | 2,531 | 3,964 | 1,961 | 2,003 |
| | 18 | 4,656 | 2,302 | 2,354 | 3,653 | 1,831 | 1,822 |
| | 19 | 4,882 | 2,354 | 2,529 | 3,613 | 1,857 | 1,756 |
| | 20 | 4,226 | 2,074 | 2,152 | 3,515 | 1,759 | 1,756 |
| | 21 | 4,417 | 2,116 | 2,302 | 3,690 | 1,684 | 2,005 |
| | 22 | 4,215 | 1,923 | 2,292 | 3,393 | 1,641 | 1,752 |
| | 23 | 4,210 | 1,912 | 2,298 | 3,231 | 1,501 | 1,730 |
| | 24 | 4,015 | 1,785 | 2,229 | 3,135 | 1,413 | 1,723 |
| | 25 | 3,581 | 1,551 | 2,030 | 2,907 | 1,315 | 1,592 |
| | 26 | 3,812 | 1,648 | 2,164 | 2,909 | 1,291 | 1,618 |
| | 27 | 3,671 | 1,644 | 2,027 | 2,685 | 1,192 | 1,493 |
| | 28 | 3,421 | 1,528 | 1,893 | 2,431 | 1,112 | 1,320 |
| | 29 | 3,651 | 1,674 | 1,977 | 2,463 | 1,057 | 1,406 |
| | 30 | 2,969 | 1,412 | 1,557 | 2,268 | 1,073 | 1,195 |
| | 31 | 3,476 | 1,690 | 1,786 | 2,311 | 1,061 | 1,250 |
| | 32 | 3,035 | 1,498 | 1,538 | 2,265 | 1,038 | 1,227 |
| | 33 | 2,963 | 1,494 | 1,469 | 2,032 | 991 | 1,042 |
| | 34 | 2,690 | 1,353 | 1,337 | 1,955 | 912 | 1,043 |
| | 35 | 2,181 | 1,129 | 1,052 | 1,793 | 884 | 910 |
| | 36 | 2,317 | 1,199 | 1,117 | 1,759 | 863 | 897 |
| | 37 | 2,273 | 1,164 | 1,110 | 1,528 | 733 | 795 |
| | 38 | 1,897 | 941 | 955 | 1,498 | 734 | 764 |
| | 39 | 2,015 | 995 | 1,020 | 1,451 | 721 | 730 |
| | 40 | 1,542 | 768 | 774 | 1,242 | 612 | 630 |
| | 41 | 1,975 | 905 | 1,069 | 1,306 | 597 | 709 |
| | 42 | 1,695 | 762 | 934 | 1,163 | 568 | 595 |
| | 43 | 1,910 | 917 | 993 | 1,158 | 561 | 597 |
| | 44 | 1,829 | 892 | 937 | 1,151 | 572 | 579 |
| | 45 | 1,284 | 632 | 652 | 978 | 477 | 501 |
| | 46 | 1,610 | 745 | 864 | 1,066 | 557 | 509 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2006 | | | | | | | |
| | 47 | 1,588 | 765 | 823 | 914 | 436 | 478 |
| | 48 | 1,323 | 660 | 663 | 845 | 405 | 440 |
| | 49 | 1,372 | 668 | 705 | 822 | 394 | 427 |
| | 50 | 948 | 478 | 470 | 679 | 344 | 335 |
| | 51 | 1,211 | 604 | 607 | 739 | 344 | 395 |
| | 52 | 1,083 | 512 | 571 | 631 | 306 | 325 |
| | 53 | 1,121 | 549 | 572 | 629 | 312 | 317 |
| | 54 | 1,080 | 533 | 547 | 663 | 328 | 335 |
| | 55 | 836 | 455 | 380 | 606 | 297 | 309 |
| | 56 | 992 | 497 | 495 | 626 | 318 | 308 |
| | 57 | 886 | 437 | 449 | 555 | 295 | 260 |
| | 58 | 723 | 379 | 344 | 525 | 271 | 254 |
| | 59 | 808 | 403 | 405 | 422 | 231 | 191 |
| | 60 | 453 | 251 | 202 | 324 | 160 | 164 |
| | 61 | 572 | 300 | 272 | 348 | 184 | 164 |
| | 62 | 526 | 281 | 245 | 279 | 140 | 139 |
| | 63 | 459 | 238 | 221 | 317 | 161 | 156 |
| | 64 | 596 | 264 | 332 | 297 | 144 | 153 |
| | 65 | 402 | 190 | 212 | 293 | 142 | 151 |
| | 66 | 566 | 266 | 300 | 301 | 127 | 173 |
| | 67 | 520 | 226 | 294 | 301 | 136 | 164 |
| | 68 | 396 | 198 | 198 | 261 | 100 | 161 |
| | 69 | 466 | 214 | 252 | 193 | 109 | 84 |
| | 70 | 294 | 142 | 152 | 193 | 90 | 103 |
| | 71 | 363 | 174 | 189 | 180 | 105 | 75 |
| | 72 | 305 | 148 | 157 | 157 | 75 | 82 |
| | 73 | 348 | 153 | 195 | 193 | 93 | 100 |
| | 74 | 324 | 169 | 155 | 159 | 59 | 100 |
| | 75 | 248 | 122 | 126 | 162 | 70 | 92 |
| | 76 | 272 | 134 | 138 | 156 | 62 | 94 |
| | 77 | 310 | 137 | 173 | 134 | 54 | 79 |
| | 78 | 179 | 80 | 99 | 137 | 67 | 69 |
| | 79 | 213 | 100 | 113 | 95 | 37 | 57 |
| | 80+ | 1,071 | 529 | 542 | 703 | 318 | 385 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2007 | All Ages | 249,856 | 122,598 | 127,258 | 179,872 | 87,697 | 92,175 |
| | 0 | 12,139 | 6,041 | 6,098 | 7,888 | 3,942 | 3,946 |
| | 1 | 10,826 | 5,353 | 5,473 | 7,172 | 3,625 | 3,547 |
| | 2 | 10,227 | 5,205 | 5,023 | 6,994 | 3,495 | 3,499 |
| | 3 | 9,131 | 4,596 | 4,534 | 6,055 | 3,089 | 2,967 |
| | 4 | 8,850 | 4,453 | 4,397 | 5,745 | 2,911 | 2,834 |
| | 5 | 7,595 | 3,691 | 3,904 | 5,108 | 2,559 | 2,550 |
| | 6 | 7,687 | 3,717 | 3,969 | 5,452 | 2,639 | 2,813 |
| | 7 | 7,717 | 3,836 | 3,881 | 5,293 | 2,557 | 2,736 |
| | 8 | 7,196 | 3,672 | 3,524 | 5,375 | 2,688 | 2,687 |
| | 9 | 6,868 | 3,387 | 3,481 | 5,159 | 2,590 | 2,568 |
| | 10 | 6,778 | 3,403 | 3,375 | 5,196 | 2,590 | 2,606 |
| | 11 | 6,768 | 3,388 | 3,380 | 5,181 | 2,492 | 2,689 |
| | 12 | 6,209 | 3,075 | 3,134 | 5,007 | 2,477 | 2,530 |
| | 13 | 5,940 | 2,939 | 3,001 | 4,843 | 2,358 | 2,485 |
| | 14 | 5,931 | 3,003 | 2,928 | 4,700 | 2,329 | 2,372 |
| | 15 | 5,632 | 2,856 | 2,776 | 4,491 | 2,191 | 2,300 |
| | 16 | 5,713 | 2,951 | 2,762 | 4,431 | 2,206 | 2,225 |
| | 17 | 5,524 | 2,915 | 2,609 | 4,130 | 2,052 | 2,078 |
| | 18 | 4,835 | 2,411 | 2,424 | 3,815 | 1,928 | 1,887 |
| | 19 | 5,073 | 2,470 | 2,602 | 3,776 | 1,959 | 1,818 |
| | 20 | 4,386 | 2,173 | 2,213 | 3,670 | 1,853 | 1,816 |
| | 21 | 4,579 | 2,222 | 2,357 | 3,842 | 1,778 | 2,064 |
| | 22 | 4,358 | 2,024 | 2,335 | 3,531 | 1,735 | 1,795 |
| | 23 | 4,349 | 2,014 | 2,335 | 3,358 | 1,590 | 1,767 |
| | 24 | 4,148 | 1,889 | 2,259 | 3,258 | 1,503 | 1,756 |
| | 25 | 3,697 | 1,638 | 2,059 | 3,021 | 1,396 | 1,625 |
| | 26 | 3,932 | 1,720 | 2,212 | 3,019 | 1,354 | 1,665 |
| | 27 | 3,777 | 1,681 | 2,096 | 2,779 | 1,225 | 1,553 |
| | 28 | 3,517 | 1,539 | 1,978 | 2,515 | 1,126 | 1,388 |
| | 29 | 3,745 | 1,673 | 2,072 | 2,547 | 1,063 | 1,484 |
| | 30 | 3,049 | 1,416 | 1,633 | 2,343 | 1,082 | 1,261 |
| | 31 | 3,592 | 1,712 | 1,880 | 2,405 | 1,081 | 1,324 |
| | 32 | 3,169 | 1,544 | 1,626 | 2,381 | 1,076 | 1,306 |
| | 33 | 3,122 | 1,563 | 1,559 | 2,155 | 1,043 | 1,113 |
| | 34 | 2,851 | 1,422 | 1,429 | 2,085 | 964 | 1,121 |
| | 35 | 2,308 | 1,183 | 1,125 | 1,910 | 931 | 979 |
| | 36 | 2,444 | 1,257 | 1,187 | 1,867 | 909 | 958 |
| | 37 | 2,382 | 1,219 | 1,163 | 1,610 | 772 | 838 |
| | 38 | 1,975 | 985 | 989 | 1,568 | 772 | 796 |
| | 39 | 2,099 | 1,045 | 1,054 | 1,520 | 762 | 758 |
| | 40 | 1,605 | 806 | 799 | 1,301 | 647 | 655 |
| | 41 | 2,046 | 943 | 1,103 | 1,359 | 624 | 734 |
| | 42 | 1,744 | 782 | 962 | 1,204 | 586 | 618 |
| | 43 | 1,955 | 931 | 1,024 | 1,192 | 572 | 619 |
| | 44 | 1,861 | 898 | 963 | 1,178 | 580 | 598 |
| | 45 | 1,306 | 637 | 669 | 1,000 | 484 | 517 |
| | 46 | 1,653 | 760 | 893 | 1,100 | 572 | 528 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2007 | | | | | | | |
| | 47 | 1,658 | 797 | 861 | 958 | 456 | 502 |
| | 48 | 1,399 | 698 | 700 | 898 | 432 | 467 |
| | 49 | 1,464 | 715 | 750 | 881 | 424 | 457 |
| | 50 | 1,008 | 508 | 499 | 725 | 368 | 358 |
| | 51 | 1,269 | 633 | 637 | 778 | 361 | 417 |
| | 52 | 1,108 | 521 | 588 | 649 | 312 | 336 |
| | 53 | 1,127 | 547 | 580 | 635 | 312 | 323 |
| | 54 | 1,074 | 525 | 549 | 662 | 325 | 336 |
| | 55 | 834 | 451 | 383 | 608 | 295 | 313 |
| | 56 | 1,013 | 503 | 510 | 642 | 323 | 319 |
| | 57 | 941 | 459 | 482 | 592 | 311 | 280 |
| | 58 | 792 | 410 | 382 | 578 | 295 | 283 |
| | 59 | 910 | 446 | 465 | 477 | 257 | 220 |
| | 60 | 505 | 275 | 230 | 364 | 176 | 188 |
| | 61 | 619 | 321 | 297 | 378 | 197 | 181 |
| | 62 | 533 | 286 | 247 | 283 | 143 | 140 |
| | 63 | 442 | 234 | 208 | 307 | 159 | 147 |
| | 64 | 561 | 255 | 306 | 282 | 141 | 141 |
| | 65 | 381 | 184 | 197 | 280 | 138 | 141 |
| | 66 | 552 | 262 | 290 | 294 | 126 | 168 |
| | 67 | 529 | 229 | 300 | 307 | 139 | 168 |
| | 68 | 417 | 205 | 212 | 277 | 104 | 173 |
| | 69 | 500 | 225 | 275 | 207 | 114 | 93 |
| | 70 | 308 | 145 | 163 | 203 | 92 | 111 |
| | 71 | 375 | 177 | 198 | 186 | 107 | 79 |
| | 72 | 304 | 147 | 157 | 157 | 75 | 82 |
| | 73 | 338 | 150 | 189 | 189 | 91 | 98 |
| | 74 | 311 | 163 | 148 | 153 | 58 | 96 |
| | 75 | 234 | 115 | 119 | 154 | 67 | 87 |
| | 76 | 265 | 130 | 135 | 153 | 60 | 93 |
| | 77 | 318 | 138 | 180 | 138 | 55 | 83 |
| | 78 | 192 | 83 | 109 | 147 | 71 | 76 |
| | 79 | 217 | 99 | 117 | 97 | 37 | 60 |
| | 80+ | 1,068 | 524 | 544 | 704 | 316 | 388 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2008 | All Ages | 259,038 | 127,115 | 131,924 | 187,443 | 91,420 | 96,023 |
| | 0 | 12,592 | 6,267 | 6,326 | 8,220 | 4,109 | 4,111 |
| | 1 | 11,251 | 5,563 | 5,688 | 7,490 | 3,786 | 3,704 |
| | 2 | 10,651 | 5,420 | 5,230 | 7,313 | 3,654 | 3,659 |
| | 3 | 9,609 | 4,843 | 4,766 | 6,404 | 3,271 | 3,133 |
| | 4 | 9,372 | 4,722 | 4,650 | 6,113 | 3,102 | 3,011 |
| | 5 | 8,607 | 4,231 | 4,376 | 5,820 | 2,947 | 2,873 |
| | 6 | 7,671 | 3,685 | 3,986 | 5,468 | 2,629 | 2,839 |
| | 7 | 7,802 | 3,863 | 3,938 | 5,380 | 2,588 | 2,792 |
| | 8 | 7,333 | 3,733 | 3,600 | 5,503 | 2,746 | 2,756 |
| | 9 | 7,027 | 3,461 | 3,566 | 5,304 | 2,659 | 2,645 |
| | 10 | 6,927 | 3,473 | 3,454 | 5,336 | 2,656 | 2,680 |
| | 11 | 6,993 | 3,499 | 3,494 | 5,379 | 2,586 | 2,793 |
| | 12 | 6,411 | 3,172 | 3,239 | 5,196 | 2,568 | 2,628 |
| | 13 | 6,130 | 3,027 | 3,104 | 5,024 | 2,441 | 2,583 |
| | 14 | 6,115 | 3,088 | 3,027 | 4,871 | 2,406 | 2,465 |
| | 15 | 5,804 | 2,935 | 2,869 | 4,656 | 2,265 | 2,391 |
| | 16 | 5,898 | 3,042 | 2,856 | 4,599 | 2,285 | 2,314 |
| | 17 | 5,712 | 3,018 | 2,695 | 4,295 | 2,135 | 2,159 |
| | 18 | 5,012 | 2,511 | 2,500 | 3,978 | 2,019 | 1,959 |
| | 19 | 5,268 | 2,588 | 2,680 | 3,946 | 2,063 | 1,883 |
| | 20 | 4,556 | 2,280 | 2,277 | 3,836 | 1,956 | 1,880 |
| | 21 | 4,751 | 2,330 | 2,421 | 4,005 | 1,873 | 2,133 |
| | 22 | 4,515 | 2,125 | 2,390 | 3,681 | 1,832 | 1,848 |
| | 23 | 4,499 | 2,120 | 2,379 | 3,495 | 1,684 | 1,811 |
| | 24 | 4,286 | 1,991 | 2,295 | 3,387 | 1,592 | 1,794 |
| | 25 | 3,820 | 1,733 | 2,086 | 3,142 | 1,486 | 1,656 |
| | 26 | 4,060 | 1,816 | 2,244 | 3,138 | 1,438 | 1,700 |
| | 27 | 3,895 | 1,753 | 2,143 | 2,884 | 1,286 | 1,599 |
| | 28 | 3,621 | 1,575 | 2,046 | 2,604 | 1,159 | 1,445 |
| | 29 | 3,848 | 1,685 | 2,163 | 2,637 | 1,077 | 1,560 |
| | 30 | 3,127 | 1,415 | 1,712 | 2,419 | 1,088 | 1,331 |
| | 31 | 3,687 | 1,717 | 1,969 | 2,486 | 1,090 | 1,396 |
| | 32 | 3,274 | 1,564 | 1,711 | 2,479 | 1,096 | 1,382 |
| | 33 | 3,260 | 1,612 | 1,648 | 2,265 | 1,082 | 1,183 |
| | 34 | 3,004 | 1,488 | 1,516 | 2,210 | 1,014 | 1,195 |
| | 35 | 2,447 | 1,244 | 1,203 | 2,038 | 985 | 1,053 |
| | 36 | 2,585 | 1,316 | 1,269 | 1,987 | 958 | 1,030 |
| | 37 | 2,514 | 1,279 | 1,235 | 1,710 | 814 | 896 |
| | 38 | 2,069 | 1,032 | 1,037 | 1,654 | 814 | 840 |
| | 39 | 2,185 | 1,093 | 1,091 | 1,590 | 802 | 789 |
| | 40 | 1,672 | 847 | 825 | 1,364 | 684 | 680 |
| | 41 | 2,130 | 991 | 1,139 | 1,422 | 660 | 762 |
| | 42 | 1,806 | 814 | 992 | 1,255 | 614 | 641 |
| | 43 | 2,011 | 955 | 1,056 | 1,233 | 591 | 642 |
| | 44 | 1,903 | 911 | 992 | 1,212 | 592 | 620 |
| | 45 | 1,331 | 642 | 688 | 1,025 | 491 | 534 |
| | 46 | 1,683 | 766 | 917 | 1,125 | 580 | 545 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2008 | | | | | | | |
| | 47 | 1,704 | 813 | 890 | 990 | 468 | 522 |
| | 48 | 1,460 | 727 | 733 | 943 | 452 | 490 |
| | 49 | 1,547 | 756 | 791 | 936 | 452 | 484 |
| | 50 | 1,076 | 544 | 532 | 778 | 396 | 383 |
| | 51 | 1,350 | 673 | 676 | 830 | 386 | 444 |
| | 52 | 1,162 | 545 | 617 | 683 | 329 | 355 |
| | 53 | 1,154 | 557 | 596 | 653 | 320 | 334 |
| | 54 | 1,080 | 524 | 557 | 668 | 326 | 342 |
| | 55 | 830 | 445 | 384 | 608 | 293 | 315 |
| | 56 | 1,011 | 498 | 513 | 644 | 321 | 323 |
| | 57 | 962 | 464 | 497 | 607 | 316 | 291 |
| | 58 | 840 | 430 | 410 | 616 | 311 | 305 |
| | 59 | 999 | 482 | 517 | 525 | 279 | 246 |
| | 60 | 569 | 304 | 265 | 413 | 196 | 218 |
| | 61 | 691 | 352 | 339 | 425 | 217 | 207 |
| | 62 | 578 | 307 | 271 | 308 | 154 | 154 |
| | 63 | 448 | 239 | 209 | 312 | 163 | 149 |
| | 64 | 538 | 250 | 288 | 272 | 139 | 134 |
| | 65 | 360 | 178 | 182 | 265 | 135 | 131 |
| | 66 | 523 | 253 | 270 | 280 | 122 | 158 |
| | 67 | 516 | 225 | 290 | 300 | 137 | 163 |
| | 68 | 424 | 208 | 216 | 283 | 106 | 177 |
| | 69 | 527 | 233 | 294 | 219 | 119 | 99 |
| | 70 | 331 | 153 | 178 | 219 | 97 | 122 |
| | 71 | 394 | 181 | 212 | 194 | 110 | 84 |
| | 72 | 314 | 149 | 165 | 163 | 76 | 87 |
| | 73 | 338 | 148 | 189 | 189 | 91 | 98 |
| | 74 | 303 | 160 | 143 | 150 | 57 | 93 |
| | 75 | 225 | 112 | 113 | 148 | 65 | 83 |
| | 76 | 251 | 123 | 128 | 145 | 57 | 88 |
| | 77 | 311 | 134 | 177 | 136 | 54 | 82 |
| | 78 | 198 | 84 | 114 | 152 | 72 | 80 |
| | 79 | 233 | 104 | 129 | 105 | 39 | 66 |
| | 80+ | 1,069 | 518 | 550 | 707 | 313 | 394 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2009 | All Ages | 268,595 | 131,822 | 136,772 | 195,336 | 95,302 | 100,034 |
| | 0 | 13,052 | 6,496 | 6,557 | 8,557 | 4,278 | 4,278 |
| | 1 | 11,679 | 5,775 | 5,904 | 7,812 | 3,949 | 3,862 |
| | 2 | 11,078 | 5,638 | 5,440 | 7,637 | 3,816 | 3,821 |
| | 3 | 10,010 | 5,045 | 4,965 | 6,703 | 3,424 | 3,279 |
| | 4 | 9,865 | 4,977 | 4,889 | 6,464 | 3,285 | 3,179 |
| | 5 | 9,116 | 4,488 | 4,629 | 6,194 | 3,140 | 3,054 |
| | 6 | 8,690 | 4,223 | 4,467 | 6,222 | 3,027 | 3,196 |
| | 7 | 7,784 | 3,830 | 3,954 | 5,395 | 2,577 | 2,818 |
| | 8 | 7,414 | 3,760 | 3,654 | 5,589 | 2,779 | 2,810 |
| | 9 | 7,161 | 3,519 | 3,641 | 5,431 | 2,717 | 2,714 |
| | 10 | 7,087 | 3,549 | 3,538 | 5,484 | 2,726 | 2,759 |
| | 11 | 7,148 | 3,572 | 3,576 | 5,523 | 2,653 | 2,871 |
| | 12 | 6,623 | 3,276 | 3,347 | 5,394 | 2,663 | 2,730 |
| | 13 | 6,331 | 3,122 | 3,209 | 5,214 | 2,530 | 2,684 |
| | 14 | 6,311 | 3,181 | 3,130 | 5,051 | 2,489 | 2,562 |
| | 15 | 5,984 | 3,018 | 2,966 | 4,826 | 2,340 | 2,486 |
| | 16 | 6,079 | 3,127 | 2,952 | 4,764 | 2,360 | 2,405 |
| | 17 | 5,898 | 3,112 | 2,786 | 4,458 | 2,212 | 2,246 |
| | 18 | 5,182 | 2,599 | 2,583 | 4,136 | 2,101 | 2,035 |
| | 19 | 5,460 | 2,696 | 2,764 | 4,113 | 2,160 | 1,953 |
| | 20 | 4,734 | 2,388 | 2,346 | 4,009 | 2,060 | 1,949 |
| | 21 | 4,935 | 2,445 | 2,490 | 4,179 | 1,975 | 2,204 |
| | 22 | 4,682 | 2,227 | 2,455 | 3,839 | 1,930 | 1,910 |
| | 23 | 4,663 | 2,227 | 2,436 | 3,642 | 1,778 | 1,864 |
| | 24 | 4,433 | 2,096 | 2,337 | 3,523 | 1,685 | 1,838 |
| | 25 | 3,945 | 1,827 | 2,118 | 3,266 | 1,575 | 1,692 |
| | 26 | 4,195 | 1,923 | 2,272 | 3,262 | 1,530 | 1,732 |
| | 27 | 4,024 | 1,851 | 2,173 | 2,996 | 1,365 | 1,631 |
| | 28 | 3,734 | 1,643 | 2,091 | 2,703 | 1,216 | 1,487 |
| | 29 | 3,958 | 1,724 | 2,234 | 2,730 | 1,108 | 1,622 |
| | 30 | 3,214 | 1,426 | 1,788 | 2,501 | 1,103 | 1,398 |
| | 31 | 3,779 | 1,717 | 2,062 | 2,567 | 1,096 | 1,471 |
| | 32 | 3,359 | 1,568 | 1,791 | 2,562 | 1,105 | 1,456 |
| | 33 | 3,367 | 1,633 | 1,734 | 2,355 | 1,102 | 1,253 |
| | 34 | 3,137 | 1,535 | 1,602 | 2,322 | 1,052 | 1,270 |
| | 35 | 2,578 | 1,302 | 1,275 | 2,159 | 1,037 | 1,123 |
| | 36 | 2,739 | 1,382 | 1,356 | 2,118 | 1,012 | 1,106 |
| | 37 | 2,661 | 1,340 | 1,321 | 1,821 | 858 | 963 |
| | 38 | 2,183 | 1,082 | 1,100 | 1,756 | 859 | 897 |
| | 39 | 2,289 | 1,146 | 1,143 | 1,676 | 845 | 831 |
| | 40 | 1,740 | 886 | 854 | 1,428 | 721 | 707 |
| | 41 | 2,218 | 1,042 | 1,177 | 1,487 | 697 | 790 |
| | 42 | 1,880 | 856 | 1,024 | 1,315 | 649 | 666 |
| | 43 | 2,083 | 995 | 1,088 | 1,285 | 619 | 666 |
| | 44 | 1,957 | 934 | 1,023 | 1,254 | 612 | 642 |
| | 45 | 1,362 | 652 | 710 | 1,054 | 501 | 553 |
| | 46 | 1,714 | 771 | 943 | 1,151 | 588 | 563 |
| | 47 | 1,734 | 820 | 914 | 1,012 | 474 | 538 |
| | 48 | 1,500 | 742 | 758 | 973 | 464 | 509 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2009 | | | | | | | |
| | 49 | 1,615 | 788 | 827 | 982 | 473 | 509 |
| | 50 | 1,138 | 576 | 562 | 827 | 421 | 405 |
| | 51 | 1,441 | 721 | 720 | 890 | 415 | 474 |
| | 52 | 1,235 | 580 | 655 | 730 | 352 | 378 |
| | 53 | 1,210 | 584 | 626 | 689 | 337 | 352 |
| | 54 | 1,106 | 533 | 573 | 687 | 333 | 353 |
| | 55 | 834 | 444 | 390 | 614 | 293 | 321 |
| | 56 | 1,005 | 491 | 514 | 643 | 319 | 325 |
| | 57 | 960 | 460 | 500 | 608 | 314 | 294 |
| | 58 | 858 | 436 | 423 | 632 | 316 | 316 |
| | 59 | 1,061 | 506 | 555 | 560 | 295 | 265 |
| | 60 | 624 | 330 | 294 | 456 | 213 | 243 |
| | 61 | 779 | 390 | 389 | 481 | 241 | 240 |
| | 62 | 646 | 337 | 309 | 346 | 169 | 177 |
| | 63 | 486 | 256 | 229 | 340 | 176 | 164 |
| | 64 | 545 | 256 | 289 | 277 | 142 | 135 |
| | 65 | 346 | 175 | 171 | 257 | 133 | 124 |
| | 66 | 493 | 245 | 248 | 264 | 119 | 146 |
| | 67 | 488 | 218 | 270 | 285 | 133 | 152 |
| | 68 | 414 | 205 | 209 | 277 | 105 | 172 |
| | 69 | 537 | 236 | 301 | 223 | 121 | 102 |
| | 70 | 349 | 159 | 190 | 232 | 101 | 130 |
| | 71 | 423 | 191 | 233 | 208 | 116 | 93 |
| | 72 | 329 | 153 | 176 | 171 | 78 | 93 |
| | 73 | 349 | 151 | 199 | 196 | 92 | 103 |
| | 74 | 302 | 158 | 144 | 150 | 56 | 94 |
| | 75 | 219 | 109 | 110 | 145 | 64 | 81 |
| | 76 | 241 | 119 | 122 | 140 | 55 | 84 |
| | 77 | 295 | 128 | 167 | 129 | 51 | 78 |
| | 78 | 194 | 82 | 111 | 149 | 70 | 79 |
| | 79 | 240 | 105 | 135 | 109 | 40 | 69 |
| | 80+ | 1,081 | 517 | 564 | 719 | 314 | 405 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2010 | All Ages | 278,523 | 136,744 | 141,778 | 203,535 | 99,338 | 104,197 |
| | 0 | 13,500 | 6,719 | 6,782 | 8,888 | 4,445 | 4,443 |
| | 1 | 12,114 | 5,990 | 6,124 | 8,141 | 4,116 | 4,025 |
| | 2 | 11,509 | 5,858 | 5,651 | 7,965 | 3,979 | 3,985 |
| | 3 | 10,416 | 5,249 | 5,167 | 7,008 | 3,579 | 3,428 |
| | 4 | 10,281 | 5,186 | 5,095 | 6,768 | 3,440 | 3,328 |
| | 5 | 9,599 | 4,731 | 4,868 | 6,554 | 3,326 | 3,228 |
| | 6 | 9,207 | 4,481 | 4,726 | 6,622 | 3,226 | 3,396 |
| | 7 | 8,817 | 4,387 | 4,429 | 6,140 | 2,967 | 3,173 |
| | 8 | 7,399 | 3,728 | 3,671 | 5,604 | 2,769 | 2,835 |
| | 9 | 7,242 | 3,545 | 3,696 | 5,518 | 2,749 | 2,769 |
| | 10 | 7,224 | 3,609 | 3,615 | 5,616 | 2,784 | 2,832 |
| | 11 | 7,313 | 3,649 | 3,664 | 5,676 | 2,723 | 2,954 |
| | 12 | 6,767 | 3,343 | 3,424 | 5,538 | 2,731 | 2,807 |
| | 13 | 6,542 | 3,224 | 3,317 | 5,414 | 2,626 | 2,788 |
| | 14 | 6,518 | 3,282 | 3,236 | 5,242 | 2,580 | 2,662 |
| | 15 | 6,175 | 3,108 | 3,067 | 5,008 | 2,423 | 2,585 |
| | 16 | 6,269 | 3,216 | 3,052 | 4,938 | 2,438 | 2,500 |
| | 17 | 6,079 | 3,199 | 2,880 | 4,620 | 2,285 | 2,336 |
| | 18 | 5,351 | 2,679 | 2,672 | 4,295 | 2,177 | 2,118 |
| | 19 | 5,647 | 2,791 | 2,856 | 4,277 | 2,247 | 2,030 |
| | 20 | 4,906 | 2,487 | 2,420 | 4,179 | 2,157 | 2,022 |
| | 21 | 5,129 | 2,562 | 2,567 | 4,363 | 2,079 | 2,284 |
| | 22 | 4,860 | 2,337 | 2,523 | 4,009 | 2,035 | 1,974 |
| | 23 | 4,836 | 2,334 | 2,501 | 3,799 | 1,874 | 1,925 |
| | 24 | 4,593 | 2,202 | 2,391 | 3,670 | 1,779 | 1,891 |
| | 25 | 4,079 | 1,923 | 2,156 | 3,398 | 1,666 | 1,732 |
| | 26 | 4,334 | 2,027 | 2,306 | 3,391 | 1,622 | 1,770 |
| | 27 | 4,158 | 1,959 | 2,199 | 3,115 | 1,454 | 1,661 |
| | 28 | 3,856 | 1,736 | 2,120 | 2,809 | 1,292 | 1,517 |
| | 29 | 4,078 | 1,798 | 2,280 | 2,830 | 1,163 | 1,667 |
| | 30 | 3,306 | 1,459 | 1,847 | 2,589 | 1,135 | 1,454 |
| | 31 | 3,881 | 1,730 | 2,151 | 2,655 | 1,111 | 1,544 |
| | 32 | 3,441 | 1,567 | 1,874 | 2,644 | 1,111 | 1,533 |
| | 33 | 3,451 | 1,638 | 1,814 | 2,430 | 1,112 | 1,318 |
| | 34 | 3,239 | 1,555 | 1,684 | 2,414 | 1,072 | 1,342 |
| | 35 | 2,691 | 1,344 | 1,347 | 2,269 | 1,076 | 1,193 |
| | 36 | 2,882 | 1,447 | 1,435 | 2,242 | 1,065 | 1,177 |
| | 37 | 2,819 | 1,409 | 1,411 | 1,941 | 906 | 1,035 |
| | 38 | 2,310 | 1,134 | 1,176 | 1,869 | 905 | 964 |
| | 39 | 2,416 | 1,202 | 1,213 | 1,777 | 891 | 887 |
| | 40 | 1,823 | 928 | 894 | 1,505 | 760 | 745 |
| | 41 | 2,306 | 1,091 | 1,215 | 1,553 | 733 | 820 |
| | 42 | 1,956 | 899 | 1,056 | 1,377 | 686 | 691 |
| | 43 | 2,168 | 1,045 | 1,123 | 1,345 | 654 | 691 |
| | 44 | 2,026 | 973 | 1,053 | 1,306 | 641 | 665 |
| | 45 | 1,401 | 670 | 731 | 1,091 | 517 | 573 |
| | 46 | 1,752 | 783 | 969 | 1,182 | 600 | 582 |
| | 47 | 1,767 | 827 | 940 | 1,036 | 481 | 556 |
| | 48 | 1,526 | 748 | 778 | 996 | 471 | 525 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2010 | | | | | | | |
| | 49 | 1,659 | 804 | 855 | 1,014 | 486 | 529 |
| | 50 | 1,188 | 600 | 588 | 867 | 441 | 426 |
| | 51 | 1,524 | 764 | 759 | 944 | 442 | 502 |
| | 52 | 1,319 | 622 | 697 | 783 | 378 | 405 |
| | 53 | 1,286 | 622 | 664 | 735 | 360 | 375 |
| | 54 | 1,161 | 559 | 602 | 723 | 351 | 372 |
| | 55 | 855 | 453 | 402 | 632 | 300 | 331 |
| | 56 | 1,011 | 490 | 521 | 650 | 319 | 331 |
| | 57 | 956 | 454 | 502 | 609 | 312 | 297 |
| | 58 | 856 | 431 | 425 | 633 | 314 | 319 |
| | 59 | 1,084 | 512 | 572 | 574 | 300 | 274 |
| | 60 | 663 | 346 | 316 | 487 | 225 | 262 |
| | 61 | 855 | 423 | 432 | 530 | 263 | 268 |
| | 62 | 729 | 373 | 355 | 392 | 188 | 204 |
| | 63 | 543 | 281 | 262 | 382 | 193 | 188 |
| | 64 | 591 | 274 | 317 | 302 | 153 | 149 |
| | 65 | 351 | 179 | 172 | 261 | 136 | 125 |
| | 66 | 475 | 241 | 233 | 255 | 117 | 138 |
| | 67 | 460 | 211 | 248 | 270 | 129 | 141 |
| | 68 | 393 | 198 | 195 | 263 | 102 | 161 |
| | 69 | 523 | 233 | 290 | 219 | 120 | 99 |
| | 70 | 355 | 161 | 194 | 236 | 103 | 133 |
| | 71 | 447 | 198 | 249 | 220 | 120 | 99 |
| | 72 | 353 | 161 | 193 | 185 | 83 | 102 |
| | 73 | 368 | 155 | 213 | 206 | 95 | 111 |
| | 74 | 312 | 161 | 151 | 157 | 58 | 99 |
| | 75 | 219 | 109 | 110 | 146 | 64 | 82 |
| | 76 | 235 | 117 | 118 | 137 | 55 | 82 |
| | 77 | 282 | 123 | 159 | 124 | 50 | 75 |
| | 78 | 183 | 78 | 105 | 141 | 67 | 75 |
| | 79 | 234 | 102 | 132 | 107 | 39 | 68 |
| | 80+ | 1,097 | 517 | 580 | 733 | 315 | 418 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2011 | All Ages | 288,803 | 141,868 | 146,935 | 212,142 | 103,588 | 108,554 |
| | 0 | 13,976 | 6,955 | 7,021 | 9,243 | 4,623 | 4,620 |
| | 1 | 12,538 | 6,199 | 6,339 | 8,467 | 4,282 | 4,186 |
| | 2 | 11,948 | 6,081 | 5,866 | 8,302 | 4,147 | 4,155 |
| | 3 | 10,824 | 5,455 | 5,369 | 7,318 | 3,738 | 3,580 |
| | 4 | 10,701 | 5,397 | 5,304 | 7,078 | 3,597 | 3,481 |
| | 5 | 10,006 | 4,931 | 5,074 | 6,866 | 3,484 | 3,382 |
| | 6 | 9,696 | 4,725 | 4,970 | 7,007 | 3,418 | 3,589 |
| | 7 | 9,340 | 4,655 | 4,685 | 6,539 | 3,163 | 3,375 |
| | 8 | 8,382 | 4,270 | 4,112 | 6,377 | 3,187 | 3,190 |
| | 9 | 7,228 | 3,516 | 3,712 | 5,534 | 2,739 | 2,795 |
| | 10 | 7,307 | 3,636 | 3,671 | 5,708 | 2,818 | 2,889 |
| | 11 | 7,455 | 3,711 | 3,744 | 5,814 | 2,782 | 3,032 |
| | 12 | 6,921 | 3,415 | 3,506 | 5,692 | 2,802 | 2,890 |
| | 13 | 6,686 | 3,291 | 3,395 | 5,562 | 2,693 | 2,869 |
| | 14 | 6,735 | 3,390 | 3,345 | 5,443 | 2,677 | 2,767 |
| | 15 | 6,377 | 3,206 | 3,171 | 5,201 | 2,513 | 2,688 |
| | 16 | 6,469 | 3,313 | 3,156 | 5,124 | 2,524 | 2,600 |
| | 17 | 6,268 | 3,291 | 2,977 | 4,792 | 2,362 | 2,430 |
| | 18 | 5,516 | 2,754 | 2,762 | 4,452 | 2,249 | 2,203 |
| | 19 | 5,831 | 2,877 | 2,954 | 4,440 | 2,329 | 2,112 |
| | 20 | 5,073 | 2,574 | 2,499 | 4,347 | 2,246 | 2,101 |
| | 21 | 5,316 | 2,669 | 2,647 | 4,544 | 2,176 | 2,368 |
| | 22 | 5,051 | 2,448 | 2,603 | 4,191 | 2,143 | 2,049 |
| | 23 | 5,020 | 2,450 | 2,570 | 3,967 | 1,978 | 1,989 |
| | 24 | 4,762 | 2,308 | 2,454 | 3,828 | 1,875 | 1,953 |
| | 25 | 4,224 | 2,021 | 2,204 | 3,541 | 1,761 | 1,781 |
| | 26 | 4,480 | 2,135 | 2,346 | 3,528 | 1,717 | 1,811 |
| | 27 | 4,297 | 2,065 | 2,232 | 3,238 | 1,541 | 1,697 |
| | 28 | 3,984 | 1,839 | 2,145 | 2,921 | 1,377 | 1,545 |
| | 29 | 4,208 | 1,900 | 2,308 | 2,935 | 1,236 | 1,699 |
| | 30 | 3,408 | 1,523 | 1,885 | 2,686 | 1,192 | 1,494 |
| | 31 | 3,990 | 1,771 | 2,219 | 2,747 | 1,144 | 1,603 |
| | 32 | 3,532 | 1,579 | 1,953 | 2,734 | 1,126 | 1,607 |
| | 33 | 3,533 | 1,637 | 1,896 | 2,504 | 1,118 | 1,387 |
| | 34 | 3,320 | 1,559 | 1,761 | 2,492 | 1,081 | 1,411 |
| | 35 | 2,778 | 1,363 | 1,415 | 2,358 | 1,097 | 1,261 |
| | 36 | 3,006 | 1,491 | 1,514 | 2,353 | 1,105 | 1,249 |
| | 37 | 2,966 | 1,475 | 1,491 | 2,054 | 954 | 1,100 |
| | 38 | 2,447 | 1,193 | 1,255 | 1,994 | 958 | 1,036 |
| | 39 | 2,556 | 1,260 | 1,297 | 1,891 | 939 | 952 |
| | 40 | 1,922 | 974 | 949 | 1,598 | 803 | 794 |
| | 41 | 2,416 | 1,144 | 1,272 | 1,634 | 773 | 862 |
| | 42 | 2,030 | 942 | 1,089 | 1,440 | 723 | 716 |
| | 43 | 2,257 | 1,099 | 1,158 | 1,409 | 692 | 717 |
| | 44 | 2,108 | 1,022 | 1,087 | 1,368 | 678 | 690 |
| | 45 | 1,452 | 698 | 754 | 1,136 | 542 | 594 |
| | 46 | 1,802 | 803 | 998 | 1,223 | 620 | 603 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2011 | | | | | | | |
| | 47 | 1,805 | 839 | 966 | 1,064 | 490 | 574 |
| | 48 | 1,554 | 754 | 800 | 1,020 | 477 | 543 |
| | 49 | 1,688 | 811 | 878 | 1,038 | 493 | 545 |
| | 50 | 1,221 | 612 | 609 | 895 | 453 | 442 |
| | 51 | 1,591 | 797 | 794 | 989 | 463 | 526 |
| | 52 | 1,393 | 659 | 735 | 831 | 403 | 428 |
| | 53 | 1,373 | 667 | 707 | 789 | 387 | 402 |
| | 54 | 1,234 | 596 | 639 | 772 | 375 | 396 |
| | 55 | 898 | 476 | 422 | 666 | 317 | 350 |
| | 56 | 1,036 | 499 | 537 | 669 | 327 | 342 |
| | 57 | 961 | 452 | 509 | 615 | 312 | 302 |
| | 58 | 852 | 426 | 426 | 633 | 312 | 322 |
| | 59 | 1,082 | 507 | 575 | 576 | 299 | 277 |
| | 60 | 678 | 351 | 326 | 500 | 229 | 272 |
| | 61 | 907 | 444 | 463 | 566 | 277 | 289 |
| | 62 | 800 | 405 | 395 | 432 | 205 | 227 |
| | 63 | 612 | 311 | 301 | 433 | 215 | 217 |
| | 64 | 663 | 300 | 363 | 340 | 169 | 171 |
| | 65 | 380 | 192 | 189 | 285 | 147 | 138 |
| | 66 | 481 | 246 | 235 | 260 | 120 | 140 |
| | 67 | 442 | 208 | 234 | 261 | 128 | 133 |
| | 68 | 372 | 192 | 180 | 248 | 99 | 149 |
| | 69 | 496 | 225 | 271 | 209 | 117 | 92 |
| | 70 | 347 | 159 | 188 | 231 | 102 | 130 |
| | 71 | 455 | 201 | 254 | 224 | 122 | 102 |
| | 72 | 373 | 167 | 206 | 196 | 86 | 109 |
| | 73 | 396 | 162 | 233 | 222 | 101 | 122 |
| | 74 | 327 | 165 | 162 | 166 | 59 | 107 |
| | 75 | 227 | 110 | 116 | 152 | 65 | 87 |
| | 76 | 235 | 116 | 119 | 137 | 54 | 83 |
| | 77 | 275 | 121 | 154 | 122 | 49 | 73 |
| | 78 | 176 | 76 | 101 | 136 | 65 | 72 |
| | 79 | 222 | 97 | 125 | 102 | 37 | 65 |
| | 80+ | 1,107 | 515 | 592 | 743 | 315 | 428 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2012 | All Ages | 299,413 | 147,157 | 152,257 | 221,033 | 107,985 | 113,048 |
| | 0 | 14,441 | 7,187 | 7,254 | 9,591 | 4,799 | 4,793 |
| | 1 | 12,987 | 6,421 | 6,566 | 8,812 | 4,456 | 4,356 |
| | 2 | 12,375 | 6,299 | 6,076 | 8,633 | 4,312 | 4,321 |
| | 3 | 11,240 | 5,664 | 5,576 | 7,635 | 3,900 | 3,735 |
| | 4 | 11,124 | 5,610 | 5,514 | 7,391 | 3,757 | 3,635 |
| | 5 | 10,417 | 5,133 | 5,283 | 7,182 | 3,643 | 3,539 |
| | 6 | 10,108 | 4,927 | 5,181 | 7,338 | 3,579 | 3,759 |
| | 7 | 9,835 | 4,908 | 4,927 | 6,920 | 3,351 | 3,568 |
| | 8 | 8,885 | 4,532 | 4,353 | 6,789 | 3,398 | 3,391 |
| | 9 | 8,182 | 4,026 | 4,157 | 6,296 | 3,151 | 3,145 |
| | 10 | 7,294 | 3,606 | 3,688 | 5,724 | 2,807 | 2,917 |
| | 11 | 7,541 | 3,738 | 3,803 | 5,909 | 2,817 | 3,093 |
| | 12 | 7,053 | 3,472 | 3,581 | 5,830 | 2,862 | 2,967 |
| | 13 | 6,838 | 3,361 | 3,477 | 5,717 | 2,764 | 2,952 |
| | 14 | 6,883 | 3,460 | 3,423 | 5,590 | 2,744 | 2,846 |
| | 15 | 6,588 | 3,311 | 3,277 | 5,403 | 2,609 | 2,794 |
| | 16 | 6,682 | 3,419 | 3,263 | 5,320 | 2,617 | 2,703 |
| | 17 | 6,469 | 3,391 | 3,078 | 4,972 | 2,445 | 2,528 |
| | 18 | 5,689 | 2,832 | 2,857 | 4,617 | 2,325 | 2,292 |
| | 19 | 6,011 | 2,957 | 3,054 | 4,602 | 2,406 | 2,196 |
| | 20 | 5,238 | 2,653 | 2,586 | 4,513 | 2,327 | 2,186 |
| | 21 | 5,498 | 2,764 | 2,734 | 4,722 | 2,264 | 2,458 |
| | 22 | 5,234 | 2,550 | 2,684 | 4,367 | 2,243 | 2,124 |
| | 23 | 5,222 | 2,566 | 2,656 | 4,149 | 2,083 | 2,066 |
| | 24 | 4,942 | 2,423 | 2,519 | 3,994 | 1,978 | 2,017 |
| | 25 | 4,378 | 2,118 | 2,260 | 3,692 | 1,855 | 1,837 |
| | 26 | 4,640 | 2,243 | 2,396 | 3,676 | 1,813 | 1,862 |
| | 27 | 4,443 | 2,174 | 2,269 | 3,367 | 1,631 | 1,736 |
| | 28 | 4,118 | 1,939 | 2,179 | 3,039 | 1,460 | 1,579 |
| | 29 | 4,344 | 2,012 | 2,332 | 3,045 | 1,317 | 1,729 |
| | 30 | 3,518 | 1,610 | 1,909 | 2,789 | 1,267 | 1,522 |
| | 31 | 4,111 | 1,849 | 2,262 | 2,844 | 1,200 | 1,644 |
| | 32 | 3,629 | 1,615 | 2,014 | 2,826 | 1,159 | 1,668 |
| | 33 | 3,626 | 1,650 | 1,976 | 2,587 | 1,133 | 1,454 |
| | 34 | 3,398 | 1,558 | 1,840 | 2,568 | 1,087 | 1,482 |
| | 35 | 2,845 | 1,366 | 1,479 | 2,431 | 1,106 | 1,325 |
| | 36 | 3,100 | 1,510 | 1,589 | 2,443 | 1,125 | 1,318 |
| | 37 | 3,093 | 1,521 | 1,571 | 2,155 | 989 | 1,166 |
| | 38 | 2,571 | 1,248 | 1,323 | 2,108 | 1,008 | 1,100 |
| | 39 | 2,709 | 1,325 | 1,384 | 2,014 | 993 | 1,022 |
| | 40 | 2,033 | 1,020 | 1,013 | 1,700 | 847 | 853 |
| | 41 | 2,549 | 1,201 | 1,349 | 1,733 | 815 | 918 |
| | 42 | 2,125 | 987 | 1,138 | 1,515 | 762 | 754 |
| | 43 | 2,342 | 1,150 | 1,191 | 1,470 | 728 | 742 |
| | 44 | 2,194 | 1,074 | 1,120 | 1,432 | 716 | 716 |
| | 45 | 1,512 | 734 | 778 | 1,189 | 573 | 616 |
| | 46 | 1,865 | 837 | 1,028 | 1,273 | 649 | 624 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2012 | | | | | | | |
| | 47 | 1,856 | 862 | 995 | 1,100 | 506 | 594 |
| | 48 | 1,587 | 766 | 821 | 1,046 | 487 | 559 |
| | 49 | 1,719 | 816 | 903 | 1,063 | 499 | 564 |
| | 50 | 1,243 | 617 | 625 | 915 | 459 | 456 |
| | 51 | 1,635 | 814 | 821 | 1,021 | 474 | 546 |
| | 52 | 1,455 | 686 | 768 | 872 | 422 | 450 |
| | 53 | 1,451 | 706 | 744 | 837 | 412 | 425 |
| | 54 | 1,319 | 638 | 680 | 828 | 404 | 424 |
| | 55 | 956 | 507 | 449 | 712 | 339 | 373 |
| | 56 | 1,087 | 524 | 563 | 705 | 344 | 361 |
| | 57 | 985 | 461 | 524 | 632 | 320 | 313 |
| | 58 | 857 | 425 | 432 | 639 | 312 | 327 |
| | 59 | 1,077 | 500 | 577 | 575 | 296 | 279 |
| | 60 | 677 | 348 | 329 | 502 | 228 | 274 |
| | 61 | 928 | 450 | 477 | 582 | 282 | 300 |
| | 62 | 850 | 425 | 424 | 461 | 216 | 245 |
| | 63 | 672 | 337 | 335 | 477 | 234 | 243 |
| | 64 | 749 | 332 | 417 | 385 | 188 | 197 |
| | 65 | 426 | 211 | 216 | 320 | 162 | 159 |
| | 66 | 522 | 264 | 258 | 283 | 130 | 154 |
| | 67 | 448 | 212 | 236 | 266 | 131 | 134 |
| | 68 | 358 | 189 | 169 | 239 | 98 | 141 |
| | 69 | 468 | 218 | 249 | 199 | 114 | 86 |
| | 70 | 329 | 154 | 175 | 220 | 99 | 121 |
| | 71 | 444 | 198 | 246 | 220 | 121 | 99 |
| | 72 | 380 | 170 | 210 | 200 | 88 | 112 |
| | 73 | 418 | 169 | 250 | 236 | 105 | 131 |
| | 74 | 351 | 174 | 177 | 180 | 63 | 117 |
| | 75 | 238 | 114 | 124 | 160 | 67 | 93 |
| | 76 | 243 | 118 | 125 | 143 | 56 | 87 |
| | 77 | 275 | 120 | 155 | 122 | 49 | 74 |
| | 78 | 172 | 74 | 98 | 133 | 64 | 70 |
| | 79 | 213 | 93 | 119 | 98 | 36 | 62 |
| | 80+ | 1,109 | 511 | 598 | 747 | 313 | 434 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2013 | All Ages | 310,393 | 152,650 | 157,743 | 230,273 | 112,569 | 117,703 |
| | 0 | 14,932 | 7,431 | 7,501 | 9,959 | 4,984 | 4,975 |
| | 1 | 13,427 | 6,639 | 6,788 | 9,153 | 4,629 | 4,524 |
| | 2 | 12,828 | 6,530 | 6,298 | 8,984 | 4,487 | 4,497 |
| | 3 | 11,646 | 5,869 | 5,777 | 7,947 | 4,059 | 3,888 |
| | 4 | 11,554 | 5,826 | 5,728 | 7,712 | 3,920 | 3,792 |
| | 5 | 10,830 | 5,337 | 5,493 | 7,503 | 3,805 | 3,698 |
| | 6 | 10,525 | 5,130 | 5,395 | 7,675 | 3,743 | 3,932 |
| | 7 | 10,253 | 5,117 | 5,136 | 7,249 | 3,510 | 3,739 |
| | 8 | 9,358 | 4,779 | 4,579 | 7,183 | 3,600 | 3,582 |
| | 9 | 8,673 | 4,273 | 4,399 | 6,705 | 3,360 | 3,345 |
| | 10 | 8,256 | 4,128 | 4,128 | 6,508 | 3,227 | 3,280 |
| | 11 | 7,529 | 3,708 | 3,822 | 5,927 | 2,807 | 3,121 |
| | 12 | 7,134 | 3,498 | 3,635 | 5,924 | 2,897 | 3,027 |
| | 13 | 6,971 | 3,418 | 3,553 | 5,856 | 2,824 | 3,032 |
| | 14 | 7,039 | 3,534 | 3,505 | 5,743 | 2,815 | 2,928 |
| | 15 | 6,733 | 3,379 | 3,354 | 5,551 | 2,677 | 2,875 |
| | 16 | 6,905 | 3,532 | 3,373 | 5,525 | 2,716 | 2,809 |
| | 17 | 6,682 | 3,500 | 3,182 | 5,163 | 2,534 | 2,629 |
| | 18 | 5,872 | 2,917 | 2,956 | 4,792 | 2,408 | 2,384 |
| | 19 | 6,200 | 3,042 | 3,158 | 4,770 | 2,487 | 2,284 |
| | 20 | 5,399 | 2,726 | 2,673 | 4,677 | 2,404 | 2,273 |
| | 21 | 5,677 | 2,849 | 2,827 | 4,900 | 2,345 | 2,555 |
| | 22 | 5,412 | 2,640 | 2,772 | 4,540 | 2,333 | 2,207 |
| | 23 | 5,413 | 2,674 | 2,740 | 4,325 | 2,182 | 2,143 |
| | 24 | 5,144 | 2,539 | 2,605 | 4,180 | 2,083 | 2,097 |
| | 25 | 4,541 | 2,223 | 2,318 | 3,852 | 1,957 | 1,895 |
| | 26 | 4,807 | 2,352 | 2,455 | 3,831 | 1,911 | 1,919 |
| | 27 | 4,600 | 2,284 | 2,316 | 3,506 | 1,723 | 1,783 |
| | 28 | 4,256 | 2,042 | 2,214 | 3,161 | 1,546 | 1,615 |
| | 29 | 4,488 | 2,121 | 2,367 | 3,162 | 1,395 | 1,767 |
| | 30 | 3,633 | 1,705 | 1,929 | 2,896 | 1,349 | 1,547 |
| | 31 | 4,241 | 1,954 | 2,287 | 2,948 | 1,276 | 1,672 |
| | 32 | 3,736 | 1,684 | 2,052 | 2,924 | 1,215 | 1,709 |
| | 33 | 3,725 | 1,688 | 2,036 | 2,674 | 1,166 | 1,508 |
| | 34 | 3,488 | 1,571 | 1,917 | 2,654 | 1,102 | 1,552 |
| | 35 | 2,910 | 1,366 | 1,545 | 2,503 | 1,111 | 1,392 |
| | 36 | 3,172 | 1,513 | 1,659 | 2,516 | 1,134 | 1,382 |
| | 37 | 3,189 | 1,541 | 1,648 | 2,236 | 1,007 | 1,229 |
| | 38 | 2,680 | 1,287 | 1,393 | 2,210 | 1,045 | 1,165 |
| | 39 | 2,844 | 1,386 | 1,458 | 2,126 | 1,044 | 1,082 |
| | 40 | 2,154 | 1,072 | 1,082 | 1,812 | 896 | 916 |
| | 41 | 2,698 | 1,258 | 1,440 | 1,842 | 858 | 984 |
| | 42 | 2,241 | 1,036 | 1,205 | 1,607 | 804 | 803 |
| | 43 | 2,451 | 1,206 | 1,245 | 1,547 | 768 | 779 |
| | 44 | 2,272 | 1,123 | 1,149 | 1,492 | 754 | 738 |
| | 45 | 1,574 | 772 | 803 | 1,245 | 606 | 639 |
| | 46 | 1,939 | 879 | 1,060 | 1,333 | 686 | 647 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2013 | | | | | | | |
| | 47 | 1,922 | 898 | 1,024 | 1,144 | 530 | 614 |
| | 48 | 1,631 | 786 | 846 | 1,081 | 503 | 579 |
| | 49 | 1,753 | 829 | 924 | 1,089 | 510 | 580 |
| | 50 | 1,266 | 622 | 644 | 936 | 465 | 471 |
| | 51 | 1,664 | 821 | 842 | 1,043 | 481 | 563 |
| | 52 | 1,495 | 701 | 794 | 900 | 432 | 467 |
| | 53 | 1,515 | 736 | 779 | 878 | 431 | 447 |
| | 54 | 1,393 | 676 | 717 | 877 | 430 | 448 |
| | 55 | 1,022 | 544 | 478 | 764 | 365 | 399 |
| | 56 | 1,156 | 558 | 598 | 753 | 368 | 385 |
| | 57 | 1,034 | 484 | 550 | 667 | 337 | 330 |
| | 58 | 878 | 433 | 444 | 658 | 320 | 338 |
| | 59 | 1,083 | 499 | 584 | 580 | 296 | 284 |
| | 60 | 673 | 344 | 330 | 502 | 225 | 277 |
| | 61 | 926 | 446 | 480 | 584 | 280 | 303 |
| | 62 | 870 | 431 | 438 | 474 | 220 | 254 |
| | 63 | 714 | 355 | 359 | 509 | 247 | 262 |
| | 64 | 823 | 360 | 463 | 425 | 205 | 220 |
| | 65 | 481 | 233 | 248 | 363 | 180 | 184 |
| | 66 | 585 | 290 | 294 | 319 | 143 | 177 |
| | 67 | 487 | 228 | 259 | 290 | 142 | 148 |
| | 68 | 364 | 193 | 170 | 244 | 101 | 143 |
| | 69 | 450 | 215 | 235 | 193 | 112 | 81 |
| | 70 | 311 | 149 | 161 | 208 | 96 | 112 |
| | 71 | 422 | 193 | 230 | 210 | 118 | 93 |
| | 72 | 371 | 167 | 203 | 195 | 87 | 109 |
| | 73 | 426 | 171 | 255 | 241 | 107 | 134 |
| | 74 | 370 | 181 | 189 | 191 | 66 | 126 |
| | 75 | 256 | 119 | 136 | 174 | 71 | 103 |
| | 76 | 255 | 121 | 134 | 151 | 57 | 94 |
| | 77 | 284 | 122 | 162 | 128 | 50 | 78 |
| | 78 | 172 | 74 | 98 | 134 | 63 | 70 |
| | 79 | 207 | 91 | 116 | 96 | 35 | 61 |
| | 80+ | 1,104 | 505 | 600 | 747 | 310 | 437 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2014 | All Ages | 321,783 | 158,357 | 163,426 | 239,869 | 117,326 | 122,544 |
| | 0 | 15,411 | 7,670 | 7,741 | 10,321 | 5,166 | 5,155 |
| | 1 | 13,891 | 6,868 | 7,022 | 9,513 | 4,812 | 4,701 |
| | 2 | 13,272 | 6,757 | 6,515 | 9,330 | 4,660 | 4,670 |
| | 3 | 12,076 | 6,085 | 5,991 | 8,278 | 4,228 | 4,050 |
| | 4 | 11,974 | 6,038 | 5,936 | 8,028 | 4,081 | 3,947 |
| | 5 | 11,251 | 5,544 | 5,707 | 7,831 | 3,971 | 3,860 |
| | 6 | 10,944 | 5,334 | 5,610 | 8,016 | 3,909 | 4,106 |
| | 7 | 10,674 | 5,328 | 5,347 | 7,584 | 3,672 | 3,912 |
| | 8 | 9,758 | 4,983 | 4,776 | 7,522 | 3,771 | 3,751 |
| | 9 | 9,135 | 4,507 | 4,628 | 7,095 | 3,559 | 3,536 |
| | 10 | 8,754 | 4,383 | 4,371 | 6,931 | 3,441 | 3,489 |
| | 11 | 8,518 | 4,241 | 4,276 | 6,732 | 3,226 | 3,506 |
| | 12 | 7,120 | 3,469 | 3,651 | 5,941 | 2,885 | 3,056 |
| | 13 | 7,052 | 3,444 | 3,608 | 5,953 | 2,859 | 3,094 |
| | 14 | 7,175 | 3,594 | 3,581 | 5,882 | 2,875 | 3,007 |
| | 15 | 6,883 | 3,450 | 3,433 | 5,705 | 2,747 | 2,959 |
| | 16 | 7,057 | 3,606 | 3,451 | 5,675 | 2,785 | 2,890 |
| | 17 | 6,905 | 3,616 | 3,290 | 5,364 | 2,630 | 2,733 |
| | 18 | 6,066 | 3,010 | 3,057 | 4,977 | 2,497 | 2,480 |
| | 19 | 6,401 | 3,134 | 3,267 | 4,949 | 2,574 | 2,375 |
| | 20 | 5,568 | 2,803 | 2,765 | 4,850 | 2,486 | 2,365 |
| | 21 | 5,852 | 2,929 | 2,923 | 5,076 | 2,422 | 2,655 |
| | 22 | 5,588 | 2,721 | 2,867 | 4,711 | 2,416 | 2,295 |
| | 23 | 5,599 | 2,768 | 2,831 | 4,497 | 2,271 | 2,226 |
| | 24 | 5,332 | 2,645 | 2,687 | 4,356 | 2,181 | 2,176 |
| | 25 | 4,729 | 2,330 | 2,399 | 4,034 | 2,061 | 1,973 |
| | 26 | 4,985 | 2,469 | 2,516 | 3,996 | 2,016 | 1,979 |
| | 27 | 4,765 | 2,394 | 2,371 | 3,653 | 1,816 | 1,837 |
| | 28 | 4,406 | 2,146 | 2,260 | 3,292 | 1,633 | 1,658 |
| | 29 | 4,635 | 2,233 | 2,402 | 3,282 | 1,477 | 1,805 |
| | 30 | 3,757 | 1,797 | 1,960 | 3,012 | 1,430 | 1,582 |
| | 31 | 4,378 | 2,069 | 2,309 | 3,056 | 1,358 | 1,698 |
| | 32 | 3,853 | 1,779 | 2,074 | 3,028 | 1,291 | 1,737 |
| | 33 | 3,835 | 1,761 | 2,074 | 2,767 | 1,223 | 1,544 |
| | 34 | 3,582 | 1,607 | 1,975 | 2,740 | 1,133 | 1,607 |
| | 35 | 2,987 | 1,378 | 1,610 | 2,586 | 1,127 | 1,458 |
| | 36 | 3,241 | 1,511 | 1,731 | 2,588 | 1,138 | 1,450 |
| | 37 | 3,263 | 1,544 | 1,719 | 2,303 | 1,013 | 1,290 |
| | 38 | 2,762 | 1,303 | 1,460 | 2,292 | 1,064 | 1,227 |
| | 39 | 2,963 | 1,428 | 1,534 | 2,226 | 1,082 | 1,144 |
| | 40 | 2,258 | 1,121 | 1,137 | 1,911 | 943 | 968 |
| | 41 | 2,861 | 1,324 | 1,537 | 1,962 | 907 | 1,055 |
| | 42 | 2,371 | 1,085 | 1,286 | 1,709 | 847 | 862 |
| | 43 | 2,584 | 1,265 | 1,318 | 1,640 | 810 | 830 |
| | 44 | 2,376 | 1,176 | 1,200 | 1,569 | 795 | 774 |
| | 45 | 1,630 | 807 | 823 | 1,295 | 637 | 658 |
| | 46 | 2,017 | 923 | 1,093 | 1,396 | 725 | 670 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2014 | | | | | | | |
| | 47 | 2,001 | 944 | 1,057 | 1,196 | 560 | 636 |
| | 48 | 1,689 | 818 | 871 | 1,125 | 527 | 599 |
| | 49 | 1,801 | 851 | 951 | 1,125 | 526 | 599 |
| | 50 | 1,290 | 631 | 659 | 958 | 474 | 483 |
| | 51 | 1,695 | 828 | 867 | 1,067 | 486 | 581 |
| | 52 | 1,522 | 706 | 816 | 920 | 438 | 482 |
| | 53 | 1,556 | 751 | 805 | 906 | 442 | 464 |
| | 54 | 1,454 | 705 | 750 | 920 | 450 | 470 |
| | 55 | 1,080 | 576 | 504 | 810 | 388 | 422 |
| | 56 | 1,235 | 598 | 636 | 807 | 396 | 411 |
| | 57 | 1,100 | 516 | 585 | 713 | 360 | 353 |
| | 58 | 921 | 454 | 467 | 694 | 337 | 357 |
| | 59 | 1,110 | 508 | 601 | 597 | 304 | 293 |
| | 60 | 677 | 343 | 334 | 507 | 226 | 282 |
| | 61 | 922 | 441 | 481 | 583 | 277 | 306 |
| | 62 | 869 | 428 | 441 | 475 | 219 | 256 |
| | 63 | 730 | 359 | 371 | 523 | 252 | 271 |
| | 64 | 876 | 378 | 497 | 453 | 217 | 237 |
| | 65 | 529 | 253 | 276 | 401 | 196 | 205 |
| | 66 | 660 | 322 | 339 | 363 | 159 | 204 |
| | 67 | 547 | 251 | 296 | 326 | 156 | 170 |
| | 68 | 395 | 208 | 187 | 267 | 109 | 158 |
| | 69 | 457 | 220 | 237 | 197 | 115 | 82 |
| | 70 | 299 | 147 | 152 | 201 | 95 | 106 |
| | 71 | 399 | 187 | 212 | 200 | 114 | 86 |
| | 72 | 352 | 162 | 190 | 186 | 84 | 102 |
| | 73 | 416 | 169 | 247 | 236 | 106 | 130 |
| | 74 | 377 | 184 | 193 | 196 | 67 | 129 |
| | 75 | 270 | 124 | 146 | 184 | 74 | 110 |
| | 76 | 274 | 127 | 147 | 164 | 60 | 103 |
| | 77 | 299 | 126 | 173 | 135 | 51 | 84 |
| | 78 | 178 | 75 | 103 | 138 | 64 | 74 |
| | 79 | 208 | 91 | 117 | 97 | 36 | 62 |
| | 80+ | 1,098 | 498 | 599 | 745 | 307 | 438 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2015 | All Ages | 333,556 | 164,244 | 169,312 | 249,906 | 122,305 | 127,601 |
| | 0 | 15,926 | 7,926 | 8,000 | 10,712 | 5,363 | 5,349 |
| | 1 | 14,345 | 7,093 | 7,252 | 9,871 | 4,994 | 4,877 |
| | 2 | 13,742 | 6,997 | 6,745 | 9,699 | 4,844 | 4,855 |
| | 3 | 12,498 | 6,299 | 6,200 | 8,608 | 4,398 | 4,211 |
| | 4 | 12,420 | 6,263 | 6,158 | 8,366 | 4,253 | 4,113 |
| | 5 | 11,663 | 5,747 | 5,916 | 8,157 | 4,135 | 4,021 |
| | 6 | 11,371 | 5,543 | 5,828 | 8,367 | 4,081 | 4,286 |
| | 7 | 11,098 | 5,540 | 5,559 | 7,925 | 3,836 | 4,089 |
| | 8 | 10,163 | 5,189 | 4,974 | 7,870 | 3,946 | 3,924 |
| | 9 | 9,526 | 4,701 | 4,826 | 7,434 | 3,729 | 3,705 |
| | 10 | 9,223 | 4,624 | 4,599 | 7,336 | 3,647 | 3,689 |
| | 11 | 9,034 | 4,504 | 4,530 | 7,172 | 3,442 | 3,730 |
| | 12 | 8,047 | 3,966 | 4,082 | 6,747 | 3,313 | 3,433 |
| | 13 | 7,041 | 3,415 | 3,626 | 5,974 | 2,850 | 3,124 |
| | 14 | 7,258 | 3,621 | 3,637 | 5,979 | 2,910 | 3,069 |
| | 15 | 7,016 | 3,508 | 3,508 | 5,848 | 2,808 | 3,040 |
| | 16 | 7,215 | 3,682 | 3,533 | 5,831 | 2,857 | 2,974 |
| | 17 | 7,058 | 3,692 | 3,366 | 5,512 | 2,698 | 2,814 |
| | 18 | 6,269 | 3,108 | 3,161 | 5,172 | 2,592 | 2,579 |
| | 19 | 6,614 | 3,234 | 3,379 | 5,141 | 2,670 | 2,471 |
| | 20 | 5,748 | 2,887 | 2,861 | 5,035 | 2,574 | 2,460 |
| | 21 | 6,036 | 3,013 | 3,023 | 5,263 | 2,503 | 2,760 |
| | 22 | 5,761 | 2,796 | 2,964 | 4,882 | 2,496 | 2,386 |
| | 23 | 5,783 | 2,853 | 2,930 | 4,670 | 2,354 | 2,316 |
| | 24 | 5,516 | 2,739 | 2,777 | 4,531 | 2,270 | 2,261 |
| | 25 | 4,902 | 2,427 | 2,475 | 4,205 | 2,159 | 2,046 |
| | 26 | 5,197 | 2,588 | 2,608 | 4,190 | 2,125 | 2,065 |
| | 27 | 4,942 | 2,512 | 2,430 | 3,811 | 1,917 | 1,894 |
| | 28 | 4,565 | 2,250 | 2,314 | 3,431 | 1,723 | 1,709 |
| | 29 | 4,796 | 2,347 | 2,449 | 3,414 | 1,561 | 1,853 |
| | 30 | 3,883 | 1,892 | 1,991 | 3,131 | 1,515 | 1,616 |
| | 31 | 4,527 | 2,180 | 2,347 | 3,176 | 1,439 | 1,736 |
| | 32 | 3,977 | 1,883 | 2,093 | 3,138 | 1,374 | 1,764 |
| | 33 | 3,956 | 1,860 | 2,096 | 2,869 | 1,299 | 1,570 |
| | 34 | 3,687 | 1,676 | 2,011 | 2,834 | 1,188 | 1,646 |
| | 35 | 3,069 | 1,410 | 1,659 | 2,671 | 1,160 | 1,511 |
| | 36 | 3,327 | 1,523 | 1,803 | 2,673 | 1,154 | 1,519 |
| | 37 | 3,334 | 1,541 | 1,793 | 2,370 | 1,017 | 1,353 |
| | 38 | 2,826 | 1,304 | 1,522 | 2,360 | 1,072 | 1,288 |
| | 39 | 3,053 | 1,445 | 1,608 | 2,305 | 1,100 | 1,205 |
| | 40 | 2,351 | 1,154 | 1,197 | 2,002 | 977 | 1,024 |
| | 41 | 2,998 | 1,384 | 1,614 | 2,065 | 953 | 1,112 |
| | 42 | 2,514 | 1,141 | 1,372 | 1,821 | 896 | 925 |
| | 43 | 2,732 | 1,325 | 1,407 | 1,744 | 854 | 890 |
| | 44 | 2,503 | 1,232 | 1,270 | 1,663 | 838 | 825 |
| | 45 | 1,705 | 846 | 859 | 1,362 | 671 | 691 |
| | 46 | 2,082 | 965 | 1,117 | 1,451 | 762 | 689 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2015 | | | | | | | |
| | 47 | 2,082 | 991 | 1,091 | 1,251 | 591 | 660 |
| | 48 | 1,759 | 860 | 900 | 1,178 | 557 | 621 |
| | 49 | 1,864 | 885 | 979 | 1,171 | 551 | 620 |
| | 50 | 1,326 | 647 | 679 | 989 | 489 | 500 |
| | 51 | 1,724 | 840 | 884 | 1,090 | 495 | 595 |
| | 52 | 1,550 | 711 | 839 | 941 | 443 | 498 |
| | 53 | 1,584 | 757 | 826 | 926 | 447 | 479 |
| | 54 | 1,495 | 719 | 776 | 949 | 461 | 488 |
| | 55 | 1,128 | 601 | 527 | 850 | 407 | 443 |
| | 56 | 1,303 | 634 | 669 | 856 | 421 | 434 |
| | 57 | 1,175 | 553 | 622 | 765 | 388 | 377 |
| | 58 | 979 | 484 | 495 | 741 | 361 | 380 |
| | 59 | 1,164 | 533 | 631 | 630 | 320 | 309 |
| | 60 | 695 | 350 | 344 | 523 | 232 | 291 |
| | 61 | 926 | 440 | 486 | 589 | 278 | 311 |
| | 62 | 866 | 423 | 443 | 475 | 217 | 258 |
| | 63 | 729 | 356 | 373 | 524 | 250 | 274 |
| | 64 | 897 | 383 | 514 | 467 | 221 | 246 |
| | 65 | 562 | 266 | 296 | 428 | 207 | 221 |
| | 66 | 725 | 349 | 376 | 402 | 173 | 228 |
| | 67 | 619 | 278 | 341 | 370 | 174 | 196 |
| | 68 | 442 | 228 | 214 | 301 | 120 | 181 |
| | 69 | 496 | 236 | 260 | 214 | 124 | 90 |
| | 70 | 304 | 151 | 153 | 205 | 97 | 107 |
| | 71 | 384 | 184 | 200 | 194 | 113 | 81 |
| | 72 | 333 | 158 | 175 | 176 | 82 | 94 |
| | 73 | 394 | 164 | 231 | 225 | 103 | 122 |
| | 74 | 368 | 181 | 187 | 192 | 66 | 126 |
| | 75 | 275 | 126 | 149 | 189 | 75 | 113 |
| | 76 | 290 | 133 | 157 | 174 | 63 | 110 |
| | 77 | 323 | 133 | 190 | 147 | 54 | 93 |
| | 78 | 188 | 77 | 111 | 146 | 67 | 80 |
| | 79 | 215 | 92 | 122 | 101 | 36 | 65 |
| | 80+ | 1,092 | 493 | 600 | 744 | 305 | 440 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2016 | All Ages | 345,704 | 170,307 | 175,397 | 260,274 | 127,441 | 132,832 |
| | 0 | 16,427 | 8,176 | 8,251 | 11,095 | 5,557 | 5,538 |
| | 1 | 14,832 | 7,334 | 7,498 | 10,252 | 5,188 | 5,064 |
| | 2 | 14,202 | 7,232 | 6,969 | 10,061 | 5,025 | 5,036 |
| | 3 | 12,944 | 6,524 | 6,420 | 8,955 | 4,575 | 4,380 |
| | 4 | 12,858 | 6,483 | 6,374 | 8,698 | 4,423 | 4,275 |
| | 5 | 12,099 | 5,962 | 6,137 | 8,501 | 4,309 | 4,192 |
| | 6 | 11,789 | 5,747 | 6,042 | 8,712 | 4,249 | 4,463 |
| | 7 | 11,530 | 5,756 | 5,774 | 8,273 | 4,004 | 4,269 |
| | 8 | 10,570 | 5,396 | 5,174 | 8,220 | 4,122 | 4,098 |
| | 9 | 9,921 | 4,896 | 5,025 | 7,778 | 3,901 | 3,877 |
| | 10 | 9,620 | 4,822 | 4,797 | 7,685 | 3,820 | 3,865 |
| | 11 | 9,519 | 4,752 | 4,768 | 7,590 | 3,648 | 3,942 |
| | 12 | 8,534 | 4,212 | 4,322 | 7,188 | 3,534 | 3,654 |
| | 13 | 7,954 | 3,902 | 4,052 | 6,779 | 3,271 | 3,508 |
| | 14 | 7,245 | 3,592 | 3,654 | 5,997 | 2,899 | 3,098 |
| | 15 | 7,097 | 3,534 | 3,562 | 5,946 | 2,843 | 3,103 |
| | 16 | 7,355 | 3,745 | 3,610 | 5,975 | 2,919 | 3,055 |
| | 17 | 7,215 | 3,770 | 3,445 | 5,663 | 2,767 | 2,896 |
| | 18 | 6,409 | 3,173 | 3,236 | 5,315 | 2,660 | 2,655 |
| | 19 | 6,835 | 3,341 | 3,494 | 5,340 | 2,772 | 2,568 |
| | 20 | 5,938 | 2,979 | 2,959 | 5,230 | 2,671 | 2,559 |
| | 21 | 6,232 | 3,105 | 3,127 | 5,460 | 2,591 | 2,870 |
| | 22 | 5,942 | 2,875 | 3,067 | 5,061 | 2,579 | 2,482 |
| | 23 | 5,964 | 2,932 | 3,032 | 4,841 | 2,432 | 2,409 |
| | 24 | 5,697 | 2,823 | 2,874 | 4,704 | 2,351 | 2,353 |
| | 25 | 5,070 | 2,513 | 2,557 | 4,373 | 2,247 | 2,126 |
| | 26 | 5,388 | 2,698 | 2,690 | 4,368 | 2,226 | 2,142 |
| | 27 | 5,154 | 2,633 | 2,522 | 3,997 | 2,020 | 1,977 |
| | 28 | 4,734 | 2,363 | 2,372 | 3,580 | 1,818 | 1,761 |
| | 29 | 4,965 | 2,460 | 2,505 | 3,553 | 1,645 | 1,907 |
| | 30 | 4,020 | 1,988 | 2,031 | 3,260 | 1,601 | 1,659 |
| | 31 | 4,677 | 2,296 | 2,381 | 3,296 | 1,524 | 1,772 |
| | 32 | 4,112 | 1,983 | 2,129 | 3,259 | 1,454 | 1,804 |
| | 33 | 4,085 | 1,969 | 2,116 | 2,977 | 1,383 | 1,595 |
| | 34 | 3,804 | 1,770 | 2,033 | 2,934 | 1,262 | 1,672 |
| | 35 | 3,159 | 1,470 | 1,690 | 2,763 | 1,215 | 1,548 |
| | 36 | 3,414 | 1,557 | 1,858 | 2,758 | 1,186 | 1,572 |
| | 37 | 3,425 | 1,556 | 1,869 | 2,450 | 1,031 | 1,418 |
| | 38 | 2,887 | 1,300 | 1,587 | 2,426 | 1,075 | 1,351 |
| | 39 | 3,123 | 1,445 | 1,678 | 2,370 | 1,106 | 1,263 |
| | 40 | 2,421 | 1,166 | 1,254 | 2,073 | 994 | 1,079 |
| | 41 | 3,125 | 1,425 | 1,699 | 2,162 | 986 | 1,176 |
| | 42 | 2,632 | 1,193 | 1,439 | 1,918 | 942 | 976 |
| | 43 | 2,896 | 1,394 | 1,502 | 1,859 | 903 | 956 |
| | 44 | 2,646 | 1,291 | 1,355 | 1,767 | 883 | 884 |
| | 45 | 1,798 | 887 | 911 | 1,444 | 708 | 736 |
| | 46 | 2,176 | 1,009 | 1,167 | 1,525 | 802 | 723 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2016 | | | | | | | |
| | 47 | 2,148 | 1,035 | 1,113 | 1,297 | 620 | 676 |
| | 48 | 1,831 | 902 | 929 | 1,231 | 587 | 644 |
| | 49 | 1,941 | 930 | 1,011 | 1,225 | 582 | 643 |
| | 50 | 1,373 | 673 | 700 | 1,028 | 511 | 517 |
| | 51 | 1,772 | 861 | 910 | 1,124 | 510 | 614 |
| | 52 | 1,576 | 721 | 855 | 960 | 451 | 509 |
| | 53 | 1,612 | 762 | 850 | 947 | 452 | 495 |
| | 54 | 1,521 | 724 | 797 | 969 | 466 | 502 |
| | 55 | 1,160 | 613 | 546 | 878 | 417 | 461 |
| | 56 | 1,360 | 660 | 700 | 897 | 440 | 456 |
| | 57 | 1,239 | 585 | 654 | 810 | 412 | 399 |
| | 58 | 1,046 | 519 | 527 | 795 | 388 | 406 |
| | 59 | 1,237 | 568 | 670 | 672 | 343 | 329 |
| | 60 | 730 | 368 | 362 | 552 | 244 | 307 |
| | 61 | 949 | 449 | 501 | 607 | 284 | 323 |
| | 62 | 870 | 422 | 449 | 479 | 217 | 263 |
| | 63 | 726 | 352 | 374 | 524 | 249 | 276 |
| | 64 | 896 | 379 | 517 | 468 | 219 | 248 |
| | 65 | 576 | 270 | 306 | 440 | 210 | 230 |
| | 66 | 771 | 367 | 404 | 429 | 183 | 246 |
| | 67 | 680 | 302 | 378 | 408 | 189 | 219 |
| | 68 | 500 | 253 | 247 | 344 | 134 | 210 |
| | 69 | 558 | 259 | 299 | 241 | 137 | 104 |
| | 70 | 331 | 162 | 169 | 224 | 105 | 118 |
| | 71 | 390 | 189 | 202 | 198 | 116 | 82 |
| | 72 | 320 | 155 | 165 | 170 | 81 | 89 |
| | 73 | 372 | 159 | 213 | 213 | 100 | 113 |
| | 74 | 351 | 176 | 175 | 183 | 65 | 118 |
| | 75 | 269 | 125 | 144 | 185 | 75 | 110 |
| | 76 | 296 | 135 | 161 | 178 | 65 | 113 |
| | 77 | 341 | 138 | 203 | 156 | 57 | 99 |
| | 78 | 203 | 81 | 122 | 158 | 70 | 88 |
| | 79 | 226 | 95 | 131 | 107 | 37 | 70 |
| | 80+ | 1,094 | 489 | 604 | 748 | 304 | 445 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2017 | All Ages | 358,260 | 176,569 | 181,691 | 271,020 | 132,766 | 138,254 |
| | 0 | 16,931 | 8,426 | 8,505 | 11,483 | 5,752 | 5,731 |
| | 1 | 15,307 | 7,570 | 7,737 | 10,628 | 5,379 | 5,249 |
| | 2 | 14,693 | 7,484 | 7,210 | 10,449 | 5,219 | 5,230 |
| | 3 | 13,380 | 6,744 | 6,636 | 9,299 | 4,752 | 4,548 |
| | 4 | 13,319 | 6,716 | 6,603 | 9,050 | 4,603 | 4,448 |
| | 5 | 12,527 | 6,173 | 6,354 | 8,842 | 4,482 | 4,360 |
| | 6 | 12,231 | 5,963 | 6,268 | 9,078 | 4,428 | 4,650 |
| | 7 | 11,952 | 5,967 | 5,985 | 8,617 | 4,170 | 4,447 |
| | 8 | 10,985 | 5,607 | 5,377 | 8,580 | 4,303 | 4,277 |
| | 9 | 10,318 | 5,092 | 5,226 | 8,126 | 4,075 | 4,051 |
| | 10 | 10,021 | 5,023 | 4,998 | 8,041 | 3,996 | 4,045 |
| | 11 | 9,930 | 4,956 | 4,974 | 7,951 | 3,822 | 4,129 |
| | 12 | 8,990 | 4,443 | 4,547 | 7,607 | 3,744 | 3,862 |
| | 13 | 8,438 | 4,145 | 4,293 | 7,225 | 3,491 | 3,734 |
| | 14 | 8,182 | 4,102 | 4,080 | 6,801 | 3,324 | 3,477 |
| | 15 | 7,084 | 3,505 | 3,579 | 5,968 | 2,833 | 3,134 |
| | 16 | 7,440 | 3,774 | 3,666 | 6,074 | 2,955 | 3,119 |
| | 17 | 7,355 | 3,835 | 3,520 | 5,804 | 2,828 | 2,976 |
| | 18 | 6,551 | 3,238 | 3,312 | 5,461 | 2,728 | 2,733 |
| | 19 | 6,987 | 3,411 | 3,576 | 5,487 | 2,843 | 2,643 |
| | 20 | 6,135 | 3,076 | 3,059 | 5,432 | 2,772 | 2,660 |
| | 21 | 6,439 | 3,205 | 3,234 | 5,669 | 2,686 | 2,983 |
| | 22 | 6,135 | 2,962 | 3,173 | 5,251 | 2,669 | 2,581 |
| | 23 | 6,153 | 3,015 | 3,138 | 5,020 | 2,513 | 2,507 |
| | 24 | 5,875 | 2,901 | 2,973 | 4,876 | 2,428 | 2,448 |
| | 25 | 5,236 | 2,590 | 2,646 | 4,540 | 2,328 | 2,212 |
| | 26 | 5,572 | 2,794 | 2,778 | 4,542 | 2,316 | 2,226 |
| | 27 | 5,343 | 2,743 | 2,601 | 4,166 | 2,115 | 2,051 |
| | 28 | 4,942 | 2,477 | 2,465 | 3,758 | 1,917 | 1,841 |
| | 29 | 5,146 | 2,582 | 2,564 | 3,702 | 1,737 | 1,965 |
| | 30 | 4,163 | 2,084 | 2,079 | 3,395 | 1,687 | 1,708 |
| | 31 | 4,840 | 2,412 | 2,428 | 3,427 | 1,610 | 1,817 |
| | 32 | 4,248 | 2,087 | 2,161 | 3,380 | 1,539 | 1,841 |
| | 33 | 4,226 | 2,072 | 2,154 | 3,096 | 1,463 | 1,633 |
| | 34 | 3,926 | 1,873 | 2,053 | 3,039 | 1,342 | 1,697 |
| | 35 | 3,262 | 1,553 | 1,709 | 2,865 | 1,291 | 1,574 |
| | 36 | 3,513 | 1,621 | 1,892 | 2,851 | 1,242 | 1,609 |
| | 37 | 3,514 | 1,590 | 1,925 | 2,528 | 1,059 | 1,469 |
| | 38 | 2,966 | 1,312 | 1,654 | 2,507 | 1,091 | 1,416 |
| | 39 | 3,190 | 1,440 | 1,750 | 2,432 | 1,108 | 1,324 |
| | 40 | 2,475 | 1,165 | 1,310 | 2,131 | 999 | 1,132 |
| | 41 | 3,221 | 1,440 | 1,781 | 2,238 | 1,000 | 1,238 |
| | 42 | 2,741 | 1,227 | 1,514 | 2,007 | 974 | 1,033 |
| | 43 | 3,030 | 1,456 | 1,574 | 1,956 | 948 | 1,008 |
| | 44 | 2,804 | 1,356 | 1,448 | 1,883 | 934 | 950 |
| | 45 | 1,903 | 930 | 973 | 1,535 | 746 | 789 |
| | 46 | 2,294 | 1,057 | 1,237 | 1,615 | 845 | 770 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2017 | | | | | | | |
| | 47 | 2,246 | 1,083 | 1,163 | 1,362 | 652 | 710 |
| | 48 | 1,888 | 941 | 947 | 1,275 | 616 | 659 |
| | 49 | 2,019 | 975 | 1,044 | 1,281 | 614 | 667 |
| | 50 | 1,431 | 707 | 724 | 1,077 | 540 | 537 |
| | 51 | 1,835 | 897 | 938 | 1,167 | 532 | 635 |
| | 52 | 1,619 | 739 | 880 | 991 | 464 | 527 |
| | 53 | 1,637 | 773 | 864 | 966 | 460 | 506 |
| | 54 | 1,549 | 729 | 821 | 990 | 471 | 519 |
| | 55 | 1,180 | 618 | 562 | 897 | 422 | 476 |
| | 56 | 1,397 | 673 | 724 | 925 | 451 | 474 |
| | 57 | 1,294 | 608 | 685 | 850 | 430 | 419 |
| | 58 | 1,102 | 548 | 553 | 841 | 412 | 428 |
| | 59 | 1,321 | 608 | 713 | 721 | 369 | 352 |
| | 60 | 776 | 392 | 384 | 588 | 261 | 327 |
| | 61 | 997 | 471 | 525 | 640 | 300 | 340 |
| | 62 | 893 | 431 | 462 | 493 | 222 | 271 |
| | 63 | 730 | 351 | 379 | 529 | 249 | 281 |
| | 64 | 893 | 375 | 518 | 468 | 218 | 250 |
| | 65 | 575 | 267 | 308 | 442 | 209 | 232 |
| | 66 | 790 | 372 | 418 | 442 | 186 | 256 |
| | 67 | 725 | 318 | 407 | 436 | 200 | 236 |
| | 68 | 549 | 274 | 275 | 380 | 146 | 235 |
| | 69 | 632 | 288 | 344 | 273 | 153 | 120 |
| | 70 | 372 | 178 | 193 | 252 | 116 | 136 |
| | 71 | 425 | 203 | 222 | 215 | 125 | 90 |
| | 72 | 325 | 159 | 166 | 173 | 83 | 90 |
| | 73 | 357 | 156 | 201 | 206 | 99 | 107 |
| | 74 | 332 | 171 | 161 | 172 | 63 | 109 |
| | 75 | 256 | 121 | 135 | 177 | 73 | 104 |
| | 76 | 289 | 133 | 156 | 174 | 64 | 110 |
| | 77 | 348 | 141 | 207 | 160 | 58 | 102 |
| | 78 | 215 | 85 | 130 | 168 | 73 | 94 |
| | 79 | 244 | 100 | 144 | 117 | 40 | 77 |
| | 80+ | 1,103 | 488 | 615 | 758 | 304 | 454 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2018 | All Ages | 371,251 | 183,033 | 188,219 | 282,238 | 138,306 | 143,932 |
| | 0 | 17,499 | 8,709 | 8,790 | 11,919 | 5,972 | 5,947 |
| | 1 | 15,786 | 7,806 | 7,979 | 11,012 | 5,574 | 5,438 |
| | 2 | 15,175 | 7,730 | 7,445 | 10,833 | 5,411 | 5,422 |
| | 3 | 13,847 | 6,979 | 6,868 | 9,669 | 4,941 | 4,728 |
| | 4 | 13,771 | 6,944 | 6,827 | 9,400 | 4,781 | 4,619 |
| | 5 | 12,979 | 6,396 | 6,583 | 9,205 | 4,666 | 4,539 |
| | 6 | 12,666 | 6,176 | 6,490 | 9,443 | 4,607 | 4,837 |
| | 7 | 12,399 | 6,191 | 6,208 | 8,984 | 4,347 | 4,637 |
| | 8 | 11,390 | 5,814 | 5,576 | 8,936 | 4,483 | 4,453 |
| | 9 | 10,723 | 5,292 | 5,431 | 8,484 | 4,255 | 4,230 |
| | 10 | 10,424 | 5,225 | 5,199 | 8,402 | 4,175 | 4,227 |
| | 11 | 10,346 | 5,163 | 5,183 | 8,321 | 4,000 | 4,320 |
| | 12 | 9,376 | 4,634 | 4,742 | 7,972 | 3,923 | 4,048 |
| | 13 | 8,891 | 4,373 | 4,518 | 7,650 | 3,701 | 3,948 |
| | 14 | 8,682 | 4,358 | 4,323 | 7,250 | 3,548 | 3,702 |
| | 15 | 7,994 | 4,000 | 3,994 | 6,768 | 3,250 | 3,518 |
| | 16 | 7,427 | 3,744 | 3,683 | 6,095 | 2,945 | 3,150 |
| | 17 | 7,440 | 3,866 | 3,574 | 5,903 | 2,864 | 3,039 |
| | 18 | 6,679 | 3,293 | 3,386 | 5,598 | 2,789 | 2,809 |
| | 19 | 7,141 | 3,481 | 3,660 | 5,636 | 2,916 | 2,720 |
| | 20 | 6,271 | 3,140 | 3,131 | 5,583 | 2,845 | 2,738 |
| | 21 | 6,653 | 3,311 | 3,343 | 5,885 | 2,787 | 3,098 |
| | 22 | 6,340 | 3,057 | 3,283 | 5,455 | 2,769 | 2,686 |
| | 23 | 6,356 | 3,107 | 3,249 | 5,212 | 2,604 | 2,609 |
| | 24 | 6,062 | 2,984 | 3,079 | 5,059 | 2,509 | 2,549 |
| | 25 | 5,399 | 2,662 | 2,737 | 4,706 | 2,405 | 2,301 |
| | 26 | 5,755 | 2,880 | 2,876 | 4,718 | 2,400 | 2,318 |
| | 27 | 5,526 | 2,839 | 2,686 | 4,334 | 2,202 | 2,132 |
| | 28 | 5,125 | 2,582 | 2,543 | 3,920 | 2,009 | 1,911 |
| | 29 | 5,371 | 2,707 | 2,664 | 3,886 | 1,831 | 2,055 |
| | 30 | 4,317 | 2,188 | 2,129 | 3,541 | 1,781 | 1,760 |
| | 31 | 5,012 | 2,528 | 2,484 | 3,567 | 1,696 | 1,870 |
| | 32 | 4,394 | 2,191 | 2,203 | 3,513 | 1,625 | 1,888 |
| | 33 | 4,368 | 2,181 | 2,187 | 3,215 | 1,548 | 1,667 |
| | 34 | 4,062 | 1,970 | 2,093 | 3,158 | 1,419 | 1,738 |
| | 35 | 3,370 | 1,643 | 1,727 | 2,973 | 1,373 | 1,599 |
| | 36 | 3,624 | 1,711 | 1,913 | 2,954 | 1,318 | 1,636 |
| | 37 | 3,616 | 1,656 | 1,960 | 2,613 | 1,109 | 1,504 |
| | 38 | 3,043 | 1,340 | 1,703 | 2,588 | 1,120 | 1,467 |
| | 39 | 3,280 | 1,454 | 1,826 | 2,513 | 1,125 | 1,388 |
| | 40 | 2,525 | 1,158 | 1,367 | 2,188 | 1,000 | 1,188 |
| | 41 | 3,298 | 1,438 | 1,861 | 2,302 | 1,004 | 1,298 |
| | 42 | 2,824 | 1,237 | 1,586 | 2,076 | 988 | 1,088 |
| | 43 | 3,153 | 1,496 | 1,657 | 2,046 | 980 | 1,066 |
| | 44 | 2,931 | 1,415 | 1,515 | 1,980 | 980 | 1,000 |
| | 45 | 2,019 | 978 | 1,041 | 1,637 | 789 | 849 |
| | 46 | 2,427 | 1,108 | 1,319 | 1,716 | 891 | 825 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2018 | | | | | | | |
| | 47 | 2,368 | 1,134 | 1,234 | 1,443 | 687 | 756 |
| | 48 | 1,973 | 984 | 990 | 1,340 | 648 | 692 |
| | 49 | 2,078 | 1,016 | 1,063 | 1,325 | 643 | 683 |
| | 50 | 1,490 | 741 | 748 | 1,126 | 570 | 557 |
| | 51 | 1,913 | 942 | 971 | 1,221 | 562 | 659 |
| | 52 | 1,675 | 768 | 907 | 1,030 | 485 | 545 |
| | 53 | 1,681 | 791 | 890 | 996 | 473 | 523 |
| | 54 | 1,572 | 738 | 834 | 1,008 | 479 | 529 |
| | 55 | 1,200 | 622 | 579 | 917 | 426 | 492 |
| | 56 | 1,421 | 677 | 744 | 945 | 456 | 489 |
| | 57 | 1,329 | 620 | 709 | 877 | 440 | 436 |
| | 58 | 1,149 | 570 | 579 | 881 | 431 | 450 |
| | 59 | 1,389 | 642 | 748 | 762 | 392 | 371 |
| | 60 | 829 | 421 | 408 | 631 | 281 | 350 |
| | 61 | 1,058 | 502 | 556 | 683 | 320 | 363 |
| | 62 | 939 | 452 | 486 | 520 | 234 | 286 |
| | 63 | 749 | 358 | 391 | 546 | 255 | 291 |
| | 64 | 898 | 373 | 525 | 473 | 218 | 254 |
| | 65 | 573 | 264 | 309 | 442 | 208 | 235 |
| | 66 | 788 | 368 | 420 | 444 | 185 | 258 |
| | 67 | 744 | 323 | 421 | 449 | 204 | 245 |
| | 68 | 585 | 289 | 296 | 408 | 154 | 254 |
| | 69 | 695 | 313 | 383 | 301 | 167 | 134 |
| | 70 | 421 | 198 | 223 | 287 | 129 | 158 |
| | 71 | 478 | 223 | 255 | 241 | 137 | 104 |
| | 72 | 354 | 171 | 183 | 190 | 90 | 99 |
| | 73 | 364 | 160 | 204 | 210 | 102 | 108 |
| | 74 | 320 | 168 | 152 | 166 | 63 | 104 |
| | 75 | 243 | 118 | 125 | 167 | 71 | 96 |
| | 76 | 275 | 130 | 145 | 166 | 62 | 103 |
| | 77 | 340 | 139 | 201 | 157 | 58 | 99 |
| | 78 | 219 | 86 | 133 | 172 | 75 | 97 |
| | 79 | 258 | 104 | 154 | 124 | 41 | 83 |
| | 80+ | 1,124 | 491 | 633 | 776 | 307 | 469 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2019 | All Ages | 384,762 | 189,757 | 195,005 | 293,864 | 144,051 | 149,812 |
| | 0 | 18,124 | 9,019 | 9,104 | 12,394 | 6,211 | 6,183 |
| | 1 | 16,324 | 8,073 | 8,251 | 11,438 | 5,791 | 5,647 |
| | 2 | 15,660 | 7,977 | 7,682 | 11,221 | 5,604 | 5,617 |
| | 3 | 14,304 | 7,209 | 7,094 | 10,031 | 5,126 | 4,905 |
| | 4 | 14,254 | 7,187 | 7,068 | 9,772 | 4,971 | 4,801 |
| | 5 | 13,421 | 6,614 | 6,807 | 9,562 | 4,846 | 4,716 |
| | 6 | 13,124 | 6,400 | 6,724 | 9,827 | 4,794 | 5,033 |
| | 7 | 12,838 | 6,412 | 6,427 | 9,346 | 4,522 | 4,824 |
| | 8 | 11,820 | 6,033 | 5,787 | 9,312 | 4,672 | 4,640 |
| | 9 | 11,118 | 5,488 | 5,630 | 8,836 | 4,431 | 4,406 |
| | 10 | 10,836 | 5,431 | 5,404 | 8,771 | 4,358 | 4,413 |
| | 11 | 10,763 | 5,370 | 5,393 | 8,693 | 4,180 | 4,513 |
| | 12 | 9,765 | 4,827 | 4,939 | 8,341 | 4,104 | 4,237 |
| | 13 | 9,275 | 4,561 | 4,714 | 8,017 | 3,878 | 4,138 |
| | 14 | 9,149 | 4,598 | 4,550 | 7,675 | 3,759 | 3,915 |
| | 15 | 8,483 | 4,250 | 4,233 | 7,218 | 3,471 | 3,747 |
| | 16 | 8,380 | 4,271 | 4,108 | 6,906 | 3,375 | 3,531 |
| | 17 | 7,426 | 3,835 | 3,591 | 5,924 | 2,853 | 3,071 |
| | 18 | 6,758 | 3,319 | 3,439 | 5,693 | 2,824 | 2,869 |
| | 19 | 7,282 | 3,541 | 3,741 | 5,776 | 2,981 | 2,795 |
| | 20 | 6,408 | 3,203 | 3,205 | 5,735 | 2,917 | 2,818 |
| | 21 | 6,801 | 3,380 | 3,421 | 6,044 | 2,858 | 3,186 |
| | 22 | 6,548 | 3,157 | 3,392 | 5,662 | 2,872 | 2,790 |
| | 23 | 6,570 | 3,207 | 3,364 | 5,416 | 2,701 | 2,714 |
| | 24 | 6,262 | 3,074 | 3,187 | 5,252 | 2,598 | 2,653 |
| | 25 | 5,572 | 2,737 | 2,834 | 4,881 | 2,485 | 2,396 |
| | 26 | 5,936 | 2,960 | 2,976 | 4,891 | 2,479 | 2,412 |
| | 27 | 5,707 | 2,926 | 2,781 | 4,501 | 2,281 | 2,220 |
| | 28 | 5,301 | 2,674 | 2,627 | 4,077 | 2,091 | 1,986 |
| | 29 | 5,568 | 2,821 | 2,746 | 4,050 | 1,919 | 2,132 |
| | 30 | 4,510 | 2,294 | 2,216 | 3,719 | 1,878 | 1,841 |
| | 31 | 5,194 | 2,654 | 2,541 | 3,714 | 1,790 | 1,924 |
| | 32 | 4,548 | 2,295 | 2,253 | 3,653 | 1,712 | 1,942 |
| | 33 | 4,520 | 2,291 | 2,229 | 3,344 | 1,635 | 1,709 |
| | 34 | 4,197 | 2,072 | 2,124 | 3,274 | 1,501 | 1,773 |
| | 35 | 3,489 | 1,727 | 1,761 | 3,091 | 1,451 | 1,640 |
| | 36 | 3,740 | 1,809 | 1,932 | 3,061 | 1,401 | 1,660 |
| | 37 | 3,729 | 1,748 | 1,982 | 2,704 | 1,176 | 1,528 |
| | 38 | 3,127 | 1,394 | 1,733 | 2,674 | 1,172 | 1,501 |
| | 39 | 3,363 | 1,483 | 1,879 | 2,589 | 1,153 | 1,436 |
| | 40 | 2,595 | 1,170 | 1,425 | 2,261 | 1,016 | 1,245 |
| | 41 | 3,368 | 1,428 | 1,940 | 2,361 | 1,001 | 1,359 |
| | 42 | 2,891 | 1,235 | 1,656 | 2,134 | 991 | 1,143 |
| | 43 | 3,242 | 1,508 | 1,734 | 2,115 | 993 | 1,122 |
| | 44 | 3,046 | 1,453 | 1,593 | 2,069 | 1,012 | 1,056 |
| | 45 | 2,110 | 1,021 | 1,089 | 1,719 | 827 | 892 |
| | 46 | 2,574 | 1,165 | 1,409 | 1,828 | 942 | 885 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2019 | | | | | | | |
| | 47 | 2,503 | 1,189 | 1,314 | 1,532 | 724 | 809 |
| | 48 | 2,079 | 1,030 | 1,049 | 1,418 | 682 | 736 |
| | 49 | 2,170 | 1,061 | 1,109 | 1,391 | 675 | 716 |
| | 50 | 1,532 | 771 | 761 | 1,163 | 595 | 568 |
| | 51 | 1,991 | 988 | 1,002 | 1,274 | 591 | 683 |
| | 52 | 1,746 | 807 | 939 | 1,078 | 511 | 567 |
| | 53 | 1,738 | 822 | 916 | 1,034 | 494 | 541 |
| | 54 | 1,614 | 755 | 859 | 1,038 | 492 | 546 |
| | 55 | 1,218 | 630 | 588 | 934 | 433 | 501 |
| | 56 | 1,446 | 680 | 766 | 966 | 460 | 506 |
| | 57 | 1,352 | 623 | 729 | 895 | 445 | 450 |
| | 58 | 1,180 | 581 | 599 | 908 | 441 | 467 |
| | 59 | 1,449 | 667 | 782 | 798 | 409 | 389 |
| | 60 | 873 | 444 | 428 | 667 | 298 | 368 |
| | 61 | 1,129 | 538 | 591 | 732 | 344 | 388 |
| | 62 | 996 | 482 | 514 | 554 | 250 | 304 |
| | 63 | 787 | 376 | 411 | 576 | 269 | 306 |
| | 64 | 922 | 381 | 541 | 487 | 224 | 263 |
| | 65 | 576 | 263 | 313 | 446 | 208 | 239 |
| | 66 | 785 | 364 | 422 | 445 | 184 | 261 |
| | 67 | 742 | 319 | 423 | 449 | 202 | 247 |
| | 68 | 600 | 293 | 306 | 421 | 157 | 264 |
| | 69 | 741 | 329 | 412 | 321 | 176 | 145 |
| | 70 | 463 | 215 | 248 | 316 | 140 | 176 |
| | 71 | 543 | 248 | 294 | 273 | 153 | 120 |
| | 72 | 398 | 188 | 210 | 214 | 99 | 114 |
| | 73 | 397 | 172 | 224 | 230 | 111 | 119 |
| | 74 | 326 | 173 | 153 | 169 | 65 | 105 |
| | 75 | 234 | 116 | 118 | 161 | 70 | 91 |
| | 76 | 260 | 126 | 134 | 157 | 61 | 96 |
| | 77 | 323 | 135 | 187 | 150 | 56 | 93 |
| | 78 | 215 | 85 | 129 | 168 | 74 | 94 |
| | 79 | 264 | 106 | 158 | 128 | 42 | 85 |
| | 80+ | 1,153 | 497 | 656 | 798 | 311 | 487 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2020 | All Ages | 398,822 | 196,757 | 202,065 | 305,972 | 150,015 | 155,957 |
| | 0 | 18,757 | 9,334 | 9,423 | 12,879 | 6,455 | 6,423 |
| | 1 | 16,915 | 8,365 | 8,550 | 11,905 | 6,028 | 5,877 |
| | 2 | 16,205 | 8,255 | 7,949 | 11,655 | 5,820 | 5,834 |
| | 3 | 14,764 | 7,441 | 7,323 | 10,400 | 5,315 | 5,085 |
| | 4 | 14,727 | 7,425 | 7,303 | 10,139 | 5,158 | 4,981 |
| | 5 | 13,895 | 6,847 | 7,048 | 9,943 | 5,038 | 4,905 |
| | 6 | 13,573 | 6,620 | 6,953 | 10,206 | 4,979 | 5,227 |
| | 7 | 13,301 | 6,644 | 6,657 | 9,728 | 4,707 | 5,021 |
| | 8 | 12,242 | 6,249 | 5,993 | 9,685 | 4,861 | 4,824 |
| | 9 | 11,538 | 5,695 | 5,842 | 9,211 | 4,618 | 4,593 |
| | 10 | 11,238 | 5,633 | 5,605 | 9,136 | 4,538 | 4,597 |
| | 11 | 11,188 | 5,582 | 5,606 | 9,074 | 4,364 | 4,710 |
| | 12 | 10,156 | 5,020 | 5,136 | 8,714 | 4,287 | 4,428 |
| | 13 | 9,663 | 4,751 | 4,912 | 8,390 | 4,058 | 4,332 |
| | 14 | 9,544 | 4,797 | 4,747 | 8,042 | 3,938 | 4,104 |
| | 15 | 8,938 | 4,484 | 4,455 | 7,643 | 3,679 | 3,964 |
| | 16 | 8,895 | 4,541 | 4,354 | 7,365 | 3,603 | 3,762 |
| | 17 | 8,377 | 4,374 | 4,003 | 6,710 | 3,268 | 3,442 |
| | 18 | 6,748 | 3,291 | 3,457 | 5,713 | 2,815 | 2,899 |
| | 19 | 7,369 | 3,569 | 3,800 | 5,872 | 3,018 | 2,854 |
| | 20 | 6,534 | 3,258 | 3,276 | 5,878 | 2,982 | 2,896 |
| | 21 | 6,950 | 3,449 | 3,500 | 6,205 | 2,930 | 3,276 |
| | 22 | 6,693 | 3,222 | 3,472 | 5,816 | 2,945 | 2,871 |
| | 23 | 6,787 | 3,311 | 3,476 | 5,623 | 2,803 | 2,819 |
| | 24 | 6,474 | 3,174 | 3,300 | 5,457 | 2,695 | 2,762 |
| | 25 | 5,755 | 2,821 | 2,934 | 5,067 | 2,574 | 2,493 |
| | 26 | 6,126 | 3,044 | 3,082 | 5,075 | 2,561 | 2,513 |
| | 27 | 5,884 | 3,007 | 2,878 | 4,667 | 2,357 | 2,310 |
| | 28 | 5,478 | 2,756 | 2,722 | 4,236 | 2,167 | 2,070 |
| | 29 | 5,757 | 2,921 | 2,835 | 4,212 | 1,997 | 2,215 |
| | 30 | 4,677 | 2,391 | 2,286 | 3,879 | 1,968 | 1,910 |
| | 31 | 5,427 | 2,783 | 2,644 | 3,901 | 1,887 | 2,013 |
| | 32 | 4,713 | 2,408 | 2,305 | 3,803 | 1,805 | 1,998 |
| | 33 | 4,680 | 2,399 | 2,281 | 3,480 | 1,721 | 1,759 |
| | 34 | 4,342 | 2,176 | 2,166 | 3,402 | 1,585 | 1,817 |
| | 35 | 3,607 | 1,818 | 1,789 | 3,210 | 1,535 | 1,674 |
| | 36 | 3,870 | 1,899 | 1,971 | 3,181 | 1,479 | 1,702 |
| | 37 | 3,850 | 1,848 | 2,002 | 2,801 | 1,249 | 1,552 |
| | 38 | 3,224 | 1,471 | 1,752 | 2,771 | 1,244 | 1,527 |
| | 39 | 3,456 | 1,543 | 1,914 | 2,674 | 1,205 | 1,469 |
| | 40 | 2,660 | 1,192 | 1,468 | 2,330 | 1,042 | 1,289 |
| | 41 | 3,468 | 1,444 | 2,024 | 2,440 | 1,017 | 1,424 |
| | 42 | 2,952 | 1,225 | 1,727 | 2,187 | 988 | 1,199 |
| | 43 | 3,317 | 1,503 | 1,814 | 2,175 | 995 | 1,179 |
| | 44 | 3,130 | 1,462 | 1,668 | 2,136 | 1,025 | 1,111 |
| | 45 | 2,195 | 1,048 | 1,146 | 1,798 | 854 | 944 |
| | 46 | 2,688 | 1,215 | 1,474 | 1,919 | 988 | 930 |
| | 47 | 2,657 | 1,251 | 1,406 | 1,634 | 765 | 869 |
| | 48 | 2,198 | 1,081 | 1,118 | 1,507 | 719 | 788 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2020 | | | | | | | |
| | 49 | 2,287 | 1,110 | 1,177 | 1,473 | 710 | 763 |
| | 50 | 1,601 | 805 | 796 | 1,221 | 625 | 596 |
| | 51 | 2,046 | 1,027 | 1,019 | 1,313 | 617 | 696 |
| | 52 | 1,815 | 845 | 970 | 1,126 | 538 | 588 |
| | 53 | 1,814 | 864 | 950 | 1,084 | 521 | 564 |
| | 54 | 1,670 | 785 | 885 | 1,078 | 514 | 564 |
| | 55 | 1,251 | 644 | 606 | 963 | 445 | 518 |
| | 56 | 1,465 | 688 | 777 | 982 | 467 | 515 |
| | 57 | 1,377 | 625 | 751 | 914 | 448 | 466 |
| | 58 | 1,199 | 584 | 616 | 927 | 445 | 483 |
| | 59 | 1,488 | 679 | 809 | 823 | 418 | 404 |
| | 60 | 911 | 462 | 448 | 698 | 311 | 387 |
| | 61 | 1,186 | 567 | 619 | 773 | 364 | 408 |
| | 62 | 1,064 | 517 | 547 | 593 | 269 | 324 |
| | 63 | 833 | 400 | 433 | 612 | 287 | 325 |
| | 64 | 969 | 400 | 569 | 515 | 236 | 278 |
| | 65 | 592 | 269 | 323 | 461 | 213 | 247 |
| | 66 | 790 | 363 | 427 | 449 | 184 | 266 |
| | 67 | 740 | 315 | 425 | 449 | 200 | 249 |
| | 68 | 598 | 290 | 308 | 422 | 156 | 266 |
| | 69 | 761 | 334 | 427 | 330 | 179 | 151 |
| | 70 | 494 | 227 | 268 | 339 | 148 | 190 |
| | 71 | 597 | 269 | 328 | 301 | 166 | 135 |
| | 72 | 452 | 210 | 242 | 243 | 111 | 132 |
| | 73 | 447 | 190 | 257 | 259 | 122 | 137 |
| | 74 | 355 | 186 | 169 | 186 | 70 | 116 |
| | 75 | 238 | 119 | 119 | 165 | 73 | 92 |
| | 76 | 251 | 124 | 127 | 151 | 60 | 91 |
| | 77 | 305 | 132 | 173 | 142 | 55 | 87 |
| | 78 | 204 | 83 | 121 | 161 | 72 | 88 |
| | 79 | 257 | 105 | 153 | 125 | 42 | 83 |
| | 80+ | 1,182 | 503 | 678 | 822 | 316 | 505 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2021 | All Ages | 413,341 | 203,958 | 209,383 | 318,582 | 156,219 | 162,363 |
| | 0 | 19,417 | 9,663 | 9,755 | 13,386 | 6,711 | 6,675 |
| | 1 | 17,516 | 8,662 | 8,854 | 12,383 | 6,271 | 6,112 |
| | 2 | 16,803 | 8,561 | 8,243 | 12,130 | 6,057 | 6,073 |
| | 3 | 15,282 | 7,702 | 7,580 | 10,812 | 5,525 | 5,286 |
| | 4 | 15,205 | 7,664 | 7,541 | 10,513 | 5,348 | 5,165 |
| | 5 | 14,358 | 7,075 | 7,283 | 10,321 | 5,229 | 5,093 |
| | 6 | 14,054 | 6,854 | 7,199 | 10,613 | 5,177 | 5,435 |
| | 7 | 13,755 | 6,871 | 6,884 | 10,107 | 4,890 | 5,218 |
| | 8 | 12,687 | 6,476 | 6,211 | 10,079 | 5,060 | 5,020 |
| | 9 | 11,950 | 5,900 | 6,050 | 9,582 | 4,804 | 4,777 |
| | 10 | 11,664 | 5,847 | 5,817 | 9,522 | 4,730 | 4,792 |
| | 11 | 11,605 | 5,789 | 5,816 | 9,452 | 4,546 | 4,906 |
| | 12 | 10,555 | 5,218 | 5,337 | 9,097 | 4,474 | 4,623 |
| | 13 | 10,052 | 4,942 | 5,110 | 8,768 | 4,241 | 4,528 |
| | 14 | 9,943 | 4,998 | 4,946 | 8,415 | 4,120 | 4,295 |
| | 15 | 9,324 | 4,677 | 4,647 | 8,013 | 3,856 | 4,156 |
| | 16 | 9,375 | 4,792 | 4,583 | 7,799 | 3,819 | 3,980 |
| | 17 | 8,895 | 4,651 | 4,243 | 7,159 | 3,490 | 3,669 |
| | 18 | 7,603 | 3,750 | 3,853 | 6,471 | 3,223 | 3,248 |
| | 19 | 7,360 | 3,540 | 3,819 | 5,892 | 3,008 | 2,884 |
| | 20 | 6,610 | 3,282 | 3,328 | 5,977 | 3,020 | 2,957 |
| | 21 | 7,087 | 3,509 | 3,577 | 6,358 | 2,994 | 3,364 |
| | 22 | 6,839 | 3,287 | 3,552 | 5,971 | 3,019 | 2,953 |
| | 23 | 6,940 | 3,379 | 3,560 | 5,777 | 2,876 | 2,902 |
| | 24 | 6,686 | 3,277 | 3,409 | 5,664 | 2,796 | 2,868 |
| | 25 | 5,951 | 2,912 | 3,038 | 5,266 | 2,671 | 2,596 |
| | 26 | 6,328 | 3,138 | 3,191 | 5,270 | 2,653 | 2,617 |
| | 27 | 6,073 | 3,091 | 2,982 | 4,843 | 2,435 | 2,407 |
| | 28 | 5,652 | 2,834 | 2,818 | 4,394 | 2,239 | 2,155 |
| | 29 | 5,945 | 3,010 | 2,935 | 4,376 | 2,069 | 2,307 |
| | 30 | 4,838 | 2,477 | 2,361 | 4,034 | 2,049 | 1,985 |
| | 31 | 5,627 | 2,902 | 2,725 | 4,065 | 1,978 | 2,087 |
| | 32 | 4,924 | 2,525 | 2,399 | 3,993 | 1,903 | 2,091 |
| | 33 | 4,851 | 2,517 | 2,334 | 3,625 | 1,815 | 1,810 |
| | 34 | 4,497 | 2,279 | 2,218 | 3,538 | 1,668 | 1,870 |
| | 35 | 3,736 | 1,910 | 1,826 | 3,338 | 1,621 | 1,718 |
| | 36 | 3,999 | 1,997 | 2,002 | 3,300 | 1,563 | 1,737 |
| | 37 | 3,985 | 1,941 | 2,044 | 2,911 | 1,318 | 1,593 |
| | 38 | 3,325 | 1,556 | 1,770 | 2,874 | 1,322 | 1,551 |
| | 39 | 3,565 | 1,629 | 1,937 | 2,772 | 1,279 | 1,493 |
| | 40 | 2,733 | 1,239 | 1,494 | 2,408 | 1,089 | 1,319 |
| | 41 | 3,557 | 1,471 | 2,085 | 2,513 | 1,040 | 1,473 |
| | 42 | 3,039 | 1,238 | 1,802 | 2,261 | 1,004 | 1,257 |
| | 43 | 3,381 | 1,489 | 1,892 | 2,228 | 991 | 1,237 |
| | 44 | 3,203 | 1,456 | 1,747 | 2,196 | 1,026 | 1,170 |
| | 45 | 2,257 | 1,055 | 1,201 | 1,857 | 864 | 993 |
| | 46 | 2,797 | 1,246 | 1,551 | 2,003 | 1,020 | 984 |
| | 47 | 2,777 | 1,306 | 1,471 | 1,715 | 802 | 913 |
| | 48 | 2,334 | 1,138 | 1,196 | 1,608 | 761 | 846 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2021 | 49 | 2,417 | 1,166 | 1,252 | 1,564 | 750 | 815 |
| | 50 | 1,688 | 842 | 846 | 1,292 | 657 | 635 |
| | 51 | 2,137 | 1,073 | 1,065 | 1,376 | 647 | 730 |
| | 52 | 1,863 | 878 | 986 | 1,162 | 561 | 600 |
| | 53 | 1,887 | 906 | 982 | 1,133 | 548 | 585 |
| | 54 | 1,745 | 825 | 920 | 1,131 | 542 | 588 |
| | 55 | 1,296 | 670 | 625 | 1,001 | 464 | 536 |
| | 56 | 1,504 | 704 | 800 | 1,012 | 479 | 533 |
| | 57 | 1,394 | 632 | 762 | 930 | 454 | 475 |
| | 58 | 1,219 | 586 | 634 | 947 | 448 | 499 |
| | 59 | 1,514 | 682 | 833 | 840 | 422 | 418 |
| | 60 | 936 | 471 | 464 | 721 | 318 | 403 |
| | 61 | 1,237 | 590 | 647 | 810 | 380 | 430 |
| | 62 | 1,118 | 545 | 574 | 625 | 284 | 341 |
| | 63 | 890 | 429 | 461 | 656 | 309 | 347 |
| | 64 | 1,024 | 424 | 600 | 546 | 252 | 294 |
| | 65 | 623 | 282 | 340 | 486 | 225 | 261 |
| | 66 | 811 | 371 | 440 | 464 | 188 | 275 |
| | 67 | 746 | 315 | 431 | 454 | 201 | 253 |
| | 68 | 596 | 286 | 310 | 423 | 155 | 269 |
| | 69 | 758 | 329 | 429 | 330 | 178 | 152 |
| | 70 | 507 | 230 | 277 | 349 | 151 | 198 |
| | 71 | 638 | 284 | 354 | 321 | 176 | 145 |
| | 72 | 497 | 228 | 270 | 268 | 121 | 148 |
| | 73 | 508 | 211 | 297 | 295 | 136 | 159 |
| | 74 | 399 | 205 | 194 | 211 | 77 | 134 |
| | 75 | 260 | 129 | 131 | 181 | 79 | 103 |
| | 76 | 256 | 128 | 128 | 154 | 62 | 92 |
| | 77 | 293 | 130 | 163 | 136 | 54 | 82 |
| | 78 | 193 | 81 | 112 | 153 | 70 | 82 |
| | 79 | 245 | 102 | 143 | 119 | 41 | 78 |
| | 80+ | 1,204 | 508 | 695 | 840 | 321 | 520 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2022 | All Ages | 428,501 | 211,458 | 217,043 | 331,805 | 162,727 | 169,078 |
| | 0 | 20,097 | 10,001 | 10,096 | 13,912 | 6,976 | 6,936 |
| | 1 | 18,144 | 8,973 | 9,171 | 12,885 | 6,526 | 6,359 |
| | 2 | 17,413 | 8,872 | 8,541 | 12,618 | 6,301 | 6,317 |
| | 3 | 15,851 | 7,988 | 7,863 | 11,265 | 5,757 | 5,509 |
| | 4 | 15,742 | 7,934 | 7,808 | 10,933 | 5,562 | 5,371 |
| | 5 | 14,827 | 7,305 | 7,522 | 10,707 | 5,423 | 5,284 |
| | 6 | 14,525 | 7,084 | 7,440 | 11,016 | 5,374 | 5,642 |
| | 7 | 14,240 | 7,114 | 7,126 | 10,515 | 5,086 | 5,429 |
| | 8 | 13,124 | 6,698 | 6,426 | 10,472 | 5,258 | 5,214 |
| | 9 | 12,384 | 6,115 | 6,269 | 9,976 | 5,002 | 4,974 |
| | 10 | 12,083 | 6,057 | 6,025 | 9,908 | 4,922 | 4,986 |
| | 11 | 12,046 | 6,008 | 6,037 | 9,853 | 4,740 | 5,113 |
| | 12 | 10,945 | 5,411 | 5,534 | 9,477 | 4,660 | 4,816 |
| | 13 | 10,449 | 5,137 | 5,313 | 9,158 | 4,429 | 4,729 |
| | 14 | 10,344 | 5,199 | 5,145 | 8,795 | 4,304 | 4,491 |
| | 15 | 9,714 | 4,872 | 4,842 | 8,391 | 4,038 | 4,353 |
| | 16 | 9,781 | 5,000 | 4,781 | 8,176 | 4,003 | 4,174 |
| | 17 | 9,376 | 4,910 | 4,466 | 7,584 | 3,701 | 3,884 |
| | 18 | 8,074 | 3,988 | 4,087 | 6,908 | 3,444 | 3,464 |
| | 19 | 8,288 | 4,033 | 4,255 | 6,673 | 3,443 | 3,230 |
| | 20 | 6,600 | 3,255 | 3,344 | 5,999 | 3,012 | 2,988 |
| | 21 | 7,171 | 3,537 | 3,633 | 6,465 | 3,032 | 3,433 |
| | 22 | 6,974 | 3,343 | 3,631 | 6,120 | 3,085 | 3,034 |
| | 23 | 7,092 | 3,447 | 3,645 | 5,935 | 2,949 | 2,986 |
| | 24 | 6,836 | 3,344 | 3,492 | 5,821 | 2,868 | 2,954 |
| | 25 | 6,144 | 3,006 | 3,138 | 5,466 | 2,771 | 2,695 |
| | 26 | 6,545 | 3,240 | 3,305 | 5,480 | 2,754 | 2,726 |
| | 27 | 6,272 | 3,185 | 3,088 | 5,031 | 2,523 | 2,508 |
| | 28 | 5,836 | 2,914 | 2,922 | 4,563 | 2,315 | 2,247 |
| | 29 | 6,131 | 3,095 | 3,036 | 4,541 | 2,139 | 2,402 |
| | 30 | 4,999 | 2,552 | 2,447 | 4,192 | 2,124 | 2,068 |
| | 31 | 5,819 | 3,006 | 2,813 | 4,227 | 2,060 | 2,167 |
| | 32 | 5,105 | 2,631 | 2,474 | 4,161 | 1,994 | 2,167 |
| | 33 | 5,070 | 2,640 | 2,430 | 3,809 | 1,914 | 1,895 |
| | 34 | 4,662 | 2,391 | 2,271 | 3,683 | 1,760 | 1,924 |
| | 35 | 3,872 | 2,000 | 1,872 | 3,477 | 1,706 | 1,770 |
| | 36 | 4,140 | 2,096 | 2,044 | 3,432 | 1,650 | 1,782 |
| | 37 | 4,120 | 2,042 | 2,077 | 3,022 | 1,394 | 1,628 |
| | 38 | 3,441 | 1,633 | 1,808 | 2,990 | 1,396 | 1,594 |
| | 39 | 3,680 | 1,722 | 1,958 | 2,876 | 1,359 | 1,517 |
| | 40 | 2,821 | 1,307 | 1,514 | 2,500 | 1,157 | 1,343 |
| | 41 | 3,654 | 1,529 | 2,125 | 2,593 | 1,086 | 1,507 |
| | 42 | 3,116 | 1,260 | 1,856 | 2,331 | 1,028 | 1,303 |
| | 43 | 3,481 | 1,506 | 1,975 | 2,306 | 1,008 | 1,298 |
| | 44 | 3,263 | 1,440 | 1,823 | 2,248 | 1,021 | 1,227 |
| | 45 | 2,313 | 1,052 | 1,261 | 1,913 | 865 | 1,048 |
| | 46 | 2,878 | 1,253 | 1,625 | 2,067 | 1,031 | 1,036 |
| | 47 | 2,890 | 1,341 | 1,550 | 1,794 | 828 | 966 |
| | 48 | 2,441 | 1,188 | 1,253 | 1,689 | 799 | 890 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2022 | 49 | 2,569 | 1,229 | 1,340 | 1,671 | 795 | 876 |
| | 50 | 1,786 | 885 | 901 | 1,373 | 694 | 679 |
| | 51 | 2,255 | 1,123 | 1,132 | 1,458 | 679 | 779 |
| | 52 | 1,947 | 916 | 1,031 | 1,219 | 588 | 631 |
| | 53 | 1,938 | 940 | 998 | 1,169 | 571 | 597 |
| | 54 | 1,817 | 865 | 951 | 1,181 | 571 | 610 |
| | 55 | 1,357 | 706 | 651 | 1,052 | 491 | 561 |
| | 56 | 1,556 | 732 | 824 | 1,052 | 500 | 551 |
| | 57 | 1,432 | 646 | 785 | 959 | 467 | 492 |
| | 58 | 1,235 | 592 | 643 | 963 | 455 | 508 |
| | 59 | 1,541 | 683 | 858 | 857 | 425 | 432 |
| | 60 | 952 | 473 | 479 | 738 | 321 | 416 |
| | 61 | 1,271 | 602 | 669 | 836 | 389 | 447 |
| | 62 | 1,168 | 567 | 600 | 655 | 297 | 358 |
| | 63 | 935 | 452 | 483 | 692 | 327 | 365 |
| | 64 | 1,093 | 455 | 638 | 586 | 271 | 314 |
| | 65 | 657 | 299 | 358 | 516 | 240 | 276 |
| | 66 | 854 | 390 | 463 | 490 | 199 | 291 |
| | 67 | 767 | 322 | 445 | 468 | 206 | 263 |
| | 68 | 600 | 286 | 314 | 429 | 155 | 274 |
| | 69 | 757 | 326 | 432 | 330 | 176 | 153 |
| | 70 | 505 | 227 | 278 | 349 | 149 | 200 |
| | 71 | 656 | 289 | 367 | 330 | 179 | 151 |
| | 72 | 531 | 240 | 291 | 287 | 127 | 160 |
| | 73 | 560 | 229 | 332 | 326 | 148 | 178 |
| | 74 | 452 | 228 | 224 | 242 | 86 | 155 |
| | 75 | 292 | 142 | 150 | 205 | 87 | 118 |
| | 76 | 279 | 138 | 142 | 169 | 67 | 102 |
| | 77 | 298 | 133 | 165 | 140 | 56 | 84 |
| | 78 | 185 | 80 | 106 | 147 | 70 | 78 |
| | 79 | 231 | 99 | 132 | 113 | 40 | 72 |
| | 80+ | 1,215 | 511 | 704 | 851 | 323 | 528 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2023 | All Ages | 444,211 | 219,232 | 224,978 | 345,569 | 169,509 | 176,060 |
| | 0 | 20,857 | 10,379 | 10,478 | 14,495 | 7,270 | 7,225 |
| | 1 | 18,789 | 9,292 | 9,497 | 13,402 | 6,789 | 6,613 |
| | 2 | 18,049 | 9,197 | 8,852 | 13,126 | 6,554 | 6,572 |
| | 3 | 16,430 | 8,279 | 8,151 | 11,728 | 5,993 | 5,734 |
| | 4 | 16,332 | 8,230 | 8,102 | 11,390 | 5,795 | 5,596 |
| | 5 | 15,353 | 7,563 | 7,790 | 11,136 | 5,639 | 5,497 |
| | 6 | 15,000 | 7,316 | 7,684 | 11,425 | 5,573 | 5,851 |
| | 7 | 14,715 | 7,352 | 7,364 | 10,916 | 5,279 | 5,637 |
| | 8 | 13,591 | 6,936 | 6,655 | 10,889 | 5,468 | 5,421 |
| | 9 | 12,810 | 6,326 | 6,484 | 10,364 | 5,196 | 5,168 |
| | 10 | 12,524 | 6,279 | 6,245 | 10,313 | 5,123 | 5,191 |
| | 11 | 12,480 | 6,225 | 6,255 | 10,250 | 4,933 | 5,318 |
| | 12 | 11,358 | 5,616 | 5,742 | 9,878 | 4,857 | 5,021 |
| | 13 | 10,838 | 5,327 | 5,511 | 9,541 | 4,614 | 4,927 |
| | 14 | 10,753 | 5,405 | 5,348 | 9,183 | 4,493 | 4,689 |
| | 15 | 10,105 | 5,067 | 5,037 | 8,772 | 4,220 | 4,552 |
| | 16 | 10,192 | 5,210 | 4,982 | 8,560 | 4,189 | 4,371 |
| | 17 | 9,783 | 5,124 | 4,660 | 7,952 | 3,879 | 4,074 |
| | 18 | 8,511 | 4,208 | 4,303 | 7,318 | 3,652 | 3,666 |
| | 19 | 8,803 | 4,290 | 4,513 | 7,123 | 3,680 | 3,444 |
| | 20 | 7,431 | 3,706 | 3,725 | 6,792 | 3,446 | 3,345 |
| | 21 | 7,160 | 3,509 | 3,651 | 6,486 | 3,020 | 3,466 |
| | 22 | 7,057 | 3,369 | 3,688 | 6,221 | 3,124 | 3,098 |
| | 23 | 7,234 | 3,507 | 3,727 | 6,083 | 3,015 | 3,068 |
| | 24 | 6,986 | 3,412 | 3,574 | 5,979 | 2,940 | 3,039 |
| | 25 | 6,281 | 3,068 | 3,213 | 5,616 | 2,842 | 2,774 |
| | 26 | 6,757 | 3,345 | 3,411 | 5,687 | 2,857 | 2,830 |
| | 27 | 6,487 | 3,288 | 3,199 | 5,231 | 2,619 | 2,612 |
| | 28 | 6,031 | 3,004 | 3,027 | 4,741 | 2,399 | 2,341 |
| | 29 | 6,328 | 3,182 | 3,146 | 4,714 | 2,210 | 2,504 |
| | 30 | 5,158 | 2,624 | 2,533 | 4,348 | 2,195 | 2,153 |
| | 31 | 6,011 | 3,098 | 2,913 | 4,389 | 2,134 | 2,256 |
| | 32 | 5,277 | 2,724 | 2,552 | 4,324 | 2,076 | 2,249 |
| | 33 | 5,257 | 2,752 | 2,505 | 3,970 | 2,006 | 1,964 |
| | 34 | 4,873 | 2,508 | 2,364 | 3,868 | 1,855 | 2,013 |
| | 35 | 4,017 | 2,100 | 1,917 | 3,622 | 1,800 | 1,822 |
| | 36 | 4,289 | 2,193 | 2,096 | 3,572 | 1,735 | 1,836 |
| | 37 | 4,266 | 2,145 | 2,120 | 3,141 | 1,471 | 1,670 |
| | 38 | 3,555 | 1,718 | 1,837 | 3,105 | 1,476 | 1,629 |
| | 39 | 3,808 | 1,807 | 2,001 | 2,991 | 1,433 | 1,558 |
| | 40 | 2,912 | 1,382 | 1,530 | 2,595 | 1,231 | 1,364 |
| | 41 | 3,769 | 1,616 | 2,153 | 2,686 | 1,153 | 1,533 |
| | 42 | 3,199 | 1,309 | 1,890 | 2,407 | 1,073 | 1,334 |
| | 43 | 3,568 | 1,532 | 2,035 | 2,376 | 1,031 | 1,344 |
| | 44 | 3,358 | 1,455 | 1,903 | 2,325 | 1,038 | 1,287 |
| | 45 | 2,358 | 1,040 | 1,318 | 1,960 | 860 | 1,100 |
| | 46 | 2,956 | 1,248 | 1,707 | 2,126 | 1,033 | 1,093 |
| | 47 | 2,973 | 1,349 | 1,625 | 1,853 | 837 | 1,017 |
| | 48 | 2,539 | 1,219 | 1,320 | 1,766 | 825 | 942 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2023 | | | | | | | |
| | 49 | 2,686 | 1,283 | 1,403 | 1,756 | 834 | 922 |
| | 50 | 1,899 | 934 | 965 | 1,466 | 736 | 730 |
| | 51 | 2,385 | 1,183 | 1,202 | 1,548 | 718 | 830 |
| | 52 | 2,055 | 958 | 1,096 | 1,292 | 618 | 674 |
| | 53 | 2,025 | 981 | 1,044 | 1,226 | 598 | 627 |
| | 54 | 1,865 | 898 | 968 | 1,217 | 595 | 622 |
| | 55 | 1,415 | 741 | 674 | 1,100 | 517 | 583 |
| | 56 | 1,630 | 771 | 859 | 1,106 | 530 | 577 |
| | 57 | 1,483 | 673 | 810 | 998 | 488 | 510 |
| | 58 | 1,268 | 606 | 662 | 993 | 468 | 526 |
| | 59 | 1,560 | 690 | 870 | 871 | 432 | 440 |
| | 60 | 968 | 475 | 493 | 754 | 323 | 431 |
| | 61 | 1,293 | 604 | 689 | 855 | 392 | 463 |
| | 62 | 1,201 | 578 | 623 | 676 | 303 | 372 |
| | 63 | 976 | 471 | 505 | 725 | 342 | 384 |
| | 64 | 1,147 | 480 | 668 | 618 | 288 | 330 |
| | 65 | 703 | 322 | 381 | 554 | 258 | 295 |
| | 66 | 900 | 413 | 486 | 519 | 212 | 307 |
| | 67 | 808 | 339 | 469 | 495 | 218 | 277 |
| | 68 | 617 | 292 | 325 | 444 | 159 | 284 |
| | 69 | 763 | 325 | 438 | 333 | 177 | 156 |
| | 70 | 505 | 225 | 280 | 350 | 148 | 201 |
| | 71 | 653 | 284 | 369 | 328 | 176 | 152 |
| | 72 | 546 | 244 | 302 | 296 | 130 | 166 |
| | 73 | 599 | 241 | 358 | 349 | 157 | 192 |
| | 74 | 497 | 248 | 250 | 268 | 94 | 174 |
| | 75 | 332 | 158 | 174 | 234 | 97 | 137 |
| | 76 | 314 | 152 | 163 | 192 | 74 | 117 |
| | 77 | 326 | 144 | 182 | 154 | 61 | 93 |
| | 78 | 189 | 82 | 107 | 151 | 72 | 79 |
| | 79 | 222 | 98 | 125 | 109 | 40 | 69 |
| | 80+ | 1,216 | 512 | 705 | 855 | 325 | 530 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2024 | All Ages | 460,635 | 227,361 | 233,275 | 360,017 | 176,607 | 183,410 |
| | 0 | 21,665 | 10,781 | 10,883 | 15,116 | 7,584 | 7,532 |
| | 1 | 19,509 | 9,649 | 9,860 | 13,976 | 7,082 | 6,894 |
| | 2 | 18,703 | 9,531 | 9,172 | 13,651 | 6,816 | 6,835 |
| | 3 | 17,033 | 8,583 | 8,450 | 12,211 | 6,241 | 5,970 |
| | 4 | 16,931 | 8,531 | 8,400 | 11,858 | 6,033 | 5,825 |
| | 5 | 15,930 | 7,847 | 8,083 | 11,606 | 5,876 | 5,730 |
| | 6 | 15,535 | 7,577 | 7,958 | 11,882 | 5,796 | 6,086 |
| | 7 | 15,195 | 7,592 | 7,604 | 11,324 | 5,475 | 5,848 |
| | 8 | 14,049 | 7,169 | 6,880 | 11,303 | 5,677 | 5,626 |
| | 9 | 13,266 | 6,552 | 6,714 | 10,780 | 5,404 | 5,376 |
| | 10 | 12,958 | 6,496 | 6,462 | 10,715 | 5,322 | 5,393 |
| | 11 | 12,937 | 6,452 | 6,485 | 10,670 | 5,135 | 5,534 |
| | 12 | 11,764 | 5,817 | 5,946 | 10,277 | 5,053 | 5,224 |
| | 13 | 11,249 | 5,529 | 5,720 | 9,947 | 4,810 | 5,137 |
| | 14 | 11,152 | 5,605 | 5,547 | 9,566 | 4,680 | 4,886 |
| | 15 | 10,503 | 5,267 | 5,236 | 9,163 | 4,407 | 4,755 |
| | 16 | 10,604 | 5,421 | 5,183 | 8,946 | 4,377 | 4,569 |
| | 17 | 10,195 | 5,340 | 4,855 | 8,327 | 4,060 | 4,268 |
| | 18 | 8,881 | 4,390 | 4,491 | 7,675 | 3,829 | 3,847 |
| | 19 | 9,280 | 4,528 | 4,752 | 7,546 | 3,902 | 3,644 |
| | 20 | 7,893 | 3,941 | 3,952 | 7,251 | 3,684 | 3,568 |
| | 21 | 8,060 | 3,996 | 4,064 | 7,331 | 3,454 | 3,877 |
| | 22 | 7,047 | 3,341 | 3,705 | 6,241 | 3,112 | 3,129 |
| | 23 | 7,322 | 3,535 | 3,787 | 6,187 | 3,054 | 3,133 |
| | 24 | 7,127 | 3,472 | 3,655 | 6,129 | 3,005 | 3,124 |
| | 25 | 6,419 | 3,130 | 3,288 | 5,768 | 2,914 | 2,854 |
| | 26 | 6,908 | 3,414 | 3,493 | 5,844 | 2,929 | 2,914 |
| | 27 | 6,695 | 3,393 | 3,301 | 5,428 | 2,716 | 2,711 |
| | 28 | 6,241 | 3,103 | 3,138 | 4,931 | 2,491 | 2,440 |
| | 29 | 6,537 | 3,280 | 3,257 | 4,898 | 2,290 | 2,608 |
| | 30 | 5,326 | 2,699 | 2,627 | 4,515 | 2,269 | 2,245 |
| | 31 | 6,199 | 3,186 | 3,013 | 4,552 | 2,206 | 2,346 |
| | 32 | 5,449 | 2,806 | 2,643 | 4,489 | 2,149 | 2,340 |
| | 33 | 5,435 | 2,851 | 2,585 | 4,126 | 2,089 | 2,038 |
| | 34 | 5,053 | 2,615 | 2,437 | 4,029 | 1,944 | 2,085 |
| | 35 | 4,200 | 2,203 | 1,996 | 3,806 | 1,899 | 1,907 |
| | 36 | 4,447 | 2,301 | 2,145 | 3,720 | 1,831 | 1,889 |
| | 37 | 4,420 | 2,245 | 2,175 | 3,269 | 1,547 | 1,722 |
| | 38 | 3,679 | 1,804 | 1,875 | 3,230 | 1,558 | 1,671 |
| | 39 | 3,935 | 1,901 | 2,034 | 3,106 | 1,515 | 1,591 |
| | 40 | 3,014 | 1,449 | 1,565 | 2,700 | 1,299 | 1,401 |
| | 41 | 3,886 | 1,709 | 2,176 | 2,780 | 1,225 | 1,555 |
| | 42 | 3,298 | 1,384 | 1,914 | 2,500 | 1,141 | 1,359 |
| | 43 | 3,663 | 1,591 | 2,072 | 2,452 | 1,076 | 1,376 |
| | 44 | 3,440 | 1,480 | 1,960 | 2,395 | 1,062 | 1,333 |
| | 45 | 2,429 | 1,052 | 1,377 | 2,029 | 874 | 1,154 |
| | 46 | 3,015 | 1,232 | 1,783 | 2,172 | 1,025 | 1,147 |
| | 47 | 3,053 | 1,344 | 1,709 | 1,912 | 838 | 1,074 |
| | 48 | 2,610 | 1,226 | 1,384 | 1,825 | 834 | 991 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2024 | 49 | 2,795 | 1,317 | 1,478 | 1,836 | 861 | 975 |
| | 50 | 1,987 | 975 | 1,012 | 1,540 | 773 | 767 |
| | 51 | 2,537 | 1,249 | 1,288 | 1,653 | 761 | 892 |
| | 52 | 2,173 | 1,010 | 1,163 | 1,372 | 654 | 718 |
| | 53 | 2,137 | 1,026 | 1,110 | 1,299 | 629 | 671 |
| | 54 | 1,950 | 936 | 1,013 | 1,277 | 623 | 654 |
| | 55 | 1,455 | 769 | 686 | 1,134 | 539 | 595 |
| | 56 | 1,698 | 809 | 889 | 1,157 | 558 | 599 |
| | 57 | 1,554 | 709 | 845 | 1,051 | 516 | 534 |
| | 58 | 1,313 | 631 | 682 | 1,033 | 489 | 544 |
| | 59 | 1,602 | 706 | 896 | 899 | 444 | 455 |
| | 60 | 981 | 480 | 501 | 767 | 328 | 439 |
| | 61 | 1,315 | 605 | 710 | 874 | 394 | 480 |
| | 62 | 1,223 | 581 | 642 | 691 | 306 | 385 |
| | 63 | 1,004 | 480 | 524 | 749 | 350 | 399 |
| | 64 | 1,199 | 499 | 700 | 648 | 301 | 347 |
| | 65 | 738 | 339 | 399 | 585 | 273 | 311 |
| | 66 | 962 | 444 | 518 | 557 | 228 | 328 |
| | 67 | 851 | 359 | 492 | 523 | 231 | 292 |
| | 68 | 651 | 308 | 343 | 469 | 169 | 301 |
| | 69 | 786 | 333 | 453 | 344 | 182 | 162 |
| | 70 | 509 | 224 | 285 | 353 | 148 | 205 |
| | 71 | 653 | 282 | 371 | 329 | 175 | 154 |
| | 72 | 542 | 240 | 303 | 295 | 128 | 168 |
| | 73 | 617 | 245 | 372 | 360 | 160 | 200 |
| | 74 | 531 | 261 | 270 | 288 | 100 | 189 |
| | 75 | 365 | 172 | 194 | 259 | 106 | 154 |
| | 76 | 357 | 168 | 188 | 219 | 83 | 136 |
| | 77 | 368 | 159 | 209 | 175 | 67 | 107 |
| | 78 | 207 | 89 | 118 | 165 | 78 | 88 |
| | 79 | 227 | 100 | 126 | 111 | 41 | 70 |
| | 80+ | 1,212 | 511 | 700 | 854 | 326 | 528 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2025 | All Ages | 477,774 | 235,839 | 241,935 | 375,230 | 184,104 | 191,126 |
| | 0 | 22,521 | 11,208 | 11,313 | 15,779 | 7,919 | 7,860 |
| | 1 | 20,274 | 10,029 | 10,245 | 14,590 | 7,395 | 7,195 |
| | 2 | 19,433 | 9,905 | 9,528 | 14,238 | 7,110 | 7,128 |
| | 3 | 17,654 | 8,896 | 8,758 | 12,713 | 6,498 | 6,215 |
| | 4 | 17,557 | 8,846 | 8,712 | 12,351 | 6,284 | 6,067 |
| | 5 | 16,517 | 8,135 | 8,382 | 12,089 | 6,119 | 5,970 |
| | 6 | 16,121 | 7,862 | 8,258 | 12,383 | 6,040 | 6,343 |
| | 7 | 15,735 | 7,861 | 7,874 | 11,782 | 5,696 | 6,086 |
| | 8 | 14,511 | 7,404 | 7,107 | 11,725 | 5,889 | 5,836 |
| | 9 | 13,713 | 6,773 | 6,940 | 11,194 | 5,611 | 5,583 |
| | 10 | 13,422 | 6,729 | 6,693 | 11,147 | 5,535 | 5,611 |
| | 11 | 13,387 | 6,676 | 6,711 | 11,088 | 5,338 | 5,750 |
| | 12 | 12,191 | 6,030 | 6,162 | 10,699 | 5,260 | 5,439 |
| | 13 | 11,654 | 5,728 | 5,926 | 10,354 | 5,006 | 5,347 |
| | 14 | 11,576 | 5,819 | 5,758 | 9,974 | 4,878 | 5,096 |
| | 15 | 10,892 | 5,462 | 5,431 | 9,551 | 4,593 | 4,957 |
| | 16 | 11,024 | 5,636 | 5,388 | 9,346 | 4,571 | 4,775 |
| | 17 | 10,608 | 5,557 | 5,051 | 8,708 | 4,243 | 4,464 |
| | 18 | 9,256 | 4,574 | 4,681 | 8,040 | 4,009 | 4,031 |
| | 19 | 9,684 | 4,725 | 4,959 | 7,914 | 4,091 | 3,823 |
| | 20 | 8,320 | 4,159 | 4,161 | 7,684 | 3,907 | 3,777 |
| | 21 | 8,563 | 4,251 | 4,311 | 7,824 | 3,692 | 4,132 |
| | 22 | 7,927 | 3,803 | 4,125 | 7,060 | 3,559 | 3,501 |
| | 23 | 7,313 | 3,506 | 3,807 | 6,210 | 3,045 | 3,165 |
| | 24 | 7,213 | 3,499 | 3,714 | 6,235 | 3,044 | 3,191 |
| | 25 | 6,547 | 3,185 | 3,362 | 5,913 | 2,979 | 2,934 |
| | 26 | 7,060 | 3,484 | 3,576 | 6,004 | 3,004 | 3,000 |
| | 27 | 6,843 | 3,462 | 3,381 | 5,579 | 2,786 | 2,793 |
| | 28 | 6,443 | 3,204 | 3,239 | 5,119 | 2,585 | 2,534 |
| | 29 | 6,761 | 3,388 | 3,373 | 5,097 | 2,378 | 2,718 |
| | 30 | 5,504 | 2,782 | 2,722 | 4,692 | 2,352 | 2,340 |
| | 31 | 6,400 | 3,277 | 3,123 | 4,726 | 2,281 | 2,446 |
| | 32 | 5,619 | 2,885 | 2,734 | 4,656 | 2,222 | 2,434 |
| | 33 | 5,613 | 2,936 | 2,676 | 4,285 | 2,163 | 2,122 |
| | 34 | 5,224 | 2,708 | 2,515 | 4,186 | 2,024 | 2,162 |
| | 35 | 4,357 | 2,298 | 2,059 | 3,968 | 1,991 | 1,977 |
| | 36 | 4,646 | 2,413 | 2,233 | 3,906 | 1,930 | 1,975 |
| | 37 | 4,584 | 2,358 | 2,227 | 3,404 | 1,632 | 1,772 |
| | 38 | 3,811 | 1,887 | 1,923 | 3,364 | 1,640 | 1,724 |
| | 39 | 4,074 | 1,996 | 2,077 | 3,232 | 1,600 | 1,632 |
| | 40 | 3,115 | 1,524 | 1,591 | 2,806 | 1,374 | 1,432 |
| | 41 | 4,019 | 1,794 | 2,224 | 2,888 | 1,292 | 1,596 |
| | 42 | 3,398 | 1,464 | 1,933 | 2,594 | 1,213 | 1,380 |
| | 43 | 3,782 | 1,682 | 2,100 | 2,546 | 1,145 | 1,402 |
| | 44 | 3,530 | 1,535 | 1,995 | 2,472 | 1,109 | 1,364 |
| | 45 | 2,490 | 1,071 | 1,420 | 2,090 | 894 | 1,196 |
| | 46 | 3,107 | 1,246 | 1,861 | 2,246 | 1,043 | 1,203 |
| | 47 | 3,112 | 1,326 | 1,786 | 1,957 | 830 | 1,127 |
| | 48 | 2,681 | 1,223 | 1,458 | 1,884 | 836 | 1,048 |

Table 8: District Population in Single Year by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|-----|----------------|-------|---------|---------------------------|-------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2025 | 49 | 2,873 | 1,324 | 1,549 | 1,897 | 871 | 1,027 |
| | 50 | 2,069 | 1,002 | 1,067 | 1,609 | 798 | 812 |
| | 51 | 2,656 | 1,307 | 1,349 | 1,736 | 799 | 937 |
| | 52 | 2,314 | 1,067 | 1,246 | 1,467 | 694 | 772 |
| | 53 | 2,260 | 1,083 | 1,177 | 1,380 | 666 | 714 |
| | 54 | 2,059 | 980 | 1,079 | 1,353 | 655 | 698 |
| | 55 | 1,523 | 803 | 720 | 1,191 | 565 | 626 |
| | 56 | 1,744 | 840 | 904 | 1,193 | 581 | 612 |
| | 57 | 1,620 | 745 | 875 | 1,100 | 545 | 556 |
| | 58 | 1,378 | 666 | 712 | 1,089 | 519 | 570 |
| | 59 | 1,659 | 736 | 923 | 935 | 465 | 470 |
| | 60 | 1,009 | 493 | 516 | 792 | 338 | 454 |
| | 61 | 1,332 | 613 | 719 | 889 | 400 | 489 |
| | 62 | 1,245 | 583 | 663 | 706 | 308 | 399 |
| | 63 | 1,023 | 482 | 541 | 766 | 353 | 414 |
| | 64 | 1,235 | 509 | 726 | 670 | 308 | 362 |
| | 65 | 772 | 354 | 419 | 614 | 286 | 328 |
| | 66 | 1,011 | 469 | 542 | 588 | 242 | 346 |
| | 67 | 910 | 387 | 524 | 562 | 250 | 312 |
| | 68 | 685 | 327 | 359 | 496 | 179 | 316 |
| | 69 | 829 | 351 | 478 | 364 | 192 | 172 |
| | 70 | 525 | 230 | 295 | 366 | 152 | 213 |
| | 71 | 660 | 282 | 378 | 332 | 175 | 157 |
| | 72 | 543 | 238 | 305 | 296 | 127 | 169 |
| | 73 | 614 | 240 | 373 | 359 | 158 | 201 |
| | 74 | 546 | 266 | 280 | 298 | 102 | 197 |
| | 75 | 391 | 181 | 210 | 279 | 112 | 167 |
| | 76 | 393 | 183 | 210 | 243 | 90 | 152 |
| | 77 | 418 | 177 | 241 | 200 | 75 | 125 |
| | 78 | 234 | 98 | 136 | 187 | 86 | 101 |
| | 79 | 247 | 108 | 139 | 122 | 45 | 78 |
| | 80+ | 1,212 | 513 | 698 | 856 | 328 | 528 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2003 | All Ages | 421,099 | 206,736 | 214,363 | 382,238 | 185,910 | 196,329 |
| | 0-4 | 79,685 | 39,436 | 40,249 | 76,100 | 37,484 | 38,616 |
| | 5-9 | 67,742 | 33,577 | 34,164 | 61,080 | 30,438 | 30,642 |
| | 10-14 | 56,311 | 28,131 | 28,180 | 50,482 | 25,291 | 25,191 |
| | 15-19 | 45,299 | 21,733 | 23,566 | 41,974 | 20,079 | 21,895 |
| | 20-24 | 36,619 | 15,905 | 20,714 | 34,230 | 15,427 | 18,804 |
| | 25-29 | 30,972 | 14,304 | 16,668 | 28,081 | 12,958 | 15,124 |
| | 30-34 | 23,915 | 11,728 | 12,186 | 20,944 | 10,323 | 10,621 |
| | 35-39 | 18,741 | 9,259 | 9,483 | 16,136 | 7,709 | 8,427 |
| | 40-44 | 15,290 | 7,847 | 7,442 | 13,506 | 6,543 | 6,963 |
| | 45-49 | 12,000 | 6,204 | 5,796 | 10,092 | 4,861 | 5,232 |
| | 50-54 | 10,104 | 5,285 | 4,819 | 8,372 | 4,077 | 4,295 |
| | 55-59 | 6,602 | 3,601 | 3,001 | 5,547 | 2,794 | 2,753 |
| | 60-64 | 5,715 | 3,059 | 2,656 | 4,951 | 2,337 | 2,613 |
| | 65-69 | 4,152 | 2,285 | 1,866 | 3,902 | 1,890 | 2,013 |
| | 70-74 | 3,344 | 1,816 | 1,528 | 2,925 | 1,452 | 1,473 |
| | 75-79 | 1,982 | 1,132 | 850 | 1,745 | 985 | 759 |
| | 80+ | 2,628 | 1,432 | 1,195 | 2,171 | 1,263 | 908 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2004 | All Ages | 435,287 | 213,619 | 221,668 | 394,524 | 191,850 | 202,674 |
| | 0-4 | 82,910 | 41,046 | 41,864 | 79,154 | 39,003 | 40,151 |
| | 5-9 | 69,564 | 34,439 | 35,125 | 62,619 | 31,169 | 31,450 |
| | 10-14 | 58,092 | 29,012 | 29,080 | 51,989 | 26,040 | 25,949 |
| | 15-19 | 46,959 | 22,788 | 24,170 | 43,423 | 21,014 | 22,410 |
| | 20-24 | 37,773 | 16,650 | 21,123 | 35,246 | 16,114 | 19,131 |
| | 25-29 | 31,943 | 14,442 | 17,501 | 28,900 | 13,051 | 15,849 |
| | 30-34 | 25,222 | 12,278 | 12,945 | 22,045 | 10,785 | 11,260 |
| | 35-39 | 19,438 | 9,650 | 9,789 | 16,697 | 8,016 | 8,681 |
| | 40-44 | 15,652 | 7,974 | 7,679 | 13,805 | 6,634 | 7,171 |
| | 45-49 | 12,618 | 6,524 | 6,095 | 10,585 | 5,097 | 5,488 |
| | 50-54 | 10,229 | 5,306 | 4,923 | 8,470 | 4,086 | 4,384 |
| | 55-59 | 7,192 | 3,873 | 3,319 | 6,023 | 2,998 | 3,025 |
| | 60-64 | 5,528 | 2,997 | 2,531 | 4,770 | 2,287 | 2,484 |
| | 65-69 | 4,308 | 2,337 | 1,970 | 4,049 | 1,927 | 2,122 |
| | 70-74 | 3,244 | 1,761 | 1,484 | 2,835 | 1,405 | 1,430 |
| | 75-79 | 2,072 | 1,151 | 921 | 1,817 | 997 | 820 |
| | 80+ | 2,542 | 1,393 | 1,149 | 2,096 | 1,226 | 871 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2005 | All Ages | 450,604 | 221,073 | 229,530 | 407,927 | 198,369 | 209,558 |
| | 0-4 | 86,903 | 43,060 | 43,843 | 82,994 | 40,945 | 42,050 |
| | 5-9 | 71,281 | 35,244 | 36,037 | 64,067 | 31,852 | 32,216 |
| | 10-14 | 59,903 | 29,868 | 30,035 | 53,518 | 26,764 | 26,754 |
| | 15-19 | 48,704 | 23,852 | 24,852 | 44,949 | 21,953 | 22,996 |
| | 20-24 | 39,015 | 17,527 | 21,488 | 36,349 | 16,928 | 19,422 |
| | 25-29 | 32,868 | 14,569 | 18,299 | 29,676 | 13,137 | 16,539 |
| | 30-34 | 26,590 | 12,814 | 13,775 | 23,193 | 11,235 | 11,958 |
| | 35-39 | 20,249 | 10,100 | 10,149 | 17,353 | 8,373 | 8,980 |
| | 40-44 | 16,000 | 8,092 | 7,909 | 14,091 | 6,719 | 7,373 |
| | 45-49 | 13,307 | 6,881 | 6,426 | 11,142 | 5,366 | 5,776 |
| | 50-54 | 10,310 | 5,307 | 5,003 | 8,525 | 4,079 | 4,445 |
| | 55-59 | 7,853 | 4,172 | 3,680 | 6,579 | 3,227 | 3,352 |
| | 60-64 | 5,359 | 2,947 | 2,412 | 4,602 | 2,246 | 2,355 |
| | 65-69 | 4,474 | 2,398 | 2,076 | 4,208 | 1,973 | 2,235 |
| | 70-74 | 3,149 | 1,709 | 1,440 | 2,744 | 1,362 | 1,382 |
| | 75-79 | 2,151 | 1,166 | 985 | 1,890 | 1,012 | 879 |
| | 80+ | 2,486 | 1,365 | 1,121 | 2,046 | 1,199 | 847 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2006 | All Ages | 466,752 | 228,961 | 237,791 | 421,851 | 205,141 | 216,710 |
| | 0-4 | 91,657 | 45,491 | 46,165 | 87,322 | 43,140 | 44,181 |
| | 5-9 | 72,738 | 35,897 | 36,841 | 65,274 | 32,394 | 32,880 |
| | 10-14 | 61,761 | 30,733 | 31,027 | 55,082 | 27,494 | 27,588 |
| | 15-19 | 50,482 | 24,890 | 25,592 | 46,500 | 22,865 | 23,635 |
| | 20-24 | 40,338 | 18,472 | 21,866 | 37,524 | 17,802 | 19,723 |
| | 25-29 | 33,798 | 14,789 | 19,010 | 30,458 | 13,307 | 17,151 |
| | 30-34 | 27,904 | 13,279 | 14,625 | 24,286 | 11,617 | 12,669 |
| | 35-39 | 21,177 | 10,586 | 10,590 | 18,106 | 8,758 | 9,348 |
| | 40-44 | 16,394 | 8,252 | 8,142 | 14,414 | 6,837 | 7,577 |
| | 45-49 | 13,956 | 7,210 | 6,746 | 11,673 | 5,615 | 6,058 |
| | 50-54 | 10,461 | 5,349 | 5,112 | 8,628 | 4,104 | 4,524 |
| | 55-59 | 8,436 | 4,429 | 4,007 | 7,091 | 3,430 | 3,661 |
| | 60-64 | 5,318 | 2,953 | 2,365 | 4,543 | 2,249 | 2,294 |
| | 65-69 | 4,584 | 2,441 | 2,143 | 4,318 | 2,006 | 2,311 |
| | 70-74 | 3,100 | 1,676 | 1,424 | 2,689 | 1,332 | 1,357 |
| | 75-79 | 2,194 | 1,170 | 1,024 | 1,929 | 1,014 | 915 |
| | 80+ | 2,456 | 1,344 | 1,112 | 2,016 | 1,179 | 838 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2007 | All Ages | 483,526 | 237,178 | 246,348 | 436,325 | 212,213 | 224,112 |
| | 0-4 | 97,212 | 48,355 | 48,856 | 92,389 | 45,747 | 46,642 |
| | 5-9 | 73,711 | 36,264 | 37,447 | 66,045 | 32,679 | 33,366 |
| | 10-14 | 63,688 | 31,638 | 32,050 | 56,702 | 28,256 | 28,446 |
| | 15-19 | 52,265 | 25,882 | 26,383 | 48,051 | 23,734 | 24,317 |
| | 20-24 | 41,736 | 19,437 | 22,299 | 38,764 | 18,691 | 20,073 |
| | 25-29 | 34,784 | 15,179 | 19,605 | 31,287 | 13,629 | 17,659 |
| | 30-34 | 29,095 | 13,643 | 15,452 | 25,263 | 11,905 | 13,358 |
| | 35-39 | 22,214 | 11,090 | 11,124 | 18,950 | 9,156 | 9,793 |
| | 40-44 | 16,878 | 8,488 | 8,390 | 14,811 | 7,018 | 7,793 |
| | 45-49 | 14,503 | 7,472 | 7,031 | 12,123 | 5,813 | 6,311 |
| | 50-54 | 10,756 | 5,475 | 5,281 | 8,849 | 4,193 | 4,656 |
| | 55-59 | 8,857 | 4,606 | 4,251 | 7,473 | 3,572 | 3,901 |
| | 60-64 | 5,469 | 3,041 | 2,427 | 4,656 | 2,314 | 2,342 |
| | 65-69 | 4,607 | 2,452 | 2,155 | 4,342 | 2,016 | 2,325 |
| | 70-74 | 3,117 | 1,671 | 1,446 | 2,692 | 1,325 | 1,367 |
| | 75-79 | 2,187 | 1,155 | 1,033 | 1,927 | 1,002 | 925 |
| | 80+ | 2,446 | 1,329 | 1,117 | 2,002 | 1,163 | 839 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2008 | All Ages | 501,073 | 245,803 | 255,270 | 451,312 | 219,536 | 231,776 |
| | 0-4 | 101,542 | 50,535 | 51,007 | 96,314 | 47,712 | 48,601 |
| | 5-9 | 76,448 | 37,604 | 38,845 | 68,335 | 33,790 | 34,545 |
| | 10-14 | 65,557 | 32,521 | 33,036 | 58,255 | 28,991 | 29,265 |
| | 15-19 | 54,027 | 26,804 | 27,224 | 49,575 | 24,535 | 25,040 |
| | 20-24 | 43,230 | 20,422 | 22,808 | 40,081 | 19,594 | 20,487 |
| | 25-29 | 35,845 | 15,763 | 20,082 | 32,178 | 14,121 | 18,056 |
| | 30-34 | 30,146 | 13,884 | 16,263 | 26,112 | 12,084 | 14,029 |
| | 35-39 | 23,384 | 11,623 | 11,761 | 19,904 | 9,575 | 10,329 |
| | 40-44 | 17,456 | 8,805 | 8,650 | 15,287 | 7,267 | 8,020 |
| | 45-49 | 14,940 | 7,656 | 7,284 | 12,481 | 5,950 | 6,531 |
| | 50-54 | 11,224 | 5,702 | 5,523 | 9,210 | 4,358 | 4,852 |
| | 55-59 | 9,097 | 4,691 | 4,406 | 7,697 | 3,641 | 4,056 |
| | 60-64 | 5,834 | 3,221 | 2,613 | 4,959 | 2,448 | 2,511 |
| | 65-69 | 4,531 | 2,428 | 2,103 | 4,264 | 1,997 | 2,268 |
| | 70-74 | 3,209 | 1,695 | 1,513 | 2,760 | 1,341 | 1,419 |
| | 75-79 | 2,158 | 1,135 | 1,023 | 1,906 | 985 | 921 |
| | 80+ | 2,443 | 1,314 | 1,129 | 1,994 | 1,148 | 846 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2009 | All Ages | 519,253 | 254,763 | 264,490 | 466,934 | 227,217 | 239,717 |
| | 0-4 | 105,676 | 52,605 | 53,071 | 100,061 | 49,579 | 50,482 |
| | 5-9 | 79,788 | 39,259 | 40,529 | 71,262 | 35,257 | 36,004 |
| | 10-14 | 67,369 | 33,381 | 33,988 | 59,769 | 29,712 | 30,057 |
| | 15-19 | 55,777 | 27,662 | 28,115 | 51,083 | 25,275 | 25,808 |
| | 20-24 | 44,823 | 21,434 | 23,389 | 41,485 | 20,520 | 20,966 |
| | 25-29 | 36,972 | 16,514 | 20,458 | 33,121 | 14,761 | 18,360 |
| | 30-34 | 31,084 | 14,029 | 17,055 | 26,862 | 12,180 | 14,682 |
| | 35-39 | 24,661 | 12,182 | 12,479 | 20,953 | 10,014 | 10,938 |
| | 40-44 | 18,112 | 9,187 | 8,925 | 15,828 | 7,569 | 8,259 |
| | 45-49 | 15,302 | 7,788 | 7,514 | 12,775 | 6,045 | 6,730 |
| | 50-54 | 11,814 | 6,002 | 5,812 | 9,675 | 4,581 | 5,094 |
| | 55-59 | 9,211 | 4,712 | 4,498 | 7,801 | 3,656 | 4,145 |
| | 60-64 | 6,360 | 3,472 | 2,888 | 5,406 | 2,635 | 2,772 |
| | 65-69 | 4,390 | 2,381 | 2,009 | 4,117 | 1,958 | 2,159 |
| | 70-74 | 3,347 | 1,741 | 1,606 | 2,873 | 1,373 | 1,500 |
| | 75-79 | 2,100 | 1,104 | 996 | 1,857 | 959 | 898 |
| | 80+ | 2,467 | 1,310 | 1,156 | 2,006 | 1,143 | 863 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2010 | All Ages | 538,139 | 264,125 | 274,014 | 482,987 | 235,125 | 247,862 |
| | 0-4 | 109,656 | 54,586 | 55,070 | 103,656 | 51,359 | 52,296 |
| | 5-9 | 83,834 | 41,304 | 42,530 | 74,714 | 36,997 | 37,716 |
| | 10-14 | 69,062 | 34,176 | 34,886 | 61,160 | 30,368 | 30,792 |
| | 15-19 | 57,541 | 28,490 | 29,051 | 52,598 | 25,983 | 26,615 |
| | 20-24 | 46,485 | 22,447 | 24,038 | 42,946 | 21,443 | 21,503 |
| | 25-29 | 38,167 | 17,392 | 20,775 | 34,115 | 15,511 | 18,604 |
| | 30-34 | 31,947 | 14,160 | 17,787 | 27,549 | 12,267 | 15,282 |
| | 35-39 | 25,967 | 12,724 | 13,243 | 22,024 | 10,437 | 11,586 |
| | 40-44 | 18,857 | 9,621 | 9,236 | 16,440 | 7,912 | 8,528 |
| | 45-49 | 15,636 | 7,907 | 7,729 | 13,039 | 6,127 | 6,912 |
| | 50-54 | 12,463 | 6,337 | 6,125 | 10,190 | 4,829 | 5,361 |
| | 55-59 | 9,285 | 4,717 | 4,569 | 7,853 | 3,651 | 4,203 |
| | 60-64 | 6,951 | 3,745 | 3,206 | 5,912 | 2,837 | 3,075 |
| | 65-69 | 4,262 | 2,346 | 1,916 | 3,975 | 1,925 | 2,050 |
| | 70-74 | 3,485 | 1,789 | 1,696 | 2,993 | 1,408 | 1,585 |
| | 75-79 | 2,043 | 1,075 | 968 | 1,800 | 930 | 870 |
| | 80+ | 2,497 | 1,310 | 1,188 | 2,024 | 1,140 | 884 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2011 | All Ages | 557,668 | 273,817 | 283,851 | 499,587 | 243,328 | 256,259 |
| | 0-4 | 113,686 | 56,591 | 57,094 | 107,278 | 53,151 | 54,126 |
| | 5-9 | 88,454 | 43,638 | 44,816 | 78,735 | 39,049 | 39,687 |
| | 10-14 | 70,495 | 34,820 | 35,675 | 62,315 | 30,886 | 31,429 |
| | 15-19 | 59,351 | 29,328 | 30,022 | 54,141 | 26,692 | 27,449 |
| | 20-24 | 48,187 | 23,435 | 24,752 | 44,429 | 22,338 | 22,092 |
| | 25-29 | 39,437 | 18,338 | 21,100 | 35,165 | 16,314 | 18,851 |
| | 30-34 | 32,808 | 14,380 | 18,428 | 28,234 | 12,435 | 15,798 |
| | 35-39 | 27,203 | 13,193 | 14,009 | 23,034 | 10,797 | 12,236 |
| | 40-44 | 19,702 | 10,089 | 9,613 | 17,136 | 8,281 | 8,855 |
| | 45-49 | 16,013 | 8,067 | 7,945 | 13,328 | 6,237 | 7,091 |
| | 50-54 | 13,074 | 6,647 | 6,427 | 10,678 | 5,057 | 5,621 |
| | 55-59 | 9,430 | 4,762 | 4,668 | 7,948 | 3,672 | 4,276 |
| | 60-64 | 7,478 | 3,984 | 3,494 | 6,362 | 3,011 | 3,351 |
| | 65-69 | 4,243 | 2,359 | 1,885 | 3,930 | 1,929 | 2,000 |
| | 70-74 | 3,571 | 1,822 | 1,748 | 3,071 | 1,433 | 1,638 |
| | 75-79 | 2,021 | 1,058 | 963 | 1,770 | 912 | 858 |
| | 80+ | 2,516 | 1,304 | 1,212 | 2,033 | 1,134 | 900 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2012 | All Ages | 577,901 | 283,891 | 294,010 | 516,750 | 251,832 | 264,918 |
| | 0-4 | 117,740 | 58,610 | 59,130 | 110,916 | 54,953 | 55,963 |
| | 5-9 | 93,933 | 46,447 | 47,486 | 83,465 | 41,496 | 41,969 |
| | 10-14 | 71,468 | 35,192 | 36,276 | 63,063 | 31,164 | 31,899 |
| | 15-19 | 61,232 | 30,206 | 31,027 | 55,745 | 27,434 | 28,311 |
| | 20-24 | 49,913 | 24,383 | 25,530 | 45,927 | 23,191 | 22,737 |
| | 25-29 | 40,781 | 19,304 | 21,477 | 36,277 | 17,133 | 19,144 |
| | 30-34 | 33,722 | 14,763 | 18,959 | 28,965 | 12,747 | 16,218 |
| | 35-39 | 28,299 | 13,555 | 14,744 | 23,927 | 11,071 | 12,856 |
| | 40-44 | 20,645 | 10,572 | 10,073 | 17,920 | 8,662 | 9,258 |
| | 45-49 | 16,476 | 8,304 | 8,172 | 13,685 | 6,404 | 7,281 |
| | 50-54 | 13,593 | 6,895 | 6,699 | 11,092 | 5,237 | 5,855 |
| | 55-59 | 9,712 | 4,885 | 4,827 | 8,151 | 3,751 | 4,400 |
| | 60-64 | 7,867 | 4,152 | 3,715 | 6,694 | 3,132 | 3,562 |
| | 65-69 | 4,380 | 2,440 | 1,940 | 4,032 | 1,987 | 2,045 |
| | 70-74 | 3,585 | 1,833 | 1,751 | 3,089 | 1,441 | 1,648 |
| | 75-79 | 2,041 | 1,059 | 982 | 1,776 | 909 | 867 |
| | 80+ | 2,515 | 1,292 | 1,224 | 2,026 | 1,120 | 906 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2013 | All Ages | 598,781 | 294,314 | 304,467 | 534,507 | 260,647 | 273,861 |
| | 0-4 | 121,855 | 60,660 | 61,195 | 114,605 | 56,781 | 57,824 |
| | 5-9 | 98,253 | 48,605 | 49,648 | 87,164 | 43,358 | 43,806 |
| | 10-14 | 74,047 | 36,441 | 37,606 | 65,285 | 32,250 | 33,035 |
| | 15-19 | 63,058 | 31,062 | 31,995 | 57,292 | 28,155 | 29,138 |
| | 20-24 | 51,639 | 25,266 | 26,373 | 47,414 | 23,977 | 23,438 |
| | 25-29 | 42,204 | 20,287 | 21,917 | 37,454 | 17,964 | 19,490 |
| | 30-34 | 34,701 | 15,333 | 19,367 | 29,752 | 13,220 | 16,532 |
| | 35-39 | 29,226 | 13,784 | 15,442 | 24,678 | 11,239 | 13,440 |
| | 40-44 | 21,698 | 11,082 | 10,616 | 18,800 | 9,062 | 9,738 |
| | 45-49 | 17,026 | 8,618 | 8,407 | 14,106 | 6,631 | 7,476 |
| | 50-54 | 14,009 | 7,070 | 6,939 | 11,418 | 5,361 | 6,057 |
| | 55-59 | 10,148 | 5,098 | 5,050 | 8,482 | 3,900 | 4,583 |
| | 60-64 | 8,097 | 4,238 | 3,859 | 6,885 | 3,191 | 3,694 |
| | 65-69 | 4,689 | 2,596 | 2,092 | 4,301 | 2,105 | 2,196 |
| | 70-74 | 3,519 | 1,817 | 1,702 | 3,035 | 1,427 | 1,607 |
| | 75-79 | 2,111 | 1,079 | 1,031 | 1,824 | 922 | 903 |
| | 80+ | 2,503 | 1,276 | 1,227 | 2,010 | 1,104 | 906 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2014 | All Ages | 620,390 | 305,142 | 315,248 | 552,686 | 269,670 | 283,017 |
| | 0-4 | 126,005 | 62,731 | 63,274 | 118,313 | 58,619 | 59,693 |
| | 5-9 | 102,392 | 50,663 | 51,728 | 90,688 | 45,124 | 45,564 |
| | 10-14 | 77,369 | 38,095 | 39,274 | 67,962 | 33,571 | 34,391 |
| | 15-19 | 64,822 | 31,893 | 32,929 | 58,782 | 28,852 | 29,930 |
| | 20-24 | 53,337 | 26,089 | 27,248 | 48,866 | 24,702 | 24,163 |
| | 25-29 | 43,742 | 21,296 | 22,446 | 38,729 | 18,814 | 19,915 |
| | 30-34 | 35,745 | 16,059 | 19,687 | 30,591 | 13,823 | 16,768 |
| | 35-39 | 30,047 | 13,917 | 16,130 | 25,340 | 11,326 | 14,013 |
| | 40-44 | 22,833 | 11,612 | 11,221 | 19,759 | 9,479 | 10,279 |
| | 45-49 | 17,637 | 8,993 | 8,645 | 14,578 | 6,903 | 7,675 |
| | 50-54 | 14,340 | 7,194 | 7,146 | 11,676 | 5,446 | 6,231 |
| | 55-59 | 10,689 | 5,375 | 5,313 | 8,909 | 4,102 | 4,807 |
| | 60-64 | 8,211 | 4,264 | 3,946 | 6,974 | 3,206 | 3,769 |
| | 65-69 | 5,121 | 2,807 | 2,314 | 4,694 | 2,268 | 2,426 |
| | 70-74 | 3,408 | 1,786 | 1,623 | 2,933 | 1,401 | 1,532 |
| | 75-79 | 2,208 | 1,111 | 1,098 | 1,902 | 946 | 956 |
| | 80+ | 2,484 | 1,259 | 1,226 | 1,990 | 1,088 | 902 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2015 | All Ages | 642,654 | 316,277 | 326,377 | 571,540 | 279,030 | 292,510 |
| | 0-4 | 130,270 | 64,860 | 65,410 | 122,110 | 60,503 | 61,606 |
| | 5-9 | 106,385 | 52,639 | 53,745 | 94,067 | 46,807 | 47,260 |
| | 10-14 | 81,247 | 40,042 | 41,205 | 71,309 | 35,259 | 36,050 |
| | 15-19 | 66,464 | 32,658 | 33,806 | 60,161 | 29,490 | 30,671 |
| | 20-24 | 55,055 | 26,883 | 28,172 | 50,322 | 25,395 | 24,927 |
| | 25-29 | 45,368 | 22,308 | 23,060 | 40,071 | 19,660 | 20,411 |
| | 30-34 | 36,864 | 16,907 | 19,957 | 31,484 | 14,521 | 16,963 |
| | 35-39 | 30,802 | 14,030 | 16,771 | 25,942 | 11,396 | 14,546 |
| | 40-44 | 23,986 | 12,113 | 11,873 | 20,729 | 9,874 | 10,855 |
| | 45-49 | 18,332 | 9,411 | 8,922 | 15,110 | 7,208 | 7,902 |
| | 50-54 | 14,639 | 7,298 | 7,341 | 11,902 | 5,515 | 6,387 |
| | 55-59 | 11,271 | 5,674 | 5,597 | 9,378 | 4,324 | 5,054 |
| | 60-64 | 8,282 | 4,270 | 4,012 | 7,026 | 3,206 | 3,820 |
| | 65-69 | 5,600 | 3,032 | 2,568 | 5,138 | 2,445 | 2,693 |
| | 70-74 | 3,315 | 1,763 | 1,552 | 2,838 | 1,382 | 1,456 |
| | 75-79 | 2,306 | 1,144 | 1,161 | 1,983 | 973 | 1,009 |
| | 80+ | 2,469 | 1,243 | 1,226 | 1,972 | 1,073 | 900 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2016 | All Ages | 665,705 | 327,792 | 337,913 | 590,962 | 288,668 | 302,293 |
| | 0-4 | 134,581 | 67,013 | 67,568 | 125,943 | 62,406 | 63,537 |
| | 5-9 | 110,432 | 54,643 | 55,789 | 97,486 | 48,511 | 48,975 |
| | 10-14 | 85,787 | 42,344 | 43,443 | 75,137 | 37,220 | 37,917 |
| | 15-19 | 67,858 | 33,281 | 34,578 | 61,313 | 29,998 | 31,315 |
| | 20-24 | 56,825 | 27,688 | 29,137 | 51,822 | 26,097 | 25,725 |
| | 25-29 | 47,048 | 23,297 | 23,752 | 41,456 | 20,482 | 20,974 |
| | 30-34 | 38,060 | 17,815 | 20,246 | 32,442 | 15,269 | 17,173 |
| | 35-39 | 31,568 | 14,231 | 17,336 | 26,546 | 11,534 | 15,013 |
| | 40-44 | 25,059 | 12,533 | 12,525 | 21,635 | 10,201 | 11,434 |
| | 45-49 | 19,120 | 9,854 | 9,266 | 15,724 | 7,535 | 8,189 |
| | 50-54 | 14,971 | 7,437 | 7,534 | 12,151 | 5,609 | 6,542 |
| | 55-59 | 11,814 | 5,944 | 5,870 | 9,826 | 4,528 | 5,298 |
| | 60-64 | 8,410 | 4,310 | 4,100 | 7,124 | 3,233 | 3,891 |
| | 65-69 | 6,024 | 3,224 | 2,800 | 5,539 | 2,600 | 2,939 |
| | 70-74 | 3,314 | 1,779 | 1,535 | 2,814 | 1,390 | 1,424 |
| | 75-79 | 2,366 | 1,167 | 1,199 | 2,038 | 993 | 1,045 |
| | 80+ | 2,468 | 1,234 | 1,235 | 1,966 | 1,063 | 903 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2017 | All Ages | 689,458 | 339,636 | 349,822 | 610,940 | 298,552 | 312,387 |
| | 0-4 | 138,956 | 69,196 | 69,760 | 129,824 | 64,331 | 65,493 |
| | 5-9 | 114,506 | 56,661 | 57,845 | 100,919 | 50,223 | 50,696 |
| | 10-14 | 91,090 | 45,067 | 46,023 | 79,658 | 39,555 | 40,103 |
| | 15-19 | 68,811 | 33,641 | 35,170 | 62,059 | 30,267 | 31,791 |
| | 20-24 | 58,659 | 28,528 | 30,131 | 53,374 | 26,829 | 26,545 |
| | 25-29 | 48,761 | 24,243 | 24,518 | 42,870 | 21,263 | 21,607 |
| | 30-34 | 39,329 | 18,737 | 20,592 | 33,455 | 16,026 | 17,429 |
| | 35-39 | 32,403 | 14,597 | 17,806 | 27,202 | 11,804 | 15,398 |
| | 40-44 | 25,996 | 12,836 | 13,160 | 22,423 | 10,431 | 11,992 |
| | 45-49 | 20,000 | 10,310 | 9,690 | 16,411 | 7,869 | 8,542 |
| | 50-54 | 15,388 | 7,642 | 7,746 | 12,465 | 5,754 | 6,711 |
| | 55-59 | 12,266 | 6,152 | 6,114 | 10,202 | 4,687 | 5,516 |
| | 60-64 | 8,655 | 4,418 | 4,237 | 7,320 | 3,310 | 4,010 |
| | 65-69 | 6,333 | 3,355 | 2,978 | 5,833 | 2,707 | 3,126 |
| | 70-74 | 3,442 | 1,847 | 1,595 | 2,899 | 1,438 | 1,461 |
| | 75-79 | 2,376 | 1,175 | 1,201 | 2,053 | 1,001 | 1,052 |
| | 80+ | 2,486 | 1,230 | 1,256 | 1,974 | 1,058 | 916 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2018 | All Ages | 714,065 | 351,896 | 362,169 | 631,528 | 308,726 | 322,802 |
| | 0-4 | 143,466 | 71,447 | 72,019 | 133,808 | 66,305 | 67,503 |
| | 5-9 | 118,649 | 58,715 | 59,934 | 104,392 | 51,956 | 52,435 |
| | 10-14 | 95,339 | 47,193 | 48,146 | 83,221 | 41,348 | 41,873 |
| | 15-19 | 71,301 | 34,854 | 36,447 | 64,176 | 31,293 | 32,883 |
| | 20-24 | 60,438 | 29,347 | 31,090 | 54,867 | 27,539 | 27,328 |
| | 25-29 | 50,485 | 25,125 | 25,360 | 44,281 | 21,982 | 22,299 |
| | 30-34 | 40,677 | 19,674 | 21,002 | 34,529 | 16,790 | 17,740 |
| | 35-39 | 33,329 | 15,153 | 18,176 | 27,915 | 12,222 | 15,693 |
| | 40-44 | 26,764 | 12,999 | 13,765 | 23,064 | 10,543 | 12,521 |
| | 45-49 | 20,999 | 10,790 | 10,208 | 17,187 | 8,219 | 8,969 |
| | 50-54 | 15,882 | 7,914 | 7,968 | 12,836 | 5,948 | 6,888 |
| | 55-59 | 12,616 | 6,287 | 6,329 | 10,492 | 4,788 | 5,704 |
| | 60-64 | 9,036 | 4,606 | 4,431 | 7,627 | 3,446 | 4,181 |
| | 65-69 | 6,514 | 3,419 | 3,095 | 6,005 | 2,761 | 3,244 |
| | 70-74 | 3,709 | 1,971 | 1,737 | 3,105 | 1,530 | 1,575 |
| | 75-79 | 2,333 | 1,166 | 1,168 | 2,022 | 994 | 1,028 |
| | 80+ | 2,529 | 1,237 | 1,292 | 2,001 | 1,061 | 940 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2019 | All Ages | 739,528 | 364,585 | 374,943 | 652,835 | 319,235 | 333,600 |
| | 0-4 | 148,227 | 73,821 | 74,407 | 138,029 | 68,395 | 69,634 |
| | 5-9 | 122,827 | 60,785 | 62,041 | 107,893 | 53,704 | 54,190 |
| | 10-14 | 99,401 | 49,214 | 50,187 | 86,615 | 43,046 | 43,570 |
| | 15-19 | 74,435 | 36,400 | 38,035 | 66,852 | 32,604 | 34,248 |
| | 20-24 | 62,151 | 30,141 | 32,010 | 56,293 | 28,221 | 28,072 |
| | 25-29 | 52,159 | 25,944 | 26,215 | 45,646 | 22,645 | 23,001 |
| | 30-34 | 42,157 | 20,642 | 21,515 | 35,712 | 17,579 | 18,133 |
| | 35-39 | 34,319 | 15,842 | 18,477 | 28,668 | 12,748 | 15,921 |
| | 40-44 | 27,460 | 13,081 | 14,379 | 23,641 | 10,586 | 13,055 |
| | 45-49 | 22,069 | 11,291 | 10,778 | 18,038 | 8,585 | 9,454 |
| | 50-54 | 16,417 | 8,231 | 8,186 | 13,244 | 6,176 | 7,068 |
| | 55-59 | 12,883 | 6,377 | 6,506 | 10,712 | 4,851 | 5,861 |
| | 60-64 | 9,501 | 4,847 | 4,654 | 8,005 | 3,622 | 4,383 |
| | 65-69 | 6,603 | 3,434 | 3,169 | 6,087 | 2,773 | 3,313 |
| | 70-74 | 4,067 | 2,135 | 1,932 | 3,395 | 1,651 | 1,744 |
| | 75-79 | 2,262 | 1,148 | 1,114 | 1,961 | 979 | 983 |
| | 80+ | 2,588 | 1,251 | 1,337 | 2,041 | 1,071 | 970 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2020 | All Ages | 766,035 | 377,751 | 388,284 | 674,843 | 330,060 | 344,783 |
| | 0-4 | 153,193 | 76,296 | 76,897 | 142,436 | 70,577 | 71,859 |
| | 5-9 | 127,124 | 62,916 | 64,209 | 111,485 | 55,496 | 55,989 |
| | 10-14 | 103,325 | 51,157 | 52,168 | 89,876 | 44,669 | 45,207 |
| | 15-19 | 78,250 | 38,297 | 39,953 | 70,003 | 34,166 | 35,837 |
| | 20-24 | 63,747 | 30,874 | 32,873 | 57,607 | 28,843 | 28,764 |
| | 25-29 | 53,855 | 26,732 | 27,123 | 47,025 | 23,279 | 23,747 |
| | 30-34 | 43,722 | 21,613 | 22,109 | 36,967 | 18,370 | 18,597 |
| | 35-39 | 35,393 | 16,650 | 18,743 | 29,488 | 13,368 | 16,120 |
| | 40-44 | 28,102 | 13,144 | 14,958 | 24,176 | 10,614 | 13,562 |
| | 45-49 | 23,165 | 11,767 | 11,398 | 18,909 | 8,930 | 9,978 |
| | 50-54 | 17,045 | 8,592 | 8,453 | 13,711 | 6,434 | 7,277 |
| | 55-59 | 13,130 | 6,452 | 6,679 | 10,902 | 4,897 | 6,004 |
| | 60-64 | 10,006 | 5,111 | 4,895 | 8,413 | 3,812 | 4,601 |
| | 65-69 | 6,665 | 3,438 | 3,227 | 6,135 | 2,773 | 3,362 |
| | 70-74 | 4,457 | 2,309 | 2,149 | 3,723 | 1,783 | 1,940 |
| | 75-79 | 2,207 | 1,138 | 1,069 | 1,905 | 966 | 939 |
| | 80+ | 2,649 | 1,266 | 1,383 | 2,083 | 1,082 | 1,000 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2021 | All Ages | 793,554 | 391,417 | 402,137 | 697,769 | 341,324 | 356,445 |
| | 0-4 | 158,444 | 78,913 | 79,531 | 147,088 | 72,880 | 74,208 |
| | 5-9 | 131,469 | 65,068 | 66,401 | 115,109 | 57,303 | 57,805 |
| | 10-14 | 107,301 | 53,126 | 54,175 | 93,172 | 46,310 | 46,862 |
| | 15-19 | 82,650 | 40,518 | 42,132 | 73,767 | 36,059 | 37,708 |
| | 20-24 | 65,099 | 31,469 | 33,630 | 58,697 | 29,336 | 29,361 |
| | 25-29 | 55,611 | 27,532 | 28,079 | 48,450 | 23,920 | 24,531 |
| | 30-34 | 45,341 | 22,564 | 22,777 | 38,258 | 19,136 | 19,122 |
| | 35-39 | 36,554 | 17,522 | 19,032 | 30,371 | 14,040 | 16,331 |
| | 40-44 | 28,775 | 13,300 | 15,475 | 24,724 | 10,715 | 14,009 |
| | 45-49 | 24,175 | 12,161 | 12,014 | 19,725 | 9,216 | 10,509 |
| | 50-54 | 17,767 | 8,976 | 8,791 | 14,256 | 6,711 | 7,545 |
| | 55-59 | 13,411 | 6,560 | 6,851 | 11,115 | 4,965 | 6,150 |
| | 60-64 | 10,474 | 5,346 | 5,127 | 8,789 | 3,980 | 4,810 |
| | 65-69 | 6,775 | 3,474 | 3,302 | 6,222 | 2,794 | 3,428 |
| | 70-74 | 4,797 | 2,457 | 2,341 | 4,014 | 1,895 | 2,119 |
| | 75-79 | 2,216 | 1,154 | 1,062 | 1,897 | 974 | 923 |
| | 80+ | 2,695 | 1,278 | 1,418 | 2,112 | 1,090 | 1,022 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2022 | All Ages | 822,074 | 405,544 | 416,529 | 721,505 | 352,967 | 368,538 |
| | 0-4 | 164,005 | 81,683 | 82,322 | 151,993 | 75,306 | 76,687 |
| | 5-9 | 135,884 | 67,253 | 68,631 | 118,771 | 59,128 | 59,643 |
| | 10-14 | 111,305 | 55,110 | 56,195 | 96,467 | 47,952 | 48,515 |
| | 15-19 | 87,743 | 43,114 | 44,629 | 78,227 | 38,332 | 39,894 |
| | 20-24 | 66,036 | 31,819 | 34,217 | 59,400 | 29,597 | 29,803 |
| | 25-29 | 57,422 | 28,369 | 29,053 | 49,913 | 24,587 | 25,327 |
| | 30-34 | 47,001 | 23,478 | 23,522 | 39,567 | 19,865 | 19,701 |
| | 35-39 | 37,790 | 18,408 | 19,383 | 31,313 | 14,716 | 16,597 |
| | 40-44 | 29,528 | 13,618 | 15,910 | 25,325 | 10,946 | 14,379 |
| | 45-49 | 25,074 | 12,435 | 12,639 | 20,453 | 9,413 | 11,041 |
| | 50-54 | 18,577 | 9,382 | 9,196 | 14,869 | 7,001 | 7,868 |
| | 55-59 | 13,788 | 6,736 | 7,051 | 11,393 | 5,082 | 6,312 |
| | 60-64 | 10,873 | 5,530 | 5,343 | 9,112 | 4,108 | 5,004 |
| | 65-69 | 6,979 | 3,568 | 3,411 | 6,391 | 2,860 | 3,531 |
| | 70-74 | 5,037 | 2,553 | 2,483 | 4,225 | 1,969 | 2,255 |
| | 75-79 | 2,315 | 1,205 | 1,111 | 1,962 | 1,011 | 951 |
| | 80+ | 2,717 | 1,283 | 1,434 | 2,124 | 1,093 | 1,031 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2023 | All Ages | 851,872 | 420,300 | 431,572 | 746,270 | 365,111 | 381,159 |
| | 0-4 | 169,905 | 84,624 | 85,281 | 157,206 | 77,887 | 79,319 |
| | 5-9 | 140,445 | 69,508 | 70,937 | 122,555 | 61,010 | 61,544 |
| | 10-14 | 115,379 | 57,130 | 58,249 | 99,823 | 49,625 | 50,198 |
| | 15-19 | 91,885 | 45,171 | 46,714 | 81,781 | 40,094 | 41,687 |
| | 20-24 | 68,481 | 32,993 | 35,487 | 61,414 | 30,570 | 30,844 |
| | 25-29 | 59,173 | 29,184 | 29,990 | 51,322 | 25,232 | 26,090 |
| | 30-34 | 48,667 | 24,333 | 24,334 | 40,881 | 20,540 | 20,341 |
| | 35-39 | 39,102 | 19,312 | 19,790 | 32,318 | 15,407 | 16,911 |
| | 40-44 | 30,383 | 14,128 | 16,255 | 26,000 | 11,334 | 14,666 |
| | 45-49 | 25,804 | 12,561 | 13,244 | 21,050 | 9,499 | 11,551 |
| | 50-54 | 19,515 | 9,824 | 9,691 | 15,582 | 7,319 | 8,263 |
| | 55-59 | 14,251 | 6,983 | 7,267 | 11,741 | 5,253 | 6,488 |
| | 60-64 | 11,189 | 5,647 | 5,541 | 9,366 | 4,188 | 5,178 |
| | 65-69 | 7,291 | 3,728 | 3,564 | 6,657 | 2,978 | 3,678 |
| | 70-74 | 5,175 | 2,599 | 2,576 | 4,348 | 2,006 | 2,342 |
| | 75-79 | 2,508 | 1,292 | 1,216 | 2,106 | 1,077 | 1,028 |
| | 80+ | 2,719 | 1,284 | 1,435 | 2,120 | 1,092 | 1,029 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2024 | All Ages | 882,794 | 435,611 | 447,183 | 772,080 | 377,799 | 394,282 |
| | 0-4 | 176,122 | 87,728 | 88,394 | 162,699 | 80,610 | 82,090 |
| | 5-9 | 145,265 | 71,892 | 73,374 | 126,552 | 63,000 | 63,552 |
| | 10-14 | 119,492 | 59,170 | 60,322 | 103,196 | 51,307 | 51,889 |
| | 15-19 | 95,840 | 47,125 | 48,715 | 85,146 | 41,752 | 43,394 |
| | 20-24 | 71,483 | 34,451 | 37,032 | 64,043 | 31,889 | 32,155 |
| | 25-29 | 60,850 | 29,972 | 30,878 | 52,663 | 25,852 | 26,811 |
| | 30-34 | 50,277 | 25,122 | 25,155 | 42,142 | 21,159 | 20,983 |
| | 35-39 | 40,555 | 20,260 | 20,296 | 33,429 | 16,129 | 17,300 |
| | 40-44 | 31,310 | 14,756 | 16,554 | 26,721 | 11,818 | 14,903 |
| | 45-49 | 26,489 | 12,619 | 13,871 | 21,607 | 9,528 | 12,079 |
| | 50-54 | 20,539 | 10,296 | 10,243 | 16,382 | 7,659 | 8,723 |
| | 55-59 | 14,753 | 7,270 | 7,483 | 12,128 | 5,458 | 6,670 |
| | 60-64 | 11,434 | 5,727 | 5,707 | 9,566 | 4,241 | 5,325 |
| | 65-69 | 7,669 | 3,929 | 3,740 | 6,985 | 3,131 | 3,854 |
| | 70-74 | 5,246 | 2,611 | 2,636 | 4,407 | 2,013 | 2,394 |
| | 75-79 | 2,761 | 1,403 | 1,359 | 2,307 | 1,166 | 1,141 |
| | 80+ | 2,708 | 1,283 | 1,425 | 2,107 | 1,088 | 1,019 |

Table 9: District Population in Age Group by Sex

| Year | Age | Mpanda District | | | Sumbawanga Rural District | | |
|------|----------|-----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2025 | All Ages | 915,090 | 451,612 | 463,478 | 798,886 | 390,987 | 407,900 |
| | 0-4 | 182,719 | 91,026 | 91,693 | 168,519 | 83,498 | 85,020 |
| | 5-9 | 150,296 | 74,380 | 75,916 | 130,709 | 65,068 | 65,641 |
| | 10-14 | 123,719 | 61,266 | 62,453 | 106,650 | 53,029 | 53,621 |
| | 15-19 | 99,669 | 49,008 | 50,661 | 88,368 | 43,331 | 45,037 |
| | 20-24 | 75,134 | 36,252 | 38,882 | 67,167 | 33,474 | 33,693 |
| | 25-29 | 62,412 | 30,702 | 31,711 | 53,895 | 26,416 | 27,479 |
| | 30-34 | 51,910 | 25,884 | 26,026 | 43,415 | 21,752 | 21,663 |
| | 35-39 | 42,077 | 21,214 | 20,863 | 34,600 | 16,850 | 17,750 |
| | 40-44 | 32,312 | 15,505 | 16,807 | 27,497 | 12,393 | 15,104 |
| | 45-49 | 27,114 | 12,658 | 14,456 | 22,117 | 9,543 | 12,574 |
| | 50-54 | 21,593 | 10,755 | 10,839 | 17,200 | 7,986 | 9,213 |
| | 55-59 | 15,341 | 7,597 | 7,744 | 12,574 | 5,693 | 6,881 |
| | 60-64 | 11,666 | 5,796 | 5,870 | 9,748 | 4,286 | 5,462 |
| | 65-69 | 8,081 | 4,148 | 3,933 | 7,343 | 3,300 | 4,043 |
| | 70-74 | 5,307 | 2,618 | 2,689 | 4,450 | 2,015 | 2,436 |
| | 75-79 | 3,033 | 1,518 | 1,515 | 2,531 | 1,262 | 1,270 |
| | 80+ | 2,707 | 1,287 | 1,420 | 2,102 | 1,090 | 1,012 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2003 | All Ages | 216,883 | 106,478 | 110,405 | 152,939 | 74,559 | 78,380 |
| | 0-4 | 41,791 | 20,845 | 20,946 | 27,139 | 13,605 | 13,534 |
| | 5-9 | 33,964 | 16,893 | 17,072 | 23,700 | 11,795 | 11,905 |
| | 10-14 | 27,883 | 14,017 | 13,866 | 21,555 | 10,655 | 10,900 |
| | 15-19 | 23,150 | 11,401 | 11,748 | 17,463 | 8,488 | 8,975 |
| | 20-24 | 19,119 | 8,449 | 10,670 | 15,121 | 6,779 | 8,342 |
| | 25-29 | 16,617 | 7,786 | 8,831 | 12,054 | 5,673 | 6,381 |
| | 30-34 | 12,958 | 6,562 | 6,396 | 9,101 | 4,397 | 4,704 |
| | 35-39 | 9,445 | 4,743 | 4,702 | 6,977 | 3,379 | 3,598 |
| | 40-44 | 8,330 | 4,035 | 4,295 | 5,507 | 2,716 | 2,791 |
| | 45-49 | 6,149 | 2,976 | 3,172 | 3,903 | 1,915 | 1,987 |
| | 50-54 | 5,256 | 2,644 | 2,612 | 3,179 | 1,589 | 1,590 |
| | 55-59 | 3,300 | 1,758 | 1,543 | 2,097 | 1,126 | 972 |
| | 60-64 | 2,828 | 1,384 | 1,444 | 1,672 | 808 | 864 |
| | 65-69 | 2,100 | 1,020 | 1,080 | 1,188 | 567 | 621 |
| | 70-74 | 1,769 | 852 | 917 | 943 | 453 | 490 |
| | 75-79 | 1,081 | 551 | 530 | 596 | 278 | 318 |
| | 80+ | 1,144 | 563 | 581 | 744 | 335 | 409 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2004 | All Ages | 224,406 | 110,124 | 114,283 | 159,092 | 77,541 | 81,551 |
| | 0-4 | 43,559 | 21,721 | 21,838 | 28,412 | 14,247 | 14,166 |
| | 5-9 | 34,903 | 17,340 | 17,562 | 24,478 | 12,167 | 12,311 |
| | 10-14 | 28,786 | 14,466 | 14,320 | 22,365 | 11,051 | 11,314 |
| | 15-19 | 24,014 | 11,960 | 12,054 | 18,216 | 8,951 | 9,265 |
| | 20-24 | 19,728 | 8,842 | 10,886 | 15,694 | 7,134 | 8,559 |
| | 25-29 | 17,141 | 7,863 | 9,278 | 12,506 | 5,758 | 6,747 |
| | 30-34 | 13,670 | 6,873 | 6,797 | 9,662 | 4,632 | 5,030 |
| | 35-39 | 9,801 | 4,945 | 4,856 | 7,281 | 3,543 | 3,738 |
| | 40-44 | 8,541 | 4,106 | 4,435 | 5,677 | 2,779 | 2,898 |
| | 45-49 | 6,465 | 3,128 | 3,337 | 4,128 | 2,027 | 2,101 |
| | 50-54 | 5,331 | 2,657 | 2,674 | 3,239 | 1,605 | 1,634 |
| | 55-59 | 3,586 | 1,889 | 1,697 | 2,295 | 1,217 | 1,078 |
| | 60-64 | 2,739 | 1,357 | 1,382 | 1,623 | 795 | 828 |
| | 65-69 | 2,182 | 1,042 | 1,140 | 1,244 | 582 | 661 |
| | 70-74 | 1,721 | 828 | 893 | 921 | 441 | 480 |
| | 75-79 | 1,133 | 559 | 574 | 630 | 284 | 346 |
| | 80+ | 1,107 | 548 | 559 | 722 | 327 | 395 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2005 | All Ages | 232,559 | 114,110 | 118,449 | 165,738 | 80,779 | 84,960 |
| | 0-4 | 45,771 | 22,851 | 22,920 | 30,007 | 15,060 | 14,946 |
| | 5-9 | 35,788 | 17,759 | 18,029 | 25,225 | 12,523 | 12,702 |
| | 10-14 | 29,705 | 14,903 | 14,801 | 23,189 | 11,438 | 11,751 |
| | 15-19 | 24,923 | 12,525 | 12,399 | 19,008 | 9,421 | 9,587 |
| | 20-24 | 20,384 | 9,307 | 11,077 | 16,309 | 7,550 | 8,759 |
| | 25-29 | 17,637 | 7,931 | 9,707 | 12,945 | 5,842 | 7,103 |
| | 30-34 | 14,416 | 7,179 | 7,237 | 10,254 | 4,866 | 5,388 |
| | 35-39 | 10,213 | 5,177 | 5,036 | 7,631 | 3,731 | 3,901 |
| | 40-44 | 8,736 | 4,166 | 4,570 | 5,840 | 2,837 | 3,003 |
| | 45-49 | 6,827 | 3,303 | 3,524 | 4,380 | 2,152 | 2,228 |
| | 50-54 | 5,373 | 2,658 | 2,716 | 3,281 | 1,614 | 1,667 |
| | 55-59 | 3,926 | 2,038 | 1,888 | 2,523 | 1,320 | 1,203 |
| | 60-64 | 2,646 | 1,333 | 1,312 | 1,576 | 785 | 791 |
| | 65-69 | 2,279 | 1,071 | 1,208 | 1,305 | 601 | 704 |
| | 70-74 | 1,668 | 803 | 864 | 896 | 429 | 467 |
| | 75-79 | 1,183 | 567 | 615 | 662 | 289 | 373 |
| | 80+ | 1,083 | 537 | 546 | 708 | 322 | 387 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2006 | All Ages | 241,023 | 118,251 | 122,772 | 172,652 | 84,156 | 88,496 |
| | 0-4 | 48,249 | 24,124 | 24,125 | 31,782 | 15,978 | 15,804 |
| | 5-9 | 36,545 | 18,102 | 18,443 | 25,887 | 12,827 | 13,060 |
| | 10-14 | 30,647 | 15,345 | 15,302 | 24,039 | 11,832 | 12,207 |
| | 15-19 | 25,849 | 13,076 | 12,773 | 19,820 | 9,885 | 9,935 |
| | 20-24 | 21,083 | 9,809 | 11,274 | 16,964 | 7,998 | 8,966 |
| | 25-29 | 18,136 | 8,045 | 10,092 | 13,396 | 5,967 | 7,429 |
| | 30-34 | 15,134 | 7,447 | 7,687 | 10,832 | 5,074 | 5,757 |
| | 35-39 | 10,682 | 5,428 | 5,254 | 8,030 | 3,934 | 4,096 |
| | 40-44 | 8,950 | 4,244 | 4,707 | 6,020 | 2,910 | 3,110 |
| | 45-49 | 7,177 | 3,470 | 3,707 | 4,624 | 2,270 | 2,354 |
| | 50-54 | 5,442 | 2,675 | 2,768 | 3,342 | 1,634 | 1,708 |
| | 55-59 | 4,245 | 2,171 | 2,073 | 2,734 | 1,412 | 1,322 |
| | 60-64 | 2,606 | 1,334 | 1,272 | 1,565 | 789 | 776 |
| | 65-69 | 2,351 | 1,094 | 1,257 | 1,349 | 615 | 734 |
| | 70-74 | 1,634 | 786 | 848 | 883 | 423 | 460 |
| | 75-79 | 1,220 | 572 | 648 | 683 | 291 | 392 |
| | 80+ | 1,071 | 529 | 542 | 703 | 318 | 385 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2007 | All Ages | 249,856 | 122,598 | 127,258 | 179,872 | 87,697 | 92,175 |
| | 0-4 | 51,173 | 25,648 | 25,525 | 33,854 | 17,061 | 16,792 |
| | 5-9 | 37,062 | 18,303 | 18,759 | 26,387 | 13,033 | 13,353 |
| | 10-14 | 31,626 | 15,808 | 15,818 | 24,927 | 12,245 | 12,682 |
| | 15-19 | 26,777 | 13,603 | 13,174 | 20,644 | 10,336 | 10,308 |
| | 20-24 | 21,821 | 10,322 | 11,498 | 17,658 | 8,460 | 9,199 |
| | 25-29 | 18,668 | 8,250 | 10,418 | 13,880 | 6,165 | 7,715 |
| | 30-34 | 15,784 | 7,657 | 8,126 | 11,370 | 5,246 | 6,124 |
| | 35-39 | 11,207 | 5,689 | 5,518 | 8,475 | 4,146 | 4,329 |
| | 40-44 | 9,211 | 4,359 | 4,852 | 6,234 | 3,010 | 3,224 |
| | 45-49 | 7,481 | 3,607 | 3,873 | 4,838 | 2,368 | 2,470 |
| | 50-54 | 5,586 | 2,733 | 2,852 | 3,448 | 1,679 | 1,770 |
| | 55-59 | 4,490 | 2,268 | 2,222 | 2,897 | 1,481 | 1,415 |
| | 60-64 | 2,660 | 1,372 | 1,288 | 1,615 | 816 | 798 |
| | 65-69 | 2,379 | 1,105 | 1,275 | 1,365 | 622 | 743 |
| | 70-74 | 1,637 | 782 | 855 | 888 | 423 | 465 |
| | 75-79 | 1,226 | 566 | 661 | 689 | 290 | 399 |
| | 80+ | 1,068 | 524 | 544 | 704 | 316 | 388 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2008 | All Ages | 259,038 | 127,115 | 131,924 | 187,443 | 91,420 | 96,023 |
| | 0-4 | 53,475 | 26,815 | 26,659 | 35,540 | 17,922 | 17,617 |
| | 5-9 | 38,439 | 18,973 | 19,466 | 27,474 | 13,569 | 13,904 |
| | 10-14 | 32,577 | 16,259 | 16,318 | 25,805 | 12,656 | 13,149 |
| | 15-19 | 27,694 | 14,094 | 13,600 | 21,473 | 10,767 | 10,706 |
| | 20-24 | 22,608 | 10,846 | 11,762 | 18,403 | 8,936 | 9,466 |
| | 25-29 | 19,244 | 8,562 | 10,681 | 14,406 | 6,446 | 7,960 |
| | 30-34 | 16,352 | 7,797 | 8,556 | 11,859 | 5,371 | 6,488 |
| | 35-39 | 11,799 | 5,964 | 5,835 | 8,979 | 4,372 | 4,607 |
| | 40-44 | 9,523 | 4,518 | 5,005 | 6,486 | 3,141 | 3,345 |
| | 45-49 | 7,724 | 3,705 | 4,019 | 5,018 | 2,443 | 2,576 |
| | 50-54 | 5,822 | 2,844 | 2,978 | 3,614 | 1,756 | 1,857 |
| | 55-59 | 4,641 | 2,320 | 2,322 | 3,000 | 1,520 | 1,480 |
| | 60-64 | 2,825 | 1,453 | 1,372 | 1,731 | 869 | 862 |
| | 65-69 | 2,350 | 1,098 | 1,252 | 1,347 | 619 | 728 |
| | 70-74 | 1,679 | 791 | 888 | 915 | 431 | 484 |
| | 75-79 | 1,218 | 557 | 660 | 686 | 287 | 400 |
| | 80+ | 1,069 | 518 | 550 | 707 | 313 | 394 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2009 | All Ages | 268,595 | 131,822 | 136,772 | 195,336 | 95,302 | 100,034 |
| | 0-4 | 55,685 | 27,931 | 27,754 | 37,173 | 18,752 | 18,421 |
| | 5-9 | 40,165 | 19,820 | 20,345 | 28,832 | 14,241 | 14,592 |
| | 10-14 | 33,500 | 16,700 | 16,801 | 26,667 | 13,061 | 13,606 |
| | 15-19 | 28,603 | 14,551 | 14,052 | 22,298 | 11,173 | 11,126 |
| | 20-24 | 23,447 | 11,384 | 12,064 | 19,193 | 9,428 | 9,765 |
| | 25-29 | 19,856 | 8,968 | 10,888 | 14,959 | 6,795 | 8,164 |
| | 30-34 | 16,855 | 7,878 | 8,977 | 12,307 | 5,459 | 6,848 |
| | 35-39 | 12,450 | 6,253 | 6,196 | 9,530 | 4,610 | 4,921 |
| | 40-44 | 9,878 | 4,712 | 5,166 | 6,769 | 3,298 | 3,471 |
| | 45-49 | 7,924 | 3,773 | 4,151 | 5,173 | 2,500 | 2,673 |
| | 50-54 | 6,130 | 2,995 | 3,135 | 3,821 | 1,858 | 1,963 |
| | 55-59 | 4,719 | 2,337 | 2,382 | 3,058 | 1,537 | 1,520 |
| | 60-64 | 3,080 | 1,569 | 1,511 | 1,900 | 942 | 958 |
| | 65-69 | 2,278 | 1,079 | 1,199 | 1,306 | 611 | 695 |
| | 70-74 | 1,754 | 812 | 942 | 958 | 444 | 513 |
| | 75-79 | 1,188 | 543 | 645 | 672 | 280 | 392 |
| | 80+ | 1,081 | 517 | 564 | 719 | 314 | 405 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|--------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2010 | All Ages | 278,523 | 136,744 | 141,778 | 203,535 | 99,338 | 104,197 |
| | 0-4 | 57,820 | 29,002 | 28,818 | 38,769 | 19,559 | 19,210 |
| | 5-9 | 42,263 | 20,873 | 21,390 | 30,438 | 15,037 | 15,401 |
| | 10-14 | 34,364 | 17,108 | 17,256 | 27,487 | 13,443 | 14,044 |
| | 15-19 | 29,520 | 14,993 | 14,526 | 23,139 | 11,571 | 11,568 |
| | 20-24 | 24,324 | 11,923 | 12,402 | 20,020 | 9,924 | 10,096 |
| | 25-29 | 20,506 | 9,445 | 11,061 | 15,543 | 7,197 | 8,346 |
| | 30-34 | 17,318 | 7,949 | 9,369 | 12,732 | 5,541 | 7,190 |
| | 35-39 | 13,118 | 6,536 | 6,582 | 10,098 | 4,843 | 5,255 |
| | 40-44 | 10,279 | 4,937 | 5,342 | 7,086 | 3,475 | 3,611 |
| | 45-49 | 8,105 | 3,831 | 4,274 | 5,319 | 2,554 | 2,765 |
| | 50-54 | 6,477 | 3,167 | 3,310 | 4,052 | 1,972 | 2,080 |
| | 55-59 | 4,762 | 2,340 | 2,422 | 3,098 | 1,545 | 1,552 |
| | 60-64 | 3,381 | 1,698 | 1,683 | 2,093 | 1,022 | 1,071 |
| | 65-69 | 2,201 | 1,062 | 1,139 | 1,268 | 605 | 663 |
| | 70-74 | 1,835 | 835 | 1,000 | 1,004 | 459 | 545 |
| | 75-79 | 1,153 | 529 | 625 | 655 | 273 | 382 |
| | 80+ | 1,097 | 517 | 580 | 733 | 315 | 418 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2011 | All Ages | 288,803 | 141,868 | 146,935 | 212,142 | 103,588 | 108,554 |
| | 0-4 | 59,987 | 30,088 | 29,899 | 40,408 | 20,387 | 20,021 |
| | 5-9 | 44,652 | 22,097 | 22,554 | 32,322 | 15,991 | 16,331 |
| | 10-14 | 35,103 | 17,442 | 17,661 | 28,219 | 13,773 | 14,447 |
| | 15-19 | 30,461 | 15,441 | 15,020 | 24,009 | 11,977 | 12,032 |
| | 20-24 | 25,223 | 12,450 | 12,773 | 20,876 | 10,417 | 10,459 |
| | 25-29 | 21,194 | 9,960 | 11,234 | 16,165 | 7,631 | 8,533 |
| | 30-34 | 17,784 | 8,069 | 9,714 | 13,163 | 5,661 | 7,502 |
| | 35-39 | 13,753 | 6,781 | 6,972 | 10,650 | 5,052 | 5,598 |
| | 40-44 | 10,734 | 5,180 | 5,554 | 7,448 | 3,668 | 3,780 |
| | 45-49 | 8,301 | 3,905 | 4,396 | 5,481 | 2,622 | 2,859 |
| | 50-54 | 6,813 | 3,330 | 3,483 | 4,276 | 2,081 | 2,195 |
| | 55-59 | 4,829 | 2,360 | 2,469 | 3,158 | 1,566 | 1,593 |
| | 60-64 | 3,660 | 1,812 | 1,848 | 2,271 | 1,095 | 1,176 |
| | 65-69 | 2,171 | 1,063 | 1,108 | 1,263 | 611 | 652 |
| | 70-74 | 1,897 | 855 | 1,043 | 1,040 | 470 | 569 |
| | 75-79 | 1,134 | 520 | 615 | 649 | 270 | 379 |
| | 80+ | 1,107 | 515 | 592 | 743 | 315 | 428 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2012 | All Ages | 299,413 | 147,157 | 152,257 | 221,033 | 107,985 | 113,048 |
| | 0-4 | 62,168 | 31,181 | 30,987 | 42,063 | 21,223 | 20,840 |
| | 5-9 | 47,427 | 23,525 | 23,901 | 34,525 | 17,122 | 17,403 |
| | 10-14 | 35,610 | 17,638 | 17,972 | 28,770 | 13,995 | 14,775 |
| | 15-19 | 31,440 | 15,910 | 15,530 | 24,913 | 12,401 | 12,512 |
| | 20-24 | 26,134 | 12,956 | 13,178 | 21,746 | 10,895 | 10,851 |
| | 25-29 | 21,922 | 10,487 | 11,435 | 16,819 | 8,076 | 8,743 |
| | 30-34 | 18,283 | 8,282 | 10,001 | 13,615 | 5,846 | 7,770 |
| | 35-39 | 14,318 | 6,971 | 7,347 | 11,151 | 5,221 | 5,930 |
| | 40-44 | 11,243 | 5,431 | 5,812 | 7,850 | 3,868 | 3,982 |
| | 45-49 | 8,538 | 4,014 | 4,524 | 5,672 | 2,715 | 2,957 |
| | 50-54 | 7,102 | 3,462 | 3,640 | 4,472 | 2,171 | 2,301 |
| | 55-59 | 4,961 | 2,416 | 2,545 | 3,263 | 1,610 | 1,653 |
| | 60-64 | 3,875 | 1,894 | 1,982 | 2,406 | 1,147 | 1,259 |
| | 65-69 | 2,222 | 1,094 | 1,127 | 1,308 | 634 | 674 |
| | 70-74 | 1,922 | 865 | 1,058 | 1,055 | 475 | 580 |
| | 75-79 | 1,140 | 519 | 621 | 657 | 271 | 386 |
| | 80+ | 1,109 | 511 | 598 | 747 | 313 | 434 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2013 | All Ages | 310,393 | 152,650 | 157,743 | 230,273 | 112,569 | 117,703 |
| | 0-4 | 64,387 | 32,295 | 32,093 | 43,754 | 22,078 | 21,676 |
| | 5-9 | 49,639 | 24,636 | 25,003 | 36,314 | 18,018 | 18,296 |
| | 10-14 | 36,928 | 18,285 | 18,643 | 29,958 | 14,570 | 15,388 |
| | 15-19 | 32,393 | 16,370 | 16,023 | 25,801 | 12,821 | 12,980 |
| | 20-24 | 27,045 | 13,428 | 13,617 | 22,622 | 11,347 | 11,275 |
| | 25-29 | 22,692 | 11,022 | 11,669 | 17,511 | 8,533 | 8,979 |
| | 30-34 | 18,824 | 8,602 | 10,221 | 14,096 | 6,108 | 7,988 |
| | 35-39 | 14,795 | 7,092 | 7,702 | 11,590 | 5,341 | 6,250 |
| | 40-44 | 11,815 | 5,694 | 6,121 | 8,300 | 4,080 | 4,220 |
| | 45-49 | 8,819 | 4,162 | 4,657 | 5,893 | 2,834 | 3,058 |
| | 50-54 | 7,332 | 3,556 | 3,776 | 4,634 | 2,239 | 2,395 |
| | 55-59 | 5,173 | 2,517 | 2,655 | 3,422 | 1,686 | 1,736 |
| | 60-64 | 4,006 | 1,936 | 2,070 | 2,493 | 1,177 | 1,315 |
| | 65-69 | 2,366 | 1,160 | 1,207 | 1,409 | 677 | 732 |
| | 70-74 | 1,900 | 861 | 1,039 | 1,046 | 473 | 573 |
| | 75-79 | 1,175 | 528 | 646 | 682 | 277 | 406 |
| | 80+ | 1,104 | 505 | 600 | 747 | 310 | 437 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2014 | All Ages | 321,783 | 158,357 | 163,426 | 239,869 | 117,326 | 122,544 |
| | 0-4 | 66,625 | 33,418 | 33,206 | 45,471 | 22,947 | 22,523 |
| | 5-9 | 51,763 | 25,696 | 26,067 | 38,047 | 18,882 | 19,166 |
| | 10-14 | 38,619 | 19,130 | 19,488 | 31,438 | 15,286 | 16,152 |
| | 15-19 | 33,314 | 16,815 | 16,498 | 26,670 | 13,233 | 13,437 |
| | 20-24 | 27,940 | 13,866 | 14,073 | 23,491 | 11,775 | 11,716 |
| | 25-29 | 23,521 | 11,572 | 11,949 | 18,256 | 9,005 | 9,251 |
| | 30-34 | 19,404 | 9,013 | 10,391 | 14,603 | 6,435 | 8,168 |
| | 35-39 | 15,217 | 7,163 | 8,053 | 11,994 | 5,425 | 6,569 |
| | 40-44 | 12,450 | 5,971 | 6,478 | 8,791 | 4,302 | 4,489 |
| | 45-49 | 9,138 | 4,343 | 4,795 | 6,138 | 2,975 | 3,162 |
| | 50-54 | 7,518 | 3,622 | 3,896 | 4,770 | 2,290 | 2,480 |
| | 55-59 | 5,446 | 2,653 | 2,793 | 3,621 | 1,786 | 1,835 |
| | 60-64 | 4,074 | 1,950 | 2,124 | 2,542 | 1,190 | 1,352 |
| | 65-69 | 2,587 | 1,253 | 1,335 | 1,554 | 735 | 819 |
| | 70-74 | 1,843 | 849 | 994 | 1,019 | 466 | 553 |
| | 75-79 | 1,229 | 544 | 686 | 719 | 286 | 433 |
| | 80+ | 1,098 | 498 | 599 | 745 | 307 | 438 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2015 | All Ages | 333,556 | 164,244 | 169,312 | 249,906 | 122,305 | 127,601 |
| | 0-4 | 68,932 | 34,578 | 34,354 | 47,256 | 23,852 | 23,404 |
| | 5-9 | 53,822 | 26,719 | 27,103 | 39,753 | 19,727 | 20,026 |
| | 10-14 | 40,603 | 20,130 | 20,473 | 33,207 | 16,162 | 17,045 |
| | 15-19 | 34,172 | 17,225 | 16,948 | 27,504 | 13,625 | 13,878 |
| | 20-24 | 28,844 | 14,288 | 14,555 | 24,380 | 12,196 | 12,184 |
| | 25-29 | 24,402 | 12,125 | 12,277 | 19,051 | 9,484 | 9,566 |
| | 30-34 | 20,030 | 9,492 | 10,538 | 15,148 | 6,816 | 8,332 |
| | 35-39 | 15,609 | 7,223 | 8,385 | 12,379 | 5,503 | 6,876 |
| | 40-44 | 13,098 | 6,238 | 6,861 | 9,295 | 4,518 | 4,778 |
| | 45-49 | 9,493 | 4,547 | 4,946 | 6,412 | 3,132 | 3,280 |
| | 50-54 | 7,679 | 3,675 | 4,004 | 4,894 | 2,335 | 2,559 |
| | 55-59 | 5,749 | 2,804 | 2,945 | 3,841 | 1,897 | 1,944 |
| | 60-64 | 4,113 | 1,953 | 2,160 | 2,578 | 1,197 | 1,381 |
| | 65-69 | 2,845 | 1,357 | 1,488 | 1,715 | 798 | 917 |
| | 70-74 | 1,783 | 837 | 946 | 991 | 462 | 530 |
| | 75-79 | 1,291 | 561 | 729 | 757 | 296 | 461 |
| | 80+ | 1,092 | 493 | 600 | 744 | 305 | 440 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2016 | All Ages | 345,704 | 170,307 | 175,397 | 260,274 | 127,441 | 132,832 |
| | 0-4 | 71,262 | 35,749 | 35,513 | 49,062 | 24,768 | 24,294 |
| | 5-9 | 55,910 | 27,757 | 28,153 | 41,484 | 20,586 | 20,899 |
| | 10-14 | 42,872 | 21,280 | 21,593 | 35,239 | 17,172 | 18,067 |
| | 15-19 | 34,910 | 17,564 | 17,347 | 28,239 | 13,961 | 14,278 |
| | 20-24 | 29,774 | 14,715 | 15,059 | 25,296 | 12,622 | 12,673 |
| | 25-29 | 25,311 | 12,666 | 12,645 | 19,870 | 9,956 | 9,913 |
| | 30-34 | 20,697 | 10,006 | 10,692 | 15,726 | 7,223 | 8,502 |
| | 35-39 | 16,009 | 7,327 | 8,681 | 12,766 | 5,614 | 7,153 |
| | 40-44 | 13,719 | 6,469 | 7,250 | 9,779 | 4,707 | 5,072 |
| | 45-49 | 9,895 | 4,763 | 5,132 | 6,722 | 3,299 | 3,422 |
| | 50-54 | 7,854 | 3,742 | 4,112 | 5,028 | 2,391 | 2,638 |
| | 55-59 | 6,041 | 2,944 | 3,097 | 4,052 | 2,000 | 2,051 |
| | 60-64 | 4,172 | 1,970 | 2,202 | 2,630 | 1,214 | 1,416 |
| | 65-69 | 3,086 | 1,451 | 1,635 | 1,862 | 854 | 1,009 |
| | 70-74 | 1,764 | 840 | 923 | 987 | 467 | 520 |
| | 75-79 | 1,335 | 574 | 760 | 785 | 304 | 481 |
| | 80+ | 1,094 | 489 | 604 | 748 | 304 | 445 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2017 | All Ages | 358,260 | 176,569 | 181,691 | 271,020 | 132,766 | 138,254 |
| | 0-4 | 73,631 | 36,940 | 36,691 | 50,910 | 25,705 | 25,205 |
| | 5-9 | 58,014 | 28,803 | 29,211 | 43,243 | 21,459 | 21,785 |
| | 10-14 | 45,560 | 22,669 | 22,892 | 37,625 | 18,378 | 19,247 |
| | 15-19 | 35,417 | 17,764 | 17,653 | 28,793 | 14,188 | 14,605 |
| | 20-24 | 30,738 | 15,160 | 15,578 | 26,248 | 13,069 | 13,179 |
| | 25-29 | 26,239 | 13,186 | 13,054 | 20,708 | 10,413 | 10,295 |
| | 30-34 | 21,404 | 10,528 | 10,876 | 16,337 | 7,641 | 8,696 |
| | 35-39 | 16,446 | 7,515 | 8,930 | 13,183 | 5,790 | 7,392 |
| | 40-44 | 14,271 | 6,644 | 7,627 | 10,215 | 4,855 | 5,360 |
| | 45-49 | 10,350 | 4,986 | 5,364 | 7,069 | 3,473 | 3,595 |
| | 50-54 | 8,071 | 3,844 | 4,227 | 5,190 | 2,468 | 2,723 |
| | 55-59 | 6,293 | 3,056 | 3,237 | 4,234 | 2,085 | 2,149 |
| | 60-64 | 4,288 | 2,020 | 2,269 | 2,719 | 1,250 | 1,470 |
| | 65-69 | 3,272 | 1,520 | 1,752 | 1,973 | 894 | 1,079 |
| | 70-74 | 1,811 | 867 | 944 | 1,019 | 486 | 532 |
| | 75-79 | 1,352 | 580 | 772 | 795 | 308 | 487 |
| | 80+ | 1,103 | 488 | 615 | 758 | 304 | 454 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2018 | All Ages | 371,251 | 183,033 | 188,219 | 282,238 | 138,306 | 143,932 |
| | 0-4 | 76,078 | 38,169 | 37,910 | 52,832 | 26,679 | 26,153 |
| | 5-9 | 60,158 | 29,870 | 30,288 | 45,052 | 22,356 | 22,696 |
| | 10-14 | 47,719 | 23,753 | 23,965 | 39,595 | 19,348 | 20,247 |
| | 15-19 | 36,682 | 18,384 | 18,298 | 30,000 | 14,764 | 15,236 |
| | 20-24 | 31,682 | 15,597 | 16,085 | 27,194 | 13,514 | 13,680 |
| | 25-29 | 27,177 | 13,670 | 13,507 | 21,564 | 10,846 | 10,718 |
| | 30-34 | 22,153 | 11,057 | 11,096 | 16,994 | 8,070 | 8,923 |
| | 35-39 | 16,933 | 7,804 | 9,129 | 13,639 | 6,045 | 7,594 |
| | 40-44 | 14,731 | 6,745 | 7,985 | 10,592 | 4,952 | 5,640 |
| | 45-49 | 10,865 | 5,219 | 5,646 | 7,461 | 3,657 | 3,804 |
| | 50-54 | 8,331 | 3,981 | 4,350 | 5,381 | 2,568 | 2,813 |
| | 55-59 | 6,489 | 3,131 | 3,359 | 4,382 | 2,144 | 2,238 |
| | 60-64 | 4,473 | 2,106 | 2,367 | 2,852 | 1,309 | 1,544 |
| | 65-69 | 3,385 | 1,556 | 1,829 | 2,043 | 917 | 1,126 |
| | 70-74 | 1,938 | 921 | 1,017 | 1,094 | 521 | 573 |
| | 75-79 | 1,335 | 577 | 758 | 786 | 308 | 478 |
| | 80+ | 1,124 | 491 | 633 | 776 | 307 | 469 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2019 | All Ages | 384,762 | 189,757 | 195,005 | 293,864 | 144,051 | 149,812 |
| | 0-4 | 78,665 | 39,466 | 39,200 | 54,857 | 27,704 | 27,153 |
| | 5-9 | 62,321 | 30,946 | 31,375 | 46,883 | 23,265 | 23,618 |
| | 10-14 | 49,787 | 24,788 | 25,000 | 41,496 | 20,279 | 21,217 |
| | 15-19 | 38,329 | 19,217 | 19,112 | 31,517 | 15,504 | 16,013 |
| | 20-24 | 32,590 | 16,020 | 16,569 | 28,109 | 13,947 | 14,161 |
| | 25-29 | 28,083 | 14,119 | 13,965 | 22,401 | 11,256 | 11,146 |
| | 30-34 | 22,968 | 11,605 | 11,363 | 17,704 | 8,515 | 9,189 |
| | 35-39 | 17,448 | 8,161 | 9,287 | 14,118 | 6,354 | 7,765 |
| | 40-44 | 15,142 | 6,793 | 8,348 | 10,938 | 5,014 | 5,925 |
| | 45-49 | 11,436 | 5,465 | 5,971 | 7,888 | 3,850 | 4,038 |
| | 50-54 | 8,621 | 4,143 | 4,478 | 5,589 | 2,683 | 2,906 |
| | 55-59 | 6,645 | 3,181 | 3,464 | 4,502 | 2,187 | 2,314 |
| | 60-64 | 4,707 | 2,221 | 2,486 | 3,015 | 1,385 | 1,630 |
| | 65-69 | 3,445 | 1,568 | 1,877 | 2,082 | 927 | 1,155 |
| | 70-74 | 2,127 | 997 | 1,130 | 1,202 | 567 | 635 |
| | 75-79 | 1,295 | 569 | 726 | 764 | 304 | 460 |
| | 80+ | 1,153 | 497 | 656 | 798 | 311 | 487 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2020 | All Ages | 398,822 | 196,757 | 202,065 | 305,972 | 150,015 | 155,957 |
| | 0-4 | 81,368 | 40,820 | 40,548 | 56,978 | 28,776 | 28,201 |
| | 5-9 | 64,548 | 32,054 | 32,494 | 48,773 | 24,203 | 24,570 |
| | 10-14 | 51,789 | 25,783 | 26,006 | 43,356 | 21,185 | 22,171 |
| | 15-19 | 40,328 | 20,259 | 20,069 | 33,304 | 16,384 | 16,921 |
| | 20-24 | 33,438 | 16,413 | 17,025 | 28,979 | 14,356 | 14,623 |
| | 25-29 | 29,000 | 14,549 | 14,451 | 23,257 | 11,656 | 11,601 |
| | 30-34 | 23,839 | 12,157 | 11,682 | 18,463 | 8,966 | 9,497 |
| | 35-39 | 18,007 | 8,579 | 9,428 | 14,637 | 6,713 | 7,924 |
| | 40-44 | 15,525 | 6,825 | 8,700 | 11,268 | 5,067 | 6,201 |
| | 45-49 | 12,026 | 5,705 | 6,321 | 8,330 | 4,037 | 4,293 |
| | 50-54 | 8,947 | 4,327 | 4,620 | 5,823 | 2,814 | 3,009 |
| | 55-59 | 6,779 | 3,220 | 3,559 | 4,610 | 2,223 | 2,387 |
| | 60-64 | 4,963 | 2,346 | 2,617 | 3,191 | 1,468 | 1,723 |
| | 65-69 | 3,481 | 1,571 | 1,910 | 2,112 | 933 | 1,179 |
| | 70-74 | 2,346 | 1,081 | 1,264 | 1,328 | 617 | 711 |
| | 75-79 | 1,255 | 563 | 692 | 743 | 302 | 441 |
| | 80+ | 1,182 | 503 | 678 | 822 | 316 | 505 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2021 | All Ages | 413,341 | 203,958 | 209,383 | 318,582 | 156,219 | 162,363 |
| | 0-4 | 84,224 | 42,252 | 41,972 | 59,223 | 29,913 | 29,311 |
| | 5-9 | 66,803 | 33,176 | 33,627 | 50,702 | 25,160 | 25,542 |
| | 10-14 | 53,819 | 26,793 | 27,026 | 45,254 | 22,111 | 23,144 |
| | 15-19 | 42,556 | 21,411 | 21,146 | 35,333 | 17,397 | 17,937 |
| | 20-24 | 34,161 | 16,734 | 17,427 | 29,748 | 14,705 | 15,043 |
| | 25-29 | 29,949 | 14,985 | 14,964 | 24,149 | 12,067 | 12,082 |
| | 30-34 | 24,738 | 12,699 | 12,039 | 19,255 | 9,413 | 9,842 |
| | 35-39 | 18,610 | 9,031 | 9,579 | 15,196 | 7,104 | 8,092 |
| | 40-44 | 15,912 | 6,892 | 9,020 | 11,607 | 5,151 | 6,455 |
| | 45-49 | 12,582 | 5,911 | 6,671 | 8,748 | 4,197 | 4,551 |
| | 50-54 | 9,321 | 4,523 | 4,798 | 6,094 | 2,955 | 3,139 |
| | 55-59 | 6,927 | 3,273 | 3,654 | 4,730 | 2,268 | 2,461 |
| | 60-64 | 5,205 | 2,459 | 2,745 | 3,358 | 1,544 | 1,814 |
| | 65-69 | 3,533 | 1,583 | 1,950 | 2,157 | 946 | 1,211 |
| | 70-74 | 2,549 | 1,158 | 1,392 | 1,444 | 660 | 784 |
| | 75-79 | 1,245 | 568 | 677 | 743 | 306 | 437 |
| | 80+ | 1,204 | 508 | 695 | 840 | 321 | 520 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2022 | All Ages | 428,501 | 211,458 | 217,043 | 331,805 | 162,727 | 169,078 |
| | 0-4 | 87,247 | 43,767 | 43,480 | 61,613 | 31,122 | 30,492 |
| | 5-9 | 69,099 | 34,316 | 34,783 | 52,686 | 26,142 | 26,543 |
| | 10-14 | 55,867 | 27,812 | 28,055 | 47,191 | 23,055 | 24,136 |
| | 15-19 | 45,233 | 22,802 | 22,431 | 37,733 | 18,628 | 19,104 |
| | 20-24 | 34,672 | 16,927 | 17,745 | 30,340 | 14,945 | 15,395 |
| | 25-29 | 30,929 | 15,441 | 15,488 | 25,080 | 12,502 | 12,578 |
| | 30-34 | 25,655 | 13,221 | 12,434 | 20,073 | 9,852 | 10,221 |
| | 35-39 | 19,252 | 9,493 | 9,759 | 15,797 | 7,505 | 8,291 |
| | 40-44 | 16,335 | 7,042 | 9,293 | 11,978 | 5,301 | 6,678 |
| | 45-49 | 13,091 | 6,062 | 7,029 | 9,134 | 4,318 | 4,816 |
| | 50-54 | 9,742 | 4,730 | 5,013 | 6,400 | 3,104 | 3,296 |
| | 55-59 | 7,120 | 3,359 | 3,761 | 4,883 | 2,338 | 2,545 |
| | 60-64 | 5,418 | 2,549 | 2,868 | 3,506 | 1,606 | 1,900 |
| | 65-69 | 3,635 | 1,623 | 2,012 | 2,233 | 976 | 1,257 |
| | 70-74 | 2,704 | 1,213 | 1,492 | 1,533 | 690 | 844 |
| | 75-79 | 1,286 | 592 | 695 | 774 | 320 | 454 |
| | 80+ | 1,215 | 511 | 704 | 851 | 323 | 528 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2023 | All Ages | 444,211 | 219,232 | 224,978 | 345,569 | 169,509 | 176,060 |
| | 0-4 | 90,455 | 45,376 | 45,079 | 64,141 | 32,401 | 31,740 |
| | 5-9 | 71,469 | 35,492 | 35,976 | 54,730 | 27,155 | 27,575 |
| | 10-14 | 57,953 | 28,851 | 29,102 | 49,166 | 24,019 | 25,147 |
| | 15-19 | 47,394 | 23,899 | 23,495 | 39,725 | 19,619 | 20,106 |
| | 20-24 | 35,868 | 17,503 | 18,365 | 31,562 | 15,545 | 16,016 |
| | 25-29 | 31,884 | 15,888 | 15,996 | 25,989 | 12,926 | 13,062 |
| | 30-34 | 26,575 | 13,707 | 12,868 | 20,900 | 10,266 | 10,634 |
| | 35-39 | 19,934 | 9,962 | 9,971 | 16,431 | 7,916 | 8,515 |
| | 40-44 | 16,805 | 7,294 | 9,511 | 12,389 | 5,526 | 6,862 |
| | 45-49 | 13,512 | 6,139 | 7,373 | 9,462 | 4,389 | 5,073 |
| | 50-54 | 10,229 | 4,954 | 5,275 | 6,749 | 3,266 | 3,483 |
| | 55-59 | 7,356 | 3,481 | 3,875 | 5,069 | 2,434 | 2,635 |
| | 60-64 | 5,585 | 2,607 | 2,978 | 3,628 | 1,648 | 1,980 |
| | 65-69 | 3,791 | 1,691 | 2,099 | 2,344 | 1,024 | 1,321 |
| | 70-74 | 2,800 | 1,242 | 1,559 | 1,591 | 705 | 886 |
| | 75-79 | 1,384 | 634 | 750 | 839 | 344 | 495 |
| | 80+ | 1,216 | 512 | 705 | 855 | 325 | 530 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2024 | All Ages | 460,635 | 227,361 | 233,275 | 360,017 | 176,607 | 183,410 |
| | 0-4 | 93,840 | 47,075 | 46,765 | 66,812 | 33,756 | 33,057 |
| | 5-9 | 73,974 | 36,735 | 37,239 | 56,894 | 28,228 | 28,666 |
| | 10-14 | 60,060 | 29,900 | 30,160 | 51,174 | 24,999 | 26,175 |
| | 15-19 | 49,463 | 24,946 | 24,517 | 41,657 | 20,574 | 21,083 |
| | 20-24 | 37,449 | 18,285 | 19,164 | 33,139 | 16,309 | 16,830 |
| | 25-29 | 32,799 | 16,321 | 16,478 | 26,868 | 13,340 | 13,528 |
| | 30-34 | 27,461 | 14,157 | 13,305 | 21,711 | 10,657 | 11,054 |
| | 35-39 | 20,681 | 10,454 | 10,226 | 17,131 | 8,351 | 8,780 |
| | 40-44 | 17,301 | 7,613 | 9,687 | 12,827 | 5,803 | 7,024 |
| | 45-49 | 13,903 | 6,171 | 7,731 | 9,774 | 4,432 | 5,342 |
| | 50-54 | 10,785 | 5,198 | 5,587 | 7,141 | 3,440 | 3,701 |
| | 55-59 | 7,623 | 3,625 | 3,999 | 5,273 | 2,546 | 2,727 |
| | 60-64 | 5,722 | 2,646 | 3,076 | 3,729 | 1,679 | 2,051 |
| | 65-69 | 3,988 | 1,783 | 2,204 | 2,478 | 1,083 | 1,394 |
| | 70-74 | 2,852 | 1,252 | 1,600 | 1,625 | 710 | 915 |
| | 75-79 | 1,524 | 688 | 836 | 929 | 375 | 554 |
| | 80+ | 1,212 | 511 | 700 | 854 | 326 | 528 |

Table 9: District Population in Age Group by Sex

| Year | Age | Nkasi District | | | Sumbawanga Urban District | | |
|------|----------|----------------|---------|---------|---------------------------|---------|---------|
| | | Both Sexes | Males | Females | Both Sexes | Males | Females |
| 2025 | All Ages | 477,774 | 235,839 | 241,935 | 375,230 | 184,104 | 191,126 |
| | 0-4 | 97,439 | 48,884 | 48,555 | 69,670 | 35,206 | 34,464 |
| | 5-9 | 76,596 | 38,035 | 38,561 | 59,172 | 29,356 | 29,817 |
| | 10-14 | 62,230 | 30,980 | 31,249 | 53,261 | 26,018 | 27,244 |
| | 15-19 | 51,464 | 25,954 | 25,510 | 43,558 | 21,508 | 22,051 |
| | 20-24 | 39,336 | 19,218 | 20,118 | 35,013 | 17,247 | 17,766 |
| | 25-29 | 33,655 | 16,723 | 16,932 | 27,713 | 13,733 | 13,979 |
| | 30-34 | 28,359 | 14,589 | 13,770 | 22,545 | 11,042 | 11,503 |
| | 35-39 | 21,472 | 10,953 | 10,519 | 17,874 | 8,793 | 9,081 |
| | 40-44 | 17,844 | 8,001 | 9,843 | 13,306 | 6,133 | 7,173 |
| | 45-49 | 14,263 | 6,189 | 8,073 | 10,075 | 4,474 | 5,601 |
| | 50-54 | 11,358 | 5,439 | 5,919 | 7,546 | 3,612 | 3,933 |
| | 55-59 | 7,924 | 3,790 | 4,134 | 5,509 | 2,674 | 2,834 |
| | 60-64 | 5,844 | 2,679 | 3,165 | 3,825 | 1,707 | 2,118 |
| | 65-69 | 4,208 | 1,887 | 2,322 | 2,624 | 1,150 | 1,473 |
| | 70-74 | 2,887 | 1,256 | 1,631 | 1,652 | 714 | 937 |
| | 75-79 | 1,684 | 748 | 936 | 1,031 | 409 | 622 |
| | 80+ | 1,212 | 513 | 698 | 856 | 328 | 528 |

Annex: Explanatory Notes on Population Analysis Spreadsheets (PAS)

The Population Analysis Spreadsheet (PAS) system is a set of Lotus 1-2-3 spreadsheets that have been created to help in analyzing demographic data and preparing for population projections. The PAS system consists of two parts: (a) the set of spreadsheets for demographic analysis and (b) the PAS menu, a special Lotus spreadsheet with macros for facilitating the use of the spreadsheets.

In constructing Tanzania National Population Projections, the following spreadsheets were used;

BASEPOP.XLS; The spreadsheet estimates a smoothed population ages 10 years and over and adjusted population under age 10 years using the smoothed population and estimates of fertility and mortality. The population can then be adjusted to a desired total (by sex if available). The population is smoothed using Arriaga method to split 10-year age groups into 5-year groups.

E0LGST.XLS; This spreadsheet interpolates and extrapolates life expectancies at birth, by sex. The program fits a logistic function using 2 to 17 life expectancies at birth, given the values of upper and lower asymptotes.

LTPOPDTH; This spreadsheet computes a life table from deaths and population by age and has an option for using an independently calculated or estimated infant mortality rate. It also produces a life table based on central (**mx**) values smoothed by a moving average of the logarithms.

MOVEPOP; The spreadsheet estimates the population by age and sex for a desired date. The total population at the desired date is derived based on the reported population at a specified date, age-specific central death rates by sex, age-specific fertility rates, and the annual net number of migrants. The population by age and sex is then proportionally adjusted to the total population at the desired date.

TFRLGST; The spreadsheet interpolates and extrapolates total fertility rates (TFR). The program fits a logistic function using 2 to 17 total fertility rates, given the values of upper and lower asymptotes. The beginning date for displaying the results is also entered.

EPP; File; This software is intended to assist those responsible for making estimates and projections for HIV in organizing their data and preparing short term projections for HIV

References

1. Ed Abel (1999) RADIP Version 4, Computer Program for examining the Socioeconomic Impacts of Population Growth. Spectrum System of Policy Models. Futures Group International, Washington USA.
2. Stover, John (2005); AIM Version 4, A Computer Program for HIV/AIDS Projects and examining the Social and Economic Impacts A1. Spectrum Systems of Policy Models, Futures Group Washington USA.
3. Stover, John and Kirmeryer (2005); DemProj Version 4, A Computer Program for Making Population Projections. Spectrum System of Policy Models. Futures Group and Research Triangle Institute, Washington USA
4. United Republic of Tanzania, **1988 Population Census**, Bureau of Statistics, President's Office, Planning Commission., Dar es Salaam.
5. United Republic of Tanzania: **Tanzania Demographic and Health Survey 1991/92** MEASURE DHS ORC Macro, Bureau of Statistics, President's Office, Planning Commission., Dar es Salaam.
6. United Republic of Tanzania, 2003: **The 2002 Population and Housing Census**, Central Census Office, National Bureau of Statistics, President's Office, Planning and Privatization, Dar es Salaam.
7. United Republic of Tanzania, 2005: **Tanzania Demographic and Health Survey 2004-2005** MEASURE DHS ORC Macro, National Bureau of Statistics, President's Office, Planning and Privatization, Dar es Salaam.
8. United Republic of Tanzania 2003 **HIV/AIDS/STI Surveillance Data, National AIDS** Control Program, Ministry of Health, Dar-es-Salaam.
9. United Republic of Tanzania: **Populations Projections, Mainland and Zanzibar 1978 Population and Housing Census**, Ministry of Planning and Economic Affairs, Dar-es-Salaam
10. United Republic of Tanzania: Tanzania HIV/AIDS Indicator Survey of 2003-04, National Bureau of Statistics, Dar es Salaam and ORC Marco.